



This manual reviews information about Vermont’s Impaired Driver Rehabilitation Program (IDRP) including frequently asked questions, the IDRP process, and program requirements. If you are convicted of driving under the influence of alcohol or drugs in Vermont, you must complete IDRP to reinstate your unrestricted driver’s license.

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Frequently Asked Questions

How do I schedule my exit interview?

- Contact your IDRPs Clinical Evaluator to schedule an exit interview after you have completed all education and treatment requirements.

Can I start treatment before I complete IDRPs education?

- Yes! You can start treatment at any time after the offense has occurred.

Can I start IDRPs before I go to court?

- Yes! You can start the program at any time after the offense has occurred.

Do I need to complete IDRPs if my charges are dropped?

- You may still need to complete IDRPs if your charges have been reduced or dropped. Contact the [Vermont Department of Motor Vehicles](#) at 802-828-2000 or your legal representation if you have questions about your charges.

Can my alcohol or other drug counseling replace IDRPs education?

- No. You may be required to complete counseling *in addition to* IDRPs education, but it cannot replace it.

Can my victim's impact panel replace IDRPs?

- No. The court may require you to attend a victim's impact panel, but it is not part of IDRPs.

Can my Safe Driving Program replace IDRPs?

- No. The court may require you to take a Safe Driving Program but it is not part of IDRPs.

Is IDRPs required before I can get an ignition interlock device?

- No, but IDRPs completion is required to remove the ignition interlock device to avoid suspension.

Are urine drug screenings and abstinence required for IDRPs?

- You may be asked to submit urine drug screens or engage in a period of abstinence by the IDRPs Clinical Evaluator or the treatment clinician.

I have been able to get my license before, why do I have to do IDRPs now?

- The federal government requires that all states participate in the [National Driver Register](#) to prevent people who have a suspended license in one state from getting license in another state. Some states only recently began checking the register.

The IDRP process

1. **Registration** – Choose [any approved Vermont IDRP provider](#) and contact them to register.
2. **Evaluation** – An IDRP Clinical Evaluator will evaluate your program requirements, and help you understand what your treatment requirements are.
3. **Education** – You will participate in 10 hours of education (lectures, reading, videos and small group discussions). This education is the same across all [Vermont providers](#) and can be completed in 2 sessions (“intensive”) or over 4 sessions (“non-intensive”).
4. **Treatment** – The IDRP Clinical Evaluator will give you information on your individual treatment requirements. All treatment hours need to be completed before your IDRP completion is processed, and must be completed with a licensed clinician.
5. **Exit Interview** - The IDRP Clinical Evaluator may require an exit interview after you complete your education and treatment requirements.

	IDRP Education	Treatment
1st Offense	You may take either the intensive (10 hours in 2 sessions) or non-intensive (10 hours over 4 sessions) program	May be required by the IDRP Clinical Evaluator. Minimum of 4 treatment hours over a minimum of 4 weeks, if required.
2nd Offense		Minimum of 20 treatment hours over a minimum of 24 weeks.
3rd Offense or more (Lifetime Suspension)	IDRP education not required	Minimum of 20 treatment hours over a minimum of 24 weeks, plus DMV Total Abstinence Program .

Questions? Contact the [IDRP Central Office!](#)

Contact the [Vermont Department of Motor Vehicles \(DMV\)](#) at 802-828-2000 for information about license suspensions or offense information.

IDRP Cost

- The mandatory evaluation is \$180.
- The mandatory education program is \$220. The intensive programs (who offer IDRP education over two days) may have slightly higher fees if they offer meals.

Registering for IDRP

- Choose [any approved Vermont IDRP provider](#) and contact them to register.

Lifetime suspensions

- If you live in Vermont and have a lifetime suspension, you will need to complete treatment (a minimum of 20 treatment hours over a minimum of 24 weeks) **and** apply for reinstatement of your license through the [DMV Total Abstinence](#) Application process.
- DMV Total Abstinence is not the same as IDRP. For more information about DMV Total Abstinence, please [visit their website](#) or them at (802) 828-2067.

Virtual programming

- Vermont's approved IDRP education is offered virtually! It is a live class with scheduled start and end times. You will need access to an internet connected device with a webcam to participate in the education programming.
- Contact [any approved Vermont IDRP provider](#) to register.

Important forms

For you to complete

- Please complete the [Release of Confidential Information Form](#) – this form allows IDRP Central Office to communicate your IDRP completion with the DMV and is an important step towards license reinstatement.
 - If you need your IDRP completion sent to a Department of Motor Vehicles outside of Vermont, you must include the name and complete mailing address or fax number.

For your treatment clinician to complete

- Your treatment clinician must complete and send the [Treatment Information Form](#) to the IDRP Central Office (Fax #: 1-866-272-7989)
- Treatment Information Forms submitted by clients cannot be accepted.

Out of State (Non-Vermont) Residents

- If you live out-of-state and receive an impaired driving offense in Vermont, you should complete your state's approved program and provide proof of completion to IDRP. Vermont is a member of the [47 State Driver License Interstate Compact](#), which allows the exchange of information concerning license suspensions and traffic violations of non-residents. This process can be complicated—feel free to call the [IDRP Central Office](#) for information about approved out of state programs.
- If you live out-of-state and receive an impaired driving offense in Vermont, you may choose to take Vermont's IDRP. Before registering for IDRP in Vermont, it is important to **verify that your state will accept Vermont's program**. Your state may have additional requirements for license reinstatement.

Contact Us

Impaired Driver Rehabilitation Program (IDRP) Central Office

Department of Health, Division of Substance Use Programs
108 Cherry Street
Burlington, VT 05401

Phone: 802-651-1574

We may be on the phone assisting other clients when you call. Please leave your name, your phone number, and a good time to reach you. Messages will be returned as soon as possible – usually within two business days.

Email: AHS.VDHIDRP@vermont.gov

You can also reach us by email – please be aware that IDRP Central Office cannot guarantee the security of information sent by email.

Fax: 1-866-272-7989