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# **2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT**

## **REPORT FOR NORTH COUNTRY SU (SU031)**

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Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs>

TABLE OF CONTENTS

**About the YRBS** .....3

**METHODOLOGY** .....4

**USING THE YRBS RESULTS** .....4

**HIGH SCHOOL RESULTS** .....6

Section 1: Demographics .....6

Section 2: Personal Safety .....7

Section 3: Mental Health .....20

Section 4: Substance Use .....22

Section 5: Sexual Health .....54

Section 6: BMI and Weight Perceptions .....60

Section 7: Physical Activity and Nutrition .....63

Section 8: Social Determinants of Health .....71

Section 9: Youth Assets and Other Protective Factors .....73

**MIDDLE SCHOOL RESULTS** .....81

Section 1: Demographics .....82

Section 2: Personal Safety .....83

Section 3: Mental Health .....93

Section 4: Substance Use .....96

Section 5: Sexual Activity .....114

Section 6: Physical Activity and Nutrition .....116

Section 7: Social Determinants of Health .....124

Section 8: Youth Assets and Other Protective Factors .....125

### About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at:  
<http://www.healthvermont.gov/yrbs>

## METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyyouth/data/yrbs/methods>

## USING THE YRBS RESULTS

### ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

**Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

**Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

**Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

**Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

## POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

## UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

# HIGH SCHOOL RESULTS

## NORTH COUNTRY SU (SU031) REPORT

<http://healthvermont.gov/yrbs.aspx>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

HIGH SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	715	27349

		SU/SD	VT
Sex	Male	51%	51%
	Female	49%	49%
Grade	9th Grade	27%	25%
	10th Grade	24%	25%
	11th Grade	25%	25%
	12th Grade	24%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	83%
	Students of Color (REM)	5%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	91%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	9%	11%

WERE IN A PHYSICAL FIGHT, PAST YEAR			
		SU/SD	VT
Overall		23%	17%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Males > Females			
Sex	Male	31%	22%
	Female	16%	11%
9 > 12			
Grade	Grade 9	26%	21%
	Grade 10	27%	18%
	Grade 11	23%	15%
	Grade 12	17%	13%
10 > 12			
REM > WnH			
Race	WnH	23%	16%
	REM	36%	23%
Too few students by sexual orientation			
Sexual Orientation	Het/CIS	23%	16%
	LGBT	.	23%

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR			
		SU/SD	VT
Overall		10%	7%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Males > Females			
Sex	Male	15%	9%
	Female	6%	3%
9 > 12			
Grade	Grade 9	14%	9%
	Grade 10	12%	7%
	Grade 11	9%	6%
	Grade 12	6%	4%
10 > 12			
REM > WnH			
Race	WnH	10%	5%
	REM	19%	11%
Too few students by sexual orientation			
Sexual Orientation	Het/CIS	10%	6%
	LGBT	.	10%

<b>CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		12%	7%	Overall Differences: State vs SU
Sex	Male	22%	10%	SU > VT
	Female	2%	3%	Within SU Differences
Grade	Grade 9	11%	5%	Males > Females
	Grade 10	9%	6%	12 > 10
	Grade 11	11%	8%	Too few students by sexual orientation
	Grade 12	16%	8%	
Race	WnH	12%	6%	
	REM	11%	10%	
Sexual Orientation	Het/CIS	12%	6%	
	LGBT	.	10%	

<b>WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		9%	5%	Overall Differences: State vs SU
Sex	Male	11%	6%	SU > VT
	Female	8%	3%	Within SU Differences
Grade	Grade 9	12%	6%	9 > 11
	Grade 10	12%	5%	10 > 11
	Grade 11	6%	4%	Too few students by sexual orientation
	Grade 12	7%	4%	
Race	WnH	9%	4%	
	REM	13%	9%	
Sexual Orientation	Het/CIS	9%	4%	
	LGBT	.	10%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

WERE ELECTRONICALLY BULLIED, PAST YEAR				
		SU/SD	VT	
Overall		23%	16%	Overall Differences: State vs SU
Sex	Male	12%	10%	SU > VT
	Female	34%	22%	Within SU Differences
Grade	Grade 9	31%	19%	Females > Males
	Grade 10	22%	16%	9 > 10
	Grade 11	22%	15%	9 > 11
	Grade 12	15%	13%	9 > 12
Race	WnH	23%	15%	Too few students by sexual orientation
	REM	17%	18%	
Sexual Orientation	Het/CIS	22%	14%	
	LGBT	.	30%	

WERE BULLIED, PAST 30 DAYS				
		SU/SD	VT	
Overall		25%	16%	Overall Differences: State vs SU
Sex	Male	16%	11%	SU > VT
	Female	33%	20%	Within SU Differences
Grade	Grade 9	32%	21%	Females > Males
	Grade 10	30%	16%	9 > 11
	Grade 11	21%	14%	9 > 12
	Grade 12	14%	12%	10 > 12
Race	WnH	25%	15%	10 > 11
	REM	17%	18%	WnH > REM
Sexual Orientation	Het/CIS	24%	14%	Too few students by sexual orientation
	LGBT	.	30%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

<b>BULLIED SOMEONE ELSE, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		18%	9%
<b>Overall Differences: State vs SU</b>			
SU > VT			
<b>Within SU Differences</b>			
Sex	Male	16%	10%
	Female	20%	8%
Grade	Grade 9	16%	9%
	Grade 10	22%	9%
	Grade 11	19%	9%
	Grade 12	16%	8%
Race	WnH	18%	8%
	REM	18%	12%
Sexual Orientation	Het/CIS	18%	8%
	LGBT	.	13%

<b>DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		7%	5%
<b>Overall Differences: State vs SU</b>			
SU > VT			
<b>Within SU Differences</b>			
Sex	Male	6%	4%
	Female	9%	6%
Grade	Grade 9	7%	5%
	Grade 10	8%	5%
	Grade 11	6%	5%
	Grade 12	7%	4%
Race	WnH	7%	4%
	REM	12%	9%
Sexual Orientation	Het/CIS	7%	4%
	LGBT	.	12%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE**

		SU/SD	VT		
Overall		10%	6%	Overall Differences: State vs SU	
Sex	Male	5%	3%	SU > VT	
	Female	15%	9%		
Grade	Grade 9	9%	5%	Within SU Differences	
	Grade 10	8%	5%		
	Grade 11	11%	7%		
	Grade 12	13%	7%		
Race	WnH	10%	6%	Females > Males	
	REM	11%	9%		
Sexual Orientation	Het/CIS	8%	5%		Too few students by sexual orientation
	LGBT	.	18%		

**EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR**

		SU/SD	VT		
Overall		11%	10%	Overall Differences: State vs SU	
Sex	Male	6%	5%	VT and SU are Similar	
	Female	15%	15%		
Grade	Grade 9	10%	10%	Within SU Differences	
	Grade 10	9%	11%		
	Grade 11	12%	10%		
	Grade 12	11%	9%		
Race	WnH	10%	9%	Females > Males	
	REM	13%	14%		
Sexual Orientation	Het/CIS	9%	8%		Too few students by sexual orientation
	LGBT	.	23%		

<b>EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		11%	7%
Sex	Male	6%	6%
	Female	15%	8%
Grade	Grade 9	7%	5%
	Grade 10	12%	7%
	Grade 11	12%	7%
	Grade 12	12%	7%
Race	WnH	10%	6%
	REM	16%	11%
Sexual Orientation	Het/CIS	10%	5%
	LGBT	.	15%

Overall Differences: State vs SU

SU > VT

Within SU Differences

Females > Males

Too few students by sexual orientation

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

<b>DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		11%	7%
<b>Overall Differences: State vs SU</b>			
SU > VT			
<b>Within SU Differences</b>			
Sex	Male	15%	9%
	Female	6%	5%
Grade	Grade 9	13%	5%
	Grade 10	.	4%
	Grade 11	10%	7%
	Grade 12	14%	10%
Race	WnH	10%	6%
	REM	.	13%
Sexual Orientation	Het/CIS	10%	7%
	LGBT	.	11%

<b>DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		17%	14%
<b>Overall Differences: State vs SU</b>			
VT and SU are Similar			
<b>Within SU Differences</b>			
Sex	Male	20%	16%
	Female	14%	12%
Grade	Grade 9	19%	8%
	Grade 10	12%	9%
	Grade 11	18%	15%
	Grade 12	18%	21%
Race	WnH	16%	13%
	REM	24%	20%
Sexual Orientation	Het/CIS	17%	13%
	LGBT	.	21%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS			
		SU/SD	VT
Overall		24%	18%
Overall Differences: State vs SU			
Sex	Male	24%	17%
	Female	24%	19%
Within SU Differences			
Grade	Grade 9	31%	17%
	Grade 10	17%	18%
	Grade 11	13%	18%
	Grade 12	31%	18%
Race	WnH	23%	18%
	REM	24%	20%
Sexual Orientation	Het/CIS	24%	17%
	LGBT	.	22%

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS			
		SU/SD	VT
Overall		22%	20%
Overall Differences: State vs SU			
Sex	Male	19%	20%
	Female	25%	20%
Within SU Differences			
Grade	Grade 9	20%	13%
	Grade 10	23%	18%
	Grade 11	21%	22%
	Grade 12	22%	28%
Race	WnH	22%	20%
	REM	25%	23%
Sexual Orientation	Het/CIS	22%	19%
	LGBT	.	29%

**TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER  
VEHICLE, PAST 30 DAYS**

		SU/SD	VT	
Overall		34%	34%	Overall Differences: State vs SU
Sex	Male	32%	34%	VT and SU are Similar
	Female	36%	34%	Within SU Differences
Grade	Grade 9	10%	9%	10 > 9
	Grade 10	24%	16%	11 > 9
	Grade 11	47%	42%	12 > 9
	Grade 12	47%	53%	12 > 10
Race	WnH	35%	34%	11 > 10
	REM	.	32%	Too few students by race
Sexual Orientation	Het/CIS	34%	34%	Too few students by sexual orientation
	LGBT	.	31%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD,  
PAST YEAR**

	SU/SD	VT	
Never wore a helmet	21%	11%	SU > VT
Rarely wore a helmet	4%	3%	
Sometimes wore a helmet	3%	3%	
Most of the time wore a helmet	8%	9%	
Always wore a helmet	64%	74%	VT > SU

**RARELY OR NEVER WEAR A HELMET WHILE SKIING OR  
SNOWBOARDING, PAST YEAR**

		SU/SD	VT	
Overall		25%	14%	Overall Differences: State vs SU
Sex	Male	32%	17%	SU > VT
	Female	13%	9%	
Grade	Grade 9	22%	11%	Within SU Differences
	Grade 10	.	13%	
	Grade 11	.	15%	
	Grade 12	.	15%	
Race	WnH	24%	12%	Males > Females
	REM	.	24%	
Sexual Orientation	Het/CIS	25%	12%	Too few students in at least one grade
	LGBT	.	24%	

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING  
PHYSICALLY ACTIVE, PAST YEAR**

		SU/SD	VT	
Overall		20%	18%	Overall Differences: State vs SU
Sex	Male	22%	20%	VT and SU are Similar
	Female	18%	16%	Within SU Differences
Grade	Grade 9	24%	20%	Too few students by sexual orientation
	Grade 10	18%	18%	
	Grade 11	19%	17%	
	Grade 12	18%	16%	
Race	WnH	19%	17%	
	REM	25%	22%	
Sexual Orientation	Het/CIS	20%	18%	
	LGBT	.	15%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

<b>WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		65%	54%
<b>Overall Differences: State vs SU</b>			
SU > VT			
<b>Within SU Differences</b>			
Females > Males			
Sex	Male	61%	51%
	Female	71%	58%
Grade	Grade 9	60%	47%
	Grade 10	63%	53%
	Grade 11	61%	58%
	Grade 12	80%	61%
Race	WnH	66%	56%
	REM	62%	50%
Sexual Orientation	Het/CIS	64%	54%
	LGBT	.	62%

<b>MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		65%	55%
<b>Overall Differences: State vs SU</b>			
SU > VT			
<b>Within SU Differences</b>			
Females > Males			
Too few students by sexual orientation			
Sex	Male	60%	53%
	Female	70%	56%
Grade	Grade 9	65%	57%
	Grade 10	66%	56%
	Grade 11	65%	54%
	Grade 12	65%	52%
Race	WnH	65%	56%
	REM	67%	47%
Sexual Orientation	Het/CIS	65%	55%
	LGBT	.	57%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS**

		SU/SD	VT	
Overall		40%	23%	Overall Differences: State vs SU
Sex	Male	40%	23%	SU > VT
	Female	39%	23%	Within SU Differences
Grade	Grade 9	40%	22%	10 > 12
	Grade 10	48%	23%	10 > 11
	Grade 11	37%	23%	REM > WnH
	Grade 12	33%	24%	Too few students by sexual orientation
Race	WnH	39%	22%	
	REM	49%	27%	
Sexual Orientation	Het/CIS	39%	22%	
	LGBT	.	33%	

**WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS**

		SU/SD	VT	
Overall		51%	33%	Overall Differences: State vs SU
Sex	Male	50%	33%	SU > VT
	Female	50%	33%	Within SU Differences
Grade	Grade 9	51%	32%	10 > 12
	Grade 10	58%	33%	10 > 11
	Grade 11	48%	33%	Too few students by sexual orientation
	Grade 12	45%	36%	
Race	WnH	51%	33%	
	REM	53%	34%	
Sexual Orientation	Het/CIS	51%	32%	
	LGBT	.	44%	

**FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR**

		SU/SD	VT	
Overall		29%	25%	Overall Differences: State vs SU
Sex	Male	19%	16%	SU > VT
	Female	38%	35%	
Grade	Grade 9	34%	23%	Within SU Differences
	Grade 10	24%	26%	Females > Males
	Grade 11	32%	26%	9 > 10
	Grade 12	23%	26%	9 > 12
Race	WnH	28%	25%	Too few students by sexual orientation
	REM	27%	28%	
Sexual Orientation	Het/CIS	26%	21%	
	LGBT	.	58%	

**DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR**

		SU/SD	VT	
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male	9%	9%	SU > VT
	Female	29%	25%	
Grade	Grade 9	22%	18%	Within SU Differences
	Grade 10	20%	18%	Females > Males
	Grade 11	17%	16%	Too few students by sexual orientation
	Grade 12	17%	14%	
Race	WnH	19%	16%	
	REM	14%	18%	
Sexual Orientation	Het/CIS	17%	12%	
	LGBT	.	48%	

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		SU/SD	VT	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	17%	15%	
Grade	Grade 9	13%	11%	Within SU Differences
	Grade 10	12%	12%	
	Grade 11	11%	11%	
	Grade 12	13%	10%	
Race	WnH	12%	10%	Females > Males
	REM	11%	15%	
Sexual Orientation	Het/CIS	10%	8%	Too few students by sexual orientation
	LGBT	.	33%	

ATTEMPTED SUICIDE, PAST YEAR				
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	5%	4%	VT and SU are Similar
	Female	8%	7%	
Grade	Grade 9	7%	6%	Within SU Differences
	Grade 10	6%	6%	
	Grade 11	9%	5%	
	Grade 12	.	4%	
Race	WnH	6%	5%	Too few students in at least one grade
	REM	.	8%	
Sexual Orientation	Het/CIS	6%	4%	Too few students by race
	LGBT	.	18%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER SMOKED A WHOLE CIGARETTE			
		SU/SD	VT
Overall		36%	24%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Sex	Male	38%	26%
	Female	33%	22%
Grade	Grade 9	35%	17%
	Grade 10	31%	21%
	Grade 11	40%	28%
	Grade 12	36%	31%
Race	WnH	35%	23%
	REM	49%	28%
Sexual Orientation	Het/CIS	35%	22%
	LGBT	.	38%

SMOKED A CIGARETTE BEFORE AGE 13 YEARS			
		SU/SD	VT
Overall		12%	8%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Sex	Male	16%	9%
	Female	8%	6%
Grade	Grade 9	13%	8%
	Grade 10	11%	8%
	Grade 11	12%	8%
	Grade 12	12%	7%
Race	WnH	12%	7%
	REM	18%	12%
Sexual Orientation	Het/CIS	11%	7%
	LGBT	.	14%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER USED AN ELECTRONIC VAPOR PRODUCT			
		SU/SD	VT
Overall		48%	34%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Sex	Male	50%	37%
	Female	44%	31%
Grade	Grade 9	47%	23%
	Grade 10	49%	31%
	Grade 11	48%	38%
	Grade 12	45%	44%
Race	WnH	47%	34%
	REM	54%	35%
Sexual Orientation	Het/CIS	50%	34%
	LGBT	.	38%

EVER TRIED FLAVORED TOBACCO PRODUCTS			
		SU/SD	VT
Overall		28%	21%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Sex	Male	37%	24%
	Female	19%	17%
Grade	Grade 9	21%	12%
	Grade 10	26%	17%
	Grade 11	32%	24%
	Grade 12	34%	30%
Race	WnH	28%	20%
	REM	33%	21%
Sexual Orientation	Het/CIS	29%	20%
	LGBT	.	26%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER DRANK ALCOHOL			
		SU/SD	VT
Overall		69%	58%
Overall Differences: State vs SU			
Sex	Male	66%	57%
	Female	72%	58%
Within SU Differences			
Grade	Grade 9	60%	41%
	Grade 10	75%	54%
	Grade 11	64%	65%
	Grade 12	78%	71%
Too few students by sexual orientation			
Race	WnH	69%	58%
	REM	67%	56%
Sexual Orientation	Het/CIS	70%	57%
	LGBT	.	66%

DRANK ALCOHOL BEFORE AGE 13 YEARS			
		SU/SD	VT
Overall		19%	14%
Overall Differences: State vs SU			
Sex	Male	24%	16%
	Female	14%	11%
Within SU Differences			
Grade	Grade 9	27%	17%
	Grade 10	19%	13%
	Grade 11	17%	13%
	Grade 12	14%	11%
Males > Females			
9 > 10			
9 > 11			
9 > 12			
Too few students by sexual orientation			
Race	WnH	19%	12%
	REM	26%	21%
Sexual Orientation	Het/CIS	19%	13%
	LGBT	.	20%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER USED MARIJUANA			
		SU/SD	VT
Overall		43%	37%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Females > Males			
11 > 9			
Too few students by sexual orientation			
Sex	Male	40%	37%
	Female	46%	37%
Grade	Grade 9	40%	23%
	Grade 10	42%	34%
	Grade 11	49%	42%
	Grade 12	42%	50%
Race	WnH	43%	38%
	REM	43%	37%
Sexual Orientation	Het/CIS	44%	36%
	LGBT	.	49%

TRIED MARIJUANA BEFORE AGE 13 YEARS			
		SU/SD	VT
Overall		8%	6%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Males > Females			
10 > 12			
11 > 12			
REM > WnH			
Too few students by sexual orientation			
Sex	Male	10%	7%
	Female	5%	5%
Grade	Grade 9	7%	6%
	Grade 10	9%	6%
	Grade 11	10%	6%
	Grade 12	4%	5%
Race	WnH	7%	5%
	REM	15%	10%
Sexual Orientation	Het/CIS	7%	5%
	LGBT	.	11%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER MISUSED PRESCRIPTION PAIN MEDICINE			
		SU/SD	VT
Overall		9%	8%
Overall Differences: State vs SU			
Sex	Male	7%	8%
VT and SU are Similar			
	Female	9%	7%
Within SU Differences			
Grade	Grade 9	10%	6%
REM > WnH			
	Grade 10	6%	7%
Too few students by sexual orientation			
	Grade 11	7%	8%
	Grade 12	10%	9%
Race	WnH	8%	7%
	REM	16%	11%
Sexual Orientation	Het/CIS	7%	7%
	LGBT	.	16%

EVER MISUSED PRESCRIPTION STIMULANTS			
		SU/SD	VT
Overall		5%	6%
Overall Differences: State vs SU			
Sex	Male	5%	7%
VT and SU are Similar			
	Female	6%	6%
Within SU Differences			
Grade	Grade 9	6%	4%
REM > WnH			
	Grade 10	4%	6%
Too few students by sexual orientation			
	Grade 11	6%	6%
	Grade 12	5%	9%
Race	WnH	5%	6%
	REM	11%	10%
Sexual Orientation	Het/CIS	4%	5%
	LGBT	.	12%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER USED COCAINE				
		SU/SD	VT	
Overall		5%	4%	Overall Differences: State vs SU
Sex	Male	6%	5%	VT and SU are Similar
	Female	3%	3%	Within SU Differences
Grade	Grade 9	.	2%	Males > Females
	Grade 10	4%	3%	Too few students in at least one grade
	Grade 11	7%	4%	Too few students by sexual orientation
	Grade 12	7%	6%	
Race	WnH	4%	3%	
	REM	7%	8%	
Sexual Orientation	Het/CIS	5%	3%	
	LGBT	.	9%	

EVER USED INHALANTS				
		SU/SD	VT	
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9	8%	6%	REM > WnH
	Grade 10	7%	6%	Too few students by sexual orientation
	Grade 11	5%	6%	
	Grade 12	6%	6%	
Race	WnH	6%	5%	
	REM	11%	10%	
Sexual Orientation	Het/CIS	6%	5%	
	LGBT	.	16%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER USED HEROIN				
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	VT and SU are Similar
	Female	.	1%	Within SU Differences
Grade	Grade 9	.	1%	Too few students by sex
	Grade 10	.	2%	Too few students in at least one grade
	Grade 11	5%	2%	Too few students by race
	Grade 12	4%	2%	Too few students by sexual orientation
Race	WnH	2%	1%	
	REM	.	5%	
Sexual Orientation	Het/CIS	2%	1%	
	LGBT	.	5%	

EVER USED METHAMPHETAMINES				
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	3%	3%	VT and SU are Similar
	Female	2%	1%	Within SU Differences
Grade	Grade 9	.	1%	Too few students in at least one grade
	Grade 10	.	2%	REM > WnH
	Grade 11	4%	2%	Too few students by sexual orientation
	Grade 12	5%	3%	
Race	WnH	2%	1%	
	REM	7%	6%	
Sexual Orientation	Het/CIS	2%	2%	
	LGBT	.	5%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR				
		SU/SD	VT	
Overall		34%	24%	Overall Differences: State vs SU
Sex	Male	42%	28%	SU > VT
	Female	26%	18%	Within SU Differences
Grade	Grade 9	29%	14%	Males > Females
	Grade 10	32%	20%	11 > 9
	Grade 11	38%	26%	REM > WnH
	Grade 12	36%	33%	Too few students by sexual orientation
Race	WnH	33%	23%	
	REM	44%	26%	
Sexual Orientation	Het/CIS	35%	23%	
	LGBT	.	31%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall		30%	19%	Overall Differences: State vs SU
Sex	Male	37%	23%	SU > VT
	Female	23%	14%	Within SU Differences
Grade	Grade 9	27%	11%	Males > Females
	Grade 10	28%	16%	REM > WnH
	Grade 11	35%	22%	Too few students by sexual orientation
	Grade 12	30%	28%	
Race	WnH	30%	19%	
	REM	41%	20%	
Sexual Orientation	Het/CIS	31%	18%	
	LGBT	.	25%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		19%	15%	Overall Differences: State vs SU
Sex	Male	26%	19%	SU > VT
	Female	12%	11%	
Grade	Grade 9	16%	8%	Within SU Differences
	Grade 10	12%	12%	
	Grade 11	24%	17%	
	Grade 12	24%	22%	
Race	WnH	19%	15%	Males > Females
	REM	27%	16%	11 > 9
Sexual Orientation	Het/CIS	19%	14%	12 > 9
	LGBT	.	21%	12 > 10

SMOKED CIGARETTES, PAST 30 DAYS				
		SU/SD	VT	
Overall		14%	9%	Overall Differences: State vs SU
Sex	Male	16%	10%	SU > VT
	Female	11%	8%	
Grade	Grade 9	13%	5%	Within SU Differences
	Grade 10	8%	7%	
	Grade 11	18%	11%	
	Grade 12	15%	13%	
Race	WnH	13%	9%	12 > 10
	REM	23%	12%	11 > 10
Sexual Orientation	Het/CIS	13%	8%	REM > WnH
	LGBT	.	18%	Too few students by sexual orientation

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT SMOKERS: DAYS SMOKED  
CIGARETTES**

	SU/SD	VT	
1 or 2 days	23%	29%	
3 to 5 days	23%	15%	SU > VT
6 to 9 days	17%	10%	SU > VT
10 to 19 days	15%	12%	
20 to 29 days	.	9%	Too few students
All 30 days	18%	25%	

**AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY  
DAY**

		SU/SD	VT	
Overall		18%	25%	Overall Differences: State vs SU
Sex	Male	.	27%	VT and SU are Similar
	Female	.	20%	Within SU Differences
Grade	Grade 9	.	24%	Too few students by sex
	Grade 10	.	21%	Too few students in at least one grade
	Grade 11	.	23%	Too few students by race
	Grade 12	.	26%	Too few students by sexual orientation
Race	WnH	16%	21%	
	REM	.	38%	
Sexual Orientation	Het/CIS	12%	22%	
	LGBT	.	29%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES  
SMOKED ON DAYS SMOKED**

	SU/SD	VT	
Less than 1 cigarette	24%	30%	Too few students
1 cigarette	24%	19%	
2 to 5 cigarettes	36%	30%	
6 to 10 cigarettes	8%	9%	
11 to 20 cigarettes	.	4%	
More than 20 cigarettes	6%	8%	

**AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR  
MORE CIGARETTES ON DAYS SMOKED**

		SU/SD	VT	
Overall		8%	12%	Overall Differences: State vs SU
Sex	Male	.	15%	VT and SU are Similar
	Female	.	6%	
Grade	Grade 9	.	12%	Within SU Differences
	Grade 10	.	8%	
	Grade 11	.	10%	
	Grade 12	.	12%	
Race	WnH	.	7%	Too few students by sex
	REM	.	28%	
Sexual Orientation	Het/CIS	.	10%	Too few students in at least one grade
	LGBT	.	14%	

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS			
		SU/SD	VT
Overall		24%	12%
Sex	Male	27%	14%
	Female	21%	9%
Grade	Grade 9	24%	7%
	Grade 10	27%	10%
	Grade 11	26%	13%
	Grade 12	20%	17%
Race	WnH	24%	12%
	REM	35%	13%
Sexual Orientation	Het/CIS	25%	12%
	LGBT	.	16%

Overall Differences: State vs SU

SU > VT

Within SU Differences

REM > WnH

Too few students by sexual orientation

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE			
		SU/SD	VT
Friend/family used them		31%	35%
To try to quit other tobacco		6%	5%
Cost less than other tobacco		.	1%
Easier to get than other tobacco		2%	1%
Less harmful than other tobacco		6%	8%
Available in flavors		18%	17%
Used for some other reason		36%	33%

Too few students

SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: FREQUENCY OF  
ELECTRONIC VAPOR PRODUCTS USE**

	SU/SD	VT	
1 or 2 days	22%	37%	VT > SU
3 to 5 days	15%	19%	
6 to 9 days	12%	11%	
10 to 19 days	10%	12%	
20 to 29 days	7%	7%	
All 30 days	35%	15%	SU > VT

**AMONG CURRENT USERS: USED ELECTRONIC VAPOR  
PRODUCTS ON 10+ DAYS**

		SU/SD	VT	
Overall		51%	33%	Overall Differences: State vs SU
Sex	Male	63%	37%	SU > VT
	Female	.	26%	
Grade	Grade 9	.	29%	Within SU Differences
	Grade 10	.	36%	
	Grade 11	.	31%	
	Grade 12	.	34%	
Race	WnH	53%	30%	Too few students by sex
	REM	.	44%	
Sexual Orientation	Het/CIS	53%	32%	Too few students in at least one grade
	LGBT	.	37%	

**AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18**

	SU/SD	VT	
Bought them in a store	8%	8%	
I got them on the Internet	9%	10%	
Someone else bought them	29%	14%	SU > VT
Borrowed them	28%	38%	VT > SU
A person 18 or older gave me	7%	11%	
Took them from a store	.	2%	Too few students
Some other way	16%	18%	

**USED SMOKELESS TOBACCO, PAST 30 DAYS**

		SU/SD	VT	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	14%	8%	SU > VT
	Female	2%	2%	Within SU Differences
Grade	Grade 9	7%	3%	Males > Females
	Grade 10	6%	5%	REM > WnH
	Grade 11	10%	6%	Too few students by sexual orientation
	Grade 12	10%	7%	
Race	WnH	8%	5%	
	REM	14%	7%	
Sexual Orientation	Het/CIS	9%	5%	
	LGBT	.	5%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS**

		SU/SD	VT	
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male	18%	13%	VT and SU are Similar
	Female	4%	6%	Within SU Differences
Grade	Grade 9	10%	4%	Males > Females
	Grade 10	9%	7%	Too few students by sexual orientation
	Grade 11	14%	10%	
	Grade 12	12%	15%	
Race	WnH	11%	9%	
	REM	14%	10%	
Sexual Orientation	Het/CIS	11%	9%	
	LGBT	.	12%	

**TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR**

		SU/SD	VT	
Overall		37%	33%	Overall Differences: State vs SU
Sex	Male	32%	30%	VT and SU are Similar
	Female	43%	37%	Within SU Differences
Grade	Grade 9	.	33%	Too few students in at least one grade
	Grade 10	.	35%	Too few students by race
	Grade 11	.	32%	Too few students by sexual orientation
	Grade 12	.	32%	
Race	WnH	37%	33%	
	REM	.	33%	
Sexual Orientation	Het/CIS	36%	32%	
	LGBT	.	43%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

DRANK ALCOHOL, PAST 30 DAYS			
		SU/SD	VT
Overall		40%	33%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Grade	Grade 9	33%	20%
	Grade 10	42%	30%
	Grade 11	38%	36%
	Grade 12	48%	46%
Too few students by sexual orientation			
Race	WnH	40%	34%
	REM	41%	29%
Sexual Orientation	Het/CIS	42%	33%
	LGBT	.	37%

BINGE DRANK, PAST 30 DAYS			
		SU/SD	VT
Overall		22%	17%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Sex	Male	26%	17%
	Female	18%	17%
Males > Females			
Grade	Grade 9	17%	8%
	Grade 10	24%	14%
	Grade 11	21%	19%
	Grade 12	26%	27%
Too few students by sexual orientation			
Race	WnH	22%	17%
	REM	23%	16%
Sexual Orientation	Het/CIS	23%	17%
	LGBT	.	18%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: FREQUENCY OF DRINKING**

	SU/SD	VT	
1 or 2 days	43%	49%	VT > SU
3 to 5 days	28%	26%	
6 to 9 days	10%	13%	
10 to 19 days	10%	7%	
20 to 29 days	5%	2%	SU > VT
All 30 days	4%	3%	

**AMONG CURRENT USERS: DRANK ON 10+ DAYS**

		SU/SD	VT	
Overall		19%	12%	Overall Differences: State vs SU
Sex	Male	25%	15%	SU > VT
	Female	14%	9%	Within SU Differences
Grade	Grade 9	.	11%	Males > Females
	Grade 10	.	11%	Too few students in at least one grade
	Grade 11	.	12%	Too few students by race
	Grade 12	.	13%	Too few students by sexual orientation
Race	WnH	19%	10%	
	REM	.	22%	
Sexual Orientation	Het/CIS	18%	11%	
	LGBT	.	18%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED**

	SU/SD	VT	
1 or 2 drinks	29%	35%	VT > SU
3 drinks	8%	6%	
4 drinks	8%	8%	
5 drinks	12%	13%	
6 or 7 drinks	13%	15%	
8 or 9 drinks	8%	8%	
10 or more drinks	21%	14%	SU > VT

**AMONG CURRENT USERS: BINGE DRANK (4+ females/5+ males)**

		SU/SD	VT	
Overall		62%	57%	Overall Differences: State vs SU
Sex	Male	71%	59%	VT and SU are Similar
	Female	51%	55%	
Grade	Grade 9	.	46%	Within SU Differences
	Grade 10	.	53%	
	Grade 11	.	57%	
	Grade 12	.	63%	
Race	WnH	61%	56%	Males > Females
	REM	.	61%	Too few students in at least one grade
Sexual Orientation	Het/CIS	62%	57%	Too few students by race
	LGBT	.	55%	Too few students by sexual orientation

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: ALCOHOL SOURCE**

	SU/SD	VT	
Bought in store	7%	3%	SU > VT
Bought in restaurant	.	2%	Too few students
Bought at public event	.	0%	Too few students
I gave someone money to buy	24%	23%	
Someone gave it to me	34%	40%	VT > SU
Took from store/family	10%	12%	
Some other way	23%	20%	

**USED MARIJUANA, PAST 30 DAYS**

		SU/SD	VT	
Overall		29%	24%	Overall Differences: State vs SU
Sex	Male	29%	24%	SU > VT
	Female	30%	23%	Within SU Differences
Grade	Grade 9	32%	15%	Too few students by sexual orientation
	Grade 10	34%	22%	
	Grade 11	27%	25%	
	Grade 12	25%	32%	
Race	WnH	29%	23%	
	REM	34%	24%	
Sexual Orientation	Het/CIS	30%	23%	
	LGBT	.	33%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE**

	SU/SD	VT	
1 or 2 times	35%	34%	VT > SU
3 to 9 times	25%	25%	
10 to 19 times	13%	12%	
20 to 39 times	6%	10%	
40 or more times	21%	20%	

**AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES**

		SU/SD	VT	
Overall		40%	41%	Overall Differences: State vs SU
Sex	Male	47%	47%	VT and SU are Similar
	Female	33%	35%	
Grade	Grade 9	.	37%	Within SU Differences
	Grade 10	.	40%	
	Grade 11	.	41%	
	Grade 12	.	43%	
Race	WnH	37%	39%	Males > Females
	REM	.	53%	
Sexual Orientation	Het/CIS	40%	40%	Too few students in at least one grade
	LGBT	.	49%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED**

	SU/SD	VT	
Smoked it	84%	91%	VT > SU
Ate in food	9%	4%	SU > VT
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	4%	2%	

**MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS**

		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	4%	5%	
Grade	Grade 9	7%	4%	Too few students in at least one grade
	Grade 10	.	5%	
	Grade 11	4%	5%	
	Grade 12	4%	7%	
Race	WnH	4%	5%	REM > WnH
	REM	10%	9%	
Sexual Orientation	Het/CIS	4%	5%	Too few students by sexual orientation
	LGBT	.	11%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR**

		SU/SD	VT	
Overall		24%	15%	Overall Differences: State vs SU
Sex	Male	27%	17%	SU > VT
	Female	20%	13%	Within SU Differences
Grade	Grade 9	31%	14%	Males > Females
	Grade 10	28%	16%	9 > 11
	Grade 11	18%	16%	9 > 12
	Grade 12	17%	14%	10 > 12
Race	WnH	24%	15%	10 > 11
	REM	24%	17%	Too few students by sexual orientation
Sexual Orientation	Het/CIS	24%	14%	
	LGBT	.	23%	

**ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR**

		SU/SD	VT	
Overall		16%	13%	Overall Differences: State vs SU
Sex	Male	16%	14%	SU > VT
	Female	18%	12%	Within SU Differences
Grade	Grade 9	20%	9%	Too few students by sexual orientation
	Grade 10	17%	12%	
	Grade 11	16%	14%	
	Grade 12	13%	18%	
Race	WnH	16%	13%	
	REM	18%	16%	
Sexual Orientation	Het/CIS	17%	12%	
	LGBT	.	23%	

**THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL**

		SU/SD	VT	
Overall		25%	25%	Overall Differences: State vs SU
Sex	Male	27%	25%	VT and SU are Similar
	Female	24%	24%	
Grade	Grade 9	35%	32%	Within SU Differences
	Grade 10	24%	26%	
	Grade 11	20%	21%	
	Grade 12	21%	20%	
Race	WnH	25%	23%	REM > WnH
	REM	33%	31%	
Sexual Orientation	Het/CIS	26%	25%	Too few students by sexual orientation
	LGBT	.	25%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES**

		SU/SD	VT	
Overall		78%	84%	Overall Differences: State vs SU
Sex	Male	76%	82%	VT > SU
	Female	81%	86%	
Grade	Grade 9	81%	90%	Within SU Differences
	Grade 10	84%	88%	
	Grade 11	78%	83%	
	Grade 12	69%	75%	
Race	WnH	79%	85%	Too few students by sexual orientation
	REM	74%	81%	
Sexual Orientation	Het/CIS	80%	85%	Too few students by sexual orientation
	LGBT	.	74%	

<b>THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		46%	54%	Overall Differences: State vs SU
Sex	Male	49%	55%	VT > SU
	Female	43%	54%	Within SU Differences
Grade	Grade 9	53%	71%	9 > 12
	Grade 10	45%	59%	REM > WnH
	Grade 11	47%	48%	Too few students by sexual orientation
	Grade 12	39%	39%	
Race	WnH	45%	54%	
	REM	57%	58%	
Sexual Orientation	Het/CIS	45%	54%	
	LGBT	.	51%	

<b>THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		49%	55%	Overall Differences: State vs SU
Sex	Male	55%	56%	VT > SU
	Female	44%	55%	Within SU Differences
Grade	Grade 9	51%	69%	Males > Females
	Grade 10	53%	60%	Too few students by sexual orientation
	Grade 11	47%	51%	
	Grade 12	47%	42%	
Race	WnH	50%	55%	
	REM	54%	58%	
Sexual Orientation	Het/CIS	51%	57%	
	LGBT	.	40%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES**

		SU/SD	VT	
Overall		86%	91%	Overall Differences: State vs SU
Sex	Male	85%	90%	VT > SU
	Female	87%	93%	Within SU Differences
Grade	Grade 9	91%	94%	9 > 11
	Grade 10	90%	94%	9 > 12
	Grade 11	81%	91%	10 > 12
	Grade 12	81%	87%	10 > 11
Race	WnH	86%	92%	Too few students by sexual orientation
	REM	83%	87%	
Sexual Orientation	Het/CIS	87%	92%	Too few students by sexual orientation
	LGBT	.	86%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		SU/SD	VT	
Overall		56%	66%	Overall Differences: State vs SU
Sex	Male	55%	64%	VT > SU
	Female	57%	67%	Within SU Differences
Grade	Grade 9	68%	78%	9 > 10
	Grade 10	55%	71%	9 > 11
	Grade 11	55%	63%	9 > 12
	Grade 12	44%	50%	10 > 12
Race	WnH	55%	65%	11 > 12
	REM	67%	67%	REM > WnH
Sexual Orientation	Het/CIS	55%	66%	Too few students by sexual orientation
	LGBT	.	60%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE  
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		SU/SD	VT	
Overall		72%	76%	Overall Differences: State vs SU
Sex	Male	74%	75%	VT > SU
	Female	69%	77%	Within SU Differences
Grade	Grade 9	73%	83%	Too few students by sexual orientation
	Grade 10	72%	79%	
	Grade 11	68%	75%	
	Grade 12	73%	69%	
Race	WnH	72%	76%	
	REM	73%	75%	
Sexual Orientation	Het/CIS	73%	78%	
	LGBT	.	63%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**PERCEIVED RISK OF HARM FROM SMOKING A PACK  
OF CIGARETTES DAILY**

	SU/SD	VT	
No risk	9%	5%	SU > VT
Slight risk	10%	9%	
Moderate risk	22%	18%	SU > VT
Great risk	59%	68%	VT > SU

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER  
DAY**

		SU/SD	VT	
Overall		59%	68%	Overall Differences: State vs SU
Sex	Male	55%	66%	VT > SU
	Female	64%	70%	Within SU Differences
Grade	Grade 9	62%	64%	Females > Males
	Grade 10	53%	68%	12 > 10
	Grade 11	59%	68%	WnH > REM
	Grade 12	63%	72%	Too few students by sexual orientation
Race	WnH	60%	69%	
	REM	51%	62%	
Sexual Orientation	Het/CIS	58%	68%	
	LGBT	.	68%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**PERCEIVED RISK OF HARM FROM BINGE DRINKING  
EACH WEEK**

	SU/SD	VT	
No risk	9%	6%	SU > VT
Slight risk	25%	19%	SU > VT
Moderate risk	35%	39%	VT > SU
Great risk	31%	36%	VT > SU

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR  
TWICE EACH WEEKEND**

		SU/SD	VT	
Overall		31%	36%	Overall Differences: State vs SU
Sex	Male	31%	32%	VT > SU
	Female	32%	41%	
Grade	Grade 9	26%	38%	12 > 9
	Grade 10	27%	39%	12 > 10
	Grade 11	35%	35%	Too few students by sexual orientation
	Grade 12	38%	32%	
Race	WnH	31%	35%	
	REM	28%	39%	
Sexual Orientation	Het/CIS	31%	35%	
	LGBT	.	38%	

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE		
	SU/SD	VT
No risk	28%	21%
Slight risk	26%	29%
Moderate risk	23%	26%
Great risk	23%	24%

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE
SU > VT
VT > SU
VT > SU

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY			
		SU/SD	VT
Overall		23%	24%
Sex	Male	23%	21%
	Female	24%	28%
Grade	Grade 9	23%	32%
	Grade 10	22%	26%
	Grade 11	24%	22%
	Grade 12	24%	18%
Race	WnH	24%	23%
	REM	20%	29%
Sexual Orientation	Het/CIS	24%	25%
	LGBT	.	16%

Overall Differences: State vs SU

VT and SU are Similar

Within SU Differences

Too few students by sexual orientation

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

PERCEIVED ACCESS TO CIGARETTES			
	SU/SD	VT	
Very hard	20%	24%	VT > SU
Sort of hard	15%	21%	VT > SU
Sort of easy	22%	22%	
Very easy	43%	32%	SU > VT

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		SU/SD	VT	
Overall		65%	55%	Overall Differences: State vs SU
Sex	Male	68%	57%	SU > VT
	Female	62%	52%	Within SU Differences
Grade	Grade 9	53%	38%	10 > 9
	Grade 10	64%	48%	12 > 9
	Grade 11	62%	57%	12 > 10
	Grade 12	85%	75%	12 > 11
Race	WnH	65%	55%	Too few students by sexual orientation
	REM	68%	54%	
Sexual Orientation	Het/CIS	65%	54%	
	LGBT	.	61%	

PERCEIVED ACCESS TO ALCOHOL			
	SU/SD	VT	
Very hard	15%	15%	VT > SU
Sort of hard	15%	18%	
Sort of easy	30%	31%	SU > VT
Very easy	41%	37%	

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		SU/SD	VT	
Overall		71%	68%	Overall Differences: State vs SU
Sex	Male	69%	67%	VT and SU are Similar
	Female	73%	69%	
Grade	Grade 9	65%	58%	Within SU Differences  11 > 9  Too few students by sexual orientation
	Grade 10	68%	67%	
	Grade 11	75%	72%	
	Grade 12	74%	74%	
Race	WnH	71%	69%	
	REM	67%	62%	
Sexual Orientation	Het/CIS	72%	68%	
	LGBT	.	73%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

PERCEIVED ACCESS TO MARIJUANA			
	SU/SD	VT	
Very hard	24%	27%	VT > SU
Sort of hard	14%	15%	
Sort of easy	21%	22%	
Very easy	41%	37%	SU > VT

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		SU/SD	VT	
Overall		62%	58%	Overall Differences: State vs SU
Sex	Male	59%	59%	SU > VT
	Female	66%	57%	
Grade	Grade 9	56%	43%	11 > 9
	Grade 10	61%	56%	12 > 9
	Grade 11	66%	65%	Too few students by sexual orientation
	Grade 12	68%	69%	
Race	WnH	62%	59%	
	REM	62%	54%	
Sexual Orientation	Het/CIS	62%	58%	
	LGBT	.	66%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**LIFETIME SEXUAL CONTACTS: MALES**

	<b>SU/SD</b>	<b>VT</b>	
Never had sexual contact	35%	42%	VT > SU
Females	60%	54%	SU > VT
Males	.	2%	Too few students
Females and males	3%	2%	

**LIFETIME SEXUAL CONTACTS: FEMALES**

	<b>SU/SD</b>	<b>VT</b>	
Never had sexual contact	29%	43%	VT > SU
Females	3%	2%	
Males	64%	48%	SU > VT
Females and males	4%	7%	VT > SU

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER HAD SEXUAL INTERCOURSE				
		SU/SD	VT	
Overall		55%	40%	Overall Differences: State vs SU
Sex	Male	55%	40%	SU > VT
	Female	55%	40%	Within SU Differences
Grade	Grade 9	36%	19%	10 > 9
	Grade 10	54%	33%	11 > 9
	Grade 11	58%	48%	12 > 9
	Grade 12	74%	61%	12 > 10
Race	WnH	55%	40%	12 > 11
	REM	46%	39%	WnH > REM
Sexual Orientation	Het/CIS	54%	40%	Too few students by sexual orientation
	LGBT	.	47%	

HAVE HAD 4+ LIFETIME PARTNERS				
		SU/SD	VT	
Overall		17%	9%	Overall Differences: State vs SU
Sex	Male	17%	9%	SU > VT
	Female	15%	8%	Within SU Differences
Grade	Grade 9	8%	3%	11 > 9
	Grade 10	11%	6%	12 > 9
	Grade 11	23%	10%	12 > 10
	Grade 12	25%	16%	11 > 10
Race	WnH	16%	8%	Too few students by sexual orientation
	REM	16%	12%	
Sexual Orientation	Het/CIS	17%	8%	Too few students by sexual orientation
	LGBT	.	15%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER HAD ORAL SEX				
		SU/SD	VT	
Overall		49%	42%	Overall Differences: State vs SU
Sex	Male	49%	42%	SU > VT
	Female	48%	42%	
Grade	Grade 9	28%	23%	Within SU Differences
	Grade 10	54%	37%	10 > 9
	Grade 11	51%	49%	11 > 9
	Grade 12	65%	60%	12 > 9
Race	WnH	50%	43%	12 > 10
	REM	39%	40%	12 > 11
Sexual Orientation	Het/CIS	48%	42%	WnH > REM
	LGBT	.	52%	Too few students by sexual orientation

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		SU/SD	VT	
Overall		15%	10%	Overall Differences: State vs SU
Sex	Male	12%	9%	SU > VT
	Female	17%	12%	
Grade	Grade 9	13%	7%	Within SU Differences
	Grade 10	12%	9%	Females > Males
	Grade 11	18%	12%	Too few students by sexual orientation
	Grade 12	17%	14%	
Race	WnH	15%	10%	
	REM	11%	13%	
Sexual Orientation	Het/CIS	16%	10%	
	LGBT	.	15%	

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		SU/SD	VT	
Overall		45%	31%	Overall Differences: State vs SU
Sex	Male	42%	29%	SU > VT
	Female	48%	32%	Within SU Differences
Grade	Grade 9	29%	13%	10 > 9
	Grade 10	40%	24%	11 > 9
	Grade 11	51%	37%	12 > 9
	Grade 12	64%	48%	12 > 10
Race	WnH	46%	31%	11 > 10
	REM	42%	29%	12 > 11
Sexual Orientation	Het/CIS	45%	31%	Too few students by sexual orientation
	LGBT	.	34%	

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		19%	20%	Overall Differences: State vs SU
Sex	Male	22%	22%	VT and SU are Similar
	Female	16%	17%	Within SU Differences
Grade	Grade 9	.	24%	Too few students in at least one grade
	Grade 10	.	22%	Too few students by race
	Grade 11	23%	18%	Too few students by sexual orientation
	Grade 12	16%	19%	
Race	WnH	18%	18%	
	REM	.	29%	
Sexual Orientation	Het/CIS	17%	18%	
	LGBT	.	31%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**PREGNANCY PREVENTION METHODS USED, AMONG  
CURRENTLY SEXUALLY ACTIVE STUDENTS**

	SU/SD	VT	
No method was used	10%	7%	SU > VT
Birth control pills	24%	32%	VT > SU
Condoms	27%	35%	VT > SU
IUD or implant	15%	13%	
Shot/patch/birth control ring	13%	5%	SU > VT
Withdrawal/other method	6%	5%	
Not sure	5%	2%	SU > VT

**USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR  
IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING),  
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		SU/SD	VT	
Overall		52%	50%	Overall Differences: State vs SU
Sex	Male	37%	40%	VT and SU are Similar
	Female	65%	60%	
Grade	Grade 9	.	29%	Within SU Differences
	Grade 10	.	44%	
	Grade 11	46%	51%	
	Grade 12	54%	59%	
Race	WnH	53%	53%	Females > Males
	REM	.	36%	
Sexual Orientation	Het/CIS	55%	52%	Too few students in at least one grade
	LGBT	.	39%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		SU/SD	VT	
Overall		49%	56%	Overall Differences: State vs SU
Sex	Male	53%	61%	VT > SU
	Female	46%	52%	Within SU Differences
Grade	Grade 9	.	64%	Too few students in at least one grade
	Grade 10	.	61%	Too few students by race
	Grade 11	42%	58%	Too few students by sexual orientation
	Grade 12	47%	51%	
Race	WnH	50%	57%	
	REM	.	54%	
Sexual Orientation	Het/CIS	50%	58%	
	LGBT	.	45%	

**USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		SU/SD	VT	
Overall		19%	19%	Overall Differences: State vs SU
Sex	Male	11%	15%	VT and SU are Similar
	Female	27%	22%	Within SU Differences
Grade	Grade 9	.	12%	Females > Males
	Grade 10	.	19%	Too few students in at least one grade
	Grade 11	11%	20%	Too few students by race
	Grade 12	19%	20%	Too few students by sexual orientation
Race	WnH	20%	20%	
	REM	.	13%	
Sexual Orientation	Het/CIS	20%	20%	
	LGBT	.	13%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**DID NOT USE ANY METHOD TO PREVENT PREGNANCY,  
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	12%	8%	SU > VT
	Female	8%	7%	Within SU Differences
Grade	Grade 9	.	12%	Too few students in at least one grade
	Grade 10	.	9%	Too few students by race
	Grade 11	11%	6%	Too few students by sexual orientation
	Grade 12	9%	6%	
Race	WnH	10%	6%	
	REM	.	13%	
Sexual Orientation	Het/CIS	8%	5%	
	LGBT	.	22%	

**OVERWEIGHT (BMI BETWEEN THE 85th AND <95th  
PERCENTILES FOR AGE AND SEX)**

		SU/SD	VT	
Overall		19%	14%	Overall Differences: State vs SU
Sex	Male	14%	14%	SU > VT
	Female	25%	15%	Within SU Differences
Grade	Grade 9	18%	14%	Females > Males
	Grade 10	23%	15%	10 > 12
	Grade 11	23%	14%	Too few students by sexual orientation
	Grade 12	14%	13%	
Race	WnH	20%	14%	
	REM	17%	14%	
Sexual Orientation	Het/CIS	20%	14%	
	LGBT	.	16%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)				
		SU/SD	VT	
Overall		20%	13%	Overall Differences: State vs SU
Sex	Male	26%	15%	SU > VT
	Female	15%	10%	
Grade	Grade 9	24%	12%	Within SU Differences
	Grade 10	16%	12%	
	Grade 11	19%	14%	
	Grade 12	21%	13%	
Race	WnH	20%	12%	Males > Females
	REM	39%	14%	
Sexual Orientation	Het/CIS	19%	12%	9 > 10
	LGBT	.	19%	
				REM > WnH
				Too few students by sexual orientation

PERCEPTIONS OF OWN WEIGHT				
		SU/SD	VT	
Very underweight		2%	2%	
Slightly underweight		8%	12%	VT > SU
About the right weight		50%	56%	VT > SU
Slightly overweight		30%	25%	SU > VT
Very overweight		9%	5%	SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**DESCRIBED THEMSELVES AS SLIGHTLY OR VERY  
OVERWEIGHT**

		SU/SD	VT	
Overall		40%	30%	Overall Differences: State vs SU
Sex	Male	35%	25%	SU > VT
	Female	44%	36%	Within SU Differences
Grade	Grade 9	43%	29%	Females > Males
	Grade 10	36%	30%	Too few students by sexual orientation
	Grade 11	37%	30%	
	Grade 12	42%	33%	
Race	WnH	39%	30%	
	REM	45%	30%	
Sexual Orientation	Het/CIS	38%	28%	
	LGBT	.	46%	

**WHAT ONE IS TRYING TO DO ABOUT WEIGHT**

	SU/SD	VT	
Lose weight	49%	42%	SU > VT
Gain weight	14%	15%	
Stay the same weight	19%	18%	
Not trying to do anything	19%	25%	VT > SU

WERE TRYING TO LOSE WEIGHT			
		SU/SD	VT
Overall		49%	42%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Females > Males			
Too few students by sexual orientation			
Sex	Male	38%	28%
	Female	60%	57%
Grade	Grade 9	48%	41%
	Grade 10	55%	42%
	Grade 11	46%	41%
	Grade 12	47%	44%
Race	WnH	48%	42%
	REM	50%	42%
Sexual Orientation	Het/CIS	48%	40%
	LGBT	.	55%

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK			
		SU/SD	VT
0 days	10%	13%	VT > SU
1 day	7%	7%	
2 days	7%	9%	
3 days	13%	12%	
4 days	14%	11%	SU > VT
5 days	11%	14%	VT > SU
6 days	10%	10%	
7 days	28%	25%	SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY  
ON ALL 7 DAYS**

		SU/SD	VT	
Overall		28%	25%	Overall Differences: State vs SU
Sex	Male	39%	33%	SU > VT
	Female	18%	17%	Within SU Differences
Grade	Grade 9	26%	27%	Males > Females
	Grade 10	27%	27%	Too few students by sexual orientation
	Grade 11	33%	24%	
	Grade 12	27%	23%	
Race	WnH	28%	25%	
	REM	34%	27%	
Sexual Orientation	Het/CIS	29%	27%	
	LGBT	.	14%	

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY  
ON 5 OR MORE DAYS, PAST WEEK**

		SU/SD	VT	
Overall		49%	49%	Overall Differences: State vs SU
Sex	Male	58%	56%	VT and SU are Similar
	Female	39%	42%	Within SU Differences
Grade	Grade 9	53%	53%	Males > Females
	Grade 10	46%	50%	Too few students by sexual orientation
	Grade 11	46%	47%	
	Grade 12	48%	47%	
Race	WnH	48%	50%	
	REM	54%	46%	
Sexual Orientation	Het/CIS	50%	52%	
	LGBT	.	29%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF  
PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK**

		SU/SD	VT	
Overall		10%	13%	Overall Differences: State vs SU
Sex	Male	10%	11%	VT > SU
	Female	10%	14%	Within SU Differences
Grade	Grade 9	10%	10%	Too few students by sexual orientation
	Grade 10	7%	12%	
	Grade 11	11%	14%	
	Grade 12	12%	15%	
Race	WnH	10%	12%	
	REM	13%	17%	
Sexual Orientation	Het/CIS	8%	11%	
	LGBT	.	23%	

**TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE,  
PAST WEEK**

	SU/SD	VT	
Do not watch TV	4%	3%	
Less than 1 hour per day	10%	8%	
1 hour per day	9%	12%	VT > SU
2 hours per day	20%	23%	VT > SU
3 hours per day	21%	21%	
4 hours per day	13%	13%	
5 or more hours per day	23%	19%	SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR  
USED A COMPUTER FOR THREE OR MORE HOURS PER DAY,  
PAST WEEK**

		SU/SD	VT	
Overall		57%	53%	Overall Differences: State vs SU
Sex	Male	57%	53%	SU > VT
	Female	58%	52%	Within SU Differences
Grade	Grade 9	61%	53%	REM > WnH
	Grade 10	54%	53%	Too few students by sexual orientation
	Grade 11	57%	51%	
	Grade 12	57%	53%	
Race	WnH	57%	52%	
	REM	66%	57%	
Sexual Orientation	Het/CIS	55%	51%	
	LGBT	.	67%	

**ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE  
TIMES PER DAY, PAST WEEK**

		SU/SD	VT	
Overall		29%	33%	Overall Differences: State vs SU
Sex	Male	31%	32%	VT > SU
	Female	26%	33%	Within SU Differences
Grade	Grade 9	24%	33%	11 > 9
	Grade 10	26%	33%	Too few students by sexual orientation
	Grade 11	32%	32%	
	Grade 12	31%	32%	
Race	WnH	28%	32%	
	REM	32%	35%	
Sexual Orientation	Het/CIS	28%	33%	
	LGBT	.	29%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK			
		SU/SD	VT
Overall		16%	18%
Sex	Male	18%	18%
	Female	15%	18%
Grade	Grade 9	14%	17%
	Grade 10	16%	18%
	Grade 11	17%	17%
	Grade 12	20%	19%
Race	WnH	16%	17%
	REM	19%	21%
Sexual Orientation	Het/CIS	16%	18%
	LGBT	.	18%

Overall Differences: State vs SU

VT and SU are Similar

Within SU Differences

Too few students by sexual orientation

SODA CONSUMPTION, PAST WEEK				
		SU/SD	VT	
Did not drink soda or pop		30%	37%	VT > SU
1 to 3 times		41%	40%	
4 to 6 times		13%	12%	
1 time per day		4%	4%	
2 times per day		5%	3%	SU > VT
3 times per day		1%	1%	
4 or more times per day		5%	3%	SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE  
OR MORE TIMES PER DAY, PAST WEEK**

		SU/SD	VT	
Overall		16%	11%	Overall Differences: State vs SU
Sex	Male	23%	16%	SU > VT
	Female	10%	6%	Within SU Differences
Grade	Grade 9	14%	11%	Males > Females
	Grade 10	15%	11%	Too few students by sexual orientation
	Grade 11	18%	11%	
	Grade 12	17%	12%	
Race	WnH	16%	10%	
	REM	22%	14%	
Sexual Orientation	Het/CIS	16%	11%	
	LGBT	.	12%	

**SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK**

	SU/SD	VT	
Did not drink sugar-sweetened	22%	28%	VT > SU
1 to 3 times	43%	44%	
4 to 6 times	16%	15%	
1 time per day	8%	6%	SU > VT
2 times per day	5%	3%	SU > VT
3 times per day	2%	1%	
4 or more times per day	4%	2%	SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED  
BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK**

		SU/SD	VT	
Overall		19%	12%	Overall Differences: State vs SU
Sex	Male	24%	15%	SU > VT
	Female	14%	9%	Within SU Differences
Grade	Grade 9	13%	12%	Males > Females
	Grade 10	18%	12%	11 > 9
	Grade 11	20%	13%	12 > 9
	Grade 12	23%	13%	Too few students by sexual orientation
Race	WnH	19%	12%	
	REM	20%	15%	
Sexual Orientation	Het/CIS	19%	12%	
	LGBT	.	13%	

**WATER CONSUMPTION, PAST WEEK**

	SU/SD	VT	
Did not drink water	4%	4%	
1 to 3 times	9%	9%	
4 to 6 times	11%	11%	
1 time per day	10%	9%	
2 times per day	12%	16%	VT > SU
3 times per day	19%	19%	
4 or more times per day	35%	33%	

<b>DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		54%	52%	Overall Differences: State vs SU
Sex	Male	57%	51%	VT and SU are Similar
	Female	51%	53%	
Grade	Grade 9	53%	50%	Within SU Differences
	Grade 10	52%	53%	
	Grade 11	56%	51%	
	Grade 12	55%	55%	
Race	WnH	54%	52%	Too few students by sexual orientation
	REM	46%	50%	
Sexual Orientation	Het/CIS	54%	53%	
	LGBT	.	49%	

<b>BREAKFAST CONSUMPTION, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
0 days	10%	11%	VT > SU
1 day	7%	6%	
2 days	9%	9%	
3 days	12%	10%	
4 days	7%	8%	
5 days	10%	9%	
6 days	4%	7%	
7 days	40%	40%	

DID NOT EAT BREAKFAST, PAST WEEK			
		SU/SD	VT
Overall		10%	11%
		Overall Differences: State vs SU	
		VT and SU are Similar	
		Within SU Differences	
		Too few students by sexual orientation	
Sex	Male	12%	11%
	Female	8%	10%
Grade	Grade 9	8%	10%
	Grade 10	11%	11%
	Grade 11	12%	10%
	Grade 12	11%	11%
Race	WnH	10%	10%
	REM	7%	13%
Sexual Orientation	Het/CIS	10%	10%
	LGBT	.	14%

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS			
		SU/SD	VT
	Never	77%	75%
	Rarely	12%	15%
	Sometimes	7%	7%
	Most of the time	2%	2%
	Always	2%	1%
		VT > SU	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**MOST OF THE TIME OR ALWAYS WENT HUNGRY,  
PAST 30 DAYS**

		SU/SD	VT	
Overall		4%	3%	Overall Differences: State vs SU
Sex	Male	5%	3%	VT and SU are Similar
	Female	.	2%	Within SU Differences
Grade	Grade 9	.	3%	Too few students by sex
	Grade 10	.	2%	Too few students in at least one grade
	Grade 11	7%	3%	Too few students by race
	Grade 12	.	3%	Too few students by sexual orientation
Race	WnH	3%	2%	
	REM	.	6%	
Sexual Orientation	Het/CIS	3%	3%	
	LGBT	.	5%	

**USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE  
BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR  
PARENT OR GUARDIAN CANNOT AFFORD HOUSING**

		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT and SU are Similar
	Female	4%	3%	Within SU Differences
Grade	Grade 9	.	3%	Too few students in at least one grade
	Grade 10	.	3%	Too few students by race
	Grade 11	8%	4%	Too few students by sexual orientation
	Grade 12	.	5%	
Race	WnH	4%	3%	
	REM	.	9%	
Sexual Orientation	Het/CIS	3%	3%	
	LGBT	.	7%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK			
	SU/SD	VT	
0 days	9%	9%	
1 day	3%	4%	
2 days	5%	4%	
3 days	6%	6%	
4 days	6%	8%	
5 days	11%	13%	VT > SU
6 days	12%	12%	
7 days	48%	44%	SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK**

		SU/SD	VT	
Overall		77%	77%	Overall Differences: State vs SU
Sex	Male	79%	80%	VT and SU are Similar
	Female	75%	75%	
Grade	Grade 9	82%	83%	9 > 11
	Grade 10	79%	81%	10 > 11
	Grade 11	69%	76%	12 > 11
	Grade 12	79%	71%	Too few students by sexual orientation
Race	WnH	77%	79%	
	REM	75%	70%	
Sexual Orientation	Het/CIS	76%	79%	
	LGBT	.	65%	

**GRADES EARNED IN SCHOOL**

	SU/SD	VT	
Mostly A's	36%	46%	VT > SU
Mostly B's	37%	39%	
Mostly C's	20%	12%	SU > VT
Mostly D's	4%	2%	SU > VT
Mostly F's	3%	1%	SU > VT

<b>REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		78%	80%	Overall Differences: State vs SU
Sex	Male	78%	80%	
	Female	78%	81%	Within SU Differences
Grade	Grade 9	74%	78%	12 > 9
	Grade 10	74%	79%	12 > 10
	Grade 11	77%	82%	12 > 11
	Grade 12	87%	83%	Too few students by sexual orientation
Race	WnH	79%	82%	
	REM	72%	74%	
Sexual Orientation	Het/CIS	79%	81%	
	LGBT	.	76%	

<b>BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Strongly agree	10%	21%	VT > SU
Agree	33%	44%	VT > SU
Not sure	30%	19%	SU > VT
Disagree	18%	11%	SU > VT
Strongly disagree	9%	5%	SU > VT

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		SU/SD	VT	
Overall		42%	65%	Overall Differences: State vs SU
Sex	Male	51%	69%	VT > SU
	Female	34%	61%	Within SU Differences
Grade	Grade 9	47%	67%	Males > Females
	Grade 10	45%	65%	9 > 11
	Grade 11	36%	64%	Too few students by sexual orientation
	Grade 12	42%	63%	
Race	WnH	43%	65%	
	REM	41%	64%	
Sexual Orientation	Het/CIS	43%	67%	
	LGBT	.	53%	

**LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM**

	SU/SD	VT	
Definitely will not	6%	5%	
Probably will not	5%	5%	
Probably will	27%	22%	SU > VT
Definitely will	49%	57%	VT > SU
Not sure	13%	11%	SU > VT

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM**

		SU/SD	VT	
Overall		76%	79%	Overall Differences: State vs SU
Sex	Male	71%	75%	VT and SU are Similar
	Female	82%	83%	
Grade	Grade 9	69%	74%	Within SU Differences
	Grade 10	76%	77%	
	Grade 11	76%	81%	
	Grade 12	85%	83%	
Race	WnH	77%	80%	Females > Males
	REM	66%	72%	12 > 9
Sexual Orientation	Het/CIS	76%	80%	12 > 10
	LGBT	.	74%	12 > 11
				WnH > REM
				Too few students by sexual orientation

**HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK**

	SU/SD	VT	
0 hours	46%	33%	SU > VT
1 to 4 hours	24%	27%	
5 to 9 hours	12%	17%	VT > SU
10 to 19 hours	13%	17%	VT > SU
20 or more hours	5%	6%	VT > SU

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK				
		SU/SD	VT	
Overall		18%	24%	Overall Differences: State vs SU
Sex	Male	18%	24%	VT > SU
	Female	17%	24%	Within SU Differences
Grade	Grade 9	15%	21%	12 > 9
	Grade 10	15%	23%	12 > 10
	Grade 11	14%	24%	12 > 11
	Grade 12	26%	26%	Too few students by sexual orientation
Race	WnH	18%	24%	
	REM	18%	22%	
Sexual Orientation	Het/CIS	16%	25%	
	LGBT	.	16%	

MATTER TO PEOPLE IN THEIR COMMUNITY			
	SU/SD	VT	
Strongly agree	14%	19%	VT > SU
Agree	38%	41%	VT > SU
Not sure	29%	25%	SU > VT
Disagree	11%	9%	SU > VT
Strongly disagree	8%	5%	SU > VT

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY  
THEY FEEL LIKE THEY MATTER TO PEOPLE**

		SU/SD	VT	
Overall		52%	61%	Overall Differences: State vs SU
Sex	Male	56%	65%	VT > SU
	Female	47%	57%	Within SU Differences
Grade	Grade 9	50%	61%	Males > Females
	Grade 10	49%	60%	12 > 9
	Grade 11	44%	60%	12 > 10
	Grade 12	63%	62%	12 > 11
Race	WnH	52%	62%	Too few students by sexual orientation
	REM	54%	55%	
Sexual Orientation	Het/CIS	54%	64%	
	LGBT	.	39%	

# MIDDLE SCHOOL RESULTS

## NORTH COUNTRY SU (SU031) REPORT

<http://healthvermont.gov/yrbs.aspx>



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

MIDDLE SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	429	16701

		SU/SD	VT
Sex	Male	49%	52%
	Female	51%	48%
Grade	6th Grade	12%	24%
	7th Grade	44%	39%
	8th Grade	44%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	94%	81%
	Students of Color (REM)	6%	19%
Sexual Orientation	Heterosexual (Het)	94%	93%
	Lesbian, Gay, or Bisexual (LGB)	6%	7%

WERE EVER IN A PHYSICAL FIGHT			
		SU/SD	VT
Overall		41%	42%
Overall Differences: State vs SU			
Sex	Male	57%	56%
VT and SU are Similar			
	Female	27%	27%
Within SU Differences			
Grade	Grade 6	.	40%
Males > Females			
	Grade 7	44%	43%
Too few students in at least one grade			
	Grade 8	38%	43%
Too few students by race			
Race	WnH	39%	40%
	REM	.	54%

WERE EVER BULLIED ON SCHOOL PROPERTY			
		SU/SD	VT
Overall		54%	44%
Overall Differences: State vs SU			
Sex	Male	49%	39%
SU > VT			
	Female	58%	50%
Within SU Differences			
Grade	Grade 6	.	44%
Females > Males			
	Grade 7	58%	45%
Too few students in at least one grade			
	Grade 8	48%	44%
Too few students by race			
Race	WnH	52%	43%
	REM	.	48%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

WERE EVER ELECTRONICALLY BULLIED			
		SU/SD	VT
Overall		33%	24%
Overall Differences: State vs SU			
Sex	Male	27%	16%
	Female	38%	33%
Within SU Differences			
Grade	Grade 6	.	18%
	Grade 7	30%	24%
	Grade 8	36%	28%
Race	WnH	33%	24%
	REM	.	29%

WERE BULLIED, PAST 30 DAYS			
		SU/SD	VT
Overall		28%	22%
Overall Differences: State vs SU			
Sex	Male	21%	17%
	Female	34%	26%
Within SU Differences			
Grade	Grade 6	.	22%
	Grade 7	25%	22%
	Grade 8	26%	21%
Race	WnH	27%	20%
	REM	.	26%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

<b>BULLIED SOMEONE ELSE, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		9%	8%
<b>Overall Differences: State vs SU</b>			
Sex	Male	9%	8%
	Female	9%	8%
<b>Within SU Differences</b>			
Grade	Grade 6	.	7%
	Grade 7	7%	8%
	Grade 8	11%	9%
Race	WnH	9%	7%
	REM	.	11%

<b>DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		8%	8%
<b>Overall Differences: State vs SU</b>			
Sex	Male	5%	7%
	Female	10%	10%
<b>Within SU Differences</b>			
Grade	Grade 6	.	8%
	Grade 7	10%	8%
	Grade 8	6%	9%
Race	WnH	6%	7%
	REM	.	12%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

SEATBELT USE			
	SU/SD	VT	
Never	.	1%	Too few students
Rarely	3%	1%	SU > VT
Sometimes	2%	3%	VT > SU
Most of the time	25%	18%	SU > VT
Always	71%	76%	VT > SU

RARELY OR NEVER WEAR A SEAT BELT				
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	SU > VT
	Female	3%	2%	
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	4%	2%	
	Grade 8	4%	3%	
Race	WnH	3%	2%	Too few students by race
	REM	.	5%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING  
ALCOHOL**

		SU/SD	VT	
Overall		36%	22%	Overall Differences: State vs SU
Sex	Male	36%	20%	SU > VT
	Female	36%	24%	Within SU Differences
Grade	Grade 6	.	15%	Too few students in at least one grade
	Grade 7	34%	21%	Too few students by race
	Grade 8	40%	27%	
Race	WnH	37%	22%	
	REM	.	24%	

**EVER RODE WITH A DRIVER WHO HAD BEEN USING  
MARIJUANA**

		SU/SD	VT	
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male	10%	7%	SU > VT
	Female	13%	10%	Within SU Differences
Grade	Grade 6	.	5%	Females > Males
	Grade 7	9%	8%	Too few students in at least one grade
	Grade 8	16%	12%	Too few students by race
Race	WnH	12%	8%	
	REM	.	14%	

**HELMET USE WHEN RIDING A BICYCLE**

	SU/SD	VT	
Never wear a helmet	22%	16%	SU > VT
Rarely wear a helmet	20%	15%	SU > VT
Sometimes wear a helmet	15%	15%	
Most of the time wear a helmet	23%	25%	
Always wear a helmet	19%	28%	VT > SU

**RARELY OR NEVER WEAR A BICYCLE HELMET**

		SU/SD	VT	
Overall		42%	31%	Overall Differences: State vs SU
Sex	Male	45%	33%	SU > VT
	Female	40%	29%	Within SU Differences
Grade	Grade 6	.	24%	Too few students in at least one grade
	Grade 7	35%	30%	Too few students by race
	Grade 8	49%	37%	
Race	WnH	42%	28%	
	REM	.	42%	

HELMET USE WHEN SKIING OR SNOWBOARDING		
	SU/SD	VT
Never wear a helmet	7%	5%
Rarely wear a helmet	.	2%
Sometimes wear a helmet	3%	2%
Most of the time wear a helmet	3%	7%
Always wear a helmet	85%	83%

Too few students  
VT > SU

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING			
		SU/SD	VT
Overall		8%	7%
Sex	Male	8%	8%
	Female	8%	6%
Grade	Grade 6	.	7%
	Grade 7	10%	8%
	Grade 8	8%	7%
Race	WnH	8%	6%
	REM	.	12%

Overall Differences: State vs SU  
VT and SU are Similar  
Within SU Differences  
Too few students in at least one grade  
Too few students by race

<b>HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		20%	17%
<b>Overall Differences: State vs SU</b>			
Sex	Male	23%	19%
	Female	16%	16%
<b>Within SU Differences</b>			
Grade	Grade 6	.	17%
	Grade 7	20%	17%
	Grade 8	20%	18%
Race	WnH	19%	17%
	REM	.	21%

Overall Differences: State vs SU

SU > VT

Within SU Differences

Males > Females

Too few students in at least one grade

Too few students by race

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**WERE IN THE SAME ROOM WITH SOMEONE WHO WAS  
SMOKING CIGARETTES, PAST 7 DAYS**

		SU/SD	VT	
Overall		40%	26%	Overall Differences: State vs SU
Sex	Male	38%	25%	SU > VT
	Female	41%	27%	Within SU Differences
Grade	Grade 6	.	21%	Too few students in at least one grade
	Grade 7	37%	27%	Too few students by race
	Grade 8	44%	29%	
Race	WnH	41%	25%	
	REM	.	32%	

**WERE IN THE SAME CAR WITH SOMEONE WHO WAS  
SMOKING CIGARETTES, PAST 7 DAYS**

		SU/SD	VT	
Overall		29%	19%	Overall Differences: State vs SU
Sex	Male	29%	17%	SU > VT
	Female	30%	20%	Within SU Differences
Grade	Grade 6	.	15%	Too few students in at least one grade
	Grade 7	27%	19%	Too few students by race
	Grade 8	32%	20%	
Race	WnH	29%	18%	
	REM	.	23%	

**SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE**

	SU/SD	VT	
Never	9%	9%	
Rarely	8%	14%	VT > SU
Sometimes	23%	27%	VT > SU
Most of the time	32%	29%	SU > VT
Always	28%	21%	SU > VT

**MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS**

		SU/SD	VT	
Overall		60%	50%	Overall Differences: State vs SU
Sex	Male	61%	51%	SU > VT
	Female	59%	49%	Within SU Differences
Grade	Grade 6	.	42%	Too few students in at least one grade
	Grade 7	59%	50%	Too few students by race
	Grade 8	65%	56%	
Race	WnH	62%	51%	
	REM	.	52%	

<b>WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		33%	30%
<b>Overall Differences: State vs SU</b>			
Sex	Male	32%	30%
	Female	33%	31%
<b>Within SU Differences</b>			
Grade	Grade 6	.	18%
	Grade 7	27%	29%
	Grade 8	44%	40%
Race	WnH	35%	31%
	REM	.	34%

Overall Differences: State vs SU

VT and SU are Similar

Within SU Differences

Too few students in at least one grade

Too few students by race

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

<b>FELT SAD OR HOPELESS, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		20%	19%	Overall Differences: State vs SU
Sex	Male	11%	12%	VT and SU are Similar
	Female	28%	26%	Within SU Differences
Grade	Grade 6	.	16%	Females > Males
	Grade 7	18%	18%	Too few students in at least one grade
	Grade 8	21%	22%	Too few students by race
Race	WnH	21%	18%	
	REM	.	26%	

<b>EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		19%	18%	Overall Differences: State vs SU
Sex	Male	12%	12%	VT and SU are Similar
	Female	25%	23%	Within SU Differences
Grade	Grade 6	.	13%	Females > Males
	Grade 7	12%	17%	Too few students in at least one grade
	Grade 8	22%	22%	Too few students by race
Race	WnH	18%	17%	
	REM	.	24%	

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		SU/SD	VT	
Overall		12%	12%	Overall Differences: State vs SU
Sex	Male	7%	8%	VT and SU are Similar
	Female	16%	16%	
Grade	Grade 6	.	7%	Within SU Differences Females > Males
	Grade 7	8%	11%	
	Grade 8	14%	16%	
Race	WnH	11%	11%	Too few students in at least one grade
	REM	.	18%	
				Too few students by race

EVER ATTEMPTED SUICIDE				
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male	3%	3%	VT and SU are Similar
	Female	7%	8%	
Grade	Grade 6	.	3%	Within SU Differences Females > Males
	Grade 7	5%	5%	
	Grade 8	6%	8%	
Race	WnH	5%	5%	Too few students in at least one grade
	REM	.	10%	
				Too few students by race

EVER SMOKED A WHOLE CIGARETTE				
		SU/SD	VT	
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 6	.	4%	Too few students in at least one grade
	Grade 7	6%	7%	Too few students by race
	Grade 8	10%	10%	
Race	WnH	8%	6%	
	REM	.	12%	

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		SU/SD	VT	
Overall		17%	9%	Overall Differences: State vs SU
Sex	Male	17%	9%	SU > VT
	Female	17%	8%	Within SU Differences
Grade	Grade 6	.	3%	Too few students in at least one grade
	Grade 7	18%	8%	Too few students by race
	Grade 8	20%	14%	
Race	WnH	17%	8%	
	REM	.	14%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER USED A FLAVORED TOBACCO PRODUCT			
		SU/SD	VT
Overall		8%	5%
Overall Differences: State vs SU			
Sex	Male	10%	5%
	Female	7%	5%
Within SU Differences			
Grade	Grade 6	.	2%
	Grade 7	10%	5%
	Grade 8	9%	6%
Race	WnH	9%	4%
	REM	.	8%

EVER DRANK ALCOHOL			
		SU/SD	VT
Overall		26%	19%
Overall Differences: State vs SU			
Sex	Male	32%	20%
	Female	21%	17%
Within SU Differences			
Grade	Grade 6	.	10%
	Grade 7	25%	17%
	Grade 8	30%	26%
Race	WnH	27%	18%
	REM	.	24%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER USED MARIJUANA				
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	4%	7%	VT and SU are Similar
	Female	9%	7%	
Grade	Grade 6	.	2%	Within SU Differences
	Grade 7	7%	6%	Females > Males
	Grade 8	9%	11%	Too few students in at least one grade
Race	WnH	7%	6%	Too few students by race
	REM	.	12%	

EVER USED INHALANTS				
		SU/SD	VT	
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT > SU
	Female	2%	4%	
Grade	Grade 6	.	3%	Within SU Differences
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	5%	5%	Too few students by race
Race	WnH	3%	4%	
	REM	.	7%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT**

		SU/SD	VT	
Overall		.	2%	Overall Differences: State vs SU
Sex	Male	.	2%	Too few students
	Female	.	3%	Within SU Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	.	3%	Too few students by race
Race	WnH	.	2%	
	REM	.	5%	

**EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT**

		SU/SD	VT	
Overall		.	2%	Overall Differences: State vs SU
Sex	Male	.	2%	Too few students
	Female	.	2%	Within SU Differences
Grade	Grade 6	.	1%	
	Grade 7	.	2%	
	Grade 8	.	2%	
Race	WnH	.	1%	
	REM	.	4%	

USED TOBACCO PRODUCTS, PAST YEAR			
		SU/SD	VT
Overall		8%	5%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Sex	Male	9%	6%
	Female	7%	5%
Grade	Grade 6	.	3%
	Grade 7	6%	5%
	Grade 8	9%	7%
Race	WnH	8%	5%
	REM	.	9%
Too few students in at least one grade			
Too few students by race			

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS			
		SU/SD	VT
Overall		10%	5%
Overall Differences: State vs SU			
SU > VT			
Within SU Differences			
Sex	Male	15%	5%
	Female	6%	4%
Grade	Grade 6	.	2%
	Grade 7	12%	4%
	Grade 8	11%	7%
Race	WnH	10%	5%
	REM	.	8%
Males > Females			
Too few students in at least one grade			
Too few students by race			

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		4%	3%	Overall Differences: State vs SU
Sex	Male	6%	3%	VT and SU are Similar
	Female	.	2%	
Grade	Grade 6	.	1%	Within SU Differences
	Grade 7	4%	2%	Too few students by sex
	Grade 8	5%	4%	Too few students in at least one grade
Race	WnH	4%	2%	Too few students by race
	REM	.	5%	

SMOKED CIGARETTES, PAST 30 DAYS				
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	4%	2%	VT and SU are Similar
	Female	.	2%	
Grade	Grade 6	.	1%	Within SU Differences
	Grade 7	.	2%	Too few students by sex
	Grade 8	4%	3%	Too few students in at least one grade
Race	WnH	2%	2%	Too few students by race
	REM	.	4%	

**AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED**

	SU/SD	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

**USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS**

		SU/SD	VT	
Overall		8%	4%	Overall Differences: State vs SU
Sex	Male	11%	4%	SU > VT
	Female	6%	3%	Within SU Differences
Grade	Grade 6	.	1%	Males > Females
	Grade 7	10%	3%	Too few students in at least one grade
	Grade 8	9%	6%	Too few students by race
Race	WnH	8%	3%	
	REM	.	6%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: REASONS FOR USING AN  
ELECTRONIC VAPOR PRODUCT**

	SU/SD	VT	
Friend/family used them	40%	38%	
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	18%	13%	
Used for some other reason	35%	36%	

**AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT  
SOURCE**

	SU/SD	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	11%	10%	
Borrowed them	57%	44%	SU > VT
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	.	21%	Too few students

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: FREQUENCY OF  
ELECTRONIC VAPOR PRODUCT USE**

	SU/SD	VT	
1 or 2 days	39%	49%	SU > VT
3 to 5 days	25%	16%	
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	17%	15%	

**SMOKED CIGARS, PAST 30 DAYS**

		SU/SD	VT	
Overall		2%	1%	Overall Differences: State vs SU
Sex	Male	4%	1%	VT and SU are Similar
	Female	.	1%	
Grade	Grade 6	.	1%	Within SU Differences
	Grade 7	.	1%	
	Grade 8	3%	2%	
Race	WnH	2%	1%	Males > Females
	REM	.	3%	Too few students in at least one grade
				Too few students by race

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**USED SMOKELESS TOBACCO, PAST 30 DAYS**

		SU/SD	VT	
Overall		2%	1%	Overall Differences: State vs SU
Sex	Male	5%	2%	SU > VT
	Female	.	1%	Within SU Differences
Grade	Grade 6	.	1%	Males > Females
	Grade 7	.	1%	Too few students in at least one grade
	Grade 8	3%	2%	Too few students by race
Race	WnH	2%	1%	
	REM	.	3%	

**TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR**

		SU/SD	VT	
Overall		.	36%	Overall Differences: State vs SU
Sex	Male	.	36%	Too few students
	Female	.	38%	Within SU Differences
Grade	Grade 6	.	30%	Too few students by sex
	Grade 7	.	35%	Too few students in at least one grade
	Grade 8	.	40%	Too few students by race
Race	WnH	.	37%	
	REM	.	40%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

DRANK ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male	10%	6%	SU > VT
	Female	7%	6%	
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	7%	5%	
	Grade 8	12%	10%	
Race	WnH	9%	6%	Too few students by race
	REM	.	10%	

BINGE DRANK, PAST 30 DAYS				
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	3%	2%	VT and SU are Similar
	Female	.	1%	
Grade	Grade 6	.	0%	Too few students by sex
	Grade 7	.	1%	
	Grade 8	3%	3%	
Race	WnH	2%	1%	Too few students in at least one grade
	REM	.	3%	
				Too few students by race

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**AMONG CURRENT USERS: LARGEST AMOUNT OF  
ALCOHOL CONSUMED**

	SU/SD	VT	
1 or 2 drinks	58%	63%	
3 drinks	.	10%	Too few students
4 drinks	15%	7%	SU > VT
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	.	9%	Too few students

**USED MARIJUANA, PAST 30 DAYS**

		SU/SD	VT	
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT and SU are Similar
	Female	4%	4%	Within SU Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	.	3%	Too few students by race
	Grade 8	5%	7%	
Race	WnH	3%	4%	
	REM	.	8%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE  
THEIR AGE TO SMOKE CIGARETTES**

		SU/SD	VT	
Overall		94%	95%	Overall Differences: State vs SU
Sex	Male	93%	95%	VT and SU are Similar
	Female	96%	95%	
Grade	Grade 6	.	98%	Too few students in at least one grade
	Grade 7	93%	95%	
	Grade 8	94%	93%	
Race	WnH	95%	96%	Too few students by race
	REM	.	92%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE  
THEIR AGE TO DRINK ALCOHOL**

		SU/SD	VT	
Overall		85%	89%	Overall Differences: State vs SU
Sex	Male	82%	89%	VT > SU
	Female	88%	90%	
Grade	Grade 6	.	95%	Females > Males
	Grade 7	88%	91%	
	Grade 8	80%	84%	
Race	WnH	85%	89%	Too few students in at least one grade
	REM	.	87%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE  
THEIR AGE TO USE MARIJUANA**

		SU/SD	VT	
Overall		91%	90%	Overall Differences: State vs SU
Sex	Male	93%	90%	SU > VT
	Female	89%	90%	
				Within SU Differences
Grade	Grade 6	.	97%	Males > Females
	Grade 7	91%	91%	Too few students in at least one grade
	Grade 8	90%	84%	Too few students by race
Race	WnH	91%	90%	
	REM	.	86%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE  
WRONG OR VERY WRONG FOR THEM TO SMOKE  
CIGARETTES**

		SU/SD	VT	
Overall		95%	95%	Overall Differences: State vs SU
Sex	Male	95%	95%	VT and SU are Similar
	Female	95%	95%	
				Within SU Differences
Grade	Grade 6	.	96%	Too few students in at least one grade
	Grade 7	99%	95%	Too few students by race
	Grade 8	92%	95%	
Race	WnH	95%	96%	
	REM	.	93%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		SU/SD	VT	
Overall		84%	85%	Overall Differences: State vs SU
Sex	Male	84%	84%	VT and SU are Similar
	Female	84%	87%	Within SU Differences
Grade	Grade 6	.	87%	Too few students in at least one grade
	Grade 7	90%	86%	Too few students by race
	Grade 8	78%	83%	
Race	WnH	83%	86%	
	REM	.	82%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		SU/SD	VT	
Overall		93%	92%	Overall Differences: State vs SU
Sex	Male	96%	92%	VT and SU are Similar
	Female	90%	92%	Within SU Differences
Grade	Grade 6	.	95%	Males > Females
	Grade 7	95%	92%	Too few students in at least one grade
	Grade 8	91%	89%	Too few students by race
Race	WnH	92%	92%	
	REM	.	88%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET**

		SU/SD	VT	
Overall		26%	22%	Overall Differences: State vs SU
Sex	Male	29%	22%	SU > VT
	Female	22%	21%	Within SU Differences
Grade	Grade 6	.	13%	Males > Females
	Grade 7	21%	20%	Too few students in at least one grade
	Grade 8	30%	28%	Too few students by race
Race	WnH	27%	21%	
	REM	.	28%	

**THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET**

		SU/SD	VT	
Overall		39%	37%	Overall Differences: State vs SU
Sex	Male	39%	37%	VT and SU are Similar
	Female	38%	37%	Within SU Differences
Grade	Grade 6	.	24%	Too few students in at least one grade
	Grade 7	36%	35%	Too few students by race
	Grade 8	48%	48%	
Race	WnH	40%	39%	
	REM	.	39%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET**

		SU/SD	VT	
Overall		13%	15%	Overall Differences: State vs SU
Sex	Male	11%	15%	VT and SU are Similar
	Female	16%	15%	Within SU Differences
Grade	Grade 6	.	6%	Females > Males
	Grade 7	11%	13%	Too few students in at least one grade
	Grade 8	18%	23%	Too few students by race
Race	WnH	14%	15%	
	REM	.	21%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY**

		SU/SD	VT	
Overall		70%	72%	Overall Differences: State vs SU
Sex	Male	72%	71%	VT and SU are Similar
	Female	68%	74%	Within SU Differences
Grade	Grade 6	.	76%	Too few students in at least one grade
	Grade 7	67%	72%	Too few students by race
	Grade 8	70%	70%	
Race	WnH	69%	74%	
	REM	.	68%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND**

		SU/SD	VT	
Overall		45%	48%	Overall Differences: State vs SU
Sex	Male	39%	45%	VT and SU are Similar
	Female	51%	51%	Within SU Differences
Grade	Grade 6	.	50%	Females > Males
	Grade 7	44%	48%	Too few students in at least one grade
	Grade 8	47%	46%	Too few students by race
Race	WnH	47%	48%	
	REM	.	47%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY**

		SU/SD	VT	
Overall		62%	59%	Overall Differences: State vs SU
Sex	Male	62%	56%	SU > VT
	Female	62%	62%	Within SU Differences
Grade	Grade 6	.	73%	Too few students in at least one grade
	Grade 7	65%	60%	Too few students by race
	Grade 8	55%	48%	
Race	WnH	62%	59%	
	REM	.	54%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

EVER HAD SEXUAL INTERCOURSE				
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	9%	6%	VT and SU are Similar
	Female	4%	4%	Within SU Differences
Grade	Grade 6	.	2%	Males > Females
	Grade 7	5%	4%	Too few students in at least one grade
	Grade 8	9%	8%	Too few students by race
Race	WnH	6%	5%	
	REM	.	10%	

EVER HAD ORAL SEX				
		SU/SD	VT	
Overall		8%	6%	Overall Differences: State vs SU
Sex	Male	10%	6%	SU > VT
	Female	6%	5%	Within SU Differences
Grade	Grade 6	.	1%	Males > Females
	Grade 7	5%	4%	Too few students in at least one grade
	Grade 8	12%	9%	Too few students by race
Race	WnH	8%	5%	
	REM	.	10%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**DAYS ENGAGED IN AT LEAST 60 MIN OF  
PHYSICAL ACTIVITY, PAST WEEK**

	SU/SD	VT
0 days	8%	7%
1 day	4%	4%
2 days	6%	7%
3 days	10%	10%
4 days	13%	11%
5 days	16%	15%
6 days	10%	11%
7 days	33%	34%

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY  
ON ALL 7 DAYS**

		SU/SD	VT	
Overall		33%	34%	Overall Differences: State vs SU
Sex	Male	41%	42%	VT and SU are Similar
	Female	25%	26%	
Grade	Grade 6	.	38%	Males > Females
	Grade 7	32%	35%	Too few students in at least one grade
	Grade 8	31%	30%	Too few students by race
Race	WnH	35%	34%	
	REM	.	35%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		SU/SD	VT	
Overall		59%	60%	Overall Differences: State vs SU
Sex	Male	70%	66%	VT and SU are Similar
	Female	49%	54%	
Grade	Grade 6	.	63%	Within SU Differences
	Grade 7	55%	60%	
	Grade 8	63%	57%	
Race	WnH	61%	61%	Males > Females
	REM	.	58%	
				Too few students in at least one grade
				Too few students by race

WERE NOT PHYSICALLY ACTIVE PAST WEEK				
		SU/SD	VT	
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT and SU are Similar
	Female	11%	7%	
Grade	Grade 6	.	7%	Within SU Differences
	Grade 7	8%	7%	
	Grade 8	8%	8%	
Race	WnH	7%	6%	Females > Males
	REM	.	9%	
				Too few students in at least one grade
				Too few students by race

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**PHYSICAL ACTIVITY BREAKS AT SCHOOL,  
TYPICAL WEEK**

	SU/SD	VT	
0 days	28%	25%	SU > VT
1 day	5%	7%	VT > SU
2 days	7%	8%	
3 days	4%	8%	VT > SU
4 days	3%	5%	VT > SU
5 days	52%	46%	SU > VT

**GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE  
AT SCHOOL**

		SU/SD	VT	
Overall		28%	25%	Overall Differences: State vs SU
Sex	Male	21%	24%	SU > VT
	Female	35%	25%	Within SU Differences
Grade	Grade 6	.	16%	Females > Males
	Grade 7	28%	26%	Too few students in at least one grade
	Grade 8	29%	29%	Too few students by race
Race	WnH	28%	24%	
	REM	.	27%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**RIDE A BIKE OR WALK TO SCHOOL WHEN  
WEATHER PERMITS**

	SU/SD	VT	
0 days	87%	77%	SU > VT
1 day	.	3%	Too few students
2 days	2%	3%	VT > SU
3 days	3%	4%	VT > SU
4 days	.	2%	Too few students
5 days	7%	10%	VT > SU

**WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY**

		SU/SD	VT	
Overall		7%	10%	Overall Differences: State vs SU
Sex	Male	8%	12%	VT > SU
	Female	6%	9%	Within SU Differences
Grade	Grade 6	.	11%	Too few students in at least one grade
	Grade 7	8%	10%	Too few students by race
	Grade 8	7%	10%	
Race	WnH	6%	10%	
	REM	.	13%	

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WATCH TELEVISION, TYPICAL SCHOOL DAY			
	SU/SD	VT	
No TV on average school day	16%	18%	VT > SU
Less than 1 hour per day	23%	23%	
1 hour per day	20%	18%	
2 hours per day	23%	20%	SU > VT
3 hours per day	8%	10%	VT > SU
4 hours per day	5%	4%	
5 or more hours per day	6%	6%	

WATCHED TV 3+ HOURS PER DAY				
		SU/SD	VT	
Overall		18%	20%	Overall Differences: State vs SU
Sex	Male	17%	20%	VT and SU are Similar
	Female	20%	20%	Within SU Differences
Grade	Grade 6	.	18%	Too few students in at least one grade
	Grade 7	17%	20%	Too few students by race
	Grade 8	23%	21%	
Race	WnH	18%	19%	
	REM	.	24%	

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NORTH COUNTRY SU (SU031) REPORT

**COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY**

	SU/SD	VT	
No playing video/computer game	16%	12%	SU > VT
Less than 1 hour per day	14%	17%	VT > SU
1 hour per day	14%	15%	
2 hours per day	21%	18%	SU > VT
3 hours per day	15%	14%	
4 hours per day	5%	8%	VT > SU
5 or more hours per day	15%	16%	

**PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY**

		SU/SD	VT	
Overall		34%	38%	Overall Differences: State vs SU
Sex	Male	34%	39%	VT > SU
	Female	35%	37%	Within SU Differences
Grade	Grade 6	.	29%	Too few students in at least one grade
	Grade 7	33%	38%	Too few students by race
	Grade 8	40%	45%	
Race	WnH	34%	38%	
	REM	.	43%	

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**BREAKFAST CONSUMPTION, PAST WEEK**

	SU/SD	VT	
0 days	5%	7%	VT > SU
1 day	4%	4%	
2 days	7%	7%	
3 days	6%	7%	
4 days	5%	6%	VT > SU
5 days	12%	8%	SU > VT
6 days	8%	9%	
7 days	52%	52%	

**DID NOT EAT BREAKFAST, PAST WEEK**

		SU/SD	VT	
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male	3%	6%	VT > SU
	Female	7%	7%	Within SU Differences
Grade	Grade 6	.	5%	Females > Males
	Grade 7	6%	7%	Too few students in at least one grade
	Grade 8	5%	7%	Too few students by race
Race	WnH	6%	6%	
	REM	.	10%	

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NORTH COUNTRY SU (SU031) REPORT

**GLASSES OF WATER CONSUMED PER DAY, PAST WEEK**

	SU/SD	VT	
Did not drink water	3%	3%	SU > VT
1 to 3 times	13%	9%	
4 to 6 times	11%	10%	
1 time per day	5%	6%	
2 times per day	16%	16%	
3 times per day	17%	19%	
4 or more times per day	35%	37%	

**DRANK THREE OR MORE GLASSES PER DAY OF WATER**

		SU/SD	VT	
Overall		52%	56%	Overall Differences: State vs SU
Sex	Male	53%	57%	VT > SU
	Female	51%	54%	
Grade	Grade 6	.	58%	Too few students in at least one grade
	Grade 7	47%	54%	Too few students by race
	Grade 8	57%	56%	
Race	WnH	53%	56%	
	REM	.	57%	

**WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS**

	SU/SD	VT	
Never	82%	77%	SU > VT
Rarely	12%	14%	VT > SU
Sometimes	4%	7%	VT > SU
Most of the time	.	1%	Too few students
Always	.	1%	Too few students

**MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME**

		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	.	2%	VT and SU are Similar
	Female	3%	2%	Within SU Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	4%	2%	Too few students by race
Race	WnH	.	2%	
	REM	.	4%	

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<b>BORN OUTSIDE THE U.S.</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		2%	6%	Overall Differences: State vs SU
Sex	Male	.	6%	VT > SU
	Female	.	6%	Within SU Differences
Grade	Grade 6	.	7%	Too few students by sex
	Grade 7	.	5%	Too few students in at least one grade
	Grade 8	2%	6%	Too few students by race
Race	WnH	.	3%	
	REM	.	18%	

<b>ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK</b>				
		<b>SU/SD</b>	<b>VT</b>	
0 days		6%	5%	SU > VT
1 day		3%	2%	SU > VT
2 days		2%	2%	
3 days		2%	3%	VT > SU
4 days		5%	4%	
5 days		5%	7%	VT > SU
6 days		8%	10%	VT > SU
7 days		68%	66%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
NORTH COUNTRY SU (SU031) REPORT

**ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR  
PARENTS ON 4+ DAYS, PAST WEEK**

		SU/SD	VT	
Overall		86%	88%	Overall Differences: State vs SU
Sex	Male	91%	89%	VT and SU are Similar
	Female	82%	87%	Within SU Differences
Grade	Grade 6	.	90%	Males > Females
	Grade 7	87%	89%	Too few students in at least one grade
	Grade 8	87%	86%	Too few students by race
Race	WnH	87%	89%	
	REM	.	84%	

**BELIEVE SCHOOL HAS RULES AND CONSEQUENCES  
FOR BEHAVIORS**

	SU/SD	VT	
Strongly agree	32%	28%	SU > VT
Agree	39%	43%	VT > SU
Not sure	17%	17%	
Disagree	8%	8%	
Strongly disagree	3%	5%	VT > SU

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		SU/SD	VT	
Overall		72%	71%	Overall Differences: State vs SU
Sex	Male	76%	72%	VT and SU are Similar
	Female	67%	69%	Within SU Differences
Grade	Grade 6	.	77%	Males > Females
	Grade 7	73%	72%	Too few students in at least one grade
	Grade 8	73%	66%	Too few students by race
Race	WnH	73%	71%	
	REM	.	68%	

**BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM**

		SU/SD	VT	
Overall		79%	76%	Overall Differences: State vs SU
Sex	Male	77%	76%	SU > VT
	Female	80%	76%	Within SU Differences
Grade	Grade 6	.	79%	Too few students in at least one grade
	Grade 7	78%	75%	Too few students by race
	Grade 8	78%	75%	
Race	WnH	79%	77%	
	REM	.	71%	

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**GRADES EARNED IN SCHOOL**

	<b>SU/SD</b>	<b>VT</b>	
Mostly A's	53%	46%	SU > VT
Mostly B's	34%	38%	VT > SU
Mostly C's	10%	12%	VT > SU
Mostly D's	2%	3%	
Mostly F's	.	1%	Too few students

**BELIEVE THEY MATTER TO PEOPLE IN THEIR  
COMMUNITY**

	<b>SU/SD</b>	<b>VT</b>	
Strongly agree	26%	27%	
Agree	37%	36%	
Not sure	22%	24%	
Disagree	9%	7%	SU > VT
Strongly disagree	6%	5%	

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY  
THEY FEEL LIKE THEY MATTER TO PEOPLE**

		SU/SD	VT	
Overall		63%	64%	Overall Differences: State vs SU
Sex	Male	70%	68%	VT and SU are Similar
	Female	57%	60%	
Grade	Grade 6	.	67%	Within SU Differences
	Grade 7	68%	65%	Males > Females
	Grade 8	57%	60%	Too few students in at least one grade
Race	WnH	64%	65%	Too few students by race
	REM	.	58%	