

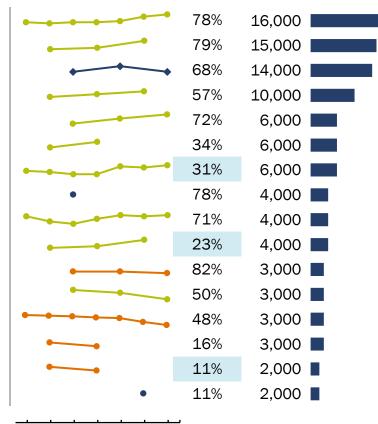
Newport District Profile – Adult Health

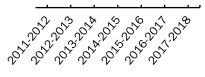
March 2020

		Most		
	VT	Recent Estimated # of		
Health Status Indicators	2018	District Trend District % [^] Adults in District**		
Have Personal Health Care Provider	86%	89% 18,000		
Have Health Insurance, Ages 18-64	92%	90% 12,000		
General Health Status is Fair or Poor	14%	17% 3,000		
Poor Mental Health	12%	12% 3,000		
Poor Physical Health	12%	12% 2,000		
Did Not Visit Doctor Due to Cost	8%	8% 2,000		

Preventative Behaviors and Health Screening

Routine Doctor Visit, in Last Year	76%
Cholesterol Screened, in Last Five Years*^	83%
Dental Visit in Last Year* [^]	73%
Met Physical Activity Recommendations* [^]	60%
Colorectal Cancer Screening, Ages 50-75*^	71%
2+ Daily Fruit Servings*^	32%
Ever Tested for HIV	38%
Cervical Cancer Screening, Women 21-65*^	86%
Pneumococcal Vaccine, Ever, Ages 65+	75%
Met Strength Building Recommendations [^]	31%
Breast Cancer Screening, Women 50-74*^	77%
Any Teeth Extracted, Ages 45-64 [^]	48%
Flu Shot in the Last Year, Ages 65+	54%
5+ Daily Fruit & Vegetable Servings*^	20%
3+ Daily Vegetable Servings*^	20%
Feel Community is Not Safe for Walking [^]	





Statistically different from Vermont + No Change • Measure moving in right direction • Measure moving in wrong direction

*Percent is age-adjusted to the U.S. 2000 population.

**Estimated counts are rounded to the nearest thousand and not age-adjusted.

^ Measures with data years other than 2017-2018. See District Profile - Methodology for details.

N/A = Value suppressed because sample size is too small or relative standard error (RSE) is >30.

Newport District Profile – Adult Health

	1.07		Most		
Risk Behaviors	VT 2018	District Trend	Recent District % [^]	Estimated # of Adults in District**	
No Leisure Time Physical Activity*	18%		24%	5,000	
Cigarette Smoking*	15%		20%	4,000	
Made Quit Attempt in Last Year*	57%		58%	2,000	
Adverse Childhood Experiences, Four or More [^]	14%	•	19%	4,000	
Binge Drinking	17%		17%	3,000 📕	
Marijuana Use	17%		10%	2,000	
Heavy Drinking	8%		8%	2,000	
Prescription Drug Misuse, Ever [^]	8%	••	6%	1,000	
E-Cigarette Use [^]	3%	•	4%	1,000	
Smokeless Tobacco Use	3%		'15-'16:	'15-'16: 1%; 17-'18: N/A	
Disease Prevalence					
Overweight, Ages 20+*	33%		37%	7,000	
Arthritis	28%		32%	7,000	
Hypertension* [^]	25%		28%	7,000	
High Cholesterol [^]	28%	• • ••••	35%	6,000	
Obese, Ages 20+*	29%		34%	6,000	
Depressive Disorder	21%		22%	5,000	
Falls in Last Year, Ages 65+^	33%	← ← ← ← ← ← ← ← ← ← ← ← ← ← ← ← ← ← ←	34%	2,000	
Asthma, Current Diagnosis	12%		12%	2,000	
Cardiovascular Disease	8%		12%	2,000	
Non-Skin Cancer Diagnosis	8%		10%	2,000	
Diabetes	9%		9%	2,000	
Chronic Obstructive Pulmonary Disease	6%		9%	2,000	
Skin Cancer Diagnosis	7%		6%	1,000	
Select Demographics					
Any Disability	24%	•	32%	6,000	
Ages 65+	24%		32%	6,000	
LGBT^	9%	•	8%	2,000	
	2011			from	

Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see <u>District Profile – Methodology</u>. For more information about Vermont towns in Newport Health District, please visit <u>www.healthvermont.gov/local/newport</u>.

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