### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

**REPORT FOR ORANGE EAST SU (SU027)** 

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

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2017 VERMON	T YOUTH RISK	<b>K BEHAVIOR</b>	SURVEY
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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



#### **About the YRBS**

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



### **Using the YRBS Results**

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

## **HIGH SCHOOL RESULTS**

ORANGE EAST SU (SU027) REPORT

http://healthvermont.gov/yrbs



### **SECTION 1: DEMOGRAPHICS**

HIGH SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	235	27349		

		SU/SD	VT
Sex	Male	49%	51%
	Female	51%	49%
Grade	9th Grade	25%	25%
	10th Grade	29%	25%
	11th Grade	27%	25%
	12th Grade	20%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	83%
	Students of Color (REM)	5%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	95%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	5%	11%



### SECTION 2: PERSONAL SAFETY

	W	VERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		15%	17%	Overall Differences: State vs SU
Sex	Male	22%	22%	VT and SU are Similar
	Female	9%	11%	Within SU Differences
Grade	Grade 9		21%	Males > Females
	Grade 10		18%	Too few students in at least one grade
	Grade 11	15%	15%	
	Grade 12		13%	

W	ERE IN A PH	IYSICAL F	IGHT O	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	13%	9%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		9%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11	9%	6%	
	Grade 12		4%	



### SECTION 2: PERSONAL SAFETY

	CARRIED A	WEAPON	N ON SCH	IOOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall		11%	7%	Overall Differences: State vs SU
Sex	Male	14%	10%	SU > VT
	Female	9%	3%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	14%	8%	
	Grade 12		8%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR						
		SU/SD	VT			
Overall	-	6%	5%	Overall Differences: State vs SU		
Sex	Male	6%	6%	VT and SU are Similar		
	Female	6%	3%	Within SU Differences		
Grade	Grade 9		6%	Too few students in at least one grade		
	Grade 10		5%			
	Grade 11	4%	4%			
	Grade 12		4%			



### SECTION 2: PERSONAL SAFETY

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male	7%	10%	SU > VT
	Female	30%	22%	Within SU Differences
Grade	Grade 9		19%	Females > Males
	Grade 10		16%	Too few students in at least one grade
	Grade 11	22%	15%	
	Grade 12		13%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male	8%	11%	SU > VT
	Female	29%	20%	Within SU Differences
Grade	Grade 9		21%	Females > Males
	Grade 10		16%	Too few students in at least one grade
	Grade 11	24%	14%	
	Grade 12		12%	



### SECTION 2: PERSONAL SAFETY

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	9%	10%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11	11%	9%	
	Grade 12		8%	

DID 1	NOT GO TO	SCHOOL	BECAUS	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	7%	4%	VT and SU are Similar
	Female	5%	6%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		5%	
	Grade 12		4%	



### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

WER	ED TO HAVE SEXUAL INTERCOURSE			
		SU/SD	VT	_
Overall		10%	6%	Overall Differences: State vs SU
Sex	Male		3%	SU > VT
	Female	20%	9%	Within SU Differences
Grade	Grade 9	·	5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	16%	7%	
	Grade 12		7%	

	EXPERIE	ENCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		7%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT > SU
	Female	12%	15%	Within SU Differences
Grade	Grade 9		10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



### SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	_
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female	8%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	



### SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

#### DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 **DAYS** SU/SD VT Overall 10% 7% Overall Differences: State vs SU Male VT and SU are Similar Sex 11% 9% Female 5% Within SU Differences Grade Grade 9 Too few students by sex 5% Grade 10 Too few students in at least one grade 4% Grade 11 7% Grade 12 10%

DROV	E A CAR O	E AFTER USING MARIJUANA, PAST 30 AYS		
		SU/SD	VT	
Overall		13%	14%	Overall Differences: State vs SU
Sex	Male	16%	16%	VT and SU are Similar
	Female	11%	12%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		15%	
	Grade 12		21%	



ON 2: PERSONAL SAFETY

### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE W	ITH A DRI	VER WHO	HAD BEI	EN DRINKING ALCOHOL, PAST 30 DAYS
		SU/SD	VT	
Overall		23%	18%	Overall Differences: State vs SU
Sex	Male	22%	17%	SU > VT
	Female	24%	19%	Within SU Differences
Grade	Grade 9		17%	Too few students in at least one grade
	Grade 10		18%	
	Grade 11	23%	18%	
	Grade 12		18%	

RODE	WITH A DR	EEN USING MARIJUANA, PAST 30 DAYS		
		SU/SD	VT	
Overall	-	23%	20%	Overall Differences: State vs SU
Sex	Male	22%	20%	VT and SU are Similar
	Female	24%	20%	Within SU Differences
Grade	Grade 9		13%	Too few students in at least one grade
	Grade 10		18%	
	Grade 11	21%	22%	
	Grade 12		28%	



### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

HIGH SCHOOL RESULTS

### SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	34%	34%	Overall Differences: State vs SU	
Sex	Male	26%	34%	VT and SU are Similar	
	Female	42%	34%	Within SU Differences	
Grade	Grade 9		9%	Females > Males	
	Grade 10		16%	Too few students in at least one grade	
	Grade 11		42%		
	Grade 12		53%		



### SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR						
	SU/SD	VT				
Never wore a helmet	17%	11%	SU > VT			
Rarely wore a helmet		3%	Too few students			
Sometimes wore a helmet		3%	Too few students			
Most of the time wore a helmet	11%	9%				
Always wore a helmet	63%	74%	VT > SU			

RAREL	Y OR NEVE	R WEAR A	T WHILE SKIING OR SNOWBOARDING, YEAR	
		SU/SD	VT	
Overall	_	24%	14%	Overall Differences: State vs SU
Sex	Male		17%	SU > VT
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



### **SECTION 2: PERSONAL SAFETY**

INJURY AND PREVENTION

#### HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY **ACTIVE, PAST YEAR** SU/SD VT Overall Overall Differences: State vs SU 16% 18% Sex Male 14% 20% VT and SU are Similar Female 17% 16% Within SU Differences Grade Grade 9 20% Too few students in at least one grade Grade 10 18% Grade 11 12% 17% Grade 12 16%



### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	ASKED BY	A DOCTOI		ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	-	51%	54%	Overall Differences: State vs SU
Sex	Male	49%	51%	VT and SU are Similar
	Female	52%	58%	Within SU Differences
Grade	Grade 9		47%	Too few students in at least one grade
	Grade 10		53%	
	Grade 11		58%	
	Grade 12		61%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT		
Overall		59%	55%	Overall Differences: State vs SU	
Sex	Male	54%	53%	SU > VT	
	Female	63%	56%	Within SU Differences	
Grade	Grade 9		57%	Females > Males	
	Grade 10		56%	Too few students in at least one grade	
	Grade 11	59%	54%		
	Grade 12		52%		



### SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETT PAST 7 DAYS						
		SU/SD	VT			
Overall	-	35%	23%	Overall Differences: State vs SU		
Sex	Male	35%	23%	SU > VT		
	Female	34%	23%	Within SU Differences		
Grade	Grade 9		22%	Too few students in at least one grade		
	Grade 10		23%			
	Grade 11	43%	23%			
	Grade 12		24%			

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKIN PAST 7 DAYS				
		SU/SD	VT	
Overall		46%	33%	Overall Differences: State vs SU
Sex	Male	45%	33%	SU > VT
	Female	47%	33%	Within SU Differences
Grade	Grade 9		32%	Too few students in at least one grade
	Grade 10		33%	
	Grade 11	57%	33%	
	Grade 12		36%	



### SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR					
		SU/SD	VT		
Overall	_	31%	25%	Overall Differences: State vs SU	
Sex	Male	9%	16%	SU > VT	
	Female	51%	35%	Within SU Differences	
Grade	Grade 9		23%	Females > Males	
	Grade 10		26%	Too few students in at least one grade	
	Grade 11	30%	26%		
	Grade 12		26%		

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT		
Overall	_	21%	16%	Overall Differences: State vs SU	
Sex	Male	4%	9%	SU > VT	
	Female	35%	25%	Within SU Differences	
Grade	Grade 9		18%	Females > Males	
	Grade 10		18%	Too few students in at least one grade	
	Grade 11	24%	16%		
	Grade 12		14%		



### SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	18%	15%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		12%	Too few students in at least one grade
	Grade 11	8%	11%	
	Grade 12		10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11	6%	5%	
	Grade 12		4%	



### SECTION 4: SUBSTANCE USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		42%	24%	Overall Differences: State vs SU
Sex	Male	42%	26%	SU > VT
	Female	43%	22%	Within SU Differences
Grade	Grade 9		17%	Too few students in at least one grade
	Grade 10		21%	
	Grade 11	47%	28%	
	Grade 12		31%	

	SMO	KED A CIO	GARETT:	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		24%	8%	Overall Differences: State vs SU
Sex	Male	30%	9%	SU > VT
	Female	17%	6%	Within SU Differences
Grade	Grade 9	·	8%	Males > Females
	Grade 10		8%	Too few students in at least one grade
	Grade 11	21%	8%	
	Grade 12		7%	



### SECTION 4: SUBSTANCE USE

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		33%	34%	Overall Differences: State vs SU
Sex	Male	37%	37%	VT and SU are Similar
	Female	30%	31%	Within SU Differences
Grade	Grade 9	·	23%	Too few students in at least one grade
	Grade 10		31%	
	Grade 11	36%	38%	
	Grade 12		44%	

	EVE	R TRIED I	LAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		25%	21%	Overall Differences: State vs SU
Sex	Male	34%	24%	SU > VT
	Female	16%	17%	Within SU Differences
Grade	Grade 9		12%	Males > Females
	Grade 10		17%	Too few students in at least one grade
	Grade 11	30%	24%	
	Grade 12		30%	



### SECTION 4: SUBSTANCE USE

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		69%	58%	Overall Differences: State vs SU
Sex	Male	69%	57%	SU > VT
	Female	69%	58%	Within SU Differences
Grade	Grade 9	·	41%	Too few students in at least one grade
	Grade 10		54%	
	Grade 11	72%	65%	
	Grade 12		71%	

	D	RANK ALO	СОНОЬ В	SEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	27%	14%	Overall Differences: State vs SU
Sex	Male	40%	16%	SU > VT
	Female	13%	11%	Within SU Differences
Grade	Grade 9		17%	Males > Females
	Grade 10		13%	Too few students in at least one grade
	Grade 11	23%	13%	
	Grade 12		11%	



### SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		42%	37%	Overall Differences: State vs SU
Sex	Male	36%	37%	SU > VT
	Female	46%	37%	Within SU Differences
Grade	Grade 9		23%	Females > Males
	Grade 10		34%	Too few students in at least one grade
	Grade 11	45%	42%	
	Grade 12		50%	

	TR	RIED MAR	IJUANA I	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		9%	6%	Overall Differences: State vs SU
Sex	Male	10%	7%	SU > VT
	Female	7%	5%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	9%	6%	
	Grade 12		5%	



### SECTION 4: SUBSTANCE USE

	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	8%	8%	VT and SU are Similar
	Female	5%	7%	Within SU Differences
Grade	Grade 9	·	6%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11	7%	8%	
	Grade 12		9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	-	2%	6%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		9%	



### SECTION 4: SUBSTANCE USE

EVER USED COCAINE				
		SU/SD	VT	_
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male	5%	5%	VT and SU are Similar
	Female	•	3%	Within SU Differences
Grade	Grade 9	·	2%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11	6%	4%	
	Grade 12		6%	

		EV	ER USEL	INHALANTS
		SU/SD	VT	
Overall		8%	6%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	10%	6%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		6%	



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HIGH SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

		I	EVER US	ED HEROIN
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9	·	1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall		·	2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12	•	3%	



### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

HIGH SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

	USED ANY	TOBACC	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		28%	24%	Overall Differences: State vs SU
Sex	Male	38%	28%	SU > VT
	Female	18%	18%	Within SU Differences
Grade	Grade 9		14%	Males > Females
	Grade 10		20%	Too few students in at least one grade
	Grade 11	30%	26%	
	Grade 12		33%	

SMOF	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT			
Overall	-	24%	19%	Overall Differences: State vs SU		
Sex	Male	31%	23%	SU > VT		
	Female	18%	14%	Within SU Differences		
Grade	Grade 9		11%	Males > Females		
	Grade 10		16%	Too few students in at least one grade		
	Grade 11	26%	22%			
	Grade 12		28%			



### SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	21%	15%	Overall Differences: State vs SU
Sex	Male	29%	19%	SU > VT
	Female	13%	11%	Within SU Differences
Grade	Grade 9		8%	Males > Females
	Grade 10		12%	Too few students in at least one grade
	Grade 11	21%	17%	
	Grade 12		22%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	15%	9%	Overall Differences: State vs SU
Sex	Male	18%	10%	SU > VT
	Female	13%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11	19%	11%	
	Grade 12		13%	



### SECTION 4: SUBSTANCE USE

AMON	AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES					
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days	•	15%	Too few students			
6 to 9 days	•	10%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days	•	9%	Too few students			
All 30 days	٠	25%	Too few students			

A	MONG CUR	RENT SMO	OKERS: S	SMOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall		·	25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



### SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED					
SU/SD VT					
Less than 1 cigarette		30%	Too few students		
1 cigarette		19%	Too few students		
2 to 5 cigarettes		30%	Too few students		
6 to 10 cigarettes		9%	Too few students		
11 to 20 cigarettes		4%	Too few students		
More than 20 cigarettes		8%	Too few students		

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGAR ON DAYS SMOKED					
		SU/SD	VT		
Overall		·	12%	Overall Differences: State vs SU	
Sex	Male		15%	Too few students	
	Female		6%	Within SU Differences	
Grade	Grade 9		12%	Too few students by sex	
	Grade 10		8%	Too few students in at least one grade	
	Grade 11		10%		
	Grade 12		12%		



### SECTION 4: SUBSTANCE USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		9%	12%	Overall Differences: State vs SU
Sex	Male	9%	14%	VT > SU
	Female	8%	9%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10		10%	
	Grade 11	10%	13%	
	Grade 12		17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
Friend/family used them	32%	35%			
To try to quit other tobacco		5%	Too few students		
Cost less than other tobacco	•	1%	Too few students		
Easier to get than other tobacco	•	1%	Too few students		
Less harmful than other tobacco	•	8%	Too few students		
Available in flavors	35%	17%	SU > VT		
Used for some other reason	20%	33%	VT > SU		



### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE					
SU/SD VT					
1 or 2 days		37%	Too few students		
3 to 5 days		19%	Too few students		
6 to 9 days		11%	Too few students		
10 to 19 days		12%	Too few students		
20 to 29 days	•	7%	Too few students		
All 30 days		15%	Too few students		

AMON	NG CURREN	T USERS:		ECTRONIC VAPOR PRODUCTS ON 10+ AYS
		SU/SD	VT	
Overall			33%	Overall Differences: State vs SU
Sex	Male		37%	Too few students
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18					
	SU/SD	VT			
Bought them in a store		8%	Too few students		
I got them on the Internet		10%	Too few students		
Someone else bought them	•	14%	Too few students		
Borrowed them	•	38%	Too few students		
A person 18 or older gave me		11%	Too few students		
Took them from a store	•	2%	Too few students		
Some other way		18%	Too few students		

	US	ED SMOKI	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		12%	5%	Overall Differences: State vs SU
Sex	Male	22%	8%	SU > VT
	Female	•	2%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	12%	6%	
	Grade 12		7%	



## SECTION 4: SUBSTANCE USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	_
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	11%	13%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11	11%	10%	
	Grade 12		15%	

TRIED '	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR						
		SU/SD	VT				
Overall	_	43%	33%	Overall Differences: State vs SU			
Sex	Male		30%	SU > VT			
	Female		37%	Within SU Differences			
Grade	Grade 9		33%	Too few students by sex			
	Grade 10		35%	Too few students in at least one grade			
	Grade 11		32%				
	Grade 12		32%				



# SECTION 4: SUBSTANCE USE CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS SU/SD VT Overall 41% 33% Overall Differences: State vs SU Sex Male 38% 32% SU > VTFemale 43% 34% Within SU Differences Grade 9 Grade 20% Too few students in at least one grade Grade 10 30%

36%

46%

Grade 11

Grade 12

41%

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		21%	17%	Overall Differences: State vs SU
Sex	Male	21%	17%	SU > VT
	Female	22%	17%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		14%	
	Grade 11	30%	19%	
	Grade 12		27%	



AMONG CURRENT USERS: FREQUENCY OF DRINKING					
	SU/SD	VT			
1 or 2 days	45%	49%			
3 to 5 days	29%	26%			
6 to 9 days	15%	13%			
10 to 19 days	8%	7%			
20 to 29 days		2%	Too few students		
All 30 days		3%	Too few students		

	AMC	NG CURR	ENT USE	CRS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall	_	11%	12%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	Grade 9	·	11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED							
	SU/SD VT						
1 or 2 drinks	42%	35%	SU > VT				
3 drinks	·	6%	Too few students				
4 drinks	·	8%	Too few students				
5 drinks	13%	13%					
6 or 7 drinks	8%	15%	VT > SU				
8 or 9 drinks		8%	Too few students				
10 or more drinks	28%	14%	SU > VT				

	AMONG CU	RRENT US	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall	-	58%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT and SU are Similar
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



## SECTION 4: SUBSTANCE USE

AMON	RS: ALCOHOL SOURCE		
	SU/SD	VT	
Bought in store		3%	Too few students
Bought in restaurant		2%	Too few students
Bought at public event		0%	Too few students
I gave someone money to buy	24%	23%	
Someone gave it to me	38%	40%	
Took from store/family	10%	12%	
Some other way	27%	20%	SU > VT

		USED M	<b>IARIJUA</b>	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		22%	24%	Overall Differences: State vs SU
Sex	Male	23%	24%	VT and SU are Similar
	Female	21%	23%	Within SU Differences
Grade	Grade 9	·	15%	Too few students in at least one grade
	Grade 10		22%	
	Grade 11	23%	25%	
	Grade 12		32%	



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE						
	SU/SD	VT				
1 or 2 times		34%	Too few students			
3 to 9 times	٠	25%	Too few students			
10 to 19 times		12%	Too few students			
20 to 39 times		10%	Too few students			
40 or more times		20%	Too few students			

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall	<u> </u>		41%	Overall Differences: State vs SU
Sex	Male		47%	Too few students
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED				
	SU/SD	VT		
Smoked it	•	91%	Too few students	
Ate in food		4%	Too few students	
Drank in tea or other drink		1%	Too few students	
Vaporized		2%	Too few students	
Some other way		2%	Too few students	

	MISU	SED A PR	ESCRIPT	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall	-	·	5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		7%	



# SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAS YEAR				
		SU/SD	VT	
Overall		12%	15%	Overall Differences: State vs SU
Sex	Male	14%	17%	VT > SU
	Female	11%	13%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10		16%	
	Grade 11	8%	16%	
	Grade 12		14%	

ATTE	ENDED SCHO	OOL UNDI		NFLUENCE OF DRUGS OR ALCOHOL, TYEAR
		SU/SD	VT	
Overall		13%	13%	Overall Differences: State vs SU
Sex	Male	14%	14%	VT and SU are Similar
	Female	12%	12%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11	12%	14%	
	Grade 12		18%	



### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 22% 25% Sex Male 19% VT and SU are Similar 25% Female 25% 24% Within SU Differences Grade Grade 9 32% Too few students in at least one grade Grade 10 26% Grade 11 29% 21% Grade 12 20%

THINK IT IS WRONG OR VERY WRONG FOR SMOKE CIGARETT				
		SU/SD	VT	
Overall		78%	84%	Overall Differences: State vs SU
Sex	Male	74%	82%	VT > SU
	Female	82%	86%	Within SU Differences
Grade	Grade 9		90%	Too few students in at least one grade
	Grade 10		88%	
	Grade 11	70%	83%	
	Grade 12		75%	



PERCEPTIONS OF USE

THIN	NK IT IS WR	ONG OR V		ONG FOR SOMEONE THEIR AGE TO ALCOHOL
		SU/SD	VT	
Overall	<u> </u>	48%	54%	Overall Differences: State vs SU
Sex	Male	52%	55%	VT > SU
	Female	44%	54%	Within SU Differences
Grade	Grade 9		71%	Too few students in at least one grade
	Grade 10		59%	
	Grade 11	46%	48%	
	Grade 12		39%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall		55%	55%	Overall Differences: State vs SU
Sex	Male	62%	56%	VT and SU are Similar
	Female	48%	55%	Within SU Differences
Grade	Grade 9		69%	Males > Females
	Grade 10		60%	Too few students in at least one grade
	Grade 11	48%	51%	
	Grade 12		42%	



PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	-	88%	91%	Overall Differences: State vs SU	
Sex	Male	89%	90%	VT > SU	
	Female	87%	93%	Within SU Differences	
Grade	Grade 9		94%	Too few students in at least one grade	
	Grade 10		94%		
	Grade 11	85%	91%		
	Grade 12		87%		

THINK THEIR PARENTS OR GUARDIANS F VERY WRONG FOR THEM TO				
		SU/SD	VT	
Overall		58%	66%	Overall Differences: State vs SU
Sex	Male	58%	64%	VT > SU
	Female	59%	67%	Within SU Differences
Grade	Grade 9		78%	Too few students in at least one grade
	Grade 10		71%	
	Grade 11	51%	63%	
	Grade 12		50%	



PERCEPTIONS OF USE

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA VT SU/SD Overall 77% Overall Differences: State vs SU 76% 80% Sex Male VT and SU are Similar 75% 77% Female 74% Within SU Differences Grade Grade 9 83% Too few students in at least one grade Grade 10 79% Grade 11 74% 75% Grade 12 69%

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	6%	5%	
Slight risk	12%	9%	SU > VT
Moderate risk	21%	18%	
Great risk	61%	68%	VT > SU



### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY VT SU/SD Overall Overall Differences: State vs SU 61% 68% VT > SUSex Male 53% 66% Female 70% 70% Within SU Differences Grade Grade 9 64% Females > Males Grade 10 Too few students in at least one grade 68% Grade 11 63% 68% Grade 12 72%

PERCEIVE	ED RISK O	F HARM	FROM BINGE DRINKING EACH WEEK
	SU/SD	VT	
No risk	8%	6%	SU > VT
Slight risk	25%	19%	SU > VT
Moderate risk	39%	39%	
Great risk	28%	36%	VT > SU



PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND SU/SD VT Overall 28% Overall Differences: State vs SU 36% 19% VT > SUSex Male 32% Female 36% 41% Within SU Differences Grade Grade 9 38% Females > Males Grade 10 39% Too few students in at least one grade Grade 11 18% 35% Grade 12 32%

PERCEIV	VED RISK	OF HARI	M FROM REGULAR MARIJUANA USE
	SU/SD	VT	
No risk	29%	21%	SU > VT
Slight risk	24%	29%	VT > SU
Moderate risk	26%	26%	
Great risk	21%	24%	VT > SU



## SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY							
		SU/SD	VT					
Overall	_	21%	24%	Overall Differences: State vs SU				
Sex	Male	17%	21%	VT > SU				
	Female	25%	28%	Within SU Differences				
Grade	Grade 9		32%	Females > Males				
	Grade 10		26%	Too few students in at least one grade				
	Grade 11	24%	22%					
	Grade 12		18%					

PERCEIVED ACCESS TO CIGARETTES						
	SU/SD	VT				
Very hard	24%	24%				
Sort of hard	15%	21%	VT > SU			
Sort of easy	26%	22%	SU > VT			
Very easy	35%	32%				



### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall Overall Differences: State vs SU 61% 55% SU > VTSex Male 65% 57% Female 58% 52% Within SU Differences Grade Grade 9 38% Too few students in at least one grade Grade 10 48% Grade 11 56% 57% Grade 12 75%

PERCEIVED ACCESS TO ALCOHOL							
	SU/SD	VT					
Very hard	13%	15%					
Sort of hard	11%	18%	VT > SU				
Sort of easy	32%	31%					
Very easy	44%	37%	SU > VT				



### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall 76% Overall Differences: State vs SU 68% SU > VTSex Male 73% 67% Female 78% 69% Within SU Differences Grade Grade 9 58% Too few students in at least one grade Grade 10 67% Grade 11 68% 72% Grade 12 74%

	PERCEIVED ACCE				
	SU/SD	VT			
Very hard	27%	27%			
Sort of hard	12%	15%			
Sort of easy	24%	22%			
Very easy	37%	37%			



### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall Overall Differences: State vs SU 61% 58% 60% Sex Male 59% VT and SU are Similar Female 61% 57% Within SU Differences Grade Grade 9 43% Too few students in at least one grade Grade 10 56% Grade 11 58% 65% Grade 12 69%



# SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES						
	SU/SD	VT				
Never had sexual contact	30%	42%	VT > SU			
Females	68%	54%	SU > VT			
Males		2%	Too few students			
Females and males		2%	Too few students			

LIFETIME SEXUAL CONTACTS: FEMALES							
	SU/SD	VT					
Never had sexual contact	30%	43%	VT > SU				
Females		2%	Too few students				
Males	67%	48%	SU > VT				
Females and males		7%	Too few students				

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		57%	40%	Overall Differences: State vs SU
Sex	Male	53%	40%	SU > VT
	Female	61%	40%	Within SU Differences
Grade	Grade 9		19%	Too few students in at least one grade
	Grade 10		33%	
	Grade 11	61%	48%	
	Grade 12		61%	



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

HIGH SCHOOL RESULTS

# SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		14%	9%	Overall Differences: State vs SU
Sex	Male	13%	9%	SU > VT
	Female	15%	8%	Within SU Differences
Grade	Grade 9	·	3%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	15%	10%	
	Grade 12		16%	

		E	EVER HAI	O ORAL SEX
		SU/SD	VT	
Overall		57%	42%	Overall Differences: State vs SU
Sex	Male	54%	42%	SU > VT
	Female	59%	42%	Within SU Differences
Grade	Grade 9		23%	Too few students in at least one grade
	Grade 10		37%	
	Grade 11	62%	49%	
	Grade 12		60%	



## SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

WEI	RE EVER TE	STED FO	R HUMAN	IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		18%	10%	Overall Differences: State vs SU
Sex	Male	14%	9%	SU > VT
	Female	22%	12%	Within SU Differences
Grade	Grade 9		7%	Females > Males
	Grade 10		9%	Too few students in at least one grade
	Grade 11	19%	12%	
	Grade 12		14%	



# SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	HAD SEXU	AL INTER	COURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		43%	31%	Overall Differences: State vs SU
Sex	Male	35%	29%	SU > VT
	Female	52%	32%	Within SU Differences
Grade	Grade 9		13%	Females > Males
	Grade 10		24%	Too few students in at least one grade
	Grade 11	51%	37%	
	Grade 12		48%	

USE				R TO LAST INTERCOURSE, AMONG LLY ACTIVE STUDENTS
		SU/SD	VT	
Overall	-	16%	20%	Overall Differences: State vs SU
Sex	Male		22%	VT and SU are Similar
	Female		17%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		22%	Too few students in at least one grade
	Grade 11		18%	
	Grade 12		19%	



# SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
SU/SD VT					
No method was used	6%	7%			
Birth control pills	27%	32%			
Condoms	34%	35%			
IUD or implant	12%	13%			
Shot/patch/birth control ring	15%	5%	SU > VT		
Withdrawal/other method	•	5%	Too few students		
Not sure		2%	Too few students		

#### USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT Overall 53% 50% Overall Differences: State vs SU Sex Male 40% VT and SU are Similar Female 60% Within SU Differences Grade Grade 9 29% Too few students by sex Grade 10 44% Too few students in at least one grade Grade 11 51% 59% Grade 12



# SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (	CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		55%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	Grade 9	·	64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12	٠	51%	

#### USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD $\mathbf{V}\mathbf{T}$ Overall 20% 19% Overall Differences: State vs SU Sex Male 15% VT and SU are Similar 22% Within SU Differences Female Grade Grade 9 12% Too few students by sex Grade 10 19% Too few students in at least one grade Grade 11 20% Grade 12 20%



# SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

#### DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG **CURRENTLY SEXUALLY ACTIVE STUDENTS** VT SU/SD Overall 7% Overall Differences: State vs SU 6% Male VT and SU are Similar Sex 8% 7% Female Within SU Differences Grade Grade 9 12% Too few students by sex Grade 10 9% Too few students in at least one grade Grade 11 6% Grade 12 6%



### SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		SU/SD	VT	
Overall	-	20%	14%	Overall Differences: State vs SU
Sex	Male	17%	14%	SU > VT
	Female	23%	15%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10		15%	
	Grade 11	29%	14%	
	Grade 12		13%	

	OBESE	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		13%	13%	Overall Differences: State vs SU
Sex	Male	12%	15%	VT and SU are Similar
	Female	14%	10%	Within SU Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11	20%	14%	
	Grade 12		13%	



### SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCI	EPTIONS	OF OWN WEIGHT
	SU/SD	VT	
Very underweight		2%	Too few students
Slightly underweight	14%	12%	
About the right weight	52%	56%	
Slightly overweight	29%	25%	SU > VT
Very overweight	5%	5%	

DI	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall	-	34%	30%	Overall Differences: State vs SU
Sex	Male	28%	25%	VT and SU are Similar
	Female	41%	36%	Within SU Differences
Grade	Grade 9		29%	Females > Males
	Grade 10		30%	Too few students in at least one grade
	Grade 11	52%	30%	
	Grade 12		33%	

WHAT ONE IS TRYING TO DO ABOUT WEIGHT					
	SU/SD	VT			
Lose weight	48%	42%	SU > VT		
Gain weight	14%	15%			
Stay the same weight	16%	18%			
Not trying to do anything	23%	25%			



### SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE '	TRYING T	TO LOSE WEIGHT
		SU/SD	VT	
Overall		48%	42%	Overall Differences: State vs SU
Sex	Male	30%	28%	SU > VT
	Female	66%	57%	Within SU Differences
Grade	Grade 9		41%	Females > Males
	Grade 10		42%	Too few students in at least one grade
	Grade 11	48%	41%	
	Grade 12		44%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

	DAYS PH	YSICAL	LY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	15%	13%	
1 day	12%	7%	SU > VT
2 days	10%	9%	
3 days	12%	12%	
4 days	5%	11%	VT > SU
5 days	12%	14%	
6 days	7%	10%	VT > SU
7 days	28%	25%	

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	-	28%	25%	Overall Differences: State vs SU
Sex	Male	39%	33%	VT and SU are Similar
	Female	16%	17%	Within SU Differences
Grade	Grade 9		27%	Males > Females
	Grade 10		27%	Too few students in at least one grade
	Grade 11	21%	24%	
	Grade 12		23%	



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MOR DAYS, PAST WEEK				
		SU/SD	VT	
Overall	-	46%	49%	Overall Differences: State vs SU
Sex	Male	55%	56%	VT and SU are Similar
	Female	37%	42%	Within SU Differences
Grade	Grade 9		53%	Males > Females
	Grade 10		50%	Too few students in at least one grade
	Grade 11	37%	47%	
	Grade 12		47%	

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK				
		SU/SD	VT	
Overall		15%	13%	Overall Differences: State vs SU
Sex	Male	13%	11%	VT and SU are Similar
	Female	17%	14%	Within SU Differences
Grade	Grade 9		10%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11	24%	14%	
	Grade 12		15%	



HIGH SCHOOL RESULTS

## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK					
	SU/SD	VT			
Do not watch TV	6%	3%	SU > VT		
Less than 1 hour per day	9%	8%			
1 hour per day	15%	12%			
2 hours per day	19%	23%	VT > SU		
3 hours per day	19%	21%			
4 hours per day	10%	13%	VT > SU		
5 or more hours per day	23%	19%	SU > VT		

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK					
		SU/SD	VT		
Overall	_	52%	53%	Overall Differences: State vs SU	
Sex	Male	52%	53%	VT and SU are Similar	
	Female	52%	52%	Within SU Differences	
Grade	Grade 9		53%	Too few students in at least one grade	
	Grade 10		53%		
	Grade 11	42%	51%		
	Grade 12	٠	53%		



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall	-	22%	33%	Overall Differences: State vs SU
Sex	Male	19%	32%	VT > SU
	Female	26%	33%	Within SU Differences
Grade	Grade 9		33%	Too few students in at least one grade
	Grade 10		33%	
	Grade 11	27%	32%	
	Grade 12		32%	

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		17%	18%	Overall Differences: State vs SU
Sex	Male	18%	18%	VT and SU are Similar
	Female	17%	18%	Within SU Differences
Grade	Grade 9		17%	Too few students in at least one grade
	Grade 10		18%	
	Grade 11	10%	17%	
	Grade 12		19%	



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

HIGH SCHOOL RESULTS

# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

SODA CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink soda or pop	25%	37%	VT > SU
1 to 3 times	41%	40%	
4 to 6 times	14%	12%	
1 time per day	8%	4%	SU > VT
2 times per day		3%	Too few students
3 times per day	4%	1%	SU > VT
4 or more times per day	5%	3%	SU > VT

#### DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK SU/SD VT Overall 20% 11% Overall Differences: State vs SU Sex Male 25% 16% SU > VTWithin SU Differences Female 15% 6% Grade Grade 9 11% Males > Females Grade 10 11% Too few students in at least one grade Grade 11 16% 11% Grade 12 12%



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink sugar-sweetened	30%	28%			
1 to 3 times	43%	44%			
4 to 6 times	13%	15%			
1 time per day	5%	6%			
2 times per day		3%	Too few students		
3 times per day		1%	Too few students		
4 or more times per day	6%	2%	SU > VT		

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall	-	14%	12%	Overall Differences: State vs SU	
Sex	Male	20%	15%	VT and SU are Similar	
	Female	8%	9%	Within SU Differences	
Grade	Grade 9		12%	Males > Females	
	Grade 10		12%	Too few students in at least one grade	
	Grade 11	12%	13%		
	Grade 12		13%		



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

HIGH SCHOOL RESULTS

# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	PTION, PAST WEEK		
	SU/SD	VT	
Did not drink water	5%	4%	
1 to 3 times	22%	9%	SU > VT
4 to 6 times	14%	11%	SU > VT
1 time per day	9%	9%	
2 times per day	9%	16%	VT > SU
3 times per day	13%	19%	VT > SU
4 or more times per day	29%	33%	VT > SU

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK					
		SU/SD	VT		
Overall		41%	52%	Overall Differences: State vs SU	
Sex	Male	39%	51%	VT > SU	
	Female	42%	53%	Within SU Differences	
Grade	Grade 9		50%	Too few students in at least one grade	
	Grade 10		53%		
	Grade 11	36%	51%		
	Grade 12		55%		



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

HIGH SCHOOL RESULTS

## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	12%	11%	
1 day	6%	6%	
2 days	12%	9%	SU > VT
3 days	10%	10%	
4 days	12%	8%	SU > VT
5 days	9%	9%	
6 days	3%	7%	VT > SU
7 days	35%	40%	VT > SU

	]	DID NOT I	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	13%	11%	VT and SU are Similar
	Female	12%	10%	Within SU Differences
Grade	Grade 9		10%	Too few students in at least one grade
	Grade 10		11%	
	Grade 11	16%	10%	
	Grade 12		11%	



### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	75%	75%					
Rarely	14%	15%					
Sometimes	7%	7%					
Most of the time		2%	Too few students				
Always		1%	Too few students				

N	OST OF TH	E TIME O	R ALWAY	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		3%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

## USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	6%	4%	SU > VT
	Female	6%	3%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10		3%	
	Grade 11	8%	4%	
	Grade 12		5%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	8%	9%					
1 day	4%	4%					
2 days	6%	4%	SU > VT				
3 days	6%	6%					
4 days	5%	8%	VT > SU				
5 days	10%	13%	VT > SU				
6 days	14%	12%					
7 days	46%	44%					

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK					
		SU/SD	VT		
Overall		76%	77%	Overall Differences: State vs SU	
Sex	Male	79%	80%	VT and SU are Similar	
	Female	72%	75%	Within SU Differences	
Grade	Grade 9		83%	Too few students in at least one grade	
	Grade 10		81%		
	Grade 11	73%	76%		
	Grade 12		71%		



GRADES EARNED IN SCHOOL					
	SU/SD	VT			
Mostly A's	29%	46%	VT > SU		
Mostly B's	42%	39%			
Mostly C's	21%	12%	SU > VT		
Mostly D's	5%	2%	SU > VT		
Mostly F's	3%	1%	SU > VT		

#### REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 70% 80% Overall Differences: State vs SU Sex Male 71% 80% VT > SUFemale 68% 81% Within SU Differences Grade Grade 9 78% Too few students in at least one grade Grade 10 79% Grade 11 63% 82% 83% Grade 12



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS						
	SU/SD	VT				
Strongly agree	9%	21%	VT > SU			
Agree	28%	44%	VT > SU			
Not sure	26%	19%	SU > VT			
Disagree	22%	11%	SU > VT			
Strongly disagree	14%	5%	SU > VT			

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR SU/SD VT Overall 38% 65% Overall Differences: State vs SU Male VT > SUSex 47% 69% Female 29% 61% Within SU Differences Grade Grade 9 Males > Females 67% Grade 10 65% Too few students in at least one grade Grade 11 37% 64% Grade 12 63%



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	7%	5%	SU > VT SU > VT		
Probably will not	8%	5%	SU > VT		
Probably will	25%	22%			
Definitely will	46%	57%	VT > SU		
Not sure	14%	11%			

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM					
		SU/SD	VT			
Overall	_	71%	79%	Overall Differences: State vs SU		
Sex	Male	72%	75%	VT > SU		
	Female	71%	83%	Within SU Differences		
Grade	Grade 9		74%	Too few students in at least one grade		
	Grade 10		77%			
	Grade 11	71%	81%			
	Grade 12		83%			



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	41%	33%	SU > VT			
1 to 4 hours	25%	27%				
5 to 9 hours	10%	17%	VT > SU			
10 to 19 hours	17%	17%				
20 or more hours	8%	6%				

SPEND 1	10 OR MORI	E HOURS 1		PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK
		SU/SD	VT	
Overall	-	25%	24%	Overall Differences: State vs SU
Sex	Male	27%	24%	VT and SU are Similar
	Female	22%	24%	Within SU Differences
Grade	Grade 9		21%	Too few students in at least one grade
	Grade 10		23%	
	Grade 11	19%	24%	
	Grade 12		26%	



]	LE IN THEIR COMMUNITY		
	SU/SD	VT	
Strongly agree	17%	19%	
Agree	32%	41%	VT > SU
Not sure	30%	25%	SU > VT
Disagree	13%	9%	SU > VT
Strongly disagree	8%	5%	SU > VT

#### STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 49% 61% Overall Differences: State vs SU Sex Male 54% 65% VT > SUFemale 43% 57% Within SU Differences Grade Grade 9 61% Males > Females Grade 10 60% Too few students in at least one grade Grade 11 66% 60% 62% Grade 12



## MIDDLE SCHOOL RESULTS

ORANGE EAST SU (SU027) REPORT

http://healthvermont.gov/yrbs.aspx



### **SECTION 1: DEMOGRAPHICS**

MIDDLE SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	166	16701		

		SU/SD	VT
Sex	Male	52%	52%
	Female	48%	48%
Grade	6th Grade	10%	24%
	7th Grade	47%	39%
	8th Grade	43%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	83%	81%
	Students of Color (REM)	17%	19%
Sexual Orientation	Heterosexual (Het)	95%	93%
	Lesbian, Gay, or Bisexual (LGB)	5%	7%



## SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	63%	56%	VT and SU are Similar
	Female	30%	27%	Within SU Differences
Grade	Grade 6		40%	Males > Females
	Grade 7	49%	43%	Too few students in at least one grade
	Grade 8	43%	43%	

	WE	RE EVER I	BULLIED	ON SCHOOL PROPERTY
		SU/SD	VT	
Overall	_	44%	44%	Overall Differences: State vs SU
Sex	Male	39%	39%	VT and SU are Similar
	Female	48%	50%	Within SU Differences
Grade	Grade 6		44%	Females > Males
	Grade 7	45%	45%	Too few students in at least one grade
	Grade 8	43%	44%	



## SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	W	ERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		28%	24%	Overall Differences: State vs SU
Sex	Male	15%	16%	SU > VT
	Female	43%	33%	Within SU Differences
Grade	Grade 6		18%	Females > Males
	Grade 7	34%	24%	Too few students in at least one grade
	Grade 8	23%	28%	

		WERI	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		18%	22%	Overall Differences: State vs SU
Sex	Male	9%	17%	VT > SU
	Female	29%	26%	Within SU Differences
Grade	Grade 6		22%	Females > Males
	Grade 7	23%	22%	Too few students in at least one grade
	Grade 8	14%	21%	



### **SECTION 2: PERSONAL SAFETY**

VIOLENCE AND BULLYING

	I	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		9%	8%	Overall Differences: State vs SU
Sex	Male	9%	8%	VT and SU are Similar
	Female	10%	8%	Within SU Differences
Grade	Grade 6		7%	Too few students in at least one grade
	Grade 7	11%	8%	
	Grade 8	9%	9%	

#### DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT 10% Overall 8% Overall Differences: State vs SU VT and SU are Similar Sex Male 9% 7% Female 10% 10% Within SU Differences Grade Grade 6 8% Too few students in at least one grade Grade 7 11% 8% Grade 8 8% 9%



## SECTION 2: PERSONAL SAFETY

CAR SAFETY

SEATBELT USE					
	SU/SD	VT			
Never	•	1%	Too few students		
Rarely		1%	Too few students		
Sometimes		3%	Too few students		
Most of the time	19%	18%			
Always	75%	76%			

	I	RARELY O	R NEVEI	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	_		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



## SECTION 2: PERSONAL SAFETY CAR SAFETY

EVE	ER RODE W	TTH A DRI	VER WH	O HAD BEEN DRINKING ALCOHOL
		SU/SD	VT	
Overall		22%	22%	Overall Differences: State vs SU
Sex	Male	18%	20%	VT and SU are Similar
	Female	26%	24%	Within SU Differences
Grade	Grade 6		15%	Females > Males
	Grade 7	21%	21%	Too few students in at least one grade
	Grade 8	24%	27%	

EV	ER RODE V	WITH A DR	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male	10%	7%	VT and SU are Similar
	Female	12%	10%	Within SU Differences
Grade	Grade 6		5%	Too few students in at least one grade
	Grade 7	18%	8%	
	Grade 8		12%	



## SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT			
Never wear a helmet	27%	16%	SU > VT		
Rarely wear a helmet	16%	15%			
Sometimes wear a helmet	24%	15%	SU > VT		
Most of the time wear a helmet	18%	25%	VT > SU		
Always wear a helmet	16%	28%	VT > SU		

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall	_	43%	31%	Overall Differences: State vs SU
Sex	Male	47%	33%	SU > VT
	Female	41%	29%	Within SU Differences
Grade	Grade 6		24%	Too few students in at least one grade
	Grade 7	46%	30%	
	Grade 8	40%	37%	

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet		5%	Too few students			
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet		2%	Too few students			
Most of the time wear a helmet	8%	7%				
Always wear a helmet	89%	83%	SU > VT			



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

MIDDLE SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

RAREL	Y OR NEVI	ER WEAR A	A HELMI	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	_
Overall			7%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8		7%	

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE				
		SU/SD	VT	
Overall	-	19%	17%	Overall Differences: State vs SU
Sex	Male	15%	19%	VT and SU are Similar
	Female	23%	16%	Within SU Differences
Grade	Grade 6		17%	Females > Males
	Grade 7	19%	17%	Too few students in at least one grade
	Grade 8	19%	18%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

MIDDLE SCHOOL RESULTS

### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
		SU/SD	VT			
Overall	-	25%	26%	Overall Differences: State vs SU		
Sex	Male	22%	25%	VT and SU are Similar		
	Female	30%	27%	Within SU Differences		
Grade	Grade 6		21%	Too few students in at least one grade		
	Grade 7	29%	27%			
	Grade 8	20%	29%			

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
		SU/SD	VT			
Overall	-	17%	19%	Overall Differences: State vs SU		
Sex	Male		17%	VT and SU are Similar		
	Female	29%	20%	Within SU Differences		
Grade	Grade 6		15%	Too few students by sex		
	Grade 7	14%	19%	Too few students in at least one grade		
	Grade 8	19%	20%			



## SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE				
	SU/SD	VT		
Never	11%	9%		
Rarely	14%	14%		
Sometimes	27%	27%		
Most of the time	27%	29%		
Always	22%	21%		

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS						
		SU/SD				
Overall	-	49%	50%	Overall Differences: State vs SU		
Sex	Male	52%	51%	VT and SU are Similar		
	Female	47%	49%	Within SU Differences		
Grade	Grade 6		42%	Too few students in at least one grade		
	Grade 7	51%	50%			
	Grade 8	51%	56%			



## SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT		
Overall	-	30%	30%	Overall Differences: State vs SU	
Sex	Male	30%	30%	VT and SU are Similar	
	Female	31%	31%	Within SU Differences	
Grade	Grade 6		18%	Too few students in at least one grade	
	Grade 7	26%	29%		
	Grade 8	35%	40%		



### SECTION 3: MENTAL HEALTH

		FELT SAI	OR HO	PELESS, PAST YEAR
		SU/SD	VT	_
Overall		22%	19%	Overall Differences: State vs SU
Sex	Male	14%	12%	VT and SU are Similar
	Female	30%	26%	Within SU Differences
Grade	Grade 6		16%	Females > Males
	Grade 7	27%	18%	Too few students in at least one grade
	Grade 8	15%	22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	15%	18%	Overall Differences: State vs SU
Sex	Male	11%	12%	VT and SU are Similar
	Female	19%	23%	Within SU Differences
Grade	Grade 6		13%	Females > Males
	Grade 7	11%	17%	Too few students in at least one grade
	Grade 8	16%	22%	



### SECTION 3: MENTAL HEALTH

EVE	THEY WOULD KILL THEMSELVES			
		SU/SD	VT	_
Overall		7%	12%	Overall Differences: State vs SU
Sex	Male		8%	VT > SU
	Female	10%	16%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		11%	Too few students in at least one grade
	Grade 8	8%	16%	

		EVE	R ATTEM	IPTED SUICIDE
		SU/SD	VT	_
Overall			6%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		8%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		8%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

LIFETIME USE

		EVER SMO	OKED A	WHOLE CIGARETTE
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	7%	7%	Within SU Differences
Grade	Grade 6		4%	Too few students in at least one grade
	Grade 7	10%	7%	
	Grade 8		10%	

	EVE	RONIC VAPOR PRODUCT		
		SU/SD	VT	_
Overall	_	7%	9%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students in at least one grade
	Grade 7	8%	8%	
	Grade 8	8%	14%	



## SECTION 4: SUBSTANCE USE

LIFETIME USE

	EVE	CR USED A	RED TOBACCO PRODUCT	
		SU/SD	VT	_
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	7%	5%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	10%	6%	

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		24%	19%	Overall Differences: State vs SU
Sex	Male	22%	20%	SU > VT
	Female	27%	17%	Within SU Differences
Grade	Grade 6		10%	Too few students in at least one grade
	Grade 7	27%	17%	
	Grade 8	25%	26%	



## SECTION 4: SUBSTANCE USE

LIFETIME USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		4%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female	7%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		6%	Too few students in at least one grade
	Grade 8		11%	

		EV	ER USEI	) INHALANTS
		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male	7%	4%	VT and SU are Similar
	Female		4%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7	8%	4%	Too few students in at least one grade
	Grade 8		5%	



### **SECTION 4: SUBSTANCE USE**

LIFETIME USE

#### EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO **USE IT** SU/SD VT Overall Differences: State vs SU Overall 2% Sex Male Too few students 2% Within SU Differences Female 3% Grade Grade 6 1% Grade 7 2% Grade 8 3%

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



## SECTION 4: SUBSTANCE USE

	τ	U <b>SED TOB</b> A	ACCO PR	ODUCTS, PAST YEAR
		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		5%	
	Grade 8		7%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT		
Overall	-		5%	Overall Differences: State vs SU	
Sex	Male		5%	Too few students	
	Female		4%	Within SU Differences	
Grade	Grade 6		2%		
	Grade 7		4%		
	Grade 8		7%		



## SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	·	3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		4%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	·	2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		3%	



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette		33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes		14%	Too few students		

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall	-		4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		3%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		3%	
	Grade 8		6%	



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products		3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them		44%	Too few students		
A person 18 or older gave me		9%	Too few students		
Took them from a store		4%	Too few students		
Some other way		21%	Too few students		



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT				
1 or 2 days		49%	Too few students			
3 to 5 days		16%	Too few students			
6 to 9 days		10%	Too few students			
10 to 19 days		6%	Too few students			
20 to 29 days		5%	Too few students			
All 30 days		15%	Too few students			

		SMOK	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	
Overall	-	٠	1%	Overall Differences: State vs SU
Sex	Male		1%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	



## SECTION 4: SUBSTANCE USE

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		SU/SD	VT		
Overall	_		36%	Overall Differences: State vs SU	
Sex	Male		36%	Too few students	
	Female	•	38%	Within SU Differences	
Grade	Grade 6		30%	Too few students by sex	
	Grade 7		35%	Too few students in at least one grade	
	Grade 8		40%		



## SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	_
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	9%	6%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	8%	5%	
	Grade 8	10%	10%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		3%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks	·	63%	Too few students		
3 drinks		10%	Too few students		
4 drinks	•	7%	Too few students		
5 drinks		6%	Too few students		
6 or 7 drinks	•	4%	Too few students		
8 or 9 drinks	•	2%	Too few students		
10 or more drinks		9%	Too few students		

USED MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall			4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		4%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8		7%	



## SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES						
		SU/SD	VT			
Overall	-	95%	95%	Overall Differences: State vs SU		
Sex	Male	94%	95%	VT and SU are Similar		
	Female	96%	95%	Within SU Differences		
Grade	Grade 6		98%	Too few students in at least one grade		
	Grade 7	92%	95%			
	Grade 8	97%	93%			

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL						
		SU/SD	VT			
Overall	_	88%	89%	Overall Differences: State vs SU		
Sex	Male	89%	89%	VT and SU are Similar		
	Female	87%	90%	Within SU Differences		
Grade	Grade 6		95%	Too few students in at least one grade		
	Grade 7	90%	91%			
	Grade 8	85%	84%			



## SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	93%	90%	Overall Differences: State vs SU
Sex	Male	92%	90%	SU > VT
	Female	93%	90%	Within SU Differences
Grade	Grade 6		97%	Too few students in at least one grade
	Grade 7	88%	91%	
	Grade 8	95%	84%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	-	93%	95%	Overall Differences: State vs SU	
Sex	Male	94%	95%	VT > SU	
	Female	94%	95%	Within SU Differences	
Grade	Grade 6		96%	Too few students in at least one grade	
	Grade 7	90%	95%		
	Grade 8	95%	95%		



#### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS ABOUT USE

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL VT SU/SD Overall 79% Overall Differences: State vs SU 85% 83% VT > SUSex Male 84% Female 76% 87% Within SU Differences Grade Grade 6 87% Too few students in at least one grade Grade 7 79% 86% Grade 8 76% 83%

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall	-	93%	92%	Overall Differences: State vs SU	
Sex	Male	92%	92%	VT and SU are Similar	
	Female	96%	92%	Within SU Differences	
Grade	Grade 6		95%	Too few students in at least one grade	
	Grade 7	90%	92%		
	Grade 8	95%	89%		



## SECTION 4: SUBSTANCE USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT		
Overall		22%	22%	Overall Differences: State vs SU	
Sex	Male	20%	22%	VT and SU are Similar	
	Female	24%	21%	Within SU Differences	
Grade	Grade 6		13%	Too few students in at least one grade	
	Grade 7	20%	20%		
	Grade 8	29%	28%		

THI	NK ALCOH	OL WOUL	D BE SOI	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		36%	37%	Overall Differences: State vs SU
Sex	Male	31%	37%	VT and SU are Similar
	Female	41%	37%	Within SU Differences
Grade	Grade 6		24%	Females > Males
	Grade 7	31%	35%	Too few students in at least one grade
	Grade 8	49%	48%	



## SECTION 4: SUBSTANCE USE

THIN	K MARIJU	ANA WOU	LD BE SO	ORT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		11%	15%	Overall Differences: State vs SU
Sex	Male		15%	VT > SU
	Female	18%	15%	Within SU Differences
Grade	Grade 6		6%	Too few students by sex
	Grade 7	10%	13%	Too few students in at least one grade
	Grade 8	15%	23%	

THINK	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		SU/SD	VT		
Overall	_	73%	72%	Overall Differences: State vs SU	
Sex	Male	71%	71%	VT and SU are Similar	
	Female	76%	74%	Within SU Differences	
Grade	Grade 6		76%	Too few students in at least one grade	
	Grade 7	70%	72%		
	Grade 8	73%	70%		



## SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT	
Overall	-	43%	48%	Overall Differences: State vs SU
Sex	Male	51%	45%	VT > SU
	Female	36%	51%	Within SU Differences
Grade	Grade 6		50%	Males > Females
	Grade 7	39%	48%	Too few students in at least one grade
	Grade 8	45%	46%	

THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT		
Overall	-	61%	59%	Overall Differences: State vs SU	
Sex	Male	63%	56%	VT and SU are Similar	
	Female	60%	62%	Within SU Differences	
Grade	Grade 6		73%	Too few students in at least one grade	
	Grade 7	56%	60%		
	Grade 8	62%	48%		



## SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

		EVER H	AD SEXU	JAL INTERCOURSE
		SU/SD	VT	
Overall		11%	5%	Overall Differences: State vs SU
Sex	Male	10%	6%	SU > VT
	Female	12%	4%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	8%	4%	
	Grade 8	14%	8%	

		E	VER HA	D ORAL SEX
		SU/SD	VT	_
Overall	_	7%	6%	Overall Differences: State vs SU
Sex	Male	9%	6%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8	8%	9%	



## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT 1	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	7%	7%	
1 day	4%	4%	
2 days	9%	7%	SU > VT
3 days	7%	10%	VT > SU
4 days	10%	11%	
5 days	15%	15%	
6 days	13%	11%	
7 days	35%	34%	

WERE P	HYSICALL	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	_	35%	34%	Overall Differences: State vs SU
Sex	Male	40%	42%	VT and SU are Similar
	Female	32%	26%	Within SU Differences
Grade	Grade 6		38%	Too few students in at least one grade
	Grade 7	35%	35%	
	Grade 8	37%	30%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

MIDDLE SCHOOL RESULTS

## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS					
		SU/SD	VT		
Overall	-	63%	60%	Overall Differences: State vs SU	
Sex	Male	63%	66%	VT and SU are Similar	
	Female	65%	54%	Within SU Differences	
Grade	Grade 6		63%	Too few students in at least one grade	
	Grade 7	63%	60%		
	Grade 8	66%	57%		

	WERE NOT PHYSICALLY ACTIVE PAST WEEK					
		SU/SD	VT			
Overall	_		7%	Overall Differences: State vs SU		
Sex	Male		7%	Too few students		
	Female		7%	Within SU Differences		
Grade	Grade 6		7%			
	Grade 7		7%			
	Grade 8		8%			



## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHY	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT				
0 days	37%	25%	SU > VT			
1 day	6%	7%				
2 days	8%	8%				
3 days	•	8%	Too few students			
4 days		5%	Too few students			
5 days	45%	46%				

GET	GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL						
		SU/SD	VT				
Overall	_	37%	25%	Overall Differences: State vs SU			
Sex	Male	37%	24%	SU > VT			
	Female	37%	25%	Within SU Differences			
Grade	Grade 6	·	16%	Too few students in at least one grade			
	Grade 7	43%	26%				
	Grade 8	39%	29%				



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

MIDDLE SCHOOL RESULTS

## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	A BIKE OF	R WALK	TO SCHOOL WHEN WEATHER PERMITS
	SU/SD	VT	
0 days	88%	77%	SU > VT
1 day		3%	Too few students
2 days		3%	Too few students
3 days		4%	Too few students
4 days		2%	Too few students
5 days	5%	10%	VT > SU

	WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY					
		SU/SD	VT			
Overall	-		10%	Overall Differences: State vs SU		
Sex	Male		12%	Too few students		
	Female		9%	Within SU Differences		
Grade	Grade 6		11%			
	Grade 7		10%			
	Grade 8		10%			



## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATO	CH TELEV	ISION, T	YPICAL SCHOOL DA
	SU/SD	VT	
No TV on average school day	11%	18%	VT > SU
Less than 1 hour per day	20%	23%	
1 hour per day	14%	18%	VT > SU
2 hours per day	27%	20%	SU > VT
3 hours per day	12%	10%	
4 hours per day	5%	4%	
5 or more hours per day	11%	6%	SU > VT

	WATCHED TV 3+ HOURS PER DAY				
		SU/SD	VT		
Overall	_	28%	20%	Overall Differences: State vs SU	
Sex	Male	29%	20%	SU > VT	
	Female	29%	20%	Within SU Differences	
Grade	Grade 6		18%	Too few students in at least one grade	
	Grade 7	22%	20%		
	Grade 8	34%	21%		



MIDDLE SCHOOL RESULTS

## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER A	ND VIDEO	GAME U
	SU/SD	VT
No playing video/computer game	12%	12%
Less than 1 hour per day	21%	17%
1 hour per day	9%	15%
2 hours per day	19%	18%
3 hours per day	14%	14%
4 hours per day	6%	8%
5 or more hours per day	19%	16%

PLAYE	PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY					
		SU/SD	VT			
Overall	-	39%	38%	Overall Differences: State vs SU		
Sex	Male	41%	39%	VT and SU are Similar		
	Female	39%	37%	Within SU Differences		
Grade	Grade 6		29%	Too few students in at least one grade		
	Grade 7	35%	38%			
	Grade 8	48%	45%			



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORANGE EAST SU (SU027) REPORT

MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK			
	SU/SD	VT		
0 days	4%	7%	VT > SU	
1 day	9%	4%	SU > VT	
2 days	8%	7%		
3 days	6%	7%		
4 days	8%	6%		
5 days	11%	8%	SU > VT	
6 days	7%	9%		
7 days	47%	52%	VT > SU	

		DID NOT E	AT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	_		7%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		7%	Within SU Differences
Grade	Grade 6		5%	
	Grade 7		7%	
	Grade 8		7%	



## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSES	S OF WAT	ER CONS	SUMED PER DAY, PAST WEEK
	SU/SD	VT	
Did not drink water	5%	3%	SU > VT
1 to 3 times	13%	9%	SU > VT
4 to 6 times	11%	10%	
1 time per day	5%	6%	
2 times per day	14%	16%	
3 times per day	19%	19%	
4 or more times per day	33%	37%	

	DRANK T	THREE OR	MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	52%	56%	Overall Differences: State vs SU
Sex	Male	51%	57%	VT and SU are Similar
	Female	55%	54%	Within SU Differences
Grade	Grade 6		58%	Too few students in at least one grade
	Grade 7	46%	54%	
	Grade 8	56%	56%	



### SECTION 7: SOCIAL DETERMINANTS

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT				
Never	79%	77%				
Rarely	11%	14%	VT > SU			
Sometimes	8%	7%				
Most of the time		1%	Too few students			
Always		1%	Too few students			

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME				
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		2%	
	Grade 8		2%	



### SECTION 7: SOCIAL DETERMINANTS

		ВО	RN OUTS	SIDE THE U.S.
		SU/SD	VT	
Overall			6%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		7%	
	Grade 7		5%	
	Grade 8		6%	



AT	E DINNE	R WITH A	AT LEAST ONE PARENT, PAST WEEK
	SU/SD	VT	
0 days	4%	5%	
1 day	·	2%	Too few students
2 days	•	2%	Too few students
3 days	3%	3%	
4 days	6%	4%	
5 days	4%	7%	VT > SU
6 days	5%	10%	VT > SU
7 days	76%	66%	SU > VT

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	91%	88%	Overall Differences: State vs SU		
Sex	Male	96%	89%	SU > VT		
	Female	87%	87%	Within SU Differences		
Grade	Grade 6		90%	Males > Females		
	Grade 7	92%	89%	Too few students in at least one grade		
	Grade 8	87%	86%			



BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS					
	SU/SD	VT			
Strongly agree	21%	28%	VT > SU		
Agree	37%	43%	VT > SU		
Not sure	27%	17%	SU > VT		
Disagree	10%	8%			
Strongly disagree	5%	5%			

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR						
		SU/SD	VT			
Overall	-	58%	71%	Overall Differences: State vs SU		
Sex	Male	60%	72%	VT > SU		
	Female	58%	69%	Within SU Differences		
Grade	Grade 6		77%	Too few students in at least one grade		
	Grade 7	53%	72%			
	Grade 8	61%	66%			



BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT		
Overall	-	69%	76%	Overall Differences: State vs SU	
Sex	Male	75%	76%	VT > SU	
	Female	64%	76%	Within SU Differences	
Grade	Grade 6		79%	Males > Females	
	Grade 7	65%	75%	Too few students in at least one grade	
	Grade 8	73%	75%		

		GRADES	EARNED IN SCHOOL
	SU/SD	VT	
Mostly A's	45%	46%	
Mostly B's	33%	38%	VT > SU
Mostly C's	13%	12%	
Mostly D's	7%	3%	SU > VT
Mostly F's	٠	1%	Too few students

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY						
	SU/SD	VT				
Strongly agree	18%	27%	VT > SU			
Agree	41%	36%	SU > VT			
Not sure	35%	24%	SU > VT			
Disagree	4%	7%	VT > SU			
Strongly disagree		5%	Too few students			



STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE						
		SU/SD	VT			
Overall	_	59%	64%	Overall Differences: State vs SU		
Sex	Male	63%	68%	VT > SU		
	Female	58%	60%	Within SU Differences		
Grade	Grade 6		67%	Too few students in at least one grade		
	Grade 7	54%	65%			
	Grade 8	69%	60%			

