
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR ESSEX WESTFORD SD (SU65)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs>

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About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at:
<http://www.healthvermont.gov/yrbs>

METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyyouth/data/yrbs/methods>

USING THE YRBS RESULTS

ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

HIGH SCHOOL RESULTS

ESSEX WESTFORD SD
(SU65) REPORT

<http://healthvermont.gov/yrbs.aspx>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| HIGH SCHOOL DEMOGRAPHICS | | |
|--------------------------|-------|-------|
| | SU/SD | VT |
| Total | 1244 | 27349 |

| | | SU/SD | VT |
|--------------------|--|-------|-----|
| Sex | Male | 52% | 51% |
| | Female | 48% | 49% |
| Grade | 9th Grade | 23% | 25% |
| | 10th Grade | 26% | 25% |
| | 11th Grade | 25% | 25% |
| | 12th Grade | 26% | 25% |
| Race / Ethnicity | White, non-Hispanic (WnH) | 86% | 83% |
| | Students of Color (REM) | 14% | 17% |
| Sexual Orientation | Heterosexual / Cisgender (Het/Cis) | 89% | 89% |
| | Lesbian, Gay, Bisexual, or Transgender(LGBT) | 11% | 11% |

| WERE IN A PHYSICAL FIGHT, PAST YEAR | | | |
|-------------------------------------|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 13% | 17% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Males > Females | | | |
| Sex | Male | 17% | 22% |
| | Female | 9% | 11% |
| Grade | Grade 9 | 15% | 21% |
| | Grade 10 | 12% | 18% |
| | Grade 11 | 15% | 15% |
| | Grade 12 | 10% | 13% |
| Race | WnH | 12% | 16% |
| | REM | 20% | 23% |
| Sexual Orientation | Het/CIS | 12% | 16% |
| | LGBT | 18% | 23% |

| WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR | | | |
|--|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 4% | 7% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Too few students in at least one grade | | | |
| REM > WnH | | | |
| LGBT > Het/CIS | | | |
| Sex | Male | 4% | 9% |
| | Female | 4% | 3% |
| Grade | Grade 9 | 6% | 9% |
| | Grade 10 | 5% | 7% |
| | Grade 11 | 4% | 6% |
| | Grade 12 | . | 4% |
| Race | WnH | 3% | 5% |
| | REM | 9% | 11% |
| Sexual Orientation | Het/CIS | 3% | 6% |
| | LGBT | 7% | 10% |

| CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS | | | | |
|--|----------|--------------|-----------|--|
| | | SU/SD | VT | |
| Overall | | 4% | 7% | Overall Differences: State vs SU |
| Sex | Male | 5% | 10% | VT > SU |
| | Female | 3% | 3% | Within SU Differences |
| Grade | Grade 9 | . | 5% | Males > Females |
| | Grade 10 | 3% | 6% | Too few students in at least one grade |
| | Grade 11 | 4% | 8% | REM > WnH |
| | Grade 12 | 7% | 8% | LGBT > Het/CIS |
| Race | WnH | 3% | 6% | |
| | REM | 9% | 10% | |
| Sexual Orientation | Het/CIS | 4% | 6% | |
| | LGBT | 10% | 10% | |

| WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR | | | | |
|---|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 4% | 5% | Overall Differences: State vs SU |
| Sex | Male | 4% | 6% | VT and SU are Similar |
| | Female | 4% | 3% | Within SU Differences |
| Grade | Grade 9 | 6% | 6% | 9 > 11 |
| | Grade 10 | 5% | 5% | 9 > 12 |
| | Grade 11 | 2% | 4% | 10 > 12 |
| | Grade 12 | 2% | 4% | 10 > 11 |
| Race | WnH | 4% | 4% | LGBT > Het/CIS |
| | REM | 5% | 9% | |
| Sexual Orientation | Het/CIS | 3% | 4% | |
| | LGBT | 8% | 10% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
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| WERE ELECTRONICALLY BULLIED, PAST YEAR | | | | |
|--|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 14% | 16% | Overall Differences: State vs SU |
| Sex | Male | 10% | 10% | VT > SU |
| | Female | 19% | 22% | Within SU Differences |
| Grade | Grade 9 | 19% | 19% | Females > Males |
| | Grade 10 | 13% | 16% | 9 > 10 |
| | Grade 11 | 11% | 15% | 9 > 11 |
| | Grade 12 | 12% | 13% | 9 > 12 |
| Race | WnH | 14% | 15% | LGBT > Het/CIS |
| | REM | 16% | 18% | |
| Sexual Orientation | Het/CIS | 12% | 14% | |
| | LGBT | 33% | 30% | |

| WERE BULLIED, PAST 30 DAYS | | | | |
|----------------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 11% | 16% | Overall Differences: State vs SU |
| Sex | Male | 7% | 11% | VT > SU |
| | Female | 15% | 20% | Within SU Differences |
| Grade | Grade 9 | 15% | 21% | Females > Males |
| | Grade 10 | 11% | 16% | 9 > 12 |
| | Grade 11 | 11% | 14% | 10 > 12 |
| | Grade 12 | 7% | 12% | 11 > 12 |
| Race | WnH | 11% | 15% | LGBT > Het/CIS |
| | REM | 13% | 18% | |
| Sexual Orientation | Het/CIS | 9% | 14% | |
| | LGBT | 30% | 30% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| BULLIED SOMEONE ELSE, PAST 30 DAYS | | | | |
|---|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 4% | 9% | Overall Differences: State vs SU |
| Sex | Male | 5% | 10% | VT > SU |
| | Female | 4% | 8% | Within SU Differences |
| Grade | Grade 9 | 5% | 9% | 10 > 12 |
| | Grade 10 | 5% | 9% | REM > WnH |
| | Grade 11 | 4% | 9% | LGBT > Het/CIS |
| | Grade 12 | 3% | 8% | |
| Race | WnH | 4% | 8% | |
| | REM | 8% | 12% | |
| Sexual Orientation | Het/CIS | 4% | 8% | |
| | LGBT | 9% | 13% | |

| DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS | | | | |
|--|----------|--------------|-----------|--|
| | | SU/SD | VT | |
| Overall | | 3% | 5% | Overall Differences: State vs SU |
| Sex | Male | 2% | 4% | VT > SU |
| | Female | 4% | 6% | Within SU Differences |
| Grade | Grade 9 | 4% | 5% | Females > Males |
| | Grade 10 | 5% | 5% | Too few students in at least one grade |
| | Grade 11 | 2% | 5% | REM > WnH |
| | Grade 12 | . | 4% | LGBT > Het/CIS |
| Race | WnH | 2% | 4% | |
| | REM | 6% | 9% | |
| Sexual Orientation | Het/CIS | 2% | 4% | |
| | LGBT | 13% | 12% | |

| WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE | | | | | |
|--|----------|-------|-----|--|--------|
| | | SU/SD | VT | | |
| Overall | | 5% | 6% | Overall Differences: State vs SU | |
| Sex | Male | 3% | 3% | VT and SU are Similar | |
| | Female | 8% | 9% | | |
| Grade | Grade 9 | 2% | 5% | Within SU Differences Females > Males | |
| | Grade 10 | 5% | 5% | | 10 > 9 |
| | Grade 11 | 7% | 7% | | 11 > 9 |
| | Grade 12 | 5% | 7% | | 12 > 9 |
| Race | WnH | 5% | 6% | LGBT > Het/CIS | |
| | REM | 7% | 9% | | |
| Sexual Orientation | Het/CIS | 3% | 5% | | |
| | LGBT | 20% | 18% | | |

| EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR | | | | | |
|---|----------|-------|-----|--|---------|
| | | SU/SD | VT | | |
| Overall | | 9% | 10% | Overall Differences: State vs SU | |
| Sex | Male | 3% | 5% | VT and SU are Similar | |
| | Female | 15% | 15% | | |
| Grade | Grade 9 | 5% | 10% | Within SU Differences Females > Males | |
| | Grade 10 | 15% | 11% | | 10 > 9 |
| | Grade 11 | 10% | 10% | | 11 > 9 |
| | Grade 12 | 6% | 9% | | 10 > 12 |
| Race | WnH | 9% | 9% | 10 > 11 | |
| | REM | 11% | 14% | | 11 > 12 |
| Sexual Orientation | Het/CIS | 7% | 8% | LGBT > Het/CIS | |
| | LGBT | 24% | 23% | | |

| EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR | | | |
|--|----------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 3% | 7% |
| Sex | Male | 2% | 6% |
| | Female | 5% | 8% |
| Grade | Grade 9 | 4% | 5% |
| | Grade 10 | 5% | 7% |
| | Grade 11 | 4% | 7% |
| | Grade 12 | . | 7% |
| Race | WnH | 3% | 6% |
| | REM | 5% | 11% |
| Sexual Orientation | Het/CIS | 3% | 5% |
| | LGBT | 10% | 15% |

Overall Differences: State vs SU

VT > SU

Within SU Differences

Females > Males

Too few students in at least one grade

LGBT > Het/CIS

| DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS | | | |
|--|----------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 7% | 7% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 6% | 9% |
| | Female | 7% | 5% |
| Within SU Differences | | | |
| Grade | Grade 9 | . | 5% |
| | Grade 10 | . | 4% |
| | Grade 11 | 10% | 7% |
| | Grade 12 | 8% | 10% |
| Race | WnH | 6% | 6% |
| | REM | 8% | 13% |
| Sexual Orientation | Het/CIS | 6% | 7% |
| | LGBT | 15% | 11% |

| DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS | | | |
|---|----------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 14% | 14% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 17% | 16% |
| | Female | 11% | 12% |
| Within SU Differences | | | |
| Grade | Grade 9 | . | 8% |
| | Grade 10 | 7% | 9% |
| | Grade 11 | 17% | 15% |
| | Grade 12 | 21% | 21% |
| Race | WnH | 14% | 13% |
| | REM | 17% | 20% |
| Sexual Orientation | Het/CIS | 14% | 13% |
| | LGBT | 19% | 21% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**RODE WITH A DRIVER WHO HAD BEEN DRINKING
ALCOHOL, PAST 30 DAYS**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 16% | 18% | Overall Differences: State vs SU |
| Sex | Male | 15% | 17% | VT > SU |
| | Female | 17% | 19% | Within SU Differences |
| Grade | Grade 9 | 10% | 17% | 10 > 9 |
| | Grade 10 | 18% | 18% | 11 > 9 |
| | Grade 11 | 19% | 18% | 12 > 9 |
| | Grade 12 | 17% | 18% | LGBT > Het/CIS |
| Race | WnH | 16% | 18% | |
| | REM | 16% | 20% | |
| Sexual Orientation | Het/CIS | 16% | 17% | |
| | LGBT | 22% | 22% | |

**RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA,
PAST 30 DAYS**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 19% | 20% | Overall Differences: State vs SU |
| Sex | Male | 21% | 20% | VT and SU are Similar |
| | Female | 17% | 20% | Within SU Differences |
| Grade | Grade 9 | 8% | 13% | Males > Females |
| | Grade 10 | 14% | 18% | 10 > 9 |
| | Grade 11 | 26% | 22% | 11 > 9 |
| | Grade 12 | 28% | 28% | 12 > 9 |
| Race | WnH | 19% | 20% | 12 > 10 |
| | REM | 21% | 23% | 11 > 10 |
| Sexual Orientation | Het/CIS | 19% | 19% | LGBT > Het/CIS |
| | LGBT | 25% | 29% | |

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 34% | 34% | Overall Differences: State vs SU |
| Sex | Male | 34% | 34% | VT and SU are Similar |
| | Female | 35% | 34% | Within SU Differences |
| Grade | Grade 9 | . | 9% | Too few students in at least one grade |
| | Grade 10 | 9% | 16% | |
| | Grade 11 | 45% | 42% | |
| | Grade 12 | 54% | 53% | |
| Race | WnH | 34% | 34% | |
| | REM | 33% | 32% | |
| Sexual Orientation | Het/CIS | 35% | 34% | |
| | LGBT | 30% | 31% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD,
PAST YEAR**

| | SU/SD | VT | |
|--------------------------------|-------|-----|---------|
| Never wore a helmet | 7% | 11% | VT > SU |
| Rarely wore a helmet | 3% | 3% | |
| Sometimes wore a helmet | 2% | 3% | VT > SU |
| Most of the time wore a helmet | 6% | 9% | VT > SU |
| Always wore a helmet | 83% | 74% | SU > VT |

**RARELY OR NEVER WEAR A HELMET WHILE SKIING OR
SNOWBOARDING, PAST YEAR**

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 9% | 14% | Overall Differences: State vs SU |
| Sex | Male | 11% | 17% | VT > SU |
| | Female | 7% | 9% | Within SU Differences |
| Grade | Grade 9 | . | 11% | Too few students in at least one grade |
| | Grade 10 | 10% | 13% | REM > WnH |
| | Grade 11 | 13% | 15% | Too few students by sexual orientation |
| | Grade 12 | 10% | 15% | |
| Race | WnH | 8% | 12% | |
| | REM | 18% | 24% | |
| Sexual Orientation | Het/CIS | 8% | 12% | |
| | LGBT | . | 24% | |

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING
PHYSICALLY ACTIVE, PAST YEAR**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 15% | 18% | Overall Differences: State vs SU |
| Sex | Male | 17% | 20% | VT > SU |
| | Female | 14% | 16% | Within SU Differences |
| Grade | Grade 9 | 16% | 20% | REM > WnH |
| | Grade 10 | 15% | 18% | |
| | Grade 11 | 14% | 17% | |
| | Grade 12 | 17% | 16% | |
| Race | WnH | 15% | 17% | |
| | REM | 19% | 22% | |
| Sexual Orientation | Het/CIS | 15% | 18% | |
| | LGBT | 16% | 15% | |

| WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR | | | |
|--|----------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 56% | 54% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 57% | 51% |
| | Female | 56% | 58% |
| VT and SU are Similar | | | |
| Within SU Differences | | | |
| Grade | Grade 9 | 48% | 47% |
| | Grade 10 | 50% | 53% |
| | Grade 11 | 63% | 58% |
| | Grade 12 | 62% | 61% |
| 11 > 9 | | | |
| 12 > 9 | | | |
| 12 > 10 | | | |
| 11 > 10 | | | |
| Race | WnH | 56% | 56% |
| | REM | 57% | 50% |
| LGBT > Het/CIS | | | |
| Sexual Orientation | Het/CIS | 55% | 54% |
| | LGBT | 62% | 62% |

| MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS | | | |
|--|----------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 53% | 55% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 51% | 53% |
| | Female | 55% | 56% |
| VT and SU are Similar | | | |
| Within SU Differences | | | |
| Grade | Grade 9 | 56% | 57% |
| | Grade 10 | 53% | 56% |
| | Grade 11 | 54% | 54% |
| | Grade 12 | 51% | 52% |
| WnH > REM | | | |
| Race | WnH | 56% | 56% |
| | REM | 43% | 47% |
| Sexual Orientation | Het/CIS | 53% | 55% |
| | LGBT | 56% | 57% |

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 14% | 23% | Overall Differences: State vs SU |
| Sex | Male | 15% | 23% | VT > SU |
| | Female | 13% | 23% | Within SU Differences |
| Grade | Grade 9 | 9% | 22% | 10 > 9 |
| | Grade 10 | 13% | 23% | 11 > 9 |
| | Grade 11 | 18% | 23% | 12 > 9 |
| | Grade 12 | 15% | 24% | 11 > 10 |
| Race | WnH | 14% | 22% | LGBT > Het/CIS |
| | REM | 13% | 27% | |
| Sexual Orientation | Het/CIS | 13% | 22% | |
| | LGBT | 25% | 33% | |

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 25% | 33% | Overall Differences: State vs SU |
| Sex | Male | 26% | 33% | VT > SU |
| | Female | 25% | 33% | Within SU Differences |
| Grade | Grade 9 | 24% | 32% | WnH > REM |
| | Grade 10 | 25% | 33% | LGBT > Het/CIS |
| | Grade 11 | 25% | 33% | |
| | Grade 12 | 27% | 36% | |
| Race | WnH | 26% | 33% | |
| | REM | 20% | 34% | |
| Sexual Orientation | Het/CIS | 24% | 32% | |
| | LGBT | 34% | 44% | |

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 21% | 25% | Overall Differences: State vs SU |
| Sex | Male | 14% | 16% | VT > SU |
| | Female | 28% | 35% | |
| Grade | Grade 9 | 20% | 23% | Within SU Differences |
| | Grade 10 | 20% | 26% | |
| | Grade 11 | 22% | 26% | |
| | Grade 12 | 20% | 26% | |
| Race | WnH | 19% | 25% | Females > Males |
| | REM | 30% | 28% | |
| Sexual Orientation | Het/CIS | 16% | 21% | REM > WnH |
| | LGBT | 54% | 58% | |
| | | | | LGBT > Het/CIS |

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 14% | 16% | Overall Differences: State vs SU |
| Sex | Male | 8% | 9% | VT > SU |
| | Female | 20% | 25% | |
| Grade | Grade 9 | 16% | 18% | Within SU Differences |
| | Grade 10 | 12% | 18% | |
| | Grade 11 | 13% | 16% | |
| | Grade 12 | 13% | 14% | |
| Race | WnH | 13% | 16% | Females > Males |
| | REM | 13% | 18% | |
| Sexual Orientation | Het/CIS | 10% | 12% | 9 > 10 |
| | LGBT | 43% | 48% | |
| | | | | LGBT > Het/CIS |

| MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR | | | | |
|---|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 10% | 11% | Overall Differences: State vs SU |
| Sex | Male | 6% | 7% | VT > SU |
| | Female | 13% | 15% | |
| Grade | Grade 9 | 10% | 11% | Within SU Differences |
| | Grade 10 | 10% | 12% | |
| | Grade 11 | 10% | 11% | |
| | Grade 12 | 9% | 10% | |
| Race | WnH | 8% | 10% | Females > Males |
| | REM | 18% | 15% | |
| Sexual Orientation | Het/CIS | 6% | 8% | REM > WnH |
| | LGBT | 34% | 33% | |
| | | | | LGBT > Het/CIS |

| ATTEMPTED SUICIDE, PAST YEAR | | | | |
|------------------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 4% | 5% | Overall Differences: State vs SU |
| Sex | Male | 3% | 4% | VT > SU |
| | Female | 5% | 7% | |
| Grade | Grade 9 | 4% | 6% | Within SU Differences |
| | Grade 10 | 4% | 6% | |
| | Grade 11 | 6% | 5% | |
| | Grade 12 | 3% | 4% | |
| Race | WnH | 3% | 5% | Females > Males |
| | REM | 9% | 8% | |
| Sexual Orientation | Het/CIS | 2% | 4% | REM > WnH |
| | LGBT | 19% | 18% | |
| | | | | LGBT > Het/CIS |

| EVER SMOKED A WHOLE CIGARETTE | | | |
|----------------------------------|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 19% | 24% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 21% | 26% |
| | Female | 16% | 22% |
| Within SU Differences | | | |
| Grade | Grade 9 | 7% | 17% |
| | Grade 10 | 13% | 21% |
| | Grade 11 | 29% | 28% |
| | Grade 12 | 26% | 31% |
| Race | WnH | 19% | 23% |
| | REM | 20% | 28% |
| Sexual Orientation | Het/CIS | 18% | 22% |
| | LGBT | 27% | 38% |

| SMOKED A CIGARETTE BEFORE AGE 13 YEARS | | | |
|--|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 4% | 8% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 5% | 9% |
| | Female | 4% | 6% |
| Within SU Differences | | | |
| Grade | Grade 9 | 2% | 8% |
| | Grade 10 | 6% | 8% |
| | Grade 11 | 6% | 8% |
| | Grade 12 | 4% | 7% |
| Race | WnH | 5% | 7% |
| | REM | 4% | 12% |
| Sexual Orientation | Het/CIS | 4% | 7% |
| | LGBT | 11% | 14% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| EVER USED AN ELECTRONIC VAPOR PRODUCT | | | | |
|---------------------------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 34% | 34% | Overall Differences: State vs SU |
| Sex | Male | 39% | 37% | VT and SU are Similar |
| | Female | 29% | 31% | |
| Grade | Grade 9 | 16% | 23% | Within SU Differences |
| | Grade 10 | 29% | 31% | |
| | Grade 11 | 40% | 38% | |
| | Grade 12 | 47% | 44% | |
| Race | WnH | 34% | 34% | Males > Females |
| | REM | 31% | 35% | 12 > 10 |
| Sexual Orientation | Het/CIS | 35% | 34% | 11 > 10 |
| | LGBT | 34% | 38% | 12 > 11 |

| EVER TRIED FLAVORED TOBACCO PRODUCTS | | | | |
|--------------------------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 18% | 21% | Overall Differences: State vs SU |
| Sex | Male | 22% | 24% | VT > SU |
| | Female | 14% | 17% | |
| Grade | Grade 9 | 5% | 12% | Within SU Differences |
| | Grade 10 | 11% | 17% | |
| | Grade 11 | 27% | 24% | |
| | Grade 12 | 30% | 30% | |
| Race | WnH | 18% | 20% | Males > Females |
| | REM | 18% | 21% | 12 > 10 |
| Sexual Orientation | Het/CIS | 18% | 20% | 11 > 10 |
| | LGBT | 23% | 26% | LGBT > Het/CIS |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| EVER DRANK ALCOHOL | | | | |
|--------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 52% | 58% | Overall Differences: State vs SU |
| Sex | Male | 54% | 57% | VT > SU |
| | Female | 50% | 58% | |
| Grade | Grade 9 | 29% | 41% | Within SU Differences |
| | Grade 10 | 43% | 54% | |
| | Grade 11 | 70% | 65% | |
| | Grade 12 | 65% | 71% | |
| Race | WnH | 53% | 58% | 11 > 10 |
| | REM | 51% | 56% | |
| Sexual Orientation | Het/CIS | 52% | 57% | LGBT > Het/CIS |
| | LGBT | 60% | 66% | |

| DRANK ALCOHOL BEFORE AGE 13 YEARS | | | | |
|-----------------------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 14% | Overall Differences: State vs SU |
| Sex | Male | 9% | 16% | VT > SU |
| | Female | 8% | 11% | |
| Grade | Grade 9 | 9% | 17% | Within SU Differences |
| | Grade 10 | 8% | 13% | |
| | Grade 11 | 11% | 13% | |
| | Grade 12 | 6% | 11% | |
| Race | WnH | 7% | 12% | 11 > 10 |
| | REM | 14% | 21% | |
| Sexual Orientation | Het/CIS | 8% | 13% | 11 > 12 |
| | LGBT | 18% | 20% | |
| | | | | REM > WnH |
| | | | | LGBT > Het/CIS |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| EVER USED MARIJUANA | | | | |
|---------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 34% | 37% | Overall Differences: State vs SU |
| Sex | Male | 37% | 37% | VT > SU |
| | Female | 32% | 37% | Within SU Differences |
| Grade | Grade 9 | 12% | 23% | Males > Females |
| | Grade 10 | 28% | 34% | 10 > 9 |
| | Grade 11 | 46% | 42% | 11 > 9 |
| | Grade 12 | 47% | 50% | 12 > 9 |
| Race | WnH | 35% | 38% | 12 > 10 |
| | REM | 30% | 37% | 11 > 10 |
| Sexual Orientation | Het/CIS | 35% | 36% | |
| | LGBT | 36% | 49% | |

| TRIED MARIJUANA BEFORE AGE 13 YEARS | | | | |
|-------------------------------------|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 3% | 6% | Overall Differences: State vs SU |
| Sex | Male | 3% | 7% | VT > SU |
| | Female | 3% | 5% | Within SU Differences |
| Grade | Grade 9 | . | 6% | Too few students in at least one grade |
| | Grade 10 | 5% | 6% | LGBT > Het/CIS |
| | Grade 11 | 3% | 6% | |
| | Grade 12 | 4% | 5% | |
| Race | WnH | 3% | 5% | |
| | REM | 4% | 10% | |
| Sexual Orientation | Het/CIS | 3% | 5% | |
| | LGBT | 9% | 11% | |

| EVER MISUSED PRESCRIPTION PAIN MEDICINE | | | |
|---|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 6% | 8% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Sex | Male | 6% | 8% |
| | Female | 6% | 7% |
| Grade | Grade 9 | . | 6% |
| | Grade 10 | 5% | 7% |
| | Grade 11 | 6% | 8% |
| | Grade 12 | 10% | 9% |
| Race | WnH | 6% | 7% |
| | REM | 5% | 11% |
| Sexual Orientation | Het/CIS | 5% | 7% |
| | LGBT | 14% | 16% |

| EVER MISUSED PRESCRIPTION STIMULANTS | | | |
|--------------------------------------|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 5% | 6% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Sex | Male | 5% | 7% |
| | Female | 6% | 6% |
| Grade | Grade 9 | . | 4% |
| | Grade 10 | 5% | 6% |
| | Grade 11 | 3% | 6% |
| | Grade 12 | 10% | 9% |
| Race | WnH | 5% | 6% |
| | REM | 7% | 10% |
| Sexual Orientation | Het/CIS | 5% | 5% |
| | LGBT | 8% | 12% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX WESTFORD SD (SU65) REPORT

| EVER USED COCAINE | | | |
|----------------------------------|----------|-------|----|
| | | SU/SD | VT |
| Overall | | 3% | 4% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 3% | 5% |
| | Female | 2% | 3% |
| Within SU Differences | | | |
| Grade | Grade 9 | . | 2% |
| | Grade 10 | 2% | 3% |
| | Grade 11 | 3% | 4% |
| | Grade 12 | 5% | 6% |
| Race | WnH | 2% | 3% |
| | REM | 6% | 8% |
| Sexual Orientation | Het/CIS | 2% | 3% |
| | LGBT | 7% | 9% |

| EVER USED INHALANTS | | | |
|----------------------------------|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 5% | 6% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 4% | 6% |
| | Female | 5% | 6% |
| Within SU Differences | | | |
| Grade | Grade 9 | 4% | 6% |
| | Grade 10 | 5% | 6% |
| | Grade 11 | 5% | 6% |
| | Grade 12 | 5% | 6% |
| Race | WnH | 5% | 5% |
| | REM | 5% | 10% |
| Sexual Orientation | Het/CIS | 4% | 5% |
| | LGBT | 15% | 16% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| EVER USED HEROIN | | | |
|----------------------------------|----------|-------|----|
| | | SU/SD | VT |
| Overall | | 1% | 2% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Sex | Male | 2% | 3% |
| | Female | . | 1% |
| Grade | Grade 9 | . | 1% |
| | Grade 10 | . | 2% |
| | Grade 11 | . | 2% |
| | Grade 12 | 3% | 2% |
| Race | WnH | . | 1% |
| | REM | 4% | 5% |
| Sexual Orientation | Het/CIS | 1% | 1% |
| | LGBT | . | 5% |

| EVER USED METHAMPHETAMINES | | | |
|----------------------------------|----------|-------|----|
| | | SU/SD | VT |
| Overall | | 1% | 2% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Sex | Male | 1% | 3% |
| | Female | 1% | 1% |
| Grade | Grade 9 | . | 1% |
| | Grade 10 | . | 2% |
| | Grade 11 | . | 2% |
| | Grade 12 | 2% | 3% |
| Race | WnH | . | 1% |
| | REM | 5% | 6% |
| Sexual Orientation | Het/CIS | 1% | 2% |
| | LGBT | 6% | 5% |

| USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR | | | | | |
|--|----------|-------|-----|----------------------------------|--------|
| | | SU/SD | VT | | |
| Overall | | 21% | 24% | Overall Differences: State vs SU | |
| VT > SU | | | | | |
| Sex | Male | 27% | 28% | Within SU Differences | |
| | Female | 16% | 18% | | |
| Grade | Grade 9 | 6% | 14% | Males > Females | |
| | Grade 10 | 15% | 20% | | 10 > 9 |
| | Grade 11 | 31% | 26% | | 11 > 9 |
| | Grade 12 | 32% | 33% | | 12 > 9 |
| Race | WnH | 21% | 23% | 12 > 10 | |
| | REM | 22% | 26% | 11 > 10 | |
| Sexual Orientation | Het/CIS | 22% | 23% | | |
| | LGBT | 23% | 31% | | |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS | | | | | |
|--|----------|-------|-----|----------------------------------|--------|
| | | SU/SD | VT | | |
| Overall | | 18% | 19% | Overall Differences: State vs SU | |
| VT and SU are Similar | | | | | |
| Sex | Male | 22% | 23% | Within SU Differences | |
| | Female | 13% | 14% | | |
| Grade | Grade 9 | 5% | 11% | Males > Females | |
| | Grade 10 | 12% | 16% | | 10 > 9 |
| | Grade 11 | 26% | 22% | | 11 > 9 |
| | Grade 12 | 27% | 28% | | 12 > 9 |
| Race | WnH | 18% | 19% | 12 > 10 | |
| | REM | 18% | 20% | 11 > 10 | |
| Sexual Orientation | Het/CIS | 18% | 18% | | |
| | LGBT | 20% | 25% | | |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS | | | | |
|---|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 13% | 15% | Overall Differences: State vs SU |
| Sex | Male | 17% | 19% | VT > SU |
| | Female | 10% | 11% | |
| Grade | Grade 9 | 3% | 8% | Within SU Differences |
| | Grade 10 | 8% | 12% | |
| | Grade 11 | 17% | 17% | |
| | Grade 12 | 23% | 22% | |
| Race | WnH | 14% | 15% | Males > Females |
| | REM | 11% | 16% | |
| Sexual Orientation | Het/CIS | 13% | 14% | 10 > 9 |
| | LGBT | 14% | 21% | 11 > 9 |

| SMOKED CIGARETTES, PAST 30 DAYS | | | | |
|---------------------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 9% | Overall Differences: State vs SU |
| Sex | Male | 10% | 10% | VT and SU are Similar |
| | Female | 8% | 8% | |
| Grade | Grade 9 | 2% | 5% | Within SU Differences |
| | Grade 10 | 4% | 7% | |
| | Grade 11 | 12% | 11% | |
| | Grade 12 | 16% | 13% | |
| Race | WnH | 9% | 9% | LGBT > Het/CIS |
| | REM | 7% | 12% | |
| Sexual Orientation | Het/CIS | 8% | 8% | 11 > 9 |
| | LGBT | 13% | 18% | 12 > 9 |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**AMONG CURRENT SMOKERS: DAYS SMOKED
CIGARETTES**

| | SU/SD | VT | |
|---------------|-------|-----|------------------|
| 1 or 2 days | 37% | 29% | SU > VT |
| 3 to 5 days | 20% | 15% | |
| 6 to 9 days | . | 10% | Too few students |
| 10 to 19 days | 11% | 12% | |
| 20 to 29 days | 11% | 9% | |
| All 30 days | 14% | 25% | VT > SU |

**AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY
DAY**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|---|
| Overall | | 14% | 25% | Overall Differences: State vs SU |
| Sex | Male | . | 27% | VT > SU |
| | Female | . | 20% | Within SU Differences |
| Grade | Grade 9 | . | 24% | Too few students by sex |
| | Grade 10 | . | 21% | Too few students in at least one grade |
| | Grade 11 | . | 23% | Too few students by race |
| | Grade 12 | . | 26% | Too few students by sexual orientation |
| Race | WnH | 13% | 21% | |
| | REM | . | 38% | |
| Sexual Orientation | Het/CIS | 12% | 22% | |
| | LGBT | . | 29% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES
SMOKED ON DAYS SMOKED**

| | SU/SD | VT | |
|-------------------------|-------|-----|------------------|
| Less than 1 cigarette | 36% | 30% | SU > VT |
| 1 cigarette | 26% | 19% | |
| 2 to 5 cigarettes | 32% | 30% | Too few students |
| 6 to 10 cigarettes | . | 9% | |
| 11 to 20 cigarettes | . | 4% | |
| More than 20 cigarettes | . | 8% | |

**AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR
MORE CIGARETTES ON DAYS SMOKED**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|---|
| Overall | | . | 12% | Overall Differences: State vs SU |
| Sex | Male | . | 15% | Too few students |
| | Female | . | 6% | |
| Grade | Grade 9 | . | 12% | Within SU Differences |
| | Grade 10 | . | 8% | |
| | Grade 11 | . | 10% | |
| | Grade 12 | . | 12% | |
| Race | WnH | . | 7% | Too few students by sex |
| | REM | . | 28% | |
| Sexual Orientation | Het/CIS | . | 10% | Too few students in at least one grade |
| | LGBT | . | 14% | |

| USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS | | | | | |
|--|----------|-------|-----|----------------------------------|-----------------|
| | | SU/SD | VT | | |
| Overall | | 13% | 12% | Overall Differences: State vs SU | |
| Sex | Male | 16% | 14% | VT and SU are Similar | |
| | Female | 10% | 9% | | |
| Grade | Grade 9 | 4% | 7% | Within SU Differences | |
| | Grade 10 | 10% | 10% | | Males > Females |
| | Grade 11 | 18% | 13% | | 10 > 9 |
| | Grade 12 | 21% | 17% | | 11 > 9 |
| Race | WnH | 13% | 12% | 12 > 9 | |
| | REM | 15% | 13% | 11 > 10 | |
| Sexual Orientation | Het/CIS | 13% | 12% | | |
| | LGBT | 16% | 16% | | |

| AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE | | | | |
|---|--|-------|-----|------------------|
| | | SU/SD | VT | |
| Friend/family used them | | 40% | 35% | SU > VT |
| To try to quit other tobacco | | 2% | 5% | VT > SU |
| Cost less than other tobacco | | . | 1% | Too few students |
| Easier to get than other tobacco | | . | 1% | Too few students |
| Less harmful than other tobacco | | 13% | 8% | SU > VT |
| Available in flavors | | 17% | 17% | |
| Used for some other reason | | 26% | 33% | VT > SU |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**AMONG CURRENT USERS: FREQUENCY OF
ELECTRONIC VAPOR PRODUCTS USE**

| | SU/SD | VT | |
|---------------|-------|-----|------------------|
| 1 or 2 days | 43% | 37% | SU > VT |
| 3 to 5 days | 13% | 19% | VT > SU |
| 6 to 9 days | 17% | 11% | SU > VT |
| 10 to 19 days | 12% | 12% | |
| 20 to 29 days | . | 7% | Too few students |
| All 30 days | 14% | 15% | |

**AMONG CURRENT USERS: USED ELECTRONIC VAPOR
PRODUCTS ON 10+ DAYS**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|---|
| Overall | | 27% | 33% | Overall Differences: State vs SU |
| Sex | Male | 25% | 37% | VT > SU |
| | Female | . | 26% | Within SU Differences |
| Grade | Grade 9 | . | 29% | Too few students by sex |
| | Grade 10 | . | 36% | Too few students in at least one grade |
| | Grade 11 | . | 31% | Too few students by race |
| | Grade 12 | . | 34% | Too few students by sexual orientation |
| Race | WnH | 29% | 30% | |
| | REM | . | 44% | |
| Sexual Orientation | Het/CIS | 26% | 32% | |
| | LGBT | . | 37% | |

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

| | SU/SD | VT | |
|------------------------------|-------|-----|------------------|
| Bought them in a store | 9% | 8% | Too few students |
| I got them on the Internet | . | 10% | |
| Someone else bought them | 11% | 14% | |
| Borrowed them | 39% | 38% | SU > VT |
| A person 18 or older gave me | 18% | 11% | |
| Took them from a store | . | 2% | Too few students |
| Some other way | 18% | 18% | |

USED SMOKELESS TOBACCO, PAST 30 DAYS

| | | SU/SD | VT | |
|--------------------|----------|-------|----|--|
| Overall | | 2% | 5% | Overall Differences: State vs SU |
| Sex | Male | 3% | 8% | VT > SU |
| | Female | . | 2% | |
| Grade | Grade 9 | . | 3% | Too few students by sex |
| | Grade 10 | 3% | 5% | |
| | Grade 11 | 2% | 6% | |
| | Grade 12 | . | 7% | |
| Race | WnH | 2% | 5% | Too few students in at least one grade |
| | REM | 4% | 7% | |
| Sexual Orientation | Het/CIS | 2% | 5% | REM > WnH |
| | LGBT | . | 5% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 9% | 9% | Overall Differences: State vs SU |
| Sex | Male | 12% | 13% | VT and SU are Similar |
| | Female | 6% | 6% | Within SU Differences |
| Grade | Grade 9 | 3% | 4% | Males > Females |
| | Grade 10 | 5% | 7% | 10 > 9 |
| | Grade 11 | 13% | 10% | 11 > 9 |
| | Grade 12 | 14% | 15% | 12 > 9 |
| Race | WnH | 9% | 9% | 12 > 10 |
| | REM | 8% | 10% | 11 > 10 |
| Sexual Orientation | Het/CIS | 9% | 9% | |
| | LGBT | 7% | 12% | |

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 30% | 33% | Overall Differences: State vs SU |
| Sex | Male | 32% | 30% | VT and SU are Similar |
| | Female | 28% | 37% | Within SU Differences |
| Grade | Grade 9 | . | 33% | Too few students in at least one grade |
| | Grade 10 | . | 35% | Too few students by race |
| | Grade 11 | 36% | 32% | Too few students by sexual orientation |
| | Grade 12 | 26% | 32% | |
| Race | WnH | 29% | 33% | |
| | REM | . | 33% | |
| Sexual Orientation | Het/CIS | 28% | 32% | |
| | LGBT | . | 43% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| DRANK ALCOHOL, PAST 30 DAYS | | | |
|----------------------------------|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 29% | 33% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 29% | 32% |
| | Female | 30% | 34% |
| Within SU Differences | | | |
| Grade | Grade 9 | 15% | 20% |
| | Grade 10 | 24% | 30% |
| | Grade 11 | 39% | 36% |
| | Grade 12 | 39% | 46% |
| Race | WnH | 29% | 34% |
| | REM | 29% | 29% |
| Sexual Orientation | Het/CIS | 29% | 33% |
| | LGBT | 38% | 37% |

| BINGE DRANK, PAST 30 DAYS | | | |
|----------------------------------|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 16% | 17% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 14% | 17% |
| | Female | 19% | 17% |
| Within SU Differences | | | |
| Grade | Grade 9 | 4% | 8% |
| | Grade 10 | 13% | 14% |
| | Grade 11 | 24% | 19% |
| | Grade 12 | 23% | 27% |
| Race | WnH | 17% | 17% |
| | REM | 15% | 16% |
| Sexual Orientation | Het/CIS | 16% | 17% |
| | LGBT | 26% | 18% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

AMONG CURRENT USERS: FREQUENCY OF DRINKING

| | SU/SD | VT | |
|---------------|-------|-----|------------------|
| 1 or 2 days | 49% | 49% | |
| 3 to 5 days | 24% | 26% | |
| 6 to 9 days | 15% | 13% | |
| 10 to 19 days | 10% | 7% | SU > VT |
| 20 to 29 days | . | 2% | Too few students |
| All 30 days | . | 3% | Too few students |

AMONG CURRENT USERS: DRANK ON 10+ DAYS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 12% | 12% | Overall Differences: State vs SU |
| Sex | Male | 10% | 15% | VT and SU are Similar |
| | Female | 15% | 9% | |
| Grade | Grade 9 | . | 11% | Within SU Differences |
| | Grade 10 | 21% | 11% | |
| | Grade 11 | . | 12% | |
| | Grade 12 | 18% | 13% | |
| Race | WnH | 11% | 10% | Too few students in at least one grade |
| | REM | . | 22% | |
| Sexual Orientation | Het/CIS | 12% | 11% | Too few students by race |
| | LGBT | . | 18% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED | | | |
|---|-------|-----|---------|
| | SU/SD | VT | |
| 1 or 2 drinks | 31% | 35% | |
| 3 drinks | 5% | 6% | |
| 4 drinks | 10% | 8% | |
| 5 drinks | 15% | 13% | |
| 6 or 7 drinks | 18% | 15% | SU > VT |
| 8 or 9 drinks | 11% | 8% | SU > VT |
| 10 or more drinks | 9% | 14% | VT > SU |

| AMONG CURRENT USERS: BINGE DRANK (4+ females/5+ males) | | | | |
|--|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 62% | 57% | Overall Differences: State vs SU |
| Sex | Male | 55% | 59% | SU > VT |
| | Female | 68% | 55% | Within SU Differences |
| Grade | Grade 9 | . | 46% | Females > Males |
| | Grade 10 | 60% | 53% | Too few students in at least one grade |
| | Grade 11 | 68% | 57% | Too few students by race |
| | Grade 12 | 66% | 63% | Too few students by sexual orientation |
| Race | WnH | 61% | 56% | |
| | REM | . | 61% | |
| Sexual Orientation | Het/CIS | 60% | 57% | |
| | LGBT | . | 55% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

AMONG CURRENT USERS: ALCOHOL SOURCE

| | SU/SD | VT | |
|-----------------------------|-------|-----|------------------|
| Bought in store | 2% | 3% | |
| Bought in restaurant | . | 2% | Too few students |
| Bought at public event | . | 0% | Too few students |
| I gave someone money to buy | 30% | 23% | SU > VT |
| Someone gave it to me | 39% | 40% | |
| Took from store/family | 15% | 12% | |
| Some other way | 13% | 20% | VT > SU |

USED MARIJUANA, PAST 30 DAYS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 22% | 24% | Overall Differences: State vs SU |
| Sex | Male | 24% | 24% | VT > SU |
| | Female | 19% | 23% | Within SU Differences |
| Grade | Grade 9 | 8% | 15% | Males > Females |
| | Grade 10 | 15% | 22% | 10 > 9 |
| | Grade 11 | 30% | 25% | 11 > 9 |
| | Grade 12 | 32% | 32% | 12 > 9 |
| Race | WnH | 22% | 23% | 12 > 10 |
| | REM | 21% | 24% | 11 > 10 |
| Sexual Orientation | Het/CIS | 22% | 23% | |
| | LGBT | 25% | 33% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

| | SU/SD | VT | |
|------------------|-------|-----|---------|
| 1 or 2 times | 35% | 34% | VT > SU |
| 3 to 9 times | 27% | 25% | |
| 10 to 19 times | 11% | 12% | |
| 20 to 39 times | 11% | 10% | |
| 40 or more times | 16% | 20% | |

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 38% | 41% | Overall Differences: State vs SU |
| Sex | Male | 41% | 47% | VT and SU are Similar |
| | Female | 34% | 35% | |
| Grade | Grade 9 | . | 37% | Within SU Differences |
| | Grade 10 | . | 40% | |
| | Grade 11 | 35% | 41% | |
| | Grade 12 | 49% | 43% | |
| Race | WnH | 37% | 39% | Too few students in at least one grade |
| | REM | . | 53% | |
| Sexual Orientation | Het/CIS | 37% | 40% | Too few students by race |
| | LGBT | . | 49% | |
| | | | | Too few students by sexual orientation |

| AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED | | | |
|---|-------|-----|---|
| | SU/SD | VT | |
| Smoked it | 89% | 91% | Too few students SU > VT Too few students |
| Ate in food | 5% | 4% | |
| Drank in tea or other drink | . | 1% | |
| Vaporized | 4% | 2% | |
| Some other way | . | 2% | |

| MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS | | | | |
|---|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 4% | 5% | Overall Differences: State vs SU |
| Sex | Male | 3% | 6% | VT > SU |
| | Female | 5% | 5% | Within SU Differences |
| Grade | Grade 9 | . | 4% | Females > Males |
| | Grade 10 | 4% | 5% | Too few students in at least one grade |
| | Grade 11 | . | 5% | LGBT > Het/CIS |
| | Grade 12 | 7% | 7% | |
| Race | WnH | 4% | 5% | |
| | REM | 4% | 9% | |
| Sexual Orientation | Het/CIS | 3% | 5% | |
| | LGBT | 10% | 11% | |

| WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR | | | | |
|--|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 18% | 15% | Overall Differences: State vs SU |
| Sex | Male | 20% | 17% | SU > VT |
| | Female | 15% | 13% | Within SU Differences |
| Grade | Grade 9 | 11% | 14% | Males > Females |
| | Grade 10 | 18% | 16% | 10 > 9 |
| | Grade 11 | 21% | 16% | 11 > 9 |
| | Grade 12 | 19% | 14% | 12 > 9 |
| Race | WnH | 17% | 15% | LGBT > Het/CIS |
| | REM | 20% | 17% | |
| Sexual Orientation | Het/CIS | 17% | 14% | |
| | LGBT | 26% | 23% | |

| ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR | | | | |
|---|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 12% | 13% | Overall Differences: State vs SU |
| Sex | Male | 13% | 14% | VT and SU are Similar |
| | Female | 11% | 12% | Within SU Differences |
| Grade | Grade 9 | 4% | 9% | 10 > 9 |
| | Grade 10 | 12% | 12% | 11 > 9 |
| | Grade 11 | 13% | 14% | 12 > 9 |
| | Grade 12 | 18% | 18% | 12 > 10 |
| Race | WnH | 12% | 13% | LGBT > Het/CIS |
| | REM | 13% | 16% | |
| Sexual Orientation | Het/CIS | 11% | 12% | |
| | LGBT | 20% | 23% | |

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 26% | 25% | Overall Differences: State vs SU |
| Sex | Male | 27% | 25% | VT and SU are Similar |
| | Female | 23% | 24% | |
| Grade | Grade 9 | 36% | 32% | 9 > 10 |
| | Grade 10 | 28% | 26% | 9 > 11 |
| | Grade 11 | 20% | 21% | 9 > 12 |
| | Grade 12 | 19% | 20% | 10 > 12 |
| Race | WnH | 24% | 23% | 10 > 11 |
| | REM | 32% | 31% | REM > WnH |
| Sexual Orientation | Het/CIS | 25% | 25% | LGBT > Het/CIS |
| | LGBT | 31% | 25% | |

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES

| | | SU/SD | VT | | |
|--------------------|----------|-------|-----|----------------------------------|-----------------|
| Overall | | 89% | 84% | Overall Differences: State vs SU | |
| Sex | Male | 87% | 82% | SU > VT | |
| | Female | 91% | 86% | | |
| Grade | Grade 9 | 93% | 90% | Within SU Differences | |
| | Grade 10 | 91% | 88% | | Females > Males |
| | Grade 11 | 88% | 83% | | 9 > 11 |
| | Grade 12 | 84% | 75% | | 9 > 12 |
| Race | WnH | 88% | 85% | 10 > 12 | |
| | REM | 90% | 81% | Het/CIS > LGBT | |
| Sexual Orientation | Het/CIS | 90% | 85% | | |
| | LGBT | 78% | 74% | | |

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL | | | | |
|---|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 57% | 54% | Overall Differences: State vs SU |
| Sex | Male | 55% | 55% | SU > VT |
| | Female | 58% | 54% | Within SU Differences |
| Grade | Grade 9 | 77% | 71% | 9 > 10 |
| | Grade 10 | 63% | 59% | 9 > 11 |
| | Grade 11 | 48% | 48% | 9 > 12 |
| | Grade 12 | 42% | 39% | 10 > 12 |
| Race | WnH | 56% | 54% | 10 > 11 |
| | REM | 61% | 58% | REM > WnH |
| Sexual Orientation | Het/CIS | 57% | 54% | |
| | LGBT | 51% | 51% | |

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA | | | | |
|---|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 57% | 55% | Overall Differences: State vs SU |
| Sex | Male | 55% | 56% | VT and SU are Similar |
| | Female | 59% | 55% | Within SU Differences |
| Grade | Grade 9 | 77% | 69% | 9 > 10 |
| | Grade 10 | 66% | 60% | 9 > 11 |
| | Grade 11 | 44% | 51% | 9 > 12 |
| | Grade 12 | 43% | 42% | 10 > 12 |
| Race | WnH | 56% | 55% | 10 > 11 |
| | REM | 61% | 58% | Het/CIS > LGBT |
| Sexual Orientation | Het/CIS | 58% | 57% | |
| | LGBT | 46% | 40% | |

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 95% | 91% | Overall Differences: State vs SU |
| Sex | Male | 95% | 90% | SU > VT |
| | Female | 94% | 93% | Within SU Differences |
| Grade | Grade 9 | 98% | 94% | 9 > 10 |
| | Grade 10 | 95% | 94% | 9 > 11 |
| | Grade 11 | 95% | 91% | 9 > 12 |
| | Grade 12 | 93% | 87% | WnH > REM |
| Race | WnH | 95% | 92% | |
| | REM | 91% | 87% | |
| Sexual Orientation | Het/CIS | 95% | 92% | |
| | LGBT | 93% | 86% | |

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 69% | 66% | Overall Differences: State vs SU |
| Sex | Male | 66% | 64% | SU > VT |
| | Female | 72% | 67% | Within SU Differences |
| Grade | Grade 9 | 84% | 78% | Females > Males |
| | Grade 10 | 74% | 71% | 9 > 10 |
| | Grade 11 | 66% | 63% | 9 > 11 |
| | Grade 12 | 53% | 50% | 9 > 12 |
| Race | WnH | 69% | 65% | 10 > 12 |
| | REM | 65% | 67% | 10 > 11 |
| Sexual Orientation | Het/CIS | 69% | 66% | 11 > 12 |
| | LGBT | 64% | 60% | |

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 81% | 76% | Overall Differences: State vs SU |
| Sex | Male | 79% | 75% | SU > VT |
| | Female | 83% | 77% | Within SU Differences |
| Grade | Grade 9 | 90% | 83% | Females > Males |
| | Grade 10 | 85% | 79% | 9 > 10 |
| | Grade 11 | 79% | 75% | 9 > 11 |
| | Grade 12 | 73% | 69% | 9 > 12 |
| Race | WnH | 81% | 76% | 10 > 12 |
| | REM | 80% | 75% | 10 > 11 |
| Sexual Orientation | Het/CIS | 82% | 78% | 11 > 12 |
| | LGBT | 68% | 63% | Het/CIS > LGBT |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**PERCEIVED RISK OF HARM FROM SMOKING A PACK
OF CIGARETTES DAILY**

| | SU/SD | VT | |
|---------------|-------|-----|---------|
| No risk | 3% | 5% | VT > SU |
| Slight risk | 7% | 9% | VT > SU |
| Moderate risk | 17% | 18% | VT > SU |
| Great risk | 74% | 68% | SU > VT |

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER
DAY**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 74% | 68% | Overall Differences: State vs SU |
| Sex | Male | 73% | 66% | SU > VT |
| | Female | 75% | 70% | Within SU Differences |
| Grade | Grade 9 | 69% | 64% | 12 > 9 |
| | Grade 10 | 70% | 68% | 12 > 10 |
| | Grade 11 | 73% | 68% | 12 > 11 |
| | Grade 12 | 83% | 72% | WnH > REM |
| Race | WnH | 75% | 69% | Het/CIS > LGBT |
| | REM | 67% | 62% | |
| Sexual Orientation | Het/CIS | 75% | 68% | |
| | LGBT | 68% | 68% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**PERCEIVED RISK OF HARM FROM BINGE DRINKING
EACH WEEK**

| | SU/SD | VT | |
|---------------|-------|-----|---------|
| No risk | 4% | 6% | VT > SU |
| Slight risk | 18% | 19% | VT > SU |
| Moderate risk | 41% | 39% | SU > VT |
| Great risk | 38% | 36% | |

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR
TWICE EACH WEEKEND**

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 38% | 36% | Overall Differences: State vs SU |
| Sex | Male | 33% | 32% | VT and SU are Similar |
| | Female | 42% | 41% | |
| Grade | Grade 9 | 36% | 38% | Within SU Differences |
| | Grade 10 | 44% | 39% | |
| | Grade 11 | 35% | 35% | |
| | Grade 12 | 35% | 32% | |
| Race | WnH | 37% | 35% | Females > Males |
| | REM | 43% | 39% | |
| Sexual Orientation | Het/CIS | 37% | 35% | 10 > 9 |
| | LGBT | 47% | 38% | |

| PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE | | |
|---|-------|-----|
| | SU/SD | VT |
| No risk | 18% | 21% |
| Slight risk | 29% | 29% |
| Moderate risk | 26% | 26% |
| Great risk | 26% | 24% |

| PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE |
|---|
| VT > SU |
| SU > VT |

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY | | | | |
|--|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 26% | 24% | Overall Differences: State vs SU |
| Sex | Male | 21% | 21% | SU > VT |
| | Female | 32% | 28% | Within SU Differences |
| Grade | Grade 9 | 40% | 32% | Females > Males |
| | Grade 10 | 31% | 26% | 9 > 10 |
| | Grade 11 | 18% | 22% | 9 > 11 |
| | Grade 12 | 18% | 18% | 9 > 12 |
| Race | WnH | 25% | 23% | 10 > 12 |
| | REM | 31% | 29% | 10 > 11 |
| Sexual Orientation | Het/CIS | 27% | 25% | REM > WnH |
| | LGBT | 17% | 16% | Het/CIS > LGBT |

| PERCEIVED ACCESS TO CIGARETTES | | |
|--------------------------------|-------|-----|
| | SU/SD | VT |
| Very hard | 24% | 24% |
| Sort of hard | 21% | 21% |
| Sort of easy | 24% | 22% |
| Very easy | 31% | 32% |

| SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET | | | | |
|---|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 55% | 55% | Overall Differences: State vs SU |
| Sex | | | | VT and SU are Similar |
| | Male | 61% | 57% | Within SU Differences |
| | Female | 48% | 52% | |
| Grade | | | | Males > Females |
| | Grade 9 | 38% | 38% | |
| | Grade 10 | 43% | 48% | 11 > 9 |
| | Grade 11 | 64% | 57% | 12 > 9 |
| | Grade 12 | 74% | 75% | 12 > 10 |
| Race | | | | |
| | WnH | 56% | 55% | 11 > 10 |
| | REM | 52% | 54% | 12 > 11 |
| Sexual Orientation | | | | LGBT > Het/CIS |
| | Het/CIS | 55% | 54% | |
| | LGBT | 61% | 61% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| PERCEIVED ACCESS TO ALCOHOL | | | |
|-----------------------------|-------|-----|---------|
| | SU/SD | VT | |
| Very hard | 12% | 15% | VT > SU |
| Sort of hard | 17% | 18% | |
| Sort of easy | 29% | 31% | SU > VT |
| Very easy | 42% | 37% | |

| SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET | | | | |
|--|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 72% | 68% | Overall Differences: State vs SU |
| Sex | Male | 71% | 67% | SU > VT |
| | Female | 71% | 69% | |
| Grade | Grade 9 | 59% | 58% | 10 > 9 |
| | Grade 10 | 68% | 67% | 11 > 9 |
| | Grade 11 | 78% | 72% | 12 > 9 |
| | Grade 12 | 81% | 74% | 12 > 10 |
| Race | WnH | 73% | 69% | 11 > 10 |
| | REM | 67% | 62% | WnH > REM |
| Sexual Orientation | Het/CIS | 71% | 68% | LGBT > Het/CIS |
| | LGBT | 78% | 73% | |

| PERCEIVED ACCESS TO MARIJUANA | | |
|-------------------------------|-------|-----|
| | SU/SD | VT |
| Very hard | 27% | 27% |
| Sort of hard | 15% | 15% |
| Sort of easy | 22% | 22% |
| Very easy | 37% | 37% |

| SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET | | | | |
|--|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 58% | 58% | Overall Differences: State vs SU |
| Sex | Male | 64% | 59% | VT and SU are Similar |
| | Female | 52% | 57% | |
| Grade | Grade 9 | 39% | 43% | Within SU Differences |
| | Grade 10 | 51% | 56% | |
| | Grade 11 | 73% | 65% | |
| | Grade 12 | 70% | 69% | |
| Race | WnH | 60% | 59% | Males > Females |
| | REM | 52% | 54% | 10 > 9 |
| Sexual Orientation | Het/CIS | 59% | 58% | 11 > 9 |
| | LGBT | 56% | 66% | 12 > 9 |
| | | | | 12 > 10 |
| | | | | 11 > 10 |
| | | | | WnH > REM |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

LIFETIME SEXUAL CONTACTS: MALES

| | SU/SD | VT | |
|--------------------------|--------------|-----------|---------|
| Never had sexual contact | 46% | 42% | SU > VT |
| Females | 51% | 54% | VT > SU |
| Males | 1% | 2% | |
| Females and males | 1% | 2% | VT > SU |

LIFETIME SEXUAL CONTACTS: FEMALES

| | SU/SD | VT | |
|--------------------------|--------------|-----------|---------|
| Never had sexual contact | 50% | 43% | SU > VT |
| Females | 1% | 2% | |
| Males | 40% | 48% | VT > SU |
| Females and males | 9% | 7% | |

| EVER HAD SEXUAL INTERCOURSE | | | | |
|-----------------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 32% | 40% | Overall Differences: State vs SU |
| Sex | Male | 33% | 40% | VT > SU |
| | Female | 31% | 40% | Within SU Differences |
| Grade | Grade 9 | 8% | 19% | 10 > 9 |
| | Grade 10 | 23% | 33% | 11 > 9 |
| | Grade 11 | 41% | 48% | 12 > 9 |
| | Grade 12 | 52% | 61% | 12 > 10 |
| Race | WnH | 32% | 40% | 11 > 10 |
| | REM | 32% | 39% | 12 > 11 |
| Sexual Orientation | Het/CIS | 32% | 40% | LGBT > Het/CIS |
| | LGBT | 40% | 47% | |

| HAVE HAD 4+ LIFETIME PARTNERS | | | | |
|-------------------------------|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 7% | 9% | Overall Differences: State vs SU |
| Sex | Male | 8% | 9% | VT > SU |
| | Female | 7% | 8% | Within SU Differences |
| Grade | Grade 9 | . | 3% | Too few students in at least one grade |
| | Grade 10 | 4% | 6% | |
| | Grade 11 | 11% | 10% | |
| | Grade 12 | 12% | 16% | |
| Race | WnH | 7% | 8% | |
| | REM | 6% | 12% | |
| Sexual Orientation | Het/CIS | 7% | 8% | |
| | LGBT | 9% | 15% | |

| EVER HAD ORAL SEX | | | | |
|--------------------|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 36% | 42% | Overall Differences: State vs SU |
| Sex | Male | 37% | 42% | VT > SU |
| | Female | 35% | 42% | Within SU Differences |
| Grade | Grade 9 | 14% | 23% | 10 > 9 |
| | Grade 10 | 29% | 37% | 11 > 9 |
| | Grade 11 | 44% | 49% | 12 > 9 |
| | Grade 12 | 55% | 60% | 12 > 10 |
| Race | WnH | 36% | 43% | 11 > 10 |
| | REM | 35% | 40% | 12 > 11 |
| Sexual Orientation | Het/CIS | 36% | 42% | LGBT > Het/CIS |
| | LGBT | 44% | 52% | |

| WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV) | | | | |
|---|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 10% | Overall Differences: State vs SU |
| Sex | Male | 8% | 9% | VT and SU are Similar |
| | Female | 11% | 12% | Within SU Differences |
| Grade | Grade 9 | 2% | 7% | Females > Males |
| | Grade 10 | 8% | 9% | 10 > 9 |
| | Grade 11 | 13% | 12% | 11 > 9 |
| | Grade 12 | 13% | 14% | 12 > 9 |
| Race | WnH | 9% | 10% | 12 > 10 |
| | REM | 10% | 13% | 11 > 10 |
| Sexual Orientation | Het/CIS | 8% | 10% | LGBT > Het/CIS |
| | LGBT | 18% | 15% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 23% | 31% | Overall Differences: State vs SU |
| Sex | Male | 23% | 29% | VT > SU |
| | Female | 24% | 32% | Within SU Differences |
| Grade | Grade 9 | 4% | 13% | 10 > 9 |
| | Grade 10 | 17% | 24% | 11 > 9 |
| | Grade 11 | 31% | 37% | 12 > 9 |
| | Grade 12 | 38% | 48% | 12 > 10 |
| Race | WnH | 23% | 31% | 11 > 10 |
| | REM | 23% | 29% | 12 > 11 |
| Sexual Orientation | Het/CIS | 23% | 31% | LGBT > Het/CIS |
| | LGBT | 30% | 34% | |

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 22% | 20% | Overall Differences: State vs SU |
| Sex | Male | 24% | 22% | VT and SU are Similar |
| | Female | 20% | 17% | Within SU Differences |
| Grade | Grade 9 | . | 24% | Too few students in at least one grade |
| | Grade 10 | . | 22% | Too few students by race |
| | Grade 11 | 21% | 18% | Too few students by sexual orientation |
| | Grade 12 | 25% | 19% | |
| Race | WnH | 22% | 18% | |
| | REM | . | 29% | |
| Sexual Orientation | Het/CIS | 20% | 18% | |
| | LGBT | . | 31% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**PREGNANCY PREVENTION METHODS USED, AMONG
CURRENTLY SEXUALLY ACTIVE STUDENTS**

| | SU/SD | VT | |
|-------------------------------|-------|-----|------------------|
| No method was used | 4% | 7% | VT > SU |
| Birth control pills | 37% | 32% | SU > VT |
| Condoms | 41% | 35% | SU > VT |
| IUD or implant | 9% | 13% | VT > SU |
| Shot/patch/birth control ring | 3% | 5% | |
| Withdrawal/other method | 4% | 5% | |
| Not sure | . | 2% | Too few students |

**USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR
IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING),
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 49% | 50% | Overall Differences: State vs SU |
| Sex | Male | 33% | 40% | VT and SU are Similar |
| | Female | 66% | 60% | |
| Grade | Grade 9 | . | 29% | Within SU Differences |
| | Grade 10 | . | 44% | |
| | Grade 11 | 54% | 51% | |
| | Grade 12 | 50% | 59% | |
| Race | WnH | 47% | 53% | Females > Males |
| | REM | . | 36% | |
| Sexual Orientation | Het/CIS | 50% | 52% | Too few students in at least one grade |
| | LGBT | . | 39% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 61% | 56% | Overall Differences: State vs SU |
| Sex | Male | 66% | 61% | SU > VT |
| | Female | 55% | 52% | Within SU Differences |
| Grade | Grade 9 | . | 64% | Males > Females |
| | Grade 10 | . | 61% | Too few students in at least one grade |
| | Grade 11 | 59% | 58% | Too few students by race |
| | Grade 12 | 60% | 51% | Too few students by sexual orientation |
| Race | WnH | 62% | 57% | |
| | REM | . | 54% | |
| Sexual Orientation | Het/CIS | 62% | 58% | |
| | LGBT | . | 45% | |

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 18% | 19% | Overall Differences: State vs SU |
| Sex | Male | 11% | 15% | VT and SU are Similar |
| | Female | 26% | 22% | Within SU Differences |
| Grade | Grade 9 | . | 12% | Females > Males |
| | Grade 10 | . | 19% | Too few students in at least one grade |
| | Grade 11 | 18% | 20% | Too few students by race |
| | Grade 12 | 20% | 20% | Too few students by sexual orientation |
| Race | WnH | 17% | 20% | |
| | REM | . | 13% | |
| Sexual Orientation | Het/CIS | 17% | 20% | |
| | LGBT | . | 13% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**DID NOT USE ANY METHOD TO PREVENT PREGNANCY,
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|--|
| Overall | | 4% | 7% | Overall Differences: State vs SU |
| Sex | Male | 5% | 8% | VT > SU |
| | Female | . | 7% | Within SU Differences |
| Grade | Grade 9 | . | 12% | Too few students by sex |
| | Grade 10 | . | 9% | Too few students in at least one grade |
| | Grade 11 | . | 6% | Too few students by race |
| | Grade 12 | . | 6% | Too few students by sexual orientation |
| Race | WnH | 4% | 6% | |
| | REM | . | 13% | |
| Sexual Orientation | Het/CIS | . | 5% | |
| | LGBT | . | 22% | |

**OVERWEIGHT (BMI BETWEEN THE 85th AND <95th
PERCENTILES FOR AGE AND SEX)**

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 12% | 14% | Overall Differences: State vs SU |
| Sex | Male | 12% | 14% | VT > SU |
| | Female | 11% | 15% | Within SU Differences |
| Grade | Grade 9 | 13% | 14% | 9 > 12 |
| | Grade 10 | 13% | 15% | 10 > 12 |
| | Grade 11 | 13% | 14% | 11 > 12 |
| | Grade 12 | 9% | 13% | Het/CIS > LGBT |
| Race | WnH | 12% | 14% | |
| | REM | 11% | 14% | |
| Sexual Orientation | Het/CIS | 12% | 14% | |
| | LGBT | 8% | 16% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 10% | 13% | Overall Differences: State vs SU |
| Sex | Male | 10% | 15% | VT > SU |
| | Female | 10% | 10% | Within SU Differences |
| Grade | Grade 9 | 10% | 12% | LGBT > Het/CIS |
| | Grade 10 | 10% | 12% | |
| | Grade 11 | 9% | 14% | |
| | Grade 12 | 10% | 13% | |
| Race | WnH | 10% | 12% | |
| | REM | 11% | 14% | |
| Sexual Orientation | Het/CIS | 9% | 12% | |
| | LGBT | 16% | 19% | |

PERCEPTIONS OF OWN WEIGHT

| | SU/SD | VT | |
|------------------------|-------|-----|---------|
| Very underweight | 1% | 2% | SU > VT |
| Slightly underweight | 14% | 12% | |
| About the right weight | 55% | 56% | |
| Slightly overweight | 25% | 25% | |
| Very overweight | 5% | 5% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**DESCRIBED THEMSELVES AS SLIGHTLY OR VERY
OVERWEIGHT**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 30% | 30% | Overall Differences: State vs SU |
| Sex | Male | 23% | 25% | VT and SU are Similar |
| | Female | 37% | 36% | |
| Grade | Grade 9 | 27% | 29% | Within SU Differences |
| | Grade 10 | 29% | 30% | |
| | Grade 11 | 34% | 30% | |
| | Grade 12 | 28% | 33% | |
| Race | WnH | 29% | 30% | Females > Males |
| | REM | 35% | 30% | 11 > 9 |
| Sexual Orientation | Het/CIS | 28% | 28% | 11 > 12 |
| | LGBT | 36% | 46% | REM > WnH |

WHAT ONE IS TRYING TO DO ABOUT WEIGHT

| | SU/SD | VT | |
|---------------------------|-------|-----|---------|
| Lose weight | 39% | 42% | VT > SU |
| Gain weight | 16% | 15% | |
| Stay the same weight | 17% | 18% | |
| Not trying to do anything | 28% | 25% | SU > VT |

| WERE TRYING TO LOSE WEIGHT | | | |
|----------------------------------|----------|-------|-----|
| | | SU/SD | VT |
| Overall | | 39% | 42% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Females > Males | | | |
| Sex | Male | 25% | 28% |
| | Female | 55% | 57% |
| Grade | Grade 9 | 39% | 41% |
| | Grade 10 | 40% | 42% |
| | Grade 11 | 38% | 41% |
| | Grade 12 | 40% | 44% |
| Race | WnH | 39% | 42% |
| | REM | 43% | 42% |
| Sexual Orientation | Het/CIS | 38% | 40% |
| | LGBT | 43% | 55% |

| DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK | | | |
|--|-----|-------|---------|
| | | SU/SD | VT |
| 0 days | 10% | 13% | VT > SU |
| 1 day | 6% | 7% | |
| 2 days | 10% | 9% | |
| 3 days | 14% | 12% | SU > VT |
| 4 days | 16% | 11% | SU > VT |
| 5 days | 14% | 14% | |
| 6 days | 10% | 10% | |
| 7 days | 20% | 25% | VT > SU |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY
ON ALL 7 DAYS**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 20% | 25% | Overall Differences: State vs SU |
| Sex | Male | 26% | 33% | VT > SU |
| | Female | 13% | 17% | Within SU Differences |
| Grade | Grade 9 | 18% | 27% | Males > Females |
| | Grade 10 | 21% | 27% | REM > WnH |
| | Grade 11 | 21% | 24% | Het/CIS > LGBT |
| | Grade 12 | 20% | 23% | |
| Race | WnH | 19% | 25% | |
| | REM | 26% | 27% | |
| Sexual Orientation | Het/CIS | 21% | 27% | |
| | LGBT | 11% | 14% | |

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY
ON 5 OR MORE DAYS, PAST WEEK**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 44% | 49% | Overall Differences: State vs SU |
| Sex | Male | 47% | 56% | VT > SU |
| | Female | 40% | 42% | Within SU Differences |
| Grade | Grade 9 | 40% | 53% | Males > Females |
| | Grade 10 | 51% | 50% | 10 > 9 |
| | Grade 11 | 41% | 47% | 10 > 12 |
| | Grade 12 | 43% | 47% | 10 > 11 |
| Race | WnH | 44% | 50% | Het/CIS > LGBT |
| | REM | 42% | 46% | |
| Sexual Orientation | Het/CIS | 47% | 52% | |
| | LGBT | 20% | 29% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF
PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 10% | 13% | Overall Differences: State vs SU |
| Sex | Male | 10% | 11% | VT > SU |
| | Female | 10% | 14% | Within SU Differences |
| Grade | Grade 9 | 13% | 10% | 9 > 10 |
| | Grade 10 | 6% | 12% | 9 > 11 |
| | Grade 11 | 8% | 14% | 12 > 10 |
| | Grade 12 | 14% | 15% | 12 > 11 |
| Race | WnH | 10% | 12% | LGBT > Het/CIS |
| | REM | 11% | 17% | |
| Sexual Orientation | Het/CIS | 10% | 11% | |
| | LGBT | 16% | 23% | |

**TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE,
PAST WEEK**

| | SU/SD | VT | |
|--------------------------|-------|-----|---------|
| Do not watch TV | 3% | 3% | VT > SU |
| Less than 1 hour per day | 7% | 8% | VT > SU |
| 1 hour per day | 12% | 12% | |
| 2 hours per day | 26% | 23% | SU > VT |
| 3 hours per day | 21% | 21% | |
| 4 hours per day | 12% | 13% | |
| 5 or more hours per day | 20% | 19% | |

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|---|
| Overall | | 53% | 53% | Overall Differences: State vs SU |
| Sex | Male | 53% | 53% | VT and SU are Similar |
| | Female | 52% | 52% | |
| Grade | Grade 9 | 49% | 53% | Within SU Differences 11 > 9 LGBT > Het/CIS |
| | Grade 10 | 55% | 53% | |
| | Grade 11 | 57% | 51% | |
| | Grade 12 | 51% | 53% | |
| Race | WnH | 53% | 52% | |
| | REM | 54% | 57% | |
| Sexual Orientation | Het/CIS | 51% | 51% | |
| | LGBT | 69% | 67% | |

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|---|
| Overall | | 37% | 33% | Overall Differences: State vs SU |
| Sex | Male | 35% | 32% | SU > VT |
| | Female | 38% | 33% | |
| Grade | Grade 9 | 35% | 33% | Within SU Differences Het/CIS > LGBT |
| | Grade 10 | 36% | 33% | |
| | Grade 11 | 36% | 32% | |
| | Grade 12 | 38% | 32% | |
| Race | WnH | 37% | 32% | |
| | REM | 34% | 35% | |
| Sexual Orientation | Het/CIS | 38% | 33% | |
| | LGBT | 28% | 29% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**ATE VEGETABLES THREE OR MORE TIMES PER DAY,
PAST WEEK**

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 19% | 18% | Overall Differences: State vs SU |
| Sex | Male | 17% | 18% | VT and SU are Similar |
| | Female | 21% | 18% | Within SU Differences |
| Grade | Grade 9 | 14% | 17% | Females > Males |
| | Grade 10 | 19% | 18% | 10 > 9 |
| | Grade 11 | 19% | 17% | 12 > 9 |
| | Grade 12 | 22% | 19% | REM > WnH |
| Race | WnH | 18% | 17% | |
| | REM | 26% | 21% | |
| Sexual Orientation | Het/CIS | 18% | 18% | |
| | LGBT | 21% | 18% | |

SODA CONSUMPTION, PAST WEEK

| | SU/SD | VT | |
|---------------------------|-------|-----|---------|
| Did not drink soda or pop | 39% | 37% | SU > VT |
| 1 to 3 times | 41% | 40% | |
| 4 to 6 times | 12% | 12% | |
| 1 time per day | 3% | 4% | |
| 2 times per day | 2% | 3% | VT > SU |
| 3 times per day | 1% | 1% | |
| 4 or more times per day | 1% | 3% | VT > SU |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE
OR MORE TIMES PER DAY, PAST WEEK**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 8% | 11% | Overall Differences: State vs SU |
| Sex | Male | 9% | 16% | |
| | Female | 6% | 6% | Within SU Differences |
| Grade | Grade 9 | 5% | 11% | Males > Females |
| | Grade 10 | 8% | 11% | REM > WnH |
| | Grade 11 | 8% | 11% | |
| | Grade 12 | 8% | 12% | |
| Race | WnH | 6% | 10% | |
| | REM | 14% | 14% | |
| Sexual Orientation | Het/CIS | 7% | 11% | |
| | LGBT | 9% | 12% | |

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

| | SU/SD | VT | |
|----------------------------------|-------|-----|---------|
| Did not drink sugar-sweetened | 28% | 28% | |
| 1 to 3 times | 48% | 44% | SU > VT |
| 4 to 6 times | 15% | 15% | |
| 1 time per day | 4% | 6% | VT > SU |
| 2 times per day | 3% | 3% | |
| 3 times per day | 1% | 1% | |
| 4 or more times per day | 1% | 2% | VT > SU |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED
BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 9% | 12% | Overall Differences: State vs SU |
| Sex | Male | 10% | 15% | VT > SU |
| | Female | 8% | 9% | Within SU Differences |
| Grade | Grade 9 | 8% | 12% | 12 > 11 |
| | Grade 10 | 9% | 12% | REM > WnH |
| | Grade 11 | 6% | 13% | |
| | Grade 12 | 11% | 13% | |
| Race | WnH | 8% | 12% | |
| | REM | 13% | 15% | |
| Sexual Orientation | Het/CIS | 9% | 12% | |
| | LGBT | 8% | 13% | |

WATER CONSUMPTION, PAST WEEK

| | SU/SD | VT | |
|-------------------------|-------|-----|---------|
| Did not drink water | 2% | 4% | VT > SU |
| 1 to 3 times | 7% | 9% | VT > SU |
| 4 to 6 times | 8% | 11% | VT > SU |
| 1 time per day | 10% | 9% | |
| 2 times per day | 17% | 16% | |
| 3 times per day | 22% | 19% | SU > VT |
| 4 or more times per day | 34% | 33% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**DRANK THREE OR MORE GLASSES PER DAY OF WATER,
PAST WEEK**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 56% | 52% | Overall Differences: State vs SU |
| Sex | Male | 54% | 51% | SU > VT |
| | Female | 59% | 53% | Within SU Differences |
| Grade | Grade 9 | 48% | 50% | Females > Males |
| | Grade 10 | 62% | 53% | 10 > 9 |
| | Grade 11 | 57% | 51% | 11 > 9 |
| | Grade 12 | 59% | 55% | 12 > 9 |
| Race | WnH | 57% | 52% | Het/CIS > LGBT |
| | REM | 56% | 50% | |
| Sexual Orientation | Het/CIS | 57% | 53% | |
| | LGBT | 48% | 49% | |

BREAKFAST CONSUMPTION, PAST WEEK

| | SU/SD | VT | |
|--------|-------|-----|---------|
| 0 days | 6% | 11% | VT > SU |
| 1 day | 5% | 6% | VT > SU |
| 2 days | 7% | 9% | VT > SU |
| 3 days | 10% | 10% | |
| 4 days | 7% | 8% | VT > SU |
| 5 days | 10% | 9% | |
| 6 days | 10% | 7% | SU > VT |
| 7 days | 45% | 40% | SU > VT |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

DID NOT EAT BREAKFAST, PAST WEEK

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 6% | 11% | Overall Differences: State vs SU |
| Sex | Male | 5% | 11% | VT > SU |
| | Female | 7% | 10% | Within SU Differences |
| Grade | Grade 9 | 7% | 10% | Females > Males |
| | Grade 10 | 7% | 11% | 9 > 12 |
| | Grade 11 | 8% | 10% | 10 > 12 |
| | Grade 12 | 3% | 11% | 11 > 12 |
| Race | WnH | 6% | 10% | LGBT > Het/CIS |
| | REM | 7% | 13% | |
| Sexual Orientation | Het/CIS | 5% | 10% | |
| | LGBT | 12% | 14% | |

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

| | SU/SD | VT | |
|------------------|-------|-----|---------|
| Never | 80% | 75% | SU > VT |
| Rarely | 13% | 15% | |
| Sometimes | 5% | 7% | VT > SU |
| Most of the time | 1% | 2% | VT > SU |
| Always | 1% | 1% | VT > SU |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**MOST OF THE TIME OR ALWAYS WENT HUNGRY,
PAST 30 DAYS**

| | | SU/SD | VT | |
|--------------------|----------|-------|----|--|
| Overall | | 2% | 3% | Overall Differences: State vs SU |
| Sex | Male | 2% | 3% | VT > SU |
| | Female | 2% | 2% | Within SU Differences |
| Grade | Grade 9 | 2% | 3% | Too few students in at least one grade |
| | Grade 10 | . | 2% | Too few students by race |
| | Grade 11 | . | 3% | Too few students by sexual orientation |
| | Grade 12 | . | 3% | |
| Race | WnH | 1% | 2% | |
| | REM | . | 6% | |
| Sexual Orientation | Het/CIS | 1% | 3% | |
| | LGBT | . | 5% | |

**USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE
BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR
PARENT OR GUARDIAN CANNOT AFFORD HOUSING**

| | | SU/SD | VT | |
|--------------------|----------|-------|----|--|
| Overall | | 2% | 4% | Overall Differences: State vs SU |
| Sex | Male | 1% | 4% | VT > SU |
| | Female | 3% | 3% | Within SU Differences |
| Grade | Grade 9 | . | 3% | Females > Males |
| | Grade 10 | 2% | 3% | Too few students in at least one grade |
| | Grade 11 | . | 4% | REM > WnH |
| | Grade 12 | 2% | 5% | LGBT > Het/CIS |
| Race | WnH | 1% | 3% | |
| | REM | 5% | 9% | |
| Sexual Orientation | Het/CIS | 1% | 3% | |
| | LGBT | 7% | 7% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK | | | |
|---|-------|-----|---------|
| | SU/SD | VT | |
| 0 days | 6% | 9% | VT > SU |
| 1 day | 3% | 4% | |
| 2 days | 4% | 4% | |
| 3 days | 6% | 6% | |
| 4 days | 8% | 8% | |
| 5 days | 15% | 13% | SU > VT |
| 6 days | 14% | 12% | |
| 7 days | 44% | 44% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR
PARENTS ON FOUR OR MORE DAYS, PAST WEEK**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 81% | 77% | Overall Differences: State vs SU |
| Sex | Male | 83% | 80% | SU > VT |
| | Female | 78% | 75% | Within SU Differences |
| Grade | Grade 9 | 88% | 83% | Males > Females |
| | Grade 10 | 86% | 81% | 9 > 11 |
| | Grade 11 | 79% | 76% | 9 > 12 |
| | Grade 12 | 72% | 71% | 10 > 12 |
| Race | WnH | 82% | 79% | 10 > 11 |
| | REM | 77% | 70% | 11 > 12 |
| Sexual Orientation | Het/CIS | 83% | 79% | WnH > REM |
| | LGBT | 67% | 65% | Het/CIS > LGBT |

GRADES EARNED IN SCHOOL

| | SU/SD | VT | |
|------------|-------|-----|------------------|
| Mostly A's | 51% | 46% | SU > VT |
| Mostly B's | 39% | 39% | |
| Mostly C's | 8% | 12% | VT > SU |
| Mostly D's | 1% | 2% | VT > SU |
| Mostly F's | . | 1% | Too few students |

| REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM | | | | |
|---|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 81% | 80% | Overall Differences: State vs SU |
| Sex | Male | 83% | 80% | VT and SU are Similar |
| | Female | 80% | 81% | |
| Grade | Grade 9 | 78% | 78% | 12 > 9 |
| | Grade 10 | 81% | 79% | 12 > 10 |
| | Grade 11 | 79% | 82% | 12 > 11 |
| | Grade 12 | 87% | 83% | Het/CIS > LGBT |
| Race | WnH | 82% | 82% | |
| | REM | 79% | 74% | |
| Sexual Orientation | Het/CIS | 82% | 81% | |
| | LGBT | 74% | 76% | |

| BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS | | | |
|--|--------------|-----------|---------|
| | SU/SD | VT | |
| Strongly agree | 21% | 21% | SU > VT |
| Agree | 47% | 44% | |
| Not sure | 19% | 19% | |
| Disagree | 10% | 11% | VT > SU |
| Strongly disagree | 3% | 5% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS
CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 68% | 65% | Overall Differences: State vs SU |
| Sex | Male | 70% | 69% | SU > VT |
| | Female | 64% | 61% | Within SU Differences |
| Grade | Grade 9 | 71% | 67% | Males > Females |
| | Grade 10 | 67% | 65% | Het/CIS > LGBT |
| | Grade 11 | 67% | 64% | |
| | Grade 12 | 66% | 63% | |
| Race | WnH | 67% | 65% | |
| | REM | 72% | 64% | |
| Sexual Orientation | Het/CIS | 70% | 67% | |
| | LGBT | 48% | 53% | |

**LIKELIHOOD TO COMPLETE A POST GRADUATION
PROGRAM**

| | SU/SD | VT | |
|---------------------|-------|-----|---------|
| Definitely will not | 3% | 5% | VT > SU |
| Probably will not | 3% | 5% | VT > SU |
| Probably will | 20% | 22% | VT > SU |
| Definitely will | 66% | 57% | SU > VT |
| Not sure | 8% | 11% | VT > SU |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM

| | | SU/SD | VT | |
|--------------------|----------|-------|-----|----------------------------------|
| Overall | | 86% | 79% | Overall Differences: State vs SU |
| Sex | Male | 86% | 75% | SU > VT |
| | Female | 87% | 83% | Within SU Differences |
| Grade | Grade 9 | 80% | 74% | 10 > 9 |
| | Grade 10 | 88% | 77% | 11 > 9 |
| | Grade 11 | 86% | 81% | 12 > 9 |
| | Grade 12 | 90% | 83% | 12 > 11 |
| Race | WnH | 87% | 80% | Het/CIS > LGBT |
| | REM | 85% | 72% | |
| Sexual Orientation | Het/CIS | 88% | 80% | |
| | LGBT | 75% | 74% | |

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK

| | SU/SD | VT | |
|------------------|-------|-----|---------|
| 0 hours | 32% | 33% | |
| 1 to 4 hours | 27% | 27% | |
| 5 to 9 hours | 15% | 17% | VT > SU |
| 10 to 19 hours | 21% | 17% | SU > VT |
| 20 or more hours | 6% | 6% | |

| SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK | | | | |
|---|----------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 26% | 24% | Overall Differences: State vs SU |
| Sex | Male | 24% | 24% | SU > VT |
| | Female | 29% | 24% | |
| Grade | Grade 9 | 19% | 21% | Within SU Differences |
| | Grade 10 | 31% | 23% | |
| | Grade 11 | 25% | 24% | |
| | Grade 12 | 30% | 26% | |
| Race | WnH | 27% | 24% | Females > Males |
| | REM | 23% | 22% | |
| Sexual Orientation | Het/CIS | 28% | 25% | 10 > 9 |
| | LGBT | 18% | 16% | |

| MATTER TO PEOPLE IN THEIR COMMUNITY | | | |
|--|--------------|-----------|---------|
| | SU/SD | VT | |
| Strongly agree | 20% | 19% | VT > SU |
| Agree | 43% | 41% | |
| Not sure | 23% | 25% | |
| Disagree | 9% | 9% | |
| Strongly disagree | 4% | 5% | |

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY
THEY FEEL LIKE THEY MATTER TO PEOPLE**

| | | SU/SD | VT | |
|-----------------------|----------|-------|-----|-------------------------------------|
| Overall | | 64% | 61% | Overall Differences: State vs SU |
| Sex | Male | 66% | 65% | SU > VT |
| | Female | 61% | 57% | Within SU Differences |
| Grade | Grade 9 | 60% | 61% | Males > Females |
| | Grade 10 | 65% | 60% | 10 > 9 |
| | Grade 11 | 62% | 60% | 12 > 9 |
| | Grade 12 | 68% | 62% | 12 > 11 |
| Race | WnH | 65% | 62% | WnH > REM |
| | REM | 56% | 55% | Het/CIS > LGBT |
| Sexual Orientation | Het/CIS | 67% | 64% | |
| | LGBT | 38% | 39% | |

MIDDLE SCHOOL RESULTS

ESSEX WESTFORD SD
(SU65) REPORT

<http://healthvermont.gov/yrbs.aspx>

| MIDDLE SCHOOL DEMOGRAPHICS | | |
|----------------------------|-------|-------|
| | SU/SD | VT |
| Total | 853 | 16701 |

| | | SU/SD | VT |
|--------------------|---------------------------------|-------|-----|
| Sex | Male | 48% | 52% |
| | Female | 52% | 48% |
| Grade | 6th Grade | 34% | 24% |
| | 7th Grade | 33% | 39% |
| | 8th Grade | 33% | 37% |
| Race / Ethnicity | White, non-Hispanic (WnH) | 86% | 81% |
| | Students of Color (REM) | 14% | 19% |
| Sexual Orientation | Heterosexual (Het) | 95% | 93% |
| | Lesbian, Gay, or Bisexual (LGB) | 5% | 7% |

| WERE EVER IN A PHYSICAL FIGHT | | | | |
|-------------------------------|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 35% | 42% | Overall Differences: State vs SU |
| Sex | Male | 50% | 56% | VT > SU |
| | Female | 21% | 27% | |
| Grade | Grade 6 | 30% | 40% | Within SU Differences |
| | Grade 7 | 33% | 43% | |
| | Grade 8 | 41% | 43% | |
| Race | WnH | 32% | 40% | Males > Females |
| | REM | 47% | 54% | |
| | | | | 8 > 6 |
| | | | | 8 > 7 |
| | | | | REM > WnH |

| WERE EVER BULLIED ON SCHOOL PROPERTY | | | | |
|--------------------------------------|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 39% | 44% | Overall Differences: State vs SU |
| Sex | Male | 35% | 39% | VT > SU |
| | Female | 41% | 50% | |
| Grade | Grade 6 | 33% | 44% | Within SU Differences |
| | Grade 7 | 43% | 45% | |
| | Grade 8 | 40% | 44% | |
| Race | WnH | 39% | 43% | Females > Males |
| | REM | 38% | 48% | |
| | | | | 7 > 6 |
| | | | | 8 > 6 |

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| WERE EVER ELECTRONICALLY BULLIED | | | | |
|----------------------------------|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 18% | 24% | Overall Differences: State vs SU |
| Sex | Male | 12% | 16% | VT > SU |
| | Female | 23% | 33% | Within SU Differences |
| Grade | Grade 6 | 9% | 18% | Females > Males |
| | Grade 7 | 18% | 24% | 7 > 6 |
| | Grade 8 | 26% | 28% | 8 > 6 |
| Race | WnH | 17% | 24% | 8 > 7 |
| | REM | 25% | 29% | REM > WnH |

| WERE BULLIED, PAST 30 DAYS | | | | |
|----------------------------|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 18% | 22% | Overall Differences: State vs SU |
| Sex | Male | 15% | 17% | VT > SU |
| | Female | 20% | 26% | Within SU Differences |
| Grade | Grade 6 | 17% | 22% | Females > Males |
| | Grade 7 | 18% | 22% | REM > WnH |
| | Grade 8 | 19% | 21% | |
| Race | WnH | 17% | 20% | |
| | REM | 22% | 26% | |

| BULLIED SOMEONE ELSE, PAST 30 DAYS | | | |
|---|---------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 6% | 8% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Males > Females | | | |
| REM > WnH | | | |
| Sex | Male | 8% | 8% |
| | Female | 5% | 8% |
| Grade | Grade 6 | 7% | 7% |
| | Grade 7 | 6% | 8% |
| | Grade 8 | 6% | 9% |
| Race | WnH | 6% | 7% |
| | REM | 10% | 11% |

| DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS | | | |
|--|---------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 7% | 8% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Females > Males | | | |
| REM > WnH | | | |
| Sex | Male | 6% | 7% |
| | Female | 8% | 10% |
| Grade | Grade 6 | 6% | 8% |
| | Grade 7 | 7% | 8% |
| | Grade 8 | 8% | 9% |
| Race | WnH | 6% | 7% |
| | REM | 12% | 12% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| SEATBELT USE | | | |
|------------------|-------|-----|---------|
| | SU/SD | VT | |
| Never | 1% | 1% | |
| Rarely | 1% | 1% | VT > SU |
| Sometimes | 1% | 3% | VT > SU |
| Most of the time | 13% | 18% | VT > SU |
| Always | 85% | 76% | SU > VT |

| RARELY OR NEVER WEAR A SEAT BELT | | | | |
|----------------------------------|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 1% | 2% | Overall Differences: State vs SU |
| Sex | Male | 2% | 3% | VT > SU |
| | Female | . | 2% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Too few students by sex |
| | Grade 7 | 2% | 2% | Too few students in at least one grade |
| | Grade 8 | . | 3% | REM > WnH |
| Race | WnH | 1% | 2% | |
| | REM | 4% | 5% | |

| EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL | | | | |
|---|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 17% | 22% | Overall Differences: State vs SU |
| Sex | Male | 17% | 20% | VT > SU |
| | Female | 16% | 24% | Within SU Differences |
| Grade | Grade 6 | 11% | 15% | 7 > 6 |
| | Grade 7 | 15% | 21% | 8 > 6 |
| | Grade 8 | 25% | 27% | 8 > 7 |
| Race | WnH | 19% | 22% | WnH > REM |
| | REM | 11% | 24% | |

| EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA | | | | |
|--|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 5% | 9% | Overall Differences: State vs SU |
| Sex | Male | 4% | 7% | VT > SU |
| | Female | 5% | 10% | Within SU Differences |
| Grade | Grade 6 | 2% | 5% | 7 > 6 |
| | Grade 7 | 4% | 8% | 8 > 6 |
| | Grade 8 | 8% | 12% | 8 > 7 |
| Race | WnH | 4% | 8% | REM > WnH |
| | REM | 8% | 14% | |

HELMET USE WHEN RIDING A BICYCLE

| | SU/SD | VT | |
|--------------------------------|-------|-----|---------|
| Never wear a helmet | 9% | 16% | VT > SU |
| Rarely wear a helmet | 12% | 15% | VT > SU |
| Sometimes wear a helmet | 13% | 15% | VT > SU |
| Most of the time wear a helmet | 31% | 25% | SU > VT |
| Always wear a helmet | 35% | 28% | SU > VT |

RARELY OR NEVER WEAR A BICYCLE HELMET

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 21% | 31% | Overall Differences: State vs SU |
| Sex | Male | 24% | 33% | VT > SU |
| | Female | 18% | 29% | Within SU Differences |
| Grade | Grade 6 | 16% | 24% | Males > Females |
| | Grade 7 | 19% | 30% | 8 > 6 |
| | Grade 8 | 27% | 37% | 8 > 7 |
| Race | WnH | 20% | 28% | REM > WnH |
| | REM | 33% | 42% | |

| HELMET USE WHEN SKIING OR SNOWBOARDING | | | |
|--|-------|-----|---------|
| | SU/SD | VT | |
| Never wear a helmet | 3% | 5% | VT > SU |
| Rarely wear a helmet | 2% | 2% | |
| Sometimes wear a helmet | 2% | 2% | |
| Most of the time wear a helmet | 8% | 7% | |
| Always wear a helmet | 86% | 83% | SU > VT |

| RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING | | | | |
|---|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 5% | 7% | Overall Differences: State vs SU |
| Sex | Male | 5% | 8% | VT > SU |
| | Female | 5% | 6% | Within SU Differences |
| Grade | Grade 6 | 5% | 7% | 7 > 8 |
| | Grade 7 | 7% | 8% | REM > WnH |
| | Grade 8 | 3% | 7% | |
| Race | WnH | 5% | 6% | |
| | REM | 9% | 12% | |

| HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE | | | |
|---|---------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 16% | 17% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 18% | 19% |
| | Female | 14% | 16% |
| Within SU Differences | | | |
| Grade | Grade 6 | 14% | 17% |
| | Grade 7 | 13% | 17% |
| | Grade 8 | 22% | 18% |
| Race | WnH | 15% | 17% |
| | REM | 17% | 21% |

Overall Differences: State vs SU

VT and SU are Similar

Within SU Differences

Males > Females

8 > 6

8 > 7

| WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | | |
|--|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 19% | 26% | Overall Differences: State vs SU |
| Sex | Male | 20% | 25% | VT > SU |
| | Female | 18% | 27% | Within SU Differences |
| Grade | Grade 6 | 16% | 21% | 8 > 6 |
| | Grade 7 | 18% | 27% | 8 > 7 |
| | Grade 8 | 24% | 29% | |
| Race | WnH | 19% | 25% | |
| | REM | 18% | 32% | |

| WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | | |
|---|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 8% | 19% | Overall Differences: State vs SU |
| Sex | Male | 7% | 17% | VT > SU |
| | Female | 9% | 20% | Within SU Differences |
| Grade | Grade 6 | 6% | 15% | Females > Males |
| | Grade 7 | 9% | 19% | 7 > 6 |
| | Grade 8 | 10% | 20% | 8 > 6 |
| Race | WnH | 8% | 18% | |
| | REM | 10% | 23% | |

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE

| | SU/SD | VT | |
|------------------|-------|-----|---------|
| Never | 10% | 9% | |
| Rarely | 12% | 14% | |
| Sometimes | 27% | 27% | |
| Most of the time | 27% | 29% | VT > SU |
| Always | 24% | 21% | SU > VT |

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

| | | SU/SD | VT | | |
|---------|---------|-------|-----|----------------------------------|-----------------|
| Overall | | 51% | 50% | Overall Differences: State vs SU | |
| Sex | Male | 58% | 51% | VT and SU are Similar | |
| | Female | 44% | 49% | | |
| Grade | Grade 6 | 42% | 42% | Within SU Differences | |
| | Grade 7 | 55% | 50% | | Males > Females |
| | Grade 8 | 55% | 56% | | 7 > 6 |
| Race | WnH | 52% | 51% | 8 > 6 | |
| | REM | 51% | 52% | | |

| WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR | | | |
|--|---------|--------------|-----------|
| | | SU/SD | VT |
| Overall | | 26% | 30% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 29% | 30% |
| | Female | 24% | 31% |
| Within SU Differences | | | |
| Grade | Grade 6 | 11% | 18% |
| | Grade 7 | 21% | 29% |
| | Grade 8 | 44% | 40% |
| Race | WnH | 27% | 31% |
| | REM | 25% | 34% |

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 ESSEX WESTFORD SD (SU65) REPORT

| FELT SAD OR HOPELESS, PAST YEAR | | | | | |
|--|---------|--------------|-----------|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | | 14% | 19% | Overall Differences: State vs SU | |
| Sex | Male | 10% | 12% | VT > SU | |
| | Female | 17% | 26% | Within SU Differences | |
| Grade | Grade 6 | 15% | 16% | Females > Males | |
| | Grade 7 | 13% | 18% | REM > WnH | |
| | Grade 8 | 13% | 22% | | |
| Race | WnH | 13% | 18% | | |
| | REM | 20% | 26% | | |

| EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES | | | | | |
|--|---------|--------------|-----------|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | | 13% | 18% | Overall Differences: State vs SU | |
| Sex | Male | 10% | 12% | VT > SU | |
| | Female | 16% | 23% | Within SU Differences | |
| Grade | Grade 6 | 11% | 13% | Females > Males | |
| | Grade 7 | 14% | 17% | 8 > 6 | |
| | Grade 8 | 15% | 22% | REM > WnH | |
| Race | WnH | 13% | 17% | | |
| | REM | 17% | 24% | | |

| EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES | | | | |
|--|---------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 12% | Overall Differences: State vs SU |
| Sex | Male | 8% | 8% | VT > SU |
| | Female | 10% | 16% | |
| Grade | Grade 6 | 6% | 7% | 7 > 6 |
| | Grade 7 | 9% | 11% | 8 > 6 |
| | Grade 8 | 11% | 16% | REM > WnH |
| Race | WnH | 8% | 11% | REM > WnH |
| | REM | 16% | 18% | |

| EVER ATTEMPTED SUICIDE | | | | |
|-------------------------------|---------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 3% | 6% | Overall Differences: State vs SU |
| Sex | Male | 3% | 3% | VT > SU |
| | Female | 4% | 8% | |
| Grade | Grade 6 | 3% | 3% | Females > Males |
| | Grade 7 | 5% | 5% | 7 > 6 |
| | Grade 8 | 3% | 8% | REM > WnH |
| Race | WnH | 3% | 5% | REM > WnH |
| | REM | 6% | 10% | |

| EVER SMOKED A WHOLE CIGARETTE | | | | |
|-------------------------------|---------|-------|-----|---|
| | | SU/SD | VT | |
| Overall | | 4% | 7% | Overall Differences: State vs SU |
| Sex | Male | 4% | 7% | VT > SU |
| | Female | 4% | 7% | Within SU Differences |
| Grade | Grade 6 | . | 4% | Too few students in at least one grade REM > WnH |
| | Grade 7 | 5% | 7% | |
| | Grade 8 | 5% | 10% | |
| Race | WnH | 3% | 6% | |
| | REM | 9% | 12% | |

| EVER USED AN ELECTRONIC VAPOR PRODUCT | | | | |
|---------------------------------------|---------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 7% | 9% | Overall Differences: State vs SU |
| Sex | Male | 9% | 9% | VT > SU |
| | Female | 6% | 8% | Within SU Differences |
| Grade | Grade 6 | 4% | 3% | Males > Females 7 > 6 8 > 6 8 > 7 |
| | Grade 7 | 7% | 8% | |
| | Grade 8 | 11% | 14% | |
| Race | WnH | 7% | 8% | |
| | REM | 9% | 14% | |

| EVER USED A FLAVORED TOBACCO PRODUCT | | | | |
|--------------------------------------|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 3% | 5% | Overall Differences: State vs SU |
| Sex | Male | 3% | 5% | VT > SU |
| | Female | 3% | 5% | Within SU Differences |
| Grade | Grade 6 | . | 2% | Too few students in at least one grade |
| | Grade 7 | 4% | 5% | REM > WnH |
| | Grade 8 | 3% | 6% | |
| Race | WnH | 2% | 4% | |
| | REM | 5% | 8% | |

| EVER DRANK ALCOHOL | | | | |
|--------------------|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 12% | 19% | Overall Differences: State vs SU |
| Sex | Male | 15% | 20% | VT > SU |
| | Female | 9% | 17% | Within SU Differences |
| Grade | Grade 6 | 6% | 10% | Males > Females |
| | Grade 7 | 14% | 17% | 7 > 6 |
| | Grade 8 | 15% | 26% | 8 > 6 |
| Race | WnH | 12% | 18% | |
| | REM | 14% | 24% | |

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| EVER USED MARIJUANA | | | | |
|-----------------------|---------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 4% | 7% | Overall Differences: State vs SU |
| Sex | Male | 3% | 7% | VT > SU |
| | Female | 4% | 7% | |
| Within SU Differences | | | | |
| Grade | Grade 6 | . | 2% | Too few students in at least one grade |
| | Grade 7 | 2% | 6% | |
| | Grade 8 | 7% | 11% | |
| Race | WnH | 3% | 6% | REM > WnH |
| | REM | 6% | 12% | |

| EVER USED INHALANTS | | | | |
|-----------------------|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 3% | 4% | Overall Differences: State vs SU |
| Sex | Male | 4% | 4% | VT > SU |
| | Female | 3% | 4% | |
| Within SU Differences | | | | |
| Grade | Grade 6 | . | 3% | Males > Females |
| | Grade 7 | 2% | 4% | |
| | Grade 8 | 6% | 5% | |
| Race | WnH | 3% | 4% | Too few students in at least one grade |
| | REM | 6% | 7% | |
| REM > WnH | | | | |

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

| | | SU/SD | VT | |
|---------|---------|-------|----|---|
| Overall | | 2% | 2% | Overall Differences: State vs SU |
| Sex | Male | 2% | 2% | VT and SU are Similar |
| | Female | 2% | 3% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Too few students in at least one grade REM > WnH |
| | Grade 7 | . | 2% | |
| | Grade 8 | 3% | 3% | |
| Race | WnH | 1% | 2% | |
| | REM | 5% | 5% | |

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

| | | SU/SD | VT | |
|---------|---------|-------|----|---|
| Overall | | 1% | 2% | Overall Differences: State vs SU |
| Sex | Male | 2% | 2% | VT and SU are Similar |
| | Female | 1% | 2% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Too few students in at least one grade REM > WnH |
| | Grade 7 | . | 2% | |
| | Grade 8 | 2% | 2% | |
| Race | WnH | 1% | 1% | |
| | REM | 4% | 4% | |

| USED TOBACCO PRODUCTS, PAST YEAR | | | |
|----------------------------------|--|-------|----|
| | | SU/SD | VT |
| Overall | | 3% | 5% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Sex | Male | 2% | 6% |
| | Female | 3% | 5% |
| | Too few students in at least one grade | | |
| Grade | Grade 6 | . | 3% |
| | Grade 7 | 4% | 5% |
| | Grade 8 | 2% | 7% |
| Race | WnH | 2% | 5% |
| | REM | 4% | 9% |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS | | | |
|--|---------|-------|----|
| | | SU/SD | VT |
| Overall | | 4% | 5% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Sex | Male | 4% | 5% |
| | Female | 3% | 4% |
| Grade | Grade 6 | . | 2% |
| | Grade 7 | 4% | 4% |
| | Grade 8 | 5% | 7% |
| Race | WnH | 4% | 5% |
| | REM | 4% | 8% |

| SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS | | | | |
|---|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 1% | 3% | Overall Differences: State vs SU |
| Sex | Male | 2% | 3% | VT > SU |
| | Female | . | 2% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Too few students by sex |
| | Grade 7 | . | 2% | Too few students in at least one grade |
| | Grade 8 | 2% | 4% | Too few students by race |
| Race | WnH | 1% | 2% | |
| | REM | . | 5% | |

| SMOKED CIGARETTES, PAST 30 DAYS | | | | |
|---------------------------------|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 1% | 2% | Overall Differences: State vs SU |
| Sex | Male | . | 2% | VT > SU |
| | Female | . | 2% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Too few students by sex |
| | Grade 7 | . | 2% | Too few students in at least one grade |
| | Grade 8 | 2% | 3% | Too few students by race |
| Race | WnH | . | 2% | |
| | REM | . | 4% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**AMONG CURRENT USERS: TYPICAL NUMBER OF
CIGARETTES SMOKED**

| | SU/SD | VT | |
|-------------------------|-------|-----|------------------|
| Less than 1 cigarette | . | 33% | Too few students |
| 1 cigarette | . | 23% | Too few students |
| 2 to 5 cigarettes | . | 23% | Too few students |
| 6 to 10 cigarettes | . | 6% | Too few students |
| 11 to 20 cigarettes | . | . | Too few students |
| More than 20 cigarettes | . | 14% | Too few students |

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

| | | SU/SD | VT | |
|---------|---------|-------|----|---|
| Overall | | 3% | 4% | Overall Differences: State vs SU |
| Sex | Male | 3% | 4% | VT and SU are Similar |
| | Female | 3% | 3% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Too few students in at least one grade |
| | Grade 7 | 3% | 3% | |
| | Grade 8 | 5% | 6% | |
| Race | WnH | 3% | 3% | |
| | REM | 4% | 6% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**AMONG CURRENT USERS: REASONS FOR USING AN
ELECTRONIC VAPOR PRODUCT**

| | SU/SD | VT | |
|---------------------------------------|-------|-----|------------------|
| Friend/family used them | 27% | 38% | VT > SU |
| To try to quit other tobacco products | . | 3% | Too few students |
| Cost less | . | 1% | Too few students |
| Easier to get | . | 1% | Too few students |
| Less harmful | 13% | 7% | SU > VT |
| Available in flavors | . | 13% | Too few students |
| Used for some other reason | 45% | 36% | SU > VT |

**AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT
SOURCE**

| | SU/SD | VT | |
|------------------------------|-------|-----|------------------|
| Bought them in a store | . | 3% | Too few students |
| I got them on the Internet | . | 9% | Too few students |
| Someone else bought them | . | 10% | Too few students |
| Borrowed them | 38% | 44% | |
| A person 18 or older gave me | . | 9% | Too few students |
| Took them from a store | . | 4% | Too few students |
| Some other way | 31% | 21% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX WESTFORD SD (SU65) REPORT

| AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE | | |
|--|-------|-----|
| | SU/SD | VT |
| 1 or 2 days | 52% | 49% |
| 3 to 5 days | . | 16% |
| 6 to 9 days | . | 10% |
| 10 to 19 days | . | 6% |
| 20 to 29 days | . | 5% |
| All 30 days | . | 15% |

| SMOKED CIGARS, PAST 30 DAYS | | | |
|-----------------------------|---------|-------|----|
| | | SU/SD | VT |
| Overall | | 1% | 1% |
| Sex | Male | . | 1% |
| | Female | . | 1% |
| Grade | Grade 6 | . | 1% |
| | Grade 7 | . | 1% |
| | Grade 8 | 2% | 2% |
| Race | WnH | . | 1% |
| | REM | . | 3% |

Overall Differences: State vs SU

VT and SU are Similar

Within SU Differences

Too few students by sex

Too few students in at least one grade

Too few students by race

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| USED SMOKELESS TOBACCO, PAST 30 DAYS | | | | |
|--------------------------------------|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 1% | 1% | Overall Differences: State vs SU |
| Sex | Male | . | 2% | VT > SU |
| | Female | . | 1% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Too few students by sex |
| | Grade 7 | . | 1% | Too few students in at least one grade |
| | Grade 8 | . | 2% | Too few students by race |
| Race | WnH | . | 1% | |
| | REM | . | 3% | |

| TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR | | | | |
|--|---------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | . | 36% | Overall Differences: State vs SU |
| Sex | Male | . | 36% | Too few students |
| | Female | . | 38% | Within SU Differences |
| Grade | Grade 6 | . | 30% | Too few students by sex |
| | Grade 7 | . | 35% | Too few students in at least one grade |
| | Grade 8 | . | 40% | Too few students by race |
| Race | WnH | . | 37% | |
| | REM | . | 40% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| DRANK ALCOHOL, PAST 30 DAYS | | | |
|----------------------------------|---------|-------|-----|
| | | SU/SD | VT |
| Overall | | 5% | 7% |
| Overall Differences: State vs SU | | | |
| VT > SU | | | |
| Within SU Differences | | | |
| Grade | Grade 6 | . | 2% |
| | Grade 7 | 6% | 5% |
| | Grade 8 | 7% | 10% |
| Race | WnH | 5% | 6% |
| | REM | 5% | 10% |

| BINGE DRANK, PAST 30 DAYS | | | |
|----------------------------------|---------|-------|----|
| | | SU/SD | VT |
| Overall | | 1% | 2% |
| Overall Differences: State vs SU | | | |
| VT and SU are Similar | | | |
| Within SU Differences | | | |
| Grade | Grade 6 | . | 0% |
| | Grade 7 | . | 1% |
| | Grade 8 | 2% | 3% |
| Race | WnH | 1% | 1% |
| | REM | . | 3% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**AMONG CURRENT USERS: LARGEST AMOUNT OF
ALCOHOL CONSUMED**

| | SU/SD | VT | |
|-------------------|-------|-----|------------------|
| 1 or 2 drinks | 72% | 63% | SU > VT |
| 3 drinks | . | 10% | Too few students |
| 4 drinks | . | 7% | Too few students |
| 5 drinks | . | 6% | Too few students |
| 6 or 7 drinks | . | 4% | Too few students |
| 8 or 9 drinks | . | 2% | Too few students |
| 10 or more drinks | . | 9% | Too few students |

USED MARIJUANA, PAST 30 DAYS

| | | SU/SD | VT | |
|---------|---------|-------|----|-------------------------------------|
| Overall | | 2% | 4% | Overall Differences: State vs SU |
| Sex | Male | 2% | 4% | VT > SU |
| | Female | 2% | 4% | Within SU Differences |
| Grade | Grade 6 | . | 1% | 7 > 6 |
| | Grade 7 | 2% | 3% | 8 > 6 |
| | Grade 8 | 4% | 7% | 8 > 7 |
| Race | WnH | 2% | 4% | |
| | REM | 3% | 8% | |

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES | | | | |
|--|---------|--------------|-----------|-------------------------------------|
| | | SU/SD | VT | |
| Overall | | 97% | 95% | Overall Differences: State vs SU |
| Sex | Male | 97% | 95% | SU > VT |
| | Female | 97% | 95% | Within SU Differences |
| Grade | Grade 6 | 99% | 98% | 6 > 7 |
| | Grade 7 | 96% | 95% | 6 > 8 |
| | Grade 8 | 96% | 93% | |
| Race | WnH | 97% | 96% | |
| | REM | 97% | 92% | |

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL | | | | |
|---|---------|--------------|-----------|-------------------------------------|
| | | SU/SD | VT | |
| Overall | | 92% | 89% | Overall Differences: State vs SU |
| Sex | Male | 92% | 89% | SU > VT |
| | Female | 93% | 90% | Within SU Differences |
| Grade | Grade 6 | 96% | 95% | 6 > 7 |
| | Grade 7 | 92% | 91% | 6 > 8 |
| | Grade 8 | 89% | 84% | 7 > 8 |
| Race | WnH | 92% | 89% | |
| | REM | 94% | 87% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE
THEIR AGE TO USE MARIJUANA**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 95% | 90% | Overall Differences: State vs SU |
| Sex | Male | 95% | 90% | SU > VT |
| | Female | 94% | 90% | Within SU Differences |
| Grade | Grade 6 | 99% | 97% | 6 > 7 |
| | Grade 7 | 94% | 91% | 6 > 8 |
| | Grade 8 | 91% | 84% | 7 > 8 |
| Race | WnH | 95% | 90% | |
| | REM | 94% | 86% | |

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO SMOKE
CIGARETTES**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 97% | 95% | Overall Differences: State vs SU |
| Sex | Male | 98% | 95% | SU > VT |
| | Female | 97% | 95% | Within SU Differences |
| Grade | Grade 6 | 97% | 96% | WnH > REM |
| | Grade 7 | 97% | 95% | |
| | Grade 8 | 97% | 95% | |
| Race | WnH | 97% | 96% | |
| | REM | 96% | 93% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 88% | 85% | Overall Differences: State vs SU |
| Sex | Male | 87% | 84% | SU > VT |
| | Female | 89% | 87% | |
| | | | | Within SU Differences |
| Grade | Grade 6 | 88% | 87% | |
| | Grade 7 | 89% | 86% | |
| | Grade 8 | 87% | 83% | |
| Race | WnH | 88% | 86% | |
| | REM | 88% | 82% | |

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 96% | 92% | Overall Differences: State vs SU |
| Sex | Male | 95% | 92% | SU > VT |
| | Female | 97% | 92% | |
| | | | | Within SU Differences |
| Grade | Grade 6 | 97% | 95% | Females > Males |
| | Grade 7 | 96% | 92% | |
| | Grade 8 | 95% | 89% | |
| Race | WnH | 97% | 92% | 6 > 8 |
| | REM | 91% | 88% | |
| | | | | WnH > REM |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 17% | 22% | Overall Differences: State vs SU |
| Sex | Male | 21% | 22% | VT > SU |
| | Female | 13% | 21% | Within SU Differences |
| Grade | Grade 6 | 12% | 13% | Males > Females |
| | Grade 7 | 16% | 20% | 7 > 6 |
| | Grade 8 | 23% | 28% | 8 > 6 |
| Race | WnH | 17% | 21% | 8 > 7 |
| | REM | 19% | 28% | |

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 38% | 37% | Overall Differences: State vs SU |
| Sex | Male | 39% | 37% | VT and SU are Similar |
| | Female | 37% | 37% | Within SU Differences |
| Grade | Grade 6 | 29% | 24% | 7 > 6 |
| | Grade 7 | 39% | 35% | 8 > 6 |
| | Grade 8 | 45% | 48% | 8 > 7 |
| Race | WnH | 40% | 39% | WnH > REM |
| | REM | 31% | 39% | |

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 9% | 15% | Overall Differences: State vs SU |
| Sex | Male | 10% | 15% | VT > SU |
| | Female | 8% | 15% | Within SU Differences |
| Grade | Grade 6 | 3% | 6% | Males > Females |
| | Grade 7 | 8% | 13% | 7 > 6 |
| | Grade 8 | 14% | 23% | 8 > 6 |
| Race | WnH | 8% | 15% | 8 > 7 |
| | REM | 12% | 21% | REM > WnH |

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 77% | 72% | Overall Differences: State vs SU |
| Sex | Male | 75% | 71% | SU > VT |
| | Female | 79% | 74% | Within SU Differences |
| Grade | Grade 6 | 83% | 76% | Females > Males |
| | Grade 7 | 78% | 72% | 6 > 7 |
| | Grade 8 | 71% | 70% | 6 > 8 |
| Race | WnH | 77% | 74% | 7 > 8 |
| | REM | 80% | 68% | |

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 56% | 48% | Overall Differences: State vs SU |
| Sex | Male | 50% | 45% | SU > VT |
| | Female | 61% | 51% | Within SU Differences |
| Grade | Grade 6 | 55% | 50% | Females > Males |
| | Grade 7 | 60% | 48% | 7 > 6 |
| | Grade 8 | 53% | 46% | 7 > 8 |
| Race | WnH | 55% | 48% | REM > WnH |
| | REM | 60% | 47% | |

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 70% | 59% | Overall Differences: State vs SU |
| Sex | Male | 66% | 56% | SU > VT |
| | Female | 74% | 62% | Within SU Differences |
| Grade | Grade 6 | 79% | 73% | Females > Males |
| | Grade 7 | 74% | 60% | 6 > 7 |
| | Grade 8 | 57% | 48% | 6 > 8 |
| Race | WnH | 69% | 59% | 7 > 8 |
| | REM | 72% | 54% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| EVER HAD SEXUAL INTERCOURSE | | | | |
|-----------------------------|---------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 3% | 5% | Overall Differences: State vs SU |
| Sex | Male | 5% | 6% | VT > SU |
| | Female | 1% | 4% | Within SU Differences |
| Grade | Grade 6 | . | 2% | Males > Females |
| | Grade 7 | 2% | 4% | Too few students in at least one grade |
| | Grade 8 | 6% | 8% | REM > WnH |
| Race | WnH | 3% | 5% | |
| | REM | 5% | 10% | |

| EVER HAD ORAL SEX | | | | |
|-------------------|---------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 5% | 6% | Overall Differences: State vs SU |
| Sex | Male | 6% | 6% | VT > SU |
| | Female | 3% | 5% | Within SU Differences |
| Grade | Grade 6 | . | 1% | Males > Females |
| | Grade 7 | 3% | 4% | Too few students in at least one grade |
| | Grade 8 | 10% | 9% | REM > WnH |
| Race | WnH | 5% | 5% | |
| | REM | 7% | 10% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**DAYS ENGAGED IN AT LEAST 60 MIN OF
PHYSICAL ACTIVITY, PAST WEEK**

| | SU/SD | VT | |
|--------|-------|-----|---------|
| 0 days | 6% | 7% | VT > SU |
| 1 day | 4% | 4% | |
| 2 days | 4% | 7% | VT > SU |
| 3 days | 11% | 10% | |
| 4 days | 13% | 11% | |
| 5 days | 14% | 15% | |
| 6 days | 10% | 11% | |
| 7 days | 39% | 34% | SU > VT |

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY
ON ALL 7 DAYS**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 39% | 34% | Overall Differences: State vs SU |
| Sex | Male | 44% | 42% | SU > VT |
| | Female | 33% | 26% | Within SU Differences |
| Grade | Grade 6 | 36% | 38% | Males > Females |
| | Grade 7 | 40% | 35% | |
| | Grade 8 | 39% | 30% | |
| Race | WnH | 38% | 34% | |
| | REM | 40% | 35% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS | | | | |
|--|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 63% | 60% | Overall Differences: State vs SU |
| Sex | Male | 67% | 66% | SU > VT |
| | Female | 58% | 54% | Within SU Differences |
| Grade | Grade 6 | 61% | 63% | Males > Females |
| | Grade 7 | 62% | 60% | |
| | Grade 8 | 65% | 57% | |
| Race | WnH | 63% | 61% | |
| | REM | 64% | 58% | |

| WERE NOT PHYSICALLY ACTIVE PAST WEEK | | | | |
|--------------------------------------|---------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 6% | 7% | Overall Differences: State vs SU |
| Sex | Male | 4% | 7% | VT > SU |
| | Female | 7% | 7% | Within SU Differences |
| Grade | Grade 6 | 7% | 7% | Females > Males |
| | Grade 7 | 7% | 7% | 6 > 8 |
| | Grade 8 | 3% | 8% | 7 > 8 |
| Race | WnH | 4% | 6% | REM > WnH |
| | REM | 10% | 9% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**PHYSICAL ACTIVITY BREAKS AT SCHOOL,
TYPICAL WEEK**

| | SU/SD | VT | |
|--------|-------|-----|---------|
| 0 days | 36% | 25% | SU > VT |
| 1 day | 12% | 7% | SU > VT |
| 2 days | 8% | 8% | |
| 3 days | 9% | 8% | |
| 4 days | 5% | 5% | |
| 5 days | 30% | 46% | VT > SU |

**GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE
AT SCHOOL**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 36% | 25% | Overall Differences: State vs SU |
| Sex | Male | 34% | 24% | SU > VT |
| | Female | 37% | 25% | Within SU Differences |
| Grade | Grade 6 | 35% | 16% | 7 > 8 |
| | Grade 7 | 39% | 26% | REM > WnH |
| | Grade 8 | 34% | 29% | |
| Race | WnH | 35% | 24% | |
| | REM | 45% | 27% | |

| RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS | | | |
|--|-------|-----|---------|
| | SU/SD | VT | |
| 0 days | 60% | 77% | VT > SU |
| 1 day | 7% | 3% | SU > VT |
| 2 days | 6% | 3% | SU > VT |
| 3 days | 7% | 4% | SU > VT |
| 4 days | 5% | 2% | SU > VT |
| 5 days | 16% | 10% | SU > VT |

| WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY | | | |
|--|---------|-------|-----|
| | | SU/SD | VT |
| Overall | | 16% | 10% |
| Overall Differences: State vs SU | | | |
| Sex | Male | 24% | 12% |
| SU > VT | | | |
| | Female | 10% | 9% |
| Within SU Differences | | | |
| Grade | Grade 6 | 14% | 11% |
| Males > Females | | | |
| | Grade 7 | 16% | 10% |
| 8 > 6 | | | |
| | Grade 8 | 19% | 10% |
| REM > WnH | | | |
| Race | WnH | 15% | 10% |
| | REM | 21% | 13% |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX WESTFORD SD (SU65) REPORT

| WATCH TELEVISION, TYPICAL SCHOOL DAY | | | |
|--------------------------------------|-------|-----|---------|
| | SU/SD | VT | |
| No TV on average school day | 18% | 18% | SU > VT |
| Less than 1 hour per day | 23% | 23% | |
| 1 hour per day | 22% | 18% | |
| 2 hours per day | 20% | 20% | |
| 3 hours per day | 9% | 10% | |
| 4 hours per day | 4% | 4% | |
| 5 or more hours per day | 3% | 6% | VT > SU |

| WATCHED TV 3+ HOURS PER DAY | | | | |
|-----------------------------|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 17% | 20% | Overall Differences: State vs SU |
| Sex | Male | 17% | 20% | VT > SU |
| | Female | 16% | 20% | Within SU Differences |
| Grade | Grade 6 | 13% | 18% | 7 > 6 |
| | Grade 7 | 18% | 20% | 8 > 6 |
| | Grade 8 | 18% | 21% | |
| Race | WnH | 16% | 19% | |
| | REM | 17% | 24% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX WESTFORD SD (SU65) REPORT

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

| | SU/SD | VT | |
|--------------------------------|-------|-----|---------|
| No playing video/computer game | 15% | 12% | SU > VT |
| Less than 1 hour per day | 20% | 17% | SU > VT |
| 1 hour per day | 17% | 15% | SU > VT |
| 2 hours per day | 20% | 18% | SU > VT |
| 3 hours per day | 10% | 14% | VT > SU |
| 4 hours per day | 8% | 8% | |
| 5 or more hours per day | 9% | 16% | VT > SU |

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 27% | 38% | Overall Differences: State vs SU |
| Sex | Male | 29% | 39% | VT > SU |
| | Female | 25% | 37% | Within SU Differences |
| Grade | Grade 6 | 19% | 29% | Males > Females |
| | Grade 7 | 29% | 38% | 7 > 6 |
| | Grade 8 | 33% | 45% | 8 > 6 |
| Race | WnH | 27% | 38% | REM > WnH |
| | REM | 32% | 43% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

BREAKFAST CONSUMPTION, PAST WEEK

| | SU/SD | VT | |
|--------|-------|-----|---------|
| 0 days | 4% | 7% | VT > SU |
| 1 day | 3% | 4% | VT > SU |
| 2 days | 6% | 7% | |
| 3 days | 5% | 7% | VT > SU |
| 4 days | 5% | 6% | VT > SU |
| 5 days | 8% | 8% | |
| 6 days | 8% | 9% | |
| 7 days | 60% | 52% | SU > VT |

DID NOT EAT BREAKFAST, PAST WEEK

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 4% | 7% | Overall Differences: State vs SU |
| Sex | Male | 3% | 6% | VT > SU |
| | Female | 5% | 7% | Within SU Differences |
| Grade | Grade 6 | 2% | 5% | Females > Males |
| | Grade 7 | 4% | 7% | 7 > 6 |
| | Grade 8 | 6% | 7% | 8 > 6 |
| Race | WnH | 4% | 6% | REM > WnH |
| | REM | 7% | 10% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

| | SU/SD | VT | |
|-------------------------|-------|-----|---------|
| Did not drink water | 2% | 3% | VT > SU |
| 1 to 3 times | 8% | 9% | VT > SU |
| 4 to 6 times | 8% | 10% | VT > SU |
| 1 time per day | 7% | 6% | |
| 2 times per day | 15% | 16% | |
| 3 times per day | 20% | 19% | |
| 4 or more times per day | 41% | 37% | SU > VT |

DRANK THREE OR MORE GLASSES PER DAY OF WATER

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 61% | 56% | Overall Differences: State vs SU |
| Sex | Male | 64% | 57% | SU > VT |
| | Female | 59% | 54% | Within SU Differences |
| Grade | Grade 6 | 58% | 58% | Males > Females |
| | Grade 7 | 61% | 54% | 8 > 6 |
| | Grade 8 | 65% | 56% | |
| Race | WnH | 62% | 56% | |
| | REM | 61% | 57% | |

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

| | SU/SD | VT | |
|------------------|-------|-----|------------------|
| Never | 78% | 77% | VT > SU |
| Rarely | 15% | 14% | |
| Sometimes | 5% | 7% | |
| Most of the time | 1% | 1% | Too few students |
| Always | . | 1% | |

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME

| | | SU/SD | VT | |
|---------|---------|-------|----|--|
| Overall | | 2% | 2% | Overall Differences: State vs SU |
| Sex | Male | 2% | 2% | VT and SU are Similar |
| | Female | 2% | 2% | |
| Grade | Grade 6 | . | 2% | Too few students in at least one grade |
| | Grade 7 | . | 2% | |
| | Grade 8 | . | 2% | |
| Race | WnH | 2% | 2% | Too few students by race |
| | REM | . | 4% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
 ESSEX WESTFORD SD (SU65) REPORT

| BORN OUTSIDE THE U.S. | | | | |
|------------------------------|---------|--------------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 7% | 6% | Overall Differences: State vs SU |
| Sex | Male | 6% | 6% | VT and SU are Similar |
| | Female | 8% | 6% | |
| Grade | Grade 6 | 7% | 7% | Within SU Differences |
| | Grade 7 | 7% | 5% | |
| | Grade 8 | 8% | 6% | |
| Race | WnH | 3% | 3% | REM > WnH |
| | REM | 30% | 18% | |

| ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK | | | |
|---|--------------|-----------|---------|
| | SU/SD | VT | |
| 0 days | 4% | 5% | VT > SU |
| 1 day | 1% | 2% | VT > SU |
| 2 days | 2% | 2% | |
| 3 days | 3% | 3% | |
| 4 days | 4% | 4% | |
| 5 days | 7% | 7% | |
| 6 days | 11% | 10% | |
| 7 days | 69% | 66% | SU > VT |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

**ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR
PARENTS ON 4+ DAYS, PAST WEEK**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 90% | 88% | Overall Differences: State vs SU |
| Sex | Male | 93% | 89% | SU > VT |
| | Female | 88% | 87% | Within SU Differences |
| Grade | Grade 6 | 92% | 90% | Males > Females |
| | Grade 7 | 90% | 89% | 6 > 8 |
| | Grade 8 | 89% | 86% | WnH > REM |
| Race | WnH | 91% | 89% | |
| | REM | 87% | 84% | |

**BELIEVE SCHOOL HAS RULES AND CONSEQUENCES
FOR BEHAVIORS**

| | SU/SD | VT | |
|-------------------|-------|-----|---------|
| Strongly agree | 33% | 28% | SU > VT |
| Agree | 44% | 43% | |
| Not sure | 15% | 17% | VT > SU |
| Disagree | 5% | 8% | VT > SU |
| Strongly disagree | 3% | 5% | VT > SU |

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 77% | 71% | Overall Differences: State vs SU |
| Sex | Male | 80% | 72% | SU > VT |
| | Female | 75% | 69% | Within SU Differences |
| Grade | Grade 6 | 83% | 77% | Males > Females |
| | Grade 7 | 71% | 72% | 6 > 7 |
| | Grade 8 | 77% | 66% | 6 > 8 |
| Race | WnH | 77% | 71% | 8 > 7 |
| | REM | 76% | 68% | |

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM

| | | SU/SD | VT | |
|---------|---------|-------|-----|----------------------------------|
| Overall | | 77% | 76% | Overall Differences: State vs SU |
| Sex | Male | 79% | 76% | VT and SU are Similar |
| | Female | 75% | 76% | Within SU Differences |
| Grade | Grade 6 | 76% | 79% | Males > Females |
| | Grade 7 | 73% | 75% | 8 > 6 |
| | Grade 8 | 82% | 75% | 8 > 7 |
| Race | WnH | 79% | 77% | WnH > REM |
| | REM | 65% | 71% | |

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
ESSEX WESTFORD SD (SU65) REPORT

| GRADES EARNED IN SCHOOL | | | |
|-------------------------|-------|-----|------------------|
| | SU/SD | VT | |
| Mostly A's | 46% | 46% | |
| Mostly B's | 41% | 38% | SU > VT |
| Mostly C's | 11% | 12% | |
| Mostly D's | 2% | 3% | VT > SU |
| Mostly F's | . | 1% | Too few students |

| BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY | | | |
|--|-------|-----|---------|
| | SU/SD | VT | |
| Strongly agree | 29% | 27% | |
| Agree | 43% | 36% | SU > VT |
| Not sure | 19% | 24% | VT > SU |
| Disagree | 5% | 7% | VT > SU |
| Strongly disagree | 4% | 5% | VT > SU |

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY
THEY FEEL LIKE THEY MATTER TO PEOPLE**

| | | SU/SD | VT | |
|---------|---------|-------|-----|-------------------------------------|
| Overall | | 71% | 64% | Overall Differences: State vs SU |
| Sex | Male | 73% | 68% | SU > VT |
| | Female | 70% | 60% | Within SU Differences |
| Grade | Grade 6 | 72% | 67% | WnH > REM |
| | Grade 7 | 70% | 65% | |
| | Grade 8 | 72% | 60% | |
| Race | WnH | 72% | 65% | |
| | REM | 65% | 58% | |