

Brattleboro District Profile – Adult Health

March 2020

		Most				
	VT	Recent Estimated # of				
Health Status Indicators	2018	District Trend District % Adults in District **				
Have Personal Health Care Provider	86%	86% 23,000				
Have Health Insurance, Ages 18-64	92%	91% 18,000				
General Health Status is Fair or Poor	14%	16% 4,000 ■				
Poor Physical Health	12%	14% 4,000				
Poor Mental Health	12%	12% 3,000 ■				
Did Not Visit Doctor Due to Cost	8%	7% 2,000 ▮				

Preventative Behaviors and Health Screening

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Cholesterol Screened, in Last Five Years*^	83%	•	78%	20,000
Dental Visit in Last Year* [^]	73%	•	74%	20,000
Routine Doctor Visit, in Last Year	76%		69%	19,000
Met Physical Activity Recommendations*^	60%		62%	15,000
Ever Tested for HIV	38%		38%	9,000
Colorectal Cancer Screening, Ages 50-75*^	71%	•	60%	8,000
2+ Daily Fruit Servings*^	32%	•	34%	8,000
Met Strength Building Recommendations [^]	31%		33%	8,000
Cervical Cancer Screening, Women 21-65*^	86%	•	86%	7,000
Breast Cancer Screening, Women 50-74*^	77%	•	75%	5,000
Any Teeth Extracted, Ages 45-64 [^]	48%		52%	5,000
5+ Daily Fruit & Vegetable Servings*^	20%	•	22%	5,000
3+ Daily Vegetable Servings*^	20%	•—•	22%	5,000
Pneumococcal Vaccine, Ever, Ages 65+	75%		71%	4,000
Flu Shot in the Last Year, Ages 65+	54%		50%	3,000
Feel Community is Not Safe for Walking [^]	9%	•	8%	2,000

■ Statistically different from Vermont ◆ No Change ● Measure moving in right direction ● Measure moving in wrong direction

^{*}Percent is age-adjusted to the U.S. 2000 population.

^{**}Estimated counts are rounded to the nearest thousand and not age-adjusted.

[^] Measures with data years other than 2017-2018. See District Profile - Methodology for details.

N/A = Value suppressed because sample size is too small or relative standard error (RSE) is >30.

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Risk Behaviors	VT	District Trans	Most Recent	Estimated # of	
-	2018	District Trend	District %^		
Adverse Childhood Experiences, Four or More	14%		18%	5,000	
Cigarette Smoking*	15%		• 19%	4,000	
Made Quit Attempt in Last Year*	57%		60%	3,000	
Marijuana Use	17%		18%	4,000	
No Leisure Time Physical Activity*	18%		• 16%	4,000	
Binge Drinking	17%		• 15%	4,000	
Prescription Drug Misuse, Ever [^]	8%		8%	2,000	
Heavy Drinking	8%		• 7%	2,000	
Smokeless Tobacco Use	3%	•	4%	1,000	
E-Cigarette Use [^]	3%		'16-'17: N/A		
Disease Prevalence					
High Cholesterol [^]	28%	•	34%	8,000	
Overweight, Ages 20+*	33%		• 33%	8,000	
Arthritis	28%		• 32%	8,000	
Hypertension* [^]	25%		2 6%	8,000	
Obese, Ages 20+*	29%		29%	7,000	
Depressive Disorder	21%		28%	7,000	
Falls in Last Year, Ages 65+^	33%	•	39%	3,000	
Asthma, Current Diagnosis	12%		9 %	3,000	
Diabetes	9%		• 9%	2,000	
Skin Cancer Diagnosis	7%		→ 7%	2,000	
Cardiovascular Disease	8%		6 %	2,000	
Non-Skin Cancer Diagnosis	8%		6 %	2,000	
Chronic Obstructive Pulmonary Disease	6%		6 %	2,000	
Select Demographics					
Any Disability	24%		30%	8,000	
Ages 65+	24%		• 25%	7,000	
LGBT [^]	9%		9%	2,000	
Data points in the trend line are aggregated with two years.	2022		-		

For more information on methodology, and data years for specific measures, see District Profile - Methodology.

For more information about Vermont towns in Brattleboro Health District, please visit www.healthvermont.gov/local/brattleboro.

