Appendix III: VT WIC Minimum Inventory Standard for Chains, Large Grocers and Coops

Use this checklist to determine if your store meets Vermont WIC's required Minimum Inventory, and to periodically check/monitor your stores compliance with the standards.

Category	Subcategory	Quantity Required on Shelf	Size/Container	Туре	Total This Category	Quantity Req Met? Y/N	Variety Requirement Met? Y/N	If marginal, what is delivery frequency?	Meets MI Standard? Y/N
Fruits an	d Vegetables					.,	.,	incquent,	
	Fruits				Any quantity	y of 16 vai	rieties		
	Fresh	8 varieties	fresh	Any WIC approved fresh fruits	Any quantity of 8 varieties				
	Canned or frozen	8 varieties	canned or frozen	Any WIC approved canned or frozen fruits	Any quantity of 8 varieties				
	Vegetables				Any quantity	y of 16 va	rieties		
	Fresh	8 varieties	fresh	Any WIC approved fresh vegetables	Any quantity of 8 varieties				
	Canned or frozen	8 varieties	canned or frozen	Any WIC approved canned/frozen vegetables	Any quantity of 8 varieties				

update your store's POS in conjunction with produce deliveries to be sure all fresh produce items eligible for WIC are mapped correctly.

Category	Subcategory	Quantity Required on Shelf	Size/Container	Туре	Total This Category	Quantity Req Met? Y/N	Variety Requirement Met? Y/N	If marginal, what is delivery frequency?	Meets MI Standard? Y/N
Whole	Must carry Br	ead and 3	additional		Total 36 w	hole grain i	tems		
Grains	whole grain s	ubcategory	options.						
	Bread	18 X 3 varieties	16 oz loaves	Any WIC approved bread					
	Brown Rice	6	1 lb box/bag	Any WIC approved brown rice					
	Tortillas	6	16 oz package	Any WIC approved tortillas					
	Pasta	6	1 lb box/bag	Any WIC approved pasta					
	Oatmeal	6	16 oz package	Any WIC approved oatmeal					
Dairy (Eg	gs, Milk, Chees	e, Yogurt, S	Soy Beverage a	nd Tofu)					1
Eggs					Total 8 doz	en eggs			
	Medium, Large, Extra Large, Jumbo, Brown or White	8	Whole Dozen	Any WIC approved eggs					
Milk					Total 38 m	ilk (16 gallo	ns, 8 half gall	ons and 6 qu	uarts)
	Low-fat Milk	10	Gallons	Any WIC approved 1%, or					
		8	Half Gallons	skim (fat free) fluid milk					
		4	Quarts						

Category	Subcategory	Quantity Required on Shelf	Size/Container	Туре	Total This Category	Quantity Req Met? Y/N	Variety Requirement Met? Y/N	If marginal, what is delivery frequency?	Meets MI Standard? Y/N		
	Whole Milk	6	Gallons	Any WIC approved Whole							
		<u>and</u> 2	Quarts	fluid milk							
	Lactose Free	4	Half Gallons	WIC-approved Lactose Free 1% or skim (fat free) fluid milk							
		4	Half Gallons	WIC-approved Lactose Free Whole fluid milk							
	Cheese				Total 8 pounds cheese, 2 varieties						
	Block, Shredded or Sliced American	8 lbs, minimum 2 varieties	8 oz and/or 16 oz blocks/bricks	Any WIC approved cheese							
	Yogurt		l	1	Total 16 yogu	rt		1			
	Low-fat Yogurt	10	32 oz tubs	Any WIC approved 1%, or skim (fat free) yogurt							
	Whole Milk Yogurt	<u>and</u> 6	32 oz tubs	Any WIC approved Whole milk yogurt							

Category	Subcategory	Quantity Required on Shelf	Size/Container	Туре	Total This Category	Quantity Req Met? Y/N	Variety Requirement Met? Y/N	If marginal, what is delivery frequency?	Meets MI Standard? Y/N	
	Soymilk Beve	rage			Total 12 soy	beverage				
		6	64 oz Refrigerated	Any WIC approved fortified Soymilk Beverage						
		Upon Request	32 oz Shelf- stable	Any WIC approved fortified Soymilk Beverage						
	Tofu		L	L	Total 8 packages tofu					
		8	8, 14, and 16 oz packages	Any WIC approved tofu						
Peanut B	utter / Beans,	Peas, Lenti	ls		38 Total U	nits				
	Peanut Butter	18	16-18 ounce jars	Any WIC approved peanut butter	Total 18 Jars					
	Canned Beans	8 X 2 varieties	15-16 oz cans	Any WIC approved canned legumes	Total 16 Cans or					
	Dried Beans, Lentils, Peas	OR 2X2 varieties	1 pound bags	Any WIC approved dried legumes	4 Bags Legumes					

VT WIC Minimum Inventory – Chains and Large Independent Grocers

Category	Subcategory	Quantity Required on Shelf	Size/Container	Туре	Total This Category	Quantity Req Met? Y/N	Variety Requirement Met? Y/N	If marginal, what is delivery frequency?	Meets MI Standard? Y/N
Cereal					Total 18 wł	hole grain a	and 12 other l	boxes	
	Whole Grain WIC Cereals	9 X 2 varieties whole grain	8.9 oz boxes, min weight	Any WIC approved <u>whole</u> grain cereal					
	Other (non-whole grain, hot or cold)	6 X 2 varieties non-whole grain	8.9 oz boxes, min weight	Any WIC approved cereal					
Juice					Total 38 jui	ice			
	Children	12, min 2 varieties	64 oz fluid	Any WIC approved, shelf stable or refrigerated					
		6, min 1 variety	16 oz frozen OJ OR 64 oz fluid refrigerated OJ	Any WIC approved frozen OR refrigerated OJ					
	Women	12, min 2 varieties	48 oz fluid	Any WIC approved shelf stable					
		AND 8, min 2 varieties	11.5/12 oz frozen	Any WIC approved frozen juice					

VT WIC Minimum Inventory – Chains and Large Independent Grocers

Category	Subcategory	Quantity Required on Shelf	Size/Container	Туре	Total This Category	Quantity Req Met? Y/N	Variety Requirement Met? Y/N	If marginal, what is delivery frequency?	Meets MI Standard? Y/N
Canned F	ish			Total 12 cans fish					
	Tuna, Salmon or Sardines	12	5 oz cans	Any WIC approved canned fish					
Infant Fo	rmula and Foo	ds							
	Infant Formul	а			Total 36 ca	ns formula	1		
	Contract Brand	36	cans	Abbott Similac Advance Powder 12.4 oz UPC# 070074559582					
	Infant Foods				Total 72 jars	s (36 fruits	and 36 veget	tables)	
	Infant Fruits	36, min 3 varieties	4 oz jars	3 varieties WIC approved infant **fruits	Total 36 jars fruits				
	Infant Vegetables	36, min 3 varieties	4 oz jars	3 varieties WIC approved infant **vegetables	Total 36 jars vegetables				
		-	etable combinations all WIC allowed	ons are WIC Approve	ed – Refer to				
	Infant Meats	24	2.5 oz jars	2 varieties WIC approved infant meats	Total 24 jars meats				
	Infant Cereal	8	8 oz boxes	Any WIC Approved infant cereal	Total 8 boxes infant cereal				