### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

### **REPORT FOR WINDSOR SOUTHEAST SU (SU052)**

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



#### About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

#### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



#### Using the YRBS Results

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness</u>: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

<u>Remember to Look at the Positive Side:</u> In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

<u>Participate in Getting to 'Y':</u> Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



# HIGH SCHOOL RESULTS WINDSOR SOUTHEAST SU (SU052) REPORT

http://healthvermont.gov/yrbs



#### SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	239	27349			

		SU/SD	VT
Sex	Male	55%	51%
	Female	45%	49%
Grade	9th Grade	28%	
	10th Grade	26%	25%
	11th Grade	23%	25%
	12th Grade	23%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	83%
	Students of Color (REM)	5%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	87%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	13%	11%



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	W	ERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	_
Overall		13%	17%	Overall Differences: State vs SU
Sex	Male	16%	22%	VT > SU
	Female	7%	11%	Within SU Differences
Grade	Grade 9	14%	21%	Males > Females
	Grade 10		18%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		13%	

<b>W</b> ]	WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR						
		SU/SD	VT				
Overall	_	3%	7%	Overall Differences: State vs SU			
Sex	Male		9%	VT > SU			
	Female		3%	Within SU Differences			
Grade	Grade 9		9%	Too few students by sex			
	Grade 10		7%	Too few students in at least one grade			
	Grade 11		6%				
	Grade 12		4%				



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	CARRIED A	WEAPON	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	_
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male	7%	10%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		8%	
	Grade 12		8%	

## WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR

		SU/SD	VT	
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		4%	



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	_
Overall		17%	16%	Overall Differences: State vs SU
Sex	Male	11%	10%	VT and SU are Similar
	Female	25%	22%	Within SU Differences
Grade	Grade 9	16%	19%	Females > Males
	Grade 10	18%	16%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		13%	

		WERF	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		15%	16%	Overall Differences: State vs SU
Sex	Male	9%	11%	VT and SU are Similar
	Female	22%	20%	Within SU Differences
Grade	Grade 9	22%	21%	Females > Males
	Grade 10	16%	16%	Too few students in at least one grade
	Grade 11		14%	
	Grade 12		12%	



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	10%	10%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9	13%	9%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		9%	
	Grade 12		8%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	6%	5%	Overall Differences: State vs SU	
Sex	Male		4%	VT and SU are Similar	
	Female	12%	6%	Within SU Differences	
Grade	Grade 9		5%	Too few students by sex	
	Grade 10		5%	Too few students in at least one grade	
	Grade 11		5%		
	Grade 12		4%		



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

WEI	RE EVER PH	YSICALLY	Y FORCE	D TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	
Overall		9%	6%	Overall Differences: State vs SU
Sex	Male		3%	SU > VT
	Female	14%	9%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	

	EXPERIE	NCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		12%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	19%	15%	Within SU Differences
Grade	Grade 9		10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

	EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR						
		SU/SD	VT	_			
Overall		7%	7%	Overall Differences: State vs SU			
Sex	Male		6%	VT and SU are Similar			
	Female	10%	8%	Within SU Differences			
Grade	Grade 9		5%	Too few students by sex			
	Grade 10		7%	Too few students in at least one grade			
	Grade 11		7%				
	Grade 12		7%				



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DROV	DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS						
		SU/SD	VT				
Overall		10%	7%	Overall Differences: State vs SU			
Sex	Male	8%	9%	SU > VT			
	Female		5%	Within SU Differences			
Grade	Grade 9		5%	Too few students by sex			
	Grade 10		4%	Too few students in at least one grade			
	Grade 11		7%				
	Grade 12		10%				

DROV	DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS						
		SU/SD	VT				
Overall		11%	14%	Overall Differences: State vs SU			
Sex	Male	10%	16%	VT and SU are Similar			
	Female	9%	12%	Within SU Differences			
Grade	Grade 9		8%	Too few students in at least one grade			
	Grade 10		9%				
	Grade 11		15%				
	Grade 12		21%				



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE V	RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS							
		SU/SD	VT					
Overall		17%	18%	Overall Differences: State vs SU				
Sex	Male	13%	17%	VT and SU are Similar				
	Female	21%	19%	Within SU Differences				
Grade	Grade 9	11%	17%	Females > Males				
	Grade 10		18%	Too few students in at least one grade				
	Grade 11		18%					
	Grade 12		18%					

#### RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS

		SU/SD	VT	
Overall		19%	20%	Overall Differences: State vs SU
Sex	Male	18%	20%	VT and SU are Similar
	Female	18%	20%	Within SU Differences
Grade	Grade 9	9%	13%	Too few students in at least one grade
	Grade 10	16%	18%	
	Grade 11		22%	
	Grade 12		28%	



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

TEXTED	TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS						
		SU/SD	VT				
Overall		32%	34%	Overall Differences: State vs SU			
Sex	Male	32%	34%	VT and SU are Similar			
	Female	31%	34%	Within SU Differences			
Grade	Grade 9	•	9%	Too few students in at least one grade			
	Grade 10		16%				
	Grade 11		42%				
	Grade 12		53%				



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR								
	SU/SD	VT						
Never wore a helmet	12%	11%						
Rarely wore a helmet		3%	Too few students					
Sometimes wore a helmet		3%	Too few students					
Most of the time wore a helmet		9%	Too few students					
Always wore a helmet	73%	74%						

RAREL	RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR						
		SU/SD	VT				
Overall	-	16%	14%	Overall Differences: State vs SU			
Sex	Male		17%	VT and SU are Similar			
	Female		9%	Within SU Differences			
Grade	Grade 9		11%	Too few students by sex			
	Grade 10		13%	Too few students in at least one grade			
	Grade 11		15%				
	Grade 12		15%				



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HAD	A CONCUSS			NG A SPORT OR BEING PHYSICALLY PAST YEAR
		SU/SD	VT	
Overall	-	16%	18%	Overall Differences: State vs SU
Sex	Male	17%	20%	VT and SU are Similar
	Female	14%	16%	Within SU Differences
Grade	Grade 9	11%	20%	Too few students in at least one grade
	Grade 10	16%	18%	
	Grade 11	•	17%	
	Grade 12	•	16%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR						
		SU/SD	VT			
Overall	-	72%	54%	Overall Differences: State vs SU		
Sex	Male	71%	51%	SU > VT		
	Female	76%	58%	Within SU Differences		
Grade	Grade 9	72%	47%	Too few students in at least one grade		
	Grade 10	62%	53%			
	Grade 11		58%			
	Grade 12		61%			

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR C	THER
TOBACCO PRODUCTS	

		SU/SD	VT	
Overall		64%	55%	Overall Differences: State vs SU
Sex	Male	62%	53%	SU > VT
	Female	67%	56%	Within SU Differences
Grade	Grade 9	75%	57%	Too few students in at least one grade
	Grade 10	65%	56%	
	Grade 11		54%	
	Grade 12		52%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE 1	IN THE SAM	IE CAR AS	NE WHO WAS SMOKING CIGARETTES, 7 DAYS	
		SU/SD	VT	
Overall		23%	23%	Overall Differences: State vs SU
Sex	Male	22%	23%	VT and SU are Similar
	Female	24%	23%	Within SU Differences
Grade	Grade 9	22%	22%	Too few students in at least one grade
	Grade 10	27%	23%	
	Grade 11		23%	
	Grade 12		24%	

WERE II	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		33%	33%	Overall Differences: State vs SU
Sex	Male	35%	33%	VT and SU are Similar
	Female	31%	33%	Within SU Differences
Grade	Grade 9	29%	32%	Too few students in at least one grade
	Grade 10	33%	33%	
	Grade 11		33%	
	Grade 12		36%	



#### SECTION 3: MENTAL HEALTH

#### FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		SU/SD	VT	
Overall		28%	25%	Overall Differences: State vs SU
Sex	Male	17%	16%	VT and SU are Similar
	Female	42%	35%	Within SU Differences
Grade	Grade 9	25%	23%	Females > Males
	Grade 10	33%	26%	Too few students in at least one grade
	Grade 11		26%	
	Grade 12		26%	

#### DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		SU/SD	VT	_
Overall	-	16%	16%	Overall Differences: State vs SU
Sex	Male	8%	9%	VT and SU are Similar
	Female	24%	25%	Within SU Differences
Grade	Grade 9	20%	18%	Females > Males
	Grade 10	15%	18%	Too few students in at least one grade
	Grade 11		16%	
	Grade 12		14%	



#### SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male	6%	7%	VT and SU are Similar
	Female	12%	15%	Within SU Differences
Grade	Grade 9	12%	11%	Females > Males
	Grade 10	10%	12%	Too few students in at least one grade
	Grade 11		11%	
	Grade 12		10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male		4%	VT > SU
	Female	6%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	_
Overall		22%	24%	Overall Differences: State vs SU
Sex	Male	25%	26%	VT and SU are Similar
	Female	17%	22%	Within SU Differences
Grade	Grade 9	16%	17%	Too few students in at least one grade
	Grade 10		21%	
	Grade 11		28%	
	Grade 12	•	31%	

	SMO	KED A CI	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		8%	8%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9	13%	8%	Too few students in at least one grade
	Grade 10		8%	
	Grade 11		8%	
	Grade 12		7%	



	EVE	R USED AI	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall		29%	34%	Overall Differences: State vs SU
Sex	Male	34%	37%	VT > SU
	Female	23%	31%	Within SU Differences
Grade	Grade 9	12%	23%	Males > Females
	Grade 10	25%	31%	Too few students in at least one grade
	Grade 11		38%	
	Grade 12		44%	

	EVE	R TRIED H	FLAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall	-	17%	21%	Overall Differences: State vs SU
Sex	Male	22%	24%	VT > SU
	Female	8%	17%	Within SU Differences
Grade	Grade 9		12%	Males > Females
	Grade 10	16%	17%	Too few students in at least one grade
	Grade 11		24%	
	Grade 12		30%	



		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	_
Overall		57%	58%	Overall Differences: State vs SU
Sex	Male	57%	57%	VT and SU are Similar
	Female	57%	58%	Within SU Differences
Grade	Grade 9	27%	41%	Too few students in at least one grade
	Grade 10	55%	54%	
	Grade 11		65%	
	Grade 12		71%	

	D	RANK AL(	COHOL B	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall		9%	14%	Overall Differences: State vs SU
Sex	Male	12%	16%	VT > SU
	Female		11%	Within SU Differences
Grade	Grade 9	11%	17%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		13%	
	Grade 12		11%	



		EV	'ER USED	MARIJUANA
		SU/SD	VT	_
Overall		35%	37%	Overall Differences: State vs SU
Sex	Male	33%	37%	VT and SU are Similar
	Female	35%	37%	Within SU Differences
Grade	Grade 9	16%	23%	Too few students in at least one grade
	Grade 10	33%	34%	
	Grade 11		42%	
	Grade 12		50%	

	TR	RIED MAR	IJUANA I	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 9	•	6%	Too few students by sex
	Grade 10	10%	6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		5%	



	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		7%	8%	Overall Differences: State vs SU
Sex	Male		8%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10	•	7%	Too few students in at least one grade
	Grade 11		8%	
	Grade 12		9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	-	5%	6%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		9%	



		Е	VER USE	D COCAINE
		SU/SD	VT	
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		2%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		6%	

		EV	YER USED	) INHALANTS
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		6%	



		I	EVER USI	ED HEROIN
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9	•	1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED ANY	TOBACC	O PRODU	JCTS DURING THE PAST YEAR
		SU/SD	VT	_
Overall		13%	24%	Overall Differences: State vs SU
Sex	Male	14%	28%	VT > SU
	Female	8%	18%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10		20%	
	Grade 11		26%	
	Grade 12		33%	

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		11%	19%	Overall Differences: State vs SU
Sex	Male	13%	23%	VT > SU
	Female	•	14%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10	•	16%	Too few students in at least one grade
	Grade 11		22%	
	Grade 12		28%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	9%	15%	Overall Differences: State vs SU
Sex	Male	10%	19%	VT > SU
	Female		11%	Within SU Differences
Grade	Grade 9		8%	Too few students by sex
	Grade 10		12%	Too few students in at least one grade
	Grade 11		17%	
	Grade 12		22%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	•	4%	9%	Overall Differences: State vs SU
Sex	Male		10%	VT > SU
	Female	•	8%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		11%	
	Grade 12		13%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days		15%	Too few students			
6 to 9 days		10%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		9%	Too few students			
All 30 days		25%	Too few students			

A	MONG CUR	RENT SM	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	-		25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

### AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED

	SU/SD	VT	
Less than 1 cigarette		30%	Too few students
1 cigarette		19%	Too few students
2 to 5 cigarettes		30%	Too few students
6 to 10 cigarettes		9%	Too few students
11 to 20 cigarettes		4%	Too few students
More than 20 cigarettes		8%	Too few students

#### AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED

		SU/SD	VT	
Overall			12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		8%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		12%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED E	LECTRON	R PRODUCTS, PAST 30 DAYS	
		SU/SD	VT	_
Overall		7%	12%	Overall Differences: State vs SU
Sex	Male	9%	14%	VT > SU
	Female		9%	Within SU Differences
Grade	Grade 9		7%	Too few students by sex
	Grade 10		10%	Too few students in at least one grade
	Grade 11		13%	
	Grade 12		17%	

#### AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
Friend/family used them	32%	35%	
To try to quit other tobacco	•	5%	Too few students
Cost less than other tobacco		1%	Too few students
Easier to get than other tobacco	•	1%	Too few students
Less harmful than other tobacco	10%	8%	
Available in flavors	14%	17%	
Used for some other reason	40%	33%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD VT					
1 or 2 days	•	37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days		11%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		7%	Too few students			
All 30 days		15%	Too few students			

#### AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS

		SU/SD	VT	
Overall			33%	Overall Differences: State vs SU
Sex	Male		37%	Too few students
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	


#### SECTION 4: SUBSTANCE USE CURRENT USE

# AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	SU/SD	VT	
Bought them in a store		8%	Too few students
I got them on the Internet		10%	Too few students
Someone else bought them		14%	Too few students
Borrowed them		38%	Too few students
A person 18 or older gave me		11%	Too few students
Took them from a store		2%	Too few students
Some other way		18%	Too few students

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		7%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	
Overall		6%	9%	Overall Differences: State vs SU
Sex	Male	6%	13%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		15%	

### TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR

		SU/SD	VT	
Overall			33%	Overall Differences: State vs SU
Sex	Male		30%	Too few students
	Female		37%	Within SU Differences
Grade	Grade 9		33%	Too few students by sex
	Grade 10		35%	Too few students in at least one grade
	Grade 11		32%	
	Grade 12		32%	



		DRANK	K ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	_
Overall		35%	33%	Overall Differences: State vs SU
Sex	Male	34%	32%	VT and SU are Similar
	Female	35%	34%	Within SU Differences
Grade	Grade 9	13%	20%	Too few students in at least one grade
	Grade 10		30%	
	Grade 11		36%	
	Grade 12		46%	

		BING	E DRANH	K, PAST 30 DAYS
		SU/SD	VT	
Overall		16%	17%	Overall Differences: State vs SU
Sex	Male	10%	17%	VT and SU are Similar
	Female	21%	17%	Within SU Differences
Grade	Grade 9		8%	Females > Males
	Grade 10		14%	Too few students in at least one grade
	Grade 11		19%	
	Grade 12		27%	



AMO	AMONG CURRENT USERS: FREQUENCY OF DRINKING						
	SU/SD	VT					
1 or 2 days	60%	49%	SU > VT				
3 to 5 days	27%	26%					
6 to 9 days	9%	13%					
10 to 19 days		7%	Too few students				
20 to 29 days		2%	Too few students				
All 30 days		3%	Too few students				

	AMC	ONG CURR	ENT USE	RS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall			12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



AMONG	AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT					
1 or 2 drinks	31%	35%					
3 drinks	15%	6%	SU > VT				
4 drinks	12%	8%					
5 drinks	12%	13%					
6 or 7 drinks	14%	15%					
8 or 9 drinks		8%	Too few students				
10 or more drinks	14%	14%					

	AMONG CU	RRENT US	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall		51%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT and SU are Similar
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



AMONG CURRENT USERS: ALCOHOL SOURCE						
	SU/SD	VT				
Bought in store		3%	Too few students			
Bought in restaurant		2%	Too few students			
Bought at public event		0%	Too few students			
I gave someone money to buy	23%	23%				
Someone gave it to me	43%	40%				
Took from store/family	19%	12%	SU > VT			
Some other way	14%	20%				

		USED N	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		20%	24%	Overall Differences: State vs SU
Sex	Male	19%	24%	VT and SU are Similar
	Female	19%	23%	Within SU Differences
Grade	Grade 9		15%	Too few students in at least one grade
	Grade 10	17%	22%	
	Grade 11		25%	
	Grade 12		32%	



AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE						
	SU/SD	VT				
1 or 2 times	•	34%	Too few students			
3 to 9 times		25%	Too few students			
10 to 19 times		12%	Too few students			
20 to 39 times		10%	Too few students			
40 or more times		20%	Too few students			

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall	-		41%	Overall Differences: State vs SU
Sex	Male		47%	Too few students
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED					
	SU/SD	VT			
Smoked it	•	91%	Too few students		
Ate in food		4%	Too few students		
Drank in tea or other drink		1%	Too few students		
Vaporized		2%	Too few students		
Some other way		2%	Too few students		

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS				
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		7%	



#### SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE	WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		SU/SD	VT		
Overall	-	10%	15%	Overall Differences: State vs SU	
Sex	Male	10%	17%	VT > SU	
	Female	9%	13%	Within SU Differences	
Grade	Grade 9	9%	14%	Too few students in at least one grade	
	Grade 10		16%		
	Grade 11		16%		
	Grade 12		14%		

ATTE	ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR				
		SU/SD	VT		
Overall		12%	13%	Overall Differences: State vs SU	
Sex	Male	11%	14%	VT and SU are Similar	
	Female	11%	12%	Within SU Differences	
Grade	Grade 9		9%	Too few students in at least one grade	
	Grade 10		12%		
	Grade 11		14%		
	Grade 12		18%		



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

#### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		SU/SD	VT	
Overall		25%	25%	Overall Differences: State vs SU
Sex	Male	22%	25%	VT and SU are Similar
	Female	31%	24%	Within SU Differences
Grade	Grade 9	48%	32%	Females > Males
	Grade 10	24%	26%	Too few students in at least one grade
	Grade 11		21%	
	Grade 12		20%	

THIN	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT	_		
Overall		87%	84%	Overall Differences: State vs SU		
Sex	Male	88%	82%	SU > VT		
	Female	89%	86%	Within SU Differences		
Grade	Grade 9	96%	90%	Too few students in at least one grade		
	Grade 10	93%	88%			
	Grade 11		83%			
	Grade 12		75%			



THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	-	57%	54%	Overall Differences: State vs SU	
Sex	Male	54%	55%	VT and SU are Similar	
	Female	62%	54%	Within SU Differences	
Grade	Grade 9	72%	71%	Too few students in at least one grade	
	Grade 10	61%	59%		
	Grade 11		48%		
	Grade 12		39%		

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA					
		SU/SD	VT			
Overall		53%	55%	Overall Differences: State vs SU		
Sex	Male	53%	56%	VT and SU are Similar		
	Female	55%	55%	Within SU Differences		
Grade	Grade 9	76%	69%	Too few students in at least one grade		
	Grade 10	63%	60%			
	Grade 11		51%			
	Grade 12		42%			



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		SU/SD	VT		
Overall		92%	91%	Overall Differences: State vs SU	
Sex	Male	90%	90%	VT and SU are Similar	
	Female	96%	93%	Within SU Differences	
Grade	Grade 9	96%	94%	Females > Males	
	Grade 10	98%	94%	Too few students in at least one grade	
	Grade 11		91%		
	Grade 12		87%		

# THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		SU/SD	VT	
Overall		68%	66%	Overall Differences: State vs SU
Sex	Male	62%	64%	VT and SU are Similar
	Female	77%	67%	Within SU Differences
Grade	Grade 9	85%	78%	Females > Males
	Grade 10	76%	71%	Too few students in at least one grade
	Grade 11		63%	
	Grade 12		50%	



THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA								
		SU/SD	VT						
Overall	-	76%	76%	Overall Differences: State vs SU					
Sex	Male	73%	75%	VT and SU are Similar					
	Female	82%	77%	Within SU Differences					
Grade	Grade 9	92%	83%	Too few students in at least one grade					
	Grade 10	81%	79%						
	Grade 11		75%						
	Grade 12		69%						

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	3%	5%	VT > SU
Slight risk	7%	9%	
Moderate risk	16%	18%	
Great risk	74%	68%	SU > VT



THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY								
		SU/SD	VT					
Overall		74%	68%	Overall Differences: State vs SU				
Sex	Male	72%	66%	SU > VT				
	Female	77%	70%	Within SU Differences				
Grade	Grade 9	75%	64%	Too few students in at least one grade				
	Grade 10	73%	68%					
	Grade 11		68%					
	Grade 12		72%					

PERCEIVE	ED RISK O	F HARM	FROM BINGE DRINKING EACH WE
	SU/SD	VT	
No risk	5%	6%	
Slight risk	20%	19%	
Moderate risk	37%	39%	
Great risk	38%	36%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND

		SU/SD	VT	
Overall	-	38%	36%	Overall Differences: State vs SU
Sex	Male	36%	32%	VT and SU are Similar
	Female	40%	41%	Within SU Differences
Grade	Grade 9	47%	38%	Too few students in at least one grade
	Grade 10	41%	39%	
	Grade 11		35%	
	Grade 12		32%	

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE							
	SU/SD	VT					
No risk	18%	21%					
Slight risk	35%	29%	SU > VT				
Moderate risk	24%	26%					
Great risk	23%	24%					



THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY							
		SU/SD	VT				
Overall	-	23%	24%	Overall Differences: State vs SU			
Sex	Male	19%	21%	VT and SU are Similar			
	Female	26%	28%	Within SU Differences			
Grade	Grade 9	33%	32%	Too few students in at least one grade			
	Grade 10	28%	26%				
	Grade 11		22%				
	Grade 12		18%				

PERCEIVED ACCESS TO CIGARETTES					
	SU/SD	VT			
Very hard	28%	24%			
Sort of hard	18%	21%			
Sort of easy	24%	22%			
Very easy	30%	32%			



SAY IF	SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET								
		SU/SD	VT						
Overall	-	54%	55%	Overall Differences: State vs SU					
Sex	Male	53%	57%	VT and SU are Similar					
	Female	54%	52%	Within SU Differences					
Grade	Grade 9	46%	38%	Too few students in at least one grade					
	Grade 10	49%	48%						
	Grade 11		57%						
	Grade 12		75%						

PERCEIVED				
	SU/SD	VT		
Very hard	19%	15%		
Sort of hard	15%	18%		
Sort of easy	28%	31%		
Very easy	38%	37%		



SAY II	SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET								
		SU/SD	VT						
Overall		66%	68%	Overall Differences: State vs SU					
Sex	Male	67%	67%	VT and SU are Similar					
	Female	65%	69%	Within SU Differences					
Grade	Grade 9	52%	58%	Too few students in at least one grade					
	Grade 10	63%	67%						
	Grade 11		72%						
	Grade 12		74%						

PERCEIVED ACCESS TO MARIJUANA						
	SU/SD	VT				
Very hard	31%	27%	SU > VT			
Sort of hard	12%	15%				
Sort of easy	26%	22%	SU > VT			
Very easy	31%	37%	VT > SU			





SAY IF	SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		SU/SD	VT				
Overall		56%	58%	Overall Differences: State vs SU			
Sex	Male	60%	59%	VT and SU are Similar			
	Female	51%	57%	Within SU Differences			
Grade	Grade 9	30%	43%	Too few students in at least one grade			
	Grade 10	59%	56%				
	Grade 11		65%				
	Grade 12		69%				



# SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES					
	SU/SD	VT			
Never had sexual contact	38%	42%			
Females	61%	54%	SU > VT		
Males		2%	Too few students		
Females and males		2%	Too few students		

L	LIFETIME SEXUAL (			
	SU/SD	VT		
Never had sexual contact	41%	43%		
Females		2%		
Males	53%	48%		
Females and males	7%	7%		

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		42%	40%	Overall Differences: State vs SU
Sex	Male	42%	40%	VT and SU are Similar
	Female	41%	40%	Within SU Differences
Grade	Grade 9	12%	19%	Too few students in at least one grade
	Grade 10	40%	33%	
	Grade 11		48%	
	Grade 12		61%	



#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		13%	9%	Overall Differences: State vs SU
Sex	Male	13%	9%	SU > VT
	Female	12%	8%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		10%	
	Grade 12		16%	

		E	VER HAI	O ORAL SEX
		SU/SD	VT	
Overall	-	43%	42%	Overall Differences: State vs SU
Sex	Male	43%	42%	VT and SU are Similar
	Female	43%	42%	Within SU Differences
Grade	Grade 9	19%	23%	Too few students in at least one grade
	Grade 10	41%	37%	
	Grade 11		49%	
	Grade 12		60%	



#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

WEI	RE EVER TE	STED FOR	R HUMAN	IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		12%	10%	Overall Differences: State vs SU
Sex	Male	13%	9%	VT and SU are Similar
	Female	9%	12%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10	10%	9%	
	Grade 11		12%	
	Grade 12		14%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SEXU	AL INTER	RCOURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	_
Overall		32%	31%	Overall Differences: State vs SU
Sex	Male	32%	29%	VT and SU are Similar
	Female	32%	32%	Within SU Differences
Grade	Grade 9	10%	13%	Too few students in at least one grade
	Grade 10	28%	24%	
	Grade 11	•	37%	
	Grade 12		48%	

# USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	
Overall		18%	20%	Overall Differences: State vs SU
Sex	Male		22%	VT and SU are Similar
	Female		17%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		22%	Too few students in at least one grade
	Grade 11		18%	
	Grade 12		19%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

#### PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
No method was used	•	7%	Too few students
Birth control pills		32%	Too few students
Condoms		35%	Too few students
IUD or implant		13%	Too few students
Shot/patch/birth control ring		5%	Too few students
Withdrawal/other method		5%	Too few students
Not sure		2%	Too few students

#### USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall			50%	Overall Differences: State vs SU
Sex	Male		40%	Too few students
	Female	•	60%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		44%	Too few students in at least one grade
	Grade 11	•	51%	
	Grade 12		59%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (	CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	_
Overall		58%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

#### USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall		•	19%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female	•	22%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10	•	19%	Too few students in at least one grade
	Grade 11	•	20%	
	Grade 12		20%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

D	DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS							
		SU/SD	VT					
Overall	-		7%	Overall Differences: State vs SU				
Sex	Male		8%	Too few students				
	Female		7%	Within SU Differences				
Grade	Grade 9		12%	Too few students by sex				
	Grade 10		9%	Too few students in at least one grade				
	Grade 11		6%					
	Grade 12		6%					



# SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE
AND SEX)

		SU/SD	VT	
Overall		17%	14%	Overall Differences: State vs SU
Sex	Male	17%	14%	SU > VT
	Female	18%	15%	Within SU Differences
Grade	Grade 9	13%	14%	Too few students in at least one grade
	Grade 10		15%	
	Grade 11		14%	
	Grade 12		13%	

	OBESH	E ( <b>BMI &gt;95</b>	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	_
Overall		8%	13%	Overall Differences: State vs SU
Sex	Male	6%	15%	VT > SU
	Female	11%	10%	Within SU Differences
Grade	Grade 9	12%	12%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11		14%	
	Grade 12		13%	



# SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCEPTIONS			
	SU/SD	VT		
Very underweight	•	2%		
Slightly underweight	14%	12%		
About the right weight	59%	56%		
Slightly overweight	22%	25%		
Very overweight	4%	5%		

DF	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall		26%	30%	Overall Differences: State vs SU
Sex	Male	17%	25%	VT > SU
	Female	38%	36%	Within SU Differences
Grade	Grade 9	29%	29%	Females > Males
	Grade 10		30%	Too few students in at least one grade
	Grade 11		30%	
	Grade 12		33%	

WHAT ONE IS TRYING TO DO ABOUT WEIGHT						
	SU/SD	VT				
Lose weight	40%	42%				
Gain weight	17%	15%				
Stay the same weight	17%	18%				
Not trying to do anything	25%	25%				



		WERE '	TRYING	TO LOSE WEIGHT
		SU/SD	VT	_
Overall		40%	42%	Overall Differences: State vs SU
Sex	Male	26%	28%	VT and SU are Similar
	Female	59%	57%	Within SU Differences
Grade	Grade 9	37%	41%	Females > Males
	Grade 10		42%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		44%	

# SECTION 6: BMI AND WEIGHT PERCEPTIONS



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

	DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK						
	SU/SD	VT					
0 days	15%	13%					
1 day	6%	7%					
2 days	8%	9%					
3 days	9%	12%					
4 days	7%	11%	VT > SU				
5 days	12%	14%					
6 days	11%	10%					
7 days	32%	25%	SU > VT				

WERE P	WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS								
		SU/SD	VT						
Overall		32%	25%	Overall Differences: State vs SU					
Sex	Male	39%	33%	SU > VT					
	Female	22%	17%	Within SU Differences					
Grade	Grade 9	37%	27%	Males > Females					
	Grade 10	38%	27%	Too few students in at least one grade					
	Grade 11		24%						
	Grade 12		23%						



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK							
		SU/SD	VT				
Overall		55%	49%	Overall Differences: State vs SU			
Sex	Male	68%	56%	SU > VT			
	Female	39%	42%	Within SU Differences			
Grade	Grade 9	63%	53%	Males > Females			
	Grade 10	52%	50%	Too few students in at least one grade			
	Grade 11	•	47%				
	Grade 12		47%				

# DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK

		SU/SD	VT	_
Overall		15%	13%	Overall Differences: State vs SU
Sex	Male	9%	11%	VT and SU are Similar
	Female	21%	14%	Within SU Differences
Grade	Grade 9		10%	Females > Males
	Grade 10	18%	12%	Too few students in at least one grade
	Grade 11		14%	
	Grade 12		15%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK						
	SU/SD	VT				
Do not watch TV	4%	3%				
Less than 1 hour per day	10%	8%				
1 hour per day	13%	12%				
2 hours per day	26%	23%				
3 hours per day	15%	21%	VT > SU			
4 hours per day	11%	13%				
5 or more hours per day	22%	19%				

# WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK

		SU/SD	VT	
Overall		48%	53%	Overall Differences: State vs SU
Sex	Male	45%	53%	VT > SU
	Female	51%	52%	Within SU Differences
Grade	Grade 9	52%	53%	Too few students in at least one grade
	Grade 10	32%	53%	
	Grade 11		51%	
	Grade 12		53%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK							
		SU/SD	VT				
Overall		26%	33%	Overall Differences: State vs SU			
Sex	Male	29%	32%	VT > SU			
	Female	23%	33%	Within SU Differences			
Grade	Grade 9	28%	33%	Too few students in at least one grade			
	Grade 10	31%	33%				
	Grade 11		32%				
	Grade 12		32%				

A	FE VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		16%	18%	Overall Differences: State vs SU
Sex	Male	16%	18%	VT and SU are Similar
	Female	15%	18%	Within SU Differences
Grade	Grade 9	11%	17%	Too few students in at least one grade
	Grade 10	12%	18%	
	Grade 11		17%	
	Grade 12		19%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SODA CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink soda or pop	35%	37%			
1 to 3 times	39%	40%			
4 to 6 times	12%	12%			
1 time per day	6%	4%	SU > VT		
2 times per day	4%	3%			
3 times per day		1%	Too few students		
4 or more times per day	3%	3%			

## DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		14%	11%	Overall Differences: State vs SU
Sex	Male	11%	16%	VT and SU are Similar
	Female	15%	6%	Within SU Differences
Grade	Grade 9	15%	11%	Too few students in at least one grade
	Grade 10	10%	11%	
	Grade 11		11%	
	Grade 12		12%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK							
	SU/SD	VT					
Did not drink sugar-sweetened	24%	28%	VT > SU				
1 to 3 times	42%	44%					
4 to 6 times	21%	15%	SU > VT				
1 time per day	7%	6%					
2 times per day	3%	3%					
3 times per day		1%	Too few students				
4 or more times per day	•	2%	Too few students				

## DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		13%	12%	Overall Differences: State vs SU
Sex	Male	14%	15%	VT and SU are Similar
	Female	11%	9%	Within SU Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10	12%	12%	
	Grade 11		13%	
	Grade 12		13%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

WATER CONSUMPT				
	SU/SD	VT		
Did not drink water	3%	4%		
1 to 3 times	11%	9%		
4 to 6 times	13%	11%		
1 time per day	12%	9%		
2 times per day	18%	16%		
3 times per day	16%	19%		
4 or more times per day	28%	33%		

DRA	DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK							
		SU/SD	VT					
Overall	•	44%	52%	Overall Differences: State vs SU				
Sex	Male	44%	51%	VT > SU				
	Female	44%	53%	Within SU Differences				
Grade	Grade 9	39%	50%	Too few students in at least one grade				
	Grade 10		53%					
	Grade 11		51%					
	Grade 12		55%					


## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREA	AKFAST
	SU/SD	VT
0 days	12%	11%
1 day	6%	6%
2 days	10%	9%
3 days	11%	10%
4 days	8%	8%
5 days	11%	9%
6 days	5%	7%
7 days	36%	40%

	AKFAST, PAST WEEK			
		SU/SD	VT	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	7%	11%	VT and SU are Similar
	Female	18%	10%	Within SU Differences
Grade	Grade 9	13%	10%	Females > Males
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12	•	11%	



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

#### WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	69%	75%	VT > SU
Rarely	16%	15%	
Sometimes	11%	7%	SU > VT
Most of the time		2%	Too few students
Always		1%	Too few students

	MOST OF TH	E TIME O	R ALWAY	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		3%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING								
		SU/SD	VT					
Overall		4%	4%	Overall Differences: State vs SU				
Sex	Male		4%	VT and SU are Similar				
	Female		3%	Within SU Differences				
Grade	Grade 9		3%	Too few students by sex				
	Grade 10		3%	Too few students in at least one grade				
	Grade 11		4%					
	Grade 12		5%					





#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

АТ	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK							
	SU/SD	VT						
0 days	7%	9%						
1 day	4%	4%						
2 days	7%	4%	SU > VT					
3 days	8%	6%						
4 days	5%	8%	VT > SU					
5 days	10%	13%	VT > SU					
6 days	17%	12%	SU > VT					
7 days	42%	44%						

#### ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK

		SU/SD	VT	
Overall		74%	77%	Overall Differences: State vs SU
Sex	Male	78%	80%	VT and SU are Similar
	Female	68%	75%	Within SU Differences
Grade	Grade 9	82%	83%	Males > Females
	Grade 10	83%	81%	Too few students in at least one grade
	Grade 11	•	76%	
	Grade 12		71%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL							
	SU/SD	VT					
Mostly A's	29%	46%	VT > SU				
Mostly B's	47%	39%	SU > VT				
Mostly C's	18%	12%	SU > VT				
Mostly D's	4%	2%	SU > VT				
Mostly F's		1%	Too few students				

#### **REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR** SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM

		SU/SD	VT	
Overall		80%	80%	Overall Differences: State vs SU
Sex	Male	80%	80%	VT and SU are Similar
	Female	83%	81%	Within SU Differences
Grade	Grade 9	81%	78%	Too few students in at least one grade
	Grade 10	78%	79%	
	Grade 11		82%	
	Grade 12		83%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	15%	21%	VT > SU				
Agree	43%	44%					
Not sure	20%	19%					
Disagree	15%	11%	SU > VT				
Strongly disagree	7%	5%					

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall		58%	65%	Overall Differences: State vs SU
Sex	Male	62%	69%	VT > SU
	Female	56%	61%	Within SU Differences
Grade	Grade 9	69%	67%	Too few students in at least one grade
	Grade 10	63%	65%	
	Grade 11		64%	
	Grade 12		63%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM						
	SU/SD	VT				
Definitely will not	3%	5%	VT > SU			
Probably will not	5%	5%				
Probably will	23%	22%				
Definitely will	52%	57%				
Not sure	17%	11%	SU > VT			

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT				
Overall	_	75%	79%	Overall Differences: State vs SU			
Sex	Male	74%	75%	VT > SU			
	Female	78%	83%	Within SU Differences			
Grade	Grade 9	63%	74%	Too few students in at least one grade			
	Grade 10	85%	77%				
	Grade 11		81%				
	Grade 12		83%				



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK							
	SU/SD	VT					
0 hours	37%	33%	SU > VT				
1 to 4 hours	27%	27%					
5 to 9 hours	11%	17%	VT > SU				
10 to 19 hours	16%	17%					
20 or more hours	9%	6%	SU > VT				

#### SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK

		SU/SD	VT	
Overall		25%	24%	Overall Differences: State vs SU
Sex	Male	26%	24%	VT and SU are Similar
	Female	23%	24%	Within SU Differences
Grade	Grade 9	16%	21%	Too few students in at least one grade
	Grade 10	32%	23%	
	Grade 11		24%	
	Grade 12		26%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

Ν	LE IN THEIR COMMUNITY		
	SU/SD	VT	
Strongly agree	21%	19%	
Agree	31%	41%	VT > SU
Not sure	29%	25%	
Disagree	11%	9%	
Strongly disagree	7%	5%	

#### STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE

		SU/SD	VT	
Overall		53%	61%	Overall Differences: State vs SU
Sex	Male	56%	65%	VT > SU
	Female	51%	57%	Within SU Differences
Grade	Grade 9	65%	61%	Too few students in at least one grade
	Grade 10	57%	60%	
	Grade 11		60%	
	Grade 12		62%	



MIDDLE SCHOOL RESULTS

# MIDDLE SCHOOL RESULTS WINDSOR SOUTHEAST SU (SU052) REPORT

http://healthvermont.gov/yrbs.aspx



#### SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	290	16701			

		SU/SD	VT
Sex	Male	51%	52%
	Female	49%	48%
Grade	6th Grade	34%	24%
	7th Grade	30%	39%
	8th Grade	36%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	81%
	Students of Color (REM)	4%	19%
Sexual Orientation	Heterosexual (Het)	91%	93%
	Lesbian, Gay, or Bisexual (LGB)	9%	7%



## SECTION 2: PERSONAL SAFETY

VIOLENCE AND BU	JLLYING
-----------------	---------

	WERE EVER IN A PHYSICAL FIGHT				
		SU/SD	VT		
Overall		44%	42%	Overall Differences: State vs SU	
Sex	Male	65%	56%	VT and SU are Similar	
	Female	22%	27%	Within SU Differences	
Grade	Grade 6	42%	40%	Males > Females	
	Grade 7	35%	43%	6 > 7	
	Grade 8	51%	43%	8 > 6	
				8 > 7	

	WERE EVER BULLIED ON SCHOOL PROPERTY					
		SU/SD	VT			
Overall		49%	44%	Overall Differences: State vs SU		
Sex	Male	42%	39%	SU > VT		
	Female	57%	50%	Within SU Differences		
Grade	Grade 6	55%	44%	Females > Males		
	Grade 7	44%	45%	6 > 7		
	Grade 8	48%	44%	6 > 8		



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WERE EVER ELECTRONICALLY BULLIED					
		SU/SD	VT			
Overall		27%	24%	Overall Differences: State vs SU		
Sex	Male	20%	16%	SU > VT		
	Female	35%	33%	Within SU Differences		
Grade	Grade 6	23%	18%	Females > Males		
	Grade 7	26%	24%	8 > 6		
	Grade 8	32%	28%			

	WERE BULLIED, PAST 30 DAYS					
		SU/SD	VT	_		
Overall		24%	22%	Overall Differences: State vs SU		
Sex	Male	22%	17%	SU > VT		
	Female	26%	26%	Within SU Differences		
Grade	Grade 6	25%	22%			
	Grade 7	23%	22%			
	Grade 8	24%	21%			



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	F	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		12%	8%	Overall Differences: State vs SU
Sex	Male	13%	8%	SU > VT
	Female	12%	8%	Within SU Differences
Grade	Grade 6	17%	7%	6 > 7
	Grade 7	12%	8%	6 > 8
	Grade 8	9%	9%	

#### DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS

		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT > SU
	Female	7%	10%	Within SU Differences
Grade	Grade 6	7%	8%	Too few students in at least one grade
	Grade 7		8%	
	Grade 8		9%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

		SEA	ATBELT USE
	SU/SD	VT	
Never	•	1%	Too few students
Rarely	1%	1%	
Sometimes	4%	3%	
Most of the time	19%	18%	
Always	74%	76%	

	ŀ	RARELY O	R NEVER	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	-	2%	2%	Overall Differences: State vs SU
Sex	Male	3%	3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 6	•	1%	Too few students by sex
	Grade 7	4%	2%	Too few students in at least one grade
	Grade 8		3%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

EVI	ER RODE W	O HAD BEEN DRINKING ALCOHOL		
		SU/SD	VT	_
Overall		25%	22%	Overall Differences: State vs SU
Sex	Male	27%	20%	SU > VT
	Female	23%	24%	Within SU Differences
Grade	Grade 6	23%	15%	7 > 6
	Grade 7	31%	21%	7 > 8
	Grade 8	23%	27%	

EV	ER RODE V	VITH A DF	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	_
Overall		6%	9%	Overall Differences: State vs SU
Sex	Male	6%	7%	VT > SU
	Female	7%	10%	Within SU Differences
Grade	Grade 6	6%	5%	8 > 7
	Grade 7	5%	8%	
	Grade 8	8%	12%	



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HE	HELMET USE WHEN I					
	SU/SD	VT				
Never wear a helmet	15%	16%				
Rarely wear a helmet	14%	15%				
Sometimes wear a helmet	15%	15%				
Most of the time wear a helmet	24%	25%				
Always wear a helmet	32%	28%				

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall		29%	31%	Overall Differences: State vs SU
Sex	Male	30%	33%	VT > SU
	Female	28%	29%	Within SU Differences
Grade	Grade 6	32%	24%	6 > 7
	Grade 7	24%	30%	
	Grade 8	29%	37%	

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet	6%	5%				
Rarely wear a helmet	4%	2%	SU > VT			
Sometimes wear a helmet		2%	Too few students			
Most of the time wear a helmet	14%	7%	SU > VT			
Always wear a helmet	75%	83%	VT > SU			



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING					
		SU/SD	VT	_	
Overall		9%	7%	Overall Differences: State vs SU	
Sex	Male	12%	8%	VT and SU are Similar	
	Female		6%	Within SU Differences	
Grade	Grade 6		7%	Too few students by sex	
	Grade 7		8%	Too few students in at least one grade	
	Grade 8		7%		

#### HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE

		SU/SD	VT	
Overall		18%	17%	Overall Differences: State vs SU
Sex	Male	21%	19%	VT and SU are Similar
	Female	15%	16%	Within SU Differences
Grade	Grade 6	23%	17%	Males > Females
	Grade 7	14%	17%	6 > 7
	Grade 8	17%	18%	6 > 8



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
		SU/SD	VT			
Overall		24%	26%	Overall Differences: State vs SU		
Sex	Male	24%	25%	VT and SU are Similar		
	Female	24%	27%	Within SU Differences		
Grade	Grade 6	17%	21%	7 > 6		
	Grade 7	25%	27%	8 > 6		
	Grade 8	31%	29%	8 > 7		

V	WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS							
		SU/SD	VT					
Overall	_	20%	19%	Overall Differences: State vs SU				
Sex	Male	19%	17%	VT and SU are Similar				
	Female	22%	20%	Within SU Differences				
Grade	Grade 6	21%	15%	8 > 7				
	Grade 7	16%	19%					

20%

Grade 8

24%



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TO	SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE								
	SU/SD VT								
Never	9%	9%							
Rarely	11%	14%	VT > SU						
Sometimes	20%	27%	VT > SU						
Most of the time	34%	29%	SU > VT						
Always	26%	21%	SU > VT						

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER
TOBACCO PRODUCTS

		SU/SD	VT	
Overall		60%	50%	Overall Differences: State vs SU
Sex	Male	54%	51%	SU > VT
	Female	67%	49%	Within SU Differences
Grade	Grade 6	54%	42%	Females > Males
	Grade 7	54%	50%	8 > 6
	Grade 8	72%	56%	8 > 7



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE .	WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR						
		SU/SD	VT				
Overall	-	42%	30%	Overall Differences: State vs SU			
Sex	Male	38%	30%	SU > VT			
	Female	45%	31%	Within SU Differences			
Grade	Grade 6	26%	18%	Females > Males			
	Grade 7	37%	29%	7 > 6			
	Grade 8	58%	40%	8 > 6			
				8 > 7			



#### SECTION 3: MENTAL HEALTH

	FELT SAD OR HOPELESS, PAST YEAR						
		SU/SD	VT				
Overall		15%	19%	Overall Differences: State vs SU			
Sex	Male	9%	12%	VT > SU			
	Female	21%	26%	Within SU Differences			
Grade	Grade 6	13%	16%	Females > Males			
	Grade 7	12%	18%	8 > 6			
	Grade 8	19%	22%	8 > 7			

	EVER SERI	OUSLY TH	IOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	17%	18%	Overall Differences: State vs SU
Sex	Male	12%	12%	VT and SU are Similar
	Female	22%	23%	Within SU Differences
Grade	Grade 6	14%	13%	Females > Males
	Grade 7	18%	17%	8 > 6
	Grade 8	19%	22%	





#### EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES SU/SD VT Overall Overall Differences: State vs SU 11% 12% Sex Male 8% VT and SU are Similar 8% Female 14% 16% Within SU Differences Grade Grade 6 4% Females > Males 7% 11% Grade 7 11% 7 > 6 Grade 8 17% 8 > 6 16% 8 > 7 • •

	EVER ATTEMPTED SUICIDE						
		SU/SD	VT				
Overall		3%	6%	Overall Differences: State vs SU			
Sex	Male		3%	VT > SU			
	Female	6%	8%	Within SU Differences			
Grade	Grade 6		3%	Too few students by sex			
	Grade 7		5%	Too few students in at least one grade			
	Grade 8	7%	8%				



#### SECTION 4: SUBSTANCE USE LIFETIME USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT > SU
	Female	6%	7%	Within SU Differences
Grade	Grade 6		4%	Too few students in at least one grade
	Grade 7	7%	7%	
	Grade 8	8%	10%	

EVER USED AN ELECTRONIC VAPOR PRODUCT					
		SU/SD	VT	_	
Overall		6%	9%	Overall Differences: State vs SU	
Sex	Male	7%	9%	VT > SU	
	Female	5%	8%	Within SU Differences	
Grade	Grade 6		3%	Too few students in at least one grade	
	Grade 7	6%	8%		
	Grade 8	10%	14%		



#### SECTION 4: SUBSTANCE USE LIFETIME USE

	EVE	CR USED A	FLAVOR	ED TOBACCO PRODUCT
		SU/SD	VT	_
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male	4%	5%	VT > SU
	Female		5%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7	5%	5%	Too few students in at least one grade
	Grade 8	•	6%	

EVER DRANK ALCOHOL				
		SU/SD	VT	_
Overall		16%	19%	Overall Differences: State vs SU
Sex	Male	22%	20%	VT > SU
	Female	11%	17%	Within SU Differences
Grade	Grade 6	11%	10%	Males > Females
	Grade 7	16%	17%	8 > 6
	Grade 8	22%	26%	8 > 7



#### SECTION 4: SUBSTANCE USE LIFETIME USE

EVER USED MARIJUANA					
		SU/SD	VT	_	
Overall		6%	7%	Overall Differences: State vs SU	
Sex	Male	7%	7%	VT and SU are Similar	
	Female	5%	7%	Within SU Differences	
Grade	Grade 6		2%	7 > 6	
	Grade 7	5%	6%	8 > 6	
	Grade 8	13%	11%	8 > 7	

EVER USED INHALANTS				
		SU/SD	VT	_
Overall		5%	4%	Overall Differences: State vs SU
Sex	Male	5%	4%	SU > VT
	Female	6%	4%	Within SU Differences
Grade	Grade 6	6%	3%	Too few students in at least one grade
	Grade 7	10%	4%	
	Grade 8		5%	



## SECTION 4: SUBSTANCE USE

#### EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	
Overall	-	2%	2%	Overall Differences: State vs SU
Sex	Male		2%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	

#### EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	_
Overall		1%	2%	Overall Differences: State vs SU
Sex	Male		2%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR					
		SU/SD	VT	_	
Overall		5%	5%	Overall Differences: State vs SU	
Sex	Male	6%	6%	VT and SU are Similar	
	Female	4%	5%	Within SU Differences	
Grade	Grade 6		3%	Too few students in at least one grade	
	Grade 7		5%		
	Grade 8	6%	7%		

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	6%	5%	VT and SU are Similar
	Female		4%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7	6%	4%	Too few students in at least one grade
	Grade 8		7%	



SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall		3%	3%	Overall Differences: State vs SU	
Sex	Male	4%	3%	VT and SU are Similar	
	Female		2%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		2%	Too few students in at least one grade	
	Grade 8		4%		

	SMOKED CIGARETTES, PAST 30 DAYS				
		SU/SD	VT		
Overall	-		2%	Overall Differences: State vs SU	
Sex	Male		2%	Too few students	
	Female		2%	Within SU Differences	
Grade	Grade 6	•	1%		
	Grade 7		2%		
	Grade 8		3%		



AMONG CURREN	AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT				
Less than 1 cigarette	•	33%	Too few students			
1 cigarette		23%	Too few students			
2 to 5 cigarettes		23%	Too few students			
6 to 10 cigarettes		6%	Too few students			
11 to 20 cigarettes			Too few students			
More than 20 cigarettes		14%	Too few students			

	USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS					
		SU/SD	VT			
Overall		2%	4%	Overall Differences: State vs SU		
Sex	Male		4%	VT > SU		
	Female		3%	Within SU Differences		
Grade	Grade 6		1%	Too few students by sex		
	Grade 7		3%	Too few students in at least one grade		
	Grade 8		6%			



AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products		3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURRENT USERS: F	ELECTRONIC VAPOR PRODUCT SOURCE	
SU/SD	VT	

	SU/SD	VT	
Bought them in a store		3%	Too few students
I got them on the Internet		9%	Too few students
Someone else bought them		10%	Too few students
Borrowed them		44%	Too few students
A person 18 or older gave me		9%	Too few students
Took them from a store		4%	Too few students
Some other way		21%	Too few students



AMONG (	AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE							
	SU/SD	VT						
1 or 2 days	•	49%	Too few students					
3 to 5 days		16%	Too few students					
6 to 9 days		10%	Too few students					
10 to 19 days		6%	Too few students					
20 to 29 days		5%	Too few students					
All 30 days		15%	Too few students					

		SMOK	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	_
Overall	-	1%	1%	Overall Differences: State vs SU
Sex	Male		1%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	US	ED SMOK	ELESS TO	DBACCO, PAST 30 DAYS
		SU/SD	VT	_
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	•	1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	

#### TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR

		SU/SD	VT	
Overall	-	•	36%	Overall Differences: State vs SU
Sex	Male		36%	Too few students
	Female		38%	Within SU Differences
Grade	Grade 6		30%	Too few students by sex
	Grade 7		35%	Too few students in at least one grade
	Grade 8		40%	



		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		4%	7%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT > SU
	Female	4%	6%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7		5%	
	Grade 8	7%	10%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	
	Grade 7		1%	
	Grade 8		3%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks		63%	Too few students			
3 drinks		10%	Too few students			
4 drinks		7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks		4%	Too few students			
8 or 9 drinks		2%	Too few students			
10 or more drinks		9%	Too few students			

		USED N	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male	4%	4%	VT > SU
	Female		4%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8	6%	7%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall		96%	95%	Overall Differences: State vs SU	
Sex	Male	95%	95%	VT and SU are Similar	
	Female	96%	95%	Within SU Differences	
Grade	Grade 6	97%	98%		
	Grade 7	94%	95%		
	Grade 8	96%	93%		

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	-	91%	89%	Overall Differences: State vs SU	
Sex	Male	88%	89%	SU > VT	
	Female	94%	90%	Within SU Differences	
Grade	Grade 6	96%	95%	Females > Males	
	Grade 7	88%	91%	6 > 7	
	Grade 8	88%	84%	6 > 8	


#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT		
Overall		93%	90%	Overall Differences: State vs SU	
Sex	Male	90%	90%	SU > VT	
	Female	95%	90%	Within SU Differences	
Grade	Grade 6	98%	97%	Females > Males	
	Grade 7	91%	91%	6 > 7	
	Grade 8	88%	84%	6 > 8	

# THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		93%	95%	Overall Differences: State vs SU
Sex	Male	90%	95%	VT > SU
	Female	96%	95%	Within SU Differences
Grade	Grade 6	90%	96%	Females > Males
	Grade 7	94%	95%	7 > 6
	Grade 8	94%	95%	8 > 6



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINF	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL				
		SU/SD	VT		
Overall	-	82%	85%	Overall Differences: State vs SU	
Sex	Male	76%	84%	VT > SU	
	Female	88%	87%	Within SU Differences	
Grade	Grade 6	82%	87%	Females > Males	
	Grade 7	82%	86%		
	Grade 8	82%	83%		

# THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		SU/SD	VT	
Overall	_	92%	92%	Overall Differences: State vs SU
Sex	Male	91%	92%	VT and SU are Similar
	Female	93%	92%	Within SU Differences
Grade	Grade 6	95%	95%	6 > 8
	Grade 7	93%	92%	7 > 8
	Grade 8	88%	89%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		22%	22%	Overall Differences: State vs SU		
Sex	Male	24%	22%	VT and SU are Similar		
	Female	21%	21%	Within SU Differences		
Grade	Grade 6	12%	13%	7 > 6		
	Grade 7	24%	20%	8 > 6		
	Grade 8	31%	28%	8 > 7		

THI	THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		37%	37%	Overall Differences: State vs SU		
Sex	Male	37%	37%	VT and SU are Similar		
	Female	38%	37%	Within SU Differences		
Grade	Grade 6	23%	24%	7 > 6		
	Grade 7	38%	35%	8 > 6		
	Grade 8	50%	48%	8 > 7		



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT	_		
Overall		12%	15%	Overall Differences: State vs SU		
Sex	Male	14%	15%	VT > SU		
	Female	11%	15%	Within SU Differences		
Grade	Grade 6		6%	Too few students in at least one grade		
	Grade 7	8%	13%			
	Grade 8	21%	23%			

### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		SU/SD	VT	
Overall	-	67%	72%	Overall Differences: State vs SU
Sex	Male	61%	71%	VT > SU
	Female	74%	74%	Within SU Differences
Grade	Grade 6	75%	76%	Females > Males
	Grade 7	65%	72%	6 > 7
	Grade 8	62%	70%	6 > 8



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT	
Overall	-	45%	48%	Overall Differences: State vs SU
Sex	Male	37%	45%	VT > SU
	Female	53%	51%	Within SU Differences
Grade	Grade 6	45%	50%	Females > Males
	Grade 7	48%	48%	
	Grade 8	42%	46%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY	USE
MARIJUANA REGULARLY	

		SU/SD	VT	
Overall	_	59%	59%	Overall Differences: State vs SU
Sex	Male	54%	56%	VT and SU are Similar
	Female	64%	62%	Within SU Differences
Grade	Grade 6	70%	73%	Females > Males
	Grade 7	59%	60%	6 > 7
	Grade 8	47%	48%	6 > 8
				7 > 8



#### SECTION 5: SEXUAL ACTIVITY SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	_
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	4%	4%	Within SU Differences
Grade	Grade 6		2%	Males > Females
	Grade 7	7%	4%	Too few students in at least one grade
	Grade 8	7%	8%	

	EVER HAD ORAL SEX					
	SU/SD VT					
Overall		5%	6%	Overall Differences: State vs SU		
Sex	Male	9%	6%	VT and SU are Similar		
	Female	•	5%	Within SU Differences		
Grade	Grade 6		1%	Too few students by sex		
	Grade 7	6%	4%	Too few students in at least one grade		
	Grade 8	8%	9%			



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

DAYS	ENGAGE	D IN AT 1	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	4%	7%	VT > SU
1 day	6%	4%	SU > VT
2 days	11%	7%	SU > VT
3 days	10%	10%	
4 days	9%	11%	VT > SU
5 days	16%	15%	
6 days	9%	11%	VT > SU
7 days	35%	34%	

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	-	35%	34%	Overall Differences: State vs SU
Sex	Male	42%	42%	VT and SU are Similar
	Female	29%	26%	Within SU Differences
Grade	Grade 6	42%	38%	Males > Females
	Grade 7	34%	35%	6 > 7
	Grade 8	30%	30%	6 > 8



WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		SU/SD	VT	
Overall	-	60%	60%	Overall Differences: State vs SU
Sex	Male	63%	66%	VT and SU are Similar
	Female	58%	54%	Within SU Differences
Grade	Grade 6	61%	63%	
	Grade 7	60%	60%	
	Grade 8	59%	57%	

WERE NOT PHYSICALLY ACTIVE PAST WEEK					
		SU/SD	VT		
Overall	-	4%	7%	Overall Differences: State vs SU	
Sex	Male	4%	7%	VT > SU	
	Female	4%	7%	Within SU Differences	
Grade	Grade 6	4%	7%	Too few students in at least one grade	
	Grade 7	5%	7%		
	Grade 8		8%		



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

#### PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK SU/SD VT 0 days 19% 25% VT > SU1 day 6% 7% VT > SU7% 8% 2 days 8% VT > SU3 days 6% 4 days 6% 5% 57% 46% SU > VT5 days

GET	GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL					
		SU/SD	VT			
Overall		19%	25%	Overall Differences: State vs SU		
Sex	Male	21%	24%	VT > SU		
	Female	18%	25%	Within SU Differences		
Grade	Grade 6	6%	16%	7 > 6		
	Grade 7	27%	26%	8 > 6		
	Grade 8	24%	29%			



RIDE A	A BIKE OF	R WALK	TO SCHOOL WHEN WEATHER PERMITS
	SU/SD	VT	
0 days	81%	77%	SU > VT
1 day	2%	3%	
2 days	1%	3%	VT > SU
3 days	4%	4%	
4 days	2%	2%	
5 days	10%	10%	

	WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY				
		SU/SD	VT		
Overall	_	10%	10%	Overall Differences: State vs SU	
Sex	Male	9%	12%	VT and SU are Similar	
	Female	9%	9%	Within SU Differences	
Grade	Grade 6	7%	11%	7 > 6	
	Grade 7	12%	10%		
	Grade 8	9%	10%		



WATC	CH TELEV	ISION, T	YPICAL SCHO
	SU/SD	VT	
No TV on average school day	17%	18%	
Less than 1 hour per day	18%	23%	VT > SU
1 hour per day	18%	18%	
2 hours per day	22%	20%	
3 hours per day	14%	10%	SU > VT
4 hours per day	6%	4%	SU > VT
5 or more hours per day	6%	6%	

WATCHED TV 3+ HOURS PER DAY					
SU/SD VT					
Overall		26%	20%	Overall Differences: State vs SU	
Sex	Male	27%	20%	SU > VT	
	Female	24%	20%	Within SU Differences	
Grade	Grade 6	27%	18%	8 > 7	
	Grade 7	22%	20%		
	Grade 8	28%	21%		



COMPUTER A	ND VIDEO	GAME U	SE, TYPICAL SCHOOL DAY
	SU/SD	VT	
No playing video/computer game	10%	12%	VT > SU
Less than 1 hour per day	18%	17%	
1 hour per day	15%	15%	
2 hours per day	13%	18%	VT > SU
3 hours per day	14%	14%	
4 hours per day	9%	8%	
5 or more hours per day	21%	16%	SU > VT

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS
PER DAY

		SU/SD	VT	
Overall		44%	38%	Overall Differences: State vs SU
Sex	Male	49%	39%	SU > VT
	Female	39%	37%	Within SU Differences
Grade	Grade 6	37%	29%	Males > Females
	Grade 7	41%	38%	8 > 6
	Grade 8	54%	45%	8 > 7



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	<b>BREAKFAST CONSUMPTION, PAST WEEK</b>					
	SU/SD	VT				
0 days	8%	7%				
1 day	2%	4%	VT > SU			
2 days	6%	7%				
3 days	7%	7%				
4 days	7%	6%				
5 days	8%	8%				
6 days	12%	9%	SU > VT			
7 days	51%	52%				

	DID NOT EAT BREAKFAST, PAST WEEK						
		SU/SD	VT				
Overall		8%	7%	Overall Differences: State vs SU			
Sex	Male	6%	6%	VT and SU are Similar			
	Female	10%	7%	Within SU Differences			
Grade	Grade 6	10%	5%	Females > Males			
	Grade 7	8%	7%	6 > 8			
	Grade 8	6%	7%				



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK						
	SU/SD	VT				
Did not drink water	•	3%	Too few students			
1 to 3 times	9%	9%				
4 to 6 times	9%	10%				
1 time per day	10%	6%	SU > VT			
2 times per day	19%	16%	SU > VT			
3 times per day	18%	19%				
4 or more times per day	34%	37%	VT > SU			

	DRANK T	THREE OR	R MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall		52%	56%	Overall Differences: State vs SU
Sex	Male	53%	57%	VT > SU
	Female	52%	54%	Within SU Differences
Grade	Grade 6	52%	58%	6 > 7
	Grade 7	44%	54%	8 > 7
	Grade 8	59%	56%	



# SECTION 7: SOCIAL DETERMINANTS

## WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	76%	77%	
Rarely	17%	14%	SU > VT
Sometimes	5%	7%	VT > SU
Most of the time		1%	Too few students
Always		1%	Too few students

# MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME

		SU/SD	VT	_
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male		2%	VT and SU are Similar
	Female	•	2%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7	•	2%	Too few students in at least one grade
	Grade 8		2%	



	BORN OUTSIDE THE U.S.						
		SU/SD	VT				
Overall		2%	6%	Overall Differences: State vs SU			
Sex	Male	4%	6%	VT > SU			
	Female		6%	Within SU Differences			
Grade	Grade 6		7%	Males > Females			
	Grade 7		5%	Too few students in at least one grade			
	Grade 8		6%				

# SECTION 7: SOCIAL DETERMINANTS



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

АТ	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	2%	5%	VT > SU			
1 day		2%	Too few students			
2 days	4%	2%	SU > VT			
3 days	3%	3%				
4 days	5%	4%				
5 days	7%	7%				
6 days	8%	10%	VT > SU			
7 days	69%	66%	SU > VT			

ATE I	ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK							
		SU/SD	VT					
Overall	-	88%	88%	Overall Differences: State vs SU				
Sex	Male	89%	89%	VT and SU are Similar				
	Female	88%	87%	Within SU Differences				
Grade	Grade 6	88%	90%	7 > 8				
	Grade 7	91%	89%					
	Grade 8	86%	86%					



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE SCH	BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS						
	SU/SD	VT					
Strongly agree	22%	28%	VT > SU				
Agree	43%	43%					
Not sure	17%	17%					
Disagree	12%	8%	SU > VT				
Strongly disagree	6%	5%					

# STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall		65%	71%	Overall Differences: State vs SU
Sex	Male	64%	72%	VT > SU
	Female	67%	69%	Within SU Differences
Grade	Grade 6	69%	77%	6 > 8
	Grade 7	71%	72%	7 > 8
	Grade 8	56%	66%	



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT		
Overall	-	82%	76%	Overall Differences: State vs SU	
Sex	Male	82%	76%	SU > VT	
	Female	83%	76%	Within SU Differences	
Grade	Grade 6	81%	79%	7 > 6	
	Grade 7	87%	75%	7 > 8	
	Grade 8	81%	75%		

GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	47%	46%				
Mostly B's	38%	38%				
Mostly C's	13%	12%				
Mostly D's		3%	Too few students			
Mostly F's		1%	Too few students			

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY					
	SU/SD	VT			
Strongly agree	27%	27%			
Agree	35%	36%			
Not sure	23%	24%			
Disagree	7%	7%			
Strongly disagree	8%	5%	SU > VT		



# SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE						
		SU/SD	VT			
Overall	-	63%	64%	Overall Differences: State vs SU		
Sex	Male	68%	68%	VT and SU are Similar		
	Female	56%	60%	Within SU Differences		
Grade	Grade 6	62%	67%	Males > Females		
	Grade 7	59%	65%	8 > 7		
	Grade 8	67%	60%			

