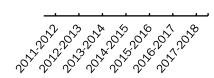


Bennington District Profile – Adult Health

March 2020

Health Status Indicators	VT 2018	District Trend	Most Recent District %^	Estimated # of Adults in District**
Have Personal Health Care Provider	86%		86%	24,000
Have Health Insurance, Ages 18-64	92%		92%	18,000
General Health Status is Fair or Poor	14%		17 %	5,000
Poor Physical Health	12%	•	- 13 %	4,000
Poor Mental Health	12%		12%	3,000
Did Not Visit Doctor Due to Cost	8%		8 %	2,000
Preventative Behaviors and Health Screening	{			
Cholesterol Screened, in Last Five Years*	83%	•	81%	21,000
Routine Doctor Visit, in Last Year	76%		- 75%	21,000
Dental Visit in Last Year* [^]	73%	•	→ 66%	17,000
Met Physical Activity Recommendations*^	60%	•	58%	14,000
Colorectal Cancer Screening, Ages 50-75*^	71%	•	→ 75%	9,000
Ever Tested for HIV	38%		31 %	8,000
2+ Daily Fruit Servings*^	32%	•	31%	8,000
Met Strength Building Recommendations [^]	31%	•	30%	7,000
Cervical Cancer Screening, Women 21-65*^	86%	•	87%	6,000
Pneumococcal Vaccine, Ever, Ages 65+	75%		82%	6,000
Breast Cancer Screening, Women 50-74*^	77%	•	83%	5,000
Flu Shot in the Last Year, Ages 65+	54%		• 63%	5,000



56%

19%

18%

10%

5,000

4,000

4,000

2,000

48%

20%

20%

9%

Any Teeth Extracted, Ages 45-64[^]

5+ Daily Fruit & Vegetable Servings*^

Feel Community is Not Safe for Walking[^]

3+ Daily Vegetable Servings*^

[■] Statistically different from Vermont ◆ No Change ● Measure moving in right direction ● Measure moving in wrong direction

^{*}Percent is age-adjusted to the U.S. 2000 population.

^{**}Estimated counts are rounded to the nearest thousand and not age-adjusted.

[^] Measures with data years other than 2017-2018. See <u>District Profile - Methodology</u> for details.

N/A = Value suppressed because sample size is too small or relative standard error (RSE) is >30.

Bennington District Profile – Adult Health

Risk Behaviors	VT 2018	District Trend	Most Recent District %^	Estimated # of Adults in District**
No Leisure Time Physical Activity*	18%		19%	5,000
Adverse Childhood Experiences, Four or More^	14%	•	19%	5,000
Cigarette Smoking*	15%	•	19%	4,000
Made Quit Attempt in Last Year*	57%		58%	2,000
Binge Drinking	17%		17%	4,000
Marijuana Use	17%		15%	4,000
Heavy Drinking	8%	•	9%	2,000
Prescription Drug Misuse, Ever^	8%	••••	6%	1,000
Smokeless Tobacco Use	3%		• 5%	1,000
E-Cigarette Use [^]	3%		'16-'17: N/A	
Disease Prevalence				
Overweight, Ages 20+*	33%		33%	9,000
Arthritis	28%		• 31%	9,000
Hypertension* [^]	25%	•	26%	9,000
Obese, Ages 20+*	29%		32%	8,000
High Cholesterol [^]	28%	•	30%	7,000
Depressive Disorder	21%		22%	6,000
Asthma, Current Diagnosis	12%		13%	4,000
Diabetes	9%		• 11%	3,000
Cardiovascular Disease	8%		11%	3,000
Non-Skin Cancer Diagnosis	8%		• 10%	3,000
Falls in Last Year, Ages 65+^	33%		• 27%	2,000
Skin Cancer Diagnosis	7%		8%	2,000
Chronic Obstructive Pulmonary Disease	6%		7 %	2,000
Select Demographics				
Any Disability	24%	•	30%	8,000
Ages 65+	24%	•	29%	8,000
LGBT [^]	9%	•	6%	1,000
Data points in the trend line are aggregated with two ways of	2017	Par bas bar bas	D	

Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see District Profile - Methodology.

For more information about Vermont towns in Bennington Health District, please visit www.healthvermont.gov/local/bennington.

