

Healthy Vermonters 2030 Dashboard Toolkit

March 2025

Healthy Vermonters 2030 is a way to measure the overall health of people in Vermont between 2020 and 2030. During the decade (and a little bit beyond as we catch up on reporting), we'll watch for data trends on 55 indicators that relate to the health and well-being of people in Vermont. The indicators span a variety of topics but include how many people in Vermont use tobacco, drink alcohol, get regular exercise and have access to health care.

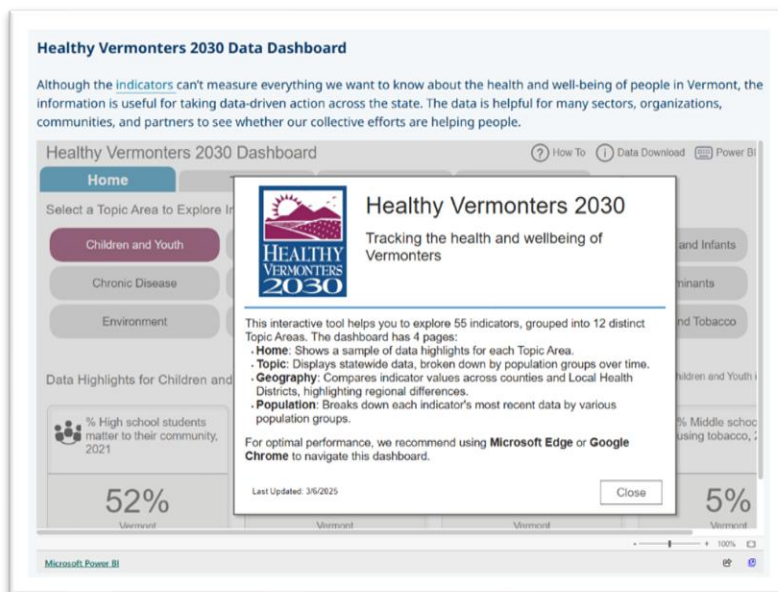
If you need help accessing or understanding this information, contact melissa.rhodes-reese@vermont.gov.

About the Dashboard

The Healthy Vermonters 2030 Data Dashboard is a one-stop shop for anyone looking to track the overall health of people in Vermont during the decade-long project. Data in the dashboard includes the 55 indicators and will be regularly updated as new data becomes available.

Dashboard Features

- Data sorted by 12 topics, including mental health, chronic disease and health care
- County, local health office and statewide breakdowns
- Population-specific reporting to understand the diverse health needs of people in Vermont
- Hundreds of charts, tables, and maps visualizing Vermont's public health data
- Accessibility features like keyboard navigation and high-contrast views



Healthy Vermonters Dashboard Home Screen



HealthVermont.gov
802-863-7200



Getting Started

- [Go to HealthVermont.gov/HealthyVermonters](https://HealthVermont.gov/HealthyVermonters). You may have to scroll down on the page a bit to get to the dashboard.
- The dashboard has four main areas or tabs you can click into.
 1. Home
 2. Topic
 3. Geography
 4. Population
- Once you've selected a tab, you will see a list of indicators, some text and a picture. Use the list of indicators on the left to start exploring related data. Once you click on an indicator, a page with more filters, charts, tables, or maps will appear.
- Click the How To button at the top right of the dashboard at any time to see options on where to click.

Click the How To button while on any page if you're unsure what to do next. Arrows will appear to guide you.

Healthy Vermonters 2030 Dashboard

Home Topic Geography Population

Select a Topic Area to Explore Indicators

Children and Youth Health Care Mental Health and Resilience Pregnant People and Infants

Chronic Disease Healthy Behaviors and Prevention Mortality Social Determinants

Environment Injury and Violence Older Adults Substance Use and Tobacco

Data Highlights for Children and Youth Indicators

Explore more Children and Youth indicators →

% High school students matter to their community, 2021 52% Vermont	% Children who had a developmental screening by age 3, 2021 59% Vermont	% High school students consuming fruits, 2021 27% Vermont	% Middle school students using tobacco, 2021 5% Vermont
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Zoom In and out of the view using this slider. It will default to 100%, but you can make the view larger or smaller.

These are the main tabs. Click through to see a list of indicators options and to view related data.

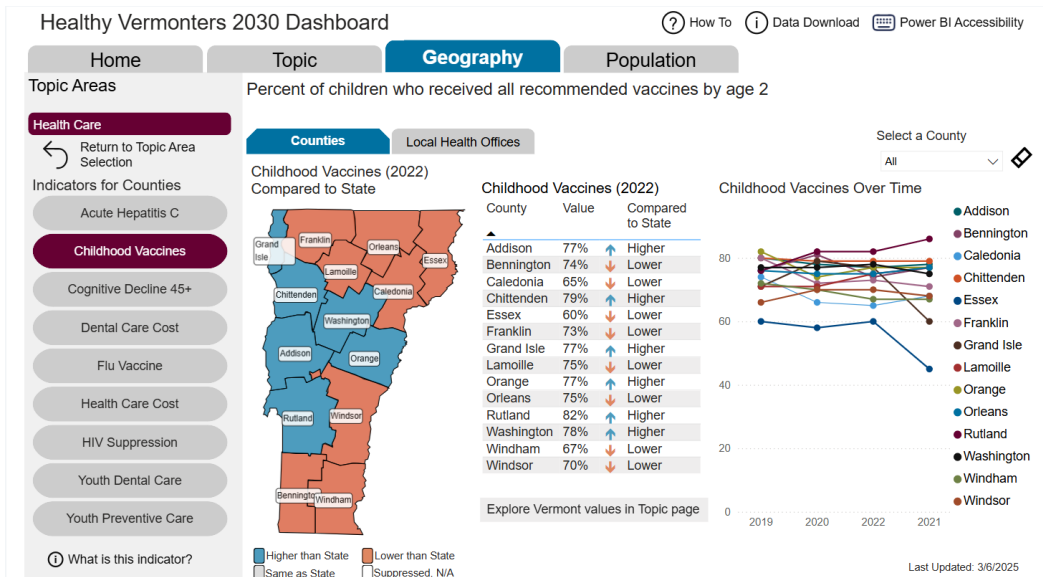
These buttons are connected to the highlight indicators below. Select a different indicator here and the highlights below will update.

This arrow will take you to the topic that is selected. There, you will be able to select different indicators and data to view.

Exploring the Dashboard

Exploring the dashboard will show different views, layouts, and data visualizations on the indicators and topics. Sometimes, the data available for one indicator is not available for other indicators. For example, we can display some data on a map of Vermont, but for others, we can only show it as a table or chart. Take note that there are also rates and percentages displayed.

This view shows childhood vaccines by geography. It includes multiple visualizations and a Local Health Offices tab. These data are shown as percentages.



The view below shows substance use indicators by levels of education. Bar charts display the data as percentages in the Percent-based Indicator tab and rates in the Rate-based Indicator tab. There is also an option to scroll down for more charts.

