2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR ORANGE SOUTHWEST SD (SU028)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

TABLE OF CONTENTS

About the YRBS	4
About the YRBS	4
Using the YRBS Results	5
HICH SCHOOL RESULTS	7
Section 1: Demographics Section 2: Personal Safety	8
Section 2: Personal Safety	9
Section 3: Mental Health	22
Section 4: Substance Use	
Section 5: Sexual Health	56
Section 6: BMI and Weight Perceptions	63
Section 7: Physical Activity and Nutrition	66
Section 8: Social Determinants of Health	74
Section 9: Youth Assets and Other Protective Factors	
MIDDLE SCHOOL RESULTS	
Section 1: Demographics	83
Section 2: Personal Safety	84
Section 3: Mental Health	94
Section 4: Substance Use	
Section 5: Sexual Activity	114
Section 6: Physical Activity and Nutrition	
Section 7: Social Determinants of Health	123
Section 8: Youth Assets and Other Protective Factors	125



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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS

ORANGE SOUTHWEST SD (SU028) REPORT

http://healthvermont.gov/yrbs



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE SOUTHWEST SD (SU028) REPORT HIGH SCHOOL RESULTS

SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	277	27349		

		SU/SD	VT
Sex	Male	52%	51%
	Female	48%	49%
Grade	9th Grade	29%	25%
	10th Grade	25%	25%
	11th Grade	28%	25%
	12th Grade	19%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	83%
	Students of Color (REM)	5%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	81%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	19%	11%



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	W	VERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		24%	17%	Overall Differences: State vs SU
Sex	Male	27%	22%	SU > VT
	Female	19%	11%	Within SU Differences
Grade	Grade 9	30%	21%	Too few students in at least one grade
	Grade 10		18%	
	Grade 11		15%	
	Grade 12		13%	

W	ERE IN A PH	IYSICAL F	IGHT O	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	_	15%	7%	Overall Differences: State vs SU
Sex	Male	16%	9%	SU > VT
	Female	13%	3%	Within SU Differences
Grade	Grade 9	22%	9%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11		6%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	CARRIED A	WEAPON	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall		12%	7%	Overall Differences: State vs SU
Sex	Male	18%	10%	SU > VT
	Female	5%	3%	Within SU Differences
Grade	Grade 9	8%	5%	Males > Females
	Grade 10		6%	Too few students in at least one grade
	Grade 11		8%	
	Grade 12		8%	

WERE T	WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR						
		SU/SD	VT				
Overall	-	5%	5%	Overall Differences: State vs SU			
Sex	Male	6%	6%	VT and SU are Similar			
	Female		3%	Within SU Differences			
Grade	Grade 9		6%	Too few students by sex			
	Grade 10		5%	Too few students in at least one grade			
	Grade 11		4%				
	Grade 12		4%				



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		28%	16%	Overall Differences: State vs SU
Sex	Male	20%	10%	SU > VT
	Female	35%	22%	Within SU Differences
Grade	Grade 9	29%	19%	Females > Males
	Grade 10		16%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		13%	

		WERF	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		20%	16%	Overall Differences: State vs SU
Sex	Male	12%	11%	SU > VT
	Female	27%	20%	Within SU Differences
Grade	Grade 9	31%	21%	Females > Males
	Grade 10		16%	Too few students in at least one grade
	Grade 11		14%	
	Grade 12		12%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		20%	9%	Overall Differences: State vs SU
Sex	Male	21%	10%	SU > VT
	Female	16%	8%	Within SU Differences
Grade	Grade 9	21%	9%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		9%	
	Grade 12		8%	

DID 1	NOT GO TO	SCHOOL 1	BECAUS	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	7%	4%	SU > VT
	Female	9%	6%	Within SU Differences
Grade	Grade 9	7%	5%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		5%	
	Grade 12	•	4%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

WER	RE EVER PH	IYSICALL	Y FORCE	ED TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	_
Overall		10%	6%	Overall Differences: State vs SU
Sex	Male		3%	SU > VT
	Female	16%	9%	Within SU Differences
Grade	Grade 9	7%	5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	

	EXPERIE	ENCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		8%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	8%	15%	Within SU Differences
Grade	Grade 9		10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		4%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female	6%	8%	Within SU Differences
Grade	Grade 9	·	5%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	8%	7%	Overall Differences: State vs SU	
Sex	Male		9%	VT and SU are Similar	
	Female		5%	Within SU Differences	
Grade	Grade 9		5%	Too few students by sex	
	Grade 10		4%	Too few students in at least one grade	
	Grade 11		7%		
	Grade 12		10%		

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAS DAYS				
		SU/SD	VT	
Overall		21%	14%	Overall Differences: State vs SU
Sex	Male	26%	16%	SU > VT
	Female		12%	Within SU Differences
Grade	Grade 9		8%	Too few students by sex
	Grade 10		9%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		21%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE W	RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS				
		SU/SD	VT		
Overall		22%	18%	Overall Differences: State vs SU	
Sex	Male	22%	17%	VT and SU are Similar	
	Female	21%	19%	Within SU Differences	
Grade	Grade 9	27%	17%	Too few students in at least one grade	
	Grade 10		18%		
	Grade 11		18%		
	Grade 12		18%		

RODE	WITH A DR	IVER WHO	O HAD BE	CEN USING MARIJUANA, PAST 30 DAYS
		SU/SD	VT	
Overall		23%	20%	Overall Differences: State vs SU
Sex	Male	27%	20%	VT and SU are Similar
	Female	16%	20%	Within SU Differences
Grade	Grade 9	23%	13%	Too few students in at least one grade
	Grade 10		18%	
	Grade 11		22%	
	Grade 12		28%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS				
		SU/SD	VT	
Overall	_	25%	34%	Overall Differences: State vs SU
Sex	Male		34%	VT > SU
	Female		34%	Within SU Differences
Grade	Grade 9		9%	Too few students by sex
	Grade 10		16%	Too few students in at least one grade
	Grade 11		42%	
	Grade 12		53%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR					
	SU/SD	VT			
Never wore a helmet	18%	11%	SU > VT		
Rarely wore a helmet		3%	Too few students		
Sometimes wore a helmet		3%	Too few students		
Most of the time wore a helmet	10%	9%			
Always wore a helmet	67%	74%			

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR				
		SU/SD	VT	
Overall	_	18%	14%	Overall Differences: State vs SU
Sex	Male		17%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR					
		SU/SD	VT		
Overall	<u> </u>	16%	18%	Overall Differences: State vs SU	
Sex	Male	17%	20%	VT and SU are Similar	
	Female	15%	16%	Within SU Differences	
Grade	Grade 9	24%	20%	Too few students in at least one grade	
	Grade 10		18%		
	Grade 11		17%		
	Grade 12		16%		



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE	ASKED BY	A DOCTO	•	ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	-	56%	54%	Overall Differences: State vs SU
Sex	Male	57%	51%	VT and SU are Similar
	Female	57%	58%	Within SU Differences
Grade	Grade 9	53%	47%	Too few students in at least one grade
	Grade 10		53%	
	Grade 11		58%	
	Grade 12		61%	

MOST	OF THE TI			EE ADS FOR CIGARETTES OR OTHER PRODUCTS
		SU/SD	VT	
Overall		62%	55%	Overall Differences: State vs SU
Sex	Male	59%	53%	SU > VT
	Female	65%	56%	Within SU Differences
Grade	Grade 9	67%	57%	Too few students in at least one grade
	Grade 10		56%	
	Grade 11		54%	
	Grade 12		52%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE	WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
		SU/SD	VT		
Overall	-	27%	23%	Overall Differences: State vs SU	
Sex	Male	33%	23%	VT and SU are Similar	
	Female	20%	23%	Within SU Differences	
Grade	Grade 9	32%	22%	Males > Females	
	Grade 10		23%	Too few students in at least one grade	
	Grade 11		23%		
	Grade 12		24%		

WERE II	N THE SAMI	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		37%	33%	Overall Differences: State vs SU
Sex	Male	46%	33%	VT and SU are Similar
	Female	28%	33%	Within SU Differences
Grade	Grade 9	30%	32%	Males > Females
	Grade 10		33%	Too few students in at least one grade
	Grade 11		33%	
	Grade 12		36%	



SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR					
		SU/SD	VT		
Overall	-	31%	25%	Overall Differences: State vs SU	
Sex	Male	20%	16%	SU > VT	
	Female	43%	35%	Within SU Differences	
Grade	Grade 9	32%	23%	Females > Males	
	Grade 10		26%	Too few students in at least one grade	
	Grade 11		26%		
	Grade 12		26%		

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT		
Overall	_	27%	16%	Overall Differences: State vs SU	
Sex	Male	17%	9%	SU > VT	
	Female	38%	25%	Within SU Differences	
Grade	Grade 9	24%	18%	Females > Males	
	Grade 10		18%	Too few students in at least one grade	
	Grade 11		16%		
	Grade 12		14%		



HIGH SCHOOL RESULTS

SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		15%	11%	Overall Differences: State vs SU
Sex	Male	10%	7%	VT and SU are Similar
	Female	21%	15%	Within SU Differences
Grade	Grade 9	9%	11%	Females > Males
	Grade 10		12%	Too few students in at least one grade
	Grade 11		11%	
	Grade 12		10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		9%	5%	Overall Differences: State vs SU
Sex	Male		4%	SU > VT
	Female	12%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



SECTION 4: SUBSTANCE USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		31%	24%	Overall Differences: State vs SU
Sex	Male	36%	26%	SU > VT
	Female	27%	22%	Within SU Differences
Grade	Grade 9	26%	17%	Too few students in at least one grade
	Grade 10		21%	
	Grade 11		28%	
	Grade 12		31%	

	SMO	KED A CIO	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		7%	8%	Overall Differences: State vs SU
Sex	Male	10%	9%	VT and SU are Similar
	Female	5%	6%	Within SU Differences
Grade	Grade 9	8%	8%	Too few students in at least one grade
	Grade 10		8%	
	Grade 11		8%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		37%	34%	Overall Differences: State vs SU
Sex	Male	39%	37%	VT and SU are Similar
	Female	34%	31%	Within SU Differences
Grade	Grade 9	27%	23%	Too few students in at least one grade
	Grade 10		31%	
	Grade 11		38%	
	Grade 12		44%	

	EVE	R TRIED I	LAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		23%	21%	Overall Differences: State vs SU
Sex	Male	31%	24%	VT and SU are Similar
	Female	14%	17%	Within SU Differences
Grade	Grade 9	20%	12%	Males > Females
	Grade 10		17%	Too few students in at least one grade
	Grade 11		24%	
	Grade 12		30%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		65%	58%	Overall Differences: State vs SU
Sex	Male	69%	57%	SU > VT
	Female	61%	58%	Within SU Differences
Grade	Grade 9	45%	41%	Too few students in at least one grade
	Grade 10		54%	
	Grade 11		65%	
	Grade 12		71%	

	D	RANK AL(COHOL B	SEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	18%	14%	Overall Differences: State vs SU
Sex	Male	20%	16%	SU > VT
	Female	17%	11%	Within SU Differences
Grade	Grade 9	21%	17%	Too few students in at least one grade
	Grade 10		13%	
	Grade 11		13%	
	Grade 12		11%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		42%	37%	Overall Differences: State vs SU
Sex	Male	41%	37%	VT and SU are Similar
	Female	42%	37%	Within SU Differences
Grade	Grade 9	28%	23%	Too few students in at least one grade
	Grade 10		34%	
	Grade 11		42%	
	Grade 12		50%	

	TR	RIED MAR	IJUANA 1	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		11%	6%	Overall Differences: State vs SU
Sex	Male	10%	7%	SU > VT
	Female	10%	5%	Within SU Differences
Grade	Grade 9	7%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		5%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		9%	8%	Overall Differences: State vs SU
Sex	Male	7%	8%	VT and SU are Similar
	Female	10%	7%	Within SU Differences
Grade	Grade 9	·	6%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11		8%	
	Grade 12		9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	_	9%	6%	Overall Differences: State vs SU
Sex	Male	9%	7%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 9	10%	4%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		E	VER USI	ED COCAINE
		SU/SD	VT	
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	5%	5%	VT and SU are Similar
	Female	6%	3%	Within SU Differences
Grade	Grade 9		2%	Too few students in at least one grade
	Grade 10		3%	
	Grade 11		4%	
	Grade 12		6%	

		EV	ER USEI	INHALANTS
		SU/SD	VT	
Overall		11%	6%	Overall Differences: State vs SU
Sex	Male	11%	6%	SU > VT
	Female	10%	6%	Within SU Differences
Grade	Grade 9	11%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		6%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		I	EVER US	ED HEROIN
		SU/SD	VT	_
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	•	1%	Within SU Differences
Grade	Grade 9	·	1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	THAMPHETAMINES
		SU/SD	VT	
Overall	-	3%	2%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



SECTION 4: SUBSTANCE USE

	USED ANY	TOBACC	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		20%	24%	Overall Differences: State vs SU
Sex	Male	26%	28%	VT and SU are Similar
	Female	12%	18%	Within SU Differences
Grade	Grade 9	22%	14%	Males > Females
	Grade 10		20%	Too few students in at least one grade
	Grade 11		26%	
	Grade 12		33%	

SMOF	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT			
Overall	-	18%	19%	Overall Differences: State vs SU		
Sex	Male	25%	23%	VT and SU are Similar		
	Female	11%	14%	Within SU Differences		
Grade	Grade 9	19%	11%	Males > Females		
	Grade 10		16%	Too few students in at least one grade		
	Grade 11		22%			
	Grade 12		28%			



SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	14%	15%	Overall Differences: State vs SU	
Sex	Male	19%	19%	VT and SU are Similar	
	Female	8%	11%	Within SU Differences	
Grade	Grade 9	15%	8%	Males > Females	
	Grade 10		12%	Too few students in at least one grade	
	Grade 11		17%		
	Grade 12		22%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	10%	9%	Overall Differences: State vs SU
Sex	Male	12%	10%	VT and SU are Similar
	Female	8%	8%	Within SU Differences
Grade	Grade 9	10%	5%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11		11%	
	Grade 12		13%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days	•	15%	Too few students			
6 to 9 days	•	10%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days	•	9%	Too few students			
All 30 days	٠	25%	Too few students			

A	MONG CUR	RENT SMO	OKERS: S	SMOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	_	·	25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED					
SU/SD VT					
Less than 1 cigarette		30%	Too few students		
1 cigarette		19%	Too few students		
2 to 5 cigarettes		30%	Too few students		
6 to 10 cigarettes		9%	Too few students		
11 to 20 cigarettes		4%	Too few students		
More than 20 cigarettes		8%	Too few students		

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED						
		SU/SD	VT			
Overall	_		12%	Overall Differences: State vs SU		
Sex	Male		15%	Too few students		
	Female		6%	Within SU Differences		
Grade	Grade 9		12%	Too few students by sex		
	Grade 10		8%	Too few students in at least one grade		
	Grade 11		10%			
	Grade 12		12%			



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		12%	12%	Overall Differences: State vs SU
Sex	Male	19%	14%	VT and SU are Similar
	Female	5%	9%	Within SU Differences
Grade	Grade 9	14%	7%	Males > Females
	Grade 10		10%	Too few students in at least one grade
	Grade 11		13%	
	Grade 12		17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT				
Friend/family used them	39%	35%				
To try to quit other tobacco		5%	Too few students			
Cost less than other tobacco		1%	Too few students			
Easier to get than other tobacco		1%	Too few students			
Less harmful than other tobacco	9%	8%				
Available in flavors	19%	17%				
Used for some other reason	27%	33%				



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
SU/SD VT						
1 or 2 days		37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days	•	11%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days	•	7%	Too few students			
All 30 days		15%	Too few students			

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS							
		SU/SD	VT				
Overall	_		33%	Overall Differences: State vs SU			
Sex	Male		37%	Too few students			
	Female		26%	Within SU Differences			
Grade	Grade 9		29%	Too few students by sex			
	Grade 10		36%	Too few students in at least one grade			
	Grade 11		31%				
	Grade 12		34%				



AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18						
	SU/SD	VT				
Bought them in a store		8%	Too few students			
I got them on the Internet		10%	Too few students			
Someone else bought them	•	14%	Too few students			
Borrowed them		38%	Too few students			
A person 18 or older gave me		11%	Too few students			
Took them from a store		2%	Too few students			
Some other way		18%	Too few students			

	US	ED SMOKI	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall	_	5%	5%	Overall Differences: State vs SU
Sex	Male	9%	8%	VT and SU are Similar
	Female	•	2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SMOKED CIGARS, CIGARILLOS,				OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	_
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male	11%	13%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		15%	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR					
		SU/SD	VT			
Overall			33%	Overall Differences: State vs SU		
Sex	Male		30%	Too few students		
	Female		37%	Within SU Differences		
Grade	Grade 9		33%	Too few students by sex		
	Grade 10		35%	Too few students in at least one grade		
	Grade 11		32%			
	Grade 12		32%			



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		38%	33%	Overall Differences: State vs SU
Sex	Male	45%	32%	VT and SU are Similar
	Female	32%	34%	Within SU Differences
Grade	Grade 9	27%	20%	Too few students in at least one grade
	Grade 10		30%	
	Grade 11		36%	
	Grade 12		46%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		14%	17%	Overall Differences: State vs SU
Sex	Male	16%	17%	VT and SU are Similar
	Female	11%	17%	Within SU Differences
Grade	Grade 9	14%	8%	Too few students in at least one grade
	Grade 10		14%	
	Grade 11		19%	
	Grade 12		27%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING						
	SU/SD	VT				
1 or 2 days	46%	49%				
3 to 5 days	26%	26%				
6 to 9 days	20%	13%	SU > VT			
10 to 19 days	•	7%	Too few students			
20 to 29 days	•	2%	Too few students			
All 30 days	•	3%	Too few students			

	AMC	NG CURR	ENT USE	CRS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall	_	7%	12%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	Grade 9	·	11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
SU/SD VT						
1 or 2 drinks	•	35%	Too few students			
3 drinks		6%	Too few students			
4 drinks		8%	Too few students			
5 drinks		13%	Too few students			
6 or 7 drinks		15%	Too few students			
8 or 9 drinks		8%	Too few students			
10 or more drinks	•	14%	Too few students			

	AMONG CU	RRENT US	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall			57%	Overall Differences: State vs SU
Sex	Male		59%	Too few students
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMON	RS: ALCOHOL SOURCE		
	SU/SD	VT	
Bought in store		3%	Too few students
Bought in restaurant		2%	Too few students
Bought at public event		0%	Too few students
I gave someone money to buy	12%	23%	VT > SU
Someone gave it to me	44%	40%	
Took from store/family	15%	12%	
Some other way	25%	20%	

		USED M	1ARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		30%	24%	Overall Differences: State vs SU
Sex	Male	33%	24%	SU > VT
	Female	28%	23%	Within SU Differences
Grade	Grade 9	23%	15%	Too few students in at least one grade
	Grade 10		22%	
	Grade 11		25%	
	Grade 12		32%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE						
	SU/SD	VT				
1 or 2 times	22%	34%	VT > SU			
3 to 9 times	25%	25%				
10 to 19 times	19%	12%	SU > VT			
20 to 39 times		10%	Too few students			
40 or more times	26%	20%				

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall		54%	41%	Overall Differences: State vs SU
Sex	Male		47%	SU > VT
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED				
	SU/SD	VT		
Smoked it	•	91%	Too few students	
Ate in food	•	4%	Too few students	
Drank in tea or other drink	•	1%	Too few students	
Vaporized	•	2%	Too few students	
Some other way	•	2%	Too few students	

	MISU	SED A PR	ESCRIP 1	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	7%	5%	Within SU Differences
Grade	Grade 9	10%	4%	Too few students in at least one grade
	Grade 10	•	5%	
	Grade 11	•	5%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SUBSTANCE USE ON SCHOOL PROPERTY

WERE	OFFERED,	SOLD, OR		AN ILLEGAL DRUG AT SCHOOL, PAST EAR
		SU/SD	VT	
Overall	-	33%	15%	Overall Differences: State vs SU
Sex	Male	40%	17%	SU > VT
	Female	27%	13%	Within SU Differences
Grade	Grade 9	21%	14%	Too few students in at least one grade
	Grade 10		16%	
	Grade 11		16%	
	Grade 12		14%	

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHO PAST YEAR				
		SU/SD	VT	
Overall		20%	13%	Overall Differences: State vs SU
Sex	Male	23%	14%	SU > VT
	Female	16%	12%	Within SU Differences
Grade	Grade 9	11%	9%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11		14%	
	Grade 12		18%	



PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 17% 25% VT > SUSex Male 16% 25% Female 17% 24% Within SU Differences Grade Grade 9 27% 32% Too few students in at least one grade Grade 10 26% Grade 11 21% Grade 12 20%

THIN	NK IT IS WR	ONG FOR SOMEONE THEIR AGE TO		
		SU/SD	VT	
Overall		80%	84%	Overall Differences: State vs SU
Sex	Male	77%	82%	VT and SU are Similar
	Female	84%	86%	Within SU Differences
Grade	Grade 9	84%	90%	Too few students in at least one grade
	Grade 10		88%	
	Grade 11		83%	
	Grade 12		75%	



THIN	NK IT IS WR	ONG OR V	ONG FOR SOMEONE THEIR AGE TO ALCOHOL	
		SU/SD	VT	
Overall	<u> </u>	56%	54%	Overall Differences: State vs SU
Sex	Male	49%	55%	VT and SU are Similar
	Female	63%	54%	Within SU Differences
Grade	Grade 9	73%	71%	Too few students in at least one grade
	Grade 10		59%	
	Grade 11		48%	
	Grade 12		39%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall		52%	55%	Overall Differences: State vs SU
Sex	Male	48%	56%	VT and SU are Similar
	Female	56%	55%	Within SU Differences
Grade	Grade 9	71%	69%	Too few students in at least one grade
	Grade 10		60%	
	Grade 11		51%	
	Grade 12		42%	



THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	_	90%	91%	Overall Differences: State vs SU	
Sex	Male	94%	90%	VT and SU are Similar	
	Female	85%	93%	Within SU Differences	
Grade	Grade 9	96%	94%	Too few students in at least one grade	
	Grade 10		94%		
	Grade 11		91%		
	Grade 12		87%		

THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL				
		SU/SD	VT		
Overall		63%	66%	Overall Differences: State vs SU	
Sex	Male	61%	64%	VT and SU are Similar	
	Female	65%	67%	Within SU Differences	
Grade	Grade 9	81%	78%	Too few students in at least one grade	
	Grade 10		71%		
	Grade 11		63%		
	Grade 12		50%		



THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall	-	73%	76%	Overall Differences: State vs SU	
Sex	Male	68%	75%	VT and SU are Similar	
	Female	79%	77%	Within SU Differences	
Grade	Grade 9	88%	83%	Too few students in at least one grade	
	Grade 10		79%		
	Grade 11		75%		
	Grade 12		69%		

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	5%	5%	
Slight risk	11%	9%	
Moderate risk	19%	18%	
Great risk	65%	68%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY								
		SU/SD	VT					
Overall	-	65%	68%	Overall Differences: State vs SU				
Sex	Male	63%	66%	VT and SU are Similar				
	Female	68%	70%	Within SU Differences				
Grade	Grade 9	66%	64%	Too few students in at least one grade				
	Grade 10		68%					
	Grade 11		68%					
	Grade 12		72%					

PERCEIVE	ED RISK O	F HARM	FROM BINGE DRINKING EACH WEEK
	SU/SD	VT	
No risk	7%	6%	
Slight risk	23%	19%	
Moderate risk	41%	39%	
Great risk	30%	36%	VT > SU



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

				RMING THEMSELVES IF THEY HAVE OL ONCE OR TWICE EACH WEEKEND
		SU/SD	VT	
Overall	-	30%	36%	Overall Differences: State vs SU
Sex	Male	26%	32%	VT > SU
	Female	35%	41%	Within SU Differences
Grade	Grade 9	45%	38%	Too few students in at least one grade
	Grade 10		39%	
	Grade 11		35%	
	Grade 12		32%	

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE						
	SU/SD	VT				
No risk	25%	21%				
Slight risk	28%	29%				
Moderate risk	26%	26%				
Great risk	22%	24%				



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	ARMING THEMSELVES IF THEY USE A REGULARLY			
		SU/SD	VT	
Overall	<u> </u>	22%	24%	Overall Differences: State vs SU
Sex	Male	16%	21%	VT and SU are Similar
	Female	27%	28%	Within SU Differences
Grade	Grade 9	28%	32%	Too few students in at least one grade
	Grade 10		26%	
	Grade 11		22%	
	Grade 12		18%	

PERCEIVED ACCESS TO CIGARETTES						
	SU/SD	VT				
Very hard	15%	24%	VT > SU			
Sort of hard	20%	21%				
Sort of easy	28%	22%	SU > VT			
Very easy	37%	32%				



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE SOUTHWEST SD (SU028) REPORT HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET							
		SU/SD	VT				
Overall		65%	55%	Overall Differences: State vs SU			
Sex	Male	65%	57%	SU > VT			
	Female	65%	52%	Within SU Differences			
Grade	Grade 9	44%	38%	Too few students in at least one grade			
	Grade 10		48%				
	Grade 11		57%				
	Grade 12		75%				

PERCEIVED ACCESS TO ALCOHOL					
	SU/SD	VT			
Very hard	12%	15%			
Sort of hard	16%	18%			
Sort of easy	22%	31%			
Very easy	50%	37%			



SAY II	F THEY WA			T WOULD BE SORT OF EASY OR VERY THEM TO GET
		SU/SD	VT	
Overall	-	72%	68%	Overall Differences: State vs SU
Sex	Male	73%	67%	VT and SU are Similar
	Female	71%	69%	Within SU Differences
Grade	Grade 9	54%	58%	Too few students in at least one grade
	Grade 10		67%	
	Grade 11		72%	
	Grade 12		74%	

PERCEIVED ACCESS TO MARIJUANA					
	SU/SD	VT			
Very hard	21%	27%	VT > SU		
Sort of hard	11%	15%	VT > SU		
Sort of easy	23%	22%			
Very easy	45%	37%	SU > VT		



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY EASY FOR THEM TO GET							
		SU/SD	VT				
Overall	-	68%	58%	Overall Differences: State vs SU			
Sex	Male	70%	59%	SU > VT			
	Female	66%	57%	Within SU Differences			
Grade	Grade 9	55%	43%	Too few students in at least one grade			
	Grade 10		56%				
	Grade 11		65%				
	Grade 12		69%				



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

I	LIFETIME	SEXUAL	CONTACTS: MALES
	SU/SD	VT	
Never had sexual contact	33%	42%	VT > SU
Females	58%	54%	
Males	9%	2%	SU > VT
Females and males		2%	Too few students

LI	FETIME S	EXUAL (CONTACTS: FEMALES
	SU/SD	VT	
Never had sexual contact	43%	43%	
Females		2%	Too few students
Males	36%	48%	VT > SU
Females and males	21%	7%	SU > VT

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		42%	40%	Overall Differences: State vs SU
Sex	Male	40%	40%	VT and SU are Similar
	Female	46%	40%	Within SU Differences
Grade	Grade 9	19%	19%	Too few students in at least one grade
	Grade 10		33%	
	Grade 11		48%	
	Grade 12		61%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		16%	

		E	EVER HAI	O ORAL SEX
		SU/SD	VT	
Overall		45%	42%	Overall Differences: State vs SU
Sex	Male	44%	42%	VT and SU are Similar
	Female	48%	42%	Within SU Differences
Grade	Grade 9	23%	23%	Too few students in at least one grade
	Grade 10		37%	
	Grade 11		49%	
	Grade 12		60%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

WEI	RE EVER TE	STED FOR	R HUMAN	IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	_
Overall		11%	10%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	13%	12%	Within SU Differences
Grade	Grade 9	11%	7%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		12%	
	Grade 12		14%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	HAD SEXU	AL INTER	COURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		33%	31%	Overall Differences: State vs SU
Sex	Male	28%	29%	VT and SU are Similar
	Female	39%	32%	Within SU Differences
Grade	Grade 9	19%	13%	Too few students in at least one grade
	Grade 10		24%	
	Grade 11		37%	
	Grade 12		48%	

USF				R TO LAST INTERCOURSE, AMONG LLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		16%	20%	Overall Differences: State vs SU
Sex	Male		22%	VT and SU are Similar
	Female	٠	17%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		22%	Too few students in at least one grade
	Grade 11		18%	
	Grade 12		19%	



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT No method was used 7% Too few students Birth control pills 32% Too few students Condoms 35% Too few students IUD or implant Too few students 13% Shot/patch/birth control ring 5% Too few students Withdrawal/other method 5% Too few students Not sure 2% Too few students

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT Overall 50% Overall Differences: State vs SU Sex Male 40% Too few students 60% Female Within SU Differences Grade Grade 9 29% Too few students by sex Grade 10 44% Too few students in at least one grade Grade 11 51% Grade 12 59%



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		59%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD $\mathbf{V}\mathbf{T}$ Overall 19% Overall Differences: State vs SU Sex Male 15% Too few students 22% Within SU Differences Female Grade Grade 9 12% Too few students by sex Grade 10 19% Too few students in at least one grade Grade 11 20% Grade 12 20%



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE SOUTHWEST SD (SU028) REPORT HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG **CURRENTLY SEXUALLY ACTIVE STUDENTS** VT SU/SD Overall 7% Overall Differences: State vs SU Sex Male Too few students 8% 7% Female Within SU Differences Grade Grade 9 12% Too few students by sex Grade 10 9% Too few students in at least one grade Grade 11 6% Grade 12 6%



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERV	WEIGHT (BN	MI BETWE		95th AND <95th PERCENTILES FOR AGE SEX)
		SU/SD	VT	
Overall	-	14%	14%	Overall Differences: State vs SU
Sex	Male	11%	14%	VT and SU are Similar
	Female	17%	15%	Within SU Differences
Grade	Grade 9	20%	14%	Too few students in at least one grade
	Grade 10		15%	
	Grade 11		14%	
	Grade 12		13%	

	OBESE	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		13%	13%	Overall Differences: State vs SU
Sex	Male	9%	15%	VT and SU are Similar
	Female	18%	10%	Within SU Differences
Grade	Grade 9	16%	12%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11		14%	
	Grade 12		13%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCI	EPTIONS	OF OWN WEIGH
	SU/SD	VT	
Very underweight		2%	Too few students
Slightly underweight	14%	12%	
About the right weight	51%	56%	
Slightly overweight	26%	25%	
Very overweight	7%	5%	

DF	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall	-	33%	30%	Overall Differences: State vs SU
Sex	Male	22%	25%	VT and SU are Similar
	Female	45%	36%	Within SU Differences
Grade	Grade 9	45%	29%	Females > Males
	Grade 10		30%	Too few students in at least one grade
	Grade 11		30%	
	Grade 12		33%	

WHA	WHAT ONE IS TRYING			
	SU/SD	VT		
Lose weight	46%	42%		
Gain weight	13%	15%		
Stay the same weight	17%	18%		
Not trying to do anything	24%	25%		



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE SOUTHWEST SD (SU028) REPORT HIGH SCHOOL RESULTS

SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE 7	TRYING T	TO LOSE WEIGHT
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	32%	28%	VT and SU are Similar
	Female	62%	57%	Within SU Differences
Grade	Grade 9	60%	41%	Females > Males
	Grade 10		42%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		44%	



PHYSICAL ACTIVITY

	DAYS PH	YSICALI
	SU/SD	VT
0 days	14%	13%
1 day	7%	7%
2 days	6%	9%
3 days	9%	12%
4 days	14%	11%
5 days	13%	14%
6 days	8%	10%
7 days	28%	25%

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	-	28%	25%	Overall Differences: State vs SU
Sex	Male	42%	33%	VT and SU are Similar
	Female	13%	17%	Within SU Differences
Grade	Grade 9	29%	27%	Males > Females
	Grade 10		27%	Too few students in at least one grade
	Grade 11		24%	
	Grade 12		23%	



PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	49%	49%	Overall Differences: State vs SU		
Sex	Male	57%	56%	VT and SU are Similar		
	Female	37%	42%	Within SU Differences		
Grade	Grade 9	58%	53%	Males > Females		
	Grade 10		50%	Too few students in at least one grade		
	Grade 11		47%			
	Grade 12		47%			

DID NO	OT PARTICI	60 MINUTES OF PHYSICAL ACTIVITY DAY, PAST WEEK		
		SU/SD	VT	
Overall		14%	13%	Overall Differences: State vs SU
Sex	Male	14%	11%	VT and SU are Similar
	Female	15%	14%	Within SU Differences
Grade	Grade 9	12%	10%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11		14%	
	Grade 12		15%	



PHYSICAL ACTIVITY

TV, VIDEO OR (COMPUTE	R GAME	S, OR COMPUTER USE, PAST WEEK
	SU/SD	VT	
Do not watch TV	2%	3%	
Less than 1 hour per day	7%	8%	
1 hour per day	12%	12%	
2 hours per day	19%	23%	
3 hours per day	19%	21%	
4 hours per day	15%	13%	
5 or more hours per day	26%	19%	SU > VT

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK						
		SU/SD	VT			
Overall	-	60%	53%	Overall Differences: State vs SU		
Sex	Male	51%	53%	SU > VT		
	Female	68%	52%	Within SU Differences		
Grade	Grade 9	55%	53%	Females > Males		
	Grade 10		53%	Too few students in at least one grade		
	Grade 11		51%			
	Grade 12		53%			



ATE FR	ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK						
		SU/SD	VT				
Overall	-	27%	33%	Overall Differences: State vs SU			
Sex	Male	24%	32%	VT > SU			
	Female	27%	33%	Within SU Differences			
Grade	Grade 9	29%	33%	Too few students in at least one grade			
	Grade 10		33%				
	Grade 11		32%				
	Grade 12		32%				

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		21%	18%	Overall Differences: State vs SU
Sex	Male	26%	18%	VT and SU are Similar
	Female	15%	18%	Within SU Differences
Grade	Grade 9	23%	17%	Too few students in at least one grade
	Grade 10		18%	
	Grade 11		17%	
	Grade 12		19%	



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	SODA CO	ΓΙΟΝ, PAST WEEK	
	SU/SD	VT	
Did not drink soda or pop	31%	37%	VT > SU
1 to 3 times	40%	40%	
4 to 6 times	15%	12%	
1 time per day	6%	4%	
2 times per day	3%	3%	
3 times per day		1%	Too few students
4 or more times per day	5%	3%	

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall		14%	11%	Overall Differences: State vs SU
Sex	Male	16%	16%	VT and SU are Similar
	Female	9%	6%	Within SU Differences
Grade	Grade 9	16%	11%	Too few students in at least one grade
	Grade 10		11%	
	Grade 11		11%	
	Grade 12		12%	



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink sugar-sweetened	30%	28%	
1 to 3 times	43%	44%	
4 to 6 times	14%	15%	
1 time per day	4%	6%	
2 times per day	5%	3%	
3 times per day		1%	Too few students
4 or more times per day	3%	2%	

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall	-	13%	12%	Overall Differences: State vs SU
Sex	Male	17%	15%	VT and SU are Similar
	Female	8%	9%	Within SU Differences
Grade	Grade 9	19%	12%	Males > Females
	Grade 10		12%	Too few students in at least one grade
	Grade 11		13%	
	Grade 12		13%	



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

WATER CONSUMI			PTION, PA
	SU/SD	VT	
Did not drink water	3%	4%	
1 to 3 times	9%	9%	
4 to 6 times	13%	11%	
1 time per day	5%	9%	VT > SU
2 times per day	18%	16%	
3 times per day	18%	19%	
4 or more times per day	34%	33%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK				
		SU/SD	VT	
Overall	_	52%	52%	Overall Differences: State vs SU
Sex	Male	50%	51%	VT and SU are Similar
	Female	53%	53%	Within SU Differences
Grade	Grade 9	45%	50%	Too few students in at least one grade
	Grade 10		53%	
	Grade 11		51%	
	Grade 12		55%	



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BREAKFAST (
	SU/SD	VT		
0 days	12%	11%		
1 day	4%	6%		
2 days	11%	9%		
3 days	9%	10%		
4 days	5%	8%		
5 days	7%	9%		
6 days	8%	7%		
7 days	44%	40%		

]	DID NOT E	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	11%	11%	VT and SU are Similar
	Female	13%	10%	Within SU Differences
Grade	Grade 9	13%	10%	Too few students in at least one grade
	Grade 10		11%	
	Grade 11		10%	
	Grade 12		11%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS								
	SU/SD	VT						
Never	68%	75%	VT > SU					
Rarely	23%	15%	SU > VT					
Sometimes	7%	7%						
Most of the time		2%	Too few students					
Always		1%	Too few students					

]	MOST OF TH	E TIME O	R ALWA	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		2%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		5%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	8%	9%					
1 day	4%	4%					
2 days	5%	4%					
3 days	3%	6%	VT > SU				
4 days	8%	8%					
5 days	13%	13%					
6 days	6%	12%	VT > SU				
7 days	52%	44%	SU > VT				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK SU/SD VT Overall 79% 77% Overall Differences: State vs SU 90% 80% VT and SU are Similar Sex Male Female 68% 75% Within SU Differences Grade Grade 9 87% 83% Males > Females Grade 10 81% Too few students in at least one grade Grade 11 76% Grade 12 71%



GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	29%	46%	VT > SU			
Mostly B's	43%	39%				
Mostly C's	22%	12%	SU > VT			
Mostly D's	4%	2%	SU > VT			
Mostly F's		1%	Too few students			

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 85% 80% Overall Differences: State vs SU Sex Male 87% 80% SU > VT85% 81% Within SU Differences Female Grade Grade 9 90% 78% Too few students in at least one grade Grade 10 79% Grade 11 82% 83% Grade 12



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	11%	21%	VT > SU				
Agree	29%	44%	VT > SU				
Not sure	28%	19%	SU > VT				
Disagree	21%	11%	SU > VT				
Strongly disagree	11%	5%	SU > VT				

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR SU/SD VT Overall 40% 65% Overall Differences: State vs SU Male VT > SUSex 47% 69% Female 35% 61% Within SU Differences Grade Grade 9 41% 67% Too few students in at least one grade Grade 10 65% Grade 11 64% Grade 12 63%



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM						
	SU/SD	VT				
Definitely will not	4%	5%				
Probably will not	7%	5%				
Probably will	28%	22%	SU > VT			
Definitely will	45%	57%	VT > SU			
Not sure	15%	11%	SU > VT			

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT				
Overall		73%	79%	Overall Differences: State vs SU			
Sex	Male	80%	75%	VT > SU			
	Female	69%	83%	Within SU Differences			
Grade	Grade 9	80%	74%	Too few students in at least one grade			
	Grade 10		77%				
	Grade 11		81%				
	Grade 12		83%				



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	36%	33%				
1 to 4 hours	21%	27%	VT > SU			
5 to 9 hours	19%	17%				
10 to 19 hours	16%	17%				
20 or more hours	7%	6%				

SPEND 1	10 OR MORI	PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK		
		SU/SD	VT	
Overall	_	24%	24%	Overall Differences: State vs SU
Sex	Male	24%	24%	VT and SU are Similar
	Female	22%	24%	Within SU Differences
Grade	Grade 9	27%	21%	Too few students in at least one grade
	Grade 10		23%	
	Grade 11		24%	
	Grade 12		26%	



MATTER TO PEOPLE IN THEIR COMMUNITY				
	SU/SD	VT		
Strongly agree	11%	19%	VT > SU	
Agree	35%	41%	VT > SU	
Not sure	25%	25%		
Disagree	13%	9%	SU > VT	
Strongly disagree	16%	5%	SU > VT	

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 46% 61% Overall Differences: State vs SU Sex Male 50% 65% VT > SUFemale 43% 57% Within SU Differences Grade Grade 9 49% 61% Too few students in at least one grade Grade 10 60% Grade 11 60% 62% Grade 12



MIDDLE SCHOOL RESULTS ORANGE SOUTHWEST SD (SU028) REPORT http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	121	16701		

		SU/SD	VT
Sex	Male	54%	52%
	Female	46%	48%
	6th Grade		24%
	7th Grade	51%	39%
	8th Grade	49%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	93%	81%
	Students of Color (REM)	7%	19%
Sexual Orientation	Heterosexual (Het)	85%	93%
	Lesbian, Gay, or Bisexual (LGB)	15%	7%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		45%	42%	Overall Differences: State vs SU
Sex	Male		56%	VT and SU are Similar
	Female	37%	27%	Within SU Differences
Grade	Grade 6		40%	Too few students by sex
	Grade 7	44%	43%	Too few students in at least one grade
	Grade 8		43%	

	WE	RE EVER I	BULLIED	ON SCHOOL PROPERTY
		SU/SD	VT	
Overall		54%	44%	Overall Differences: State vs SU
Sex	Male	46%	39%	SU > VT
	Female	65%	50%	Within SU Differences
Grade	Grade 6		44%	Females > Males
	Grade 7	56%	45%	Too few students in at least one grade
	Grade 8		44%	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	W	ERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		34%	24%	Overall Differences: State vs SU
Sex	Male	23%	16%	SU > VT
	Female	47%	33%	Within SU Differences
Grade	Grade 6		18%	Females > Males
	Grade 7	41%	24%	Too few students in at least one grade
	Grade 8		28%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		31%	22%	Overall Differences: State vs SU
Sex	Male	21%	17%	SU > VT
	Female		26%	Within SU Differences
Grade	Grade 6		22%	Too few students by sex
	Grade 7	33%	22%	Too few students in at least one grade
	Grade 8		21%	



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	I	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		10%	8%	Overall Differences: State vs SU
Sex	Male	11%	8%	VT and SU are Similar
	Female		8%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8		9%	

DID NO	DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS						
		SU/SD	VT				
Overall	-	7%	8%	Overall Differences: State vs SU			
Sex	Male		7%	VT and SU are Similar			
	Female		10%	Within SU Differences			
Grade	Grade 6		8%	Too few students by sex			
	Grade 7		8%	Too few students in at least one grade			
	Grade 8		9%				



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

CAR SAFETY

		SEA	ATBELT USE
	SU/SD	VT	
Never	•	1%	Too few students
Rarely		1%	Too few students
Sometimes		3%	Too few students
Most of the time	20%	18%	
Always	78%	76%	

]	RARELY O	R NEVEI	R WEAR A SEAT BELT
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
_	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

CAR SAFETY

EVE	ER RODE W	TTH A DRI	VER WH	O HAD BEEN DRINKING ALCOHOL
		SU/SD	VT	
Overall		34%	22%	Overall Differences: State vs SU
Sex	Male	33%	20%	SU > VT
	Female	36%	24%	Within SU Differences
Grade	Grade 6		15%	Too few students in at least one grade
	Grade 7	33%	21%	
	Grade 8		27%	

EV	ER RODE V	WITH A DI	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	17%	10%	Within SU Differences
Grade	Grade 6		5%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8		12%	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

неі	HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT				
Never wear a helmet	16%	16%				
Rarely wear a helmet	25%	15%	SU > VT			
Sometimes wear a helmet	14%	15%				
Most of the time wear a helmet	23%	25%				
Always wear a helmet	22%	28%	VT > SU			

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall	-	40%	31%	Overall Differences: State vs SU
Sex	Male		33%	SU > VT
	Female		29%	Within SU Differences
Grade	Grade 6		24%	Too few students by sex
	Grade 7	38%	30%	Too few students in at least one grade
	Grade 8		37%	

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet		5%	Too few students			
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet		2%	Too few students			
Most of the time wear a helmet		7%	Too few students			
Always wear a helmet		83%	Too few students			



SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

RAREL	Y OR NEVI	ER WEAR A	A HELMI	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	_
Overall			7%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		7%	
	Grade 7		8%	
	Grade 8		7%	

HAD	HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE				
		SU/SD	VT		
Overall	-	16%	17%	Overall Differences: State vs SU	
Sex	Male		19%	VT and SU are Similar	
	Female	19%	16%	Within SU Differences	
Grade	Grade 6		17%	Too few students by sex	
	Grade 7	21%	17%	Too few students in at least one grade	
	Grade 8		18%		



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WI	WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
		SU/SD	VT				
Overall	-	34%	26%	Overall Differences: State vs SU			
Sex	Male		25%	SU > VT			
	Female		27%	Within SU Differences			
Grade	Grade 6		21%	Too few students by sex			
	Grade 7		27%	Too few students in at least one grade			
	Grade 8		29%				

V	WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
		SU/SD	VT				
Overall	_	21%	19%	Overall Differences: State vs SU			
Sex	Male	20%	17%	VT and SU are Similar			
	Female	21%	20%	Within SU Differences			
Grade	Grade 6		15%	Too few students in at least one grade			
	Grade 7	22%	19%				
	Grade 8		20%				



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE					
SU/SD VT					
Never	9%	9%			
Rarely	7%	14%	VT > SU		
Sometimes	25%	27%			
Most of the time	31%	29%			
Always	27%	21%	SU > VT		

MOST	MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT			
Overall	_	58%	50%	Overall Differences: State vs SU		
Sex	Male	57%	51%	SU > VT		
	Female	57%	49%	Within SU Differences		
Grade	Grade 6		42%	Too few students in at least one grade		
	Grade 7	58%	50%			
	Grade 8		56%			



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE A	WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT			
Overall	_	30%	30%	Overall Differences: State vs SU		
Sex	Male		30%	VT and SU are Similar		
	Female		31%	Within SU Differences		
Grade	Grade 6		18%	Too few students by sex		
	Grade 7		29%	Too few students in at least one grade		
	Grade 8		40%			



SECTION 3: MENTAL HEALTH

		FELT SAI	D OR HOL	PELESS, PAST YEAR
		SU/SD	VT	
Overall		21%	19%	Overall Differences: State vs SU
Sex	Male		12%	VT and SU are Similar
	Female		26%	Within SU Differences
Grade	Grade 6		16%	Too few students by sex
	Grade 7	20%	18%	Too few students in at least one grade
	Grade 8		22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	25%	18%	Overall Differences: State vs SU
Sex	Male	21%	12%	SU > VT
	Female	29%	23%	Within SU Differences
Grade	Grade 6		13%	Too few students in at least one grade
	Grade 7	18%	17%	
	Grade 8		22%	



SECTION 3: MENTAL HEALTH

EVE	CR MADE A	PLAN ABO	OUT HOW	THEY WOULD KILL THEMSELVES
		SU/SD	VT	
Overall		20%	12%	Overall Differences: State vs SU
Sex	Male	16%	8%	SU > VT
	Female	24%	16%	Within SU Differences
Grade	Grade 6		7%	Too few students in at least one grade
	Grade 7	14%	11%	
	Grade 8		16%	

		EVE	R ATTEM	IPTED SUICIDE
		SU/SD	VT	_
Overall		13%	6%	Overall Differences: State vs SU
Sex	Male		3%	SU > VT
	Female		8%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		8%	



SECTION 4: SUBSTANCE USE

		EVER SMO	OKED A	WHOLE CIGARETTE
		SU/SD	VT	
Overall		16%	7%	Overall Differences: State vs SU
Sex	Male	16%	7%	SU > VT
	Female	16%	7%	Within SU Differences
Grade	Grade 6		4%	Too few students in at least one grade
	Grade 7	8%	7%	
	Grade 8		10%	

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall	_	18%	9%	Overall Differences: State vs SU
Sex	Male	17%	9%	SU > VT
	Female	19%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students in at least one grade
	Grade 7	6%	8%	
	Grade 8		14%	



SECTION 4: SUBSTANCE USE

	EVE	ER USED A	FLAVOR	RED TOBACCO PRODUCT
		SU/SD	VT	_
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male		5%	SU > VT
	Female	9%	5%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		34%	19%	Overall Differences: State vs SU
Sex	Male		20%	SU > VT
	Female	37%	17%	Within SU Differences
Grade	Grade 6		10%	Too few students by sex
	Grade 7	27%	17%	Too few students in at least one grade
	Grade 8		26%	



SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		14%	7%	Overall Differences: State vs SU
Sex	Male	11%	7%	SU > VT
	Female	18%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7		6%	
	Grade 8		11%	

		EV	ER USEI) INHALANTS
		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female		4%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		5%	



SECTION 4: SUBSTANCE USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT					
		SU/SD	VT		
Overall	-		2%	Overall Differences: State vs SU	
Sex	Male		2%	Too few students	
	Female		3%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		2%	Too few students in at least one grade	
	Grade 8		3%		

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT					
		SU/SD	VT		
Overall		·	2%	Overall Differences: State vs SU	
Sex	Male		2%	Too few students	
	Female		2%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		2%	Too few students in at least one grade	
	Grade 8		2%		



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	τ	U SED TOB A	ACCO PR	RODUCTS, PAST YEAR
		SU/SD	VT	_
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male		6%	SU > VT
	Female	12%	5%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		7%	

SMOK	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT			
Overall	-	9%	5%	Overall Differences: State vs SU		
Sex	Male	9%	5%	SU > VT		
	Female	9%	4%	Within SU Differences		
Grade	Grade 6		2%	Too few students in at least one grade		
	Grade 7		4%			
	Grade 8		7%			



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SMOKEI	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT		
Overall	-	4%	3%	Overall Differences: State vs SU	
Sex	Male		3%	SU > VT	
	Female		2%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		2%	Too few students in at least one grade	
	Grade 8		4%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_		2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
_	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



SECTION 4: SUBSTANCE USE

AMONG CURREN	NT USERS:	TYPICAI	L NUMBER OF CIGARETTES SMOKED
	SU/SD	VT	
Less than 1 cigarette		33%	Too few students
1 cigarette		23%	Too few students
2 to 5 cigarettes		23%	Too few students
6 to 10 cigarettes		6%	Too few students
11 to 20 cigarettes			Too few students
More than 20 cigarettes		14%	Too few students

	USED AN	ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall	_	6%	4%	Overall Differences: State vs SU
Sex	Male		4%	SU > VT
	Female		3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8		6%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products		3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURREN	AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT				
Bought them in a store		3%	Too few students			
I got them on the Internet		9%	Too few students			
Someone else bought them		10%	Too few students			
Borrowed them		44%	Too few students			
A person 18 or older gave me		9%	Too few students			
Took them from a store		4%	Too few students			
Some other way		21%	Too few students			



SECTION 4: SUBSTANCE USE

AMONG (AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
SU/SD VT							
1 or 2 days		49%	Too few students				
3 to 5 days		16%	Too few students				
6 to 9 days	•	10%	Too few students				
10 to 19 days	•	6%	Too few students				
20 to 29 days	•	5%	Too few students				
All 30 days	•	15%	Too few students				

		SMOK	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	
Overall	-	٠	1%	Overall Differences: State vs SU
Sex	Male		1%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	



SECTION 4: SUBSTANCE USE

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		SU/SD	VT	
Overall	-	·	36%	Overall Differences: State vs SU
Sex	Male		36%	Too few students
	Female		38%	Within SU Differences
Grade	Grade 6		30%	Too few students by sex
	Grade 7		35%	Too few students in at least one grade
	Grade 8		40%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	_
Overall		15%	7%	Overall Differences: State vs SU
Sex	Male		6%	SU > VT
	Female	15%	6%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		10%	

BINGE DRANK, PAST 30 DAYS				
		SU/SD	VT	_
Overall		4%	2%	Overall Differences: State vs SU
Sex	Male		2%	SU > VT
	Female		1%	Within SU Differences
Grade	Grade 6		0%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		3%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED				
	SU/SD	VT		
1 or 2 drinks		63%	Too few students	
3 drinks		10%	Too few students	
4 drinks	•	7%	Too few students	
5 drinks		6%	Too few students	
6 or 7 drinks	•	4%	Too few students	
8 or 9 drinks		2%	Too few students	
10 or more drinks	•	9%	Too few students	

USED MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall		7%	4%	Overall Differences: State vs SU
Sex	Male		4%	SU > VT
	Female		4%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8		7%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall	-	93%	95%	Overall Differences: State vs SU
Sex	Male		95%	VT and SU are Similar
	Female	95%	95%	Within SU Differences
Grade	Grade 6		98%	Too few students by sex
	Grade 7	99%	95%	Too few students in at least one grade
	Grade 8		93%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL				
		SU/SD	VT	
Overall	-	78%	89%	Overall Differences: State vs SU
Sex	Male		89%	VT > SU
	Female	76%	90%	Within SU Differences
Grade	Grade 6		95%	Too few students by sex
	Grade 7	89%	91%	Too few students in at least one grade
	Grade 8		84%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	75%	90%	Overall Differences: State vs SU
Sex	Male	83%	90%	VT > SU
	Female	67%	90%	Within SU Differences
Grade	Grade 6		97%	Males > Females
	Grade 7	89%	91%	Too few students in at least one grade
	Grade 8		84%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall	-	96%	95%	Overall Differences: State vs SU
Sex	Male		95%	VT and SU are Similar
	Female	96%	95%	Within SU Differences
Grade	Grade 6		96%	Too few students by sex
	Grade 7	99%	95%	Too few students in at least one grade
	Grade 8		95%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	-	84%	85%	Overall Differences: State vs SU	
Sex	Male		84%	VT and SU are Similar	
	Female	86%	87%	Within SU Differences	
Grade	Grade 6		87%	Too few students by sex	
	Grade 7	87%	86%	Too few students in at least one grade	
	Grade 8		83%		

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	82%	92%	Overall Differences: State vs SU
Sex	Male		92%	VT > SU
	Female	82%	92%	Within SU Differences
Grade	Grade 6		95%	Too few students by sex
	Grade 7	88%	92%	Too few students in at least one grade
	Grade 8		89%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		36%	22%	Overall Differences: State vs SU		
Sex	Male		22%	SU > VT		
	Female	42%	21%	Within SU Differences		
Grade	Grade 6		13%	Too few students by sex		
	Grade 7	29%	20%	Too few students in at least one grade		
	Grade 8		28%			

THI	NK ALCOH	RT OF EASY OR VERY EASY TO GET		
		SU/SD	VT	
Overall		56%	37%	Overall Differences: State vs SU
Sex	Male		37%	SU > VT
	Female	56%	37%	Within SU Differences
Grade	Grade 6		24%	Too few students by sex
	Grade 7	50%	35%	Too few students in at least one grade
	Grade 8		48%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		40%	15%	Overall Differences: State vs SU		
Sex	Male		15%	SU > VT		
	Female	40%	15%	Within SU Differences		
Grade	Grade 6		6%	Too few students by sex		
	Grade 7	20%	13%	Too few students in at least one grade		
	Grade 8		23%			

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY					
		SU/SD	VT		
Overall	-	68%	72%	Overall Differences: State vs SU	
Sex	Male	62%	71%	VT > SU	
	Female	72%	74%	Within SU Differences	
Grade	Grade 6		76%	Females > Males	
	Grade 7	74%	72%	Too few students in at least one grade	
	Grade 8		70%		



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND					
		SU/SD	VT		
Overall	_	47%	48%	Overall Differences: State vs SU	
Sex	Male		45%	VT and SU are Similar	
	Female	47%	51%	Within SU Differences	
Grade	Grade 6		50%	Too few students by sex	
	Grade 7	47%	48%	Too few students in at least one grade	
	Grade 8		46%		

THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT		
Overall		33%	59%	Overall Differences: State vs SU	
Sex	Male	27%	56%	VT > SU	
	Female	39%	62%	Within SU Differences	
Grade	Grade 6		73%	Females > Males	
	Grade 7	45%	60%	Too few students in at least one grade	
	Grade 8		48%		



SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		4%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		8%	

		E	VER HAI	D ORAL SEX
		SU/SD	VT	
Overall	-	8%	6%	Overall Differences: State vs SU
Sex	Male		6%	SU > VT
	Female		5%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		9%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT 1	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	14%	7%	SU > VT
1 day	•	4%	Too few students
2 days	11%	7%	SU > VT
3 days	10%	10%	
4 days	8%	11%	VT > SU
5 days	16%	15%	
6 days	12%	11%	
7 days	26%	34%	VT > SU

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		26%	34%	Overall Differences: State vs SU
Sex	Male		42%	VT > SU
	Female	20%	26%	Within SU Differences
Grade	Grade 6		38%	Too few students by sex
	Grade 7	35%	35%	Too few students in at least one grade
	Grade 8		30%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		SU/SD	VT	
Overall	-	55%	60%	Overall Differences: State vs SU
Sex	Male		66%	VT > SU
	Female	46%	54%	Within SU Differences
Grade	Grade 6		63%	Too few students by sex
	Grade 7	70%	60%	Too few students in at least one grade
	Grade 8		57%	

	WE	RE NOT PI	HYSICAL	LY ACTIVE PAST WEEK
		SU/SD	VT	
Overall	-	14%	7%	Overall Differences: State vs SU
Sex	Male		7%	SU > VT
	Female	14%	7%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7	14%	7%	Too few students in at least one grade
	Grade 8		8%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT			
0 days	56%	25%	SU > VT		
1 day	5%	7%			
2 days	15%	8%	SU > VT		
3 days	9%	8%			
4 days		5%	Too few students		
5 days	11%	46%	VT > SU		

GET	NO PHYSIC	CAL ACTIV	VITY BRE	CAKS WHILE THEY ARE AT SCHOOL
		SU/SD	VT	
Overall	_	56%	25%	Overall Differences: State vs SU
Sex	Male		24%	SU > VT
	Female	61%	25%	Within SU Differences
Grade	Grade 6	·	16%	Too few students by sex
	Grade 7	45%	26%	Too few students in at least one grade
	Grade 8		29%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	A BIKE OF	R WALK	TO SCHOOL WHEN WEATHER PERMITS
	SU/SD	VT	
0 days	73%	77%	VT > SU
1 day		3%	Too few students
2 days		3%	Too few students
3 days	•	4%	Too few students
4 days		2%	Too few students
5 days	14%	10%	SU > VT

	WALK	OR RIDE	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall	-	14%	10%	Overall Differences: State vs SU
Sex	Male		12%	SU > VT
	Female	12%	9%	Within SU Differences
Grade	Grade 6		11%	Too few students by sex
	Grade 7	16%	10%	Too few students in at least one grade
	Grade 8		10%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATCH TELEVISION, TYPICAL SCHOOL DAY					
	SU/SD	VT			
No TV on average school day	26%	18%	SU > VT		
Less than 1 hour per day	16%	23%	VT > SU		
1 hour per day	12%	18%	VT > SU		
2 hours per day	26%	20%	SU > VT		
3 hours per day	8%	10%			
4 hours per day		4%	Too few students		
5 or more hours per day	8%	6%			

		WATCH	IED TV 3-	HOURS PER DAY
		SU/SD	VT	
Overall	_	20%	20%	Overall Differences: State vs SU
Sex	Male		20%	VT and SU are Similar
	Female	28%	20%	Within SU Differences
Grade	Grade 6		18%	Too few students by sex
	Grade 7	21%	20%	Too few students in at least one grade
	Grade 8		21%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER A	COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY					
	SU/SD	VT				
No playing video/computer game	17%	12%	SU > VT			
Less than 1 hour per day	16%	17%				
1 hour per day	9%	15%	VT > SU			
2 hours per day	13%	18%	VT > SU			
3 hours per day	11%	14%				
4 hours per day	15%	8%	SU > VT			
5 or more hours per day	19%	16%				

PLAYE	ED VIDEO O	R COMPU		MES OR USED A COMPUTER 3+ HOURS R DAY
		SU/SD	VT	
Overall	-	45%	38%	Overall Differences: State vs SU
Sex	Male		39%	SU > VT
	Female	52%	37%	Within SU Differences
Grade	Grade 6		29%	Too few students by sex
	Grade 7	35%	38%	Too few students in at least one grade
	Grade 8		45%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	7%	7%	
1 day	8%	4%	SU > VT
2 days	10%	7%	SU > VT
3 days	9%	7%	
4 days	12%	6%	SU > VT
5 days	10%	8%	
6 days	10%	9%	
7 days	35%	52%	VT > SU

		DID NOT E	CAT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	_	7%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	Grade 6		5%	Too few students by sex
	Grade 7		7%	Too few students in at least one grade
	Grade 8		7%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK					
	SU/SD	VT			
Did not drink water	•	3%	Too few students		
1 to 3 times	12%	9%	SU > VT		
4 to 6 times	8%	10%			
1 time per day	5%	6%			
2 times per day	12%	16%	VT > SU		
3 times per day	16%	19%			
4 or more times per day	47%	37%	SU > VT		

	DRANK T	THREE OR	MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	63%	56%	Overall Differences: State vs SU
Sex	Male		57%	SU > VT
	Female	58%	54%	Within SU Differences
Grade	Grade 6		58%	Too few students by sex
	Grade 7	66%	54%	Too few students in at least one grade
	Grade 8		56%	



SECTION 7: SOCIAL DETERMINANTS

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT				
Never	72%	77%	VT > SU			
Rarely	21%	14%	SU > VT			
Sometimes	7%	7%				
Most of the time	•	1%	Too few students			
Always		1%	Too few students			

MOST	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME						
		SU/SD	VT				
Overall			2%	Overall Differences: State vs SU			
Sex	Male		2%	Too few students			
	Female		2%	Within SU Differences			
Grade	Grade 6		2%				
	Grade 7		2%				
	Grade 8		2%				



SECTION 7: SOCIAL DETERMINANTS

	SIDE THE U.S.			
		SU/SD	VT	
Overall		4%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	6%	5%					
1 day		2%	Too few students				
2 days		2%	Too few students				
3 days		3%	Too few students				
4 days	•	4%	Too few students				
5 days	7%	7%					
6 days	13%	10%					
7 days	65%	66%					

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	88%	88%	Overall Differences: State vs SU		
Sex	Male		89%	VT and SU are Similar		
	Female	84%	87%	Within SU Differences		
Grade	Grade 6		90%	Too few students by sex		
	Grade 7	93%	89%	Too few students in at least one grade		
	Grade 8		86%			



BELIEVE SCH	IOOL HAS	RULES A	AND CONSEQUENCES FOR BEHAVIORS
	SU/SD	VT	
Strongly agree	16%	28%	VT > SU
Agree	35%	43%	VT > SU
Not sure	23%	17%	SU > VT
Disagree	17%	8%	SU > VT
Strongly disagree	10%	5%	SU > VT

STRO	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR						
		SU/SD	VT				
Overall	_	51%	71%	Overall Differences: State vs SU			
Sex	Male	61%	72%	VT > SU			
	Female	38%	69%	Within SU Differences			
Grade	Grade 6		77%	Males > Females			
	Grade 7	67%	72%	Too few students in at least one grade			
	Grade 8		66%				



BELIE	BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT			
Overall	-	62%	76%	Overall Differences: State vs SU		
Sex	Male	65%	76%	VT > SU		
	Female	61%	76%	Within SU Differences		
Grade	Grade 6		79%	Too few students in at least one grade		
	Grade 7	73%	75%			
	Grade 8		75%			

GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	41%	46%	VT > SU			
Mostly B's	50%	38%	SU > VT			
Mostly C's	8%	12%	VT > SU			
Mostly D's		3%	Too few students			
Mostly F's		1%	Too few students			

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY								
	SU/SD	VT						
Strongly agree	17%	27%	VT > SU					
Agree	34%	36%						
Not sure	21%	24%						
Disagree	18%	7%	SU > VT					
Strongly disagree	10%	5%	SU > VT					



STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE							
		SU/SD	VT				
Overall		51%	64%	Overall Differences: State vs SU			
Sex	Male	54%	68%	VT > SU			
	Female	48%	60%	Within SU Differences			
Grade	Grade 6		67%	Too few students in at least one grade			
	Grade 7	58%	65%				
	Grade 8		60%				

