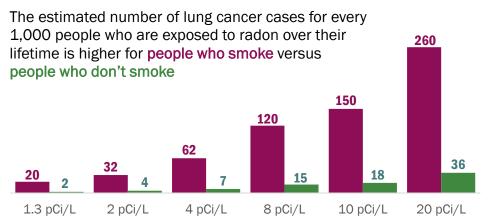
Radon and Smoking: A Risky Combination

Quit smoking and test your home for radon to make you and your family safer.



Radon and tobacco smoke both cause lung cancer.



If you smoke and your home has high levels of radon, your risk of getting lung cancer is especially high.

Radon level in the home (in picocuries per liter)



Testing is the only way to know if radon is in your home.

One in seven Vermont homes has elevated levels of radon

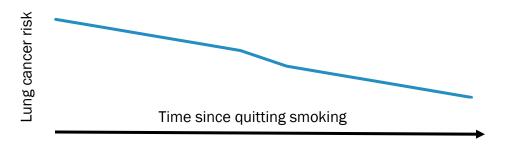


Take action to reduce radon levels in your home if the test result is at or above 4 pCi/L.



Quitting smoking is the best way to reduce your risk.

When compared to people who keep smoking, people who quit smoking reduce their risk of lung cancer by 30 to 50% over 10 years





Sources: Environmental Protection Agency, 2016
National Institutes of Health, 2022

December 2022

Learn more at <u>healthvermont.gov/radon</u>



