

**FRANKLIN COUNTY** 



The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online.

Visit the Vermont Department of Health YRBS website at: https://www.healthvermont.gov/yrbs



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#### About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
  - Alcohol and other drug use
  - Tobacco use
  - Unhealthy dietary behaviors
  - Inadequate physical activity
  - Sexual health behaviors related to pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and gender identity

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.



### Methodology

The Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary.

In addition, to protect students anonymity, data is suppressed when less than 50 students respond to a question or less than 5 students answer a question in a particular way.

#### How Accurate are the Results?

Numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. These precautions can reduce some sources of error, but not all.

The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity.

Information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods

Other information including "Do students tell the truth" is available on the Vermont Department of Health YRBS webpage at: https://www.healthvermont.gov/yrbs



### **Populations in Focus**

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities. The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, health-related factors and behaviors experienced by the following specific populations are noted throughout this report:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation / Gender Identity

Please note: Due to the small sample size, all students of color were grouped into a "SOC" category to compare to white, non-Hispanic students. For similar reasons, lesbian, gay, bisexual, and transgender students were grouped into a "LGBT" category to compare to heterosexual/cisgender students.

### Using the YRBS Results

#### Engaging students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.



Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

### **Understanding and Interpreting the Results**

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted. Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups.

A 95% confidence interval is a range of values and can vary due to the size of a particular population or how consistently students responded to an item. Sometimes, when comparing the responses of two or more groups, the difference between the overall percentages may look very different, but the two numbers are not statistically different. Other times, the two values may be very close but differ statistically.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



This report includes the overall results or prevalence for all students in Vermont as well as the overall results and results by demographics for students in Franklin County

### Key Terms and Statistical Differences Used in the Report

Each table includes a note about any statistical differences between the overall VT and Franklin County prevalence rates.

When subpopulations are included, statistical comparisons between subpopulations of students within Franklin County are also noted.

Throughout this report you will see the following key terms and statistical notations.

### **Key Terms**

. = Too few students to report

VT = All students in Vermont

County = All students in Franklin County

M = Male students in Franklin County

F = Female students in Franklin County

Older = Students in grades 11 and 12

Younger = Students in grades 9 and 10

WnH = White, non-Hispanic students in Franklin County

SOC = Students of color in Franklin County

Het = Heterosexual or cisgender students in Franklin County

LGBT = Lesbian, gay, bisexual, or transgender students in Franklin County

#### Statistical Differences

Some subgroups of students defined by where they live, sex, race/ethnicity, grade in school, and sexual orientation / gender identity status have a higher prevalence of many health-risk behaviors that might place them at risk for unnecessary or premature mortality, morbidity, and social problems. Statistical differences, including differences between VT and Franklin County students as well as differences within Franklin County by sex, grade, race, and sexual orientation / gender identity are noted by the following notations:

- $\alpha$  = Students across VT are statistical different than students in Franklin
- $\beta$  = Male students are statistically different from female students
- $\epsilon$  = 11th and 12th grade students are statistically different from 9th and 10th grade students; 6th grade students are significantly different from 7th and 8th grade students
- I = 8th grade students are significantly different from 6th and7th grade students
- $\delta$  = Results statistically increase or decrease with each grade
- $\zeta$  = Students of color (SOC) are statistically different from white, non-Hispanic (WnH) students
- $\theta$  = Lesbian, gay, bisexual and transgender (LGBT) students are statistically different from heterosexual and cisgender (HET) students



# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

**HIGH SCHOOL RESULTS** 



Franklin County High School Results

# Demographics

Sex	VT	Franklin
Female	48	50
Male	52	50

Grade	VT	Franklin
9th grade	25	27
10th grade	25	24
11th grade	25	25
12th grade	25	24



Franklin County High School Results

# Demographics

Race	VT	Franklin
Students of Color	16	10
White, non-Hispanic	84	90

Sexual Orientation / Gender Identity	VT	Franklin
Lesbian, Gay, Bisexual, or Transgender	14	12
Heterosexual / Cisgender	86	88



Franklin County High School Results

### Violence and Unintentional Injuries

													Statistical Differences
Physical Violence	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Were in a physical fight, past year	18	17	23	12	21	20	17	11	17	24	17	18	β ε ζ
Carried a weapon on school property, past 30 days	5	4	5	3	1	5	4	5	4	6	4	4	
Were threatened or injured with a weapon on school property, past 30 days	7	6	8	4	8	8	6	4	6	10	6	11	β θ
Did not go to school because they felt unsafe at school or on their way to or from school, past 30 days	6	6	4	8	7	7	7	4	5	13	5	12	β ζθ



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Violence and Unintentional Injuries

													Statis Differe	
Bullying	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Were electronically bullied, past year	16	17	10	25	19	19	18	13	17	18	16	31	β	θ
Were bullied, past 30 days	17	18	12	24	20	18	21	13	18	20	17	26	β	θ
Bullied someone, past 30 days	10	10	13	6	10	9	11	8	9	16	9	7	β	ζ



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Franklin County High School Results

### Violence and Unintentional Injuries

													Statist Differe	
Sexual and Dating Violence	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Report someone has ever done sexual things to them that they did not want	18	18	6	30	15	16	18	23	18	20	16	38	β	θ
Experienced physical dating violence, past year	8	7	6	8	8	6	9	5	7	11	6	10		
Reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times, past year	28	31	22	39	30	32	32	29	31	32	29	45	β	θ
Have sent or received a revealing or sexual photo of someone using social media, email, or texting on their smartphone, computer, iPad or other tablet, past 30 days	27	32	32	33	25	33	35	37	31	40	32	36	α ε	



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Franklin County High School Results

### Violence and Unintentional Injuries

													Statistical Differences
Motor Vehicle Safety	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Rode with a driver who had been drinking alcohol, past 30 days	17	17	16	19	17	18	19	14	17	22	17	18	
Rode in a car or other vehicle driven by someone who had been using marijuana, past 30 days	23	21	19	24	14	18	31	24	22	22	21	27	ε



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Franklin County High School Results

### Violence and Unintentional Injuries

													Statis Differ		
Motor Vehicle Safety, Among Students Who Drive	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT			
Texted or e-mailed while driving a car or other vehicle, past 30 days	35	37	36	37	10	16	45	58	37	31	38	17	8	ε	θ
Drove a car or other vehicle when they had been drinking alcohol, past 30 days	6	6	7	5	10	3	6	7	5	16	6		ζ		
Drove a car or other vehicle when they had been using marijuana, past 30 days	15	12	14	11	7	6	19	14	11	21	12	19	α ε	ε ζ	



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Franklin County High School Results

### Violence and Unintentional Injuries

													Statistical Differences
Unintentional Injuries & Prevention	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Rarely or never wore a helmet when skiing or snowboarding, past year	11	9	11	7	9	10	9	11	9	16	8		
Had a concussion from playing a sport or being physically active, past year	18	17	17	17	17	19	18	14	16	25	19	8	ζ θ
Had a sunburn, past year	73	76	71	80	72	74	81	76	78	57	77	69	β ζ



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Franklin County High School Results

### Mental Health

													Statis Differe	
Mental Health	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Did something to purposely hurt themselves without wanting to die, past year	19	19	13	26	20	22	19	15	19	23	15	49	β	θ
Felt sad or hopeless, past year	31	33	22	45	32	33	37	32	33	37	29	68	β	θ
Made a plan about how they would attempt suicide, past year	13	14	10	17	17	13	14	10	13	20	10	38	β	ζ θ
Attempted suicide, past year	7	7	5	9	7	7	7	6	7	10	5	20	β	θ



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Franklin County High School Results

### Lifetime Substance Use

													Statistical Differences
Tobacco, Alcohol, or Marijuana Use Before Age 13	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
First tried cigarette smoking before age 13 years	7	6	7	6	6	8	7	4	6	13	6	11	ζ θ
Drank alcohol before age 13	13	15	17	12	17	18	15	8	14	22	14	16	εζ
Tried marijuana for the first time before age 13 years	6	5	4	5	6	4	7	2	4	9	4	8	ζ



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Franklin County High School Results

### Lifetime Substance Use

													Statistical Differences
Lifetime Substance Use - Alcohol, Marijuana, & Tobacco	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Ever tried cigarette smoking	22	22	22	23	16	21	29	23	22	30	21	29	εζ
Ever used an electronic vapor product	50	52	50	55	41	48	61	60	53	52	53	52	3
Ever used a flavored tobacco product	27	30	28	33	21	29	37	36	31	31	30	38	α ε
Ever drank alcohol	55	59	54	63	43	55	65	74	59	60	59	63	α β ε
Ever used marijuana	40	37	35	39	20	32	50	49	37	38	36	53	α ε θ



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Lifetime Substance Use

													Statistical Differences
Lifetime Substance Use - Prescription Drug Misuse	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	SOC	Het	LGBT	
Ever used a prescription drug	12	10	9	11	10	12	11	7	10	9	9	17	θ
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	9	8	6	9	9	8	9	5	8	7	6	15	θ
Have taken prescription stimulants without a doctor's prescription or differently than how a doctor told them to use it one or more times	7	5	5	5	5	7	5	3	5	5	5	8	α



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Franklin County High School Results

### Lifetime Substance Use

													Statistical Differences
Lifetime Substance Use - Other Drug Use	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Ever used cocaine	4	3	4	2	1	2	4	3	2	7	2	6	ζ
Ever used inhalants	7	6	7	5	7	5	6	6	5	12	5	13	ζ θ
Ever used heroin	2	1	2			1	1	·	1	3	1		
Ever used methamphetamines	2	2	3	•		1	2	2	2	3	2		



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Past 30 Day Substance Use

													Statistical Differences
Past 30 Day Tobacco Use	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	SOC	Het	LGBT	
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	28	30	29	31	21	26	40	34	30	32	30	33	ε
Currently smoked cigarettes or cigars or used smokeless tobacco	10	11	13	8	8	10	15	11	10	16	10	15	β
Tried to quit using all tobacco products, past year	44	42	41	44	36	43	46	42	42	40	42	49	



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Past 30 Day Substance Use

													Statistical Differences
Past 30 Day Tobacco Use	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Currently smoked cigarettes	7	7	7	7	6	6	9	5	6	13	6	14	ζ θ
Currently used an electronic vapor product	26	29	27	30	20	25	39	32	29	29	29	31	3
Currently used smokeless tobacco	3	4	7	1	3	5	5	4	4	9	4		β ζ
Currently smoked cigars	6	7	8	5	4	5	9	9	6	12	7	5	βεζ



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Franklin County High School Results

# Past 30 Day Substance Use

														atistica erence	
Past 30 Day Alcohol and Other Drug Use	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT			
Currently drank alcohol	31	34	32	35	23	30	37	48	34	32	34	39		ε	
Binge drank, past 30 days	15	17	18	17	9	13	19	29	17	19	18	17		ε	
Currently used marijuana	27	23	22	24	14	17	35	27	23	27	22	36	α	3	θ
Currently took any prescription medication without a doctor's prescription or differently than how a doctor told them to use it	5	4	4	3	4	5	4		4	3	3	7			θ



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Franklin
1 or 2 days	43
3 to 5 days	8
6 to 9 days	14
10 to 19 days	11
20 to 29 days	6
All 30 days	19

Number of Cigarettes Smoked, Among Current Users	Franklin
Less than 1 cigarette	38
1 cigarette	19
2 to 5 cigarettes	22
6 to 10 cigarettes	7
11 to 20 cigarettes	
More than 20 cigarettes	10



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Franklin County High School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Franklin
1 or 2 days	18
3 to 5 days	14
6 to 9 days	13
10 to 19 days	14
20 to 29 days	15
All 30 days	27

Primary Reason for EVP Use, Among Current Users	Franklin
Friend/family used them	18
To try to quit other tobacco	7
Cost less than other tobacco	
Easier to get than other	3
Less harmful than other	8
Available in flavors	11
Used for some other reason	53



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Source of EVP, Among Current Users	Franklin
Bought them in a store	13
I got them on the Internet	3
Someone else bought them	24
Borrowed them	36
Someone gave them to me	10
Took them from a store	1
Some other way	12

Type of EVP Used, Among Current Users	Franklin
JUUL /rechargeable w pods	86
Vape Pen/recharge e-cig	5
Disposable e-cig/vaping	
Mods with refillable tanki	3
Other e-vapor product	3
Not sure	2



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Alcohol Use, Among Current Users	Franklin
1 or 2 days	46
3 to 5 days	23
6 to 9 days	17
10 to 19 days	8
20 to 29 days	5
All 30 days	2

Largest Amount of Alcohol Consumed in One Sitting, Among Current Users	Franklin
1 or 2 drinks	35
3 drinks	4
4 drinks	9
5 drinks	15
6 or 7 drinks	14
8 or 9 drinks	8
10 or more drinks	16



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Franklin County High School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users	Franklin
1 or 2 times	32
3 to 9 times	30
10 to 19 times	13
20 to 39 times	10
40 or more times	15

Primary Way Marijuana was Used, Among Current Users	Franklin
Smoked it	74
Ate in food	7
Drank in tea or other drink	
Vaporized	11
Dabbed it	6
Some other way	



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Franklin County High School Results

Other Substance Use Related Topics

													Statistical Differences
Substance Use Exposure and Prevention	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Were asked by a doctor, dentist, or nurse if they smoked, past year	61	65	62	68	56	64	65	76	66	61	65	70	α ε
Most of the time or always see ads for cigarettes or other tobacco products	50	55	51	59	55	55	57	53	56	53	56	55	α β



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Other Substance Use Related Topics

													Statistical Differences
Substance Use on School Property	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Attended school under the influence of alcohol or other illegal drugs, past year	15	13	14	11	10	12	16	13	12	19	11	24	ζθ
Were offered, sold, or given an illegal drug on school property, past year	19	16	18	14	18	17	19	12	17	16	16	21	α



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Perceptions of Substance Use

													Statistical Differences
Perceptions of Substance Use - Peer Use	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Think it is wrong or very wrong for someone their age to use electronic vapor products	56	54	56	52	62	55	49	48	54	51	54	49	ε
Think it is wrong or very wrong for someone their age to drink alcohol	53	49	53	45	65	52	43	34	49	47	49	46	α β ε
Think it is wrong or very wrong for someone their age to use marijuana	51	53	56	49	67	57	45	39	53	49	54	38	ε θ



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Franklin County High School Results

# Perceptions of Substance Use

													Statistical Differences
Perceptions of Substance Use - Parental Beliefs	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	84	84	82	86	88	88	83	76	85	79	85	77	ε
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	69	70	70	70	82	75	69	53	70	66	70	68	ε
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	75	79	80	77	85	85	72	72	79	72	80	67	α ε θ



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Franklin County High School Results

# Perceptions of Substance Use

													Statistical Differences
Perceptions of Substance Use - Ease of Access	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	73	75	75	75	64	74	77	88	76	74	76	76	ε
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	67	70	66	74	64	71	70	76	70	74	70	71	β
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	62	62	58	65	45	57	71	76	62	63	61	72	βε θ



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Franklin County High School Results

# Perceptions of Substance Use

													Statistical Differences
Perceptions of Substance Use - Harm	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	29	26	22	29	26	24	25	29	26	27	26	21	β
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	39	34	31	38	38	37	31	31	35	32	33	40	α β
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	23	22	20	24	30	25	16	16	22	20	23	9	ε (



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Sexual Health

													Statistical Differences
HIV and STD Testing	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Were ever tested for human immunodeficiency virus (HIV)	13	16	14	19	10	13	22	20	16	15	16	19	α ε
Were ever tested for a sexually transmitted disease (STD)	11	13	8	18	5	9	18	21	13	13	13	14	α β ε



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Sexual Health

													Statistical Differences
Sexual Activity	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Ever had sexual intercourse	40	46	44	47	18	37	57	73	46	46	47	43	α δ
Had sexual intercourse for the first time before age 13 years	3	3	3	2	3		4	3	3	3	2	6	
Had sexual intercourse with four or more persons during their life	9	10	10	10	4	3	16	18	10	14	10	13	3
Were currently sexually active	31	37	34	40	14	27	47	63	37	36	39	35	α δ



<sup>. =</sup> Too few students to report

Franklin County High School Results

Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

													Statistical Differences
Prescription Birth Control Use, Among Sexually Active Students	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Used birth control pills before last sexual intercourse, among sexually active students	32	42	41	43	40	36	43	45	43	37	43		α
Used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing), among sexually active students	4	7	5	8	11		8	6	7		6		
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon), among sexually active students	19	14	13	15		11	15	17	15		14		α



<sup>. =</sup> Too few students to report

Franklin County High School Results

Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

														istical rences
Condom & Birth Control Use, Among Sexually Active Students	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Used a condom during last sexual intercourse, among sexually active students	54	48	51	45	56	67	47	39	48	45	50	·	α	ε
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring, among sexually active students	56	63	59	66	57	50	66	68	64	52	64		α	ε
Used both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse, among sexually active students	21	20	20	20	25	23	20	18	21	14	22	·		



<sup>. =</sup> Too few students to report

Franklin County High School Results

Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT
Did not use any method to prevent pregnancy, among sexually active students	6	5	5	6	11	6	4	5	5	9	4	



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Weight, Physical Activity, and Nutrition

													Statis Differ	
Weight and Weight Perceptions	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Were obese	13	18	20	16	17	17	19	18	17	26	16	30	α	ζ θ
Were overweight	14	17	16	18	16	20	18	14	18	9	17	16	α	ζ
Described themselves as slightly or very overweight	31	36	31	40	35	31	39	38	36	36	33	56	α β	θ
Were trying to lose weight	43	48	37	59	47	50	50	45	49	44	46	63	α β	θ



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Weight, Physical Activity, and Nutrition

													Statistical Differences
Physical Activity	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	SOC	Het	LGBT	
Did not participate in at least 60 minutes of physical activity on at least one day, past week	14	16	14	18	16	16	19	14	15	22	13	29	θ
Were physically active at least 60 minutes per day every day, past week	22	23	31	14	22	22	21	26	23	21	25	12	β θ
Were physically active at least 60 minutes per day on 5 or more days, past week	46	44	52	36	43	47	40	46	45	38	48	26	β θ
Play video or computer games or used a computer 3 or more hours per day	48	51	48	55	49	52	52	52	51	52	49	66	β θ



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Weight, Physical Activity, and Nutrition

													Statistic Difference	
Physical Activity at School	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Report they participate in physical activity or other short breaks during class at least 1x per week	62	64	66	62	71	65	58	61	64	64	66	52	3	θ
Report they participate in physical activity or other short breaks during class, every day	23	22	26	18	24	21	19	23	23	16	23	11	β	θ



<sup>. =</sup> Too few students to report

# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY Franklin County High School Results

### Weight, Physical Activity, and Nutrition

													Statis Differe	
Soda and Sugar-Sweetened Beverage Consumption	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	SOC	Het	LGBT		
Did not drink any soda or sugar-sweetened beverages, past week	23	16	14	19	15	14	15	21	17	16	16	18	α β	
Drank a can, bottle, or glass of soda or a sugar-sweetened beverage, past week	18	22	27	16	21	20	23	23	22	23	21	29	α β	
Drank soda or sugar-sweetened beverages 2+ times per day, past week	10	13	17	9	13	13	15	11	12	20	12	19	α β	ζ
Drank soda or sugar-sweetened beverages 3+ times per day, past week	5	6	8	4	7	6	6	5	5	12	6	8	β	ζ



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Weight, Physical Activity, and Nutrition

													Statistical Differences
Water Consumption	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Drank one or more glasses per day of water, past week	79	76	73	79	71	78	77	80	77	73	78	68	θ
Drank two or more glasses per day of water, past week	70	67	64	69	61	68	68	71	68	59	69	56	α θ
Drank three or more glasses per day of water, past week	54	49	46	50	46	50	47	51	49	44	50	39	α θ



<sup>. =</sup> Too few students to report

Franklin County High School Results

Weight, Physical Activity, and Nutrition

													Statistical Differences
Fruit and Vegetable Consumption	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Ate 5+ fruits/vegetables every day, past week	21	17	18	16	18	18	17	16	16	27	17	19	α ζ



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Weight, Physical Activity, and Nutrition

													Statistical Differences
Fruit Consumption	VT	Franklin	M	F	9th	<b>10th</b>	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Did not eat fruit or drink 100% fruit juices, past week	6	6	7	4	7	4	6	4	6	3	5	4	
Ate fruit or drank 100% fruit juices one or more times per day, past week	62	60	58	61	60	61	56	62	59	67	59	63	
Ate fruit or drank 100% fruit juices two or more times per day, past week	31	28	27	29	28	30	28	27	27	34	28	29	



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Weight, Physical Activity, and Nutrition

													Statistical Differences
Vegetable Consumption	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Did not eat vegetables, past week	5	6	6	5	6	6	5	5	5	6	5	4	
Ate vegetables one or more times per day, past week	72	65	64	66	63	66	63	69	65	70	65	69	α
Ate vegetables two or more times per day, past week	37	29	29	30	28	27	32	30	28	39	29	29	α ζ
Ate vegetables three or more times per day, past week	19	14	16	13	14	13	15	17	14	22	15	13	α ζ



<sup>. =</sup> Too few students to report

Franklin County High School Results

# Weight, Physical Activity, and Nutrition

													Statistical Differences
Breakfast Consumption	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Did not eat breakfast, past week	11	11	12	11	9	16	11	9	11	16	11	14	
Ate breakfast on at least 5 days, past week	54	52	55	49	52	52	47	57	53	43	54	37	ζ θ
Ate breakfast on all 7 days, past week	37	35	37	33	35	35	33	36	35	30	36	23	θ



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Social Determinants of Health

	,												Statistical Differences
Social Determinants of Health	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned	4	5	5	5	4	5	7	5	5	9	4	9	
Most of the time or always went hungry because there was not enough food in their home, past 30 days	2	1	2	1	2		2		1		1		
Have a physical disability, emotional problems, or learning disability	30	31	24	38	28	31	33	33	31	35	27	62	β θ



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Social Determinants of Health

													Statistic Difference	
Social Determinants of Health	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Described their grades in school as mostly A's or B's	78	78	73	83	76	74	75	88	79	74	80	71	βε	θ
Report they are most likely to attend a 4-year college or university, a community college, or technical school after high school	76	74	65	83	72	72	75	77	75	67	75	76	β	



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Franklin County High School Results

### Youth Assets and Other Protective Factors

													Statistica Difference
Protective Factors - Family	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Did not eat dinner at home with parents, past week	9	9	8	9	8	7	10	9	8	13	8	10	
Ate dinner at home with parent at least 2x, past week	86	88	89	87	89	90	85	88	88	83	89	85	
Ate dinner at home with at least one of their parents or other adult family member on 4+ days, past week	75	76	80	73	81	79	71	74	77	70	77	75	βε



<sup>. =</sup> Too few students to report

Franklin County High School Results

### Youth Assets and Other Protective Factors

													Statis Differ	
Protective Factors - School Connectedness	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT		
Reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	78	78	74	81	76	75	77	84	79	68	80	67	β	ζ θ
Strongly agree or agree that their school has clear rules and consequences for behavior	56	52	55	50	58	50	49	51	52	49	53	43	α	
Do not participate in any afterschool activities	34	39	40	38	39	39	38	39	38	44	37	47	α	θ
Spend 10 or more hours participating in afterschool activities	24	24	27	22	19	25	22	32	25	21	27	15		θ



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Franklin County High School Results

### Youth Assets and Other Protective Factors

													Statistical Differences
Protective Factors - Community	VT	Franklin	M	F	9th	<b>1</b> 0th	<b>11</b> th	<b>12</b> th	WnH	soc	Het	LGBT	
Strongly agree or agree that in their community they feel like they matter to people	58	54	57	52	54	54	49	61	55	49	60	25	α θ



<sup>. =</sup> Too few students to report

MIDDLE SCHOOL RESULTS



Franklin County Middle School Results

# Demographics

Sex	VT	Franklin
Female	49	48
Male	51	52

Grade	VT	Franklin
6th grade	24	26
7th grade	38	36
8th grade	38	38

Franklin County Middle School Results

# Demographics

Race	VT	Franklin
Students of Color	19	15
White, non-Hispanic	81	85

Sexual Orientation / Gender Identity	VT	Franklin
Lesbian, Gay, Bisexual, or Transgender	11	11
Heterosexual / Cisgender	89	89

Franklin County Middle School Results

### Violence and Unintentional Injuries

												Statistical	Differences
Violence	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Were ever in a physical fight	41	43	57	26	37	45	44	40	60	43	45	β	ζ
Did not go to school because they felt they would be unsafe at school or on their way to or from school, past 30 days	9	11	9	12	9	11	11	10	16	8	22		θ
Report someone has ever done sexual things to them that they did not want	10	11	6	16	9	10	13	10	17	9	27	β	ζ θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Violence and Unintentional Injuries

												Statistical I	Differences
Bullying	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Were ever bullied on school property	45	48	41	55	44	48	51	46	55	46	70	β	θ
Were ever electronically bullied	24	26	17	34	22	25	29	25	32	24	46	β	θ
Were bullied, past 30 days	24	29	21	36	26	31	28	26	42	26	50	α β	ζ θ
Bullied someone, past 30 days	9	13	15	11	12	13	14	12	18	13	14	α	



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Violence and Unintentional Injuries

												Statistic	cal Differences
Unintentional Injuries & Prevention	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Rarely or never wear a bicycle helmet	26	37	38	35	27	34	46	36	47	36	43	α	iζ
Rarely or never wear a helmet when skiing or snowboarding	6	4	5	2	3	4	4	2	11	3		α	ζ
Had a concussion from playing a sport or being physically active, past year	19	21	23	18	21	20	22	21	25	21	21		
Had a sunburn, past year	66	65	61	70	57	66	69	67	55	67	65	β	ζ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Violence and Unintentional Injuries

												Statistical Differences
Motor Vehicle Safety	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Rarely or never wear a seat belt	2	2	3	1	2	2	3	2	5	1		ζ
Ever rode with a driver who had been drinking alcohol	20	22	19	25	16	22	27	22	25	22	31	
Have ever ridden in a car driven by someone who had been using marijuana	10	10	8	11	5	9	14	9	17	10	17	ζ θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Mental Health

												Statistic	al Differ	ences
Mental Health	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT			
Ever seriously thought about killing themselves	18	22	16	28	16	24	24	21	34	18	53	α β	ε	ζ θ
Ever made a plan about how they would kill themselves	12	14	9	18	9	15	16	13	25	11	39	β		ζ θ
Ever tried to kill themselves	6	7	5	10	4	8	9	7	15	6	20	β		ζ θ
Have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, past year	18	20	12	28	15	21	23	19	29	16	50	β		ζ θ
Felt sad or hopeless, past year	23	25	18	33	20	27	27	24	37	22	59	β		ζ θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Lifetime Substance Use

												Statistica	I Difference
Lifetime Substance Use	VT	Franklin	М	F	6th	7th	8th	WnH	soc	Het	LGBT		
Ever tried a cigarette	7	9	11	6	4	8	13	8	17	9	14	β	ε ζ
Ever tried a flavored tobacco product	8	9	10	8	3	8	14	9	17	9	16	δ	ε ί ζ
Ever used an electronic vapor product	16	17	19	15	5	14	27	17	26	18	23	δ	ε ί ζ
Ever drank alcohol	20	25	27	23	14	24	32	25	34	25	36	α δ	ε ίζ (
Ever used marijuana	7	7	9	6		7	12	7	13	8	11		ζ
Have ever taken a prescription drug without a doctor's prescription or differently than how a doctor told them to use it	6	6	8	4	5	6	7	5	10	6	9	β	ζ
Ever used inhalants	5	6	5	7	5	6	7	6	9	5	11		(



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Lifetime Substance Use

												Statistical	Differences
Substance Use Before Age 11	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Tried cigarette smoking for the first time before age 11 years	3	5	6	3	3	5	5	4	11	5	6	α β	ζ
Drank alcohol for the first time before age 11 years	9	11	14	8	11	10	11	10	19	11	13	β	ζ
Tried marijuana for the first time before age 11 years	1	2	2	1		2	2	1	5	2	5		ζ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Past 30 Day Substance Use

												Statistica	al Differences
Past 30 Day Tobacco Use	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Currently smoked cigarettes or cigars or used smokeless tobacco	2	3	5	2		2	6	3	7	4	4	β	ζ
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	9	11	12	10	4	8	18	10	20	12	14	α δ	ε ί ζ
Currently smoked cigarettes	2	2	3	1		1	3	1	5	2			ε ζ
Currently used an electronic vapor product	8	10	10	9	4	8	15	9	18	10	13		iζ
Currently used smokeless tobacco	1	2	3	1	·	1	3	1	4	2			ε ζ
Currently smoked cigars	1	2	3	1	-	1	3	2	4	2		α β	



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Past 30 Day Substance Use

												Statistical Difference
Past 30 Day Alcohol and Other Substance Use	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Currently drank alcohol	7	9	8	9	1	8	14	8	13	9	12	α δεί
Binge drank, past 30 days	2	2	2	2		1	3	1	4	2		
Currently used marijuana	5	4	5	3		3	7	4	10	4	5	ζ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Franklin
1 or 2 days	48
3 to 9 days	23
10 to 29 days	13
Every day	16

Number of Cigarettes Smoked, Among Current Users	Franklin
1 or Less	44
2 to 5 cigarettes	41
11 or more cigarettes	15



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Franklin
1 or 2 days	42
3 to 9 days	26
10 to 29 days	22
Every day	10

Access to EVP, Among Current Users	Franklin
Bought them in a store or online	5
Borrowed them	49
Someone else bought them or someone gave them to me	20
Took them from a store	1
Some other way	25



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Reason for EVP Use, Among Current Users	Franklin
Friend/family used them	24
To try to quit other tobacco	3
Cost less than other tobacco	1
Easier to get than other	1
Less harmful than other	4
Available in flavors	19
Used for some other reason	49

Type of EVP Used, Among	
Current Users	Franklin
JUUL / pod-type device	69
Vape Pen / rechargeable e-cigarette	12
Disposable e-cigarette / vaping device	1
Mods with refillable tank	12
Other electronic vapor product	3
Not sure	2



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users	Franklin
1 or 2 times	49
3 to 9 times	21
10 to 19 times	13
20+ times	17



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Other Substance Use Related Topics

												Statistical Differences
Tobacco Use Exposure & Prevention	VT	Franklin	М	F	6th	7th	8th	WnH	soc	Het	LGBT	
Were asked by a doctor, dentist, or nurse if they smoked	33	38	40	36	25	36	49	39	36	39	48	α δεί
Most of the time or always see ads for cigarettes or other tobacco products	46	48	45	52	33	51	56	49	54	51	57	ε



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Perceptions of Substance Use

												Statistical Differences
Perceptions of Peer Use as Wrong or Very Wrong	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Think it is wrong or very wrong for someone their age to use electronic vapor products	84	79	78	80	91	82	69	80	68	79	73	α δείζ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Perceptions of Substance Use

												Statistical Differences
Perceptions of Substance Use - Parental Beliefs	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	92	89	88	91	90	89	89	90	85	92	80	θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	87	84	83	85	87	84	81	84	82	85	81	α
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	92	91	91	91	94	92	89	92	87	93	85	θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Perceptions of Substance Use

												Statistical D	Differ	ences
Perceptions of Substance Use - Ease of Access	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT			
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	29	32	33	31	18	27	46	32	43	33	43	δε	i	ζ
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	40	42	41	42	27	37	54	42	42	42	55	δ ε	i	θ
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	19	18	18	17	11	12	27	18	24	17	34		i	θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Perceptions of Substance Use

												Statist	ical Diffe	erences
Perceptions of Substance Use - Harm	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT			
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	45	39	33	46	46	37	35	40	29	38	37	α β		ζ
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	45	40	38	44	42	40	39	41	37	40	43	α		
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	49	46	40	52	55	45	39	46	40	48	28	α β	3	θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Sexual Health

												Statistica	al Differences
Sexual Activity & Condom Use	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Ever had sexual intercourse	5	5	7	3	2	4	9	4	11	6	7	β	iζ
Used a condom during last sexual intercourse, among those who have has sexual intercourse	58	58						·		65			



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Physical Activity, and Nutrition

												Statistical Differences
Physical Activity: 60 min per day	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Did not participate in at least 60 minutes of physical activity on at least 1 day, past week	9	10	10	9	11	10	9	9	15	7	14	θ
Were physically active at least 60 minutes per day on 5 or more days, past week	56	54	57	52	56	52	55	55	51	59	38	θ
Were physically active at least 60 minutes per day on all 7 days, past week	30	31	35	27	37	30	29	32	26	35	18	β θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Physical Activity, and Nutrition

												Statistical Differences
Physical Inactivity	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Watch television 1 hour or less per day	42	45	45	45	41	46	46	44	55	45	48	ζ
Watch television 3 or more hours per day	22	24	25	23	20	24	27	23	33	24	31	ζ



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Franklin County Middle School Results

# Physical Activity, and Nutrition

												Statisti	cal Differenc	ces
Physical Inactivity	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT			
Play video or computer games or used a computer 1 hour or less per day	58	63	66	60	53	65	67	63	62	62	72	α	ε	
Play video or computer games or used a computer 3 or more hours per day	41	47	50	43	36	48	52	47	51	46	58	α	ε	θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Physical Activity, and Nutrition

												Statistic	cal Differe	ences
Physical Activity at School	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT			
Participate in physical activity or other short breaks during class at least once a week	80	80	80	79	83	77	79	80	76	82	71			θ
Participate in physical activity or other short breaks during class everyday	64	65	60	70	57	68	67	64	70	63	82	β	3	θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

# Physical Activity, and Nutrition

												Statistical Differences
Walk or Bike To/From School	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Walk or ride a bike to school at least once a week when weather permits	74	74	73	76	73	72	77	74	71	74	68	
Walk or ride their bike to school every day when weather permits	11	12	12	11	12	13	10	12	13	11	16	

												Statistical Differences
Sport Team Participation	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Play on at least one sports team, past year	72	72	72	73	73	72	72	74	65	77	60	θ

#### . = Too few students to report



Franklin County Middle School Results

### Physical Activity, and Nutrition

												Statistical Differences
Water Consumption	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Drank one or more glasses per day of water, past week	78	74	75	73	73	72	77	75	68	78	70	α
Drank two or more glasses per day of water, past week	71	68	70	67	67	68	69	69	65	72	58	θ
Drank three or more glasses per day of water, past week	56	53	55	51	51	54	54	53	52	57	47	



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Franklin County Middle School Results

# Physical Activity, and Nutrition

												Statisti	cal Diffe	rences
Breakfast Consumption	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT			
Did not eat breakfast, past week	9	9	8	11	6	10	10	8	14	9	13			
Ate breakfast on 5 or more days, past week	36	38	30	46	24	42	43	37	45	36	58	β	ε	θ
Ate breakfast on all 7 days, past week	46	44	52	36	58	41	37	44	38	45	24	β	ε	θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Social Determinants of Health

												Statistica	al Differences
Social Determinants of Health	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Described their grades in school as mostly A's or B's	66	63	58	68	56	60	70	65	57	67	54	α β	i θ
Reported in their home people most of the time or always speak a language other than English	6	3	3	3	4	3	2	2	8	3	6	α	ζ
Most of the time or always went hungry because there was not enough food in their home, past 30 days	3	3	4	2	5	3	3	3	5	3	5		



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

Youth Assets and Other Protective Factors



<sup>. =</sup> Too few students to report

# 2019 VERMONT YOUTH RISK BEHAVIOR SURVEY Franklin County Middle School Results

### Youth Assets and Other Protective Factors

												Statistical Differences
Family Engagement	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Did not eat dinner at home with at least one of their parents or other adult family member, past week	6	6	7	5	5	7	7	6	8	5	12	θ
Ate dinner at home with at least one of their parents or other adult family member on two or more days, past week	92	91	90	92	91	90	91	91	89	92	80	θ
Ate dinner at home with at least one of their parents or other adult family member on four or more days, past week	85	83	83	83	86	81	82	83	76	85	69	θ
Ate dinner at home with at least one of their parents or other adult family member every day, past week	61	60	65	56	67	60	55	60	57	62	47	β θ



<sup>. =</sup> Too few students to report

Franklin County Middle School Results

### Youth Assets and Other Protective Factors

												Statistical Differences
School Connectedness	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT	
Have at least one teacher or other adult in their school that they can talk to if they have a problem	72	72	72	72	71	69	74	73	65	74	60	θ
Strongly agree or agree that their school has clear rules and consequences for behavior	64	63	65	62	67	64	59	64	56	65	49	θ



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Franklin County Middle School Results

### Youth Assets and Other Protective Factors

												Statistical	Differences
Community Connectedness	VT	Franklin	M	F	6th	7th	8th	WnH	soc	Het	LGBT		
Strongly agree or agree that in their community they feel like they matter to people	59	55	61	49	55	52	58	58	44	61	30	α β	ζ θ



<sup>. =</sup> Too few students to report