

**VERMONT**  
**2024 School Health Profiles Report**  
**Survey Summary**

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The School Health Profiles (Profiles) assists state and local education and health agencies in monitoring and assessing characteristics of school health education; physical education and physical activity; practices related to bullying and sexual harassment; school health policies related to tobacco-use prevention and nutrition; school-based health services; family engagement and community involvement; and school health coordination. Data from Profiles can be used to improve school health programs.

Two questionnaires are used to collect data – one for school principals and one for lead health education teachers. The two questionnaires were administered online to 139 regular public schools containing any of grades 6 through 12 in Vermont during spring 2024. One or both questionnaires were received from 99% of eligible sampled schools. Usable questionnaires were received from principals in 95% of schools and from lead health education teachers in 93% of schools. Because the response rates for these surveys were greater than or equal to 70%, the results are weighted and are representative of all regular public schools in Vermont having at least one of grades 6 through 12. Results from the principal and lead health education teacher surveys are presented for the following types of schools in Vermont:

- High schools with a low grade of 9 or higher and a high grade of 10 or higher;
- Middle schools with a high grade of 9 or lower;
- Junior/senior high schools with a low grade of 8 or lower and a high grade of 10 or higher; and
- All schools.

The Profiles questionnaires were developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention in collaboration with representatives of state, local, and territorial departments of health and education.