
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR RIVENDELL INTERSTATE SD (SU064)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs.aspx>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyyouth/data/yrbs/methods.htm>

Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

HIGH SCHOOL RESULTS

RIVENDELL INTERSTATE SD (SU064) REPORT

<http://healthvermont.gov/yrbs.aspx>

SECTION 1: DEMOGRAPHICS

| HIGH SCHOOL DEMOGRAPHICS | | |
|--------------------------|-------|-------|
| | SU/SD | VT |
| Total | 144 | 27349 |

| | | SU/SD | VT |
|--------------------|------------------------------------|-------|-----|
| Sex | Female | 49% | 49% |
| | Male | 49% | 51% |
| Grade | 9th Grade | 33% | 25% |
| | 10th Grade | 30% | 25% |
| | 11th Grade | 22% | 25% |
| | 12th Grade | 14% | 25% |
| Race / Ethnicity | People of Color (REM) | 6% | 17% |
| | White, non-Hispanic (WnH) | 91% | 83% |
| Sexual Orientation | Lesbian, Gay, or Bisexual(LGB) | 6% | 11% |
| | Heterosexual / Cisgender (Het/Cis) | 90% | 89% |

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

| WERE IN A PHYSICAL FIGHT, PAST YEAR | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 15% | 17% | Overall Differences: State vs SU |
| Sex | Male | 14% | 22% | VT and SU are Similar |
| | Female | 17% | 11% | Within SU Differences |
| Grade | 9th / 10th | 16% | 19% | Too few students by grade |
| | 11th / 12th | . | 14% | |

| WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 5% | 7% | Overall Differences: State vs SU |
| Sex | Male | 9% | 9% | VT and SU are Similar |
| | Female | . | 3% | Within SU Differences |
| Grade | 9th / 10th | . | 8% | Too few students by sex |
| | 11th / 12th | . | 5% | Too few students by grade |

| CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 3% | 7% | Overall Differences: State vs SU |
| Sex | Male | . | 10% | VT > SU |
| | Female | . | 3% | Within SU Differences |
| Grade | 9th / 10th | . | 6% | Too few students by sex |
| | 11th / 12th | . | 8% | Too few students by grade |

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

| WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 5% | Overall Differences: State vs SU |
| Sex | Male | . | 6% | Too few students |
| | Female | . | 3% | Within SU Differences |
| Grade | 9th / 10th | . | 5% | Too few students by sex |
| | 11th / 12th | . | 4% | Too few students by grade |

| WERE ELECTRONICALLY BULLIED, PAST YEAR | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 13% | 16% | Overall Differences: State vs SU |
| Sex | Male | . | 10% | VT and SU are Similar |
| | Female | 24% | 22% | Within SU Differences |
| Grade | 9th / 10th | 15% | 18% | Too few students by sex |
| | 11th / 12th | . | 14% | Too few students by grade |

| WERE BULLIED, PAST 30 DAYS | | | | |
|-----------------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 18% | 16% | Overall Differences: State vs SU |
| Sex | Male | 9% | 11% | VT and SU are Similar |
| | Female | 27% | 20% | Within SU Differences |
| Grade | 9th / 10th | 23% | 18% | Females > Males |
| | 11th / 12th | . | 13% | Too few students by grade |

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

| BULLIED SOMEONE ELSE, PAST 30 DAYS | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 9% | Overall Differences: State vs SU |
| Sex | Male | . | 10% | Too few students |
| | Female | . | 8% | Within SU Differences |
| Grade | 9th / 10th | . | 9% | Too few students by sex |
| | 11th / 12th | . | 8% | Too few students by grade |

| DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 6% | 5% | Overall Differences: State vs SU |
| Sex | Male | . | 4% | VT and SU are Similar |
| | Female | 8% | 6% | Within SU Differences |
| Grade | 9th / 10th | 6% | 5% | Too few students by sex |
| | 11th / 12th | . | 4% | Too few students by grade |

SECTION 2: PERSONAL SAFETY
SEXUAL AND DATING VIOLENCE

| WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 7% | 6% | Overall Differences: State vs SU |
| Sex | Male | . | 3% | VT and SU are Similar |
| | Female | 14% | 9% | Within SU Differences |
| Grade | 9th / 10th | 7% | 5% | Too few students by sex |
| | 11th / 12th | . | 7% | Too few students by grade |

| EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 8% | 10% | Overall Differences: State vs SU |
| Sex | Male | . | 5% | VT and SU are Similar |
| | Female | . | 15% | Within SU Differences |
| Grade | 9th / 10th | . | 10% | Too few students by sex |
| | 11th / 12th | . | 9% | Too few students by grade |

| EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 7% | Overall Differences: State vs SU |
| Sex | Male | . | 6% | Too few students |
| | Female | . | 8% | Within SU Differences |
| Grade | 9th / 10th | . | 6% | Too few students by sex |
| | 11th / 12th | . | 7% | Too few students by grade |

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDING

| DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 7% | Overall Differences: State vs SU |
| Sex | Male | . | 9% | Too few students |
| | Female | . | 5% | Within SU Differences |
| Grade | 9th / 10th | . | 5% | Too few students by sex |
| | 11th / 12th | . | 9% | Too few students by grade |

| DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 8% | 14% | Overall Differences: State vs SU |
| Sex | Male | . | 16% | VT > SU |
| | Female | . | 12% | Within SU Differences |
| Grade | 9th / 10th | . | 9% | Too few students by sex |
| | 11th / 12th | . | 18% | Too few students by grade |

| RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 15% | 18% | Overall Differences: State vs SU |
| Sex | Male | 14% | 17% | VT and SU are Similar |
| | Female | 17% | 19% | Within SU Differences |
| Grade | 9th / 10th | 18% | 18% | Too few students by grade |
| | 11th / 12th | . | 18% | |

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDING

| RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 13% | 20% | Overall Differences: State vs SU |
| Sex | Male | 18% | 20% | VT > SU |
| | Female | 9% | 20% | Within SU Differences |
| Grade | 9th / 10th | 10% | 16% | Too few students by grade |
| | 11th / 12th | . | 25% | |

| TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 28% | 34% | Overall Differences: State vs SU |
| Sex | Male | . | 34% | VT and SU are Similar |
| | Female | . | 34% | Within SU Differences |
| Grade | 9th / 10th | . | 14% | Too few students by sex |
| | 11th / 12th | . | 48% | Too few students by grade |

SECTION 2: PERSONAL SAFETY
INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR

| | SU/SD | VT | |
|--------------------------------|-------|-----|------------------|
| Never wore a helmet | . | 11% | Too few students |
| Rarely wore a helmet | . | 3% | Too few students |
| Sometimes wore a helmet | . | 3% | Too few students |
| Most of the time wore a helmet | . | 9% | Too few students |
| Always wore a helmet | . | 74% | Too few students |

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR

| | SU/SD | VT | |
|-------------|-------|-----|----------------------------------|
| Overall | . | 14% | Overall Differences: State vs SU |
| Sex | | | Too few students |
| Male | . | 17% | |
| Female | . | 9% | Within SU Differences |
| Grade | | | Too few students by sex |
| 9th / 10th | . | 12% | |
| 11th / 12th | . | 15% | Too few students by grade |

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR

| | SU/SD | VT | |
|-------------|-------|-----|----------------------------------|
| Overall | 15% | 18% | Overall Differences: State vs SU |
| Sex | | | VT and SU are Similar |
| Male | 9% | 20% | |
| Female | 22% | 16% | Within SU Differences |
| Grade | | | Females > Males |
| 9th / 10th | 23% | 19% | |
| 11th / 12th | . | 17% | Too few students by grade |

**SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION**

| WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 51% | 54% | Overall Differences: State vs SU |
| Sex | Male | . | 51% | VT and SU are Similar |
| | Female | 57% | 58% | Within SU Differences |
| Grade | 9th / 10th | 44% | 50% | Too few students by sex |
| | 11th / 12th | . | 59% | Too few students by grade |

| MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 56% | 55% | Overall Differences: State vs SU |
| Sex | Male | 57% | 53% | VT and SU are Similar |
| | Female | 57% | 56% | Within SU Differences |
| Grade | 9th / 10th | 59% | 56% | Too few students by grade |
| | 11th / 12th | . | 53% | |

| WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 15% | 23% | Overall Differences: State vs SU |
| Sex | Male | 10% | 23% | VT > SU |
| | Female | 21% | 23% | Within SU Differences |
| Grade | 9th / 10th | 16% | 23% | Females > Males |
| | 11th / 12th | . | 24% | Too few students by grade |

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

| WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | |
|---|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 30% | 33% |
| Sex | Male | 23% | 33% |
| | Female | 35% | 33% |
| Grade | 9th / 10th | 32% | 32% |
| | 11th / 12th | . | 34% |

| |
|----------------------------------|
| Overall Differences: State vs SU |
| VT and SU are Similar |
| Within SU Differences |
| Too few students by grade |

SECTION 3: MENTAL HEALTH

| FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 27% | 25% | Overall Differences: State vs SU |
| Sex | Male | 12% | 16% | VT and SU are Similar |
| | Female | 43% | 35% | Within SU Differences |
| Grade | 9th / 10th | 25% | 25% | Females > Males |
| | 11th / 12th | . | 26% | Too few students by grade |

| DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 16% | 16% | Overall Differences: State vs SU |
| Sex | Male | . | 9% | VT and SU are Similar |
| | Female | 30% | 25% | Within SU Differences |
| Grade | 9th / 10th | 16% | 18% | Too few students by sex |
| | 11th / 12th | . | 15% | Too few students by grade |

SECTION 3: MENTAL HEALTH

| MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 12% | 11% | Overall Differences: State vs SU |
| Sex | Male | . | 7% | VT and SU are Similar |
| | Female | 21% | 15% | Within SU Differences |
| Grade | 9th / 10th | 9% | 12% | Too few students by sex |
| | 11th / 12th | . | 10% | Too few students by grade |

| ATTEMPTED SUICIDE, PAST YEAR | | | | |
|-------------------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 5% | 5% | Overall Differences: State vs SU |
| Sex | Male | . | 4% | VT and SU are Similar |
| | Female | . | 7% | Within SU Differences |
| Grade | 9th / 10th | . | 6% | Too few students by sex |
| | 11th / 12th | . | 5% | Too few students by grade |

SECTION 4: SUBSTANCE USE
LIFETIME USE

| EVER SMOKED A WHOLE CIGARETTE | | | | |
|-------------------------------|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 23% | 24% | Overall Differences: State vs SU |
| Sex | Male | 25% | 26% | VT and SU are Similar |
| | Female | 22% | 22% | Within SU Differences |
| Grade | 9th / 10th | 20% | 19% | Too few students by grade |
| | 11th / 12th | . | 29% | |

| SMOKED A CIGARETTE BEFORE AGE 13 YEARS | | | | |
|--|-------------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 6% | 8% | Overall Differences: State vs SU |
| Sex | Male | . | 9% | VT and SU are Similar |
| | Female | 7% | 6% | Within SU Differences |
| Grade | 9th / 10th | 4% | 8% | Too few students by sex |
| | 11th / 12th | . | 7% | Too few students by grade |

| EVER USED AN ELECTRONIC VAPOR PRODUCT | | | | |
|---------------------------------------|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 23% | 34% | Overall Differences: State vs SU |
| Sex | Male | 27% | 37% | VT > SU |
| | Female | 21% | 31% | Within SU Differences |
| Grade | 9th / 10th | 16% | 27% | Too few students by grade |
| | 11th / 12th | . | 41% | |

SECTION 4: SUBSTANCE USE
LIFETIME USE

| EVER TRIED FLAVORED TOBACCO PRODUCTS | | | | |
|--------------------------------------|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 12% | 21% | Overall Differences: State vs SU |
| Sex | Male | 15% | 24% | VT > SU |
| | Female | 10% | 17% | Within SU Differences |
| Grade | 9th / 10th | 10% | 14% | Too few students by grade |
| | 11th / 12th | . | 27% | |

| EVER DRANK ALCOHOL | | | | |
|--------------------|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 49% | 58% | Overall Differences: State vs SU |
| Sex | Male | . | 57% | VT > SU |
| | Female | 46% | 58% | Within SU Differences |
| Grade | 9th / 10th | 39% | 48% | Too few students by sex |
| | 11th / 12th | . | 68% | Too few students by grade |

| DRANK ALCOHOL BEFORE AGE 13 YEARS | | | | |
|-----------------------------------|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 14% | 14% | Overall Differences: State vs SU |
| Sex | Male | . | 16% | VT and SU are Similar |
| | Female | 10% | 11% | Within SU Differences |
| Grade | 9th / 10th | 13% | 15% | Too few students by sex |
| | 11th / 12th | . | 12% | Too few students by grade |

SECTION 4: SUBSTANCE USE
LIFETIME USE

| EVER USED MARIJUANA | | | | |
|---------------------|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 21% | 37% | Overall Differences: State vs SU |
| Sex | Male | 19% | 37% | VT > SU |
| | Female | 22% | 37% | Within SU Differences |
| Grade | 9th / 10th | 15% | 29% | Too few students by grade |
| | 11th / 12th | . | 46% | |

| TRIED MARIJUANA BEFORE AGE 13 YEARS | | | | |
|-------------------------------------|-------------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 6% | Overall Differences: State vs SU |
| Sex | Male | . | 7% | Too few students |
| | Female | . | 5% | Within SU Differences |
| Grade | 9th / 10th | . | 6% | Too few students by sex |
| | 11th / 12th | . | 6% | Too few students by grade |

| EVER MISUSED PRESCRIPTION PAIN MEDICINE | | | | |
|---|-------------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 6% | 8% | Overall Differences: State vs SU |
| Sex | Male | . | 8% | VT and SU are Similar |
| | Female | . | 7% | Within SU Differences |
| Grade | 9th / 10th | . | 7% | Too few students by sex |
| | 11th / 12th | . | 9% | Too few students by grade |

SECTION 4: SUBSTANCE USE
LIFETIME USE

| EVER MISUSED PRESCRIPTION STIMULANTS | | | | |
|--------------------------------------|-------------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 6% | Overall Differences: State vs SU |
| Sex | Male | . | 7% | Too few students |
| | Female | . | 6% | Within SU Differences |
| Grade | 9th / 10th | . | 5% | Too few students by sex |
| | 11th / 12th | . | 8% | Too few students by grade |

| EVER USED COCAINE | | | | |
|-------------------|-------------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 4% | Overall Differences: State vs SU |
| Sex | Male | . | 5% | Too few students |
| | Female | . | 3% | Within SU Differences |
| Grade | 9th / 10th | . | 3% | Too few students by sex |
| | 11th / 12th | . | 5% | Too few students by grade |

| EVER USED INHALANTS | | | | |
|---------------------|-------------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 6% | 6% | Overall Differences: State vs SU |
| Sex | Male | . | 6% | VT and SU are Similar |
| | Female | 10% | 6% | Within SU Differences |
| Grade | 9th / 10th | 8% | 6% | Too few students by sex |
| | 11th / 12th | . | 6% | Too few students by grade |

SECTION 4: SUBSTANCE USE
LIFETIME USE

| EVER USED HEROIN | | | | |
|-------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 2% | Overall Differences: State vs SU |
| Sex | Male | . | 3% | Too few students |
| | Female | . | 1% | Within SU Differences |
| Grade | 9th / 10th | . | 1% | Too few students by sex |
| | 11th / 12th | . | 2% | Too few students by grade |

| EVER USED METHAMPHETAMINES | | | | |
|-----------------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 2% | Overall Differences: State vs SU |
| Sex | Male | . | 3% | Too few students |
| | Female | . | 1% | Within SU Differences |
| Grade | 9th / 10th | . | 2% | Too few students by sex |
| | 11th / 12th | . | 3% | Too few students by grade |

SECTION 4: SUBSTANCE USE
CURRENT USE

| USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR | | | |
|---|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 18% | 24% |
| Sex | Male | . | 28% |
| | Female | 18% | 18% |
| Grade | 9th / 10th | 17% | 17% |
| | 11th / 12th | . | 30% |

| | |
|----------------------------------|--|
| Overall Differences: State vs SU | |
| VT > SU | |
| Within SU Differences | |
| Too few students by sex | |
| Too few students by grade | |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS | | | |
|---|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 13% | 19% |
| Sex | Male | . | 23% |
| | Female | 11% | 14% |
| Grade | 9th / 10th | 12% | 13% |
| | 11th / 12th | . | 25% |

| | |
|----------------------------------|--|
| Overall Differences: State vs SU | |
| VT > SU | |
| Within SU Differences | |
| Too few students by sex | |
| Too few students by grade | |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS | | | |
|--|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 9% | 15% |
| Sex | Male | 11% | 19% |
| | Female | . | 11% |
| Grade | 9th / 10th | 7% | 10% |
| | 11th / 12th | . | 20% |

| | |
|----------------------------------|--|
| Overall Differences: State vs SU | |
| VT > SU | |
| Within SU Differences | |
| Too few students by sex | |
| Too few students by grade | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
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SECTION 4: SUBSTANCE USE
CURRENT USE

| SMOKED CIGARETTES, PAST 30 DAYS | | | | |
|---------------------------------|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 6% | 9% | Overall Differences: State vs SU |
| Sex | Male | . | 10% | VT > SU |
| | Female | . | 8% | Within SU Differences |
| Grade | 9th / 10th | . | 6% | Too few students by sex |
| | 11th / 12th | . | 12% | Too few students by grade |

| AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES | | | | |
|---|---|-------|------------------|--|
| | | SU/SD | VT | |
| 1 or 2 days | . | 29% | Too few students | |
| 3 to 5 days | . | 15% | Too few students | |
| 6 to 9 days | . | 10% | Too few students | |
| 10 to 19 days | . | 12% | Too few students | |
| 20 to 29 days | . | 9% | Too few students | |
| All 30 days | . | 25% | Too few students | |

| AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY | | | | |
|---|-------------|-------|----------------------------------|---------------------------|
| | | SU/SD | VT | |
| Overall | . | 25% | Overall Differences: State vs SU | |
| Sex | Male | . | 27% | Too few students |
| | Female | . | 20% | Within SU Differences |
| Grade | 9th / 10th | . | 22% | Too few students by sex |
| | 11th / 12th | . | 25% | Too few students by grade |

SECTION 4: SUBSTANCE USE
 CURRENT USE

| AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED | | | |
|---|-------|-----|------------------|
| | SU/SD | VT | |
| Less than 1 cigarette | . | 30% | Too few students |
| 1 cigarette | . | 19% | Too few students |
| 2 to 5 cigarettes | . | 30% | Too few students |
| 6 to 10 cigarettes | . | 9% | Too few students |
| 11 to 20 cigarettes | . | 4% | Too few students |
| More than 20 cigarettes | . | 8% | Too few students |

| AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED | | | | |
|--|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 12% | Overall Differences: State vs SU |
| Sex | Male | . | 15% | Too few students |
| | Female | . | 6% | Within SU Differences |
| Grade | 9th / 10th | . | 10% | Too few students by sex |
| | 11th / 12th | . | 11% | Too few students by grade |

SECTION 4: SUBSTANCE USE
CURRENT USE

| USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 12% | Overall Differences: State vs SU |
| Sex | Male | . | 14% | VT and SU are Similar |
| | Female | . | 9% | Within SU Differences |
| Grade | 9th / 10th | 8% | 9% | Too few students by sex |
| | 11th / 12th | . | 15% | Too few students by grade |

| AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE | | | | |
|--|---|--------------|-----------|------------------|
| | | SU/SD | VT | |
| Friend/family used them | . | | 35% | Too few students |
| To try to quit other tobacco | . | | 5% | Too few students |
| Cost less than other tobacco | . | | 1% | Too few students |
| Easier to get than other tobacco | . | | 1% | Too few students |
| Less harmful than other tobacco | . | | 8% | Too few students |
| Available in flavors | . | | 17% | Too few students |
| Used for some other reason | . | | 33% | Too few students |

SECTION 4: SUBSTANCE USE
CURRENT USE

| AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| 1 or 2 days | . | 37% | Too few students |
| 3 to 5 days | . | 19% | Too few students |
| 6 to 9 days | . | 11% | Too few students |
| 10 to 19 days | . | 12% | Too few students |
| 20 to 29 days | . | 7% | Too few students |
| All 30 days | . | 15% | Too few students |

| AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 33% | Overall Differences: State vs SU |
| Sex | Male | . | 37% | Too few students |
| | Female | . | 26% | Within SU Differences |
| Grade | 9th / 10th | . | 33% | Too few students by sex |
| | 11th / 12th | . | 33% | Too few students by grade |

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

| | SU/SD | VT | |
|------------------------------|-------|-----|------------------|
| Bought them in a store | . | 8% | Too few students |
| I got them on the Internet | . | 10% | Too few students |
| Someone else bought them | . | 14% | Too few students |
| Borrowed them | . | 38% | Too few students |
| A person 18 or older gave me | . | 11% | Too few students |
| Took them from a store | . | 2% | Too few students |
| Some other way | . | 18% | Too few students |

USED SMOKELESS TOBACCO, PAST 30 DAYS

| | SU/SD | VT | |
|-------------|-------|----|----------------------------------|
| Overall | 5% | 5% | Overall Differences: State vs SU |
| Sex | | | |
| Male | . | 8% | VT and SU are Similar |
| Female | . | 2% | Within SU Differences |
| Grade | | | |
| 9th / 10th | . | 4% | Too few students by sex |
| 11th / 12th | . | 6% | Too few students by grade |

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS

| | SU/SD | VT | |
|-------------|-------|-----|----------------------------------|
| Overall | . | 9% | Overall Differences: State vs SU |
| Sex | | | |
| Male | . | 13% | Too few students |
| Female | . | 6% | Within SU Differences |
| Grade | | | |
| 9th / 10th | . | 6% | Too few students by sex |
| 11th / 12th | . | 13% | Too few students by grade |

SECTION 4: SUBSTANCE USE
CURRENT USE

| TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 33% | Overall Differences: State vs SU |
| Sex | Male | . | 30% | Too few students |
| | Female | . | 37% | Within SU Differences |
| Grade | 9th / 10th | . | 34% | Too few students by sex |
| | 11th / 12th | . | 32% | Too few students by grade |

| DRANK ALCOHOL, PAST 30 DAYS | | | | |
|------------------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 24% | 33% | Overall Differences: State vs SU |
| Sex | Male | . | 32% | VT > SU |
| | Female | 20% | 34% | Within SU Differences |
| Grade | 9th / 10th | 18% | 25% | Too few students by sex |
| | 11th / 12th | . | 41% | Too few students by grade |

| BINGE DRANK, PAST 30 DAYS | | | | |
|----------------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 17% | Overall Differences: State vs SU |
| Sex | Male | 10% | 17% | VT > SU |
| | Female | . | 17% | Within SU Differences |
| Grade | 9th / 10th | . | 11% | Too few students by sex |
| | 11th / 12th | . | 23% | Too few students by grade |

SECTION 4: SUBSTANCE USE
CURRENT USE

| AMONG CURRENT USERS: FREQUENCY OF DRINKING | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| 1 or 2 days | . | 49% | Too few students |
| 3 to 5 days | . | 26% | Too few students |
| 6 to 9 days | . | 13% | Too few students |
| 10 to 19 days | . | 7% | Too few students |
| 20 to 29 days | . | 2% | Too few students |
| All 30 days | . | 3% | Too few students |

| AMONG CURRENT USERS: DRANK ON 10+ DAYS | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 12% | Overall Differences: State vs SU |
| Sex | Male | . | 15% | Too few students |
| | Female | . | 9% | Within SU Differences |
| Grade | 9th / 10th | . | 11% | Too few students by sex |
| | 11th / 12th | . | 13% | Too few students by grade |

SECTION 4: SUBSTANCE USE
 CURRENT USE

| AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED | | | |
|---|-------|-----|------------------|
| | SU/SD | VT | |
| 1 or 2 drinks | . | 35% | Too few students |
| 3 drinks | . | 6% | Too few students |
| 4 drinks | . | 8% | Too few students |
| 5 drinks | . | 13% | Too few students |
| 6 or 7 drinks | . | 15% | Too few students |
| 8 or 9 drinks | . | 8% | Too few students |
| 10 or more drinks | . | 14% | Too few students |

| AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males) | | | | |
|---|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 57% | Overall Differences: State vs SU |
| Sex | Male | . | 59% | Too few students |
| | Female | . | 55% | Within SU Differences |
| Grade | 9th / 10th | . | 51% | Too few students by sex |
| | 11th / 12th | . | 61% | Too few students by grade |

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE

| | SU/SD | VT | |
|-----------------------------|-------|-----|------------------|
| Bought in store | . | 3% | Too few students |
| Bought in restaurant | . | 2% | Too few students |
| Bought at public event | . | 0% | Too few students |
| I gave someone money to buy | . | 23% | Too few students |
| Someone gave it to me | . | 40% | Too few students |
| Took from store/family | . | 12% | Too few students |
| Some other way | . | 20% | Too few students |

USED MARIJUANA, PAST 30 DAYS

| | SU/SD | VT | |
|---------|-------------|-----|----------------------------------|
| Overall | 15% | 24% | Overall Differences: State vs SU |
| Sex | Male | 18% | VT > SU |
| | Female | 13% | Within SU Differences |
| Grade | 9th / 10th | 12% | Too few students by grade |
| | 11th / 12th | . | |

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

| | SU/SD | VT | |
|------------------|-------|-----|------------------|
| 1 or 2 times | . | 34% | Too few students |
| 3 to 9 times | . | 25% | Too few students |
| 10 to 19 times | . | 12% | Too few students |
| 20 to 39 times | . | 10% | Too few students |
| 40 or more times | . | 20% | Too few students |

SECTION 4: SUBSTANCE USE
CURRENT USE

| AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 41% | Overall Differences: State vs SU |
| Sex | Male | . | 47% | Too few students |
| | Female | . | 35% | Within SU Differences |
| Grade | 9th / 10th | . | 39% | Too few students by sex |
| | 11th / 12th | . | 42% | Too few students by grade |

| AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED | | | | |
|--|-----------------------------|--------------|-----------|------------------|
| | | SU/SD | VT | |
| | Smoked it | . | 91% | Too few students |
| | Ate in food | . | 4% | Too few students |
| | Drank in tea or other drink | . | 1% | Too few students |
| | Vaporized | . | 2% | Too few students |
| | Some other way | . | 2% | Too few students |

| MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 5% | Overall Differences: State vs SU |
| Sex | Male | . | 6% | Too few students |
| | Female | . | 5% | Within SU Differences |
| Grade | 9th / 10th | . | 5% | Too few students by sex |
| | 11th / 12th | . | 6% | Too few students by grade |

SECTION 4: SUBSTANCE USE
SUBSTANCE USE ON SCHOOL PROPERTY

| WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 5% | 15% | Overall Differences: State vs SU |
| Sex | Male | . | 17% | VT > SU |
| | Female | . | 13% | Within SU Differences |
| Grade | 9th / 10th | 8% | 15% | Too few students by sex |
| | 11th / 12th | . | 15% | Too few students by grade |

| ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 8% | 13% | Overall Differences: State vs SU |
| Sex | Male | . | 14% | VT > SU |
| | Female | . | 12% | Within SU Differences |
| Grade | 9th / 10th | 7% | 11% | Too few students by sex |
| | 11th / 12th | . | 16% | Too few students by grade |

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

| THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 21% | 25% | Overall Differences: State vs SU |
| Sex | Male | 20% | 25% | VT and SU are Similar |
| | Female | 23% | 24% | Within SU Differences |
| Grade | 9th / 10th | 26% | 29% | Too few students by grade |
| | 11th / 12th | . | 20% | |

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 89% | 84% | Overall Differences: State vs SU |
| Sex | Male | 82% | 82% | SU > VT |
| | Female | 95% | 86% | Within SU Differences |
| Grade | 9th / 10th | 89% | 89% | Females > Males |
| | 11th / 12th | . | 79% | Too few students by grade |

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 64% | 54% | Overall Differences: State vs SU |
| Sex | Male | 64% | 55% | SU > VT |
| | Female | 63% | 54% | Within SU Differences |
| Grade | 9th / 10th | 74% | 65% | Too few students by grade |
| | 11th / 12th | . | 44% | |

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 70% | 55% | Overall Differences: State vs SU |
| Sex | Male | 74% | 56% | SU > VT |
| | Female | 65% | 55% | Within SU Differences |
| Grade | 9th / 10th | 78% | 64% | Too few students by grade |
| | 11th / 12th | . | 46% | |

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES | | | |
|---|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 98% | 91% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 97% | 90% |
| SU > VT | | | |
| | Female | 98% | 93% |
| Within SU Differences | | | |
| Grade | 9th / 10th | 98% | 94% |
| Too few students by grade | | | |
| | 11th / 12th | . | 89% |

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL | | | |
|--|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 68% | 66% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 71% | 64% |
| VT and SU are Similar | | | |
| | Female | 67% | 67% |
| Within SU Differences | | | |
| Grade | 9th / 10th | 69% | 75% |
| Too few students by grade | | | |
| | 11th / 12th | . | 57% |

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA | | | |
|--|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 86% | 76% |
| Sex | Male | 83% | 75% |
| | Female | 89% | 77% |
| Grade | 9th / 10th | 92% | 81% |
| | 11th / 12th | . | 72% |

| | |
|----------------------------------|--|
| Overall Differences: State vs SU | |
| SU > VT | |
| Within SU Differences | |
| Too few students by grade | |

| PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY | | | |
|---|--|--------------|-----------|
| | | SU/SD | VT |
| No risk | | . | 5% |
| Slight risk | | 11% | 9% |
| Moderate risk | | 20% | 18% |
| Great risk | | 67% | 68% |

| | |
|------------------|--|
| Too few students | |
|------------------|--|

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY | | | |
|---|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 67% | 68% |
| Sex | Male | 63% | 66% |
| | Female | 72% | 70% |
| Grade | 9th / 10th | 62% | 66% |
| | 11th / 12th | . | 70% |

| | |
|----------------------------------|--|
| Overall Differences: State vs SU | |
| VT and SU are Similar | |
| Within SU Differences | |
| Too few students by grade | |

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

| PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK | | | |
|--|-------|-----|---------|
| | SU/SD | VT | |
| No risk | 7% | 6% | VT > SU |
| Slight risk | 23% | 19% | |
| Moderate risk | 40% | 39% | |
| Great risk | 30% | 36% | |

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND | | | | |
|---|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 30% | 36% | Overall Differences: State vs SU |
| Sex | Male | 22% | 32% | VT > SU |
| | Female | 38% | 41% | Within SU Differences |
| Grade | 9th / 10th | 36% | 38% | Females > Males |
| | 11th / 12th | . | 34% | Too few students by grade |

| PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE | | | |
|---|-------|-----|---------|
| | SU/SD | VT | |
| No risk | 11% | 21% | VT > SU |
| Slight risk | 35% | 29% | SU > VT |
| Moderate risk | 26% | 26% | |
| Great risk | 27% | 24% | |

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 27% | 24% | Overall Differences: State vs SU |
| Sex | Male | 22% | 21% | VT and SU are Similar |
| | Female | 34% | 28% | Within SU Differences |
| Grade | 9th / 10th | 36% | 29% | Too few students by grade |
| | 11th / 12th | . | 20% | |

| PERCEIVED ACCESS TO CIGARETTES | | | | |
|---------------------------------------|--|--------------|-----------|---------|
| | | SU/SD | VT | |
| Very hard | | 38% | 24% | SU > VT |
| Sort of hard | | 24% | 21% | |
| Sort of easy | | 23% | 22% | |
| Very easy | | 15% | 32% | VT > SU |

| SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 37% | 55% | Overall Differences: State vs SU |
| Sex | Male | . | 57% | VT > SU |
| | Female | 44% | 52% | Within SU Differences |
| Grade | 9th / 10th | 33% | 43% | Too few students by sex |
| | 11th / 12th | . | 66% | Too few students by grade |

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

| PERCEIVED ACCESS TO ALCOHOL | | | |
|------------------------------------|--------------|-----------|---------|
| | SU/SD | VT | |
| Very hard | 31% | 15% | SU > VT |
| Sort of hard | 13% | 18% | VT > SU |
| Sort of easy | 25% | 31% | VT > SU |
| Very easy | 30% | 37% | VT > SU |

| SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 55% | 68% | Overall Differences: State vs SU |
| Sex | Male | 50% | 67% | VT > SU |
| | Female | 60% | 69% | Within SU Differences |
| Grade | 9th / 10th | 49% | 62% | Too few students by grade |
| | 11th / 12th | . | 73% | |

| PERCEIVED ACCESS TO MARIJUANA | | | |
|--------------------------------------|--------------|-----------|---------|
| | SU/SD | VT | |
| Very hard | 51% | 27% | SU > VT |
| Sort of hard | 18% | 15% | |
| Sort of easy | 13% | 22% | VT > SU |
| Very easy | 18% | 37% | VT > SU |

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

| SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET | | | |
|---|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 31% | 58% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 29% | 59% |
| VT > SU | | | |
| | Female | 34% | 57% |
| Within SU Differences | | | |
| Grade | 9th / 10th | 20% | 49% |
| Too few students by grade | | | |
| | 11th / 12th | . | 67% |

SECTION 5: SEXUAL HEALTH
 LIFETIME SEXUAL ACTIVITY

| LIFETIME SEXUAL CONTACTS: MALES | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Never had sexual contact | 68% | 42% | SU > VT |
| Females | 32% | 54% | VT > SU |
| Males | . | 2% | Too few students |
| Females and males | . | 2% | Too few students |

| LIFETIME SEXUAL CONTACTS: FEMALES | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Never had sexual contact | 56% | 43% | SU > VT |
| Females | . | 2% | Too few students |
| Males | 38% | 48% | SU > VT |
| Females and males | . | 7% | Too few students |

| EVER HAD SEXUAL INTERCOURSE | | | |
|------------------------------------|--------------|-----------|----------------------------------|
| | SU/SD | VT | |
| Overall | 33% | 40% | Overall Differences: State vs SU |
| Sex | | | VT > SU |
| Male | 29% | 40% | |
| Female | 37% | 40% | Within SU Differences |
| Grade | | | Too few students by grade |
| 9th / 10th | 22% | 26% | |
| 11th / 12th | . | 54% | |

SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

| HAVE HAD 4+ LIFETIME PARTNERS | | | | |
|--------------------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 5% | 9% | Overall Differences: State vs SU |
| Sex | Male | . | 9% | VT > SU |
| | Female | . | 8% | Within SU Differences |
| Grade | 9th / 10th | . | 5% | Too few students by sex |
| | 11th / 12th | . | 13% | Too few students by grade |

| EVER HAD ORAL SEX | | | | |
|--------------------------|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 29% | 42% | Overall Differences: State vs SU |
| Sex | Male | 22% | 42% | VT > SU |
| | Female | 37% | 42% | Within SU Differences |
| Grade | 9th / 10th | 17% | 30% | Females > Males |
| | 11th / 12th | . | 55% | Too few students by grade |

| WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV) | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 8% | 10% | Overall Differences: State vs SU |
| Sex | Male | 11% | 9% | VT and SU are Similar |
| | Female | . | 12% | Within SU Differences |
| Grade | 9th / 10th | 6% | 8% | Too few students by sex |
| | 11th / 12th | . | 13% | Too few students by grade |

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

| HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 26% | 31% | Overall Differences: State vs SU |
| Sex | Male | 23% | 29% | VT and SU are Similar |
| | Female | 30% | 32% | Within SU Differences |
| Grade | 9th / 10th | 17% | 19% | Too few students by grade |
| | 11th / 12th | . | 43% | |

| USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 20% | Overall Differences: State vs SU |
| Sex | Male | . | 22% | Too few students |
| | Female | . | 17% | Within SU Differences |
| Grade | 9th / 10th | . | 23% | Too few students by sex |
| | 11th / 12th | . | 18% | Too few students by grade |

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

| PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| No method was used | . | 7% | Too few students |
| Birth control pills | . | 32% | Too few students |
| Condoms | . | 35% | Too few students |
| IUD or implant | . | 13% | Too few students |
| Shot/patch/birth control ring | . | 5% | Too few students |
| Withdrawal/other method | . | 5% | Too few students |
| Not sure | . | 2% | Too few students |

| USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | |
|--|--------------|-----------|----------------------------------|
| | SU/SD | VT | |
| Overall | . | 50% | Overall Differences: State vs SU |
| Sex | | | |
| Male | . | 40% | Too few students |
| Female | . | 60% | Within SU Differences |
| Grade | | | |
| 9th / 10th | . | 39% | Too few students by sex |
| 11th / 12th | . | 56% | Too few students by grade |

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

| CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 56% | Overall Differences: State vs SU |
| Sex | Male | . | 61% | Too few students |
| | Female | . | 52% | Within SU Differences |
| Grade | 9th / 10th | . | 62% | Too few students by sex |
| | 11th / 12th | . | 54% | Too few students by grade |

| USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 19% | Overall Differences: State vs SU |
| Sex | Male | . | 15% | Too few students |
| | Female | . | 22% | Within SU Differences |
| Grade | 9th / 10th | . | 16% | Too few students by sex |
| | 11th / 12th | . | 20% | Too few students by grade |

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

| DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | . | 7% | Overall Differences: State vs SU |
| Sex | Male | . | 8% | Too few students |
| | Female | . | 7% | Within SU Differences |
| Grade | 9th / 10th | . | 10% | Too few students by sex |
| | 11th / 12th | . | 6% | Too few students by grade |

SECTION 6: BMI AND WEIGHT PERCEPTIONS

| OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX) | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 10% | 14% | Overall Differences: State vs SU |
| Sex | Male | . | 14% | VT > SU |
| | Female | 13% | 15% | Within SU Differences |
| Grade | 9th / 10th | 14% | 15% | Too few students by sex |
| | 11th / 12th | . | 13% | Too few students by grade |

| OBESE (BMI >95th PERCENTILE FOR AGE AND SEX) | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 19% | 13% | Overall Differences: State vs SU |
| Sex | Male | . | 15% | SU > VT |
| | Female | 20% | 10% | Within SU Differences |
| Grade | 9th / 10th | 16% | 12% | Too few students by sex |
| | 11th / 12th | . | 13% | Too few students by grade |

| PERCEPTIONS OF OWN WEIGHT | | | | |
|----------------------------------|--------------|-----------|------------------|--|
| | SU/SD | VT | | |
| Very underweight | . | 2% | Too few students | |
| Slightly underweight | 12% | 12% | | |
| About the right weight | 45% | 56% | VT > SU | |
| Slightly overweight | 37% | 25% | SU > VT | |
| Very overweight | 4% | 5% | | |

SECTION 6: BMI AND WEIGHT PERCEPTIONS

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT

| | | SU/SD | VT | |
|---------|-------------|-------|-----|----------------------------------|
| Overall | | 41% | 30% | Overall Differences: State vs SU |
| Sex | Male | . | 25% | SU > VT |
| | Female | 49% | 36% | Within SU Differences |
| Grade | 9th / 10th | 42% | 29% | Too few students by sex |
| | 11th / 12th | . | 31% | Too few students by grade |

WHAT ONE IS TRYING TO DO ABOUT WEIGHT

| | SU/SD | VT | |
|---------------------------|-------|-----|---------|
| Lose weight | 44% | 42% | |
| Gain weight | 12% | 15% | |
| Stay the same weight | 10% | 18% | VT > SU |
| Not trying to do anything | 34% | 25% | SU > VT |

WERE TRYING TO LOSE WEIGHT

| | | SU/SD | VT | |
|---------|-------------|-------|-----|----------------------------------|
| Overall | | 44% | 42% | Overall Differences: State vs SU |
| Sex | Male | . | 28% | VT and SU are Similar |
| | Female | 58% | 57% | Within SU Differences |
| Grade | 9th / 10th | 44% | 42% | Too few students by sex |
| | 11th / 12th | . | 42% | Too few students by grade |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

| DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK | | | |
|---|--------------|-----------|---------|
| | SU/SD | VT | |
| 0 days | 9% | 13% | VT > SU |
| 1 day | 10% | 7% | SU > VT |
| 2 days | 11% | 9% | |
| 3 days | 7% | 12% | VT > SU |
| 4 days | 12% | 11% | |
| 5 days | 21% | 14% | SU > VT |
| 6 days | 12% | 10% | |
| 7 days | 18% | 25% | VT > SU |

| WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 18% | 25% | Overall Differences: State vs SU |
| Sex | Male | 27% | 33% | VT > SU |
| | Female | . | 17% | Within SU Differences |
| Grade | 9th / 10th | 20% | 27% | Too few students by sex |
| | 11th / 12th | . | 24% | Too few students by grade |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

| WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 51% | 49% | Overall Differences: State vs SU |
| Sex | Male | 64% | 56% | VT and SU are Similar |
| | Female | 39% | 42% | Within SU Differences |
| Grade | 9th / 10th | 52% | 51% | Males > Females |
| | 11th / 12th | . | 47% | Too few students by grade |

| DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 13% | Overall Differences: State vs SU |
| Sex | Male | . | 11% | VT > SU |
| | Female | 15% | 14% | Within SU Differences |
| Grade | 9th / 10th | 7% | 11% | Too few students by sex |
| | 11th / 12th | . | 14% | Too few students by grade |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

| TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK | | | |
|---|-------|-----|---------|
| | SU/SD | VT | |
| Do not watch TV | 5% | 3% | |
| Less than 1 hour per day | 10% | 8% | |
| 1 hour per day | 14% | 12% | |
| 2 hours per day | 22% | 23% | |
| 3 hours per day | 23% | 21% | |
| 4 hours per day | 17% | 13% | SU > VT |
| 5 or more hours per day | 8% | 19% | VT > SU |

| WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK | | | | |
|---|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 48% | 53% | Overall Differences: State vs SU |
| Sex | Male | 56% | 53% | VT and SU are Similar |
| | Female | 42% | 52% | Within SU Differences |
| Grade | 9th / 10th | 45% | 53% | Males > Females |
| | 11th / 12th | . | 52% | Too few students by grade |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

| ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 28% | 33% | Overall Differences: State vs SU |
| Sex | Male | 38% | 32% | VT and SU are Similar |
| | Female | 18% | 33% | Within SU Differences |
| Grade | 9th / 10th | 31% | 33% | Males > Females |
| | 11th / 12th | . | 32% | Too few students by grade |

| ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 21% | 18% | Overall Differences: State vs SU |
| Sex | Male | 24% | 18% | VT and SU are Similar |
| | Female | 18% | 18% | Within SU Differences |
| Grade | 9th / 10th | 21% | 18% | Too few students by grade |
| | 11th / 12th | . | 18% | |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

| SODA CONSUMPTION, PAST WEEK | | | |
|-----------------------------|-------|-----|------------------|
| | SU/SD | VT | |
| Did not drink soda or pop | 20% | 37% | VT > SU |
| 1 to 3 times | 57% | 40% | SU > VT |
| 4 to 6 times | 11% | 12% | |
| 1 time per day | . | 4% | Too few students |
| 2 times per day | . | 3% | Too few students |
| 3 times per day | . | 1% | Too few students |
| 4 or more times per day | . | 3% | Too few students |

| DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK | | | | |
|---|-------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 12% | 11% | Overall Differences: State vs SU |
| Sex | Male | 19% | 16% | VT and SU are Similar |
| | Female | . | 6% | Within SU Differences |
| Grade | 9th / 10th | 11% | 11% | Too few students by sex |
| | 11th / 12th | . | 12% | Too few students by grade |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

| | SU/SD | VT | |
|-------------------------------|-------|-----|------------------|
| Did not drink sugar-sweetened | 29% | 28% | |
| 1 to 3 times | 45% | 44% | |
| 4 to 6 times | 13% | 15% | |
| 1 time per day | 7% | 6% | |
| 2 times per day | . | 3% | Too few students |
| 3 times per day | . | 1% | Too few students |
| 4 or more times per day | . | 2% | Too few students |

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

| | SU/SD | VT | |
|-------------|-------|-----|----------------------------------|
| Overall | 13% | 12% | Overall Differences: State vs SU |
| Sex | | | |
| Male | 15% | 15% | VT and SU are Similar |
| Female | 12% | 9% | Within SU Differences |
| Grade | | | |
| 9th / 10th | 16% | 12% | Too few students by grade |
| 11th / 12th | . | 13% | |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

| WATER CONSUMPTION, PAST WEEK | | | |
|-------------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Did not drink water | . | 4% | Too few students |
| 1 to 3 times | 9% | 9% | |
| 4 to 6 times | 14% | 11% | |
| 1 time per day | 10% | 9% | |
| 2 times per day | 19% | 16% | |
| 3 times per day | 21% | 19% | |
| 4 or more times per day | 25% | 33% | VT > SU |

| DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 46% | 52% | Overall Differences: State vs SU |
| Sex | Male | 38% | 51% | VT > SU |
| | Female | 55% | 53% | Within SU Differences |
| Grade | 9th / 10th | 58% | 51% | Females > Males |
| | 11th / 12th | . | 53% | Too few students by grade |

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

| BREAKFAST CONSUMPTION, PAST WEEK | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| 0 days | 11% | 11% | |
| 1 day | . | 6% | Too few students |
| 2 days | 12% | 9% | |
| 3 days | 17% | 10% | SU > VT |
| 4 days | 9% | 8% | |
| 5 days | 6% | 9% | |
| 6 days | 10% | 7% | SU > VT |
| 7 days | 32% | 40% | VT > SU |

| DID NOT EAT BREAKFAST, PAST WEEK | | | |
|---|--------------|-----------|----------------------------------|
| | SU/SD | VT | |
| Overall | 11% | 11% | Overall Differences: State vs SU |
| Sex | Male | 10% | VT and SU are Similar |
| | Female | 9% | Within SU Differences |
| Grade | 9th / 10th | 8% | Too few students by grade |
| | 11th / 12th | . | |

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

| | SU/SD | VT | |
|------------------|-------|-----|------------------|
| Never | 80% | 75% | SU > VT |
| Rarely | 13% | 15% | |
| Sometimes | 5% | 7% | |
| Most of the time | . | 2% | Too few students |
| Always | . | 1% | Too few students |

MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS

| | SU/SD | VT | |
|-------------|-------|----|----------------------------------|
| Overall | . | 3% | Overall Differences: State vs SU |
| Sex | | | |
| Male | . | 3% | Too few students |
| Female | . | 2% | Within SU Differences |
| Grade | | | |
| 9th / 10th | . | 3% | Too few students by sex |
| 11th / 12th | . | 3% | Too few students by grade |

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

| | SU/SD | VT | |
|-------------|-------|----|----------------------------------|
| Overall | 6% | 4% | Overall Differences: State vs SU |
| Sex | | | |
| Male | . | 4% | VT and SU are Similar |
| Female | . | 3% | Within SU Differences |
| Grade | | | |
| 9th / 10th | . | 3% | Too few students by sex |
| 11th / 12th | . | 5% | Too few students by grade |

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

| ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| 0 days | . | 9% | Too few students |
| 1 day | . | 4% | Too few students |
| 2 days | . | 4% | Too few students |
| 3 days | 5% | 6% | |
| 4 days | 6% | 8% | |
| 5 days | 12% | 13% | |
| 6 days | 11% | 12% | |
| 7 days | 60% | 44% | SU > VT |

| ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 89% | 77% | Overall Differences: State vs SU |
| Sex | Male | 97% | 80% | SU > VT |
| | Female | 84% | 75% | Within SU Differences |
| Grade | 9th / 10th | 91% | 82% | Males > Females |
| | 11th / 12th | . | 73% | Too few students by grade |

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

| GRADES EARNED IN SCHOOL | | | |
|--------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Mostly A's | 40% | 46% | VT > SU |
| Mostly B's | 36% | 39% | |
| Mostly C's | 22% | 12% | SU > VT |
| Mostly D's | . | 2% | Too few students |
| Mostly F's | . | 1% | Too few students |

| REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 85% | 80% | Overall Differences: State vs SU |
| Sex | Male | 89% | 80% | SU > VT |
| | Female | 84% | 81% | Within SU Differences |
| Grade | 9th / 10th | 85% | 78% | Too few students by grade |
| | 11th / 12th | . | 82% | |

| BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS | | | |
|--|--------------|-----------|---------|
| | SU/SD | VT | |
| Strongly agree | 21% | 21% | |
| Agree | 51% | 44% | SU > VT |
| Not sure | 18% | 19% | |
| Disagree | 7% | 11% | VT > SU |
| Strongly disagree | 3% | 5% | |

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

| STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 72% | 65% | Overall Differences: State vs SU |
| Sex | Male | 86% | 69% | SU > VT |
| | Female | 56% | 61% | Within SU Differences |
| Grade | 9th / 10th | 71% | 66% | Males > Females |
| | 11th / 12th | . | 64% | Too few students by grade |

| LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM | | | | |
|---|--|--------------|-----------|------------------|
| | | SU/SD | VT | |
| Definitely will not | | . | 5% | Too few students |
| Probably will not | | 4% | 5% | |
| Probably will | | 25% | 22% | |
| Definitely will | | 51% | 57% | VT > SU |
| Not sure | | 17% | 11% | SU > VT |

| PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM | | | | |
|--|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 76% | 79% | Overall Differences: State vs SU |
| Sex | Male | 80% | 75% | VT and SU are Similar |
| | Female | 71% | 83% | Within SU Differences |
| Grade | 9th / 10th | 65% | 76% | Too few students by grade |
| | 11th / 12th | . | 82% | |

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

| HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| 0 hours | 19% | 33% | VT > SU |
| 1 to 4 hours | 32% | 27% | SU > VT |
| 5 to 9 hours | 24% | 17% | SU > VT |
| 10 to 19 hours | 20% | 17% | |
| 20 or more hours | . | 6% | Too few students |

| SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK | | | | |
|---|-------------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 25% | 24% | Overall Differences: State vs SU |
| Sex | Male | 30% | 24% | VT and SU are Similar |
| | Female | 21% | 24% | Within SU Differences |
| Grade | 9th / 10th | 19% | 22% | Too few students by grade |
| | 11th / 12th | . | 25% | |

| MATTER TO PEOPLE IN THEIR COMMUNITY | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Strongly agree | 19% | 19% | |
| Agree | 41% | 41% | |
| Not sure | 31% | 25% | SU > VT |
| Disagree | 6% | 9% | |
| Strongly disagree | . | 5% | Too few students |

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

| STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE | | | |
|---|-------------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 59% | 61% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 61% | 65% |
| | Female | 57% | 57% |
| Within SU Differences | | | |
| Grade | 9th / 10th | 57% | 60% |
| | 11th / 12th | . | 61% |
| Too few students by grade | | | |

MIDDLE SCHOOL RESULTS

RIVENDELL INTERSTATE SD (SU064) REPORT

<http://healthvermont.gov/yrbs.aspx>

SECTION 1: DEMOGRAPHICS

| MIDDLE SCHOOL DEMOGRAPHICS | | |
|----------------------------|-------|-------|
| | SU/SD | VT |
| Overall | 60 | 16701 |

| | | SU/SD | VT |
|------------------|---------------------------|-------|-----|
| Sex | Female | 45% | 48% |
| | Male | 55% | 52% |
| Grade | 6th Grade | . | 24% |
| | 7th Grade | 57% | 39% |
| | 8th Grade | 43% | 37% |
| Race / Ethnicity | People of Color (REM) | 6% | 19% |
| | White, non-Hispanic (WnH) | 94% | 81% |

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

| WERE EVER IN A PHYSICAL FIGHT | | | |
|--------------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 42% | Too few students |

| WERE EVER BULLIED ON SCHOOL PROPERTY | | | |
|---|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 46% | 44% | VT and SU are Similar |

| WERE EVER ELECTRONICALLY BULLIED | | | |
|---|--------------|-----------|---------|
| | SU/SD | VT | |
| Overall | 46% | 24% | SU > VT |

| WERE BULLIED, PAST 30 DAYS | | | |
|-----------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 22% | Too few students |

| BULLIED SOMEONE ELSE, PAST 30 DAYS | | | |
|---|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 11% | 8% | VT and SU are Similar |

| DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 8% | Too few students |

SECTION 2: PERSONAL SAFETY
CAR SAFETY

| SEATBELT USE | | | |
|---------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Never | . | 1% | Too few students |
| Rarely | . | 1% | Too few students |
| Sometimes | . | 3% | Too few students |
| Most of the time | . | 18% | Too few students |
| Always | . | 76% | Too few students |

| RARELY OR NEVER WEAR A SEAT BELT | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 2% | Too few students |

| EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 22% | Too few students |

| EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 9% | Too few students |

SECTION 2: PERSONAL SAFETY
INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

| | SU/SD | VT | |
|--------------------------------|-------|-----|------------------|
| Never wear a helmet | . | 16% | Too few students |
| Rarely wear a helmet | . | 15% | Too few students |
| Sometimes wear a helmet | . | 15% | Too few students |
| Most of the time wear a helmet | . | 25% | Too few students |
| Always wear a helmet | . | 28% | Too few students |

RARELY OR NEVER WEAR A BICYCLE HELMET

| | SU/SD | VT | |
|---------|-------|-----|------------------|
| Overall | . | 31% | Too few students |

HELMET USE WHEN SKIING OR SNOWBOARDING

| | SU/SD | VT | |
|--------------------------------|-------|-----|------------------|
| Never wear a helmet | . | 5% | Too few students |
| Rarely wear a helmet | . | 2% | Too few students |
| Sometimes wear a helmet | . | 2% | Too few students |
| Most of the time wear a helmet | . | 7% | Too few students |
| Always wear a helmet | . | 83% | Too few students |

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

| | SU/SD | VT | |
|---------|-------|----|------------------|
| Overall | . | 7% | Too few students |

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

| HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE | | | |
|---|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 22% | 17% | VT and SU are Similar |

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

| WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 26% | Too few students |

| WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 19% | Too few students |

| SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Never | . | 9% | Too few students |
| Rarely | 16% | 14% | |
| Sometimes | 21% | 27% | VT > SU |
| Most of the time | 39% | 29% | SU > VT |
| Always | 18% | 21% | |

| MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS | | | |
|--|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 56% | 50% | VT and SU are Similar |

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

| WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 30% | Too few students |

SECTION 3: MENTAL HEALTH

| FELT SAD OR HOPELESS, PAST YEAR | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 19% | Too few students |

| EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 18% | Too few students |

| EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 12% | Too few students |

| EVER ATTEMPTED SUICIDE | | | |
|-------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 6% | Too few students |

SECTION 4: SUBSTANCE USE
LIFETIME USE

| EVER SMOKED A WHOLE CIGARETTE | | |
|--------------------------------------|--------------|-----------|
| | SU/SD | VT |
| Overall | . | 7% |
| Too few students | | |

| EVER USED AN ELECTRONIC VAPOR PRODUCT | | |
|--|--------------|-----------|
| | SU/SD | VT |
| Overall | . | 9% |
| Too few students | | |

| EVER USED A FLAVORED TOBACCO PRODUCT | | |
|---|--------------|-----------|
| | SU/SD | VT |
| Overall | . | 5% |
| Too few students | | |

| EVER DRANK ALCOHOL | | |
|---------------------------|--------------|-----------|
| | SU/SD | VT |
| Overall | 19% | 19% |
| VT and SU are Similar | | |

| EVER USED MARIJUANA | | |
|----------------------------|--------------|-----------|
| | SU/SD | VT |
| Overall | . | 7% |
| Too few students | | |

| EVER USED INHALANTS | | |
|----------------------------|--------------|-----------|
| | SU/SD | VT |
| Overall | . | 4% |
| Too few students | | |

SECTION 4: SUBSTANCE USE
 LIFETIME USE

**EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S
 PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO
 USE IT**

| | SU/SD | VT | |
|---------|-------|----|------------------|
| Overall | . | 2% | Too few students |

**EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S
 PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO
 USE IT**

| | SU/SD | VT | |
|---------|-------|----|------------------|
| Overall | . | 2% | Too few students |

SECTION 4: SUBSTANCE USE
CURRENT USE

| USED TOBACCO PRODUCTS, PAST YEAR | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 5% | Too few students |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 5% | Too few students |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 3% | Too few students |

| SMOKED CIGARETTES, PAST 30 DAYS | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 2% | Too few students |

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED

| | SU/SD | VT | |
|-------------------------|-------|-----|------------------|
| Less than 1 cigarette | . | 33% | Too few students |
| 1 cigarette | . | 23% | Too few students |
| 2 to 5 cigarettes | . | 23% | Too few students |
| 6 to 10 cigarettes | . | 6% | Too few students |
| 11 to 20 cigarettes | . | . | Too few students |
| More than 20 cigarettes | . | 14% | Too few students |

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

| | SU/SD | VT | |
|---------|-------|----|------------------|
| Overall | . | 4% | Too few students |

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT

| | SU/SD | VT | |
|---------------------------------------|-------|-----|------------------|
| Friend/family used them | . | 38% | Too few students |
| To try to quit other tobacco products | . | 3% | Too few students |
| Cost less | . | 1% | Too few students |
| Easier to get | . | 1% | Too few students |
| Less harmful | . | 7% | Too few students |
| Available in flavors | . | 13% | Too few students |
| Used for some other reason | . | 36% | Too few students |

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE

| | SU/SD | VT | |
|------------------------------|--------------|-----------|------------------|
| Bought them in a store | . | 3% | Too few students |
| I got them on the Internet | . | 9% | Too few students |
| Someone else bought them | . | 10% | Too few students |
| Borrowed them | . | 44% | Too few students |
| A person 18 or older gave me | . | 9% | Too few students |
| Took them from a store | . | 4% | Too few students |
| Some other way | . | 21% | Too few students |

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE

| | SU/SD | VT | |
|---------------|--------------|-----------|------------------|
| 1 or 2 days | . | 49% | Too few students |
| 3 to 5 days | . | 16% | Too few students |
| 6 to 9 days | . | 10% | Too few students |
| 10 to 19 days | . | 6% | Too few students |
| 20 to 29 days | . | 5% | Too few students |
| All 30 days | . | 15% | Too few students |

SMOKED CIGARS, PAST 30 DAYS

| | SU/SD | VT | |
|---------|--------------|-----------|------------------|
| Overall | . | 1% | Too few students |

SECTION 4: SUBSTANCE USE
CURRENT USE

| USED SMOKELESS TOBACCO, PAST 30 DAYS | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 1% | Too few students |

| TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 36% | Too few students |

| DRANK ALCOHOL, PAST 30 DAYS | | | |
|------------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 7% | Too few students |

| BINGE DRANK, PAST 30 DAYS | | | |
|----------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 2% | Too few students |

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED

| | SU/SD | VT | |
|-------------------|-------|-----|------------------|
| 1 or 2 drinks | . | 63% | Too few students |
| 3 drinks | . | 10% | Too few students |
| 4 drinks | . | 7% | Too few students |
| 5 drinks | . | 6% | Too few students |
| 6 or 7 drinks | . | 4% | Too few students |
| 8 or 9 drinks | . | 2% | Too few students |
| 10 or more drinks | . | 9% | Too few students |

USED MARIJUANA, PAST 30 DAYS

| | SU/SD | VT | |
|---------|-------|----|------------------|
| Overall | . | 4% | Too few students |

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES

| | SU/SD | VT | |
|---------|-------|-----|-----------------------|
| Overall | 92% | 95% | VT and SU are Similar |

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

| | SU/SD | VT | |
|---------|-------|-----|-----------------------|
| Overall | 92% | 89% | VT and SU are Similar |

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA

| | SU/SD | VT | |
|---------|-------|-----|-----------------------|
| Overall | 91% | 90% | VT and SU are Similar |

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

| | SU/SD | VT | |
|---------|-------|-----|---------|
| Overall | 89% | 95% | VT > SU |

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

| | SU/SD | VT | |
|---------|-------|-----|-----------------------|
| Overall | 84% | 85% | VT and SU are Similar |

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA | | | |
|--|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 92% | 92% | VT and SU are Similar |

| THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET | | | |
|---|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 17% | 22% | VT and SU are Similar |

| THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET | | | |
|--|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 34% | 37% | VT and SU are Similar |

| THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 15% | Too few students |

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY | | | |
|---|--------------|-----------|---------|
| | SU/SD | VT | |
| Overall | 56% | 72% | VT > SU |

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 48% | Too few students |

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY | | | |
|---|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 63% | 59% | VT and SU are Similar |

SECTION 5: SEXUAL ACTIVITY

| EVER HAD SEXUAL INTERCOURSE | | | |
|-----------------------------|-------|----|------------------|
| | SU/SD | VT | |
| Overall | . | 5% | Too few students |

| EVER HAD ORAL SEX | | | |
|-------------------|-------|----|------------------|
| | SU/SD | VT | |
| Overall | . | 6% | Too few students |

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK | | | |
|---|-------|-----|------------------|
| | SU/SD | VT | |
| 0 days | 9% | 7% | |
| 1 day | . | 4% | Too few students |
| 2 days | . | 7% | Too few students |
| 3 days | 11% | 10% | |
| 4 days | 24% | 11% | SU > VT |
| 5 days | . | 15% | Too few students |
| 6 days | 7% | 11% | VT > SU |
| 7 days | 36% | 34% | |

| WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS | | | |
|--|-------|-----|-----------------------|
| | SU/SD | VT | |
| Overall | 36% | 34% | VT and SU are Similar |

| WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS | | | |
|--|-------|-----|---------|
| | SU/SD | VT | |
| Overall | 47% | 60% | VT > SU |

| WERE NOT PHYSICALLY ACTIVE PAST WEEK | | | |
|--------------------------------------|-------|----|-----------------------|
| | SU/SD | VT | |
| Overall | 9% | 7% | VT and SU are Similar |

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK

| | SU/SD | VT | |
|--------|-------|-----|------------------|
| 0 days | 24% | 25% | |
| 1 day | 11% | 7% | SU > VT |
| 2 days | . | 8% | Too few students |
| 3 days | . | 8% | Too few students |
| 4 days | 10% | 5% | SU > VT |
| 5 days | 41% | 46% | |

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL

| | SU/SD | VT | |
|---------|-------|-----|-----------------------|
| Overall | 24% | 25% | VT and SU are Similar |

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS

| | SU/SD | VT | |
|--------|-------|-----|------------------|
| 0 days | 87% | 77% | SU > VT |
| 1 day | . | 3% | Too few students |
| 2 days | . | 3% | Too few students |
| 3 days | . | 4% | Too few students |
| 4 days | . | 2% | Too few students |
| 5 days | . | 10% | Too few students |

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY

| | SU/SD | VT | |
|---------|-------|-----|------------------|
| Overall | . | 10% | Too few students |

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| WATCH TELEVISION, TYPICAL SCHOOL DAY | | | |
|--------------------------------------|-------|-----|------------------|
| | SU/SD | VT | |
| No TV on average school day | 24% | 18% | SU > VT |
| Less than 1 hour per day | 23% | 23% | |
| 1 hour per day | 18% | 18% | |
| 2 hours per day | 22% | 20% | |
| 3 hours per day | 9% | 10% | |
| 4 hours per day | . | 4% | Too few students |
| 5 or more hours per day | . | 6% | Too few students |

| WATCHED TV 3+ HOURS PER DAY | | | |
|-----------------------------|-------|-----|---------|
| | SU/SD | VT | |
| Overall | 13% | 20% | VT > SU |

| COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY | | | |
|---|-------|-----|------------------|
| | SU/SD | VT | |
| No playing video/computer game | 12% | 12% | |
| Less than 1 hour per day | 8% | 17% | VT > SU |
| 1 hour per day | 22% | 15% | SU > VT |
| 2 hours per day | . | 18% | Too few students |
| 3 hours per day | 23% | 14% | SU > VT |
| 4 hours per day | 9% | 8% | |
| 5 or more hours per day | 19% | 16% | |

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY | | | |
|---|--------------|-----------|---------|
| | SU/SD | VT | |
| Overall | 51% | 38% | SU > VT |

| BREAKFAST CONSUMPTION, PAST WEEK | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| 0 days | . | 7% | Too few students |
| 1 day | . | 4% | Too few students |
| 2 days | 12% | 7% | SU > VT |
| 3 days | . | 7% | Too few students |
| 4 days | . | 6% | Too few students |
| 5 days | . | 8% | Too few students |
| 6 days | . | 9% | Too few students |
| 7 days | 50% | 52% | |

| DID NOT EAT BREAKFAST, PAST WEEK | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 7% | Too few students |

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| GLASSES OF WATER CONSUMED PER DAY, PAST WEEK | | | |
|--|-------|-----|------------------|
| | SU/SD | VT | |
| Did not drink water | . | 3% | Too few students |
| 1 to 3 times | . | 9% | Too few students |
| 4 to 6 times | 25% | 10% | SU > VT |
| 1 time per day | . | 6% | Too few students |
| 2 times per day | 13% | 16% | |
| 3 times per day | 14% | 19% | VT > SU |
| 4 or more times per day | 40% | 37% | |

| DRANK THREE OR MORE GLASSES PER DAY OF WATER | | | |
|--|-------|-----|-----------------------|
| | SU/SD | VT | |
| Overall | 54% | 56% | VT and SU are Similar |

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

| WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Never | 81% | 77% | |
| Rarely | 11% | 14% | |
| Sometimes | 8% | 7% | |
| Most of the time | . | 1% | Too few students |
| Always | . | 1% | Too few students |

| MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 2% | Too few students |

| BORN OUTSIDE THE U.S. | | | |
|------------------------------|--------------|-----------|------------------|
| | SU/SD | VT | |
| Overall | . | 6% | Too few students |

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

| ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK | | | |
|---|--------------|-----------|------------------|
| | SU/SD | VT | |
| 0 days | . | 5% | Too few students |
| 1 day | . | 2% | Too few students |
| 2 days | . | 2% | Too few students |
| 3 days | . | 3% | Too few students |
| 4 days | . | 4% | Too few students |
| 5 days | 11% | 7% | SU > VT |
| 6 days | 14% | 10% | |
| 7 days | 58% | 66% | VT > SU |

| ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK | | | |
|--|--------------|-----------|-----------------------|
| | SU/SD | VT | |
| Overall | 86% | 88% | VT and SU are Similar |

| BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS | | | |
|--|--------------|-----------|------------------|
| | SU/SD | VT | |
| Strongly agree | 21% | 28% | VT > SU |
| Agree | 45% | 43% | |
| Not sure | 29% | 17% | SU > VT |
| Disagree | . | 8% | Too few students |
| Strongly disagree | . | 5% | Too few students |

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

| | SU/SD | VT | |
|---------|--------------|-----------|-----------------------|
| Overall | 66% | 71% | VT and SU are Similar |

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM

| | SU/SD | VT | |
|---------|--------------|-----------|-----------------------|
| Overall | 76% | 76% | VT and SU are Similar |

GRADES EARNED IN SCHOOL

| | SU/SD | VT | |
|------------|--------------|-----------|------------------|
| Mostly A's | . | 46% | Too few students |
| Mostly B's | . | 38% | Too few students |
| Mostly C's | . | 12% | Too few students |
| Mostly D's | . | 3% | Too few students |
| Mostly F's | . | 1% | Too few students |

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY

| | SU/SD | VT | |
|-------------------|--------------|-----------|------------------|
| Strongly agree | 13% | 27% | VT > SU |
| Agree | 40% | 36% | |
| Not sure | 25% | 24% | |
| Disagree | 14% | 7% | SU > VT |
| Strongly disagree | . | 5% | Too few students |

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL
LIKE THEY MATTER TO PEOPLE**

| | SU/SD | VT | |
|---------|--------------|-----------|---------|
| Overall | 53% | 64% | VT > SU |