



Opioid Settlement Funding Proposal

Presentation to Advisory Committee 12/15/25



**Burlington
Partnership
for a Healthy
Community**

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A little about us

Fiscal Agent: NFI Vermont, Inc

Supported by a Board of Advisors

Currently at 2.65 FTEs (this funding would increase staff to around 3 FTEs).

Description: Operate as a coalition - partners across multiple sectors work together towards common goals with the support of staff.



Our Long-term Goals in BTV

1. Reduce underage and high-risk drinking rates
2. Reduce youth prescription drug misuse rates
3. Reduce tobacco use rates
4. Reduce youth cannabis use rates
5. Increase opportunities for youth participation and leadership in community prevention strategies and activities



Our Focus Areas

Increasing **education & public awareness** of key issues.

Advocacy - improving local practices, policies, and regulations.

Increasing **collaboration and capacity** of different sectors to support prevention strategies

Services & Supports - provide prevention programming for youth and families

Our Community-Level Prevention Work



VERMONT PREVENTION MODEL

Root causes of youth substance misuse at a community level

- Community normalization of use
- Early onset of youth use
- Low perception of harm of use
- Favorable attitudes about use
- Lack of regulation or enforcement of laws
- Access to and promotion of substances in the community

Proposal Uses 5 of the Strategies from CADCA's 7 Strategies for Effective Community Change

- **Providing Information**
 - Youth in middle and high school
 - Caregivers
 - Burlington residents
- **Enhancing Skills**
 - Youth in middle and high school
 - Caregivers - focus on caregivers in recovery, low-income families, caregivers of LGBTQ+ youth
- **Providing Support for Prevention Activities**
 - Youth in middle and high school
 - Caregivers - focus on caregivers in recovery, low-income families, caregivers of LGBTQ+ youth
- **Enhancing Access/Reducing Barriers**
 - Increasing support for CDC's Whole School, Whole Community, Whole Child Model
 - Improving BSD Substance Use Procedures, with focus on improving training and intervention
- **Modifying/Changing/Developing Policies**
 - Increasing support for CDC's Whole School, Whole Community, Whole Child Model
 - Improving BSD Substance Use Procedures, with focus on improving training and intervention

Total funding request = \$40,000

BPHC would use this funding in 2 main areas:

1. Increase staff hours to expand our current efforts to reach and engage more of the community.
 - Youth Programming Coordinator
 - Coalition Director
 - 2 paid high school student interns
2. Support new community education and awareness efforts related to prescription drug misuse issues.
 - Youth-created PSAs
 - Community forums, Take-back days
 - Parent events, classroom and after school activities
 - Newsletters, posters, news articles, social media, etc.

Community Education & Awareness



**BTV
Pride
Festival**



**Resource table in
low income
housing**



**Cessation support
monthly table at BTV
Food Shelf**



**Host community forums
and discussions**



ParentiN

BURLINGTON

TIP to Build Assets

Help Them Practice Saying No

"Just say no" is easy to say, but hard to do in the moment. Sit down with your child to practice what they'll say when offered drugs and alcohol. Here are a few examples of what you both started:

- "No thanks. I'm actually allergic."
- "I can't risk it. My parents will be mad at me for a month."
- "I need to be clear-headed for school."

Involved Informed

Parent INformed

Talk About Vaping

More youth are now using e-cigarettes than any other form of tobacco. E-cigs and vaping are threatening to create a new generation of Vtters addicted to nicotine and cannabis. Talking to kids about this is more important than ever. Here's a few points to get you started:

- Encourage skepticism of the industry - it is in the vaping industry's \$ interest to get people using early and often to create lifelong users.
- Talk about the facts. Invite them to learn with you if you don't know the answer to their questions.
- Help them practice how they'll respond when offered substances.
- Ask them about their future goals & how substance use can get in the way of them.

Involved Informed INspired

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CHAMPLAIN VALLEY

Youth Vaping

With Expert Panelists from CVSD and BSD schools & Dr. Leah Costello, MD, Pediatric Specialist

WHAT SHOULD YOU KNOW?

WHAT ARE THE HARMS?

HOW DO WE HELP OUR KIDS?

ON ZOOM
4/13 2-3 PM

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IT'S COMPLICATED:
TEENS,
SOCIAL
MEDIA &
MENTAL
HEALTH



THURS. NOV. 16
7 - 8:30 PM

LIVE
WEBINAR

ERIN
WALSH

Educator, parent, and author, and co-founder of SPARK & STITCH INSTITUTE

Sign up at: burlingtonpartnership.org/parentin



BHS
ELEVATE

HUNT and EMS
students

Burlington High
School students

BE
above
btv

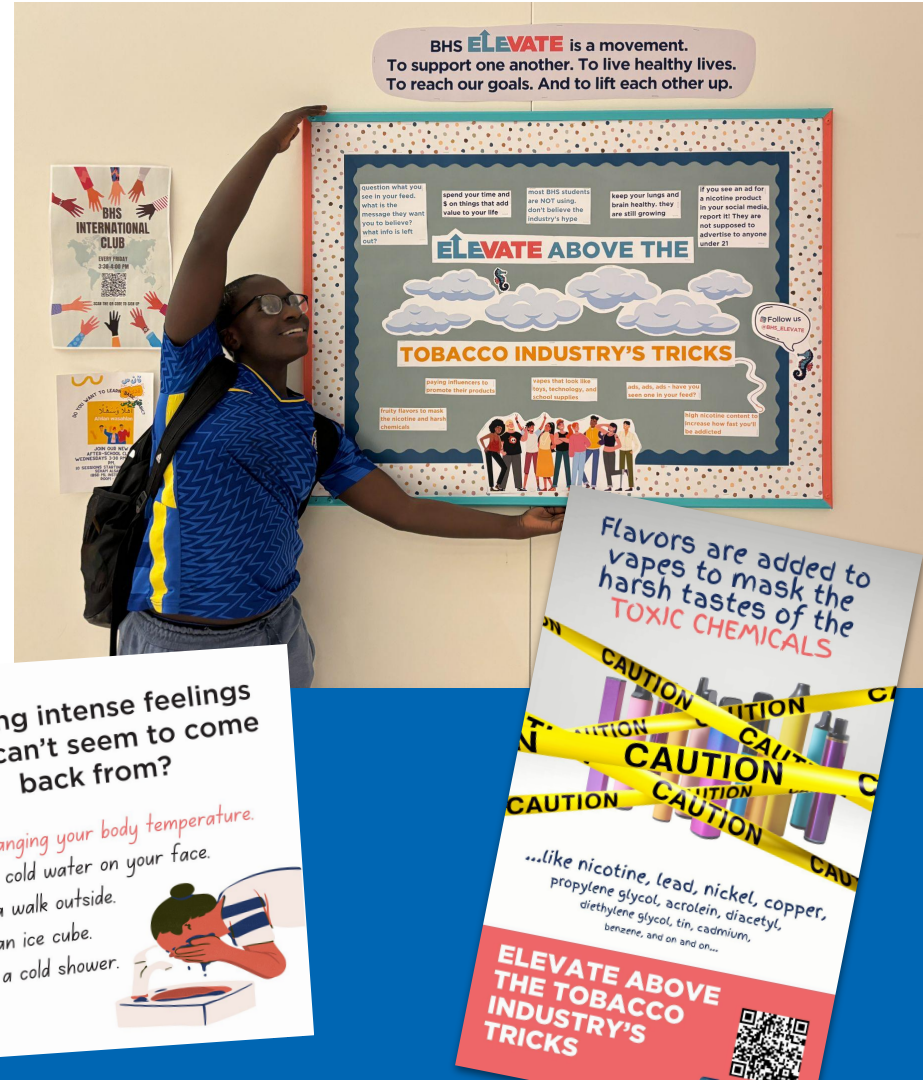


Youth Leadership, Advocacy, and Education



BHS Elevate Campaign: Normalize Non-Use in High School & Increase Perception of Harm of Use While in High School





Providing Information, Enhancing Skills, and Providing Support

BHS Staff are here for you!

BHS ELEVATE

STRONGER CONNECTIONS STRONGER SCHOOL

BUILD RELATIONSHIPS. MANAGE STRESS



Tell us about an adult who helped positively impact you as a teen.

When I was in high school my school counselor was a great support for me. I lost several people in a short span of time and was struggling to come with it. On top of managing school and all other aspects of teenage life, she met weekly and she helped me determine what to prioritize and how to manage grief. When I think back on high school she was one of the people that helped me get through challenging times.

- Holly

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Tell us about an adult who helped positively impact you as a teen.

My high school history teacher, Mr. Parker, had a huge impact on me. He helped me understand that being a student was about more than getting good grades; he encouraged me to find balance in my life and prioritize relationships and good time management skills in addition to content learning. I appreciate him working with me as a complete human and not just seeing me as another student in a class.

- Ms. Wilson

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BUILD RELATIONSHIPS. MANAGE STRESS



Tell us about an adult who helped positively impact you as a teen.

The adults who impacted me most as a teen were my music teachers-my private teacher, Sonja Allen, and my band/orchestra director, Mr. Cox. Their encouragement, kindness, and belief in me helped me find my place (aka The Music Room) and my people at school. I'm forever grateful for teachers like them. They made a huge difference!

- Kathleen Koro

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BUILD RELATIONSHIPS. MANAGE STRESS



Tell us about an adult who helped positively impact you as a teen.

I was a very loud, very flustered, postball in Middle school. I loved to debate, and would frequently challenge anything the teacher might be saying. I had a LOT of amazing, and tolerant, teachers, but I'm especially grateful to Mr. Morton. He enjoyed debate and was great at getting the whole class involved in our battles. Thanks for inspiring me Mr. Morton.

- Ms. Brown

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Tell us about an adult who helped positively impact you as a teen.

My coaches, Daniel Fields and Melvin Jones, inspired me with their unique blend of fun and passion. They taught me to value myself and others while holding me to high expectations which helped me thrive. Their dedication, despite imperfections, left me with lasting admiration and gratitude for their influence in my life.

- Simon

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Tell us about an adult who helped positively impact you as a teen.

My family moved the summer before 9th grade and I was so unsure about starting right where I never knew where I didn't know anyone. He said at the school busdriver that I got a field hockey camp that summer to get to know people. Joining the school's field hockey team was a game-changer for me. I was also able to reach out to my field hockey coach for support when I didn't know anyone at the start of school. This really helped me move up despite feeling awkward.

- Heidi Orr

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Tell us about an adult who helped positively impact you as a teen.

When I was younger, my future felt predetermined-I was expected to become a doctor, lawyer, or engineer. While admirable, these paths didn't align with me, causing self-doubt. Especially when I struggled academically, my student council advisor became a supportive figure. Our weekly lunches allowed me to share openly. She taught me that growth takes time and balance. Helping me believe in myself and trust I could succeed as my true self.

- Coach K

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BUILD RELATIONSHIPS. MANAGE STRESS



Tell us about an adult who helped positively impact you as a teen.


I want to live with my grandma when I was 16 and was having a tough time. She would say, "Heidi, be a good sister." She always took pride in how she raised me. She was a terrible cook and we had a lot. Everyone needs a person who has their back in their corner and she helped me feel safe. I was the best friend ever when I made mistakes. She said her door was always open for me and that made me feel safe. Try to be positive and generous just like she was.

- Heidi

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BUILD RELATIONSHIPS. MANAGE STRESS



Tell us about an adult who helped positively impact you as a teen.

"My German teacher in High School was a major influence in my life. He believed in my abilities and encouraged me to apply for a scholarship to live in Germany for a summer. I ultimately won and spent the most incredible time abroad. This changed my life and I am who I am today because of this amazing individual."

- Herr Gawn

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BUILD RELATIONSHIPS. MANAGE STRESS



Tell us about an adult who helped positively impact you as a teen.

"I have two trusted adults in my life, my mother and Father. Growing up they taught me a lot about being a good person. I have been trying to become that person every day."

- BJ

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STRONGER CONNECTIONS STRONGER SCHOOL

BUILD RELATIONSHIPS. MANAGE STRESS



Tell us about an adult who helped positively impact you as a teen.


Two women stand out to me: Mrs. Campbell, the school nurse, and Mrs. Padua, my Spanish teacher. Both made me feel genuinely cared for and provided a safe space to share my struggles. Mrs. Padua was kind and humorous, forging strong connections with her students, and I was heartbroken when she left; we even made her a quilt in her honor. Nurse Campbell was my rock during high school, offering support as I navigated anxiety and health issues. She listened without judgment and guided me through challenges.

- Lauren Morale

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Tell us about an adult who helped positively impact you as a teen.

Attached is a photo of me holding a photo of my advisor in high school. He was like a father to me because mine was not around. I never would have graduated high school without his help.

- Tony Settel

A Few Long-term Outcome Measures

Outcome Measure		Year 1 HS Baseline (2017)	Year 5 HS (2023 YRBS)	Year 5 HS (2025 Core Survey)*
% of students who reported they used marijuana at least 1x in past 30 days.		25%	19%	13%
% of students who reported they drank alcohol on at least one day in the past 30 days		32%	24%	17%

Outcome Measures

Outcome Measure	Year 1 MS Baseline (2017)	Year 5 MS (2023 YRBS)	Year 5 MS (2025 Core)		Year 1 HS Baseline (2017)	Year 5 HS (2023 YRBS)	Year 5 HS (2025 Core)*
% of students who think their parents or guardians think it is wrong or very wrong for them to use marijuana	92%	93%	96%		74%	71%	82%
% of students who think their parents or guardians think it is wrong or very wrong for them to drink alcohol	89%	89%	92%		69%	66%	75%

Example of one shorter-term measure of success

BHS Elevate

- In 1.5 years of implementing the campaign we've tracked 1,408 students participating in BHS Elevate activities.
- We've done 3 rounds of evaluation of the campaign messages so far - 37- 45% of the students remembered specific data from messages up to 3 months later.
- Overwhelmingly, students had positive things to say about Elevate. Direct quotes from surveys:

"I really like how often you guys put out information and studies you have researched and shared it with the school. It really feels like you care about the well-being of the students of BHS."

"I like how active and engaged BHS Elevate is! Keep it up—it's actually making a difference."

"I learn new things every time." "It helps make knowledge accessible."



Thank you for your time!

Mariah Flynn

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Learn more about us at: burlingtonpartnership.org



Organization: NFI Vermont, Inc (fiscal agent for Burlington Partnership for a Healthy Community)		
	BRIEF DESCRIPTION	TOTAL
PERSONNEL		
Salaries (list individually below)		
Coalition Director	10% of 1.0 FTE or 4 hours/week @ 52 weeks	\$ 7,292.48
Youth Programming Director	35% of 1.0 FTE or 14 hours/week @ 52 weeks	\$ 16,016.00
		\$ -
Fringe Benefits (list individually below)		
Coalition Director	calculated at 26% rate	\$ 1,896.04
Youth Programming Director	calculated at 26% rate	\$ 4,164.16
		\$ -
Total Personnel Costs		\$ 29,368.68
NON -PERSONNEL/OPERATING		
Advertising/Marketing		
		\$ -
Equipment (if allowable: computers, software, etc.)		
		\$ -
Materials/Supplies	\$750 for BHS Elevate materials (posters, monthly tabling, activities in classrooms, incentives for student participation), \$800 for food - \$250/event for two community forums + \$75/workshop for 4 parent workshops/learning events, \$266.92 for office supplies	\$ 1,816.93
Rent/Mortgage		\$ -
Sub-Contracts/grants (list individually below)		
BHS Elevate student support	Paid internships for 1-2 BHS students for 4 hours/week for 22 weeks (Oct - mid June) to help increase student engagement with the BHS Elevate campaign	\$ 1,496.00
Center for Media & Democracy	8 hours at \$75/hr for support from CCTV to help our middle school youth groups make PSAs as part of youth empowerment work, 12 hours of CCTV time at \$75/hr for additional support with development and editing of Substance use training videos for BSD School Staff.	\$ 1,500.00
Telephone (if a direct service cost)		
		\$ -
Training/Education		
		\$ -
Travel	25 miles/month x 12 months x @ .67/mile for 1 staff (\$201) + \$16/week for office parking for 1 staff x 52 weeks (\$400)	\$ 601.00
Utilities		\$ -
Other Direct Service Costs (list individually below)		
		\$ -
Total Non-Personnel/Operating Costs		\$ 5,413.93
Total Direct Costs		\$ 34,782.61
INDIRECT/ADMINISTRATIVE		

Organization: NFI Vermont, Inc (fiscal agent for Burlington Partnership for a Healthy Community)		
	BRIEF DESCRIPTION	TOTAL
Indirect Costs (does not self-calculate; 10% unless a different rate has been approved - Federal or State)	<i>Calculated at 15% federal rate - includes 10% for fiscal agent support (IT, HR, Accounts Payable) and 5% for other indirect costs (Internet, telephone, insurance, software service fees, etc.)</i>	\$ 5,217.39
GRAND TOTAL		\$ 40,000.00