

# MECSH CASE STUDY

Working with a client to parent well despite their complex circumstances and health history

## Client

- Single first time mother, 30-35 years age band
- History of housing instability
- History of substance misuse
- Father of the baby is in jail
- Client has conditional custody of her daughter

Client has a complex history including extensive substance use, homelessness and relationships with intimate partner violence. Father of the baby is currently in jail and client has some natural supports. Client does report being lonely very often.

Vermont's child protection system is currently involved with this family and client has conditional custody of her daughter and is very motivated to keep her in her custody.

Client has been consistent with receiving her Medication-Assisted Treatment and counseling. She is transparent when she has had 'slips' and temporarily returned to use.

Where at first she was very resistant to engaging with services, client now works with multiple agencies and with postpartum doula and Turning Point recovery services. She has consented to engage in a wraparound care team with clinical and community based providers for pregnant people with opioid use disorder to improve health for both mothers and babies.

Client really wants to do well. She loves her daughter and is proud of how healthy she is. She has a clear picture of what she wants and sees opportunities for growth in her role as a parent and works to achieve goals. She acknowledges when she has made a mistake and works with others to repair any issue that mistake may have caused.



**The mom loves her daughter and has a very clear picture of what she wants and sees opportunities for growth in her role as a parent**



## FAMILY IS ON THE ADAPT AND SELF MANAGE PATHWAY SUPPORTED BY THE NURSE



### BUILDING TRUST

Nurse-Client trust relationship bounced the family's health potential trajectory forward



### ASPIRATIONS

Parent has a clear picture of what she wants and sees opportunities



### COMMITMENT

Parent is working with multiple agencies and engaged in supervised family visits with her nurse