## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

### **REPORT FOR WASHINGTON CENTRAL SU (SU032)**

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



#### About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

#### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



#### Using the YRBS Results

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness</u>: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

<u>Remember to Look at the Positive Side:</u> In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

<u>Participate in Getting to 'Y':</u> Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



# HIGH SCHOOL RESULTS WASHINGTON CENTRAL SU (SU032) REPORT

http://healthvermont.gov/yrbs



#### SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS						
	SU/SD	VT				
Total	537	27349				

		SU/SD	VT
Sex	Male	50%	51%
	Female	50%	49%
Grade	9th Grade	25%	25%
	10th Grade	24%	25%
	11th Grade	26%	25%
	12th Grade	26%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	94%	83%
	Students of Color (REM)	6%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	85%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	15%	11%





### SECTION 2: PERSONAL SAFETY

AL FIGHT, PAST YEAR	PHYSICA	WERE IN A	
	VT	SU/SD	
Overall Differences: State v	17%	19%	

VIOLENCE AND BULLYING

		SU/SD	VT	
Overall		19%	17%	Overall Differences: State vs SU
Sex	Male	26%	22%	VT and SU are Similar
	Female	12%	11%	Within SU Differences
Grade	Grade 9	26%	21%	Males > Females
	Grade 10	25%	18%	9 > 11
	Grade 11	15%	15%	9 > 12
	Grade 12	12%	13%	10 > 12
				10 > 11

W	WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR						
		SU/SD	VT				
Overall		6%	7%	Overall Differences: State vs SU			
Sex	Male	9%	9%	VT and SU are Similar			
	Female	4%	3%	Within SU Differences			
Grade	Grade 9	10%	9%	Males > Females			
	Grade 10	7%	7%	Too few students in at least one grade			
	Grade 11		6%				
	Grade 12	6%	4%				



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	CARRIED A	WEAPON	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	_
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	11%	10%	VT and SU are Similar
	Female	3%	3%	Within SU Differences
Grade	Grade 9		5%	Males > Females
	Grade 10	9%	6%	Too few students in at least one grade
	Grade 11	8%	8%	
	Grade 12	9%	8%	

# WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR

		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	4%	3%	Within SU Differences
Grade	Grade 9	7%	6%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		4%	
	Grade 12	7%	4%	



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WER	E ELECTF	LY BULLIED, PAST YEAR	
		SU/SD	VT	_
Overall		16%	16%	Overall Differences: State vs SU
Sex	Male	12%	10%	VT and SU are Similar
	Female	19%	22%	Within SU Differences
Grade	Grade 9	17%	19%	Females > Males
	Grade 10	19%	16%	
	Grade 11	14%	15%	
	Grade 12	13%	13%	

		WERI	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		14%	16%	Overall Differences: State vs SU
Sex	Male	9%	11%	VT and SU are Similar
	Female	18%	20%	Within SU Differences
Grade	Grade 9	14%	21%	Females > Males
	Grade 10	22%	16%	10 > 9
	Grade 11	10%	14%	10 > 12
	Grade 12	9%	12%	10 > 11



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	В	ULLIED S	E ELSE, PAST 30 DAYS	
		SU/SD	VT	_
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	12%	10%	VT and SU are Similar
	Female	6%	8%	Within SU Differences
Grade	Grade 9	11%	9%	Males > Females
	Grade 10	11%	9%	
	Grade 11	10%	9%	
	Grade 12	6%	8%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS						
		SU/SD	VT			
Overall	-	5%	5%	Overall Differences: State vs SU		
Sex	Male	4%	4%	VT and SU are Similar		
	Female	6%	6%	Within SU Differences		
Grade	Grade 9	·	5%	Too few students in at least one grade		
	Grade 10	8%	5%			
	Grade 11	5%	5%			
	Grade 12		4%			



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE					
		SU/SD	VT		
Overall		7%	6%	Overall Differences: State vs SU	
Sex	Male	6%	3%	VT and SU are Similar	
	Female	9%	9%	Within SU Differences	
Grade	Grade 9	7%	5%		
	Grade 10	8%	5%		
	Grade 11	9%	7%		
	Grade 12	7%	7%		

	EXPERIE	NCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		13%	10%	Overall Differences: State vs SU
Sex	Male	9%	5%	SU > VT
	Female	19%	15%	Within SU Differences
Grade	Grade 9	•	10%	Females > Males
	Grade 10	22%	11%	Too few students in at least one grade
	Grade 11	9%	10%	
	Grade 12		9%	



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	_
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	10%	6%	VT and SU are Similar
	Female	6%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10	8%	7%	
	Grade 11		7%	
	Grade 12		7%	



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	5%	7%	Overall Differences: State vs SU	
Sex	Male	9%	9%	VT and SU are Similar	
	Female		5%	Within SU Differences	
Grade	Grade 9		5%	Too few students by sex	
	Grade 10		4%	Too few students in at least one grade	
	Grade 11		7%		
	Grade 12		10%		

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS					
		SU/SD	VT		
Overall		14%	14%	Overall Differences: State vs SU	
Sex	Male	14%	16%	VT and SU are Similar	
	Female	13%	12%	Within SU Differences	
Grade	Grade 9		8%	Too few students in at least one grade	
	Grade 10	19%	9%		
	Grade 11	15%	15%		
	Grade 12		21%		



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall		16%	18%	Overall Differences: State vs SU	
Sex	Male	18%	17%	VT and SU are Similar	
	Female	15%	19%	Within SU Differences	
Grade	Grade 9	14%	17%	10 > 9	
	Grade 10	22%	18%		
	Grade 11	15%	18%		
	Grade 12	15%	18%		

#### RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS

		SU/SD	VT	
Overall		19%	20%	Overall Differences: State vs SU
Sex	Male	21%	20%	VT and SU are Similar
	Female	18%	20%	Within SU Differences
Grade	Grade 9	9%	13%	10 > 9
	Grade 10	27%	18%	11 > 9
	Grade 11	22%	22%	12 > 9
	Grade 12	18%	28%	





#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

TEXTED	TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS					
		SU/SD	VT			
Overall		31%	34%	Overall Differences: State vs SU		
Sex	Male	33%	34%	VT and SU are Similar		
	Female	26%	34%	Within SU Differences		
Grade	Grade 9	•	9%	Too few students in at least one grade		
	Grade 10	12%	16%			
	Grade 11	37%	42%			
	Grade 12		53%			



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR						
	SU/SD	VT				
Never wore a helmet	12%	11%				
Rarely wore a helmet	3%	3%				
Sometimes wore a helmet		3%	Too few students			
Most of the time wore a helmet	10%	9%				
Always wore a helmet	73%	74%				

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR					
		SU/SD	VT		
Overall	-	14%	14%	Overall Differences: State vs SU	
Sex	Male	19%	17%	VT and SU are Similar	
	Female	8%	9%	Within SU Differences	
Grade	Grade 9	17%	11%	Males > Females	
	Grade 10		13%	Too few students in at least one grade	
	Grade 11		15%		
	Grade 12		15%		



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HAD	HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR					
		SU/SD	VT			
Overall		19%	18%	Overall Differences: State vs SU		
Sex	Male	22%	20%	VT and SU are Similar		
	Female	15%	16%	Within SU Differences		
Grade	Grade 9	26%	20%	Males > Females		
	Grade 10	15%	18%	9 > 10		
	Grade 11	15%	17%	9 > 11		
	Grade 12	19%	16%			



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT			
Overall	-	48%	54%	Overall Differences: State vs SU		
Sex	Male	42%	51%	VT > SU		
	Female	54%	58%	Within SU Differences		
Grade	Grade 9	29%	47%	Females > Males		
	Grade 10	55%	53%	10 > 9		
	Grade 11	54%	58%	11 > 9		
	Grade 12	55%	61%	12 > 9		

#### MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

		SU/SD	VT	_
Overall		57%	55%	Overall Differences: State vs SU
Sex	Male	59%	53%	VT and SU are Similar
	Female	56%	56%	Within SU Differences
Grade	Grade 9	61%	57%	9 > 12
	Grade 10	60%	56%	10 > 12
	Grade 11	65%	54%	11 > 12
	Grade 12	43%	52%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTE PAST 7 DAYS				
		SU/SD	VT		
Overall		17%	23%	Overall Differences: State vs SU	
Sex	Male	14%	23%	VT > SU	
	Female	19%	23%	Within SU Differences	
Grade	Grade 9	16%	22%		
	Grade 10	21%	23%		
	Grade 11	19%	23%		
	Grade 12	12%	24%		

WERE I	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		30%	33%	Overall Differences: State vs SU
Sex	Male	28%	33%	VT and SU are Similar
	Female	33%	33%	Within SU Differences
Grade	Grade 9	32%	32%	
	Grade 10	35%	33%	
	Grade 11	31%	33%	
	Grade 12	25%	36%	



#### SECTION 3: MENTAL HEALTH

#### FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		SU/SD	VT	
Overall		25%	25%	Overall Differences: State vs SU
Sex	Male	12%	16%	VT and SU are Similar
	Female	37%	35%	Within SU Differences
Grade	Grade 9	24%	23%	Females > Males
	Grade 10	28%	26%	
	Grade 11	22%	26%	
	Grade 12	28%	26%	

#### DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		SU/SD	VT	_
Overall		18%	16%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	25%	25%	Within SU Differences
Grade	Grade 9	17%	18%	Females > Males
	Grade 10	20%	18%	
	Grade 11	16%	16%	
	Grade 12	16%	14%	



#### SECTION 3: MENTAL HEALTH

MADE	MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR					
		SU/SD	VT			
Overall		13%	11%	Overall Differences: State vs SU		
Sex	Male	9%	7%	VT and SU are Similar		
	Female	16%	15%	Within SU Differences		
Grade	Grade 9	9%	11%	Females > Males		
	Grade 10	19%	12%	10 > 9		
	Grade 11	9%	11%	10 > 11		
	Grade 12	16%	10%			

	ATTEMPTED SU			ICIDE, PAST YEAR
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	Grade 9	8%	6%	Females > Males
	Grade 10	8%	6%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		23%	24%	Overall Differences: State vs SU
Sex	Male	24%	26%	VT and SU are Similar
	Female	22%	22%	Within SU Differences
Grade	Grade 9	10%	17%	10 > 9
	Grade 10	24%	21%	11 > 9
	Grade 11	30%	28%	12 > 9
	Grade 12	29%	31%	

	SMO	KED A CI	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		7%	8%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	5%	6%	Within SU Differences
Grade	Grade 9	5%	8%	Too few students in at least one grade
	Grade 10	11%	8%	
	Grade 11	7%	8%	
	Grade 12		7%	



	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall		25%	34%	Overall Differences: State vs SU
Sex	Male	28%	37%	VT > SU
	Female	23%	31%	Within SU Differences
Grade	Grade 9	14%	23%	10 > 9
	Grade 10	29%	31%	11 > 9
	Grade 11	32%	38%	12 > 9
	Grade 12	27%	44%	

	EVE	R TRIED H	FLAVORE	CD TOBACCO PRODUCTS
		SU/SD	VT	
Overall		16%	21%	Overall Differences: State vs SU
Sex	Male	18%	24%	VT > SU
	Female	13%	17%	Within SU Differences
Grade	Grade 9	•	12%	Too few students in at least one grade
	Grade 10	20%	17%	
	Grade 11	22%	24%	
	Grade 12	19%	30%	



		EV	'ER DRAN	NK ALCOHOL
		SU/SD	VT	_
Overall		57%	58%	Overall Differences: State vs SU
Sex	Male	56%	57%	VT and SU are Similar
	Female	57%	58%	Within SU Differences
Grade	Grade 9	34%	41%	10 > 9
	Grade 10	59%	54%	11 > 9
	Grade 11	70%	65%	12 > 9
	Grade 12	65%	71%	11 > 10

	D	RANK AL(	COHOL B	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall	-	12%	14%	Overall Differences: State vs SU
Sex	Male	10%	16%	VT and SU are Similar
	Female	13%	11%	Within SU Differences
Grade	Grade 9	10%	17%	10 > 11
	Grade 10	17%	13%	
	Grade 11	9%	13%	
	Grade 12	11%	11%	



		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		37%	37%	Overall Differences: State vs SU
Sex	Male	37%	37%	VT and SU are Similar
	Female	38%	37%	Within SU Differences
Grade	Grade 9	24%	23%	10 > 9
	Grade 10	40%	34%	11 > 9
	Grade 11	47%	42%	12 > 9
	Grade 12	40%	50%	

	TF	RIED MAR	IJUANA I	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	5%	6%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	4%	5%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10	10%	6%	
	Grade 11		6%	
	Grade 12		5%	



	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		9%	8%	Overall Differences: State vs SU
Sex	Male	9%	8%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10	18%	7%	
	Grade 11	6%	8%	
	Grade 12	10%	9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	_	9%	6%	Overall Differences: State vs SU
Sex	Male	10%	7%	SU > VT
	Female	7%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10	12%	6%	
	Grade 11	10%	6%	
	Grade 12	9%	9%	



		Е	VER USE	D COCAINE
		SU/SD	VT	_
Overall		5%	4%	Overall Differences: State vs SU
Sex	Male	9%	5%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		2%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11	7%	4%	
	Grade 12	8%	6%	

		EV	TER USEL	) INHALANTS
		SU/SD	VT	
Overall	-	6%	6%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9	7%	6%	Too few students in at least one grade
	Grade 10	7%	6%	
	Grade 11	7%	6%	
	Grade 12		6%	



		]	EVER US	ED HEROIN
		SU/SD	VT	_
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED ANY	TOBACC	O PRODU	JCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		21%	24%	Overall Differences: State vs SU
Sex	Male	23%	28%	VT and SU are Similar
	Female	18%	18%	Within SU Differences
Grade	Grade 9	9%	14%	10 > 9
	Grade 10	26%	20%	11 > 9
	Grade 11	27%	26%	12 > 9
	Grade 12	23%	33%	

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		17%	19%	Overall Differences: State vs SU
Sex	Male	18%	23%	VT and SU are Similar
	Female	14%	14%	Within SU Differences
Grade	Grade 9	6%	11%	10 > 9
	Grade 10	22%	16%	11 > 9
	Grade 11	20%	22%	12 > 9
	Grade 12	21%	28%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		15%	15%	Overall Differences: State vs SU
Sex	Male	16%	19%	VT and SU are Similar
	Female	13%	11%	Within SU Differences
Grade	Grade 9	6%	8%	10 > 9
	Grade 10	19%	12%	11 > 9
	Grade 11	15%	17%	12 > 9
	Grade 12	21%	22%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	8%	10%	VT and SU are Similar
	Female	8%	8%	Within SU Differences
Grade	Grade 9	6%	5%	
	Grade 10	11%	7%	
	Grade 11	8%	11%	
	Grade 12	7%	13%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days		15%	Too few students			
6 to 9 days		10%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		9%	Too few students			
All 30 days		25%	Too few students			

A	MONG CUR	RENT SM	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	-		25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

### AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED

	SU/SD	VT	
Less than 1 cigarette		30%	Too few students
1 cigarette		19%	Too few students Too few students
2 to 5 cigarettes		30%	Too few students
6 to 10 cigarettes		9%	Too few students Too few students
11 to 20 cigarettes		4%	Too few students
More than 20 cigarettes		8%	Too few students

#### AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED

		SU/SD	VT	
Overall			12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		8%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		12%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	_
Overall		9%	12%	Overall Differences: State vs SU
Sex	Male	10%	14%	VT > SU
	Female	8%	9%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10	18%	10%	
	Grade 11	11%	13%	
	Grade 12		17%	

#### AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
Friend/family used them	25%	35%	VT > SU
To try to quit other tobacco	•	5%	Too few students
Cost less than other tobacco	•	1%	Too few students
Easier to get than other tobacco	•	1%	Too few students
Less harmful than other tobacco	8%	8%	
Available in flavors	14%	17%	
Used for some other reason	46%	33%	SU > VT



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD VT					
1 or 2 days	•	37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days		11%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		7%	Too few students			
All 30 days		15%	Too few students			

#### AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS

		SU/SD	VT	
Overall			33%	Overall Differences: State vs SU
Sex	Male		37%	Too few students
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



## SECTION 4: SUBSTANCE USE CURRENT USE

# AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	SU/SD	VT	
Bought them in a store		8%	Too few students
I got them on the Internet		10%	Too few students
Someone else bought them		14%	Too few students
Borrowed them		38%	Too few students
A person 18 or older gave me		11%	Too few students
Took them from a store		2%	Too few students
Some other way		18%	Too few students

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	6%	8%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10	5%	5%	Too few students in at least one grade
	Grade 11	4%	6%	
	Grade 12		7%	



## SECTION 4: SUBSTANCE USE CURRENT USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	11%	13%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10	14%	7%	
	Grade 11	6%	10%	
	Grade 12	18%	15%	

# TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR

		SU/SD	VT	
Overall		27%	33%	Overall Differences: State vs SU
Sex	Male		30%	VT and SU are Similar
	Female		37%	Within SU Differences
Grade	Grade 9		33%	Too few students by sex
	Grade 10		35%	Too few students in at least one grade
	Grade 11		32%	
	Grade 12		32%	



		DRANK	K ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		31%	33%	Overall Differences: State vs SU
Sex	Male	31%	32%	VT and SU are Similar
	Female	31%	34%	Within SU Differences
Grade	Grade 9	15%	20%	10 > 9
	Grade 10	33%	30%	11 > 9
	Grade 11	39%	36%	12 > 9
	Grade 12	40%	46%	

		BING	E DRANH	K, PAST 30 DAYS
		SU/SD	VT	
Overall		16%	17%	Overall Differences: State vs SU
Sex	Male	19%	17%	VT and SU are Similar
	Female	14%	17%	Within SU Differences
Grade	Grade 9	7%	8%	10 > 9
	Grade 10	17%	14%	11 > 9
	Grade 11	19%	19%	12 > 9
	Grade 12	24%	27%	



AMO	AMONG CURRENT USERS: FREQUENCY OF DRINKING						
	SU/SD	VT					
1 or 2 days	42%	49%	VT > SU				
3 to 5 days	27%	26%					
6 to 9 days	16%	13%					
10 to 19 days	9%	7%					
20 to 29 days		2%	Too few students				
All 30 days		3%	Too few students				

	AMC	NG CURR	ENT USE	RS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall	-	16%	12%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female	10%	9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



AMONG	AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT					
1 or 2 drinks	29%	35%					
3 drinks	10%	6%					
4 drinks		8%	Too few students				
5 drinks	18%	13%					
6 or 7 drinks	16%	15%					
8 or 9 drinks	12%	8%					
10 or more drinks	12%	14%					

	AMONG CU	RRENT US	SERS: BIN	IGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall		59%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT and SU are Similar
	Female	51%	55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



AMONG CURRENT USERS: ALCOHOL SOURCE						
	SU/SD	VT				
Bought in store		3%	Too few students			
Bought in restaurant		2%	Too few students			
Bought at public event		0%	Too few students			
I gave someone money to buy	32%	23%	SU > VT			
Someone gave it to me	38%	40%				
Took from store/family	11%	12%				
Some other way	10%	20%	VT > SU			

		USED N	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		25%	24%	Overall Differences: State vs SU
Sex	Male	25%	24%	VT and SU are Similar
	Female	24%	23%	Within SU Differences
Grade	Grade 9	11%	15%	10 > 9
	Grade 10	31%	22%	11 > 9
	Grade 11	29%	25%	12 > 9
	Grade 12	30%	32%	



AMONG	CURRENI	USERS:
	SU/SD	VT
1 or 2 times	34%	34%
3 to 9 times	25%	25%
10 to 19 times	13%	12%
20 to 39 times	8%	10%
40 or more times	21%	20%

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall		42%	41%	Overall Differences: State vs SU
Sex	Male		47%	VT and SU are Similar
	Female		35%	Within SU Differences
Grade	Grade 9	•	37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED				
	SU/SD	VT		
Smoked it	83%	91%	VT > SU	
Ate in food	7%	4%		
Drank in tea or other drink		1%	Too few students	
Vaporized	5%	2%	SU > VT	
Some other way		2%	Too few students	

	MISU	USED A PR	ESCRIPT	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	9%	6%	SU > VT
	Female	5%	5%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10	12%	5%	
	Grade 11	7%	5%	
	Grade 12	7%	7%	



## SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR					
		SU/SD	VT		
Overall		21%	15%	Overall Differences: State vs SU	
Sex	Male	23%	17%	SU > VT	
	Female	19%	13%	Within SU Differences	
Grade	Grade 9	17%	14%	10 > 9	
	Grade 10	26%	16%		
	Grade 11	20%	16%		
	Grade 12	21%	14%		

ATTE	ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR					
		SU/SD	VT			
Overall		12%	13%	Overall Differences: State vs SU		
Sex	Male	12%	14%	VT and SU are Similar		
	Female	12%	12%	Within SU Differences		
Grade	Grade 9	9%	9%	10 > 9		
	Grade 10	20%	12%	10 > 12		
	Grade 11	14%	14%	11 > 12		
	Grade 12	6%	18%			



## SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

#### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		SU/SD	VT	
Overall		21%	25%	Overall Differences: State vs SU
Sex	Male	17%	25%	VT > SU
	Female	23%	24%	Within SU Differences
Grade	Grade 9	26%	32%	9 > 11
	Grade 10	21%	26%	
	Grade 11	15%	21%	
	Grade 12	22%	20%	

THI	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT	_		
Overall		88%	84%	Overall Differences: State vs SU		
Sex	Male	88%	82%	SU > VT		
	Female	88%	86%	Within SU Differences		
Grade	Grade 9	94%	90%	9 > 10		
	Grade 10	81%	88%	9 > 12		
	Grade 11	90%	83%	11 > 10		
	Grade 12	85%	75%			



THIN	NK IT IS WR	ONG OR V		ONG FOR SOMEONE THEIR AGE TO ALCOHOL
		SU/SD	VT	
Overall	•	52%	54%	Overall Differences: State vs SU
Sex	Male	54%	55%	VT and SU are Similar
	Female	50%	54%	Within SU Differences
Grade	Grade 9	74%	71%	9 > 10
	Grade 10	49%	59%	9 > 11
	Grade 11	51%	48%	9 > 12
	Grade 12	35%	39%	10 > 12
				11 > 12

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA					
		SU/SD	VT	_		
Overall		48%	55%	Overall Differences: State vs SU		
Sex	Male	46%	56%	VT > SU		
	Female	50%	55%	Within SU Differences		
Grade	Grade 9	69%	69%	9 > 10		
	Grade 10	44%	60%	9 > 11		
	Grade 11	42%	51%	9 > 12		
	Grade 12	39%	42%			



THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES						
		SU/SD	VT				
Overall		95%	91%	Overall Differences: State vs SU			
Sex	Male	94%	90%	SU > VT			
	Female	95%	93%	Within SU Differences			
Grade	Grade 9	99%	94%	9 > 11			
	Grade 10	96%	94%	9 > 12			
	Grade 11	95%	91%				
	Grade 12	90%	87%				

THIN	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL						
		SU/SD	VT				
Overall		67%	66%	Overall Differences: State vs SU			
Sex	Male	65%	64%	VT and SU are Similar			
	Female	68%	67%	Within SU Differences			
Grade	Grade 9	87%	78%	9 > 10			
	Grade 10	75%	71%	9 > 11			
	Grade 11	59%	63%	9 > 12			
	Grade 12	49%	50%	10 > 12			
				10 > 11			



THIN	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA								
		SU/SD	VT						
Overall	-	74%	76%	Overall Differences: State vs SU					
Sex	Male	70%	75%	VT and SU are Similar					
	Female	78%	77%	Within SU Differences					
Grade	Grade 9	89%	83%	Females > Males					
	Grade 10	74%	79%	9 > 10					
	Grade 11	69%	75%	9 > 11					
	Grade 12	65%	69%	9 > 12					

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	7%	5%	SU > VT
Slight risk	6%	9%	VT > SU
Moderate risk	17%	18%	
Great risk	70%	68%	



THINK	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY							
		SU/SD	VT					
Overall		70%	68%	Overall Differences: State vs SU				
Sex	Male	67%	66%	VT and SU are Similar				
	Female	73%	70%	Within SU Differences				
Grade	Grade 9	55%	64%	10 > 9				
	Grade 10	67%	68%	11 > 9				
	Grade 11	74%	68%	12 > 9				
	Grade 12	82%	72%	12 > 10				

PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK						
	SU/SD	VT				
No risk	8%	6%	SU > VT			
Slight risk	16%	19%	VT > SU			
Moderate risk	40%	39%				
Great risk	36%	36%				



## SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND

		SU/SD	VT	
Overall		36%	36%	Overall Differences: State vs SU
Sex	Male	32%	32%	VT and SU are Similar
	Female	39%	41%	Within SU Differences
Grade	Grade 9	35%	38%	Females > Males
	Grade 10	37%	39%	
	Grade 11	36%	35%	
	Grade 12	35%	32%	

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE						
	SU/SD	VT				
No risk	19%	21%				
Slight risk	33%	29%	SU > VT			
Moderate risk	26%	26%				
Great risk	22%	24%				



THIN	NK PEOPLE	ARMING THEMSELVES IF THEY USE A REGULARLY		
		SU/SD	VT	
Overall		22%	24%	Overall Differences: State vs SU
Sex	Male	19%	21%	VT and SU are Similar
	Female	26%	28%	Within SU Differences
Grade	Grade 9	27%	32%	Females > Males
	Grade 10	25%	26%	
	Grade 11	18%	22%	
	Grade 12	19%	18%	

	PERCEIVED A			
	SU/SD	VT		
Very hard	26%	24%		
Sort of hard	19%	21%		
Sort of easy	23%	22%		
Very easy	32%	32%		



SAY IF	SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET							
		SU/SD	VT					
Overall		55%	55%	Overall Differences: State vs SU				
Sex	Male	55%	57%	VT and SU are Similar				
	Female	53%	52%	Within SU Differences				
Grade	Grade 9	36%	38%	10 > 9				
	Grade 10	62%	48%	11 > 9				
	Grade 11	54%	57%	12 > 9				
	Grade 12	65%	75%					

	PERCEIVED				
	SU/SD	VT			
Very hard	13%	15%			
Sort of hard	16%	18%			
Sort of easy	31%	31%			
Very easy	40%	37%			



SAY II	SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET								
		SU/SD	VT						
Overall	•	70%	68%	Overall Differences: State vs SU					
Sex	Male	77%	67%	VT and SU are Similar					
	Female	64%	69%	Within SU Differences					
Grade	Grade 9	59%	58%	Males > Females					
	Grade 10	80%	67%	10 > 9					
	Grade 11	74%	72%	11 > 9					
	Grade 12	69%	74%	10 > 12					

	PERCEIVED ACCESS TO MARIJUANA						
	SU/SD	VT					
Very hard	22%	27%	VT > SU				
Sort of hard	12%	15%	VT > SU				
Sort of easy	24%	22%					
Very easy	42%	37%	SU > VT				





SAY IF	SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		SU/SD	VT				
Overall		66%	58%	Overall Differences: State vs SU			
Sex	Male	72%	59%	SU > VT			
	Female	60%	57%	Within SU Differences			
Grade	Grade 9	47%	43%	Males > Females			
	Grade 10	68%	56%	10 > 9			
	Grade 11	73%	65%	11 > 9			
	Grade 12	76%	69%	12 > 9			



# SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES				
	SU/SD	VT		
Never had sexual contact	38%	42%		
Females	54%	54%		
Males	3%	2%	SU > VT	
Females and males	5%	2%	SU > VT	

LI	LIFETIME SEXUAL CONTACTS: FEMALES				
	SU/SD	VT			
Never had sexual contact	43%	43%			
Females	3%	2%			
Males	44%	48%			
Females and males	10%	7%			



## SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		41%	40%	Overall Differences: State vs SU
Sex	Male	42%	40%	VT and SU are Similar
	Female	40%	40%	Within SU Differences
Grade	Grade 9	17%	19%	10 > 9
	Grade 10	39%	33%	11 > 9
	Grade 11	47%	48%	12 > 9
	Grade 12	60%	61%	12 > 10
				12 > 11

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	11%	9%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10	9%	6%	
	Grade 11	13%	10%	
	Grade 12	7%	16%	



## SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		E	EVER HAI	O ORAL SEX
		SU/SD	VT	_
Overall		44%	42%	Overall Differences: State vs SU
Sex	Male	47%	42%	VT and SU are Similar
	Female	40%	42%	Within SU Differences
Grade	Grade 9	20%	23%	10 > 9
	Grade 10	48%	37%	11 > 9
	Grade 11	49%	49%	12 > 9
	Grade 12	59%	60%	

WEI	RE EVER TE	STED FOR	R HUMAN	IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		9%	10%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	10%	12%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10	11%	9%	
	Grade 11	13%	12%	
	Grade 12	9%	14%	



## SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SEXU	AL INTER	RCOURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	_
Overall		29%	31%	Overall Differences: State vs SU
Sex	Male	29%	29%	VT and SU are Similar
	Female	27%	32%	Within SU Differences
Grade	Grade 9	11%	13%	10 > 9
	Grade 10	30%	24%	11 > 9
	Grade 11	36%	37%	12 > 9
	Grade 12	36%	48%	

# USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	
Overall	-	17%	20%	Overall Differences: State vs SU
Sex	Male		22%	VT and SU are Similar
	Female		17%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		22%	Too few students in at least one grade
	Grade 11		18%	
	Grade 12		19%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

## PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
No method was used	14%	7%	SU > VT
Birth control pills	42%	32%	SU > VT
Condoms	24%	35%	VT > SU
IUD or implant		13%	Too few students
Shot/patch/birth control ring	5%	5%	
Withdrawal/other method	6%	5%	
Not sure	•	2%	Too few students

## USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall		52%	50%	Overall Differences: State vs SU
Sex	Male		40%	VT and SU are Similar
	Female		60%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		44%	Too few students in at least one grade
	Grade 11		51%	
	Grade 12		59%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (	CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		49%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT > SU
	Female		52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

## USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall		20%	19%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female		22%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		19%	Too few students in at least one grade
	Grade 11		20%	
	Grade 12		20%	



## SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS							
		SU/SD	VT				
Overall		14%	7%	Overall Differences: State vs SU			
Sex	Male		8%	SU > VT			
	Female		7%	Within SU Differences			
Grade	Grade 9		12%	Too few students by sex			
	Grade 10		9%	Too few students in at least one grade			
	Grade 11		6%				
	Grade 12		6%				



# SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE
AND SEX)

		SU/SD	VT	
Overall		14%	14%	Overall Differences: State vs SU
Sex	Male	11%	14%	VT and SU are Similar
	Female	16%	15%	Within SU Differences
Grade	Grade 9	17%	14%	
	Grade 10	13%	15%	
	Grade 11	12%	14%	
	Grade 12	13%	13%	

	OBESH	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	_
Overall		10%	13%	Overall Differences: State vs SU
Sex	Male	13%	15%	VT and SU are Similar
	Female	8%	10%	Within SU Differences
Grade	Grade 9	10%	12%	12 > 11
	Grade 10	9%	12%	
	Grade 11	7%	14%	
	Grade 12	15%	13%	



# SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCH	EPTIONS
	SU/SD	VT
Very underweight	2%	2%
Slightly underweight	12%	12%
About the right weight	57%	56%
Slightly overweight	25%	25%
Very overweight	4%	5%

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT							
		SU/SD	VT				
Overall	•	29%	30%	Overall Differences: State vs SU			
Sex	Male	18%	25%	VT and SU are Similar			
	Female	38%	36%	Within SU Differences			
Grade	Grade 9	26%	29%	Females > Males			
	Grade 10	25%	30%	12 > 9			
	Grade 11	25%	30%	12 > 10			
	Grade 12	39%	33%	12 > 11			

WHAT ONE IS TRYING TO DO ABOUT WEIGHT						
SU/SD VT						
Lose weight	40%	42%				
Gain weight	15%	15%				
Stay the same weight	21%	18%	SU > VT			
Not trying to do anything	23%	25%				



		WERE '	TRYING	FO LOSE WEIGHT
		SU/SD	VT	_
Overall		40%	42%	Overall Differences: State vs SU
Sex	Male	20%	28%	VT and SU are Similar
	Female	59%	57%	Within SU Differences
Grade	Grade 9	38%	41%	Females > Males
	Grade 10	36%	42%	
	Grade 11	37%	41%	
	Grade 12	48%	44%	

# SECTION 6: BMI AND WEIGHT PERCEPTIONS



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

	DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK					
	SU/SD	VT				
0 days	12%	13%				
1 day	8%	7%				
2 days	13%	9%	SU > VT			
3 days	11%	12%				
4 days	12%	11%				
5 days	11%	14%				
6 days	10%	10%				
7 days	21%	25%	VT > SU			

WERE P	WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS							
		SU/SD	VT					
Overall		21%	25%	Overall Differences: State vs SU				
Sex	Male	27%	33%	VT > SU				
	Female	15%	17%	Within SU Differences				
Grade	Grade 9	30%	27%	Males > Females				
	Grade 10	18%	27%	9 > 10				
	Grade 11	16%	24%	9 > 11				
	Grade 12	19%	23%	9 > 12				



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MOR DAYS, PAST WEEK						
		SU/SD	VT			
Overall		43%	49%	Overall Differences: State vs SU		
Sex	Male	46%	56%	VT > SU		
	Female	40%	42%	Within SU Differences		
Grade	Grade 9	47%	53%			
	Grade 10	41%	50%			
	Grade 11	44%	47%			
	Grade 12	39%	47%			

# DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK

		SU/SD	VT	_
Overall		12%	13%	Overall Differences: State vs SU
Sex	Male	14%	11%	VT and SU are Similar
	Female	11%	14%	Within SU Differences
Grade	Grade 9	11%	10%	
	Grade 10	11%	12%	
	Grade 11	13%	14%	
	Grade 12	15%	15%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK							
	SU/SD	VT					
Do not watch TV	2%	3%					
Less than 1 hour per day	6%	8%					
1 hour per day	10%	12%	VT > SU				
2 hours per day	24%	23%					
3 hours per day	26%	21%	SU > VT				
4 hours per day	13%	13%					
5 or more hours per day	18%	19%					

# WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK

		SU/SD	VT	
Overall		57%	53%	Overall Differences: State vs SU
Sex	Male	57%	53%	SU > VT
	Female	56%	52%	Within SU Differences
Grade	Grade 9	50%	53%	
	Grade 10	60%	53%	
	Grade 11	59%	51%	
	Grade 12	58%	53%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK						
		SU/SD	VT			
Overall		37%	33%	Overall Differences: State vs SU		
Sex	Male	38%	32%	SU > VT		
	Female	36%	33%	Within SU Differences		
Grade	Grade 9	39%	33%			
	Grade 10	43%	33%			
	Grade 11	33%	32%			
	Grade 12	34%	32%			

A	ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK							
		SU/SD	VT					
Overall		22%	18%	Overall Differences: State vs SU				
Sex	Male	20%	18%	SU > VT				
	Female	24%	18%	Within SU Differences				
Grade	Grade 9	27%	17%	9 > 11				
	Grade 10	19%	18%	12 > 10				
	Grade 11	14%	17%	12 > 11				
	Grade 12	29%	19%					



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SODA CONSUMPTION, PAST WEEK						
	SU/SD	VT				
Did not drink soda or pop	42%	37%	SU > VT			
1 to 3 times	41%	40%				
4 to 6 times	8%	12%	VT > SU			
1 time per day	3%	4%	VT > SU			
2 times per day	3%	3%				
3 times per day		1%	Too few students			
4 or more times per day	2%	3%				

# DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		9%	11%	Overall Differences: State vs SU
Sex	Male	14%	16%	VT > SU
	Female	4%	6%	Within SU Differences
Grade	Grade 9	8%	11%	Males > Females
	Grade 10	9%	11%	
	Grade 11	7%	11%	
	Grade 12	11%	12%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK							
	SU/SD	VT					
Did not drink sugar-sweetened	35%	28%	SU > VT				
1 to 3 times	45%	44%					
4 to 6 times	12%	15%	VT > SU				
1 time per day	4%	6%					
2 times per day	2%	3%					
3 times per day		1%	Too few students				
4 or more times per day	1%	2%	VT > SU				

# DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		9%	12%	Overall Differences: State vs SU
Sex	Male	14%	15%	VT > SU
	Female	4%	9%	Within SU Differences
Grade	Grade 9	5%	12%	Males > Females
	Grade 10	15%	12%	Too few students in at least one grade
	Grade 11	10%	13%	
	Grade 12		13%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

WATER CONSUMPTION, PAST WEEK						
	SU/SD	VT				
Did not drink water	5%	4%				
1 to 3 times	6%	9%	VT > SU			
4 to 6 times	10%	11%				
1 time per day	7%	9%				
2 times per day	14%	16%				
3 times per day	19%	19%				
4 or more times per day	40%	33%	SU > VT			

DRA	DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK							
		SU/SD	VT					
Overall		59%	52%	Overall Differences: State vs SU				
Sex	Male	53%	51%	SU > VT				
	Female	64%	53%	Within SU Differences				
Grade	Grade 9	53%	50%	Females > Males				
	Grade 10	63%	53%					
	Grade 11	58%	51%					
	Grade 12	61%	55%					



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK						
	SU/SD	VT					
0 days	7%	11%	VT > SU				
1 day	6%	6%					
2 days	8%	9%					
3 days	11%	10%					
4 days	6%	8%	VT > SU				
5 days	10%	9%					
6 days	7%	7%					
7 days	44%	40%	SU > VT				

	]	DID NOT H	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		7%	11%	Overall Differences: State vs SU
Sex	Male	11%	11%	VT > SU
	Female	3%	10%	Within SU Differences
Grade	Grade 9	7%	10%	Males > Females
	Grade 10	9%	11%	Too few students in at least one grade
	Grade 11	5%	10%	
	Grade 12		11%	



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

#### WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	79%	75%	SU > VT
Rarely	13%	15%	
Sometimes	5%	7%	VT > SU
Most of the time	1%	2%	
Always		1%	Too few students

	MOST OF TH	E TIME O	R ALWAY	'S WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		2%	3%	Overall Differences: State vs SU
Sex	Male	2%	3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

	USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING					
	SU/SD VT					
Overall		4%	4%	Overall Differences: State vs SU		
Sex	Male	6%	4%	VT and SU are Similar		
	Female		3%	Within SU Differences		
Grade	Grade 9		3%	Too few students by sex		
	Grade 10		3%	Too few students in at least one grade		
	Grade 11	6%	4%			
	Grade 12		5%			



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

АТ	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	7%	9%					
1 day	3%	4%					
2 days	3%	4%					
3 days	6%	6%					
4 days	10%	8%	SU > VT				
5 days	16%	13%					
6 days	12%	12%					
7 days	42%	44%					

#### ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK

		SU/SD	VT	
Overall	-	81%	77%	Overall Differences: State vs SU
Sex	Male	80%	80%	SU > VT
	Female	81%	75%	Within SU Differences
Grade	Grade 9	87%	83%	9 > 10
	Grade 10	76%	81%	9 > 11
	Grade 11	76%	76%	
	Grade 12	83%	71%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

	(	GRADES	EARNED IN SCHOO
	SU/SD	VT	
Mostly A's	46%	46%	
Mostly B's	34%	39%	VT > SU
Mostly C's	15%	12%	SU > VT
Mostly D's	3%	2%	
Mostly F's	2%	1%	SU > VT

#### **REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR** SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM

		SU/SD	VT	
Overall		85%	80%	Overall Differences: State vs SU
Sex	Male	82%	80%	SU > VT
	Female	87%	81%	Within SU Differences
Grade	Grade 9	81%	78%	11 > 9
	Grade 10	79%	79%	11 > 10
	Grade 11	93%	82%	11 > 12
	Grade 12	85%	83%	





#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	15%	21%	VT > SU				
Agree	50%	44%	SU > VT				
Not sure	21%	19%					
Disagree	10%	11%					
Strongly disagree	3%	5%	VT > SU				

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall	-	65%	65%	Overall Differences: State vs SU
Sex	Male	67%	69%	VT and SU are Similar
	Female	63%	61%	Within SU Differences
Grade	Grade 9	63%	67%	
	Grade 10	62%	65%	
	Grade 11	66%	64%	
	Grade 12	70%	63%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	6%	5%			
Probably will not	4%	5%			
Probably will	19%	22%	VT > SU		
Definitely will	61%	57%	SU > VT		
Not sure	10%	11%			

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM					
		SU/SD	VT			
Overall		80%	79%	Overall Differences: State vs SU		
Sex	Male	74%	75%	VT and SU are Similar		
	Female	85%	83%	Within SU Differences		
Grade	Grade 9	74%	74%	Females > Males		
	Grade 10	81%	77%	11 > 9		
	Grade 11	89%	81%	11 > 12		
	Grade 12	75%	83%			



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPEN	HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK					
	SU/SD	VT				
0 hours	31%	33%				
1 to 4 hours	24%	27%				
5 to 9 hours	16%	17%				
10 to 19 hours	23%	17%	SU > VT			
20 or more hours	6%	6%				

#### SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK

		SU/SD	VT	
Overall		29%	24%	Overall Differences: State vs SU
Sex	Male	26%	24%	SU > VT
	Female	31%	24%	Within SU Differences
Grade	Grade 9	32%	21%	12 > 10
	Grade 10	24%	23%	
	Grade 11	26%	24%	
	Grade 12	36%	26%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

MATTER TO PEOPLE IN THEIR COMMUNITY						
	SU/SD	VT				
Strongly agree	23%	19%	SU > VT			
Agree	47%	41%	SU > VT			
Not sure	20%	25%	VT > SU			
Disagree	6%	9%	VT > SU			
Strongly disagree	4%	5%	VT > SU			

#### STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE

		SU/SD	VT	
Overall		70%	61%	Overall Differences: State vs SU
Sex	Male	67%	65%	SU > VT
	Female	72%	57%	Within SU Differences
Grade	Grade 9	61%	61%	10 > 9
	Grade 10	71%	60%	12 > 9
	Grade 11	70%	60%	
	Grade 12	76%	62%	



MIDDLE SCHOOL RESULTS

# MIDDLE SCHOOL RESULTS WASHINGTON CENTRAL SU (SU032) REPORT

http://healthvermont.gov/yrbs.aspx



#### SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	245	16701			

		SU/SD	VT
Sex	Male	50%	52%
	Female	50%	48%
	6th Grade		24%
	7th Grade	47%	39%
	8th Grade	53%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	94%	81%
	Students of Color (REM)	6%	19%
Sexual Orientation	Heterosexual (Het)	93%	93%
	Lesbian, Gay, or Bisexual (LGB)	7%	7%



### SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		32%	42%	Overall Differences: State vs SU
Sex	Male	48%	56%	VT > SU
	Female	15%	27%	Within SU Differences
Grade	Grade 6		40%	Males > Females
	Grade 7	32%	43%	Too few students in at least one grade
	Grade 8	31%	43%	

	WERE EVER BULLIED ON SCHOOL PROPERTY					
		SU/SD	VT			
Overall	_	38%	44%	Overall Differences: State vs SU		
Sex	Male	43%	39%	VT > SU		
	Female	34%	50%	Within SU Differences		
Grade	Grade 6		44%	Males > Females		
	Grade 7	36%	45%	Too few students in at least one grade		
	Grade 8	40%	44%			



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WERE EVER ELECTRONICALLY BULLIED					
		SU/SD	VT			
Overall		20%	24%	Overall Differences: State vs SU		
Sex	Male	13%	16%	VT > SU		
	Female	27%	33%	Within SU Differences		
Grade	Grade 6		18%	Females > Males		
	Grade 7	15%	24%	Too few students in at least one grade		
	Grade 8	25%	28%			

	WERE BULLIED, PAST 30 DAYS				
		SU/SD	VT		
Overall		13%	22%	Overall Differences: State vs SU	
Sex	Male	12%	17%	VT > SU	
	Female	15%	26%	Within SU Differences	
Grade	Grade 6		22%	Too few students in at least one grade	
	Grade 7	13%	22%		
	Grade 8	14%	21%		



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	BULLIED SOMEONE ELSE, PAST 30 DAYS				
		SU/SD	VT	_	
Overall			8%	Overall Differences: State vs SU	
Sex	Male		8%	Too few students	
	Female		8%	Within SU Differences	
Grade	Grade 6		7%		
	Grade 7		8%		
	Grade 8		9%		

#### DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS

		SU/SD	VT	
Overall	_	9%	8%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female	11%	10%	Within SU Differences
Grade	Grade 6		8%	Too few students in at least one grade
	Grade 7	7%	8%	
	Grade 8	11%	9%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

SEATBELT USE						
	SU/SD	VT				
Never		1%	Too few students			
Rarely		1%	Too few students			
Sometimes	2%	3%	VT > SU			
Most of the time	17%	18%				
Always	80%	76%	SU > VT			

	I	RARELY O	R NEVER	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	-		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6	•	1%	Too few students by sex
	Grade 7	•	2%	Too few students in at least one grade
	Grade 8		3%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL						
		SU/SD	VT	_		
Overall		18%	22%	Overall Differences: State vs SU		
Sex	Male	18%	20%	VT > SU		
	Female	18%	24%	Within SU Differences		
Grade	Grade 6		15%	Too few students in at least one grade		
	Grade 7	18%	21%			
	Grade 8	18%	27%			

EV	ER RODE V	VITH A DH	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	_
Overall		6%	9%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female	10%	10%	Within SU Differences
Grade	Grade 6		5%	Too few students by sex
	Grade 7	•	8%	Too few students in at least one grade
	Grade 8	9%	12%	



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT			
Never wear a helmet	7%	16%	VT > SU		
Rarely wear a helmet	8%	15%	VT > SU		
Sometimes wear a helmet	18%	15%	SU > VT		
Most of the time wear a helmet	35%	25%	SU > VT		
Always wear a helmet	31%	28%	SU > VT		

	RARELY OR NEVER WEAR A BICYCLE HELMET					
		SU/SD	VT			
Overall		15%	31%	Overall Differences: State vs SU		
Sex	Male	16%	33%	VT > SU		
	Female	15%	29%	Within SU Differences		
Grade	Grade 6		24%	Too few students in at least one grade		
	Grade 7	18%	30%			
	Grade 8	13%	37%			

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet	7%	5%				
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet		2%	Too few students			
Most of the time wear a helmet	10%	7%	SU > VT			
Always wear a helmet	80%	83%	VT > SU			



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

RAREI	RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING					
		SU/SD	VT			
Overall			7%	Overall Differences: State vs SU		
Sex	Male		8%	Too few students		
	Female		6%	Within SU Differences		
Grade	Grade 6		7%			
	Grade 7		8%			
	Grade 8		7%			

HAD	HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE					
		SU/SD	VT			
Overall		12%	17%	Overall Differences: State vs SU		
Sex	Male	11%	19%	VT > SU		
	Female	13%	16%	Within SU Differences		
Grade	Grade 6	•	17%	Too few students in at least one grade		
	Grade 7	13%	17%			
	Grade 8	11%	18%			



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WI	ERE IN THE			H SOMEONE WHO WAS SMOKING 5, PAST 7 DAYS
		SU/SD	VT	
Overall	-	22%	26%	Overall Differences: State vs SU
Sex	Male	23%	25%	VT > SU
	Female	21%	27%	Within SU Differences
Grade	Grade 6	•	21%	Too few students in at least one grade
	Grade 7	21%	27%	
	Grade 8	22%	29%	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall	-	15%	19%	Overall Differences: State vs SU	
Sex	Male	14%	17%	VT > SU	
	Female	15%	20%	Within SU Differences	
Grade	Grade 6		15%	Too few students in at least one grade	
	Grade 7	12%	19%		
	Grade 8	16%	20%		



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE							
SU/SD VT							
Never	6%	9%	VT > SU				
Rarely	11%	14%	VT > SU				
Sometimes	30%	27%					
Most of the time	37%	29%	SU > VT				
Always	16%	21%	VT > SU				

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER
TOBACCO PRODUCTS

		SU/SD	VT	
Overall		53%	50%	Overall Differences: State vs SU
Sex	Male	58%	51%	VT and SU are Similar
	Female	47%	49%	Within SU Differences
Grade	Grade 6	•	42%	Males > Females
	Grade 7	53%	50%	Too few students in at least one grade
	Grade 8	52%	56%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE A	ASKED BY .	A DOCTO		ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	-	28%	30%	Overall Differences: State vs SU
Sex	Male	28%	30%	VT and SU are Similar
	Female	28%	31%	Within SU Differences
Grade	Grade 6		18%	Too few students in at least one grade
	Grade 7	19%	29%	
	Grade 8	36%	40%	



#### SECTION 3: MENTAL HEALTH

	FELT SAD OR HOPELESS, PAST YEAR					
		SU/SD	VT	_		
Overall		13%	19%	Overall Differences: State vs SU		
Sex	Male	7%	12%	VT > SU		
	Female	19%	26%	Within SU Differences		
Grade	Grade 6		16%	Females > Males		
	Grade 7	9%	18%	Too few students in at least one grade		
	Grade 8	17%	22%			

	EVER SERI	OUSLY TI	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	_
Overall	-	14%	18%	Overall Differences: State vs SU
Sex	Male	9%	12%	VT > SU
	Female	20%	23%	Within SU Differences
Grade	Grade 6	•	13%	Females > Males
	Grade 7	13%	17%	Too few students in at least one grade
	Grade 8	16%	22%	



#### SECTION 3: MENTAL HEALTH

EVE	CR MADE A	PLAN ABO	THEY WOULD KILL THEMSELVES	
		SU/SD	VT	_
Overall		10%	12%	Overall Differences: State vs SU
Sex	Male	5%	8%	VT > SU
	Female	15%	16%	Within SU Differences
Grade	Grade 6		7%	Females > Males
	Grade 7	6%	11%	Too few students in at least one grade
	Grade 8	14%	16%	

		EVE	IPTED SUICIDE	
		SU/SD	VT	_
Overall			6%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		8%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		5%	
	Grade 8		8%	



#### SECTION 4: SUBSTANCE USE LIFETIME USE

		EVER SM	OKED A	WHOLE CIGARETTE
		SU/SD	VT	_
Overall		3%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female		7%	Within SU Differences
Grade	Grade 6	•	4%	Too few students by sex
	Grade 7		7%	Too few students in at least one grade
	Grade 8	4%	10%	

	EVER USED AN ELECTRONIC VAPOR PRODUCT					
		SU/SD	VT	_		
Overall		4%	9%	Overall Differences: State vs SU		
Sex	Male		9%	VT > SU		
	Female	8%	8%	Within SU Differences		
Grade	Grade 6		3%	Too few students by sex		
	Grade 7		8%	Too few students in at least one grade		
	Grade 8	6%	14%			



#### SECTION 4: SUBSTANCE USE LIFETIME USE

	EVE	R USED A	FLAVOR	ED TOBACCO PRODUCT
		SU/SD	VT	_
Overall			5%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		5%	
	Grade 8		6%	

		EV	ER DRAN	K ALCOHOL
		SU/SD	VT	_
Overall		14%	19%	Overall Differences: State vs SU
Sex	Male	13%	20%	VT > SU
	Female	15%	17%	Within SU Differences
Grade	Grade 6		10%	Too few students in at least one grade
	Grade 7	8%	17%	
	Grade 8	20%	26%	



#### SECTION 4: SUBSTANCE USE LIFETIME USE

	EVER USED MARIJUANA				
		SU/SD	VT		
Overall		5%	7%	Overall Differences: State vs SU	
Sex	Male		7%	VT > SU	
	Female	9%	7%	Within SU Differences	
Grade	Grade 6		2%	Too few students by sex	
	Grade 7		6%	Too few students in at least one grade	
	Grade 8	9%	11%		

		EV	ER USEI	) INHALANTS
		SU/SD	VT	_
Overall		2%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT > SU
	Female		4%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		5%	



#### SECTION 4: SUBSTANCE USE LIFETIME USE

#### EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	
Overall	_	•	2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	

#### EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	τ	USED TOBA	ACCO PR	ODUCTS, PAST YEAR
		SU/SD	VT	_
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female	•	5%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		5%	
	Grade 8		7%	

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female		4%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		4%	
	Grade 8		7%	



SMOKEI	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT		
Overall	-	•	3%	Overall Differences: State vs SU	
Sex	Male		3%	Too few students	
	Female		2%	Within SU Differences	
Grade	Grade 6	•	1%		
	Grade 7		2%		
	Grade 8		4%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	-		2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6	•	1%	
	Grade 7		2%	
	Grade 8		3%	



AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED				
	SU/SD	VT		
Less than 1 cigarette	•	33%	Too few students	
1 cigarette		23%	Too few students	
2 to 5 cigarettes		23%	Too few students	
6 to 10 cigarettes		6%	Too few students	
11 to 20 cigarettes			Too few students	
More than 20 cigarettes		14%	Too few students	

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall			4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		3%	Within SU Differences
Grade	Grade 6	•	1%	
	Grade 7		3%	
	Grade 8		6%	



AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT					
	SU/SD	VT			
Friend/family used them		38%	Too few students		
To try to quit other tobacco products		3%	Too few students		
Cost less		1%	Too few students		
Easier to get		1%	Too few students		
Less harmful		7%	Too few students		
Available in flavors		13%	Too few students		
Used for some other reason		36%	Too few students		

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE

	SU/SD	VT	
Bought them in a store	•	3%	Too few students
I got them on the Internet		9%	Too few students
Someone else bought them		10%	Too few students
Borrowed them		44%	Too few students
A person 18 or older gave me		9%	Too few students
Took them from a store		4%	Too few students
Some other way		21%	Too few students



AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE								
SU/SD VT								
1 or 2 days		49%	Too few students					
3 to 5 days		16%	Too few students					
6 to 9 days		10%	Too few students					
10 to 19 days		6%	Too few students					
20 to 29 days		5%	Too few students					
All 30 days		15%	Too few students					

	SMOKED CIGARS, PAST 30 DAYS					
		SU/SD	VT	_		
Overall	-		1%	Overall Differences: State vs SU		
Sex	Male		1%	Too few students		
	Female		1%	Within SU Differences		
Grade	Grade 6		1%			
	Grade 7		1%			
	Grade 8		2%			



#### SECTION 4: SUBSTANCE USE CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT	_	
Overall			1%	Overall Differences: State vs SU	
Sex	Male		2%	Too few students	
	Female		1%	Within SU Differences	
Grade	Grade 6	•	1%		
	Grade 7		1%		
	Grade 8		2%		

#### TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR

		SU/SD	VT	
Overall	_		36%	Overall Differences: State vs SU
Sex	Male		36%	Too few students
	Female		38%	Within SU Differences
Grade	Grade 6		30%	
	Grade 7		35%	
	Grade 8		40%	



		OL, PAST 30 DAYS		
		SU/SD	VT	
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female	8%	6%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	8%	10%	

		K, PAST 30 DAYS		
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	
	Grade 7		1%	
	Grade 8		3%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks		63%	Too few students			
3 drinks		10%	Too few students			
4 drinks		7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks		4%	Too few students			
8 or 9 drinks		2%	Too few students			
10 or more drinks		9%	Too few students			

USED MARIJUANA, PAST 30 DAYS					
		SU/SD	VT		
Overall			4%	Overall Differences: State vs SU	
Sex	Male		4%	Too few students	
	Female		4%	Within SU Differences	
Grade	Grade 6		1%		
	Grade 7		3%		
	Grade 8		7%		



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES							
		SU/SD	VT				
Overall	-	98%	95%	Overall Differences: State vs SU			
Sex	Male	97%	95%	SU > VT			
	Female	99%	95%	Within SU Differences			
Grade	Grade 6		98%	Females > Males			
	Grade 7	99%	95%	Too few students in at least one grade			
	Grade 8	97%	93%				

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL						
		SU/SD	VT			
Overall	-	92%	89%	Overall Differences: State vs SU		
Sex	Male	90%	89%	SU > VT		
	Female	93%	90%	Within SU Differences		
Grade	Grade 6		95%	Too few students in at least one grade		
	Grade 7	93%	91%			
	Grade 8	90%	84%			



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT		
Overall		91%	90%	Overall Differences: State vs SU	
Sex	Male	92%	90%	VT and SU are Similar	
	Female	91%	90%	Within SU Differences	
Grade	Grade 6	•	97%	Too few students in at least one grade	
	Grade 7	97%	91%		
	Grade 8	86%	84%		

### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		97%	95%	Overall Differences: State vs SU
Sex	Male	97%	95%	SU > VT
	Female	98%	95%	Within SU Differences
Grade	Grade 6	•	96%	Too few students in at least one grade
	Grade 7	99%	95%	
	Grade 8	96%	95%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT			
Overall	-	90%	85%	Overall Differences: State vs SU		
Sex	Male	90%	84%	SU > VT		
	Female	90%	87%	Within SU Differences		
Grade	Grade 6	•	87%	Too few students in at least one grade		
	Grade 7	89%	86%			
	Grade 8	91%	83%			

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		SU/SD	VT	
Overall	_	92%	92%	Overall Differences: State vs SU
Sex	Male	94%	92%	VT and SU are Similar
	Female	89%	92%	Within SU Differences
Grade	Grade 6		95%	Males > Females
	Grade 7	97%	92%	Too few students in at least one grade
	Grade 8	87%	89%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT	_		
Overall		24%	22%	Overall Differences: State vs SU		
Sex	Male	23%	22%	VT and SU are Similar		
	Female	25%	21%	Within SU Differences		
Grade	Grade 6		13%	Too few students in at least one grade		
	Grade 7	23%	20%			
	Grade 8	25%	28%			

THI	NK ALCOH	OL WOUL	D BE SOF	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	_
Overall		42%	37%	Overall Differences: State vs SU
Sex	Male	46%	37%	SU > VT
	Female	37%	37%	Within SU Differences
Grade	Grade 6		24%	Males > Females
	Grade 7	34%	35%	Too few students in at least one grade
	Grade 8	49%	48%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	K MARIJUA	ANA WOU	RT OF EASY OR VERY EASY TO GET	
		SU/SD	VT	
Overall		16%	15%	Overall Differences: State vs SU
Sex	Male	11%	15%	VT and SU are Similar
	Female	21%	15%	Within SU Differences
Grade	Grade 6		6%	Females > Males
	Grade 7	10%	13%	Too few students in at least one grade
	Grade 8	22%	23%	

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		SU/SD	VT	
Overall	-	78%	72%	Overall Differences: State vs SU
Sex	Male	79%	71%	SU > VT
	Female	77%	74%	Within SU Differences
Grade	Grade 6		76%	Too few students in at least one grade
	Grade 7	79%	72%	
	Grade 8	78%	70%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT		
Overall	-	55%	48%	Overall Differences: State vs SU	
Sex	Male	52%	45%	SU > VT	
	Female	58%	51%	Within SU Differences	
Grade	Grade 6	•	50%	Females > Males	
	Grade 7	56%	48%	Too few students in at least one grade	
	Grade 8	54%	46%		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY US	E
MARIJUANA REGULARLY	

		SU/SD	VT	
Overall	_	54%	59%	Overall Differences: State vs SU
Sex	Male	54%	56%	VT > SU
	Female	53%	62%	Within SU Differences
Grade	Grade 6		73%	Too few students in at least one grade
	Grade 7	66%	60%	
	Grade 8	43%	48%	



#### SECTION 5: SEXUAL ACTIVITY SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	_
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		4%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		4%	
	Grade 8		8%	

	EVER HAD ORAL SEX						
		SU/SD	VT	_			
Overall			6%	Overall Differences: State vs SU			
Sex	Male		6%	Too few students			
	Female		5%	Within SU Differences			
Grade	Grade 6		1%				
	Grade 7		4%				
	Grade 8		9%				



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

DAYS	DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK					
	SU/SD	VT				
0 days	10%	7%	SU > VT			
1 day	3%	4%				
2 days	7%	7%				
3 days	12%	10%				
4 days	11%	11%				
5 days	19%	15%	SU > VT			
6 days	11%	11%				
7 days	28%	34%	VT > SU			

WERE P	HYSICALLY	T 60 MINUTES PER DAY ON ALL 7 DAYS		
		SU/SD	VT	
Overall		28%	34%	Overall Differences: State vs SU
Sex	Male	37%	42%	VT > SU
	Female	20%	26%	Within SU Differences
Grade	Grade 6		38%	Males > Females
	Grade 7	40%	35%	Too few students in at least one grade
	Grade 8	18%	30%	



WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS						
		SU/SD	VT			
Overall	-	58%	60%	Overall Differences: State vs SU		
Sex	Male	68%	66%	VT and SU are Similar		
	Female	48%	54%	Within SU Differences		
Grade	Grade 6	•	63%	Males > Females		
	Grade 7	65%	60%	Too few students in at least one grade		
	Grade 8	52%	57%			

	WERE NOT PHYSICALLY ACTIVE PAST WEEK					
		SU/SD	VT			
Overall			7%	Overall Differences: State vs SU		
Sex	Male		7%	Too few students		
	Female		7%	Within SU Differences		
Grade	Grade 6	•	7%			
	Grade 7		7%			
	Grade 8		8%			



РНҮ	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK				
	SU/SD	VT			
0 days	26%	25%			
1 day	9%	7%			
2 days	14%	8%	SU > VT		
3 days	19%	8%	SU > VT		
4 days	5%	5%			
5 days	28%	46%	VT > SU		

GET	GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL						
		SU/SD	VT				
Overall	-	26%	25%	Overall Differences: State vs SU			
Sex	Male	20%	24%	VT and SU are Similar			
	Female	31%	25%	Within SU Differences			
Grade	Grade 6	•	16%	Females > Males			
	Grade 7	24%	26%	Too few students in at least one grade			
	Grade 8	27%	29%				



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

#### RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS

	SU/SD	VT	
0 days	93%	77%	SU > VT
1 day		3%	Too few students
2 days		3%	Too few students
3 days		4%	Too few students
4 days		2%	Too few students
5 days	2%	10%	VT > SU

	WALK	OR RIDE 1	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall		2%	10%	Overall Differences: State vs SU
Sex	Male		12%	VT > SU
	Female		9%	Within SU Differences
Grade	Grade 6		11%	Too few students by sex
	Grade 7		10%	Too few students in at least one grade
	Grade 8		10%	



WATCH TELEVISION, TYPICAL SCHOOL DAY						
	SU/SD	VT				
No TV on average school day	21%	18%	SU > VT			
Less than 1 hour per day	22%	23%				
1 hour per day	21%	18%	SU > VT			
2 hours per day	22%	20%				
3 hours per day	8%	10%	VT > SU			
4 hours per day	2%	4%	VT > SU			
5 or more hours per day	4%	6%	VT > SU			

	WATCHED TV 3+ HOURS PER DAY					
		SU/SD	VT			
Overall		13%	20%	Overall Differences: State vs SU		
Sex	Male	10%	20%	VT > SU		
	Female	17%	20%	Within SU Differences		
Grade	Grade 6		18%	Females > Males		
	Grade 7	12%	20%	Too few students in at least one grade		
	Grade 8	15%	21%			



COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY							
	SU/SD	VT					
No playing video/computer game	12%	12%					
Less than 1 hour per day	20%	17%	SU > VT				
1 hour per day	17%	15%					
2 hours per day	18%	18%					
3 hours per day	19%	14%	SU > VT				
4 hours per day	7%	8%					
5 or more hours per day	7%	16%	VT > SU				

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS
PER DAY

		SU/SD	VT	
Overall		34%	38%	Overall Differences: State vs SU
Sex	Male	33%	39%	VT > SU
	Female	35%	37%	Within SU Differences
Grade	Grade 6		29%	Too few students in at least one grade
	Grade 7	24%	38%	
	Grade 8	43%	45%	



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	<b>BREAKFAST CONSUMPTION, PAST WEEK</b>						
	SU/SD	VT					
0 days	6%	7%					
1 day	2%	4%	VT > SU				
2 days	4%	7%	VT > SU				
3 days	6%	7%					
4 days	6%	6%					
5 days	9%	8%					
6 days	12%	9%	SU > VT				
7 days	55%	52%	SU > VT				

DID NOT EAT BREAKFAST, PAST WEEK						
		SU/SD	VT			
Overall		6%	7%	Overall Differences: State vs SU		
Sex	Male	6%	6%	VT and SU are Similar		
	Female	5%	7%	Within SU Differences		
Grade	Grade 6		5%	Too few students in at least one grade		
	Grade 7	5%	7%			
	Grade 8	6%	7%			



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK						
	SU/SD	VT				
Did not drink water	•	3%	Too few students			
1 to 3 times	4%	9%	VT > SU			
4 to 6 times	11%	10%				
1 time per day	4%	6%	VT > SU			
2 times per day	21%	16%	SU > VT			
3 times per day	20%	19%				
4 or more times per day	39%	37%				

	DRANK 7	THREE OR	MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall		59%	56%	Overall Differences: State vs SU
Sex	Male	62%	57%	VT and SU are Similar
	Female	55%	54%	Within SU Differences
Grade	Grade 6		58%	Males > Females
	Grade 7	58%	54%	Too few students in at least one grade
	Grade 8	59%	56%	



# SECTION 7: SOCIAL DETERMINANTS

#### WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	82%	77%	SU > VT
Rarely	12%	14%	VT > SU
Sometimes	4%	7%	VT > SU
Most of the time		1%	Too few students
Always		1%	Too few students

#### MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME

		SU/SD	VT	_
Overall		•	2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	•	2%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7	•	2%	Too few students in at least one grade
	Grade 8		2%	



	BORN OUTSIDE THE U.S.						
		SU/SD	VT	_			
Overall		5%	6%	Overall Differences: State vs SU			
Sex	Male	5%	6%	VT and SU are Similar			
	Female	6%	6%	Within SU Differences			
Grade	Grade 6		7%	Too few students in at least one grade			
	Grade 7		5%				
	Grade 8	7%	6%				

# SECTION 7: SOCIAL DETERMINANTS



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

АТ	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	•	5%	Too few students				
1 day		2%	Too few students				
2 days		2%	Too few students				
3 days	2%	3%	VT > SU				
4 days	3%	4%	VT > SU				
5 days	6%	7%	VT > SU				
6 days	12%	10%	SU > VT				
7 days	73%	66%	SU > VT				

ATE I	ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK							
		SU/SD	VT					
Overall	-	94%	88%	Overall Differences: State vs SU				
Sex	Male	97%	89%	SU > VT				
	Female	91%	87%	Within SU Differences				
Grade	Grade 6		90%	Males > Females				
	Grade 7	95%	89%	Too few students in at least one grade				
	Grade 8	94%	86%					



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	20%	28%	VT > SU				
Agree	42%	43%					
Not sure	27%	17%	SU > VT				
Disagree	6%	8%					
Strongly disagree	5%	5%					

# STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall	_	62%	71%	Overall Differences: State vs SU
Sex	Male	64%	72%	VT > SU
	Female	60%	69%	Within SU Differences
Grade	Grade 6		77%	Too few students in at least one grade
	Grade 7	62%	72%	
	Grade 8	62%	66%	



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		SU/SD	VT	
Overall	-	81%	76%	Overall Differences: State vs SU
Sex	Male	83%	76%	SU > VT
	Female	79%	76%	Within SU Differences
Grade	Grade 6	•	79%	Too few students in at least one grade
	Grade 7	79%	75%	
	Grade 8	82%	75%	

GRADES EARNED IN SCHOOL				
	SU/SD	VT		
Mostly A's	41%	46%	VT > SU	
Mostly B's	46%	38%	SU > VT	
Mostly C's	12%	12%		
Mostly D's		3%	Too few students	
Mostly F's		1%	Too few students	

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY				
	SU/SD	VT		
Strongly agree	29%	27%		
Agree	39%	36%	SU > VT	
Not sure	21%	24%	VT > SU	
Disagree	6%	7%		
Strongly disagree	4%	5%		



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		SU/SD	VT	
Overall	-	69%	64%	Overall Differences: State vs SU
Sex	Male	80%	68%	SU > VT
	Female	57%	60%	Within SU Differences
Grade	Grade 6	•	67%	Males > Females
	Grade 7	71%	65%	Too few students in at least one grade
	Grade 8	66%	60%	

