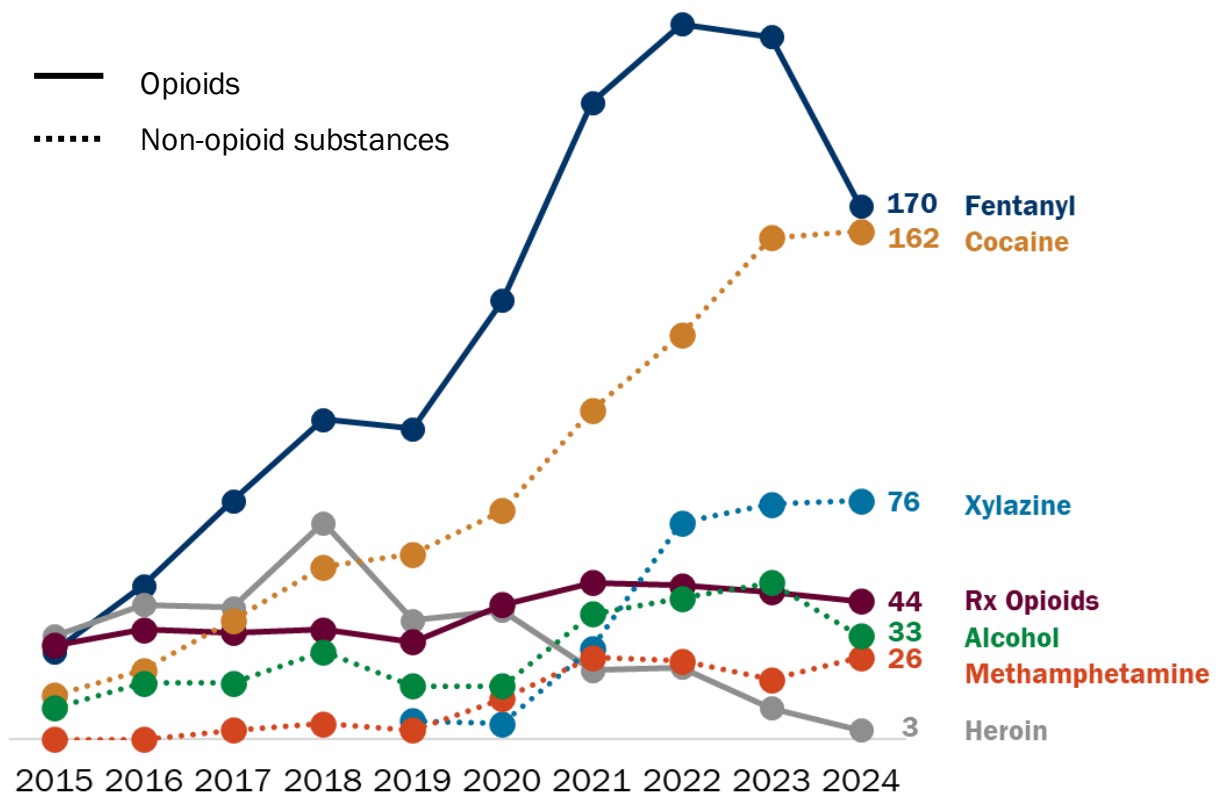


Substances Involved in Overdose Deaths of Vermont Residents

July 2025

- In 2024, there were 225 overdose deaths among Vermont residents involving any type of drug.
- The most common substance involved in overdose deaths was fentanyl, followed closely by cocaine.
- Since 2022, the number of deaths involving opioids has decreased, while the involvement of many non-opioid drugs has increased or remained steady.
- The number of deaths involving xylazine has continued to increase since it was first tested for in 2019.
- Deaths involving heroin have decreased significantly since 2018.

Number of Deaths per Substance Over Time



Involvement of each substance is not mutually exclusive.

If you need help accessing or understanding this information, contact

AHS.VDHOVerdoseDataVT@vermont.gov

Data Table and Notes

Substances Involved in Overdose Deaths by Year

	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Fentanyl	28	49	76	102	99	140	203	228	224	170
Cocaine	14	22	38	55	59	73	105	129	160	162
Xylazine	—	—	—	—	6	5	29	69	75	76
Prescription Opioids	30	35	34	35	31	43	50	49	47	44
Alcohol	10	18	18	28	17	17	40	45	50	33
Methamphetamine	0	0	3	5	3	13	26	25	19	26
Heroin	33	43	42	69	38	41	22	23	10	3

This analysis includes:

- Overdose deaths of Vermont residents in Vermont and out of state.
- Accidents and overdoses with undetermined intent (deaths when it is not clear if the overdose was accidental or intentional)
- Substances that were identified on death certificates as part of a cause or contributing condition to the person's death

For more information about opioid overdoses in Vermont, see the annual [Fatal Opioid Overdoses Among Vermonters](#) brief.