STATEMENT OF PURPOSE:

All schools and/or districts should strive toward establishing a Whole School, Whole Community, Whole Child (WSCC) team to enhance student health outcomes and academic achievement. Research has proven that healthy children are better learners.

AUTHORIZATION/LEGAL REFERENCE:

16 V.S.A. §136– Wellness program; Advisory Council on Wellness and Comprehensive Health http://legislature.vermont.gov/statutes/section/16/001/00136

Vermont Agency of Education, Education Quality Standards (2014) https://education.vermont.gov/documents/healthy-safe-schools-whole-school-community-child

Vermont Agency of Education

https://education.vermont.gov/educator-licensure/professional-standards/licensing-endorsement-areas.

Rules Governing the Licensing of Educators and the Preparation of Educational Professionals— School Nurse/Associate School Nurse Endorsement: 5440-65 School Nurse (Revised March 2017) (page 171); 5440-65A Associate School Nurse (Reviewed June 2017) (page 175)

Required Wellness Policy: <u>Vermont School Wellness Policy Guidelines</u>.

DEFINITION

WSCC is a model developed by The Centers for Disease Control and Prevention (CDC) and ASCD (the Association for Supervision and Curriculum Development). This enhanced model builds upon aspects of the CDC's familiar Coordinated School Health (CSH) model and the Whole Child framework from the ASCD. This comprehensive approach allows school teams to maximize prevention and intervention efforts to improve the health of students and their capacity to learn through engagement with families, communities, and school systems.

The work of this team may include the wellness policy design, implementation and monitoring as required by US Department of Agriculture. Each local education agency (LEA) that participates in the USDA National School Lunch Program or other federal child nutrition programs is required by law to establish a local school wellness policy for all schools under its jurisdiction. Schools and LEAs should use the WSCC model as part of a multi-tiered system of supports (MTSS) to achieve goals outlined in continuous improvement plans and wellness policies.

SUGGESTED SCHOOL NURSE/ASSOCIATE SCHOOL NURSE ROLE:

- Collaborate with administration/staff, VDH Office of Local Health (School Liaison), students and community members to establish a WSCC team. This may also function as a health and wellness team.
- Use Medicaid Administrative Claiming (MAC) funds to assist in the development of a WSCC team.
- Participate on or serve as the coordinator of a WSCC team in their school or district. School nurses may represent one or more of the ten WSCC domains.
- Document school nurse involvement in these efforts to demonstrate advocacy for student health as part of the School Nursing role in leadership and quality improvement.
- Utilize concepts the Framework for 21st Century School Nursing Practice [™], particularly public and community health and nursing judgement to develop their plan to participate in the work of the WSCC team.



RESOURCES:

- ASCD, Learning and Health. (2016). *Getting Started* [WSCC] <u>http://www.ascd.org/programs/learning-and-health/wscc-implementation.aspx</u>
- Centers for Disease Control
 - WSCC: http://www.cdc.gov/healthyschools/wscc/index.htm
 - o YRBS Data Summary & Trends: http://www.cdc.gov/HealthyYouth/index.htm
- Chiang, R. J., Meagher, W., & Slade, S. (2015). How the Whole School, Whole Community, Whole Child Model Works: Creating Greater Alignment, Integration, and Collaboration Between Health and Education. *Journal of School Health*, 85(11), pp. 775-784. http://onlinelibrary.wiley.com/doi/10.1111/josh.12308/full
- Educating the Whole Child-http://www.wholechildeducation.org/assets/content/mx-resources/WholeChild-MakingTheCase.pdf
- Hunt, P. B. (2015). A Whole School Approach: Collaborative Development of School Health Policies, Processes, and Practices. *Journal of School Health*, 11, pp. 802–809. http://onlinelibrary.wiley.com/doi/10.1111/josh.12305/full
- National Association of School Nurses. (2016). Framework for 21st Century School Nursing Practice.
 NASN School Nurse, 31(1), 45-53. doi: 10.1177/1942602X15618644
- School Connectedness: http://www.cdc.gov/healthyyouth/protective/school-connectedness.htm
- School Health Index developed by CDC & available at: http://www.cdc.gov/healthyschools/shi/index.htm
 - o Elementary School: http://www.cdc.gov/healthyschools/shi/pdf/elementary-total-2014.pdf
 - Middle and High School: http://www.cdc.gov/healthyschools/shi/pdf/middle-high-total-2014.pdf
- Vermont Agency of Education and Department of Health
 - Vermont School Wellness Policy Guidelines)
 - https://www.healthvermont.gov/sites/default/files/documents/pdf/HPDP_PA&NutritionSchool EEC%20VT%20School%20Wellness%20Policy%20Guidelines.pdf
- Vermont Department of Health; School Health http://healthvermont.gov/local/school/index.aspx
 - Youth Risk Behavior Survey- https://www.healthvermont.gov/health-statistics-vital-records/population-health-surveys-data/youth-risk-behavior-survey-yrbs

SAMPLE POLICIES, PROCEDURES, AND FORMS:

WSCC Resources: http://www.cdc.gov/healthyschools/wscc/index.htm

Whole School, Whole Community, Whole Child, Oral Health Toolkit http://www.astdd.org/school-and-adolescent-oral-health-committee/ (the to

http://www.astdd.org/school-and-adolescent-oral-health-committee/ (the toolkit is located midway down the page)

