



BE BRIGHT AT NIGHT

In Vermont, most crashes involving people walking, biking, and rolling happen in dark lighting conditions, such as on rural roads at night and in the fall and winter.

If you're on foot or bike, make a practice of being seen and being safe at night by **wearing reflectors** and **bringing lights** every time.

Drivers should also be more careful and alert for pedestrians when driving at night.

HOW TO USE REFLECTORS:

Reflectors should be visible from the front and the back. A reflector should dangle. Drivers notice movement more than a stationary reflection.

Attach reflectors to:

- Backpacks
- Pockets
- Zippers
- Walkers
- Wheelchairs
- Dog Leashes
- The more reflectors, the better!

A person wearing reflectors is up to **3x more visible** than someone wearing dark clothing.

Night Safety Tips for Pedestrians, Cyclists, & Drivers

FOR PEDESTRIANS & CYCLISTS:

- Make sure you are visible to drivers by wearing light and bright clothing, or better yet, bring flashlights/bike lights and wear something reflective.
- Cyclists are required by law to use either a flashing or steady red rear light OR a minimum of 20 square inches of reflective material facing to the rear.
- Cross in well-lit areas with the best view of traffic.
- Use sidewalks whenever possible.
- At the bus stop: cross behind the bus or in the crosswalk.
- Watch for cars, bikes and other vehicles – because they might not be watching for you.

WHEN YOU'RE DRIVING:

- Obey all speed limits. A pedestrian hit by a car going 40 mph has an 85% chance of being killed. At 20 mph the risk is reduced to 5%.
- Avoid distracted driving, aggressive driving, and driving under the influence of alcohol or drugs.
- Come to a complete stop at stop signs and red lights.
- Stay alert, always watch for bikes and pedestrians, and share the road.

More information at: [SafeStreets.Vermont.Gov](https://www.SafeStreets.Vermont.Gov)