

## Substance Misuse Prevention for Stronger Schools

### School Newsletters

#### Elementary

##### Prevention Starts Early

Elementary school is the perfect time to build strong, healthy habits. While substance misuse may not seem like a top-of-mind need for our **<school name here>** school students, prevention programs at this age focus on decision-making, confidence, and social skills—tools that help kids navigate peer pressure and everyday challenges. These efforts help kids feel more connected, supported, and prepared for what’s ahead. For more information and to learn what you can do to help further prevention efforts visit **<insert URL or email address>**.

#### Middle School

##### Supporting Students Through Change

Middle school is a time of big transitions—socially, emotionally, and developmentally. At **<school name here>**, our school substance misuse prevention efforts focus on managing social conflict, making healthy decisions under peer pressure, and understanding how substance use can affect a student’s brain and future. As part of our broader goal to make prevention a part of our school culture, these programs help give students the tools to speak up, stay grounded, and feel supported as they grow. For more information and to learn what you can do to help further prevention efforts visit **<insert URL or email address>**.

#### High School

##### Prevention for Real-Life Readiness

High school can be a tough time—filled with challenges, peer pressure, and growing responsibilities and expectations. That’s why at **<school name here>**, our school substance misuse prevention focuses on real-life readiness in the face of substance misuse, including alcohol, cannabis, nicotine, and other drugs. Programs emphasize decision-making, mental health, and peer influence—equipping students to make informed, healthy choices. Together, our faculty and student-peers are helping our kids manage stress, build coping skills, and stay focused on a strong future. For more information and to learn what you can do to help further prevention efforts visit **<insert URL or email address>**.