
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR RUTLAND SOUTHWEST SU (SU038)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyouth/data/yrbs/methods>

Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

HIGH SCHOOL RESULTS

RUTLAND SOUTHWEST SU (SU038) REPORT

<http://healthvermont.gov/yrbs.aspx>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 RUTLAND SOUTHWEST SU (SU038) REPORT
 HIGH SCHOOL RESULTS

SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	122	27349

		SU/SD	VT
Sex	Male	57%	51%
	Female	43%	49%
Grade	9th Grade	27%	25%
	10th Grade	23%	25%
	11th Grade	24%	25%
	12th Grade	26%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	94%	83%
	Students of Color (REM)	6%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	90%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	10%	11%

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE IN A PHYSICAL FIGHT, PAST YEAR				
		SU/SD	VT	
Overall		21%	17%	Overall Differences: State vs SU
Sex	Male	.	22%	VT and SU are Similar
	Female	.	11%	Within SU Differences
Grade	9th / 10th	21%	19%	Too few students by sex
	11th / 12th	.	14%	Too few students by grade

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR				
		SU/SD	VT	
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male	.	9%	VT and SU are Similar
	Female	.	3%	Within SU Differences
Grade	9th / 10th	12%	8%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS				
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	.	10%	VT and SU are Similar
	Female	.	3%	Within SU Differences
Grade	9th / 10th	13%	6%	Too few students by sex
	11th / 12th	.	8%	Too few students by grade

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR				
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	.	6%	VT and SU are Similar
	Female	.	3%	Within SU Differences
Grade	9th / 10th	8%	5%	Too few students by sex
	11th / 12th	.	4%	Too few students by grade

WERE ELECTRONICALLY BULLIED, PAST YEAR				
		SU/SD	VT	
Overall		22%	16%	Overall Differences: State vs SU
Sex	Male	.	10%	SU > VT
	Female	.	22%	Within SU Differences
Grade	9th / 10th	24%	18%	Too few students by sex
	11th / 12th	.	14%	Too few students by grade

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE BULLIED, PAST 30 DAYS				
		SU/SD	VT	
Overall		20%	16%	Overall Differences: State vs SU
Sex	Male	.	11%	VT and SU are Similar
	Female	.	20%	Within SU Differences
Grade	9th / 10th	25%	18%	Too few students by sex
	11th / 12th	.	13%	Too few students by grade

BULLIED SOMEONE ELSE, PAST 30 DAYS				
		SU/SD	VT	
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male	.	10%	VT and SU are Similar
	Female	.	8%	Within SU Differences
Grade	9th / 10th	11%	9%	Too few students by sex
	11th / 12th	.	8%	Too few students by grade

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS				
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	.	4%	VT and SU are Similar
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	4%	Too few students by grade

SECTION 2: PERSONAL SAFETY
 SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE				
		SU/SD	VT	
Overall		9%	6%	Overall Differences: State vs SU
Sex	Male	.	3%	VT and SU are Similar
	Female	.	9%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	7%	Too few students by grade

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR				
		SU/SD	VT	
Overall		7%	10%	Overall Differences: State vs SU
Sex	Male	.	5%	VT and SU are Similar
	Female	.	15%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	9%	Too few students by grade

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR				
		SU/SD	VT	
Overall		.	7%	Overall Differences: State vs SU
Sex	Male	.	6%	Too few students
	Female	.	8%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	7%	Too few students by grade

SECTION 2: PERSONAL SAFETY
 IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		.	7%	Overall Differences: State vs SU
Sex	Male	.	9%	Too few students
	Female	.	5%	Within SU Differences
Grade	9th / 10th	.	5%	
	11th / 12th	.	9%	

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall		.	14%	Overall Differences: State vs SU
Sex	Male	.	16%	Too few students
	Female	.	12%	Within SU Differences
Grade	9th / 10th	.	9%	Too few students by sex
	11th / 12th	.	18%	Too few students by grade

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		9%	18%	Overall Differences: State vs SU
Sex	Male	.	17%	VT > SU
	Female	.	19%	Within SU Differences
Grade	9th / 10th	12%	18%	Too few students by sex
	11th / 12th	.	18%	Too few students by grade

SECTION 2: PERSONAL SAFETY
 IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall		12%	20%	Overall Differences: State vs SU
Sex	Male	.	20%	VT > SU
	Female	.	20%	Within SU Differences
Grade	9th / 10th	9%	16%	Too few students by sex
	11th / 12th	.	25%	Too few students by grade

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS				
		SU/SD	VT	
Overall		.	34%	Overall Differences: State vs SU
Sex	Male	.	34%	Too few students
	Female	.	34%	Within SU Differences
Grade	9th / 10th	.	14%	Too few students by sex
	11th / 12th	.	48%	Too few students by grade

SECTION 2: PERSONAL SAFETY
 INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR

	SU/SD	VT	
Never wore a helmet	.	11%	Too few students
Rarely wore a helmet	.	3%	Too few students
Sometimes wore a helmet	.	3%	Too few students
Most of the time wore a helmet	.	9%	Too few students
Always wore a helmet	.	74%	Too few students

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR

	SU/SD	VT	
Overall	.	14%	Overall Differences: State vs SU
Sex	Male	. 17%	Too few students
	Female	. 9%	Within SU Differences
Grade	9th / 10th	. 12%	Too few students by sex
	11th / 12th	. 15%	Too few students by grade

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR

	SU/SD	VT	
Overall	17%	18%	Overall Differences: State vs SU
Sex	Male	. 20%	VT and SU are Similar
	Female	. 16%	Within SU Differences
Grade	9th / 10th	18%	Too few students by sex
	11th / 12th	. 17%	Too few students by grade

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		SU/SD	VT	
Overall		39%	54%	Overall Differences: State vs SU
Sex	Male	.	51%	VT > SU
	Female	.	58%	Within SU Differences
Grade	9th / 10th	.	50%	Too few students by sex
	11th / 12th	.	59%	Too few students by grade

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		60%	55%	Overall Differences: State vs SU
Sex	Male	.	53%	VT and SU are Similar
	Female	.	56%	Within SU Differences
Grade	9th / 10th	.	56%	Too few students by sex
	11th / 12th	.	53%	Too few students by grade

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS			
		SU/SD	VT
Overall		36%	23%
Sex	Male	.	23%
	Female	.	23%
Grade	9th / 10th	.	23%
	11th / 12th	.	24%

Overall Differences: State vs SU	
SU > VT	
Within SU Differences	
Too few students by sex	
Too few students by grade	

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS			
		SU/SD	VT
Overall		37%	33%
Sex	Male	.	33%
	Female	.	33%
Grade	9th / 10th	.	32%
	11th / 12th	.	34%

Overall Differences: State vs SU	
VT and SU are Similar	
Within SU Differences	
Too few students by sex	
Too few students by grade	

SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR				
		SU/SD	VT	
Overall		30%	25%	Overall Differences: State vs SU
Sex	Male	.	16%	VT and SU are Similar
	Female	.	35%	Within SU Differences
Grade	9th / 10th	34%	25%	Too few students by sex
	11th / 12th	.	26%	Too few students by grade

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT	
Overall		22%	16%	Overall Differences: State vs SU
Sex	Male	.	9%	SU > VT
	Female	.	25%	Within SU Differences
Grade	9th / 10th	.	18%	Too few students by sex
	11th / 12th	.	15%	Too few students by grade

SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR			
		SU/SD	VT
Overall		21%	11%
Sex	Male	.	7%
	Female	.	15%
Grade	9th / 10th	15%	12%
	11th / 12th	.	10%

		Overall Differences: State vs SU	
		SU > VT	
		Within SU Differences	
		Too few students by sex	
		Too few students by grade	

ATTEMPTED SUICIDE, PAST YEAR			
		SU/SD	VT
Overall		8%	5%
Sex	Male	.	4%
	Female	.	7%
Grade	9th / 10th	.	6%
	11th / 12th	.	5%

		Overall Differences: State vs SU	
		VT and SU are Similar	
		Within SU Differences	
		Too few students by sex	
		Too few students by grade	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE				
		SU/SD	VT	
Overall		32%	24%	Overall Differences: State vs SU
Sex	Male	.	26%	SU > VT
	Female	.	22%	Within SU Differences
Grade	9th / 10th	17%	19%	Too few students by sex
	11th / 12th	.	29%	Too few students by grade

SMOKED A CIGARETTE BEFORE AGE 13 YEARS				
		SU/SD	VT	
Overall		9%	8%	Overall Differences: State vs SU
Sex	Male	.	9%	VT and SU are Similar
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	8%	Too few students by sex
	11th / 12th	.	7%	Too few students by grade

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		SU/SD	VT	
Overall		37%	34%	Overall Differences: State vs SU
Sex	Male	.	37%	VT and SU are Similar
	Female	.	31%	Within SU Differences
Grade	9th / 10th	37%	27%	Too few students by sex
	11th / 12th	.	41%	Too few students by grade

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER TRIED FLAVORED TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		26%	21%	Overall Differences: State vs SU
Sex	Male	.	24%	VT and SU are Similar
	Female	.	17%	Within SU Differences
Grade	9th / 10th	22%	14%	Too few students by sex
	11th / 12th	.	27%	Too few students by grade

EVER DRANK ALCOHOL				
		SU/SD	VT	
Overall		56%	58%	Overall Differences: State vs SU
Sex	Male	.	57%	VT and SU are Similar
	Female	.	58%	Within SU Differences
Grade	9th / 10th	.	48%	Too few students by sex
	11th / 12th	.	68%	Too few students by grade

DRANK ALCOHOL BEFORE AGE 13 YEARS				
		SU/SD	VT	
Overall		14%	14%	Overall Differences: State vs SU
Sex	Male	.	16%	VT and SU are Similar
	Female	.	11%	Within SU Differences
Grade	9th / 10th	.	15%	Too few students by sex
	11th / 12th	.	12%	Too few students by grade

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED MARIJUANA				
		SU/SD	VT	
Overall		38%	37%	Overall Differences: State vs SU
Sex	Male	.	37%	VT and SU are Similar
	Female	.	37%	Within SU Differences
Grade	9th / 10th	26%	29%	Too few students by sex
	11th / 12th	.	46%	Too few students by grade

TRIED MARIJUANA BEFORE AGE 13 YEARS				
		SU/SD	VT	
Overall		.	6%	Overall Differences: State vs SU
Sex	Male	.	7%	Too few students
	Female	.	5%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

EVER MISUSED PRESCRIPTION PAIN MEDICINE				
		SU/SD	VT	
Overall		11%	8%	Overall Differences: State vs SU
Sex	Male	.	8%	VT and SU are Similar
	Female	.	7%	Within SU Differences
Grade	9th / 10th	11%	7%	Too few students by sex
	11th / 12th	.	9%	Too few students by grade

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER MISUSED PRESCRIPTION STIMULANTS				
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	.	7%	VT and SU are Similar
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	8%	Too few students by grade

EVER USED COCAINE				
		SU/SD	VT	
Overall		.	4%	Overall Differences: State vs SU
Sex	Male	.	5%	Too few students
	Female	.	3%	Within SU Differences
Grade	9th / 10th	.	3%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

EVER USED INHALANTS				
		SU/SD	VT	
Overall		.	6%	Overall Differences: State vs SU
Sex	Male	.	6%	Too few students
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED HEROIN			
		SU/SD	VT
Overall		.	2%
Sex	Male	.	3%
	Female	.	1%
Grade	9th / 10th	.	1%
	11th / 12th	.	2%

Overall Differences: State vs SU	
Too few students	
Within SU Differences	
Too few students by sex	
Too few students by grade	

EVER USED METHAMPHETAMINES			
		SU/SD	VT
Overall		.	2%
Sex	Male	.	3%
	Female	.	1%
Grade	9th / 10th	.	2%
	11th / 12th	.	3%

Overall Differences: State vs SU	
Too few students	
Within SU Differences	
Too few students by sex	
Too few students by grade	

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR				
		SU/SD	VT	
Overall		22%	24%	Overall Differences: State vs SU
Sex	Male	.	28%	VT and SU are Similar
	Female	.	18%	Within SU Differences
Grade	9th / 10th	.	17%	Too few students by sex
	11th / 12th	.	30%	Too few students by grade

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall		22%	19%	Overall Differences: State vs SU
Sex	Male	.	23%	VT and SU are Similar
	Female	.	14%	Within SU Differences
Grade	9th / 10th	.	13%	Too few students by sex
	11th / 12th	.	25%	Too few students by grade

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		20%	15%	Overall Differences: State vs SU
Sex	Male	.	19%	VT and SU are Similar
	Female	.	11%	Within SU Differences
Grade	9th / 10th	11%	10%	Too few students by sex
	11th / 12th	.	20%	Too few students by grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

SMOKED CIGARETTES, PAST 30 DAYS				
		SU/SD	VT	
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	.	10%	VT and SU are Similar
	Female	.	8%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	12%	Too few students by grade

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES				
		SU/SD	VT	
1 or 2 days	.	29%	Too few students	
3 to 5 days	.	15%	Too few students	
6 to 9 days	.	10%	Too few students	
10 to 19 days	.	12%	Too few students	
20 to 29 days	.	9%	Too few students	
All 30 days	.	25%	Too few students	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		SU/SD	VT	
Overall		.	25%	Overall Differences: State vs SU
Sex	Male	.	27%	Too few students
	Female	.	20%	Within SU Differences
Grade	9th / 10th	.	22%	Too few students by sex
	11th / 12th	.	25%	Too few students by grade

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED				
		SU/SD	VT	
Less than 1 cigarette		.	30%	Too few students
1 cigarette		.	19%	Too few students
2 to 5 cigarettes		.	30%	Too few students
6 to 10 cigarettes		.	9%	Too few students
11 to 20 cigarettes		.	4%	Too few students
More than 20 cigarettes		.	8%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED				
		SU/SD	VT	
Overall		.	12%	Overall Differences: State vs SU
Sex	Male	.	15%	Too few students
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	10%	
	11th / 12th	.	11%	

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall		8%	12%	Overall Differences: State vs SU
Sex	Male	.	14%	VT and SU are Similar
	Female	.	9%	Within SU Differences
Grade	9th / 10th	.	9%	Too few students by sex
	11th / 12th	.	15%	Too few students by grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
Friend/family used them	.	35%	Too few students
To try to quit other tobacco	.	5%	Too few students
Cost less than other tobacco	.	1%	Too few students
Easier to get than other tobacco	.	1%	Too few students
Less harmful than other tobacco	.	8%	Too few students
Available in flavors	.	17%	Too few students
Used for some other reason	.	33%	Too few students

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE

	SU/SD	VT	
1 or 2 days	.	37%	Too few students
3 to 5 days	.	19%	Too few students
6 to 9 days	.	11%	Too few students
10 to 19 days	.	12%	Too few students
20 to 29 days	.	7%	Too few students
All 30 days	.	15%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS

		SU/SD	VT	
Overall		.	33%	Overall Differences: State vs SU
Sex	Male	.	37%	Too few students
	Female	.	26%	Within SU Differences
Grade	9th / 10th	.	33%	Too few students by sex
	11th / 12th	.	33%	Too few students by grade

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	SU/SD	VT	
Bought them in a store	.	8%	Too few students
I got them on the Internet	.	10%	Too few students
Someone else bought them	.	14%	Too few students
Borrowed them	.	38%	Too few students
A person 18 or older gave me	.	11%	Too few students
Took them from a store	.	2%	Too few students
Some other way	.	18%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	.	8%	VT and SU are Similar
	Female	.	2%	Within SU Differences
Grade	9th / 10th	.	4%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS				
		SU/SD	VT	
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	.	13%	VT and SU are Similar
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	13%	Too few students by grade

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR				
		SU/SD	VT	
Overall		.	33%	Overall Differences: State vs SU
Sex	Male	.	30%	Too few students
	Female	.	37%	Within SU Differences
Grade	9th / 10th	.	34%	Too few students by sex
	11th / 12th	.	32%	Too few students by grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		27%	33%	Overall Differences: State vs SU
Sex	Male	.	32%	VT and SU are Similar
	Female	.	34%	Within SU Differences
Grade	9th / 10th	.	25%	Too few students by sex
	11th / 12th	.	41%	Too few students by grade

BINGE DRANK, PAST 30 DAYS				
		SU/SD	VT	
Overall		11%	17%	Overall Differences: State vs SU
Sex	Male	.	17%	VT > SU
	Female	.	17%	Within SU Differences
Grade	9th / 10th	.	11%	Too few students by sex
	11th / 12th	.	23%	Too few students by grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING

	SU/SD	VT	
1 or 2 days	.	49%	Too few students
3 to 5 days	.	26%	Too few students
6 to 9 days	.	13%	Too few students
10 to 19 days	.	7%	Too few students
20 to 29 days	.	2%	Too few students
All 30 days	.	3%	Too few students

AMONG CURRENT USERS: DRANK ON 10+ DAYS

	SU/SD	VT	
Overall	.	12%	Overall Differences: State vs SU
Sex			
Male	.	15%	Too few students
Female	.	9%	Within SU Differences
Grade			
9th / 10th	.	11%	Too few students by sex
11th / 12th	.	13%	Too few students by grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED

	SU/SD	VT	
1 or 2 drinks	.	35%	Too few students
3 drinks	.	6%	Too few students
4 drinks	.	8%	Too few students
5 drinks	.	13%	Too few students
6 or 7 drinks	.	15%	Too few students
8 or 9 drinks	.	8%	Too few students
10 or more drinks	.	14%	Too few students

AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)

	SU/SD	VT	
Overall	.	57%	Overall Differences: State vs SU
Sex			Too few students
	Male	59%	
	Female	55%	Within SU Differences
Grade			Too few students by sex
	9th / 10th	51%	
	11th / 12th	61%	Too few students by grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE

	SU/SD	VT	
Bought in store	.	3%	Too few students
Bought in restaurant	.	2%	Too few students
Bought at public event	.	0%	Too few students
I gave someone money to buy	.	23%	Too few students
Someone gave it to me	.	40%	Too few students
Took from store/family	.	12%	Too few students
Some other way	.	20%	Too few students

USED MARIJUANA, PAST 30 DAYS

	SU/SD	VT	
Overall	21%	24%	Overall Differences: State vs SU
Sex			VT and SU are Similar
Male	.	24%	
Female	.	23%	Within SU Differences
Grade			Too few students by sex
9th / 10th	12%	18%	
11th / 12th	.	28%	Too few students by grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

	SU/SD	VT	
1 or 2 times	.	34%	Too few students
3 to 9 times	.	25%	Too few students
10 to 19 times	.	12%	Too few students
20 to 39 times	.	10%	Too few students
40 or more times	.	20%	Too few students

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

	SU/SD	VT	
Overall	.	41%	Overall Differences: State vs SU
Sex	Male	. 47%	Too few students
	Female	. 35%	Within SU Differences
Grade	9th / 10th	. 39%	Too few students by sex
	11th / 12th	. 42%	Too few students by grade

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED

	SU/SD	VT	
Smoked it	.	91%	Too few students
Ate in food	.	4%	Too few students
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	.	2%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS			
		SU/SD	VT
Overall		.	5%
Sex	Male	.	6%
	Female	.	5%
Grade	9th / 10th	.	5%
	11th / 12th	.	6%

Overall Differences: State vs SU	
Too few students	
Within SU Differences	
Too few students by sex	
Too few students by grade	

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HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE
SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR

		SU/SD	VT	
Overall		7%	15%	Overall Differences: State vs SU
Sex	Male	.	17%	VT > SU
	Female	.	13%	Within SU Differences
Grade	9th / 10th	10%	15%	Too few students by sex
	11th / 12th	.	15%	Too few students by grade

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR

		SU/SD	VT	
Overall		13%	13%	Overall Differences: State vs SU
Sex	Male	.	14%	VT and SU are Similar
	Female	.	12%	Within SU Differences
Grade	9th / 10th	.	11%	Too few students by sex
	11th / 12th	.	16%	Too few students by grade

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		SU/SD	VT	
Overall		27%	25%	Overall Differences: State vs SU
Sex	Male	.	25%	VT and SU are Similar
	Female	.	24%	Within SU Differences
Grade	9th / 10th	22%	29%	Too few students by sex
	11th / 12th	.	20%	Too few students by grade

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		72%	84%	Overall Differences: State vs SU
Sex	Male	.	82%	VT > SU
	Female	.	86%	Within SU Differences
Grade	9th / 10th	94%	89%	Too few students by sex
	11th / 12th	.	79%	Too few students by grade

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL			
		SU/SD	VT
Overall		69%	54%
Sex	Male	.	55%
	Female	.	54%
Grade	9th / 10th	74%	65%
	11th / 12th	.	44%

Overall Differences: State vs SU	
SU > VT	
Within SU Differences	
Too few students by sex	
Too few students by grade	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA			
		SU/SD	VT
Overall		52%	55%
Sex	Male	.	56%
	Female	.	55%
Grade	9th / 10th	.	64%
	11th / 12th	.	46%

Overall Differences: State vs SU	
VT and SU are Similar	
Within SU Differences	
Too few students by sex	
Too few students by grade	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall		84%	91%	Overall Differences: State vs SU
Sex	Male	.	90%	VT > SU
	Female	.	93%	Within SU Differences
Grade	9th / 10th	94%	94%	Too few students by sex
	11th / 12th	.	89%	Too few students by grade

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL				
		SU/SD	VT	
Overall		62%	66%	Overall Differences: State vs SU
Sex	Male	.	64%	VT and SU are Similar
	Female	.	67%	Within SU Differences
Grade	9th / 10th	70%	75%	Too few students by sex
	11th / 12th	.	57%	Too few students by grade

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		SU/SD	VT	
Overall		83%	76%	Overall Differences: State vs SU
Sex	Male	.	75%	SU > VT
	Female	.	77%	Within SU Differences
Grade	9th / 10th	.	81%	Too few students by sex
	11th / 12th	.	72%	Too few students by grade

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY

	SU/SD	VT	
No risk	.	5%	Too few students
Slight risk	12%	9%	
Moderate risk	29%	18%	SU > VT
Great risk	53%	68%	VT > SU

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		SU/SD	VT	
Overall		53%	68%	Overall Differences: State vs SU
Sex	Male	.	66%	VT > SU
	Female	.	70%	Within SU Differences
Grade	9th / 10th	63%	66%	Too few students by sex
	11th / 12th	.	70%	Too few students by grade

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK

	SU/SD	VT	
No risk	.	6%	Too few students
Slight risk	24%	19%	
Moderate risk	37%	39%	
Great risk	33%	36%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND

		SU/SD	VT	
Overall		33%	36%	Overall Differences: State vs SU
Sex	Male	.	32%	VT and SU are Similar
	Female	.	41%	Within SU Differences
Grade	9th / 10th	37%	38%	Too few students by sex
	11th / 12th	.	34%	Too few students by grade

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE

	SU/SD	VT	
No risk	22%	21%	VT > SU
Slight risk	29%	29%	
Moderate risk	18%	26%	
Great risk	30%	24%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY			
		SU/SD	VT
Overall		30%	24%
Sex	Male	.	21%
	Female	.	28%
Grade	9th / 10th	34%	29%
	11th / 12th	.	20%

Overall Differences: State vs SU	
VT and SU are Similar	
Within SU Differences	
Too few students by sex	
Too few students by grade	

PERCEIVED ACCESS TO CIGARETTES			
		SU/SD	VT
Very hard		21%	24%
Sort of hard		18%	21%
Sort of easy		25%	22%
Very easy		36%	32%

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET			
		SU/SD	VT
Overall		61%	55%
Sex	Male	.	57%
	Female	.	52%
Grade	9th / 10th	47%	43%
	11th / 12th	.	66%

Overall Differences: State vs SU	
VT and SU are Similar	
Within SU Differences	
Too few students by sex	
Too few students by grade	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL			
	SU/SD	VT	
Very hard	19%	15%	SU > VT
Sort of hard	26%	18%	
Sort of easy	29%	31%	VT > SU
Very easy	26%	37%	

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		SU/SD	VT	
Overall		55%	68%	Overall Differences: State vs SU
Sex	Male	.	67%	VT > SU
	Female	.	69%	Within SU Differences
Grade	9th / 10th	46%	62%	Too few students by sex
	11th / 12th	.	73%	Too few students by grade

PERCEIVED ACCESS TO MARIJUANA			
	SU/SD	VT	
Very hard	26%	27%	
Sort of hard	17%	15%	
Sort of easy	24%	22%	
Very easy	33%	37%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET			
		SU/SD	VT
Overall		57%	58%
Sex	Male	.	59%
	Female	.	57%
Grade	9th / 10th	42%	49%
	11th / 12th	.	67%

Overall Differences: State vs SU	
VT and SU are Similar	
Within SU Differences	
Too few students by sex	
Too few students by grade	

SECTION 5: SEXUAL HEALTH
 LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES			
	SU/SD	VT	
Never had sexual contact	.	42%	Too few students
Females	.	54%	Too few students
Males	.	2%	Too few students
Females and males	.	2%	Too few students

LIFETIME SEXUAL CONTACTS: FEMALES			
	SU/SD	VT	
Never had sexual contact	.	43%	Too few students
Females	.	2%	Too few students
Males	.	48%	Too few students
Females and males	.	7%	Too few students

EVER HAD SEXUAL INTERCOURSE			
	SU/SD	VT	
Overall	46%	40%	Overall Differences: State vs SU
Sex			
Male	.	40%	VT and SU are Similar
Female	.	40%	Within SU Differences
Grade			
9th / 10th	.	26%	Too few students by sex
11th / 12th	.	54%	Too few students by grade

SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

HAVE HAD 4+ LIFETIME PARTNERS				
		SU/SD	VT	
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male	.	9%	VT and SU are Similar
	Female	.	8%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	13%	Too few students by grade

EVER HAD ORAL SEX				
		SU/SD	VT	
Overall		51%	42%	Overall Differences: State vs SU
Sex	Male	.	42%	SU > VT
	Female	.	42%	Within SU Differences
Grade	9th / 10th	37%	30%	Too few students by sex
	11th / 12th	.	55%	Too few students by grade

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		SU/SD	VT	
Overall		13%	10%	Overall Differences: State vs SU
Sex	Male	.	9%	VT and SU are Similar
	Female	.	12%	Within SU Differences
Grade	9th / 10th	.	8%	Too few students by sex
	11th / 12th	.	13%	Too few students by grade

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		SU/SD	VT	
Overall		35%	31%	Overall Differences: State vs SU
Sex	Male	.	29%	VT and SU are Similar
	Female	.	32%	Within SU Differences
Grade	9th / 10th	.	19%	Too few students by sex
	11th / 12th	.	43%	Too few students by grade

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		.	20%	Overall Differences: State vs SU
Sex	Male	.	22%	Too few students
	Female	.	17%	Within SU Differences
Grade	9th / 10th	.	23%	Too few students by sex
	11th / 12th	.	18%	Too few students by grade

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
No method was used	.	7%	Too few students
Birth control pills	.	32%	Too few students
Condoms	.	35%	Too few students
IUD or implant	.	13%	Too few students
Shot/patch/birth control ring	.	5%	Too few students
Withdrawal/other method	.	5%	Too few students
Not sure	.	2%	Too few students

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
Overall	.	50%	Overall Differences: State vs SU
Sex			
Male	.	40%	Too few students
Female	.	60%	Within SU Differences
Grade			
9th / 10th	.	39%	Too few students by sex
11th / 12th	.	56%	Too few students by grade

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		.	56%	Overall Differences: State vs SU
Sex	Male	.	61%	Too few students
	Female	.	52%	Within SU Differences
Grade	9th / 10th	.	62%	Too few students by sex
	11th / 12th	.	54%	Too few students by grade

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		.	19%	Overall Differences: State vs SU
Sex	Male	.	15%	Too few students
	Female	.	22%	Within SU Differences
Grade	9th / 10th	.	16%	Too few students by sex
	11th / 12th	.	20%	Too few students by grade

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		.	7%	Overall Differences: State vs SU
Sex	Male	.	8%	Too few students
	Female	.	7%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		SU/SD	VT	
Overall		21%	14%	Overall Differences: State vs SU
Sex	Male	.	14%	SU > VT
	Female	.	15%	Within SU Differences
Grade	9th / 10th	.	15%	Too few students by sex
	11th / 12th	.	13%	Too few students by grade

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)				
		SU/SD	VT	
Overall		31%	13%	Overall Differences: State vs SU
Sex	Male	.	15%	SU > VT
	Female	.	10%	Within SU Differences
Grade	9th / 10th	.	12%	Too few students by sex
	11th / 12th	.	13%	Too few students by grade

PERCEPTIONS OF OWN WEIGHT				
		SU/SD	VT	
	Very underweight	.	2%	Too few students
	Slightly underweight	.	12%	Too few students
	About the right weight	49%	56%	
	Slightly overweight	31%	25%	SU > VT
	Very overweight	12%	5%	SU > VT

SECTION 6: BMI AND WEIGHT PERCEPTIONS

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT

		SU/SD	VT	
Overall		43%	30%	Overall Differences: State vs SU
Sex	Male	.	25%	SU > VT
	Female	.	36%	Within SU Differences
Grade	9th / 10th	.	29%	Too few students by sex
	11th / 12th	.	31%	Too few students by grade

WHAT ONE IS TRYING TO DO ABOUT WEIGHT

	SU/SD	VT	
Lose weight	51%	42%	SU > VT
Gain weight	11%	15%	
Stay the same weight	16%	18%	
Not trying to do anything	22%	25%	

WERE TRYING TO LOSE WEIGHT

		SU/SD	VT	
Overall		51%	42%	Overall Differences: State vs SU
Sex	Male	.	28%	SU > VT
	Female	.	57%	Within SU Differences
Grade	9th / 10th	45%	42%	Too few students by sex
	11th / 12th	.	42%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK			
	SU/SD	VT	
0 days	21%	13%	SU > VT
1 day	11%	7%	SU > VT
2 days	6%	9%	
3 days	.	12%	Too few students
4 days	13%	11%	
5 days	12%	14%	
6 days	10%	10%	
7 days	24%	25%	

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
	SU/SD	VT		
Overall	24%	25%	Overall Differences: State vs SU	
Sex	Male	.	33%	VT and SU are Similar
	Female	.	17%	Within SU Differences
Grade	9th / 10th	.	27%	Too few students by sex
	11th / 12th	.	24%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS,
 PAST WEEK**

		SU/SD	VT	
Overall		46%	49%	Overall Differences: State vs SU
Sex	Male	.	56%	VT and SU are Similar
	Female	.	42%	Within SU Differences
Grade	9th / 10th	.	51%	Too few students by sex
	11th / 12th	.	47%	Too few students by grade

**DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT
 LEAST 1 DAY, PAST WEEK**

		SU/SD	VT	
Overall		21%	13%	Overall Differences: State vs SU
Sex	Male	.	11%	SU > VT
	Female	.	14%	Within SU Differences
Grade	9th / 10th	.	11%	Too few students by sex
	11th / 12th	.	14%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK

	SU/SD	VT	
Do not watch TV	.	3%	Too few students
Less than 1 hour per day	7%	8%	
1 hour per day	11%	12%	
2 hours per day	15%	23%	VT > SU
3 hours per day	15%	21%	VT > SU
4 hours per day	13%	13%	
5 or more hours per day	33%	19%	SU > VT

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK

	SU/SD	VT	
Overall	61%	53%	Overall Differences: State vs SU
Sex			
Male	.	53%	SU > VT
Female	.	52%	Within SU Differences
Grade			
9th / 10th	.	53%	Too few students by sex
11th / 12th	.	52%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		16%	33%	Overall Differences: State vs SU
Sex	Male	.	32%	VT > SU
	Female	.	33%	Within SU Differences
Grade	9th / 10th	.	33%	Too few students by sex
	11th / 12th	.	32%	Too few students by grade

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		9%	18%	Overall Differences: State vs SU
Sex	Male	.	18%	VT > SU
	Female	.	18%	Within SU Differences
Grade	9th / 10th	.	18%	Too few students by sex
	11th / 12th	.	18%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

SODA CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink soda or pop	34%	37%	
1 to 3 times	38%	40%	
4 to 6 times	17%	12%	SU > VT
1 time per day	.	4%	Too few students
2 times per day	.	3%	Too few students
3 times per day	.	1%	Too few students
4 or more times per day	.	3%	Too few students

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK			
	SU/SD	VT	
Overall	11%	11%	Overall Differences: State vs SU
Sex			VT and SU are Similar
Male	.	16%	
Female	.	6%	Within SU Differences
Grade			Too few students by sex
9th / 10th	.	11%	
11th / 12th	.	12%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

	SU/SD	VT	
Did not drink sugar-sweetened	28%	28%	
1 to 3 times	35%	44%	VT > SU
4 to 6 times	24%	15%	SU > VT
1 time per day	.	6%	Too few students
2 times per day	.	3%	Too few students
3 times per day	.	1%	Too few students
4 or more times per day	.	2%	Too few students

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

	SU/SD	VT	
Overall	14%	12%	Overall Differences: State vs SU
Sex			
Male	.	15%	VT and SU are Similar
Female	.	9%	Within SU Differences
Grade			
9th / 10th	.	12%	Too few students by sex
11th / 12th	.	13%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

WATER CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink water	9%	4%	SU > VT
1 to 3 times	11%	9%	
4 to 6 times	14%	11%	
1 time per day	9%	9%	
2 times per day	15%	16%	
3 times per day	17%	19%	
4 or more times per day	25%	33%	VT > SU

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK				
		SU/SD	VT	
Overall		42%	52%	Overall Differences: State vs SU
Sex	Male	.	51%	VT > SU
	Female	.	53%	Within SU Differences
Grade	9th / 10th	34%	51%	Too few students by sex
	11th / 12th	.	53%	Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK			
	SU/SD	VT	
0 days	14%	11%	SU > VT
1 day	9%	6%	
2 days	17%	9%	
3 days	8%	10%	
4 days	9%	8%	
5 days	11%	9%	
6 days	5%	7%	
7 days	28%	40%	VT > SU

DID NOT EAT BREAKFAST, PAST WEEK				
	SU/SD	VT		
Overall	14%	11%	Overall Differences: State vs SU	
Sex	Male	.	11%	VT and SU are Similar
	Female	.	10%	Within SU Differences
Grade	9th / 10th	11%	10%	Too few students by sex
	11th / 12th	.	10%	Too few students by grade

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	67%	75%	VT > SU
Rarely	17%	15%	
Sometimes	14%	7%	SU > VT
Most of the time	.	2%	Too few students
Always	.	1%	Too few students

MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS

	SU/SD	VT	
Overall	.	3%	Overall Differences: State vs SU
Sex			
Male	.	3%	Too few students
Female	.	2%	Within SU Differences
Grade			
9th / 10th	.	3%	Too few students by sex
11th / 12th	.	3%	Too few students by grade

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING				
		SU/SD	VT	
Overall		.	4%	Overall Differences: State vs SU
Sex	Male	.	4%	Too few students
	Female	.	3%	Within SU Differences
Grade	9th / 10th	.	3%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK			
	SU/SD	VT	
0 days	11%	9%	Too few students
1 day	.	4%	
2 days	5%	4%	
3 days	6%	6%	
4 days	6%	8%	
5 days	11%	13%	
6 days	10%	12%	
7 days	47%	44%	

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		SU/SD	VT	
Overall		73%	77%	Overall Differences: State vs SU
Sex	Male	.	80%	VT and SU are Similar
	Female	.	75%	Within SU Differences
Grade	9th / 10th	82%	82%	Too few students by sex
	11th / 12th	.	73%	Too few students by grade

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL			
	SU/SD	VT	
Mostly A's	36%	46%	VT > SU
Mostly B's	37%	39%	
Mostly C's	26%	12%	SU > VT
Mostly D's	.	2%	Too few students
Mostly F's	.	1%	Too few students

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		SU/SD	VT	
Overall		87%	80%	Overall Differences: State vs SU
Sex	Male	.	80%	SU > VT
	Female	.	81%	Within SU Differences
Grade	9th / 10th	85%	78%	Too few students by sex
	11th / 12th	.	82%	Too few students by grade

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS			
	SU/SD	VT	
Strongly agree	21%	21%	
Agree	45%	44%	
Not sure	19%	19%	
Disagree	11%	11%	
Strongly disagree	.	5%	Too few students

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall		67%	65%	Overall Differences: State vs SU
Sex	Male	.	69%	VT and SU are Similar
	Female	.	61%	Within SU Differences
Grade	9th / 10th	70%	66%	Too few students by sex
	11th / 12th	.	64%	Too few students by grade

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM

	SU/SD	VT	
Definitely will not	9%	5%	SU > VT
Probably will not	11%	5%	SU > VT
Probably will	30%	22%	SU > VT
Definitely will	34%	57%	VT > SU
Not sure	15%	11%	

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM

		SU/SD	VT	
Overall		65%	79%	Overall Differences: State vs SU
Sex	Male	.	75%	VT > SU
	Female	.	83%	Within SU Differences
Grade	9th / 10th	.	76%	Too few students by sex
	11th / 12th	.	82%	Too few students by grade

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK

	SU/SD	VT	
0 hours	40%	33%	SU > VT
1 to 4 hours	27%	27%	
5 to 9 hours	11%	17%	VT > SU
10 to 19 hours	15%	17%	
20 or more hours	7%	6%	

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK

	SU/SD	VT	
Overall	22%	24%	Overall Differences: State vs SU
Sex			
Male	.	24%	VT and SU are Similar
Female	.	24%	Within SU Differences
Grade			
9th / 10th	.	22%	Too few students by sex
11th / 12th	.	25%	Too few students by grade

MATTER TO PEOPLE IN THEIR COMMUNITY

	SU/SD	VT	
Strongly agree	21%	19%	
Agree	23%	41%	VT > SU
Not sure	34%	25%	SU > VT
Disagree	16%	9%	SU > VT
Strongly disagree	6%	5%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE			
		SU/SD	VT
Overall		44%	61%
Overall Differences: State vs SU			
Sex	Male	.	65%
	Female	.	57%
Within SU Differences			
Grade	9th / 10th	45%	60%
	11th / 12th	.	61%
Too few students by sex			
Too few students by grade			

MIDDLE SCHOOL RESULTS

RUTLAND SOUTHWEST SU (SU038) REPORT

<http://healthvermont.gov/yrbs.aspx>

SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	70	16701

		SU/SD	VT
Sex	Male	54%	52%
	Female	46%	49%
	6th Grade		24%
	7th Grade	44%	39%
	8th Grade	56%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	81%
	Students of Color (REM)	5%	19%
Sexual Orientation	Heterosexual (Het)	95%	93%
	Lesbian, Gay, or Bisexual (LGB)	5%	7%

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT			
	SU/SD	VT	
Overall	59%	42%	SU > VT

WERE EVER BULLIED ON SCHOOL PROPERTY			
	SU/SD	VT	
Overall	49%	44%	VT and SU are Similar

WERE EVER ELECTRONICALLY BULLIED			
	SU/SD	VT	
Overall	33%	24%	SU > VT

WERE BULLIED, PAST 30 DAYS			
	SU/SD	VT	
Overall	24%	22%	VT and SU are Similar

BULLIED SOMEONE ELSE, PAST 30 DAYS			
	SU/SD	VT	
Overall	22%	8%	SU > VT

SECTION 2: PERSONAL SAFETY
 CAR SAFETY

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR
 ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS**

	SU/SD	VT	
Overall	.	8%	Too few students

SEATBELT USE

	SU/SD	VT	
Never	.	1%	Too few students
Rarely	.	1%	Too few students
Sometimes	.	3%	Too few students
Most of the time	41%	18%	SU > VT
Always	51%	76%	VT > SU

RARELY OR NEVER WEAR A SEAT BELT

	SU/SD	VT	
Overall	.	2%	Too few students

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL

	SU/SD	VT	
Overall	32%	22%	SU > VT

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA

	SU/SD	VT	
Overall	21%	9%	SU > VT

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	SU/SD	VT	
Never wear a helmet	38%	16%	SU > VT
Rarely wear a helmet	31%	15%	SU > VT
Sometimes wear a helmet	10%	15%	VT > SU
Most of the time wear a helmet	12%	25%	VT > SU
Always wear a helmet	10%	28%	VT > SU

RARELY OR NEVER WEAR A BICYCLE HELMET

	SU/SD	VT	
Overall	68%	31%	SU > VT

HELMET USE WHEN SKIING OR SNOWBOARDING

	SU/SD	VT	
Never wear a helmet	.	5%	Too few students
Rarely wear a helmet	.	2%	Too few students
Sometimes wear a helmet	.	2%	Too few students
Most of the time wear a helmet	.	7%	Too few students
Always wear a helmet	.	83%	Too few students

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

	SU/SD	VT	
Overall	.	7%	Too few students

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE

	SU/SD	VT	
Overall	.	17%	Too few students

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

	SU/SD	VT	
Overall	48%	26%	SU > VT

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

	SU/SD	VT	
Overall	41%	19%	SU > VT

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE

	SU/SD	VT	
Never	9%	9%	
Rarely	.	14%	Too few students
Sometimes	33%	27%	SU > VT
Most of the time	36%	29%	SU > VT
Always	16%	21%	VT > SU

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

	SU/SD	VT	
Overall	51%	50%	VT and SU are Similar

SECTION 3: MENTAL HEALTH

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR			
	SU/SD	VT	
Overall	29%	30%	VT and SU are Similar

FELT SAD OR HOPELESS, PAST YEAR			
	SU/SD	VT	
Overall	21%	19%	VT and SU are Similar

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES			
	SU/SD	VT	
Overall	23%	18%	SU > VT

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES			
	SU/SD	VT	
Overall	19%	12%	SU > VT

EVER ATTEMPTED SUICIDE			
	SU/SD	VT	
Overall	.	6%	Too few students

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE			
	SU/SD	VT	
Overall	12%	7%	SU > VT

EVER USED AN ELECTRONIC VAPOR PRODUCT			
	SU/SD	VT	
Overall	19%	9%	SU > VT

EVER USED A FLAVORED TOBACCO PRODUCT			
	SU/SD	VT	
Overall	7%	5%	VT and SU are Similar

EVER DRANK ALCOHOL			
	SU/SD	VT	
Overall	20%	19%	VT and SU are Similar

EVER USED MARIJUANA			
	SU/SD	VT	
Overall	15%	7%	SU > VT

EVER USED INHALANTS			
	SU/SD	VT	
Overall	.	4%	Too few students

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT		
	SU/SD	VT
Overall	.	2%
Too few students		

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT		
	SU/SD	VT
Overall	.	2%
Too few students		

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR

	SU/SD	VT	
Overall	7%	5%	VT and SU are Similar

**SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR
 ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS**

	SU/SD	VT	
Overall	.	5%	Too few students

**SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO,
 PAST 30 DAYS**

	SU/SD	VT	
Overall	.	3%	Too few students

SMOKED CIGARETTES, PAST 30 DAYS

	SU/SD	VT	
Overall	.	2%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED

	SU/SD	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

	SU/SD	VT	
Overall	.	4%	Too few students

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT

	SU/SD	VT	
Friend/family used them	.	38%	Too few students
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	.	13%	Too few students
Used for some other reason	.	36%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE

	SU/SD	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	.	44%	Too few students
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	.	21%	Too few students

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
1 or 2 days	.	49%	Too few students
3 to 5 days	.	16%	Too few students
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	.	15%	Too few students

SMOKED CIGARS, PAST 30 DAYS

	SU/SD	VT	
Overall	.	1%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS		
	SU/SD	VT
Overall	.	1%
Too few students		

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR		
	SU/SD	VT
Overall	.	36%
Too few students		

DRANK ALCOHOL, PAST 30 DAYS		
	SU/SD	VT
Overall	6%	7%
VT and SU are Similar		

BINGE DRANK, PAST 30 DAYS		
	SU/SD	VT
Overall	.	2%
Too few students		

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED

	SU/SD	VT	
1 or 2 drinks	.	63%	Too few students
3 drinks	.	10%	Too few students
4 drinks	.	7%	Too few students
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	.	9%	Too few students

USED MARIJUANA, PAST 30 DAYS

	SU/SD	VT	
Overall	10%	4%	SU > VT

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO
 SMOKE CIGARETTES**

	SU/SD	VT	
Overall	92%	95%	VT > SU

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO
 DRINK ALCOHOL**

	SU/SD	VT	
Overall	86%	89%	VT and SU are Similar

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO
 USE MARIJUANA**

	SU/SD	VT	
Overall	80%	90%	VT > SU

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR
 VERY WRONG FOR THEM TO SMOKE CIGARETTES**

	SU/SD	VT	
Overall	92%	95%	VT > SU

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR
 VERY WRONG FOR THEM TO DRINK ALCOHOL**

	SU/SD	VT	
Overall	85%	85%	VT and SU are Similar

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

	SU/SD	VT	
Overall	83%	92%	VT > SU

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

	SU/SD	VT	
Overall	38%	22%	SU > VT

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

	SU/SD	VT	
Overall	39%	37%	VT and SU are Similar

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET

	SU/SD	VT	
Overall	30%	15%	SU > VT

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

	SU/SD	VT	
Overall	63%	72%	VT > SU

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE
 DRINK EACH WEEKEND**

	SU/SD	VT	
Overall	28%	48%	VT > SU

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE
 MARIJUANA REGULARLY**

	SU/SD	VT	
Overall	41%	59%	VT > SU

SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE			
	SU/SD	VT	
Overall	.	5%	Too few students

EVER HAD ORAL SEX			
	SU/SD	VT	
Overall	.	6%	Too few students

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK			
	SU/SD	VT	
0 days	15%	7%	SU > VT
1 day	.	4%	Too few students
2 days	.	7%	Too few students
3 days	.	10%	Too few students
4 days	.	11%	Too few students
5 days	15%	15%	
6 days	16%	11%	SU > VT
7 days	44%	34%	SU > VT

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS			
	SU/SD	VT	
Overall	44%	34%	SU > VT

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS			
	SU/SD	VT	
Overall	75%	60%	SU > VT

WERE NOT PHYSICALLY ACTIVE PAST WEEK			
	SU/SD	VT	
Overall	.	7%	Too few students

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK

	SU/SD	VT	
0 days	66%	25%	SU > VT
1 day	17%	7%	SU > VT
2 days	.	8%	Too few students
3 days	.	8%	Too few students
4 days	.	5%	Too few students
5 days	11%	46%	VT > SU

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL

	SU/SD	VT	
Overall	66%	25%	SU > VT

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS

	SU/SD	VT	
0 days	71%	77%	VT > SU
1 day	.	3%	Too few students
2 days	.	3%	Too few students
3 days	.	4%	Too few students
4 days	.	2%	Too few students
5 days	10%	10%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY			
	SU/SD	VT	
Overall	10%	10%	VT and SU are Similar

WATCH TELEVISION, TYPICAL SCHOOL DAY			
	SU/SD	VT	
No TV on average school day	23%	18%	SU > VT
Less than 1 hour per day	20%	23%	
1 hour per day	15%	18%	
2 hours per day	21%	20%	
3 hours per day	9%	10%	
4 hours per day	.	4%	Too few students
5 or more hours per day	.	6%	Too few students

WATCHED TV 3+ HOURS PER DAY			
	SU/SD	VT	
Overall	21%	20%	VT and SU are Similar

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	SU/SD	VT	
No playing video/computer game	15%	12%	SU > VT
Less than 1 hour per day	11%	17%	VT > SU
1 hour per day	8%	15%	VT > SU
2 hours per day	9%	18%	VT > SU
3 hours per day	17%	14%	
4 hours per day	7%	8%	
5 or more hours per day	32%	16%	SU > VT

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

	SU/SD	VT	
Overall	56%	38%	SU > VT

BREAKFAST CONSUMPTION, PAST WEEK

	SU/SD	VT	
0 days	12%	7%	SU > VT
1 day	15%	4%	SU > VT
2 days	9%	7%	
3 days	.	7%	Too few students
4 days	.	6%	Too few students
5 days	9%	8%	
6 days	.	9%	Too few students
7 days	43%	52%	VT > SU

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DID NOT EAT BREAKFAST, PAST WEEK

	SU/SD	VT	
Overall	.	7%	Too few students

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	SU/SD	VT	
Did not drink water	.	3%	Too few students
1 to 3 times	14%	9%	SU > VT
4 to 6 times	12%	10%	
1 time per day	.	6%	Too few students
2 times per day	27%	16%	SU > VT
3 times per day	10%	19%	VT > SU
4 or more times per day	31%	37%	VT > SU

DRANK THREE OR MORE GLASSES PER DAY OF WATER

	SU/SD	VT	
Overall	40%	56%	VT > SU

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS			
	SU/SD	VT	
Never	70%	77%	VT > SU
Rarely	24%	14%	SU > VT
Sometimes	.	7%	Too few students
Most of the time	.	1%	Too few students
Always	.	1%	Too few students

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME			
	SU/SD	VT	
Overall	.	2%	Too few students

BORN OUTSIDE THE U.S.			
	SU/SD	VT	
Overall	.	6%	Too few students

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK

	SU/SD	VT	
0 days	12%	5%	SU > VT
1 day	.	2%	Too few students
2 days	.	2%	Too few students
3 days	.	3%	Too few students
4 days	.	4%	Too few students
5 days	.	7%	Too few students
6 days	12%	10%	
7 days	53%	66%	VT > SU

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK

	SU/SD	VT	
Overall	75%	88%	VT > SU

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS

	SU/SD	VT	
Strongly agree	16%	28%	VT > SU
Agree	43%	43%	
Not sure	22%	17%	SU > VT
Disagree	12%	8%	SU > VT
Strongly disagree	.	5%	Too few students

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES
 AND CONSEQUENCES FOR BEHAVIOR**

	SU/SD	VT	
Overall	60%	71%	VT > SU

**BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY
 CAN TALK TO IF THEY HAVE A PROBLEM**

	SU/SD	VT	
Overall	77%	76%	VT and SU are Similar

GRADES EARNED IN SCHOOL

	SU/SD	VT	
Mostly A's	26%	46%	VT > SU
Mostly B's	43%	38%	
Mostly C's	26%	12%	SU > VT
Mostly D's	.	3%	Too few students
Mostly F's	.	1%	Too few students

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY

	SU/SD	VT	
Strongly agree	28%	27%	
Agree	33%	36%	
Not sure	33%	24%	SU > VT
Disagree	.	7%	Too few students
Strongly disagree	.	5%	Too few students

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL
LIKE THEY MATTER TO PEOPLE**

	SU/SD	VT	
Overall	61%	64%	VT and SU are Similar