

# School Health Profiles Vermont State added questions 2024

Vermont Department of Health Division of Health Statistics & Informatics

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#### **Background**

The School Health Profiles is conducted every other year to help education and health agencies at various levels monitor and assess characteristics of and trends in school health education; physical education and physical activity; school health policies related to human immunodeficiency virus (HIV), tobacco-use prevention, and nutrition; school-based health services; family engagement; community involvement; and school health coordination. The Profiles includes two separate questionnaires, one for principals and one for the lead health educator (LHE) at each middle and high school. The Principal Questionnaire focuses on policies and practices related to prevention, services provided, and family and community involvement, while the Lead Health Educator Questionnaire focuses on course requirements, content covered, and professional development.

This report represents only the State-added questions. Results from the core CDC questions asked of all participating jurisdictions and <u>can be found on the Health Department website</u>.

#### **About the data**

All Vermont public schools that serve students in two or more grades 6 through 12 were invited to participate. Of the 139 public schools, invited to participate, one or both questionnaires were received from 99% of schools.

After data cleaning and editing, 132 questionnaires were received from principals and 129 questionnaires were received from lead health education teachers.

95% Principal Response Rate 93% Lead Health Educator Response Rate

Counts are unweighted. Percentages are weighted. Weights were calculated by the Centers for Disease Control and Prevention for the standard questions which can be found at the <a href="Health">Health</a> <a href="Department website">Department website</a>. Weights take into consideration the size of the school and the non-responses.

### **Principal Survey**

During the past year, has your school engaged in each of the following practices related to repairing harm and creating a learning opportunity as part of the re-entry protocol for the student found responsible in a Hazing, Harassment, and Bullying (HHB) investigation?

| Practice  | Count<br>(unweighted) |    | Percent<br>(weighte | ed) |
|---|-----------------------|----|---------------------|-----|
|   | Yes                   | No | Yes                 | No  |
| Created an academic and behavioral re-entry plan  | 122                   | 6  | 95                  | 5   |
| Offered community-building, restorative circles   | 114                   | 14 | 89                  | 11  |
| Used restorative language to communicate expectations and feedback  | 126                   | 2  | 98                  | 2   |
| Partnered with family members to collaboratively support and communicate expectations for successful re-entry | 123                   | 3  | 98                  | 2   |
| Referred and incorporate additional supports (e.g., counseling, skill development)                            | 123                   | 5  | 96                  | 4   |
| Other   | 57                    | 30 | 65                  | 35  |

#### **Behavior and out of school learning questions**

| School and Community supports   | Count<br>(unweighted) |    | Percent<br>(weighted) |    |
|---|-----------------------|----|-----------------------|----|
|   | Yes                   | No | Yes                   | No |
| Does your school offer support for students who may not have been directly involved but who had observed or were impacted by an HHB related incident? | 120                   | 8  | 94                    | 6  |

| School and Community supports  | Count<br>(unweighted) |    | Percent<br>(weighted) |    |
|--|-----------------------|----|-----------------------|----|
|  | Yes                   | No | Yes                   | No |
| Does your school work with a community school coordinator to address out-of-school barriers to learning? | 70                    | 57 | 55                    | 45 |

### Does your school have a written policy for each of the following topics?

| Topic  | Count (unweighted) |    | Percent<br>(weighted) |    |
|--|--------------------|----|-----------------------|----|
|  | Yes                | No | Yes                   | No |
| Prohibiting teachers and parents from bringing in cleaning products or chemicals | 57                 | 70 | 45                    | 55 |
| Dating violence  | 60                 | 66 | 48                    | 52 |
| Ensuring students have access to condoms   | 83                 | 43 | 66                    | 34 |
| Sexual violence  | 83                 | 43 | 66                    | 34 |

#### Does your school engage in any of the following?

|   | Count<br>(unweighted) |    | Perce<br>(weigh |    |
|---|-----------------------|----|-----------------|----|
|   | Yes                   | No | Yes             | No |
| Use only third-party certified cleaning products such as products certified by EPA's Safer Choice, Green Seal or UL's ECOLOGO   | 105                   | 19 | 85              | 15 |
| Purchase and use disinfectants with safer active ingredients like hydrogen peroxide, citric acid, ethanol or lactic acid rather than harmful disinfectants containing quaternary ammonium compounds or bleach | 107                   | 16 | 87              | 13 |
| Provide training to custodial or maintenance staff on safer cleaning products and practices   | 112                   | 10 | 92              | 8  |
| Use fragrance free cleaning products when available   | 115                   | 7  | 94              | 6  |

### Does your school make condoms available to students in the following locations?

| Location                         | Count<br>(unweighted) |     | Percent<br>(weighted) |    |
|----------------------------------|-----------------------|-----|-----------------------|----|
|                                  | Yes                   | No  | Yes                   | No |
| School Nurse Office              | 114                   | 13  | 90                    | 10 |
| Guidance Office                  | 42                    | 83  | 34                    | 66 |
| Athletic Trainer office          | 4                     | 119 | 3                     | 97 |
| Bathrooms                        | 5                     | 120 | 4                     | 96 |
| Front Desk                       | 1                     | 124 | 1                     | 99 |
| Health educator classroom/office | 45                    | 80  | 36                    | 64 |
| Other                            | 12                    | 87  | 12                    | 88 |

### What supports are needed to reduce the use of electronic vapor products at your school?

| Supports                                | Count (unwe | eighted) | Percent (weighted) |    |  |
|---|-------------|----------|--------------------|----|--|
|   | Yes         | No       | Yes                | No |  |
| Curriculum recommendations              | 81          | 41       | 66                 | 34 |  |
| Curriculum instructor                   | 57          | 65       | 47                 | 53 |  |
| Parent education                        | 98          | 25       | 80                 | 20 |  |
| Staff education                         | 85          | 37       | 70                 | 30 |  |
| Student Assistance Professional (S.A.P) | 71          | 52       | 58                 | 42 |  |
| Youth cessation/quit resources          | 89          | 34       | 72                 | 28 |  |
| Other                                   | 29          | 40       | 42                 | 58 |  |

### Has your school installed vape detectors to monitor vaping activity?

| Vape Detection   |     |    | Percent (weighted) |    |
|--|-----|----|--------------------|----|
|  | Yes | No | Yes                | No |
| Has your school installed vape detectors to monitor vaping activity? | 33  | 95 | 26                 | 74 |

### **Health Educator Survey**

## During this school year, have teachers in your school engaged in the following interdisciplinary health instruction practices/strategies for students in grades 6 through 12?

| Interdisciplinary practices  | Count<br>(unweighted) |    | Percent<br>(weighted) |    |
|--|-----------------------|----|-----------------------|----|
|  | Yes                   | No | Yes                   | No |
| Covered (e.g. incorporated but not assessed) health content/ skills in other subject area classrooms (e.g. nutrition topics brought up in Science, etc.) | 83                    | 34 | 71                    | 29 |
| Organized subject area curriculum (including health) around essential questions / topics   | 67                    | 50 | 57                    | 43 |
| Co-taught lessons / units  | 49                    | 67 | 42                    | 58 |
| Developed and implemented performance assessments that assessed students in both health content/skills and other subject area proficiencies              | 45                    | 68 | 40                    | 60 |

### Do those who teach sexual health education at your school use any of the following curriculum programs?

| Program                             | Count (unweighted) Percent (w |    |     | weighted) |    |     |
|-------------------------------------|-------------------------------|----|-----|-----------|----|-----|
|                                     | Yes                           | No | N/A | Yes       | No | N/A |
| Making Proud Choices                | 6                             | 85 | 20  | 5         | 77 | 18  |
| Get Real                            | 16                            | 75 | 21  | 15        | 67 | 19  |
| Be Proud Be Responsible             | 5                             | 86 | 20  | 4         | 78 | 18  |
| Reducing the Risk                   | 12                            | 80 | 19  | 11        | 72 | 17  |
| 3 R's Rights Respect Responsibility | 35                            | 63 | 16  | 31        | 55 | 14  |
| Other                               | 57                            | 31 | 23  | 51        | 28 | 21  |

Note: totals may not add to 100 in percent column due to rounding



### Thank you!

#### Let's stay in touch.

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