2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR RUTLAND NORTHEAST SU (SU036)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

TABLE OF CONTENTS

About the YRBS	4
Methodology	4
Using the YRBS Results	5
HIGH SCHOOL RESULTS	7
Section 1: Demographics	8
Section 1: Demographics	9
Section 3: Mental Health	22
Section 3: Mental Health	24
Section 5: Sexual Health	56
Section 6: BMI and Weight Perceptions	63
Section 7: Physical Activity and Nutrition	66
Section 8: Social Determinants of Health	74
Section 9: Youth Assets and Other Protective Factors	
MIDDLE SCHOOL RESULTS	82
Section 1: Demographics	83
Section 2: Personal Safety	84
Section 3: Mental Health	94
Section 4: Substance Use	96
Section 5: Sexual Activity	114
Section 6: Physical Activity and Nutrition	115
Section 7: Social Determinants of Health	
Section 8: Youth Assets and Other Protective Factors	125



2017	VERMONT	YOUTH RISK	BEH	AVIOR	SURVEY
	RUTLAND	NORTHEAST	ΓSU ((SU036)	REPORT

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS

RUTLAND NORTHEAST SU (SU036) REPORT

http://healthvermont.gov/yrbs



SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	361	27349			

		SU/SD	VT
Sex	Male	57%	51%
	Female	43%	49%
Grade	9th Grade	28%	25%
	10th Grade	25%	25%
	11th Grade	23%	25%
	12th Grade	25%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	83%
	Students of Color (REM)	4%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	84%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	16%	11%



SECTION 2: PERSONAL SAFETY

	W	VERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		19%	17%	Overall Differences: State vs SU
Sex	Male	24%	22%	VT and SU are Similar
	Female	12%	11%	Within SU Differences
Grade	Grade 9	16%	21%	Males > Females
	Grade 10	23%	18%	Too few students in at least one grade
	Grade 11	29%	15%	
	Grade 12		13%	

W	ERE IN A PH	IYSICAL F	TIGHT O	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	-	9%	7%	Overall Differences: State vs SU
Sex	Male	11%	9%	VT and SU are Similar
	Female	6%	3%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10	14%	7%	
	Grade 11	18%	6%	
	Grade 12		4%	



SECTION 2: PERSONAL SAFETY

	CARRIED A	WEAPON	N ON SCH	IOOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	_
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	10%	10%	SU > VT
	Female	10%	3%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10	8%	6%	
	Grade 11	20%	8%	
	Grade 12		8%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR						
		SU/SD	VT			
Overall	_	5%	5%	Overall Differences: State vs SU		
Sex	Male	5%	6%	VT and SU are Similar		
	Female	5%	3%	Within SU Differences		
Grade	Grade 9		6%	Too few students in at least one grade		
	Grade 10		5%			
	Grade 11		4%			
	Grade 12		4%			



SECTION 2: PERSONAL SAFETY

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		17%	16%	Overall Differences: State vs SU
Sex	Male	13%	10%	VT and SU are Similar
	Female	21%	22%	Within SU Differences
Grade	Grade 9	29%	19%	Females > Males
	Grade 10	12%	16%	Too few students in at least one grade
	Grade 11	10%	15%	
	Grade 12		13%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male	13%	11%	VT and SU are Similar
	Female	24%	20%	Within SU Differences
Grade	Grade 9	35%	21%	Females > Males
	Grade 10	15%	16%	Too few students in at least one grade
	Grade 11	11%	14%	
	Grade 12		12%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male	7%	10%	VT and SU are Similar
	Female	8%	8%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10	11%	9%	
	Grade 11	9%	9%	
	Grade 12		8%	

DID	NOT GO TO	SCHOOL	BECAUS	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	7%	4%	SU > VT
	Female	10%	6%	Within SU Differences
Grade	Grade 9	11%	5%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		5%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

WER	RE EVER PH	IYSICALL	Y FORCE	ED TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	_
Overall		8%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	15%	9%	Within SU Differences
Grade	Grade 9	·	5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	8%	7%	
	Grade 12		7%	

	EXPERIE	ENCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		11%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	21%	15%	Within SU Differences
Grade	Grade 9		10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	6%	6%	SU > VT
	Female	11%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10	12%	7%	
	Grade 11		7%	
	Grade 12		7%	



SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	6%	7%	Overall Differences: State vs SU
Sex	Male	6%	9%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		4%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		10%	

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall		20%	14%	Overall Differences: State vs SU
Sex	Male	14%	16%	SU > VT
	Female	28%	12%	Within SU Differences
Grade	Grade 9		8%	Females > Males
	Grade 10	14%	9%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		21%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE V	VITH A DRI	VER WHO	HAD BEI	EN DRINKING ALCOHOL, PAST 30 DAYS
		SU/SD	VT	
Overall		23%	18%	Overall Differences: State vs SU
Sex	Male	17%	17%	SU > VT
	Female	30%	19%	Within SU Differences
Grade	Grade 9	26%	17%	Females > Males
	Grade 10	21%	18%	Too few students in at least one grade
	Grade 11	24%	18%	
	Grade 12		18%	

RODE	WITH A DR	IVER WHO	O HAD BE	EEN USING MARIJUANA, PAST 30 DAYS
		SU/SD	VT	
Overall	_	30%	20%	Overall Differences: State vs SU
Sex	Male	25%	20%	SU > VT
	Female	37%	20%	Within SU Differences
Grade	Grade 9	26%	13%	Females > Males
	Grade 10	27%	18%	Too few students in at least one grade
	Grade 11	40%	22%	
	Grade 12		28%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST DAYS				
		SU/SD	VT	
Overall	-	31%	34%	Overall Differences: State vs SU
Sex	Male	33%	34%	VT and SU are Similar
	Female	29%	34%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10	20%	16%	
	Grade 11		42%	
	Grade 12		53%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR					
	SU/SD	VT			
Never wore a helmet	25%	11%	SU > VT		
Rarely wore a helmet	7%	3%	SU > VT		
Sometimes wore a helmet		3%	Too few students		
Most of the time wore a helmet	9%	9%			
Always wore a helmet	58%	74%	VT > SU		

RAREL	Y OR NEVE	R WEAR A		T WHILE SKIING OR SNOWBOARDING, YEAR
		SU/SD	VT	
Overall	_	32%	14%	Overall Differences: State vs SU
Sex	Male	34%	17%	SU > VT
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR				
		SU/SD	VT	
Overall		15%	18%	Overall Differences: State vs SU
Sex	Male	18%	20%	VT and SU are Similar
	Female	11%	16%	Within SU Differences
Grade	Grade 9	13%	20%	Too few students in at least one grade
	Grade 10	20%	18%	
	Grade 11	15%	17%	
	Grade 12		16%	



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	ASKED BY	A DOCTO		ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	-	45%	54%	Overall Differences: State vs SU
Sex	Male	37%	51%	VT > SU
	Female	55%	58%	Within SU Differences
Grade	Grade 9	44%	47%	Females > Males
	Grade 10	34%	53%	Too few students in at least one grade
	Grade 11	50%	58%	
	Grade 12		61%	

MOST	OF THE TI			EE ADS FOR CIGARETTES OR OTHER PRODUCTS
		SU/SD	VT	
Overall		58%	55%	Overall Differences: State vs SU
Sex	Male	52%	53%	VT and SU are Similar
	Female	63%	56%	Within SU Differences
Grade	Grade 9	54%	57%	Too few students in at least one grade
	Grade 10	67%	56%	
	Grade 11	53%	54%	
	Grade 12		52%	



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE :	IN THE SAM	IE CAR AS		NE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall	<u> </u>	39%	23%	Overall Differences: State vs SU
Sex	Male	35%	23%	SU > VT
	Female	42%	23%	Within SU Differences
Grade	Grade 9	44%	22%	Too few students in at least one grade
	Grade 10	32%	23%	
	Grade 11	46%	23%	
	Grade 12		24%	

WERE II	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		45%	33%	Overall Differences: State vs SU
Sex	Male	43%	33%	SU > VT
	Female	45%	33%	Within SU Differences
Grade	Grade 9	48%	32%	Too few students in at least one grade
	Grade 10	35%	33%	
	Grade 11	55%	33%	
	Grade 12		36%	



SECTION 3: MENTAL HEALTH

			EY STOPI	ST EVERY DAY FOR TWO WEEKS OR PED DOING SOME USUAL ACTIVITIES, TYEAR
		SU/SD	VT	
Overall		37%	25%	Overall Differences: State vs SU
Sex	Male	30%	16%	SU > VT
	Female	46%	35%	Within SU Differences
Grade	Grade 9	42%	23%	Females > Males
	Grade 10	28%	26%	Too few students in at least one grade
	Grade 11	36%	26%	
	Grade 12		26%	

DID SO	METHING 1			RT THEMSELVES WITHOUT WANTING PAST YEAR
		SU/SD	VT	
Overall	_	23%	16%	Overall Differences: State vs SU
Sex	Male	15%	9%	SU > VT
	Female	31%	25%	Within SU Differences
Grade	Grade 9	33%	18%	Females > Males
	Grade 10	16%	18%	Too few students in at least one grade
	Grade 11	22%	16%	
	Grade 12		14%	



SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		18%	11%	Overall Differences: State vs SU
Sex	Male	14%	7%	SU > VT
	Female	21%	15%	Within SU Differences
Grade	Grade 9	17%	11%	Too few students in at least one grade
	Grade 10	16%	12%	
	Grade 11	12%	11%	
	Grade 12		10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		9%	5%	Overall Differences: State vs SU
Sex	Male	5%	4%	SU > VT
	Female	13%	7%	Within SU Differences
Grade	Grade 9	9%	6%	Females > Males
	Grade 10	12%	6%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



SECTION 4: SUBSTANCE USE

		EVER SM	OKED A	WHOLE CIGARETTE
		SU/SD	VT	
Overall		33%	24%	Overall Differences: State vs SU
Sex	Male	34%	26%	SU > VT
	Female	32%	22%	Within SU Differences
Grade	Grade 9	32%	17%	Too few students in at least one grade
	Grade 10	24%	21%	
	Grade 11	39%	28%	
	Grade 12		31%	

	SMO	KED A CIO	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		13%	8%	Overall Differences: State vs SU
Sex	Male	12%	9%	SU > VT
	Female	13%	6%	Within SU Differences
Grade	Grade 9	16%	8%	Too few students in at least one grade
	Grade 10	10%	8%	
	Grade 11	12%	8%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		39%	34%	Overall Differences: State vs SU
Sex	Male	40%	37%	SU > VT
	Female	35%	31%	Within SU Differences
Grade	Grade 9	34%	23%	Too few students in at least one grade
	Grade 10	32%	31%	
	Grade 11	50%	38%	
	Grade 12		44%	

	EVE	R TRIED I	LAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall	-	29%	21%	Overall Differences: State vs SU
Sex	Male	30%	24%	SU > VT
	Female	26%	17%	Within SU Differences
Grade	Grade 9	23%	12%	Too few students in at least one grade
	Grade 10	19%	17%	
	Grade 11	39%	24%	
	Grade 12		30%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	EVER DRANK ALCOHOL			
		SU/SD	VT	
Overall		62%	58%	Overall Differences: State vs SU
Sex	Male	64%	57%	VT and SU are Similar
	Female	57%	58%	Within SU Differences
Grade	Grade 9	59%	41%	Too few students in at least one grade
	Grade 10	49%	54%	
	Grade 11	78%	65%	
	Grade 12		71%	

	D	RANK ALO	COHOL B	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall		24%	14%	Overall Differences: State vs SU
Sex	Male	21%	16%	SU > VT
	Female	27%	11%	Within SU Differences
Grade	Grade 9	31%	17%	Too few students in at least one grade
	Grade 10	16%	13%	
	Grade 11	28%	13%	
	Grade 12		11%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		46%	37%	Overall Differences: State vs SU
Sex	Male	48%	37%	SU > VT
	Female	42%	37%	Within SU Differences
Grade	Grade 9	40%	23%	Too few students in at least one grade
	Grade 10	39%	34%	
	Grade 11	64%	42%	
	Grade 12		50%	

	TF	RIED MAR	IJUANA 1	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	10%	6%	Overall Differences: State vs SU
Sex	Male	9%	7%	SU > VT
	Female	11%	5%	Within SU Differences
Grade	Grade 9	16%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		5%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		10%	8%	Overall Differences: State vs SU
Sex	Male	7%	8%	VT and SU are Similar
	Female	13%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11	17%	8%	
	Grade 12		9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	_	5%	6%	Overall Differences: State vs SU
Sex	Male	4%	7%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		E	VER USI	ED COCAINE
		SU/SD	VT	_
Overall		5%	4%	Overall Differences: State vs SU
Sex	Male	5%	5%	VT and SU are Similar
	Female	•	3%	Within SU Differences
Grade	Grade 9	·	2%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11	10%	4%	
	Grade 12	٠	6%	

		EV	ER USEI) INHALANTS
		SU/SD	VT	
Overall		8%	6%	Overall Differences: State vs SU
Sex	Male	8%	6%	VT and SU are Similar
	Female	9%	6%	Within SU Differences
Grade	Grade 9	13%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	8%	6%	
	Grade 12		6%	



SECTION 4: SUBSTANCE USE

		I	EVER US	ED HEROIN
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9	·	1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

	EVER USED MET			HAMPHETAMINES
		SU/SD	VT	
Overall		·	2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female	·	1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



SECTION 4: SUBSTANCE USE

	USED ANY	TOBACC	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		34%	24%	Overall Differences: State vs SU
Sex	Male	37%	28%	SU > VT
	Female	30%	18%	Within SU Differences
Grade	Grade 9	29%	14%	Too few students in at least one grade
	Grade 10	27%	20%	
	Grade 11		26%	
	Grade 12		33%	

SMOF	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT			
Overall	-	28%	19%	Overall Differences: State vs SU		
Sex	Male	28%	23%	SU > VT		
	Female	28%	14%	Within SU Differences		
Grade	Grade 9	24%	11%	Too few students in at least one grade		
	Grade 10	20%	16%			
	Grade 11		22%			
	Grade 12		28%			



SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	22%	15%	Overall Differences: State vs SU	
Sex	Male	25%	19%	SU > VT	
	Female	20%	11%	Within SU Differences	
Grade	Grade 9	19%	8%	Too few students in at least one grade	
	Grade 10	15%	12%		
	Grade 11	30%	17%		
	Grade 12		22%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	17%	9%	Overall Differences: State vs SU
Sex	Male	17%	10%	SU > VT
	Female	16%	8%	Within SU Differences
Grade	Grade 9	18%	5%	Too few students in at least one grade
	Grade 10	9%	7%	
	Grade 11	19%	11%	
	Grade 12		13%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days	•	15%	Too few students			
6 to 9 days	•	10%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days	•	9%	Too few students			
All 30 days	٠	25%	Too few students			

AMONG CURRENT SMOKERS: S				MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	_	·	25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9	·	24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED					
SU/SD VT					
Less than 1 cigarette		30%	Too few students		
1 cigarette		19%	Too few students		
2 to 5 cigarettes		30%	Too few students		
6 to 10 cigarettes		9%	Too few students		
11 to 20 cigarettes		4%	Too few students		
More than 20 cigarettes		8%	Too few students		

AMONG	CURRENT	SMOKER		LY SMOKED 11 OR MORE CIGARETTES S SMOKED
		SU/SD	VT	
Overall		·	12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		8%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		12%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		20%	12%	Overall Differences: State vs SU
Sex	Male	20%	14%	SU > VT
	Female	20%	9%	Within SU Differences
Grade	Grade 9	18%	7%	Too few students in at least one grade
	Grade 10	19%	10%	
	Grade 11		13%	
	Grade 12		17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
Friend/family used them	26%	35%	VT > SU		
To try to quit other tobacco	8%	5%			
Cost less than other tobacco		1%	Too few students		
Easier to get than other tobacco		1%	Too few students		
Less harmful than other tobacco	11%	8%			
Available in flavors	15%	17%			
Used for some other reason	40%	33%			



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD VT					
1 or 2 days		37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days		11%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days	•	7%	Too few students			
All 30 days		15%	Too few students			

AMON	IG CURREN	T USERS:		ECTRONIC VAPOR PRODUCTS ON 10+ AYS
		SU/SD	VT	
Overall	_		33%	Overall Differences: State vs SU
Sex	Male		37%	Too few students
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18						
SU/SD VT						
Bought them in a store		8%	Too few students			
I got them on the Internet		10%	Too few students			
Someone else bought them		14%	Too few students			
Borrowed them		38%	Too few students			
A person 18 or older gave me		11%	Too few students			
Took them from a store		2%	Too few students			
Some other way		18%	Too few students			

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	9%	8%	VT and SU are Similar
	Female	3%	2%	Within SU Differences
Grade	Grade 9	·	3%	Males > Females
	Grade 10	9%	5%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		7%	



SECTION 4: SUBSTANCE USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	_
Overall		12%	9%	Overall Differences: State vs SU
Sex	Male	13%	13%	VT and SU are Similar
	Female	10%	6%	Within SU Differences
Grade	Grade 9	11%	4%	Too few students in at least one grade
	Grade 10	7%	7%	
	Grade 11	15%	10%	
	Grade 12		15%	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR					
		SU/SD	VT			
Overall	-	42%	33%	Overall Differences: State vs SU		
Sex	Male		30%	SU > VT		
	Female		37%	Within SU Differences		
Grade	Grade 9		33%	Too few students by sex		
	Grade 10		35%	Too few students in at least one grade		
	Grade 11		32%			
	Grade 12		32%			



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		36%	33%	Overall Differences: State vs SU
Sex	Male	33%	32%	VT and SU are Similar
	Female	39%	34%	Within SU Differences
Grade	Grade 9	26%	20%	Too few students in at least one grade
	Grade 10	31%	30%	
	Grade 11	51%	36%	
	Grade 12		46%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		18%	17%	Overall Differences: State vs SU
Sex	Male	16%	17%	VT and SU are Similar
	Female	21%	17%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10	16%	14%	
	Grade 11	28%	19%	
	Grade 12		27%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING							
	SU/SD	VT					
1 or 2 days	52%	49%					
3 to 5 days	21%	26%					
6 to 9 days	7%	13%	VT > SU				
10 to 19 days	15%	7%	SU > VT				
20 to 29 days	•	2%	Too few students				
All 30 days		3%	Too few students				

	AMO	NG CURR	ENT USE	CRS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall	_	21%	12%	Overall Differences: State vs SU
Sex	Male		15%	SU > VT
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



SECTION 4: SUBSTANCE USE

AMONG	AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED							
	SU/SD	VT						
1 or 2 drinks	33%	35%						
3 drinks		6%	Too few students					
4 drinks		8%	Too few students					
5 drinks	16%	13%						
6 or 7 drinks	12%	15%						
8 or 9 drinks	14%	8%	SU > VT					
10 or more drinks	17%	14%						

	AMONG CU	RRENT US	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall		60%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT and SU are Similar
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



SECTION 4: SUBSTANCE USE

AMON	NT USEF	RS: ALCOHOL SOU	
	SU/SD	VT	
Bought in store		3%	Too few students
Bought in restaurant		2%	Too few students
Bought at public event		0%	Too few students
I gave someone money to buy	27%	23%	
Someone gave it to me	47%	40%	
Took from store/family	9%	12%	
Some other way	14%	20%	

		USED M	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		34%	24%	Overall Differences: State vs SU
Sex	Male	33%	24%	SU > VT
	Female	35%	23%	Within SU Differences
Grade	Grade 9	32%	15%	Too few students in at least one grade
	Grade 10	28%	22%	
	Grade 11	48%	25%	
	Grade 12		32%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY					
	SU/SD	VT			
1 or 2 times	27%	34%			
3 to 9 times	20%	25%			
10 to 19 times	16%	12%			
20 to 39 times	13%	10%			
40 or more times	25%	20%			

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall	_	53%	41%	Overall Differences: State vs SU
Sex	Male		47%	SU > VT
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED					
	SU/SD	VT			
Smoked it	92%	91%			
Ate in food		4%	Too few students		
Drank in tea or other drink		1%	Too few students		
Vaporized		2%	Too few students		
Some other way		2%	Too few students		

	MISU	SED A PR	ESCRIPT	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	8%	6%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	12%	5%	
	Grade 12		7%	



SECTION 4: SUBSTANCE USE

SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		SU/SD	VT	
Overall	<u> </u>	17%	15%	Overall Differences: State vs SU
Sex	Male	17%	17%	VT and SU are Similar
	Female	17%	13%	Within SU Differences
Grade	Grade 9	16%	14%	Too few students in at least one grade
	Grade 10	14%	16%	
	Grade 11	32%	16%	
	Grade 12		14%	

ATTE	ENDED SCHO	OOL UNDI		NFLUENCE OF DRUGS OR ALCOHOL, YEAR
		SU/SD	VT	
Overall		23%	13%	Overall Differences: State vs SU
Sex	Male	22%	14%	SU > VT
	Female	24%	12%	Within SU Differences
Grade	Grade 9	18%	9%	Too few students in at least one grade
	Grade 10	15%	12%	
	Grade 11	39%	14%	
	Grade 12		18%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 30% 25% SU > VTSex Male 29% 25% Female 33% 24% Within SU Differences Grade Grade 9 32% 32% Too few students in at least one grade Grade 10 30% 26% Grade 11 32% 21% Grade 12 20%

THIN	NK IT IS WR			ONG FOR SOMEONE THEIR AGE TO
		SU/SD	VT	
Overall		72%	84%	Overall Differences: State vs SU
Sex	Male	70%	82%	VT > SU
	Female	74%	86%	Within SU Differences
Grade	Grade 9	80%	90%	Too few students in at least one grade
	Grade 10	81%	88%	
	Grade 11	79%	83%	
	Grade 12		75%	



SECTION 4: SUBSTANCE USE

THIN	K IT IS WR	ONG FOR SOMEONE THEIR AGE TO ALCOHOL		
		SU/SD	VT	
Overall	_	51%	54%	Overall Differences: State vs SU
Sex	Male	50%	55%	VT and SU are Similar
	Female	53%	54%	Within SU Differences
Grade	Grade 9	67%	71%	Too few students in at least one grade
	Grade 10	55%	59%	
	Grade 11	42%	48%	
	Grade 12		39%	

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA					
		SU/SD	VT			
Overall		46%	55%	Overall Differences: State vs SU		
Sex	Male	45%	56%	VT > SU		
	Female	48%	55%	Within SU Differences		
Grade	Grade 9	58%	69%	Too few students in at least one grade		
	Grade 10	48%	60%			
	Grade 11	37%	51%			
	Grade 12		42%			



SECTION 4: SUBSTANCE USE

THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT			
Overall		87%	91%	Overall Differences: State vs SU		
Sex	Male	91%	90%	VT > SU		
	Female	82%	93%	Within SU Differences		
Grade	Grade 9	86%	94%	Males > Females		
	Grade 10	96%	94%	Too few students in at least one grade		
	Grade 11	85%	91%			
	Grade 12		87%			

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT		
Overall		62%	66%	Overall Differences: State vs SU	
Sex	Male	62%	64%	VT and SU are Similar	
	Female	62%	67%	Within SU Differences	
Grade	Grade 9	73%	78%	Too few students in at least one grade	
	Grade 10	66%	71%		
	Grade 11	62%	63%		
	Grade 12		50%		



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall	-	71%	76%	Overall Differences: State vs SU	
Sex	Male	72%	75%	VT > SU	
	Female	70%	77%	Within SU Differences	
Grade	Grade 9	73%	83%	Too few students in at least one grade	
	Grade 10	78%	79%		
	Grade 11	63%	75%		
	Grade 12		69%		

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	3%	5%	VT > SU
Slight risk	14%	9%	SU > VT
Moderate risk	20%	18%	
Great risk	63%	68%	VT > SU



SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY								
		SU/SD	VT					
Overall	-	63%	68%	Overall Differences: State vs SU				
Sex	Male	60%	66%	VT > SU				
	Female	68%	70%	Within SU Differences				
Grade	Grade 9	65%	64%	Too few students in at least one grade				
	Grade 10	55%	68%					
	Grade 11	58%	68%					
	Grade 12		72%					

PERCEIVE	PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK							
	SU/SD	VT						
No risk	7%	6%						
Slight risk	23%	19%						
Moderate risk	42%	39%						
Great risk	28%	36%	VT > SU					



SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND								
		SU/SD	VT					
Overall	-	28%	36%	Overall Differences: State vs SU				
Sex	Male	24%	32%	VT > SU				
	Female	34%	41%	Within SU Differences				
Grade	Grade 9	30%	38%	Females > Males				
	Grade 10	32%	39%	Too few students in at least one grade				
	Grade 11	34%	35%					
	Grade 12		32%					

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE							
	SU/SD	VT					
No risk	31%	21%	SU > VT				
Slight risk	27%	29%					
Moderate risk	22%	26%					
Great risk	21%	24%					



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	NK PEOPLE			ARMING THEMSELVES IF THEY USE A REGULARLY
		SU/SD	VT	
Overall	_	21%	24%	Overall Differences: State vs SU
Sex	Male	16%	21%	VT and SU are Similar
	Female	28%	28%	Within SU Differences
Grade	Grade 9	30%	32%	Females > Males
	Grade 10	21%	26%	Too few students in at least one grade
	Grade 11	12%	22%	
	Grade 12		18%	

PERCEIVED ACCESS TO CIGARETTES						
	SU/SD	VT				
Very hard	23%	24%				
Sort of hard	18%	21%				
Sort of easy	20%	22%				
Very easy	38%	32%				



SECTION 4: SUBSTANCE USE

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VER EASY FOR THEM TO GET							
		SU/SD	VT				
Overall	-	58%	55%	Overall Differences: State vs SU			
Sex	Male	58%	57%	VT and SU are Similar			
	Female	57%	52%	Within SU Differences			
Grade	Grade 9	32%	38%	Too few students in at least one grade			
	Grade 10	52%	48%				
	Grade 11	75%	57%				
	Grade 12		75%				

PERCEIVED ACCESS TO ALCOHOL						
SU/SD VT						
Very hard	17%	15%				
Sort of hard	21%	18%				
Sort of easy	29%	31%				
Very easy	33%	37%				



SECTION 4: SUBSTANCE USE

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET							
		SU/SD	VT				
Overall	-	62%	68%	Overall Differences: State vs SU			
Sex	Male	57%	67%	VT > SU			
	Female	68%	69%	Within SU Differences			
Grade	Grade 9	44%	58%	Females > Males			
	Grade 10	59%	67%	Too few students in at least one grade			
	Grade 11	74%	72%				
	Grade 12		74%				

PERCEIVED ACCESS TO MARIJUANA						
	SU/SD	VT				
Very hard	25%	27%				
Sort of hard	15%	15%				
Sort of easy	18%	22%				
Very easy	42%	37%				



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET							
		SU/SD	VT				
Overall	-	60%	58%	Overall Differences: State vs SU			
Sex	Male	56%	59%	VT and SU are Similar			
	Female	64%	57%	Within SU Differences			
Grade	Grade 9	45%	43%	Too few students in at least one grade			
	Grade 10	58%	56%				
	Grade 11	75%	65%				
	Grade 12		69%				



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES					
SU/SD VT					
Never had sexual contact	43%	42%			
Females	52%	54%			
Males		2%	Too few students		
Females and males		2%	Too few students		

LIFETIME SEXUAL CONTACTS: FEMALES					
	SU/SD	VT			
Never had sexual contact	41%	43%			
Females	6%	2%	SU > VT		
Males	42%	48%			
Females and males	12%	7%	SU > VT		

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		45%	40%	Overall Differences: State vs SU
Sex	Male	44%	40%	SU > VT
	Female	45%	40%	Within SU Differences
Grade	Grade 9	28%	19%	Too few students in at least one grade
	Grade 10	37%	33%	
	Grade 11	54%	48%	
	Grade 12		61%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male	11%	9%	VT and SU are Similar
	Female	11%	8%	Within SU Differences
Grade	Grade 9	·	3%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	14%	10%	
	Grade 12		16%	

		E	VER HAI	O ORAL SEX
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	43%	42%	VT and SU are Similar
	Female	50%	42%	Within SU Differences
Grade	Grade 9	33%	23%	Too few students in at least one grade
	Grade 10	33%	37%	
	Grade 11	57%	49%	
	Grade 12		60%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

WEI	RE EVER TE	STED FOR	R HUMAN	I IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		9%	10%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	10%	12%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11	18%	12%	
	Grade 12		14%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	HAD SEXU	JAL INTER	COURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		35%	31%	Overall Differences: State vs SU
Sex	Male	30%	29%	VT and SU are Similar
	Female	39%	32%	Within SU Differences
Grade	Grade 9	24%	13%	Too few students in at least one grade
	Grade 10	22%	24%	
	Grade 11	44%	37%	
	Grade 12		48%	

USE	USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
		SU/SD	VT			
Overall	-	39%	20%	Overall Differences: State vs SU		
Sex	Male		22%	SU > VT		
	Female		17%	Within SU Differences		
Grade	Grade 9		24%	Too few students by sex		
	Grade 10		22%	Too few students in at least one grade		
	Grade 11		18%			
	Grade 12		19%			



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS						
SU/SD VT						
No method was used	14%	7%	SU > VT			
Birth control pills	27%	32%				
Condoms	27%	35%	VT > SU			
IUD or implant	19%	13%	SU > VT			
Shot/patch/birth control ring		5%	Too few students			
Withdrawal/other method	6%	5%				
Not sure		2%	Too few students			

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD VT

Overall		49%	50%	Overall Differences: State vs SU
Sex	Male		40%	VT and SU are Similar
	Female	•	60%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		44%	Too few students in at least one grade
	Grade 11		51%	
	Grade 12		59%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		51%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD $\mathbf{V}\mathbf{T}$ Overall 19% Overall Differences: State vs SU 19% Sex Male 15% VT and SU are Similar 22% Within SU Differences Female Grade Grade 9 12% Too few students by sex Grade 10 19% Too few students in at least one grade Grade 11 20% Grade 12 20%



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
		SU/SD	VT		
Overall	-	14%	7%	Overall Differences: State vs SU	
Sex	Male		8%	SU > VT	
	Female		7%	Within SU Differences	
Grade	Grade 9		12%	Too few students by sex	
	Grade 10		9%	Too few students in at least one grade	
	Grade 11		6%		
	Grade 12		6%		



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERV	VEIGHT (BN	MI BETWE		95th AND <95th PERCENTILES FOR AGE SEX)
		SU/SD	VT	
Overall	-	21%	14%	Overall Differences: State vs SU
Sex	Male	18%	14%	SU > VT
	Female	25%	15%	Within SU Differences
Grade	Grade 9	21%	14%	Too few students in at least one grade
	Grade 10	15%	15%	
	Grade 11	30%	14%	
	Grade 12		13%	

	OBESE	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		19%	13%	Overall Differences: State vs SU
Sex	Male	24%	15%	SU > VT
	Female	12%	10%	Within SU Differences
Grade	Grade 9	16%	12%	Males > Females
	Grade 10	22%	12%	Too few students in at least one grade
	Grade 11	20%	14%	
	Grade 12		13%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCI	EPTIONS	OF OWN WEIGHT
	SU/SD	VT	
Very underweight	2%	2%	
Slightly underweight	11%	12%	
About the right weight	48%	56%	VT > SU
Slightly overweight	31%	25%	SU > VT
Very overweight	8%	5%	SU > VT

DF	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall	_	39%	30%	Overall Differences: State vs SU
Sex	Male	35%	25%	SU > VT
	Female	45%	36%	Within SU Differences
Grade	Grade 9	41%	29%	Too few students in at least one grade
	Grade 10	36%	30%	
	Grade 11	35%	30%	
	Grade 12		33%	

WHAT ONE IS TRYING TO DO ABOUT WEIGHT					
	SU/SD	VT			
Lose weight	51%	42%	SU > VT		
Gain weight	11%	15%	VT > SU		
Stay the same weight	19%	18%			
Not trying to do anything	19%	25%	VT > SU		



SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE '	TRYING T	TO LOSE WEIGHT
		SU/SD	VT	
Overall		51%	42%	Overall Differences: State vs SU
Sex	Male	40%	28%	SU > VT
	Female	64%	57%	Within SU Differences
Grade	Grade 9	53%	41%	Females > Males
	Grade 10	45%	42%	Too few students in at least one grade
	Grade 11	43%	41%	
	Grade 12		44%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

	DAYS PH	YSICAL	LY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	11%	13%	
1 day	8%	7%	
2 days	11%	9%	
3 days	17%	12%	SU > VT
4 days	10%	11%	
5 days	11%	14%	
6 days	9%	10%	
7 days	22%	25%	

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		22%	25%	Overall Differences: State vs SU
Sex	Male	25%	33%	VT and SU are Similar
	Female	18%	17%	Within SU Differences
Grade	Grade 9	24%	27%	Too few students in at least one grade
	Grade 10	23%	27%	
	Grade 11	26%	24%	
	Grade 12		23%	



PHYSICAL ACTIVITY

				ST 60 MINUTES PER DAY ON 5 OR MORE AST WEEK
		SU/SD	VT	
Overall	-	43%	49%	Overall Differences: State vs SU
Sex	Male	43%	56%	VT > SU
	Female	41%	42%	Within SU Differences
Grade	Grade 9	47%	53%	Too few students in at least one grade
	Grade 10	41%	50%	
	Grade 11	38%	47%	
	Grade 12		47%	

DID NOT PARTICIPATE IN AT LEAST 60 M ON AT LEAST 1 DAY,				
		SU/SD	VT	
Overall		11%	13%	Overall Differences: State vs SU
Sex	Male	11%	11%	VT and SU are Similar
	Female	12%	14%	Within SU Differences
Grade	Grade 9	13%	10%	Too few students in at least one grade
	Grade 10	14%	12%	
	Grade 11	12%	14%	
	Grade 12		15%	



PHYSICAL ACTIVITY

TV, VIDEO OR (COMPUTE	R GAME	S, OR COMPUTER USE, PAST WEE
	SU/SD	VT	
Do not watch TV	5%	3%	
Less than 1 hour per day	8%	8%	
1 hour per day	15%	12%	
2 hours per day	20%	23%	
3 hours per day	21%	21%	
4 hours per day	10%	13%	VT > SU
5 or more hours per day	21%	19%	

				OR COMPUTER GAMES, OR USED A ORE HOURS PER DAY, PAST WEEK
		SU/SD	VT	
Overall	_	52%	53%	Overall Differences: State vs SU
Sex	Male	56%	53%	VT and SU are Similar
	Female	48%	52%	Within SU Differences
Grade	Grade 9	54%	53%	Too few students in at least one grade
	Grade 10	45%	53%	
	Grade 11	53%	51%	
	Grade 12	٠	53%	



ATE FR	ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT			
Overall	-	28%	33%	Overall Differences: State vs SU		
Sex	Male	28%	32%	VT > SU		
	Female	26%	33%	Within SU Differences		
Grade	Grade 9	30%	33%	Too few students in at least one grade		
	Grade 10	29%	33%			
	Grade 11	26%	32%			
	Grade 12		32%			

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall	_	13%	18%	Overall Differences: State vs SU
Sex	Male	13%	18%	VT > SU
	Female	12%	18%	Within SU Differences
Grade	Grade 9	16%	17%	Too few students in at least one grade
	Grade 10	7%	18%	
	Grade 11	13%	17%	
	Grade 12		19%	



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	SODA CO	ΓΙΟΝ, PAST '	
	SU/SD	VT	
Did not drink soda or pop	33%	37%	
1 to 3 times	41%	40%	
4 to 6 times	14%	12%	
1 time per day	5%	4%	
2 times per day	4%	3%	
3 times per day		1%	Too few students
4 or more times per day	2%	3%	

DRANK	DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT			
Overall		13%	11%	Overall Differences: State vs SU		
Sex	Male	18%	16%	VT and SU are Similar		
	Female	6%	6%	Within SU Differences		
Grade	Grade 9	9%	11%	Males > Females		
	Grade 10	14%	11%	Too few students in at least one grade		
	Grade 11	19%	11%			
	Grade 12	•	12%			



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink sugar-sweetened	24%	28%	VT > SU		
1 to 3 times	48%	44%			
4 to 6 times	19%	15%	SU > VT		
1 time per day	4%	6%			
2 times per day	3%	3%			
3 times per day		1%	Too few students		
4 or more times per day		2%	Too few students		

DRAN	DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT			
Overall	-	9%	12%	Overall Differences: State vs SU		
Sex	Male	10%	15%	VT > SU		
	Female	8%	9%	Within SU Differences		
Grade	Grade 9	9%	12%	Too few students in at least one grade		
	Grade 10	8%	12%			
	Grade 11	12%	13%			
	Grade 12		13%			



	IPTION, PAST W		
	SU/SD	VT	
Did not drink water	2%	4%	VT > SU
1 to 3 times	10%	9%	
4 to 6 times	13%	11%	
1 time per day	7%	9%	
2 times per day	16%	16%	
3 times per day	20%	19%	
4 or more times per day	31%	33%	

DRA	NK THREE	OR MORE	CS PER DAY OF WATER, PAST WEEK	
		SU/SD	VT	
Overall	_	52%	52%	Overall Differences: State vs SU
Sex	Male	49%	51%	VT and SU are Similar
	Female	55%	53%	Within SU Differences
Grade	Grade 9	62%	50%	Too few students in at least one grade
	Grade 10	44%	53%	
	Grade 11	43%	51%	
	Grade 12		55%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK					
	SU/SD	VT			
0 days	16%	11%	SU > VT		
1 day	15%	6%	SU > VT		
2 days	10%	9%			
3 days	13%	10%			
4 days	8%	8%			
5 days	9%	9%			
6 days	5%	7%			
7 days	23%	40%	VT > SU		

	1	DID NOT I	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		16%	11%	Overall Differences: State vs SU
Sex	Male	16%	11%	SU > VT
	Female	15%	10%	Within SU Differences
Grade	Grade 9	24%	10%	Too few students in at least one grade
	Grade 10	19%	11%	
	Grade 11		10%	
	Grade 12		11%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	69%	75%	VT > SU				
Rarely	22%	15%	SU > VT				
Sometimes	6%	7%					
Most of the time		2%	Too few students				
Always	2%	1%					

N.	OST OF TH	E TIME O	R ALWA	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		3%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	6%	3%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		5%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	11%	9%	SU > VT				
1 day	3%	4%					
2 days	8%	4%	SU > VT				
3 days	6%	6%					
4 days	7%	8%					
5 days	8%	13%	VT > SU				
6 days	11%	12%					
7 days	46%	44%					

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	72%	77%	Overall Differences: State vs SU		
Sex	Male	79%	80%	VT > SU		
	Female	64%	75%	Within SU Differences		
Grade	Grade 9	67%	83%	Males > Females		
	Grade 10	81%	81%	Too few students in at least one grade		
	Grade 11	67%	76%			
	Grade 12		71%			



GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	40%	46%	VT > SU			
Mostly B's	44%	39%	SU > VT			
Mostly C's	14%	12%				
Mostly D's	٠	2%	Too few students			
Mostly F's		1%	Too few students			

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 79% 80% Overall Differences: State vs SU Sex Male 77% 80% VT and SU are Similar 82% 81% Within SU Differences Female Grade Grade 9 78% 78% Too few students in at least one grade Grade 10 87% 79% Grade 11 70% 82% Grade 12 83%



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	11%	21%	VT > SU				
Agree	36%	44%	VT > SU				
Not sure	24%	19%	SU > VT				
Disagree	23%	11%	SU > VT				
Strongly disagree	7%	5%					

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR SU/SD VT Overall 47% 65% Overall Differences: State vs SU Male VT > SUSex 56% 69% Female 35% 61% Within SU Differences Grade Grade 9 38% Males > Females 67% Grade 10 52% 65% Too few students in at least one grade Grade 11 60% 64% Grade 12 63%



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM				
	SU/SD	VT		
Definitely will not	5%	5%		
Probably will not	9%	5%	SU > VT	
Probably will	24%	22%		
Definitely will	48%	57%	VT > SU	
Not sure	13%	11%		

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT				
Overall	-	73%	79%	Overall Differences: State vs SU			
Sex	Male	64%	75%	VT > SU			
	Female	83%	83%	Within SU Differences			
Grade	Grade 9	71%	74%	Females > Males			
	Grade 10	74%	77%	Too few students in at least one grade			
	Grade 11	68%	81%				
	Grade 12		83%				



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	42%	33%	SU > VT			
1 to 4 hours	19%	27%	VT > SU			
5 to 9 hours	13%	17%	VT > SU			
10 to 19 hours	18%	17%				
20 or more hours	7%	6%				

SPEND 1	10 OR MORI	E HOURS 1		PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK
		SU/SD	VT	
Overall	-	26%	24%	Overall Differences: State vs SU
Sex	Male	26%	24%	VT and SU are Similar
	Female	25%	24%	Within SU Differences
Grade	Grade 9	23%	21%	Too few students in at least one grade
	Grade 10	31%	23%	
	Grade 11	25%	24%	
	Grade 12		26%	



MATTER TO PEOPLE IN THEIR COMMUNITY					
	SU/SD	VT			
Strongly agree	15%	19%	VT > SU		
Agree	37%	41%	VT > SU		
Not sure	30%	25%	SU > VT		
Disagree	11%	9%			
Strongly disagree	8%	5%	SU > VT		

STRO	NGLY AGRI		T IN THEIR COMMUNITY THEY FEEL TTER TO PEOPLE	
		SU/SD	VT	
Overall	-	51%	61%	Overall Differences: State vs SU
Sex	Male	58%	65%	VT > SU
	Female	44%	57%	Within SU Differences
Grade	Grade 9	54%	61%	Males > Females
	Grade 10	57%	60%	Too few students in at least one grade
	Grade 11	42%	60%	
	Grade 12		62%	



MIDDLE SCHOOL RESULTS RUTLAND NORTHEAST SU (SU036) REPORT http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	227	16701		

		SU/SD	VT
Sex	Male	53%	52%
	Female	47%	48%
Grade	6th Grade	8%	24%
	7th Grade	47%	39%
	8th Grade	46%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	90%	81%
	Students of Color (REM)	10%	19%
Sexual Orientation	Heterosexual (Het)	88%	93%
	Lesbian, Gay, or Bisexual (LGB)	12%	7%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	A PHYSICAL FIGHT
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	56%	56%	VT and SU are Similar
	Female	31%	27%	Within SU Differences
Grade	Grade 6		40%	Males > Females
	Grade 7	49%	43%	Too few students in at least one grade
	Grade 8	46%	43%	

	WE	RE EVER I	BULLIED	ON SCHOOL PROPERTY
		SU/SD	VT	
Overall	_	51%	44%	Overall Differences: State vs SU
Sex	Male	46%	39%	SU > VT
	Female	56%	50%	Within SU Differences
Grade	Grade 6		44%	Females > Males
	Grade 7	52%	45%	Too few students in at least one grade
	Grade 8	52%	44%	



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	W	ERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		22%	24%	Overall Differences: State vs SU
Sex	Male	9%	16%	VT and SU are Similar
	Female	36%	33%	Within SU Differences
Grade	Grade 6		18%	Females > Males
	Grade 7	27%	24%	Too few students in at least one grade
	Grade 8	17%	28%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		23%	22%	Overall Differences: State vs SU
Sex	Male	14%	17%	VT and SU are Similar
	Female	31%	26%	Within SU Differences
Grade	Grade 6		22%	Females > Males
	Grade 7	26%	22%	Too few students in at least one grade
	Grade 8	20%	21%	



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	I	BULLIED S	OMEONI	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		11%	8%	Overall Differences: State vs SU
Sex	Male	13%	8%	SU > VT
	Female	8%	8%	Within SU Differences
Grade	Grade 6		7%	Too few students in at least one grade
	Grade 7	15%	8%	
	Grade 8	8%	9%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT 7% Overall 8% Overall Differences: State vs SU VT and SU are Similar Sex Male 7% 7% Within SU Differences Female 9% 10% Grade Grade 6 8% Too few students in at least one grade Grade 7 10% 8% Grade 8 6% 9%



SECTION 2: PERSONAL SAFETY

CAR SAFETY

SEATBELT USE					
SU/SD VT					
Never		1%	Too few students		
Rarely	2%	1%	SU > VT		
Sometimes	4%	3%			
Most of the time	20%	18%			
Always	73%	76%	VT > SU		

	RARELY OR NEVER WEAR A SEAT BELT						
		SU/SD	VT				
Overall		4%	2%	Overall Differences: State vs SU			
Sex	Male		3%	SU > VT			
	Female		2%	Within SU Differences			
Grade	Grade 6		1%	Too few students by sex			
	Grade 7		2%	Too few students in at least one grade			
	Grade 8		3%				



SECTION 2: PERSONAL SAFETY CAR SAFETY

EVE	ER RODE W	TTH A DRI	VER WH	O HAD BEEN DRINKING ALCOHOL
		SU/SD	VT	
Overall		32%	22%	Overall Differences: State vs SU
Sex	Male	29%	20%	SU > VT
	Female	34%	24%	Within SU Differences
Grade	Grade 6		15%	Too few students in at least one grade
	Grade 7	37%	21%	
	Grade 8	31%	27%	

EV	ER RODE V	WITH A DI	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male	9%	7%	SU > VT
	Female	12%	10%	Within SU Differences
Grade	Grade 6		5%	Too few students in at least one grade
	Grade 7	12%	8%	
	Grade 8	13%	12%	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

неі	HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT				
Never wear a helmet	18%	16%				
Rarely wear a helmet	17%	15%				
Sometimes wear a helmet	12%	15%	VT > SU			
Most of the time wear a helmet	29%	25%	SU > VT			
Always wear a helmet	23%	28%	VT > SU			

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall	_	35%	31%	Overall Differences: State vs SU
Sex	Male	41%	33%	SU > VT
	Female	28%	29%	Within SU Differences
Grade	Grade 6		24%	Males > Females
	Grade 7	39%	30%	Too few students in at least one grade
	Grade 8	34%	37%	

HELMET USE WHEN SKIING OR SNOWBOARDING					
	SU/SD	VT			
Never wear a helmet	12%	5%	SU > VT		
Rarely wear a helmet		2%	Too few students		
Sometimes wear a helmet	•	2%	Too few students		
Most of the time wear a helmet	12%	7%	SU > VT		
Always wear a helmet	71%	83%	VT > SU		



SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

RAREL	Y OR NEVI	ER WEAR A	A HELMI	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	_
Overall		15%	7%	Overall Differences: State vs SU
Sex	Male	17%	8%	SU > VT
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7	18%	8%	Too few students in at least one grade
	Grade 8		7%	

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE					
		SU/SD	VT		
Overall	-	18%	17%	Overall Differences: State vs SU	
Sex	Male	17%	19%	VT and SU are Similar	
	Female	19%	16%	Within SU Differences	
Grade	Grade 6		17%	Too few students in at least one grade	
	Grade 7	18%	17%		
	Grade 8	13%	18%		



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
		SU/SD	VT			
Overall	_	27%	26%	Overall Differences: State vs SU		
Sex	Male	21%	25%	VT and SU are Similar		
	Female	31%	27%	Within SU Differences		
Grade	Grade 6		21%	Females > Males		
	Grade 7	35%	27%	Too few students in at least one grade		
	Grade 8	22%	29%			

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall	_	24%	19%	Overall Differences: State vs SU	
Sex	Male	17%	17%	SU > VT	
	Female	31%	20%	Within SU Differences	
Grade	Grade 6		15%	Females > Males	
	Grade 7	28%	19%	Too few students in at least one grade	
	Grade 8	24%	20%		



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE					
SU/SD VT					
Never	7%	9%			
Rarely	9%	14%	VT > SU		
Sometimes	25%	27%			
Most of the time	35%	29%	SU > VT		
Always	25%	21%	SU > VT		

MOST	MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT			
Overall	-	59%	50%	Overall Differences: State vs SU		
Sex	Male	58%	51%	SU > VT		
	Female	59%	49%	Within SU Differences		
Grade	Grade 6		42%	Too few students in at least one grade		
	Grade 7	63%	50%			
	Grade 8	60%	56%			



SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE	ST, OR NURSE IF THEY SMOKED, PAST EAR			
		SU/SD	VT	
Overall	-	17%	30%	Overall Differences: State vs SU
Sex	Male	18%	30%	VT > SU
	Female	18%	31%	Within SU Differences
Grade	Grade 6		18%	Too few students in at least one grade
	Grade 7	14%	29%	
	Grade 8	21%	40%	



SECTION 3: MENTAL HEALTH

FELT SAD OR HOPELESS, PAST YEAR				
		SU/SD	VT	_
Overall		23%	19%	Overall Differences: State vs SU
Sex	Male	14%	12%	SU > VT
	Female	32%	26%	Within SU Differences
Grade	Grade 6		16%	Females > Males
	Grade 7	23%	18%	Too few students in at least one grade
	Grade 8	21%	22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	21%	18%	Overall Differences: State vs SU
Sex	Male	18%	12%	SU > VT
	Female	23%	23%	Within SU Differences
Grade	Grade 6		13%	Too few students in at least one grade
	Grade 7	19%	17%	
	Grade 8	23%	22%	



SECTION 3: MENTAL HEALTH

EVE	EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES					
		SU/SD	VT			
Overall		15%	12%	Overall Differences: State vs SU		
Sex	Male	10%	8%	SU > VT		
	Female	17%	16%	Within SU Differences		
Grade	Grade 6		7%	Females > Males		
	Grade 7	15%	11%	Too few students in at least one grade		
	Grade 8	14%	16%			

		EVE	R ATTEN	APTED SUICIDE
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
_	Female	5%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7	5%	5%	Too few students in at least one grade
	Grade 8	6%	8%	



SECTION 4: SUBSTANCE USE

		EVER SM	OKED A	WHOLE CIGARETTE
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	5%	7%	SU > VT
	Female	15%	7%	Within SU Differences
Grade	Grade 6		4%	Females > Males
	Grade 7	7%	7%	Too few students in at least one grade
	Grade 8	13%	10%	

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall	_	11%	9%	Overall Differences: State vs SU
Sex	Male	9%	9%	SU > VT
	Female	13%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students in at least one grade
	Grade 7	9%	8%	
	Grade 8	16%	14%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	EVE	CR USED A	FLAVOR	RED TOBACCO PRODUCT
		SU/SD	VT	
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male		5%	VT > SU
	Female		5%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	5%	6%	

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		24%	19%	Overall Differences: State vs SU
Sex	Male	21%	20%	SU > VT
	Female	26%	17%	Within SU Differences
Grade	Grade 6		10%	Too few students in at least one grade
	Grade 7	23%	17%	
	Grade 8	28%	26%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER USED) MARIJUANA
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		6%	Too few students in at least one grade
	Grade 8	11%	11%	

	EVER USED INHALANTS				
		SU/SD	VT	_	
Overall		4%	4%	Overall Differences: State vs SU	
Sex	Male		4%	VT and SU are Similar	
	Female		4%	Within SU Differences	
Grade	Grade 6		3%	Too few students by sex	
	Grade 7		4%	Too few students in at least one grade	
	Grade 8	6%	5%		



SECTION 4: SUBSTANCE USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall	-		2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		3%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		3%	

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male		2%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



SECTION 4: SUBSTANCE USE

	τ	U SED TOB A	ACCO PR	CODUCTS, PAST YEAR
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		7%	

SMOK	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS						
		SU/SD	VT				
Overall	-	6%	5%	Overall Differences: State vs SU			
Sex	Male		5%	VT and SU are Similar			
	Female	9%	4%	Within SU Differences			
Grade	Grade 6		2%	Too few students by sex			
	Grade 7	6%	4%	Too few students in at least one grade			
	Grade 8	8%	7%				



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	·	3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		4%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	•	2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		3%	



SECTION 4: SUBSTANCE USE

AMONG CURREN	NT USERS:	TYPICAI	L NUMBER OF CIGARETTES SMOKED
	SU/SD	VT	
Less than 1 cigarette		33%	Too few students
1 cigarette		23%	Too few students
2 to 5 cigarettes		23%	Too few students
6 to 10 cigarettes		6%	Too few students
11 to 20 cigarettes			Too few students
More than 20 cigarettes		14%	Too few students

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall	-	5%	4%	Overall Differences: State vs SU
Sex	Male		4%	SU > VT
	Female	8%	3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8	8%	6%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products	٠	3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them		44%	Too few students		
A person 18 or older gave me		9%	Too few students		
Took them from a store		4%	Too few students		
Some other way		21%	Too few students		



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG O	AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT					
1 or 2 days	•	49%	Too few students				
3 to 5 days	•	16%	Too few students				
6 to 9 days	•	10%	Too few students				
10 to 19 days	•	6%	Too few students				
20 to 29 days	•	5%	Too few students				
All 30 days	•	15%	Too few students				

		SMOK	RS, PAST 30 DAYS	
		SU/SD	VT	
Overall	-	٠	1%	Overall Differences: State vs SU
Sex	Male		1%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	US	ED SMOKI	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	_
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		SU/SD	VT	
Overall	_	·	36%	Overall Differences: State vs SU
Sex	Male		36%	Too few students
	Female		38%	Within SU Differences
Grade	Grade 6		30%	
	Grade 7		35%	
	Grade 8		40%	



SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	7%	6%	SU > VT
	Female	11%	6%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	10%	5%	
	Grade 8	12%	10%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	
	Grade 7		1%	
	Grade 8		3%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks	·	63%	Too few students			
3 drinks		10%	Too few students			
4 drinks	•	7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks	•	4%	Too few students			
8 or 9 drinks	•	2%	Too few students			
10 or more drinks	•	9%	Too few students			

		USED M	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		5%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	8%	4%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8	7%	7%	



SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	_	94%	95%	Overall Differences: State vs SU	
Sex	Male	95%	95%	VT and SU are Similar	
	Female	95%	95%	Within SU Differences	
Grade	Grade 6		98%	Too few students in at least one grade	
	Grade 7	94%	95%		
	Grade 8	94%	93%		

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	_	92%	89%	Overall Differences: State vs SU	
Sex	Male	93%	89%	SU > VT	
	Female	93%	90%	Within SU Differences	
Grade	Grade 6		95%	Too few students in at least one grade	
	Grade 7	91%	91%		
	Grade 8	93%	84%		



SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	93%	90%	Overall Differences: State vs SU
Sex	Male	92%	90%	SU > VT
	Female	95%	90%	Within SU Differences
Grade	Grade 6		97%	Too few students in at least one grade
	Grade 7	95%	91%	
	Grade 8	90%	84%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall	-	92%	95%	Overall Differences: State vs SU
Sex	Male	95%	95%	VT > SU
	Female	89%	95%	Within SU Differences
Grade	Grade 6		96%	Males > Females
	Grade 7	89%	95%	Too few students in at least one grade
	Grade 8	95%	95%	



SECTION 4: SUBSTANCE USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL				
		SU/SD	VT	
Overall	_	79%	85%	Overall Differences: State vs SU
Sex	Male	76%	84%	VT > SU
	Female	82%	87%	Within SU Differences
Grade	Grade 6		87%	Too few students in at least one grade
	Grade 7	79%	86%	
	Grade 8	80%	83%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall	-	88%	92%	Overall Differences: State vs SU	
Sex	Male	87%	92%	VT > SU	
	Female	87%	92%	Within SU Differences	
Grade	Grade 6		95%	Too few students in at least one grade	
	Grade 7	86%	92%		
	Grade 8	87%	89%		



SECTION 4: SUBSTANCE USE

THIN	K CIGARET	TES WOU	LD BE SO	ORT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		24%	22%	Overall Differences: State vs SU
Sex	Male	20%	22%	VT and SU are Similar
	Female	26%	21%	Within SU Differences
Grade	Grade 6		13%	Too few students in at least one grade
	Grade 7	23%	20%	
	Grade 8	26%	28%	

THI	NK ALCOH	OL WOUL	D BE SOF	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		36%	37%	Overall Differences: State vs SU
Sex	Male	33%	37%	VT and SU are Similar
	Female	37%	37%	Within SU Differences
Grade	Grade 6		24%	Too few students in at least one grade
	Grade 7	33%	35%	
	Grade 8	44%	48%	



SECTION 4: SUBSTANCE USE

THIN	K MARIJU	ANA WOUI	LD BE SO	ORT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		15%	15%	Overall Differences: State vs SU
Sex	Male	14%	15%	VT and SU are Similar
	Female	14%	15%	Within SU Differences
Grade	Grade 6		6%	Too few students in at least one grade
	Grade 7	13%	13%	
	Grade 8	20%	23%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY					
		SU/SD	VT		
Overall	_	70%	72%	Overall Differences: State vs SU	
Sex	Male	67%	71%	VT and SU are Similar	
	Female	73%	74%	Within SU Differences	
Grade	Grade 6		76%	Too few students in at least one grade	
	Grade 7	68%	72%		
	Grade 8	69%	70%		



SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT	
Overall	-	54%	48%	Overall Differences: State vs SU
Sex	Male	55%	45%	SU > VT
	Female	54%	51%	Within SU Differences
Grade	Grade 6		50%	Too few students in at least one grade
	Grade 7	50%	48%	
	Grade 8	54%	46%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT	
Overall	_	61%	59%	Overall Differences: State vs SU
Sex	Male	63%	56%	VT and SU are Similar
	Female	58%	62%	Within SU Differences
Grade	Grade 6	·	73%	Too few students in at least one grade
	Grade 7	64%	60%	
	Grade 8	54%	48%	



SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female		4%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8	6%	8%	

		E	VER HA	D ORAL SEX
		SU/SD	VT	
Overall	_	3%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		5%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		9%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT 1	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	12%	7%	SU > VT
1 day	5%	4%	
2 days	8%	7%	
3 days	9%	10%	
4 days	12%	11%	
5 days	17%	15%	
6 days	11%	11%	
7 days	25%	34%	VT > SU

WERE PHYSICALLY ACTIVE AT LEAS				T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	_	25%	34%	Overall Differences: State vs SU
Sex	Male	32%	42%	VT > SU
	Female	17%	26%	Within SU Differences
Grade	Grade 6		38%	Males > Females
	Grade 7	30%	35%	Too few students in at least one grade
	Grade 8	20%	30%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS					
		SU/SD	VT		
Overall	-	54%	60%	Overall Differences: State vs SU	
Sex	Male	60%	66%	VT > SU	
	Female	48%	54%	Within SU Differences	
Grade	Grade 6		63%	Males > Females	
	Grade 7	52%	60%	Too few students in at least one grade	
	Grade 8	53%	57%		

	WE	RE NOT PI	HYSICAL	LY ACTIVE PAST WEEK
		SU/SD	VT	
Overall	-	12%	7%	Overall Differences: State vs SU
Sex	Male	14%	7%	SU > VT
	Female	12%	7%	Within SU Differences
Grade	Grade 6		7%	Too few students in at least one grade
	Grade 7	12%	7%	
	Grade 8	15%	8%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT			
0 days	31%	25%	SU > VT		
1 day	13%	7%	SU > VT		
2 days	7%	8%			
3 days	6%	8%	VT > SU		
4 days	3%	5%	VT > SU		
5 days	39%	46%	VT > SU		

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL						
		SU/SD	VT			
Overall	_	31%	25%	Overall Differences: State vs SU		
Sex	Male	35%	24%	SU > VT		
	Female	26%	25%	Within SU Differences		
Grade	Grade 6		16%	Males > Females		
	Grade 7	23%	26%	Too few students in at least one grade		
	Grade 8	43%	29%			



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS							
	SU/SD	VT						
0 days	93%	77%	SU > VT					
1 day		3%	Too few students					
2 days		3%	Too few students					
3 days	•	4%	Too few students					
4 days		2%	Too few students					
5 days	3%	10%	VT > SU					

	WALK	OR RIDE T	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall	_	3%	10%	Overall Differences: State vs SU
Sex	Male		12%	VT > SU
	Female		9%	Within SU Differences
Grade	Grade 6		11%	Too few students by sex
	Grade 7		10%	Too few students in at least one grade
	Grade 8		10%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY RUTLAND NORTHEAST SU (SU036) REPORT

MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATO	WATCH TELEVISION, TYPICAL SCHOOL DAY					
	SU/SD	VT				
No TV on average school day	19%	18%				
Less than 1 hour per day	20%	23%	VT > SU			
1 hour per day	15%	18%	VT > SU			
2 hours per day	27%	20%	SU > VT			
3 hours per day	9%	10%				
4 hours per day	4%	4%				
5 or more hours per day	7%	6%				

		HOURS PER DAY		
		SU/SD	VT	
Overall	_	19%	20%	Overall Differences: State vs SU
Sex	Male	21%	20%	VT and SU are Similar
	Female	19%	20%	Within SU Differences
Grade	Grade 6		18%	Too few students in at least one grade
	Grade 7	22%	20%	
	Grade 8	20%	21%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY					
	SU/SD	VT			
No playing video/computer game	10%	12%			
Less than 1 hour per day	15%	17%			
1 hour per day	15%	15%			
2 hours per day	14%	18%			
3 hours per day	17%	14%			
4 hours per day	9%	8%			
5 or more hours per day	20%	16%			

PLAYE	ED VIDEO O	MES OR USED A COMPUTER 3+ HOURS R DAY		
		SU/SD	VT	
Overall	-	46%	38%	Overall Differences: State vs SU
Sex	Male	41%	39%	SU > VT
	Female	49%	37%	Within SU Differences
Grade	Grade 6		29%	Too few students in at least one grade
	Grade 7	46%	38%	
	Grade 8	51%	45%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	7%	7%	
1 day	5%	4%	
2 days	8%	7%	
3 days	4%	7%	VT > SU
4 days	8%	6%	
5 days	11%	8%	SU > VT
6 days	10%	9%	
7 days	47%	52%	VT > SU

		DID NOT B	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	_	7%	7%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	Grade 6		5%	Females > Males
	Grade 7	7%	7%	Too few students in at least one grade
	Grade 8	7%	7%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK					
	SU/SD	VT			
Did not drink water	4%	3%	SU > VT		
1 to 3 times	10%	9%			
4 to 6 times	12%	10%			
1 time per day	4%	6%	VT > SU		
2 times per day	20%	16%	SU > VT		
3 times per day	19%	19%			
4 or more times per day	31%	37%	VT > SU		

	DRANK T	THREE OR	MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	51%	56%	Overall Differences: State vs SU
Sex	Male	50%	57%	VT > SU
	Female	50%	54%	Within SU Differences
Grade	Grade 6		58%	Too few students in at least one grade
	Grade 7	50%	54%	
	Grade 8	52%	56%	



SECTION 7: SOCIAL DETERMINANTS

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT				
Never	74%	77%				
Rarely	18%	14%	SU > VT			
Sometimes	6%	7%				
Most of the time		1%	Too few students			
Always		1%	Too few students			

MOST	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME					
		SU/SD	VT			
Overall			2%	Overall Differences: State vs SU		
Sex	Male		2%	Too few students		
	Female		2%	Within SU Differences		
Grade	Grade 6		2%			
	Grade 7		2%			
	Grade 8		2%			



SECTION 7: SOCIAL DETERMINANTS

		ВО	RN OUT	SIDE THE U.S.
		SU/SD	VT	
Overall		3%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	7%	5%	SU > VT			
1 day		2%	Too few students			
2 days	3%	2%				
3 days	2%	3%				
4 days	5%	4%				
5 days	6%	7%				
6 days	13%	10%				
7 days	63%	66%				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	87%	88%	Overall Differences: State vs SU		
Sex	Male	84%	89%	VT and SU are Similar		
	Female	90%	87%	Within SU Differences		
Grade	Grade 6		90%	Females > Males		
	Grade 7	83%	89%	Too few students in at least one grade		
	Grade 8	89%	86%			



BELIEVE SCH	OOL HAS	RULES A	AND CONSEQUENCES FOR BEHAVIORS
	SU/SD	VT	
Strongly agree	26%	28%	
Agree	40%	43%	
Not sure	18%	17%	
Disagree	10%	8%	
Strongly disagree	7%	5%	SU > VT

STRO	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR						
		SU/SD	VT				
Overall	_	66%	71%	Overall Differences: State vs SU			
Sex	Male	63%	72%	VT > SU			
	Female	67%	69%	Within SU Differences			
Grade	Grade 6		77%	Too few students in at least one grade			
	Grade 7	69%	72%				
	Grade 8	59%	66%				



BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM						
		SU/SD	VT			
Overall	-	79%	76%	Overall Differences: State vs SU		
Sex	Male	74%	76%	VT and SU are Similar		
	Female	85%	76%	Within SU Differences		
Grade	Grade 6		79%	Females > Males		
	Grade 7	76%	75%	Too few students in at least one grade		
	Grade 8	81%	75%			

GRADES EARNED IN SCHOOL							
	SU/SD	VT					
Mostly A's	51%	46%	SU > VT				
Mostly B's	33%	38%	VT > SU				
Mostly C's	12%	12%					
Mostly D's	4%	3%					
Mostly F's		1%	Too few students				

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY								
	SU/SD	VT						
Strongly agree	23%	27%	VT > SU					
Agree	41%	36%	SU > VT					
Not sure	24%	24%						
Disagree	6%	7%						
Strongly disagree	7%	5%						



STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE								
		SU/SD	VT					
Overall	-	63%	64%	Overall Differences: State vs SU				
Sex	Male	59%	68%	VT and SU are Similar				
	Female	70%	60%	Within SU Differences				
Grade	Grade 6		67%	Females > Males				
	Grade 7	66%	65%	Too few students in at least one grade				
	Grade 8	62%	60%					

