2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR CALEDONIA COUNTY

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.



METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such as during all math classes or during a specific hour, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods

USING THE YRBS RESULTS

ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.



Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at: http://www.upforlearning.org/initiatives/getting-to-y

POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the county or district. Smaller areas may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS

CALEDONIA COUNTY REPORT

http://www.healthvermont.gov/yrbs



HIGH SCHOOL DEMOGRAPHICS					
Cal. VT					
Total	1791	27349			

		Cal.	VT
Sex	Male	52%	51%
	Female	48%	49%
Grade	9th Grade	23%	25%
	10th Grade	27%	25%
	11th Grade	26%	25%
	12th Grade	24%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	74%	83%
	Students of Color (REM)	26%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	90%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	10%	11%



	WERE IN	A PHYSIC	AL FIGHT	, PAST YEAR
		Cal.	VT	
Overall		18%	17%	Overall Differences: State vs County
Sex	Male	23%	22%	VT and County are Similar
	Female	12%	11%	Within County Differences
Grade	Grade 9	21%	21%	Males > Females
	Grade 10	16%	18%	REM > WnH
	Grade 11	17%	15%	LGBT > Het/CIS
	Grade 12	18%	13%	
Race	WnH	16%	16%	
	REM	23%	23%	
Sexual Orientation	Het/Cis	17%	16%	
	LGBT	28%	23%	

WER	WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR					
		Cal.	VT			
Overall		6%	7%	Overall Differences: State vs County		
Sex	Male	9%	9%	VT and County are Similar		
	Female	4%	3%	Within County Differences		
Grade	Grade 9	7%	9%	Males > Females		
	Grade 10	7%	7%	REM > WnH		
	Grade 11	5%	6%	LGBT > Het/CIS		
	Grade 12	6%	4%			
Race	WnH	5%	5%			
	REM	11%	11%			
Sexual Orientation	Het/Cis	5%	6%			
	LGBT	14%	10%			



CARRIE	D A WEAPO	ON ON SCH	IOOL PRO	PERTY, PAST 30 DAYS
		Cal.	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	12%	10%	VT and County are Similar
	Female	4%	3%	Within County Differences
Grade	Grade 9	6%	5%	Males > Females
	Grade 10	8%	6%	LGBT > Het/CIS
	Grade 11	9%	8%	
	Grade 12	8%	8%	
Race	WnH	7%	6%	
	REM	10%	10%	
Sexual Orientation	Het/Cis	7%	6%	
	LGBT	13%	10%	

WERF		NED OR IN		VITH A WEAPON ON ST YEAR
		Cal.	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	3%	3%	Within County Differences
Grade	Grade 9	4%	6%	Males > Females
	Grade 10	2%	5%	
	Grade 11	5%	4%	
	Grade 12	6%	4%	
Race	WnH	3%	4%	
	REM	6%	9%	
Sexual Orientation	Het/Cis	3%	4%	
	LGBT	7%	10%	



W	ERE ELECT	TRONICAL	LY BULL	IED, PAST YEAR
		Cal.	VT	
Overall		14%	16%	Overall Differences: State vs County
Sex	Male	9%	10%	VT and County are Similar
	Female	19%	22%	Within County Differences
Grade	Grade 9	17%	19%	Females > Males
	Grade 10	16%	16%	LGBT > Het/CIS
	Grade 11	12%	15%	
	Grade 12	11%	13%	
Race	WnH	15%	15%	
	REM	13%	18%	
Sexual Orientation	Het/Cis	12%	14%	
	LGBT	24%	30%	

	WEI	RE BULLIE	ED, PAST 3	0 DAYS
		Cal.	VT	
Overall		14%	16%	Overall Differences: State vs County
Sex	Male	9%	11%	VT and County are Similar
	Female	19%	20%	Within County Differences
Grade	Grade 9	19%	21%	Females > Males
	Grade 10	14%	16%	9 > 11
	Grade 11	9%	14%	LGBT > Het/CIS
	Grade 12	14%	12%	
Race	WnH	15%	15%	
	REM	12%	18%	
Sexual Orientation	Het/Cis	12%	14%	
	LGBT	25%	30%	



	BULLIED	SOMEON	E ELSE, P	AST 30 DAYS
		Cal.	VT	
Overall		9%	9%	Overall Differences: State vs County
Sex	Male	9%	10%	VT and County are Similar
	Female	9%	8%	Within County Differences
Grade	Grade 9	8%	9%	LGBT > Het/CIS
	Grade 10	9%	9%	
	Grade 11	7%	9%	
	Grade 12	11%	8%	
Race	WnH	9%	8%	
	REM	9%	12%	
Sexual Orientation	Het/Cis	8%	8%	
	LGBT	15%	13%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS					
		Cal.	VT		
Overall		5%	5%	Overall Differences: State vs County	
Sex	Male	4%	4%	VT and County are Similar	
	Female	5%	6%	Within County Differences	
Grade	Grade 9	2%	5%	LGBT > Het/CIS	
	Grade 10	5%	5%		
	Grade 11	4%	5%		
	Grade 12	6%	4%		
Race	WnH	4%	4%		
	REM	6%	9%		
Sexual Orientation	Het/Cis	3%	4%		
	LGBT	13%	12%		



SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE				
		Cal.	VT	
Overall		7%	6%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	10%	9%	Within County Differences
Grade	Grade 9	5%	5%	Females > Males
	Grade 10	6%	5%	
	Grade 11	7%	7%	
	Grade 12	9%	7%	
Race	WnH	6%	6%	
	REM	9%	9%	
Sexual Orientation	Het/Cis	6%	5%	
	LGBT	9%	18%	

EXPE	RIENCED S	EXUAL DA	TING VIO	LENCE, PAST YEAR
		Cal.	VT	
Overall		11%	10%	Overall Differences: State vs County
Sex	Male	6%	5%	VT and County are Similar
	Female	15%	15%	Within County Differences
Grade	Grade 9	8%	10%	Females > Males
	Grade 10	8%	11%	LGBT > Het/CIS
	Grade 11	9%	10%	
	Grade 12	15%	9%	
Race	WnH	10%	9%	
	REM	11%	14%	
Sexual Orientation	Het/Cis	7%	8%	
	LGBT	23%	23%	



SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR				
		Cal.	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	7%	6%	VT and County are Similar
	Female	7%	8%	Within County Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10	6%	7%	LGBT > Het/CIS
	Grade 11	7%	7%	
	Grade 12	11%	7%	
Race	WnH	6%	6%	
	REM	9%	11%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	15%	15%	



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DRO	DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS				
		Cal.	VT		
Overall		6%	7%	Overall Differences: State vs County	
Sex	Male	7%	9%	VT and County are Similar	
	Female	4%	5%	Within County Differences	
Grade	Grade 9		5%	Too few students in at least one grade	
	Grade 10		4%	Too few students by sexual orientation	
	Grade 11	5%	7%		
	Grade 12	10%	10%		
Race	WnH	5%	6%		
	REM	11%	13%		
Sexual Orientation	Het/Cis	5%	7%		
	LGBT		11%		

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS				
		Cal.	VT	
Overall		10%	14%	Overall Differences: State vs County
Sex	Male	10%	16%	VT > County
	Female	10%	12%	Within County Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10	8%	9%	REM > WnH
	Grade 11	9%	15%	Too few students by sexual orientation
	Grade 12	14%	21%	
Race	WnH	8%	13%	
	REM	17%	20%	
Sexual Orientation	Het/Cis	8%	13%	
	LGBT		21%	



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS				
		Cal.	VT	
Overall		17%	18%	Overall Differences: State vs County
Sex	Male	16%	17%	VT and County are Similar
	Female	18%	19%	Within County Differences
Grade	Grade 9	18%	17%	11 > 10
	Grade 10	12%	18%	
	Grade 11	20%	18%	
	Grade 12	17%	18%	
Race	WnH	18%	18%	
	REM	14%	20%	
Sexual Orientation	Het/Cis	16%	17%	
	LGBT	24%	22%	

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS				
		Cal.	VT	
Overall		15%	20%	Overall Differences: State vs County
Sex	Male	14%	20%	VT > County
	Female	15%	20%	Within County Differences
Grade	Grade 9	10%	13%	LGBT > Het/CIS
	Grade 10	15%	18%	
	Grade 11	16%	22%	
	Grade 12	16%	28%	
Race	WnH	15%	20%	
	REM	15%	23%	
Sexual Orientation	Het/Cis	13%	19%	
	LGBT	29%	29%	



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER **VEHICLE, PAST 30 DAYS** Cal. VT Overall Differences: State vs Overall 32% 34% County VT and County are Similar Sex Male 30% 34% 35% Within County Differences Female 34% Grade Grade 9 11 > 9 9% 9% Grade 10 12 > 9 22% 16% 42% Grade 11 12 > 1037% Grade 12 48% 53% 11 > 10WnH 33% 34% Too few students by sexual Race orientation REM 28% 32% Het/Cis Sexual 31% 34% Orientation LGBT 31%



SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR			
	Cal.	VT	
Never wore a helmet	9%	11%	
Rarely wore a helmet	3%	3%	
Sometimes wore a helmet	3%	3%	
Most of the time wore a helmet	9%	9%	
Always wore a helmet	75%	74%	

RAREI	RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR					
		Cal.	VT			
Overall		12%	14%	Overall Differences: State vs County		
Sex	Male	13%	17%	VT and County are Similar		
	Female	9%	9%	Within County Differences		
Grade	Grade 9	9%	11%	Too few students by sexual orientation		
	Grade 10	13%	13%			
	Grade 11	10%	15%			
	Grade 12	16%	15%			
Race	WnH	11%	12%			
	REM	16%	24%			
Sexual Orientation	Het/Cis	10%	12%			
	LGBT		24%			



SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR Cal. VT Overall Differences: State vs Overall 19% 18% County VT and County are Similar Sex Male 20% 20% 17% Within County Differences Female 16% Grade Grade 9 REM > WnH22% 20% Grade 10 18% 18% 17% Grade 11 16% Grade 12 16% 16% WnH Race 15% 17% REM 26% 22% Het/Cis Sexual 18% 18% Orientation LGBT 18% 15%



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE A	ASKED BY A	A DOCTOR SMOKED,		Γ, OR NURSE IF THEY AR
		Cal.	VT	
Overall		56%	54%	Overall Differences: State vs County
Sex	Male	49%	51%	VT and County are Similar
	Female	62%	58%	Within County Differences
Grade	Grade 9	48%	47%	Females > Males
	Grade 10	56%	53%	12 > 9
	Grade 11	58%	58%	WnH > REM
	Grade 12	61%	61%	
Race	WnH	60%	56%	
	REM	43%	50%	
Sexual Orientation	Het/Cis	55%	54%	
	LGBT	59%	62%	

MOST O	MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		Cal.	VT			
Overall		50%	55%	Overall Differences: State vs County		
Sex	Male	47%	53%	VT > County		
	Female	54%	56%	Within County Differences		
Grade	Grade 9	54%	57%	Females > Males		
	Grade 10	54%	56%	9 > 12		
	Grade 11	50%	54%	10 > 12		
	Grade 12	43%	52%	WnH > REM		
Race	WnH	57%	56%			
	REM	35%	47%			
Sexual Orientation	Het/Cis	51%	55%			
	LGBT	52%	57%			



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING **CIGARETTES, PAST 7 DAYS** Cal. VT Overall Differences: State vs 23% 23% Overall County VT and County are Similar Male 23% Sex 22% Within County Differences Female 23% 23% Grade 9 LGBT > Het/CIS Grade 22% 22% Grade 10 23% 23% Grade 11 23% 21% Grade 12 24% 24% Race WnH 22% 22% **REM** 25% 27% Het/Cis Sexual 21% 22%

Orientation

LGBT

34%

33%

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
		Cal.	VT	
Overall		32%	33%	Overall Differences: State vs County
Sex	Male	33%	33%	VT and County are Similar
	Female	31%	33%	Within County Differences
Grade	Grade 9	30%	32%	
	Grade 10	31%	33%	
	Grade 11	32%	33%	
	Grade 12	33%	36%	
Race	WnH	34%	33%	
	REM	29%	34%	
Sexual Orientation	Het/Cis	31%	32%	
	LGBT	38%	44%	



SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		Cal.	VT	
Overall		24%	25%	Overall Differences: State vs County
Sex	Male	12%	16%	VT and County are Similar
	Female	36%	35%	Within County Differences
Grade	Grade 9	16%	23%	Females > Males
	Grade 10	23%	26%	11 > 9
	Grade 11	26%	26%	12 > 9
	Grade 12	29%	26%	LGBT > Het/CIS
Race	WnH	25%	25%	
	REM	23%	28%	
Sexual Orientation	Het/Cis	19%	21%	
	LGBT	60%	58%	

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		Cal.	VT	
Overall		14%	16%	Overall Differences: State vs County
Sex	Male	7%	9%	VT and County are Similar
	Female	23%	25%	Within County Differences
Grade	Grade 9	14%	18%	Females > Males
	Grade 10	16%	18%	LGBT > Het/CIS
	Grade 11	14%	16%	
	Grade 12	13%	14%	
Race	WnH	14%	16%	
	REM	15%	18%	
Sexual Orientation	Het/Cis	11%	12%	
	LGBT	37%	48%	



SECTION 3: MENTAL HEALTH

MADE A I	MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		Cal.	VT		
Overall		11%	11%	Overall Differences: State vs County	
Sex	Male	6%	7%	VT and County are Similar	
	Female	15%	15%	Within County Differences	
Grade	Grade 9	9%	11%	Females > Males	
	Grade 10	11%	12%	LGBT > Het/CIS	
	Grade 11	8%	11%		
	Grade 12	12%	10%		
Race	WnH	10%	10%		
	REM	13%	15%		
Sexual Orientation	Het/Cis	7%	8%		
	LGBT	37%	33%		

	ATTE	MPTED SU	ICIDE, PA	ST YEAR
		Cal.	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	8%	7%	Within County Differences
Grade	Grade 9	7%	6%	Females > Males
	Grade 10	5%	6%	LGBT > Het/CIS
	Grade 11	4%	5%	
	Grade 12	6%	4%	
Race	WnH	5%	5%	
	REM	8%	8%	
Sexual Orientation	Het/Cis	4%	4%	
	LGBT	19%	18%	



	EVER SN	MOKED A	WHOLE C	CIGARETTE
		Cal.	VT	
Overall		26%	24%	Overall Differences: State vs County
Sex	Male	27%	26%	VT and County are Similar
	Female	25%	22%	Within County Differences
Grade	Grade 9	14%	17%	11 > 9
	Grade 10	21%	21%	12 > 9
	Grade 11	32%	28%	12 > 10
	Grade 12	36%	31%	11 > 10
Race	WnH	24%	23%	REM > WnH
	REM	35%	28%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	24%	22%	
	LGBT	39%	38%	

SI	MOKED A C	CIGARETT	E BEFORI	E AGE 13 YEARS
		Cal.	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	9%	9%	VT and County are Similar
	Female	8%	6%	Within County Differences
Grade	Grade 9	8%	8%	LGBT > Het/CIS
	Grade 10	6%	8%	
	Grade 11	9%	8%	
	Grade 12	10%	7%	
Race	WnH	8%	7%	
	REM	10%	12%	
Sexual Orientation	Het/Cis	7%	7%	
	LGBT	14%	14%	



E	VER USED A	AN ELECT	RONIC VA	APOR PRODUCT
		Cal.	VT	
Overall		30%	34%	Overall Differences: State vs County
Sex	Male	34%	37%	VT > County
	Female	26%	31%	Within County Differences
Grade	Grade 9	17%	23%	Males > Females
	Grade 10	27%	31%	10 > 9
	Grade 11	35%	38%	11 > 9
	Grade 12	42%	44%	12 > 9
Race	WnH	30%	34%	12 > 10
	REM	33%	35%	
Sexual Orientation	Het/Cis	31%	34%	
	LGBT	30%	38%	

E	VER TRIED	FLAVORI	ED TOBAC	CCO PRODUCTS
		Cal.	VT	
Overall		19%	21%	Overall Differences: State vs County
Sex	Male	21%	24%	VT and County are Similar
	Female	17%	17%	Within County Differences
Grade	Grade 9	10%	12%	11 > 9
	Grade 10	17%	17%	12 > 9
	Grade 11	21%	24%	12 > 10
	Grade 12	26%	30%	
Race	WnH	18%	20%	
	REM	21%	21%	
Sexual Orientation	Het/Cis	18%	20%	
	LGBT	26%	26%	



	E	VER DRA	NK ALCO	HOL
		Cal.	VT	
Overall		56%	58%	Overall Differences: State vs County
Sex	Male	58%	57%	VT and County are Similar
	Female	54%	58%	Within County Differences
Grade	Grade 9	40%	41%	11 > 9
	Grade 10	49%	54%	12 > 9
	Grade 11	61%	65%	12 > 10
	Grade 12	73%	71%	11 > 10
Race	WnH	55%	58%	12 > 11
	REM	61%	56%	
Sexual Orientation	Het/Cis	55%	57%	
	LGBT	63%	66%	

	DRANK ALCOHOL BEFORE AGE 13 YEARS				
		Cal.	VT		
Overall		17%	14%	Overall Differences: State vs County	
Sex	Male	19%	16%	County > VT	
	Female	14%	11%	Within County Differences	
Grade	Grade 9	21%	17%	REM > WnH	
	Grade 10	15%	13%		
	Grade 11	14%	13%		
	Grade 12	19%	11%		
Race	WnH	13%	12%		
	REM	29%	21%		
Sexual Orientation	Het/Cis	16%	13%		
	LGBT	24%	20%		



	E	VER USEI	MADIIII	A NI A
	P.			ANA
		Cal.	VT	
Overall		28%	37%	Overall Differences: State vs County
Sex	Male	26%	37%	VT > County
	Female	29%	37%	Within County Differences
Grade	Grade 9	15%	23%	11 > 9
	Grade 10	22%	34%	12 > 9
	Grade 11	33%	42%	12 > 10
	Grade 12	40%	50%	11 > 10
Race	WnH	29%	38%	LGBT > Het/CIS
	REM	26%	37%	
Sexual Orientation	Het/Cis	25%	36%	
	LGBT	47%	49%	

	TRIED MA	RIJUANA I	BEFORE A	AGE 13 YEARS
		Cal.	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	5%	5%	Within County Differences
Grade	Grade 9	5%	6%	LGBT > Het/CIS
	Grade 10	6%	6%	
	Grade 11	6%	6%	
	Grade 12	5%	5%	
Race	WnH	5%	5%	
	REM	7%	10%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	14%	11%	



E	VER MISUS	ED PRESC	RIPTION :	PAIN MEDICINE
		Cal.	VT	
Overall		7%	8%	Overall Differences: State vs County
Sex	Male	7%	8%	VT and County are Similar
	Female	6%	7%	Within County Differences
Grade	Grade 9	5%	6%	12 > 9
	Grade 10	2%	7%	12 > 10
	Grade 11	6%	8%	LGBT > Het/CIS
	Grade 12	12%	9%	
Race	WnH	6%	7%	
	REM	8%	11%	
Sexual Orientation	Het/Cis	5%	7%	
	LGBT	17%	16%	

]	EVER MISUSED PRESCRIPTION STIMULANTS				
		Cal.	VT		
Overall		5%	6%	Overall Differences: State vs County	
Sex	Male	6%	7%	VT and County are Similar	
	Female	5%	6%	Within County Differences	
Grade	Grade 9	3%	4%	12 > 9	
	Grade 10	3%	6%	12 > 10	
	Grade 11	4%	6%	12 > 11	
	Grade 12	11%	9%	LGBT > Het/CIS	
Race	WnH	5%	6%		
	REM	6%	10%		
Sexual Orientation	Het/Cis	4%	5%		
	LGBT	13%	12%		



		EVER USE	ED COCAI	NE
		Cal.	VT	
Overall		4%	4%	Overall Differences: State vs County
Sex	Male	5%	5%	VT and County are Similar
	Female	2%	3%	Within County Differences
Grade	Grade 9		2%	Too few students in at least one grade
	Grade 10	•	3%	LGBT > Het/CIS
	Grade 11	4%	4%	
	Grade 12	8%	6%	
Race	WnH	3%	3%	
	REM	5%	8%	
Sexual Orientation	Het/Cis	3%	3%	
	LGBT	12%	9%	

	I	EVER USEI) INHALA	NTS
		Cal.	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	5%	6%	Within County Differences
Grade	Grade 9	3%	6%	LGBT > Het/CIS
	Grade 10	4%	6%	
	Grade 11	6%	6%	
	Grade 12	7%	6%	
Race	WnH	4%	5%	
	REM	6%	10%	
Sexual Orientation	Het/Cis	4%	5%	
_	LGBT	16%	16%	



		EVER US	ED HERO	IN
		Cal.	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	4%	3%	County > VT
	Female	1%	1%	Within County Differences
Grade	Grade 9		1%	Males > Females
	Grade 10		2%	Too few students in at least one grade
	Grade 11	3%	2%	REM > WnH
	Grade 12	5%	2%	LGBT > Het/CIS
Race	WnH	2%	1%	
	REM	6%	5%	
Sexual Orientation	Het/Cis	2%	1%	
	LGBT	12%	5%	

	EVER	USED MET	НАМРНЕ	TAMINES
		Cal.	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	3%	3%	VT and County are Similar
	Female	2%	1%	Within County Differences
Grade	Grade 9		1%	Too few students in at least one grade
	Grade 10		2%	LGBT > Het/CIS
	Grade 11	2%	2%	
	Grade 12	5%	3%	
Race	WnH	2%	1%	
	REM	4%	6%	
Sexual Orientation	Het/Cis	1%	2%	
	LGBT	8%	5%	



USED A	USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR				
		Cal.	VT		
Overall		21%	24%	Overall Differences: State vs County	
Sex	Male	25%	28%	VT and County are Similar	
	Female	16%	18%	Within County Differences	
Grade	Grade 9	13%	14%	Males > Females	
	Grade 10	17%	20%	11 > 9	
	Grade 11	25%	26%	12 > 9	
	Grade 12	29%	33%	12 > 10	
Race	WnH	19%	26%	REM > WnH	
	REM	28%	23%		
Sexual Orientation	Het/Cis	20%	23%		
	LGBT	27%	31%		

				R USED SMOKELESS ODUCTS, PAST 30 DAYS
		Cal.	VT	
Overall		16%	19%	Overall Differences: State vs County
Sex	Male	19%	23%	VT > County
	Female	12%	14%	Within County Differences
Grade	Grade 9	8%	11%	Males > Females
	Grade 10	12%	16%	11 > 9
	Grade 11	17%	22%	12 > 9
	Grade 12	24%	28%	12 > 10
Race	WnH	15%	19%	
	REM	19%	20%	
Sexual Orientation	Het/Cis	15%	18%	
	LGBT	20%	25%	



SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		Cal.	VT		
Overall		14%	15%	Overall Differences: State vs County	
Sex	Male	16%	19%	VT and County are Similar	
	Female	11%	11%	Within County Differences	
Grade	Grade 9	7%	8%	Males > Females	
	Grade 10	12%	12%	11 > 9	
	Grade 11	14%	17%	12 > 9	
	Grade 12	20%	22%	12 > 10	
Race	WnH	12%	15%		
	REM	17%	16%		
Sexual Orientation	Het/Cis	13%	14%		
	LGBT	19%	21%		

	SMOKED CIGARETTES, PAST 30 DAYS				
		Cal.	VT		
Overall		10%	9%	Overall Differences: State vs County	
Sex	Male	10%	10%	VT and County are Similar	
	Female	9%	8%	Within County Differences	
Grade	Grade 9	4%	5%	11 > 9	
	Grade 10	8%	7%	12 > 9	
	Grade 11	11%	11%	12 > 10	
	Grade 12	15%	13%	REM > WnH	
Race	WnH	9%	9%	LGBT > Het/CIS	
	REM	14%	12%		
Sexual Orientation	Het/Cis	9%	8%		
	LGBT	17%	18%		



AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES					
Cal. VT					
1 or 2 days	23%	29%			
3 to 5 days	16%	15%			
6 to 9 days	5%	10%			
10 to 19 days	16%	12%			
20 to 29 days	13%	9%			
All 30 days	27%	25%			

AMONG	AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		Cal.	VT		
Overall		27%	25%	Overall Differences: State vs County	
Sex	Male	38%	27%	VT and County are Similar	
	Female		20%	Within County Differences	
Grade	Grade 9		24%	Too few students by sex	
	Grade 10		21%	Too few students in at least one grade	
	Grade 11		23%	Too few students by race	
	Grade 12	•	26%	Too few students by sexual orientation	
Race	WnH	22%	38%		
	REM	٠	21%		
Sexual Orientation	Het/Cis	22%	22%		
	LGBT	•	29%		



AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED				
	Cal.	VT		
Less than 1 cigarette	22%	30%		
1 cigarette	13%	19%		
2 to 5 cigarettes	45%	30%	County > VT	
6 to 10 cigarettes	10%	9%		
11 to 20 cigarettes		4%	Too few students	
More than 20 cigarettes	8%	8%		

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED					
		Cal.	VT		
Overall		10%	12%	Overall Differences: State vs County	
Sex	Male	15%	15%	VT and County are Similar	
	Female		6%	Within County Differences	
Grade	Grade 9		12%	Too few students by sex	
	Grade 10		8%	Too few students in at least one grade	
	Grade 11		10%	Too few students by race	
	Grade 12		12%	Too few students by sexual orientation	
Race	WnH		28%		
	REM		7%		
Sexual Orientation	Het/Cis		10%		
	LGBT		14%		



USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
USEI	ELECTRO	Cal.	VT	CIS, IASI 30 DAIS
Overall		9%	12%	Overall Differences: State vs County
Sex	Male	10%	14%	VT > County
	Female	7%	9%	Within County Differences
Grade	Grade 9	3%	7%	11 > 9
	Grade 10	7%	10%	12 > 9
	Grade 11	10%	13%	
	Grade 12	13%	17%	
Race	WnH	9%	12%	
	REM	8%	13%	
Sexual Orientation	Het/Cis	8%	12%	
	LGBT	11%	16%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE				
	Cal.	VT		
Friend/family used them	39%	35%		
To try to quit other tobacco	7%	5%		
Cost less than other tobacco	2%	1%		
Easier to get than other tobacco	٠	1%	Too few students	
Less harmful than other tobacco	6%	8%		
Available in flavors	17%	17%		
Used for some other reason	29%	33%		



AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE				
	Cal.	VT		
1 or 2 days	32%	37%		
3 to 5 days	14%	19%		
6 to 9 days	9%	11%		
10 to 19 days	18%	12%		
20 to 29 days	8%	7%		
All 30 days	18%	15%		

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS					
		Cal.	VT		
Overall		44%	33%	Overall Differences: State vs County	
Sex	Male	53%	37%	County > VT	
	Female	•	26%	Within County Differences	
Grade	Grade 9		29%	Too few students by sex	
	Grade 10		36%	Too few students in at least one grade	
	Grade 11		31%	Too few students by race	
	Grade 12		34%	Too few students by sexual orientation	
Race	WnH	42%	44%		
	REM		30%		
Sexual Orientation	Het/Cis	40%	32%		
	LGBT		37%		



AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18					
	Cal.	VT			
Bought them in a store		8%	Too few students		
I got them on the Internet	10%	10%			
Someone else bought them	13%	14%			
Borrowed them	38%	38%			
A person 18 or older gave me	13%	11%			
Took them from a store		2%	Too few students		
Some other way	21%	18%			

	USED SMO	KELESS TO	OBACCO,	PAST 30 DAYS
		Cal.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	8%	8%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 9	4%	3%	Males > Females
	Grade 10	4%	5%	LGBT > Het/CIS
	Grade 11	4%	6%	
	Grade 12	8%	7%	
Race	WnH	4%	5%	
	REM	7%	7%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	10%	5%	



SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS				
		Cal.	VT	
Overall		7%	9%	Overall Differences: State vs County
Sex	Male	9%	13%	VT > County
	Female	5%	6%	Within County Differences
Grade	Grade 9	3%	4%	Males > Females
	Grade 10	6%	7%	12 > 9
	Grade 11	5%	10%	12 > 11
	Grade 12	11%	15%	LGBT > Het/CIS
Race	WnH	6%	9%	
	REM	9%	10%	
Sexual Orientation	Het/Cis	6%	9%	
	LGBT	12%	12%	

	TO QUIT USING ALL TOBACCO PRODUCTS, AMONG ITS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR				
		Cal.	VT		
Overall		43%	33%	Overall Differences: State vs County	
Sex	Male	37%	30%	County > VT	
	Female	51%	37%	Within County Differences	
Grade	Grade 9		33%	Too few students in at least one grade	
	Grade 10		35%	Too few students by sexual orientation	
	Grade 11	39%	32%		
	Grade 12	49%	32%		
Race	WnH	41%	33%		
	REM	46%	33%		
Sexual Orientation	Het/Cis	42%	32%		
	LGBT		43%		



	DRAN	K ALCOH	OL, PAST	30 DAYS
		Cal.	VT	
Overall		23%	33%	Overall Differences: State vs County
Sex	Male	22%	32%	VT > County
	Female	25%	34%	Within County Differences
Grade	Grade 9	13%	20%	11 > 9
	Grade 10	19%	30%	12 > 9
	Grade 11	23%	36%	12 > 10
	Grade 12	39%	46%	12 > 11
Race	WnH	25%	34%	
	REM	21%	29%	
Sexual Orientation	Het/Cis	23%	33%	
	LGBT	28%	37%	

	BIN	GE DRAN	K, PAST 30) DAYS
		Cal.	VT	
Overall		11%	17%	Overall Differences: State vs County
Sex	Male	10%	17%	VT > County
	Female	13%	17%	Within County Differences
Grade	Grade 9	7%	8%	12 > 9
	Grade 10	7%	14%	12 > 10
	Grade 11	12%	19%	
	Grade 12	20%	27%	
Race	WnH	12%	17%	
	REM	9%	16%	
Sexual Orientation	Het/Cis	11%	17%	
	LGBT	15%	18%	



AMONG CUI	AMONG CURRENT USERS: FREQUENCY OF DRINKING					
	Cal.	VT				
1 or 2 days	49%	49%				
3 to 5 days	28%	26%				
6 to 9 days	11%	13%				
10 to 19 days	6%	7%				
20 to 29 days		2%	Too few students			
All 30 days	6%	3%				

A	MONG CUR	RENT USF	ERS: DRAN	NK ON 10+ DAYS
		Cal.	VT	
Overall		12%	12%	Overall Differences: State vs County
Sex	Male	17%	15%	VT and County are Similar
	Female	7%	9%	Within County Differences
Grade	Grade 9		11%	Too few students in at least one grade
	Grade 10	13%	11%	Too few students by race
	Grade 11	12%	12%	Too few students by sexual orientation
	Grade 12	11%	13%	
Race	WnH	9%	22%	
	REM		10%	
Sexual Orientation	Het/Cis	10%	11%	
	LGBT		18%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED				
	Cal.	VT		
1 or 2 drinks	36%	35%		
3 drinks	7%	6%		
4 drinks	8%	8%		
5 drinks	12%	13%		
6 or 7 drinks	12%	15%		
8 or 9 drinks	6%	8%		
10 or more drinks	19%	14%		

AMONG	CURRENT	USERS: BI	NGE DRAI	NK (4+ females; 5+ males)
		Cal.	VT	
Overall		56%	57%	Overall Differences: State vs County
Sex	Male	54%	59%	VT and County are Similar
	Female	56%	55%	Within County Differences
Grade	Grade 9		46%	Too few students in at least one grade
	Grade 10		53%	Too few students by race
	Grade 11	59%	57%	Too few students by sexual orientation
	Grade 12	58%	63%	
Race	WnH	57%	61%	
	REM	٠	56%	
Sexual Orientation	Het/Cis	54%	57%	
	LGBT		55%	



AMONG CURRENT USERS: ALCOHOL SOURCE				
	Cal.	VT		
Bought in store	4%	3%		
Bought in restaurant	6%	2%	County > VT	
Bought at public event		0%	Too few students	
I gave someone money to buy	21%	23%		
Someone gave it to me	40%	40%		
Took from store/family	8%	12%		
Some other way	19%	20%		

	USED	MARIJUA	NA, PAST	30 DAYS
		Cal.	VT	
Overall		14%	24%	Overall Differences: State vs County
Sex	Male	13%	24%	VT > County
	Female	15%	23%	Within County Differences
Grade	Grade 9	7%	15%	11 > 9
	Grade 10	14%	22%	12 > 9
	Grade 11	15%	25%	LGBT > Het/CIS
	Grade 12	19%	32%	
Race	WnH	14%	23%	
	REM	14%	24%	
Sexual Orientation	Het/Cis	12%	23%	
	LGBT	30%	33%	



AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE				
	Cal.	VT		
1 or 2 times	42%	34%	County > VT	
3 to 9 times	19%	25%		
10 to 19 times	9%	12%		
20 to 39 times	5%	10%		
40 or more times	25%	20%		

AMON	NG CURREN	T USERS:	USED MA	RIJUANA 10+ TIMES
		Cal.	VT	
Overall		39%	41%	Overall Differences: State vs County
Sex	Male	44%	47%	VT and County are Similar
	Female	34%	35%	Within County Differences
Grade	Grade 9		37%	Too few students in at least one grade
	Grade 10		40%	Too few students by race
	Grade 11		41%	Too few students by sexual orientation
	Grade 12		43%	
Race	WnH	34%	53%	
	REM		39%	
Sexual Orientation	Het/Cis	31%	40%	
	LGBT		49%	



AMONG CURRENT	USERS: PR	IMARY V	VAY MARIJUANA USED
	Cal.	VT	
Smoked it	89%	91%	
Ate in food		4%	Too few students
Drank in tea or other drink	4%	1%	County > VT
Vaporized	•	2%	Too few students
Some other way	4%	2%	

M	ISUSED A P	RESCRIPT	TON DRU	G, PAST 30 DAYS
		Cal.	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	4%	6%	VT and County are Similar
	Female	4%	5%	Within County Differences
Grade	Grade 9	3%	4%	12 > 10
	Grade 10	2%	5%	12 > 11
	Grade 11	3%	5%	
	Grade 12	8%	7%	
Race	WnH	4%	5%	
	REM	7%	9%	
Sexual Orientation	Het/Cis	3%	5%	
	LGBT	8%	11%	



WERE	OFFFRED	SOLD OR	GIVEN A	N ILLEGAL DRUG AT
WERE	OFFERED,	SCHOOL,		
		Cal.	VT	
Overall		12%	15%	Overall Differences: State vs County
Sex	Male	13%	17%	VT > County
	Female	11%	13%	Within County Differences
Grade	Grade 9	12%	14%	LGBT > Het/CIS
	Grade 10	9%	16%	
	Grade 11	12%	16%	
	Grade 12	14%	14%	
Race	WnH	12%	15%	
	REM	10%	17%	
Sexual Orientation	Het/Cis	11%	14%	
	LGBT	22%	23%	

ATTEND	ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR				
		Cal.	VT		
Overall		8%	13%	Overall Differences: State vs County	
Sex	Male	8%	14%	VT > County	
	Female	7%	12%	Within County Differences	
Grade	Grade 9	6%	9%	REM > WnH	
	Grade 10	8%	12%	LGBT > Het/CIS	
	Grade 11	7%	14%		
	Grade 12	9%	18%		
Race	WnH	6%	13%		
	REM	12%	16%		
Sexual Orientation	Het/Cis	6%	12%		
	LGBT	20%	23%		



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		Cal.	VT	
Overall		27%	25%	Overall Differences: State vs County
Sex	Male	29%	25%	VT and County are Similar
	Female	25%	24%	Within County Differences
Grade	Grade 9	36%	32%	9 > 11
	Grade 10	32%	26%	9 > 12
	Grade 11	23%	21%	10 > 12
	Grade 12	19%	20%	10 > 11
Race	WnH	22%	23%	REM > WnH
	REM	40%	31%	
Sexual Orientation	Het/Cis	27%	25%	
	LGBT	33%	25%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES				
		Cal.	VT	
Overall		82%	84%	Overall Differences: State vs County
Sex	Male	81%	82%	VT and County are Similar
	Female	83%	86%	Within County Differences
Grade	Grade 9	93%	90%	9 > 10
	Grade 10	86%	88%	9 > 11
	Grade 11	80%	83%	9 > 12
	Grade 12	70%	75%	10 > 12
Race	WnH	84%	85%	11 > 12
	REM	76%	81%	WnH > REM
Sexual Orientation	Het/Cis	84%	85%	Het/CIS > LGBT



LGBT

67%

74%

THINK IT		G OR VERY GE TO DR		FOR SOMEONE THEIR OHOL
		Cal.	VT	
Overall		59%	54%	Overall Differences: State vs County
Sex	Male	57%	55%	County > VT
	Female	60%	54%	Within County Differences
Grade	Grade 9	78%	71%	9 > 11
	Grade 10	69%	59%	9 > 12
	Grade 11	50%	48%	10 > 12
	Grade 12	41%	39%	10 > 11
Race	WnH	62%	54%	WnH > REM
	REM	49%	58%	
Sexual Orientation	Het/Cis	59%	54%	
	LGBT	52%	51%	

THINK I	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		Cal.	VT		
Overall		67%	55%	Overall Differences: State vs County	
Sex	Male	68%	56%	County > VT	
	Female	67%	55%	Within County Differences	
Grade	Grade 9	79%	69%	9 > 11	
	Grade 10	76%	60%	9 > 12	
	Grade 11	63%	51%	10 > 12	
	Grade 12	52%	42%	10 > 11	
Race	WnH	66%	55%	11 > 12	
	REM	68%	58%	Het/CIS > LGBT	
Sexual Orientation	Het/Cis	70%	57%		
	LGBT	42%	40%		



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		Cal.	VT	
Overall		89%	91%	Overall Differences: State vs County
Sex	Male	87%	90%	VT > County
	Female	91%	93%	Within County Differences
Grade	Grade 9	94%	94%	9 > 12
	Grade 10	92%	94%	10 > 12
	Grade 11	89%	91%	WnH > REM
	Grade 12	82%	87%	
Race	WnH	92%	92%	
	REM	78%	87%	
Sexual Orientation	Het/Cis	89%	92%	
	LGBT	85%	86%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Cal.	VT	
Overall		64%	66%	Overall Differences: State vs County
Sex	Male	61%	64%	VT and County are Similar
	Female	68%	67%	Within County Differences
Grade	Grade 9	74%	78%	9 > 11
	Grade 10	72%	71%	9 > 12
	Grade 11	62%	63%	10 > 12
	Grade 12	48%	50%	10 > 11
Race	WnH	67%	65%	11 > 12
	REM	56%	67%	WnH > REM
Sexual Orientation	Het/Cis	65%	66%	
	LGBT	56%	60%	



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		Cal.	VT	
Overall		80%	76%	Overall Differences: State vs County
Sex	Male	78%	75%	County > VT
	Female	81%	77%	Within County Differences
Grade	Grade 9	86%	83%	9 > 12
	Grade 10	83%	79%	10 > 12
	Grade 11	81%	75%	11 > 12
	Grade 12	68%	69%	Het/CIS > LGBT
Race	WnH	80%	76%	
	REM	77%	75%	
Sexual Orientation	Het/Cis	82%	78%	
	LGBT	68%	63%	



PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY					
	Cal.	VT			
No risk	6%	5%			
Slight risk	11%	9%	County > VT		
Moderate risk	20%	18%			
Great risk	63%	68%	VT > County		

		E OR MOR		IING THEMSELVES IF OF CIGARETTES PER
		Cal.	VT	
Overall		63%	68%	Overall Differences: State vs County
Sex	Male	63%	66%	VT > County
	Female	65%	70%	Within County Differences
Grade	Grade 9	66%	64%	WnH > REM
	Grade 10	65%	68%	
	Grade 11	61%	68%	
	Grade 12	62%	72%	
Race	WnH	66%	69%	
	REM	56%	62%	
Sexual Orientation	Het/Cis	63%	68%	
	LGBT	63%	68%	



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

PERCEIVEL		HARM FR ACH WEE	OM BINGE DRINKING K
	Cal.	VT	
No risk	7%	6%	
Slight risk	16%	19%	VT > County
Moderate risk	36%	39%	
Great risk	41%	36%	County > VT

	AVE FIVE (DRINKS O	F ALCOHOL ONCE OR END
		Cal.	VT	
Overall		41%	36%	Overall Differences: State vs County
Sex	Male	36%	32%	County > VT
	Female	47%	41%	Within County Differences
Grade	Grade 9	51%	38%	Females > Males
	Grade 10	47%	39%	9 > 11
	Grade 11	35%	35%	9 > 12
	Grade 12	33%	32%	10 > 12
Race	WnH	41%	35%	10 > 11
	REM	42%	39%	
Sexual Orientation	Het/Cis	41%	35%	
	LGBT	40%	38%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF



PERCEI		OF HARM RIJUANA	I FROM REGULAR USE
	Cal.	VT	
No risk	19%	21%	
Slight risk	21%	29%	VT > County
Moderate risk	25%	26%	
Great risk	34%	24%	County > VT

THINK				IING THEMSELVES IF GULARLY
		Cal.	VT	
Overall		34%	24%	Overall Differences: State vs County
Sex	Male	31%	21%	County > VT
	Female	38%	28%	Within County Differences
Grade	Grade 9	47%	32%	9 > 11
	Grade 10	40%	26%	9 > 12
	Grade 11	27%	22%	10 > 12
	Grade 12	26%	18%	10 > 11
Race	WnH	30%	23%	REM > WnH
	REM	45%	29%	Het/CIS > LGBT
Sexual Orientation	Het/Cis	36%	25%	
	LGBT	23%	16%	



PEI	RCEIVED A	ACCESS T	O CIGARETTES
	Cal.	VT	
Very hard	24%	24%	
Sort of hard	21%	21%	
Sort of easy	21%	22%	
Very easy	35%	32%	

SAY IF T				Г WOULD BE SORT OF HEM TO GET
		Cal.	VT	
Overall		55%	55%	Overall Differences: State vs County
Sex	Male	57%	57%	VT and County are Similar
	Female	53%	52%	Within County Differences
Grade	Grade 9	40%	38%	11 > 9
	Grade 10	49%	48%	12 > 9
	Grade 11	59%	57%	12 > 10
	Grade 12	72%	75%	12 > 11
Race	WnH	55%	55%	
	REM	60%	54%	
Sexual Orientation	Het/Cis	55%	54%	
	LGBT	61%	61%	



PI	ERCEIVED	ACCESS	TO ALCOHOL
	Cal.	VT	
Very hard	20%	15%	County > VT
Sort of hard	20%	18%	County > VT
Sort of easy	27%	31%	VT > County
Very easy	32%	37%	VT > County

SAY IF TH		ED ALCOH RY EASY		OULD BE SORT OF EASY M TO GET
		Cal.	VT	
Overall		59%	68%	Overall Differences: State vs County
Sex	Male	58%	67%	VT > County
	Female	61%	69%	Within County Differences
Grade	Grade 9	51%	58%	12 > 9
	Grade 10	56%	67%	12 > 10
	Grade 11	61%	72%	WnH > REM
	Grade 12	67%	74%	
Race	WnH	64%	69%	
	REM	49%	62%	
Sexual Orientation	Het/Cis	60%	68%	
	LGBT	59%	73%	



PE	RCEIVED .	ACCESS T	O MARIJUANA
	Cal.	VT	
Very hard	37%	27%	County > VT
Sort of hard	18%	15%	County > VT
Sort of easy	19%	22%	
Very easy	27%	37%	VT > County

SAY IF				WOULD BE SORT OF HEM TO GET
		Cal.	VT	
Overall		46%	58%	Overall Differences: State vs County
Sex	Male	45%	59%	VT > County
	Female	47%	57%	Within County Differences
Grade	Grade 9	36%	43%	11 > 9
	Grade 10	40%	56%	12 > 9
	Grade 11	52%	65%	12 > 10
	Grade 12	54%	69%	11 > 10
Race	WnH	51%	59%	WnH > REM
	REM	36%	54%	LGBT > Het/CIS
Sexual Orientation	Het/Cis	44%	58%	
	LGBT	60%	66%	



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

LIFETI	LIFETIME SEXUAL CONTACTS: MALES				
	Cal.	VT			
Never had sexual contact	42%	42%			
Females	53%	54%			
Males	2%	2%			
Females and males	3%	2%			

LIFETIME SEXUAL CONTACTS: FEMALES				
	Cal.	VT		
Never had sexual contact	48%	43%	County > VT	
Females	2%	2%		
Males	45%	48%		
Females and males	5%	7%	VT > County	



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

	EVER	HAD SEXU	JAL INTEI	RCOURSE
		Cal.	VT	
Overall		40%	40%	Overall Differences: State vs County
Sex	Male	40%	40%	VT and County are Similar
	Female	40%	40%	Within County Differences
Grade	Grade 9	21%	19%	10 > 9
	Grade 10	31%	33%	11 > 9
	Grade 11	44%	48%	12 > 9
	Grade 12	64%	61%	12 > 10
Race	WnH	42%	40%	11 > 10
	REM	38%	39%	12 > 11
Sexual Orientation	Het/Cis	40%	40%	
	LGBT	48%	47%	

	HAVE HAD 4+ LIFETIME PARTNERS				
		Cal.	VT		
Overall		9%	9%	Overall Differences: State vs County	
Sex	Male	9%	9%	VT and County are Similar	
	Female	9%	8%	Within County Differences	
Grade	Grade 9	5%	3%	12 > 9	
	Grade 10	5%	6%	12 > 10	
	Grade 11	8%	10%	12 > 11	
	Grade 12	19%	16%	LGBT > Het/CIS	
Race	WnH	9%	8%		
	REM	12%	12%		
Sexual Orientation	Het/Cis	9%	8%		
	LGBT	16%	15%		



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		EVER HA	D ORAL S	EX
		Cal.	VT	
Overall		40%	42%	Overall Differences: State vs County
Sex	Male	41%	42%	VT and County are Similar
	Female	39%	42%	Within County Differences
Grade	Grade 9	22%	23%	10 > 9
	Grade 10	32%	37%	11 > 9
	Grade 11	43%	49%	12 > 9
	Grade 12	61%	60%	12 > 10
Race	WnH	42%	43%	11 > 10
	REM	36%	40%	12 > 11
Sexual Orientation	Het/Cis	39%	42%	
	LGBT	50%	52%	

WERE	WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		Cal.	VT		
Overall		12%	10%	Overall Differences: State vs County	
Sex	Male	11%	9%	VT and County are Similar	
	Female	14%	12%	Within County Differences	
Grade	Grade 9	9%	7%	12 > 9	
	Grade 10	11%	9%	12 > 10	
	Grade 11	12%	12%		
	Grade 12	19%	14%		
Race	WnH	11%	10%		
	REM	16%	13%		
Sexual Orientation	Het/Cis	12%	10%		
	LGBT	15%	15%		



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

HAD SE	HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		Cal.	VT		
Overall		32%	31%	Overall Differences: State vs County	
Sex	Male	30%	29%	VT and County are Similar	
	Female	34%	32%	Within County Differences	
Grade	Grade 9	15%	13%	10 > 9	
	Grade 10	24%	24%	11 > 9	
	Grade 11	36%	37%	12 > 9	
	Grade 12	51%	48%	12 > 10	
Race	WnH	34%	31%	11 > 10	
	REM	29%	29%	12 > 11	
Sexual Orientation	Het/Cis	31%	31%		
	LGBT	39%	34%		

	USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
		Cal.	VT			
Overall		16%	20%	Overall Differences: State vs County		
Sex	Male	14%	22%	VT and County are Similar		
	Female	18%	17%	Within County Differences		
Grade	Grade 9		24%	Too few students in at least one grade		
	Grade 10	22%	22%	Too few students by sexual orientation		
	Grade 11	13%	18%			
	Grade 12	18%	19%			
Race	WnH	15%	18%			
	REM	20%	29%			
Sexual Orientation	Het/Cis	15%	18%			
	LGBT		31%			



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG **CURRENTLY SEXUALLY ACTIVE STUDENTS** Cal. VT No method was used 7% 6% VT > County Birth control pills 24% 32% 38% 35% Condoms IUD or implant 17% 13% Shot/patch/birth control County > VT 8% 5% ring Withdrawal/other 5% 5% method 2% Not sure 2%

IMPLAN	IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
		Cal.	VT			
Overall		49%	50%	Overall Differences: State vs County		
Sex	Male	41%	40%	VT and County are Similar		
	Female	57%	60%	Within County Differences		
Grade	Grade 9		29%	Females > Males		
	Grade 10	56%	44%	Too few students in at least one grade		
	Grade 11	46%	51%	WnH > REM		
	Grade 12	57%	59%	Too few students by sexual orientation		
Race	WnH	54%	53%			
	REM	33%	36%			
Sexual Orientation	Het/Cis	49%	52%			
	LGBT		39%			

LISED PRESCRIPTION BIRTH CONTROL (PILLS: AN HID OR



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

COND	CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
		Cal.	VT			
Overall		59%	56%	Overall Differences: State vs County		
Sex	Male	68%	61%	VT and County are Similar		
	Female	54%	52%	Within County Differences		
Grade	Grade 9		64%	Too few students in at least one grade		
	Grade 10	62%	61%	Too few students by sexual orientation		
	Grade 11	63%	58%			
	Grade 12	51%	51%			
Race	WnH	58%	57%			
	REM	64%	54%			
Sexual Orientation	Het/Cis	61%	58%			
	LGBT		45%			

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Cal.	VT	
Overall		19%	19%	Overall Differences: State vs County
Sex	Male	18%	15%	VT and County are Similar
	Female	21%	22%	Within County Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10	22%	19%	Too few students by sexual orientation
	Grade 11	21%	20%	
	Grade 12	20%	20%	
Race	WnH	20%	20%	
	REM	16%	13%	
Sexual Orientation	Het/Cis	19%	20%	
	LGBT		13%	



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS Cal. VT

		Cal.	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	6%	8%	VT and County are Similar
	Female	5%	7%	Within County Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10		9%	Too few students by sexual orientation
	Grade 11	8%	6%	
	Grade 12		6%	
Race	WnH	4%	6%	
	REM	10%	13%	
Sexual Orientation	Het/Cis	3%	5%	
	LGBT		22%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

ov	OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		Cal.	VT		
Overall		14%	14%	Overall Differences: State vs County	
Sex	Male	14%	14%	VT and County are Similar	
	Female	13%	15%	Within County Differences	
Grade	Grade 9	14%	14%	10 > 12	
	Grade 10	17%	15%		
	Grade 11	14%	14%		
	Grade 12	10%	13%		
Race	WnH	13%	14%		
	REM	15%	14%		
Sexual Orientation	Het/Cis	13%	14%		
	LGBT	13%	16%		

OBI	ESE (BMI >9	95th PERCI	ENTILE FO	OR AGE AND SEX)
		Cal.	VT	
Overall		12%	13%	Overall Differences: State vs County
Sex	Male	14%	15%	VT and County are Similar
	Female	10%	10%	Within County Differences
Grade	Grade 9	11%	12%	WnH > REM
	Grade 10	9%	12%	
	Grade 11	14%	14%	
	Grade 12	15%	13%	
Race	WnH	14%	14%	
	REM	7%	12%	
Sexual Orientation	Het/Cis	11%	12%	
	LGBT	19%	19%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

PER	PERCEPTIONS OF OWN WEIGHT			
	Cal.	VT		
Very underweight	1%	2%		
Slightly underweight	12%	12%		
About the right weight	56%	56%		
Slightly overweight	25%	25%		
Very overweight	5%	5%		

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT					
		Cal.	VT		
Overall		30%	30%	Overall Differences: State vs County	
Sex	Male	22%	25%	VT and County are Similar	
	Female	39%	36%	Within County Differences	
Grade	Grade 9	27%	29%	Females > Males	
	Grade 10	35%	30%	LGBT > Het/CIS	
	Grade 11	31%	30%		
	Grade 12	27%	33%		
Race	WnH	30%	30%		
	REM	29%	30%		
Sexual Orientation	Het/Cis	28%	28%		
	LGBT	51%	46%		



SECTION 6: BMI AND WEIGHT PERCEPTIONS

WHAT ONE IS TRYING TO DO ABOUT WEIGHT					
	Cal.	VT			
Lose weight	42%	42%			
Gain weight	16%	15%			
Stay the same weight	20%	18%			
Not trying to do anything	23%	25%			

	WERI	E TRYING	TO LOSE	WEIGHT
		Cal.	VT	
Overall		42%	42%	Overall Differences: State vs County
Sex	Male	26%	28%	VT and County are Similar
	Female	58%	57%	Within County Differences
Grade	Grade 9	41%	41%	Females > Males
	Grade 10	47%	42%	REM > WnH
	Grade 11	38%	41%	LGBT > Het/CIS
	Grade 12	40%	44%	
Race	WnH	39%	42%	
	REM	49%	42%	
Sexual Orientation	Het/Cis	40%	40%	
	LGBT	58%	55%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK					
	Cal.	VT			
0 days	12%	13%			
1 day	6%	7%			
2 days	8%	9%			
3 days	9%	12%	VT > County		
4 days	9%	11%	VT > County		
5 days	13%	14%			
6 days	14%	10%	County > VT		
7 days	30%	25%	County > VT		

WERE PI	HYSICALLY		AT LEAST L 7 DAYS	60 MINUTES PER DAY
		Cal.	VT	
Overall		30%	25%	Overall Differences: State vs County
Sex	Male	39%	33%	County > VT
	Female	21%	17%	Within County Differences
Grade	Grade 9	32%	27%	Males > Females
	Grade 10	36%	27%	10 > 12
	Grade 11	31%	24%	Het/CIS > LGBT
	Grade 12	23%	23%	
Race	WnH	30%	25%	
	REM	31%	27%	
Sexual Orientation	Het/Cis	32%	27%	
	LGBT	18%	14%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK					
		Cal.	VT		
Overall		57%	49%	Overall Differences: State vs County	
Sex	Male	62%	56%	County > VT	
	Female	52%	42%	Within County Differences	
Grade	Grade 9	63%	53%	Males > Females	
	Grade 10	60%	50%	9 > 12	
	Grade 11	58%	47%	10 > 12	
	Grade 12	48%	47%	Het/CIS > LGBT	
Race	WnH	59%	50%		
	REM	53%	46%		
Sexual Orientation	Het/Cis	62%	52%		
	LGBT	26%	29%		

	DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK						
		Cal.	VT				
Overall		12%	13%	Overall Differences: State vs County			
Sex	Male	12%	11%	VT and County are Similar			
	Female	11%	14%	Within County Differences			
Grade	Grade 9	8%	10%	12 > 9			
	Grade 10	8%	12%	12 > 10			
	Grade 11	11%	14%	12 > 11			
	Grade 12	20%	15%	LGBT > Het/CIS			
Race	WnH	10%	12%				
	REM	15%	17%				
Sexual Orientation	Het/Cis	10%	11%				
	LGBT	29%	23%				



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK				
	Cal.	VT		
Do not watch TV	6%	3%	County > VT	
Less than 1 hour per day	10%	8%		
1 hour per day	14%	12%		
2 hours per day	24%	23%		
3 hours per day	19%	21%		
4 hours per day	12%	13%		
5 or more hours per day	16%	19%	VT > County	

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK					
		Cal.	VT		
Overall		47%	53%	Overall Differences: State vs County	
Sex	Male	46%	53%	VT > County	
	Female	47%	52%	Within County Differences	
Grade	Grade 9	45%	53%	LGBT > Het/CIS	
	Grade 10	51%	53%		
	Grade 11	47%	51%		
	Grade 12	42%	53%		
Race	WnH	47%	52%		
	REM	48%	57%		
Sexual Orientation	Het/Cis	45%	51%		
	LGBT	60%	67%		



ATE FR		ANK 100% IES PER D		JICES TWO OR MORE WEEK
		Cal.	VT	
Overall		36%	33%	Overall Differences: State vs County
Sex	Male	36%	32%	County > VT
	Female	36%	33%	Within County Differences
Grade	Grade 9	40%	33%	
	Grade 10	35%	33%	
	Grade 11	34%	32%	
	Grade 12	37%	32%	
Race	WnH	35%	32%	
	REM	40%	35%	
Sexual Orientation	Het/Cis	36%	33%	
	LGBT	38%	29%	

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK						
		Cal.	VT			
Overall		22%	18%	Overall Differences: State vs County		
Sex	Male	23%	18%	County > VT		
	Female	21%	18%	Within County Differences		
Grade	Grade 9	25%	17%			
	Grade 10	24%	18%			
	Grade 11	18%	17%			
	Grade 12	22%	19%			
Race	WnH	22%	17%			
	REM	23%	21%			
Sexual Orientation	Het/Cis	22%	18%			
	LGBT	22%	18%			



SODA CONSUMPTION, PAST WEEK				
	Cal.	VT		
Did not drink soda or pop	38%	37%		
1 to 3 times	40%	40%		
4 to 6 times	12%	12%		
1 time per day	4%	4%		
2 times per day	2%	3%	VT > County	
3 times per day	2%	1%		
4 or more times per day	2%	3%		

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK						
		Cal.	VT			
Overall		10%	11%	Overall Differences: State vs County		
Sex	Male	15%	16%	VT and County are Similar		
	Female	5%	6%	Within County Differences		
Grade	Grade 9	11%	11%	Males > Females		
	Grade 10	10%	11%			
	Grade 11	10%	11%			
	Grade 12	9%	12%			
Race	WnH	10%	10%			
	REM	10%	14%			
Sexual Orientation	Het/Cis	10%	11%			
	LGBT	10%	12%			



SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK				
	Cal.	VT		
Did not drink sugar-sweetened	27%	28%		
1 to 3 times	44%	44%		
4 to 6 times	15%	15%		
1 time per day	5%	6%		
2 times per day	3%	3%		
3 times per day	2%	1%		
4 or more times per day	3%	2%		

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK					
		Cal.	VT		
Overall		13%	12%	Overall Differences: State vs County	
Sex	Male	15%	15%	VT and County are Similar	
	Female	10%	9%	Within County Differences	
Grade	Grade 9	15%	12%	Males > Females	
	Grade 10	12%	12%		
	Grade 11	15%	13%		
	Grade 12	9%	13%		
Race	WnH	12%	12%		
	REM	13%	15%		
Sexual Orientation	Het/Cis	12%	12%		
	LGBT	17%	13%		



WATER CONSUMPTION, PAST			
	Cal.	VT	
Did not drink water	5%	4%	
1 to 3 times	10%	9%	
4 to 6 times	11%	11%	
1 time per day	9%	9%	
2 times per day	16%	16%	
3 times per day	18%	19%	
4 or more times per day	33%	33%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK					
		Cal.	VT		
Overall		51%	52%	Overall Differences: State vs County	
Sex	Male	48%	51%	VT and County are Similar	
	Female	53%	53%	Within County Differences	
Grade	Grade 9	47%	50%		
	Grade 10	54%	53%		
	Grade 11	48%	51%		
	Grade 12	53%	55%		
Race	WnH	53%	52%		
	REM	46%	50%		
Sexual Orientation	Het/Cis	50%	53%		
	LGBT	57%	49%		



BREAKFAST CONSUMPTION, PAST WEEK					
	Cal.	VT			
0 days	11%	11%			
1 day	6%	6%			
2 days	9%	9%			
3 days	7%	10%	VT > County		
4 days	10%	8%			
5 days	8%	9%			
6 days	6%	7%			
7 days	42%	40%			

	DID NOT EAT BREAKFAST, PAST WEEK				
		Cal.	VT		
Overall		11%	11%	Overall Differences: State vs County	
Sex	Male	13%	11%	VT and County are Similar	
	Female	10%	10%	Within County Differences	
Grade	Grade 9	9%	10%	LGBT > Het/CIS	
	Grade 10	12%	11%		
	Grade 11	12%	10%		
	Grade 12	12%	11%		
Race	WnH	11%	10%		
	REM	13%	13%		
Sexual Orientation	Het/Cis	10%	10%		
	LGBT	21%	14%		



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS					
	Cal.	VT			
Never	73%	75%			
Rarely	13%	15%			
Sometimes	10%	7%	County > VT		
Most of the time	3%	2%			
Always	2%	1%	County > VT		

MC	MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS					
		Cal.	VT			
Overall		5%	3%	Overall Differences: State vs County		
Sex	Male	5%	3%	County > VT		
	Female	4%	2%	Within County Differences		
Grade	Grade 9	5%	3%	REM > WnH		
	Grade 10	4%	2%			
	Grade 11	6%	3%			
	Grade 12	4%	3%			
Race	WnH	3%	2%			
	REM	8%	6%			
Sexual Orientation	Het/Cis	4%	3%			
	LGBT	6%	5%			



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		Cal.	VT	
Overall		9%	4%	Overall Differences: State vs County
Sex	Male	11%	4%	County > VT
	Female	7%	3%	Within County Differences
Grade	Grade 9	9%	3%	REM > WnH
	Grade 10	7%	3%	
	Grade 11	8%	4%	
	Grade 12	12%	5%	
Race	WnH	4%	9%	
	REM	25%	3%	
Sexual Orientation	Het/Cis	8%	3%	
	LGBT	15%	7%	



ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	Cal.	VT			
0 days	24%	9%	County > VT		
1 day	4%	4%			
2 days	4%	4%			
3 days	6%	6%			
4 days	6%	8%			
5 days	10%	13%	VT > County		
6 days	9%	12%	VT > County		
7 days	37%	44%	VT > County		

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		Cal.	VT	
Overall		62%	77%	Overall Differences: State vs County
Sex	Male	64%	80%	VT > County
	Female	61%	75%	Within County Differences
Grade	Grade 9	70%	83%	9 > 12
	Grade 10	72%	81%	10 > 12
	Grade 11	60%	76%	10 > 11
	Grade 12	49%	71%	11 > 12
Race	WnH	70%	79%	WnH > REM
	REM	39%	70%	Het/CIS > LGBT
Sexual Orientation	Het/Cis	64%	79%	
	LGBT	50%	65%	



	GRADES EARNED 1				
	Cal.	VT			
Mostly A's	38%	46%	VT > County		
Mostly B's	49%	39%	County > VT		
Mostly C's	12%	12%			
Mostly D's	1%	2%			
Mostly F's	1%	1%			

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		Cal.	VT		
Overall		79%	80%	Overall Differences: State vs County	
Sex	Male	79%	80%	VT and County are Similar	
	Female	80%	81%	Within County Differences	
Grade	Grade 9	78%	78%		
	Grade 10	78%	79%		
	Grade 11	82%	82%		
	Grade 12	78%	83%		
Race	WnH	80%	82%		
	REM	75%	74%		
Sexual Orientation	Het/Cis	81%	81%		
	LGBT	73%	76%		



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS						
Cal. VT						
Strongly agree	42%	21%	County > VT			
Agree	34%	44%	VT > County			
Not sure	11%	19%	VT > County			
Disagree	8%	11%	VT > County			
Strongly disagree	6%	5%				

				THEIR SCHOOL HAS ES FOR BEHAVIOR
		Cal.	VT	
Overall		76%	65%	Overall Differences: State vs County
Sex	Male	76%	69%	County > VT
	Female	76%	61%	Within County Differences
Grade	Grade 9	81%	67%	
	Grade 10	74%	65%	
	Grade 11	76%	64%	
	Grade 12	74%	63%	
Race	WnH	74%	65%	
	REM	81%	64%	
Sexual Orientation	Het/Cis	78%	67%	
	LGBT	69%	53%	



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	Cal.	VT			
Definitely will not	7%	5%	County > VT		
Probably will not	5%	5%			
Probably will	22%	22%			
Definitely will	54%	57%			
Not sure	13%	11%			

PROBAE	BLY OR DEI		WILL COM PROGRA	MPLETE A POST HIGH M
		Cal.	VT	
Overall		75%	79%	Overall Differences: State vs County
Sex	Male	69%	75%	VT > County
	Female	82%	83%	Within County Differences
Grade	Grade 9	72%	74%	Females > Males
	Grade 10	73%	77%	WnH > REM
	Grade 11	79%	81%	
	Grade 12	78%	83%	
Race	WnH	79%	80%	
	REM	67%	72%	
Sexual Orientation	Het/Cis	76%	80%	
	LGBT	77%	74%	



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
Cal. VT						
0 hours	28%	33%	VT > County			
1 to 4 hours	27%	27%				
5 to 9 hours	22%	17%	County > VT			
10 to 19 hours	16%	17%				
20 or more hours	6%	6%				

				TICIPATING IN YPICAL WEEK
		Cal.	VT	
Overall		22%	24%	Overall Differences: State vs County
Sex	Male	25%	24%	VT and County are Similar
	Female	20%	24%	Within County Differences
Grade	Grade 9	24%	21%	Het/CIS > LGBT
	Grade 10	19%	23%	
	Grade 11	23%	24%	
	Grade 12	24%	26%	
Race	WnH	23%	24%	
	REM	22%	22%	
Sexual Orientation	Het/Cis	24%	25%	
	LGBT	14%	16%	



MATTER	R TO PEOPI	LE IN THI	EIR COMMUNITY
	Cal.	VT	
Strongly agree	22%	19%	
Agree	40%	41%	
Not sure	27%	25%	
Disagree	7%	9%	VT > County
Strongly disagree	4%	5%	

				N THEIR COMMUNITY ER TO PEOPLE
		Cal.	VT	
Overall		61%	61%	Overall Differences: State vs County
Sex	Male	65%	65%	VT and County are Similar
	Female	59%	57%	Within County Differences
Grade	Grade 9	68%	61%	9 > 12
	Grade 10	61%	60%	Het/CIS > LGBT
	Grade 11	64%	60%	
	Grade 12	53%	62%	
Race	WnH	62%	62%	
	REM	60%	55%	
Sexual Orientation	Het/Cis	65%	64%	
	LGBT	42%	39%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY CALEDONIA COUNTY REPORT



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY CALEDONIA COUNTY REPORT

MIDDLE SCHOOL RESULTS

CALEDONIA COUNTY REPORT

http://www.healthvermont.gov/yrbs



MIDDLE SCHOOL	DEMOGRA	APHICS
	Cal.	VT
Total	847	16701

		Cal.	VT
Sex	Male	51%	52%
	Female	49%	48%
Grade	6th Grade	29%	24%
	7th Grade	37%	39%
	8th Grade	34%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	84%	81%
	Students of Color (REM)	16%	19%
Sexual Orientation	Heterosexual (Het)	93%	93%
	Lesbian, Gay, or Bisexual (LGB)	7%	7%



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WEDE	EXTED IN		AI EIGHT
	WERE	EVER IN A	A PHYSIC	AL FIGHT
		Cal.	VT	
Overall		50%	42%	Overall Differences: State vs County
Sex	Male	64%	56%	County > VT
	Female	35%	27%	Within County Differences
Grade	Grade 6	49%	40%	Males > Females
	Grade 7	50%	43%	REM > WnH
	Grade 8	50%	43%	Too few students by sexual orientation
Race	WnH	47%	40%	
	REM	65%	54%	
Sexual Orientation	Het	50%	43%	
	LGB		58%	

V	VERE EVER	R BULLIED	ON SCHO	OOL PROPERTY
·	, , , ,	Cal.	VT	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
Overall		53%	44%	Overall Differences: State vs County
Sex	Male	50%	39%	County > VT
	Female	56%	50%	Within County Differences
Grade	Grade 6	55%	44%	Too few students by sexual orientation
	Grade 7	54%	45%	
	Grade 8	51%	44%	
Race	WnH	53%	43%	
	REM	53%	48%	
Sexual Orientation	Het	52%	42%	
	LGB		73%	



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WERE EV	ER ELECT	RONICAL	LY BULLIED
		Cal.	VT	
Overall		26%	24%	Overall Differences: State vs County
Sex	Male	16%	16%	VT and County are Similar
	Female	37%	33%	Within County Differences
Grade	Grade 6	19%	18%	Females > Males
	Grade 7	27%	24%	8 > 6
	Grade 8	30%	28%	Too few students by sexual orientation
Race	WnH	25%	24%	
	REM	30%	29%	
Sexual Orientation	Het	25%	23%	
	LGB		55%	

	WEI	RE BULLIE	ED, PAST 3	0 DAYS
		Cal.	VT	
Overall		27%	22%	Overall Differences: State vs County
Sex	Male	23%	17%	County > VT
	Female	31%	26%	Within County Differences
Grade	Grade 6	29%	22%	Too few students by sexual orientation
	Grade 7	28%	22%	
	Grade 8	24%	21%	
Race	WnH	26%	20%	
	REM	32%	26%	
Sexual Orientation	Het	24%	19%	
	LGB		47%	



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	BULLIED	SOMEON	E ELSE, PA	AST 30 DAYS
		Cal.	VT	
Overall		11%	8%	Overall Differences: State vs County
Sex	Male	9%	8%	County > VT
	Female	13%	8%	Within County Differences
Grade	Grade 6	10%	7%	Too few students by sexual orientation
	Grade 7	12%	8%	
	Grade 8	10%	9%	
Race	WnH	11%	7%	
	REM	9%	11%	
Sexual Orientation	Het	11%	8%	
	LGB		15%	

		N THEIR V		HEY FELT UNSAFE AT R FROM SCHOOL,
		Cal.	VT	
Overall		11%	8%	Overall Differences: State vs County
Sex	Male	9%	7%	VT and County are Similar
	Female	11%	10%	Within County Differences
Grade	Grade 6	6%	8%	Too few students by sexual orientation
	Grade 7	12%	8%	
	Grade 8	12%	9%	
Race	WnH	10%	7%	
	REM	9%	12%	
Sexual Orientation	Het	7%	7%	
	LGB		23%	



SECTION 2: PERSONAL SAFETY CAR SAFETY

	SEA	TBELT U	SE
	Cal.	VT	
Never	1%	1%	
Rarely	2%	1%	
Sometimes	6%	3%	County > VT
Most of the time	17%	18%	
Always	75%	76%	

	RARELY	OR NEVE	R WEAR A	SEAT BELT
		Cal.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	3%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	2%	2%	Too few students by race
	Grade 8	4%	3%	Too few students by sexual orientation
Race	WnH	2%	2%	
	REM	•	5%	
Sexual Orientation	Het	2%	2%	
	LGB	•	4%	



SECTION 2: PERSONAL SAFETY CAR SAFETY

EVER :	RODE WIT		CR WHO H	AD BEEN DRINKING
		Cal.	VT	
Overall		31%	22%	Overall Differences: State vs County
Sex	Male	26%	20%	County > VT
	Female	36%	24%	Within County Differences
Grade	Grade 6	21%	15%	Females > Males
	Grade 7	32%	21%	8 > 6
	Grade 8	37%	27%	Too few students by sexual orientation
Race	WnH	32%	22%	
	REM	31%	24%	
Sexual Orientation	Het	32%	22%	
	LGB		34%	

EVE	R RODE W		VER WHO	HAD BEEN USING
		Cal.	VT	
Overall		12%	9%	Overall Differences: State vs County
Sex	Male	11%	7%	County > VT
	Female	12%	10%	Within County Differences
Grade	Grade 6	8%	5%	8 > 6
	Grade 7	8%	8%	8 > 7
	Grade 8	18%	12%	Too few students by sexual orientation
Race	WnH	10%	8%	
	REM	17%	14%	
Sexual Orientation	Het	10%	8%	
	LGB	•	23%	



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE				
	Cal.	VT		
Never wear a helmet	23%	16%	County > VT	
Rarely wear a helmet	18%	15%		
Sometimes wear a helmet	17%	15%		
Most of the time wear a helmet	21%	25%		
Always wear a helmet	21%	28%	VT > County	

R	ARELY OR	NEVER W	EAR A BIO	CYCLE HELMET
		Cal.	VT	
Overall		41%	31%	Overall Differences: State vs County
Sex	Male	41%	33%	County > VT
	Female	41%	29%	Within County Differences
Grade	Grade 6	35%	24%	8 > 6
	Grade 7	36%	30%	8 > 7
	Grade 8	51%	37%	Too few students by sexual orientation
Race	WnH	40%	28%	
	REM	50%	42%	
Sexual Orientation	Het	44%	32%	
	LGB		42%	



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HELMET USE	HELMET USE WHEN SKIING OR SNOWBOARDING				
	Cal.	VT			
Never wear a helmet	7%	5%			
Rarely wear a helmet	2%	2%			
Sometimes wear a helmet	4%	2%			
Most of the time wear a helmet	8%	7%			
Always wear a helmet	79%	83%			

RAREI	LY OR NEV		A HELME OARDING	ET WHEN SKIING OR G
		Cal.	VT	
Overall		9%	7%	Overall Differences: State vs County
Sex	Male	11%	8%	VT and County are Similar
	Female	6%	6%	Within County Differences
Grade	Grade 6	6%	7%	Too few students by sexual orientation
	Grade 7	10%	8%	
	Grade 8	11%	7%	
Race	WnH	8%	6%	
	REM	14%	12%	
Sexual Orientation	Het	9%	7%	
	LGB	•	11%	



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HAD A	CONCUSS	ION FROM PHYSICAL		G A SPORT OR BEING VE
		Cal.	VT	
Overall		19%	17%	Overall Differences: State vs County
Sex	Male	21%	19%	VT and County are Similar
	Female	19%	16%	Within County Differences
Grade	Grade 6	19%	17%	Too few students by sexual orientation
	Grade 7	22%	17%	
	Grade 8	17%	18%	
Race	WnH	19%	17%	
	REM	25%	21%	
Sexual Orientation	Het	20%	18%	
	LGB		21%	



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERF	WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		Cal.	VT			
Overall		35%	26%	Overall Differences: State vs County		
Sex	Male	36%	25%	County > VT		
	Female	33%	27%	Within County Differences		
Grade	Grade 6	33%	21%	8 > 7		
	Grade 7	29%	27%	Too few students by sexual orientation		
	Grade 8	42%	29%			
Race	WnH	33%	25%			
	REM	42%	32%			
Sexual Orientation	Het	36%	26%			
	LGB		51%			

WER			~ ~	MEONE WHO WAS AST 7 DAYS
		Cal.	VT	
Overall		26%	19%	Overall Differences: State vs County
Sex	Male	24%	17%	County > VT
	Female	28%	20%	Within County Differences
Grade	Grade 6	23%	15%	Too few students by sexual orientation
	Grade 7	23%	19%	
	Grade 8	33%	20%	
Race	WnH	26%	18%	
	REM	34%	23%	
Sexual Orientation	Het	27%	18%	
	LGB		38%	



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE				
	Cal.	VT		
Never	11%	9%		
Rarely	12%	14%		
Sometimes	23%	27%		
Most of the time	29%	29%		
Always	24%	21%		

MOST O		E OR ALW. THER TOB		ADS FOR CIGARETTES ODUCTS
		Cal.	VT	
Overall		54%	50%	Overall Differences: State vs County
Sex	Male	54%	51%	VT and County are Similar
	Female	53%	49%	Within County Differences
Grade	Grade 6	49%	42%	Too few students by sexual orientation
	Grade 7	55%	50%	
	Grade 8	56%	56%	
Race	WnH	53%	51%	
	REM	55%	52%	
Sexual Orientation	Het	55%	52%	
	LGB		61%	



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE A	ASKED BY	A DOCTOR SMOKED,		Γ, OR NURSE IF THEY AR
		Cal.	VT	
Overall		34%	30%	Overall Differences: State vs County
Sex	Male	32%	30%	VT and County are Similar
	Female	35%	31%	Within County Differences
Grade	Grade 6	24%	18%	8 > 6
	Grade 7	34%	29%	Too few students by sexual orientation
	Grade 8	42%	40%	
Race	WnH	34%	31%	
	REM	35%	34%	
Sexual Orientation	Het	34%	31%	
	LGB		43%	



SECTION 3: MENTAL HEALTH

	FELT S	AD OR HO	PELESS, P	PAST YEAR
		Cal.	VT	
Overall		20%	19%	Overall Differences: State vs County
Sex	Male	14%	12%	VT and County are Similar
	Female	27%	26%	Within County Differences
Grade	Grade 6	16%	16%	Females > Males
	Grade 7	18%	18%	REM > WnH
	Grade 8	26%	22%	Too few students by sexual orientation
Race	WnH	19%	18%	
	REM	31%	26%	
Sexual Orientation	Het	17%	16%	
	LGB		63%	

EVER SE	RIOUSLY	THOUGHT	ABOUT K	ILLING THEMSELVES
		Cal.	VT	
Overall		20%	18%	Overall Differences: State vs County
Sex	Male	15%	12%	VT and County are Similar
	Female	25%	23%	Within County Differences
Grade	Grade 6	14%	13%	Females > Males
	Grade 7	19%	17%	8 > 6
_	Grade 8	26%	22%	Too few students by sexual orientation
Race	WnH	20%	17%	
	REM	26%	24%	
Sexual Orientation	Het	17%	15%	
	LGB		60%	



SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		Cal.	VT	
Overall		13%	12%	Overall Differences: State vs County
Sex	Male	9%	8%	VT and County are Similar
	Female	17%	16%	Within County Differences
Grade	Grade 6	7%	7%	Females > Males
	Grade 7	12%	11%	8 > 6
_	Grade 8	20%	16%	Too few students by sexual orientation
Race	WnH	13%	11%	
	REM	20%	18%	
Sexual Orientation	Het	10%	10%	
	LGB		48%	

	EV	ER ATTEM	IPTED SU	ICIDE
		Cal.	VT	
Overall		7%	6%	Overall Differences: State vs County
Sex	Male	5%	3%	VT and County are Similar
	Female	9%	8%	Within County Differences
Grade	Grade 6	4%	3%	8 > 6
	Grade 7	5%	5%	8 > 7
	Grade 8	12%	8%	Too few students by sexual orientation
Race	WnH	7%	5%	
	REM	8%	10%	
Sexual Orientation	Het	5%	4%	
	LGB	•	30%	



SECTION 4: SUBSTANCE USE LIFETIME USE

	EVER SMOKED A WHOLE CIGARETTE				
		Cal.	VT		
Overall		9%	7%	Overall Differences: State vs County	
Sex	Male	9%	7%	VT and County are Similar	
	Female	9%	7%	Within County Differences	
Grade	Grade 6	5%	4%	8 > 6	
	Grade 7	7%	7%	8 > 7	
	Grade 8	17%	10%	Too few students by sexual orientation	
Race	WnH	10%	6%		
	REM	12%	12%		
Sexual Orientation	Het	9%	7%		
	LGB		23%		

E	VER USED	AN ELECT	RONIC VA	APOR PRODUCT
		Cal.	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	10%	9%	VT and County are Similar
	Female	10%	8%	Within County Differences
Grade	Grade 6	3%	3%	8 > 6
	Grade 7	8%	8%	8 > 7
_	Grade 8	18%	14%	Too few students by sexual orientation
Race	WnH	11%	8%	
	REM	8%	14%	
Sexual Orientation	Het	9%	9%	
	LGB	•	22%	



SECTION 4: SUBSTANCE USE LIFETIME USE

E	VER USED	A FLAVOR	RED TOBA	ACCO PRODUCT
		Cal.	VT	
Overall		7%	5%	Overall Differences: State vs County
Sex	Male	7%	5%	VT and County are Similar
	Female	6%	5%	Within County Differences
Grade	Grade 6	5%	2%	Too few students by sexual orientation
	Grade 7	5%	5%	
	Grade 8	10%	6%	
Race	WnH	7%	4%	
	REM	8%	8%	
Sexual Orientation	Het	6%	4%	
	LGB		14%	

	I	EVER DRAI	NK ALCOI	HOL
		Cal.	VT	
Overall		24%	19%	Overall Differences: State vs County
Sex	Male	26%	20%	County > VT
	Female	22%	17%	Within County Differences
Grade	Grade 6	16%	10%	8 > 6
	Grade 7	20%	17%	8 > 7
	Grade 8	35%	26%	Too few students by sexual orientation
Race	WnH	25%	18%	
	REM	28%	24%	
Sexual Orientation	Het	24%	19%	
	LGB		38%	



SECTION 4: SUBSTANCE USE LIFETIME USE

	I	EVER USED	MARIJU	ANA
		Cal.	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	8%	7%	VT and County are Similar
	Female	8%	7%	Within County Differences
Grade	Grade 6	4%	2%	8 > 6
	Grade 7	5%	6%	8 > 7
	Grade 8	15%	11%	Too few students by sexual orientation
Race	WnH	7%	6%	
	REM	14%	12%	
Sexual Orientation	Het	6%	6%	
	LGB		23%	

	I	EVER USEI) INHALA	NTS
		Cal.	VT	
Overall		6%	4%	Overall Differences: State vs County
Sex	Male	5%	4%	County > VT
	Female	7%	4%	Within County Differences
Grade	Grade 6	5%	3%	Too few students by sexual orientation
	Grade 7	7%	4%	
	Grade 8	6%	5%	
Race	WnH	6%	4%	
	REM	10%	7%	
Sexual Orientation	Het	5%	4%	
	LGB		12%	



SECTION 4: SUBSTANCE USE LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		Cal.	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	VT and County are Similar
	Female	3%	3%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	4%	2%	Too few students by sexual orientation
	Grade 8	3%	3%	
Race	WnH	2%	2%	
	REM	8%	5%	
Sexual Orientation	Het	3%	2%	
	LGB		9%	

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		Cal.	VT	
Overall		1%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female		2%	Within County Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7	2%	2%	Too few students in at least one grade
	Grade 8		2%	Too few students by race
Race	WnH	1%	1%	Too few students by sexual orientation
	REM		4%	
Sexual Orientation	Het	1%	1%	
	LGB		6%	



	USED TO	BACCO PF	RODUCTS,	, PAST YEAR
		Cal.	VT	
Overall		8%	5%	Overall Differences: State vs County
Sex	Male	9%	6%	County > VT
	Female	7%	5%	Within County Differences
Grade	Grade 6	6%	3%	Too few students by sexual orientation
	Grade 7	7%	5%	
	Grade 8	12%	7%	
Race	WnH	8%	5%	
	REM	13%	9%	
Sexual Orientation	Het	7%	5%	
	LGB		16%	

				OR USED SMOKELESS ODUCTS, PAST 30 DAYS
		Cal.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	6%	5%	VT and County are Similar
	Female	5%	4%	Within County Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	4%	4%	Too few students by sexual orientation
	Grade 8	10%	7%	
Race	WnH	6%	5%	
	REM	5%	8%	
Sexual Orientation	Het	4%	5%	
	LGB		14%	



SMOKI		CTTES OR O		OR USED SMOKELESS DAYS
		Cal.	VT	
Overall		3%	3%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	3%	2%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	2%	2%	Too few students by sexual orientation
	Grade 8	7%	4%	
Race	WnH	3%	2%	
	REM	5%	5%	
Sexual Orientation	Het	3%	2%	
	LGB		9%	

	SMOKE	D CIGARE	TTES, PA	ST 30 DAYS
		Cal.	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	VT and County are Similar
	Female	2%	2%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7		2%	Too few students by race
	Grade 8	6%	3%	Too few students by sexual orientation
Race	WnH	3%	2%	
	REM		4%	
Sexual Orientation	Het	2%	2%	
	LGB		8%	



AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED				
	Cal.	VT		
Less than 1 cigarette	46%	33%		
1 cigarette		23%	Too few students	
2 to 5 cigarettes		23%	Too few students	
6 to 10 cigarettes		6%	Too few students	
11 to 20 cigarettes			Too few students	
More than 20 cigarettes		14%	Too few students	

USED	AN ELECT	RONIC VA	POR PRO	DUCT PAST 30 DAYS
		Cal.	VT	
Overall		3%	4%	Overall Differences: State vs County
Sex	Male	3%	4%	VT and County are Similar
	Female	3%	3%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	2%	3%	Too few students by race
_	Grade 8	5%	6%	Too few students by sexual orientation
Race	WnH	3%	3%	
	REM	٠	6%	
Sexual Orientation	Het	2%	3%	
	LGB		10%	



AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT				
	Cal.	VT		
Friend/family used them	48%	38%		
To try to quit other tobacco products		3%	Too few students	
Cost less		1%	Too few students	
Easier to get		1%	Too few students	
Less harmful		7%	Too few students	
Available in flavors	10%	13%		
Used for some other reason	31%	36%		

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	Cal.	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them	67%	44%			
A person 18 or older gave me		9%	Too few students		
Took them from a store		4%	Too few students		
Some other way	19%	21%			



AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE					
Cal. VT					
1 or 2 days	59%	49%			
3 to 5 days		16%	Too few students		
6 to 9 days		10%	Too few students		
10 to 19 days		6%	Too few students		
20 to 29 days		5%	Too few students		
All 30 days		15%	Too few students		

	SMO	KED CIGA	RS, PAST	30 DAYS
		Cal.	VT	
Overall		1%	1%	Overall Differences: State vs County
Sex	Male		1%	VT and County are Similar
	Female		1%	Within County Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8	2%	2%	Too few students by race
Race	WnH		1%	Too few students by sexual orientation
	REM		3%	
Sexual Orientation	Het		1%	
	LGB	•	6%	



	USED SMO	KELESS TO	OBACCO,	PAST 30 DAYS
		Cal.	VT	
Overall		2%	1%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	٠	1%	Within County Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7	•	1%	Too few students in at least one grade
	Grade 8	3%	2%	Too few students by race
Race	WnH	1%	1%	Too few students by sexual orientation
	REM	•	3%	
Sexual Orientation	Het	2%	1%	
	LGB		4%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		Cal.	VT	
Overall		31%	36%	Overall Differences: State vs County
Sex	Male		36%	VT and County are Similar
	Female		38%	Within County Differences
Grade	Grade 6		30%	Too few students by sex
	Grade 7		35%	Too few students in at least one grade
	Grade 8		40%	Too few students by race
Race	WnH		37%	Too few students by sexual orientation
	REM		40%	
Sexual Orientation	Het		39%	
	LGB	·	43%	



DRANK ALCOHOL, PAST 30 DAYS				
		Cal.	VT	
Overall		9%	7%	Overall Differences: State vs County
Sex	Male	9%	6%	VT and County are Similar
	Female	9%	6%	Within County Differences
Grade	Grade 6	4%	2%	8 > 6
	Grade 7	9%	5%	Too few students by sexual orientation
	Grade 8	13%	10%	
Race	WnH	9%	6%	
	REM	11%	10%	
Sexual Orientation	Het	9%	6%	
	LGB		18%	

BINGE DRANK, PAST 30 DAYS				
		Cal.	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	2%	1%	Within County Differences
Grade	Grade 6		0%	Too few students in at least one grade
	Grade 7		1%	Too few students by race
	Grade 8	4%	3%	Too few students by sexual orientation
Race	WnH	2%	1%	
	REM	·	3%	
Sexual Orientation	Het	2%	1%	
	LGB		5%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	Cal.	VT			
1 or 2 drinks	72%	63%			
3 drinks	•	10%	Too few students		
4 drinks	•	7%	Too few students		
5 drinks	•	6%	Too few students		
6 or 7 drinks	•	4%	Too few students		
8 or 9 drinks	•	2%	Too few students		
10 or more drinks	10%	9%			

USED MARIJUANA, PAST 30 DAYS				
		Cal.	VT	
Overall		4%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	4%	4%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7		3%	Too few students by sexual orientation
	Grade 8	8%	7%	
Race	WnH	3%	4%	
	REM	7%	8%	
Sexual Orientation	Het	3%	4%	
	LGB		14%	



SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE				
	Cal.	VT		
1 or 2 times	47%	42%		
3 to 9 times		22%	Too few students	
10 to 19 times		11%	Too few students	
20 to 39 times		8%	Too few students	
40 or more times	26%	17%		



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT		G OR VERY E TO SMOI		FOR SOMEONE THEIR ETTES
		Cal.	VT	
Overall		94%	95%	Overall Differences: State vs County
Sex	Male	93%	95%	VT and County are Similar
	Female	94%	95%	Within County Differences
Grade	Grade 6	98%	98%	6 > 8
	Grade 7	94%	95%	Too few students by sexual orientation
	Grade 8	91%	93%	
Race	WnH	94%	96%	
	REM	91%	92%	
Sexual Orientation	Het	94%	96%	
	LGB		83%	

THINK IT	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		Cal.	VT			
Overall		86%	89%	Overall Differences: State vs County		
Sex	Male	85%	89%	VT > County		
	Female	87%	90%	Within County Differences		
Grade	Grade 6	91%	95%	6 > 8		
	Grade 7	87%	91%	Too few students by sexual orientation		
	Grade 8	81%	84%			
Race	WnH	86%	89%			
	REM	82%	87%			
Sexual Orientation	Het	86%	90%			
	LGB	•	76%			



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT		G OR VERY GE TO US		FOR SOMEONE THEIR JANA
		Cal.	VT	
Overall		90%	90%	Overall Differences: State vs County
Sex	Male	91%	90%	VT and County are Similar
	Female	89%	90%	Within County Differences
Grade	Grade 6	95%	97%	6 > 8
	Grade 7	92%	91%	7 > 8
_	Grade 8	83%	84%	Too few students by sexual orientation
Race	WnH	90%	90%	
	REM	84%	86%	
Sexual Orientation	Het	91%	91%	
	LGB		70%	

		ERY WRO		NS FEEL IT WOULD BE THEM TO SMOKE
		Cal.	VT	
Overall		95%	95%	Overall Differences: State vs County
Sex	Male	95%	95%	VT and County are Similar
	Female	95%	95%	Within County Differences
Grade	Grade 6	96%	96%	Too few students by sexual orientation
	Grade 7	95%	95%	
	Grade 8	95%	95%	
Race	WnH	96%	96%	
	REM	93%	93%	
Sexual Orientation	Het	96%	96%	
	LGB		88%	



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Cal.	VT	
Overall		81%	85%	Overall Differences: State vs County
Sex	Male	79%	84%	VT > County
	Female	82%	87%	Within County Differences
Grade	Grade 6	85%	87%	Too few students by sexual orientation
	Grade 7	83%	86%	
	Grade 8	76%	83%	
Race	WnH	82%	86%	
	REM	77%	82%	
Sexual Orientation	Het	81%	86%	
	LGB		76%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		Cal.	VT	
Overall		91%	92%	Overall Differences: State vs County
Sex	Male	91%	92%	VT and County are Similar
	Female	90%	92%	Within County Differences
Grade	Grade 6	94%	95%	Too few students by sexual orientation
	Grade 7	92%	92%	
	Grade 8	86%	89%	
Race	WnH	92%	92%	
	REM	86%	88%	
Sexual Orientation	Het	92%	93%	
	LGB		79%	



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK	CIGARET		D BE SOR TO GET	T OF EASY OR VERY
		Cal.	VT	
Overall		24%	22%	Overall Differences: State vs County
Sex	Male	23%	22%	VT and County are Similar
	Female	26%	21%	Within County Differences
Grade	Grade 6	20%	13%	Too few students by sexual orientation
	Grade 7	24%	20%	
	Grade 8	27%	28%	
Race	WnH	23%	21%	
	REM	29%	28%	
Sexual Orientation	Het	24%	21%	
	LGB		42%	

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET				
		Cal.	VT	
Overall		38%	37%	Overall Differences: State vs County
Sex	Male	36%	37%	VT and County are Similar
	Female	39%	37%	Within County Differences
Grade	Grade 6	27%	24%	7 > 6
	Grade 7	40%	35%	8 > 6
	Grade 8	44%	48%	Too few students by sexual orientation
Race	WnH	39%	39%	
	REM	41%	39%	
Sexual Orientation	Het	40%	38%	
	LGB	•	55%	



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET					
		Cal.	VT		
Overall		16%	15%	Overall Differences: State vs County	
Sex	Male	14%	15%	VT and County are Similar	
	Female	18%	15%	Within County Differences	
Grade	Grade 6	8%	6%	8 > 6	
	Grade 7	13%	13%	8 > 7	
	Grade 8	25%	23%	Too few students by sexual orientation	
Race	WnH	15%	15%		
	REM	19%	21%		
Sexual Orientation	Het	15%	15%		
	LGB		35%		

		NE OR MO		ING THEMSELVES IF AS OF CIGARETTES
		Cal.	VT	
Overall		70%	72%	Overall Differences: State vs County
Sex	Male	72%	71%	VT and County are Similar
	Female	68%	74%	Within County Differences
Grade	Grade 6	71%	76%	Too few students by sexual orientation
	Grade 7	73%	72%	
	Grade 8	67%	70%	
Race	WnH	71%	74%	
	REM	65%	68%	
Sexual Orientation	Het	71%	73%	
	LGB		66%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND Cal. VT Overall Differences: State vs 39% 48% Overall County Male VT > County Sex 34% 45% Female 45% 51% Within County Differences Grade Grade 6 43% 50% Females > Males Grade 7 41% 48% Too few students by sexual orientation Grade 8 34% 46% WnH 48% Race 39% **REM** 37% 47% Sexual 37% 48% Het

41%

Orientation

LGB

THINK				IING THEMSELVES IF GULARLY
		Cal.	VT	
Overall		56%	59%	Overall Differences: State vs County
Sex	Male	53%	56%	VT and County are Similar
	Female	59%	62%	Within County Differences
Grade	Grade 6	70%	73%	6 > 8
	Grade 7	62%	60%	7 > 8
	Grade 8	38%	48%	Too few students by sexual orientation
Race	WnH	57%	59%	
	REM	47%	54%	
Sexual Orientation	Het	55%	59%	
	LGB	•	39%	



SECTION 5: SEXUAL ACTIVITY

	EVER	HAD SEXU	JAL INTE	RCOURSE
		Cal.	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	5%	4%	Within County Differences
Grade	Grade 6	3%	2%	Too few students by sexual orientation
	Grade 7	5%	4%	
	Grade 8	8%	8%	
Race	WnH	5%	5%	
	REM	9%	10%	
Sexual Orientation	Het	5%	5%	
	LGB		16%	

		EVER HA	D ORAL S	EX
		Cal.	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	4%	5%	Within County Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	3%	4%	Too few students by sexual orientation
	Grade 8	10%	9%	
Race	WnH	5%	5%	
	REM	10%	10%	
Sexual Orientation	Het	5%	5%	
	LGB		17%	



DA	DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK					
	Cal.	VT				
0 days	8%	7%				
1 day	5%	4%				
2 days	8%	7%				
3 days	11%	10%				
4 days	10%	11%				
5 days	13%	15%				
6 days	8%	11%	VT > County			
7 days	36%	34%				

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS						
		Cal.	VT			
Overall		36%	34%	Overall Differences: State vs County		
Sex	Male	46%	42%	VT and County are Similar		
	Female	27%	26%	Within County Differences		
Grade	Grade 6	35%	38%	Males > Females		
	Grade 7	42%	35%	Too few students by sexual orientation		
	Grade 8	32%	30%			
Race	WnH	35%	34%			
	REM	45%	35%			
Sexual Orientation	Het	40%	36%			
	LGB		18%			



WERE PI	HYSICALL	Y ACTIVE . ON 5 OR 1		C 60 MINUTES PER DAY YS
		Cal.	VT	
Overall		58%	60%	Overall Differences: State vs County
Sex	Male	63%	66%	VT and County are Similar
	Female	52%	54%	Within County Differences
Grade	Grade 6	52%	63%	Males > Females
	Grade 7	63%	60%	Too few students by sexual orientation
	Grade 8	57%	57%	
Race	WnH	58%	61%	
	REM	57%	58%	
Sexual Orientation	Het	62%	63%	
	LGB		37%	

,	WERE NOT	PHYSICAL	LY ACTI	VE PAST WEEK
		Cal.	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	9%	7%	VT and County are Similar
	Female	7%	7%	Within County Differences
Grade	Grade 6	10%	7%	Too few students by sexual orientation
	Grade 7	8%	7%	
	Grade 8	7%	8%	
Race	WnH	8%	6%	
	REM	8%	9%	
Sexual Orientation	Het	6%	5%	
	LGB		15%	



PHY	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	Cal.	VT				
0 days	14%	25%	VT > County			
1 day	5%	7%				
2 days	7%	8%				
3 days	6%	8%	VT > County			
4 days	7%	5%				
5 days	61%	46%	County > VT			

GET N	GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL						
		Cal.	VT				
Overall		14%	25%	Overall Differences: State vs County			
Sex	Male	15%	24%	VT > County			
	Female	13%	25%	Within County Differences			
Grade	Grade 6	19%	16%	Too few students by sexual orientation			
	Grade 7	11%	26%				
	Grade 8	12%	29%				
Race	WnH	14%	24%				
	REM	14%	27%				
Sexual Orientation	Het	13%	24%				
	LGB		30%				



RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS				
	Cal.	VT		
0 days	78%	77%		
1 day	4%	3%		
2 days	4%	3%		
3 days	3%	4%		
4 days	2%	2%		
5 days	9%	10%		

WAL	K OR RIDE	E THEIR BI	KE TO SC	HOOL EVERYDAY
		Cal.	VT	
Overall		9%	10%	Overall Differences: State vs County
Sex	Male	10%	12%	VT and County are Similar
	Female	9%	9%	Within County Differences
Grade	Grade 6	11%	11%	Too few students by sexual orientation
	Grade 7	7%	10%	
	Grade 8	10%	10%	
Race	WnH	8%	10%	
	REM	15%	13%	
Sexual Orientation	Het	9%	10%	
	LGB		14%	



WATCH TEI	LEVISION,	, TYPICAI
	Cal.	VT
No TV on average school day	17%	18%
Less than 1 hour per day	21%	23%
1 hour per day	17%	18%
2 hours per day	21%	20%
3 hours per day	10%	10%
4 hours per day	7%	4%
5 or more hours per day	7%	6%

	WATO	CHED TV 3	+ HOURS	PER DAY
		Cal.	VT	
Overall		24%	20%	Overall Differences: State vs County
Sex	Male	28%	20%	County > VT
	Female	21%	20%	Within County Differences
Grade	Grade 6	20%	18%	Too few students by sexual orientation
	Grade 7	21%	20%	
	Grade 8	31%	21%	
Race	WnH	23%	19%	
	REM	30%	24%	
Sexual Orientation	Het	25%	20%	
	LGB		27%	



COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY			
	Cal.	VT	
No playing video/computer game	13%	12%	
Less than 1 hour per day	15%	17%	
1 hour per day	16%	15%	
2 hours per day	17%	18%	
3 hours per day	14%	14%	
4 hours per day	9%	8%	
5 or more hours per day	16%	16%	

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY					
		Cal.	VT		
Overall		40%	38%	Overall Differences: State vs County	
Sex	Male	43%	39%	VT and County are Similar	
	Female	35%	37%	Within County Differences	
Grade	Grade 6	30%	29%	8 > 6	
	Grade 7	37%	38%	8 > 7	
	Grade 8	50%	45%	Too few students by sexual orientation	
Race	WnH	39%	38%		
	REM	47%	43%		
Sexual Orientation	Het	40%	38%		
	LGB		57%		



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

BREAKFAST CONSUMPTION, PAST WEEL					
	Cal.	VT			
0 days	9%	7%	County > VT		
1 day	6%	4%			
2 days	8%	7%			
3 days	7%	7%			
4 days	7%	6%			
5 days	7%	8%			
6 days	7%	9%			
7 days	50%	52%			

DID NOT EAT BREAKFAST, PAST WEEK					
		Cal.	VT		
Overall		9%	7%	Overall Differences: State vs County	
Sex	Male	7%	6%	County > VT	
	Female	10%	7%	Within County Differences	
Grade	Grade 6	8%	5%	Too few students by sexual orientation	
	Grade 7	10%	7%		
	Grade 8	9%	7%		
Race	WnH	9%	6%		
	REM	7%	10%		
Sexual Orientation	Het	8%	6%		
	LGB		16%		



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK					
	Cal.	VT			
Did not drink water	4%	3%			
1 to 3 times	10%	9%			
4 to 6 times	10%	10%			
1 time per day	9%	6%	County > VT		
2 times per day	15%	16%			
3 times per day	14%	19%	VT > County		
4 or more times per day	38%	37%			

DRAN	K THREE (OR MORE (GLASSES I	PER DAY OF WATER
		Cal.	VT	
Overall		52%	56%	Overall Differences: State vs County
Sex	Male	51%	57%	VT and County are Similar
	Female	53%	54%	Within County Differences
Grade	Grade 6	53%	58%	REM > WnH
	Grade 7	51%	54%	Too few students by sexual orientation
	Grade 8	51%	56%	
Race	WnH	48%	56%	
	REM	64%	57%	
Sexual Orientation	Het	52%	57%	
	LGB		48%	



SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS					
	Cal.	VT			
Never	73%	77%			
Rarely	17%	14%			
Sometimes	7%	7%			
Most of the time	2%	1%			
Always		1%	Too few students		

	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME						
		Cal.	VT				
Overall		3%	2%	Overall Differences: State vs County			
Sex	Male	3%	2%	VT and County are Similar			
	Female	2%	2%	Within County Differences			
Grade	Grade 6		2%	Too few students in at least one grade			
	Grade 7	2%	2%	Too few students by race			
	Grade 8	3%	2%	Too few students by sexual orientation			
Race	WnH	3%	2%				
	REM		4%				
Sexual Orientation	Het	2%	2%				
	LGB		5%				



SECTION 7: SOCIAL DETERMINANTS OF HEALTH

BORN OUTSIDE THE U.S.					
		Cal.	VT		
Overall		4%	6%	Overall Differences: State vs County	
Sex	Male	4%	6%	VT and County are Similar	
	Female	5%	6%	Within County Differences	
Grade	Grade 6	5%	7%	Too few students by sexual orientation	
	Grade 7	5%	5%		
	Grade 8	3%	6%		
Race	WnH	4%	3%		
	REM	8%	18%		
Sexual Orientation	Het	3%	5%		
	LGB		7%		



ATE DI	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	Cal.	VT				
0 days	6%	5%				
1 day	2%	2%				
2 days	2%	2%				
3 days	3%	3%				
4 days	3%	4%				
5 days	7%	7%				
6 days	9%	10%				
7 days	67%	66%				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK					
		Cal.	VT		
Overall		87%	88%	Overall Differences: State vs County	
Sex	Male	88%	89%	VT and County are Similar	
	Female	85%	87%	Within County Differences	
Grade	Grade 6	94%	90%	6 > 8	
	Grade 7	88%	89%	Too few students by sexual orientation	
	Grade 8	79%	86%		
Race	WnH	86%	89%		
	REM	86%	84%		
Sexual Orientation	Het	88%	89%		
	LGB		73%		



BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS				
	Cal.	VT		
Strongly agree	26%	28%		
Agree	43%	43%		
Not sure	17%	17%		
Disagree	8%	8%		
Strongly disagree	6%	5%		

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR				
		Cal.	VT	
Overall		69%	71%	Overall Differences: State vs County
Sex	Male	73%	72%	VT and County are Similar
	Female	66%	69%	Within County Differences
Grade	Grade 6	75%	77%	WnH > REM
	Grade 7	70%	72%	Too few students by sexual orientation
	Grade 8	65%	66%	
Race	WnH	71%	71%	
	REM	58%	68%	
Sexual Orientation	Het	70%	72%	
	LGB		54%	



BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Cal.	VT	
Overall		76%	76%	Overall Differences: State vs County
Sex	Male	74%	76%	VT and County are Similar
	Female	79%	76%	Within County Differences
Grade	Grade 6	79%	79%	Too few students by sexual orientation
	Grade 7	78%	75%	
	Grade 8	73%	75%	
Race	WnH	78%	77%	
	REM	73%	71%	
Sexual Orientation	Het	77%	77%	
	LGB	•	64%	

GRADES EARNED IN SCHOOL				
	Cal.	VT		
Mostly A's	35%	46%	VT > County	
Mostly B's	42%	38%		
Mostly C's	18%	12%	County > VT	
Mostly D's	4%	3%		
Mostly F's	2%	1%		



BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY				
	Cal.	VT		
Strongly agree	26%	27%		
Agree	34%	36%		
Not sure	25%	24%		
Disagree	9%	7%		
Strongly disagree	5%	5%		

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Cal.	VT	
Overall		60%	64%	Overall Differences: State vs County
Sex	Male	65%	68%	VT and County are Similar
	Female	56%	60%	Within County Differences
Grade	Grade 6	66%	67%	Too few students by sexual orientation
	Grade 7	60%	65%	
	Grade 8	57%	60%	
Race	WnH	64%	65%	
	REM	50%	58%	
Sexual Orientation	Het	63%	67%	
	LGB		31%	

