
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

MIDDLE SCHOOL

REPORT FOR ESSEX CALEDONIA SU (SU018)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyouth/data/yrbs/methods>

Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	136	16701

		SU/SD	VT
Sex	Male	52%	52%
	Female	48%	48%
Grade	6th Grade	39%	24%
	7th Grade	26%	39%
	8th Grade	35%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	81%
	Students of Color (REM)	4%	19%
Sexual Orientation	Heterosexual (Het)	93%	93%
	Lesbian, Gay, or Bisexual (LGB)	7%	7%

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT				
		SU/SD	VT	
Overall		43%	42%	Overall Differences: State vs SU
Sex	Male	55%	56%	VT and SU are Similar
	Female	.	27%	Within SU Differences
Grade	Grade 6	.	40%	Too few students by sex
	Grade 7	.	43%	Too few students in at least one grade
	Grade 8	.	43%	

WERE EVER BULLIED ON SCHOOL PROPERTY				
		SU/SD	VT	
Overall		50%	44%	Overall Differences: State vs SU
Sex	Male	44%	39%	SU > VT
	Female	53%	50%	Within SU Differences
Grade	Grade 6	.	44%	Too few students in at least one grade
	Grade 7	.	45%	
	Grade 8	.	44%	

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE EVER ELECTRONICALLY BULLIED				
		SU/SD	VT	
Overall		25%	24%	Overall Differences: State vs SU
Sex	Male	18%	16%	VT and SU are Similar
	Female	32%	33%	Within SU Differences
Grade	Grade 6	.	18%	Females > Males
	Grade 7	.	24%	Too few students in at least one grade
	Grade 8	.	28%	

WERE BULLIED, PAST 30 DAYS				
		SU/SD	VT	
Overall		29%	22%	Overall Differences: State vs SU
Sex	Male	25%	17%	SU > VT
	Female	33%	26%	Within SU Differences
Grade	Grade 6	.	22%	Too few students in at least one grade
	Grade 7	.	22%	
	Grade 8	.	21%	

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

BULLIED SOMEONE ELSE, PAST 30 DAYS				
		SU/SD	VT	
Overall		11%	8%	Overall Differences: State vs SU
Sex	Male	11%	8%	VT and SU are Similar
	Female	11%	8%	Within SU Differences
Grade	Grade 6	.	7%	Too few students in at least one grade
	Grade 7	.	8%	
	Grade 8	.	9%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		12%	8%	Overall Differences: State vs SU
Sex	Male	13%	7%	SU > VT
	Female	9%	10%	Within SU Differences
Grade	Grade 6	.	8%	Too few students in at least one grade
	Grade 7	.	8%	
	Grade 8	.	9%	

SECTION 2: PERSONAL SAFETY
CAR SAFETY

SEATBELT USE			
	SU/SD	VT	
Never	.	1%	Too few students
Rarely	.	1%	Too few students
Sometimes	.	3%	Too few students
Most of the time	24%	18%	SU > VT
Always	71%	76%	VT > SU

RARELY OR NEVER WEAR A SEAT BELT			
		SU/SD	VT
Overall		.	2%
Sex	Male	.	3%
	Female	.	2%
Grade	Grade 6	.	1%
	Grade 7	.	2%
	Grade 8	.	3%

SECTION 2: PERSONAL SAFETY
CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
		SU/SD	VT	
Overall		24%	22%	Overall Differences: State vs SU
Sex	Male	19%	20%	VT and SU are Similar
	Female	31%	24%	Within SU Differences
Grade	Grade 6	.	15%	Females > Males
	Grade 7	.	21%	Too few students in at least one grade
	Grade 8	.	27%	

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA				
		SU/SD	VT	
Overall		5%	9%	Overall Differences: State vs SU
Sex	Male	.	7%	VT > SU
	Female	9%	10%	Within SU Differences
Grade	Grade 6	.	5%	Too few students by sex
	Grade 7	.	8%	Too few students in at least one grade
	Grade 8	.	12%	

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	SU/SD	VT	
Never wear a helmet	23%	16%	SU > VT
Rarely wear a helmet	17%	15%	
Sometimes wear a helmet	16%	15%	
Most of the time wear a helmet	22%	25%	
Always wear a helmet	22%	28%	VT > SU

RARELY OR NEVER WEAR A BICYCLE HELMET

	SU/SD	VT	
Overall	40%	31%	Overall Differences: State vs SU
Sex			SU > VT
Male	44%	33%	
Female	.	29%	Within SU Differences
Grade			Too few students by sex
Grade 6	.	24%	
Grade 7	.	30%	Too few students in at least one grade
Grade 8	.	37%	

HELMET USE WHEN SKIING OR SNOWBOARDING

	SU/SD	VT	
Never wear a helmet	7%	5%	
Rarely wear a helmet	.	2%	Too few students
Sometimes wear a helmet	.	2%	Too few students
Most of the time wear a helmet	.	7%	Too few students
Always wear a helmet	81%	83%	

SECTION 2: PERSONAL SAFETY
INJURY PREVENTION

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING			
		SU/SD	VT
Overall		12%	7%
Overall Differences: State vs SU			
Sex	Male	.	8%
SU > VT			
	Female	.	6%
Within SU Differences			
Grade	Grade 6	.	7%
Too few students by sex			
	Grade 7	.	8%
Too few students in at least one grade			
	Grade 8	.	7%

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE			
		SU/SD	VT
Overall		14%	17%
Overall Differences: State vs SU			
Sex	Male	14%	19%
VT > SU			
	Female	14%	16%
Within SU Differences			
Grade	Grade 6	.	17%
Too few students in at least one grade			
	Grade 7	.	17%
	Grade 8	.	18%

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
		SU/SD	VT	
Overall		35%	26%	Overall Differences: State vs SU
Sex	Male	.	25%	SU > VT
	Female	.	27%	Within SU Differences
Grade	Grade 6	.	21%	Too few students by sex
	Grade 7	.	27%	Too few students in at least one grade
	Grade 8	.	29%	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
		SU/SD	VT	
Overall		25%	19%	Overall Differences: State vs SU
Sex	Male	27%	17%	SU > VT
	Female	21%	20%	Within SU Differences
Grade	Grade 6	.	15%	Too few students in at least one grade
	Grade 7	.	19%	
	Grade 8	.	20%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE			
	SU/SD	VT	
Never	10%	9%	
Rarely	10%	14%	VT > SU
Sometimes	27%	27%	
Most of the time	24%	29%	VT > SU
Always	29%	21%	SU > VT

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		52%	50%	Overall Differences: State vs SU
Sex	Male	50%	51%	VT and SU are Similar
	Female	54%	49%	Within SU Differences
Grade	Grade 6	.	42%	Too few students in at least one grade
	Grade 7	.	50%	
	Grade 8	.	56%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		SU/SD	VT	
Overall		28%	30%	Overall Differences: State vs SU
Sex	Male	.	30%	VT and SU are Similar
	Female	.	31%	Within SU Differences
Grade	Grade 6	.	18%	Too few students by sex
	Grade 7	.	29%	Too few students in at least one grade
	Grade 8	.	40%	

SECTION 3: MENTAL HEALTH

FELT SAD OR HOPELESS, PAST YEAR				
		SU/SD	VT	
Overall		19%	19%	Overall Differences: State vs SU
Sex	Male	10%	12%	VT and SU are Similar
	Female	30%	26%	Within SU Differences
Grade	Grade 6	.	16%	Females > Males
	Grade 7	.	18%	Too few students in at least one grade
	Grade 8	.	22%	

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES				
		SU/SD	VT	
Overall		24%	18%	Overall Differences: State vs SU
Sex	Male	23%	12%	SU > VT
	Female	27%	23%	Within SU Differences
Grade	Grade 6	.	13%	Too few students in at least one grade
	Grade 7	.	17%	
	Grade 8	.	22%	

SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		SU/SD	VT	
Overall		16%	12%	Overall Differences: State vs SU
Sex	Male	15%	8%	SU > VT
	Female	18%	16%	Within SU Differences
Grade	Grade 6	.	7%	Too few students in at least one grade
	Grade 7	.	11%	
	Grade 8	.	16%	

EVER ATTEMPTED SUICIDE				
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male	.	3%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	Grade 6	.	3%	Too few students by sex
	Grade 7	.	5%	Too few students in at least one grade
	Grade 8	.	8%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE				
		SU/SD	VT	
Overall		12%	7%	Overall Differences: State vs SU
Sex	Male	21%	7%	SU > VT
	Female	.	7%	Within SU Differences
Grade	Grade 6	.	4%	Too few students by sex
	Grade 7	.	7%	Too few students in at least one grade
	Grade 8	.	10%	

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		SU/SD	VT	
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	8%	9%	VT and SU are Similar
	Female	8%	8%	Within SU Differences
Grade	Grade 6	.	3%	Too few students in at least one grade
	Grade 7	.	8%	
	Grade 8	.	14%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT				
		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	.	5%	VT and SU are Similar
	Female	.	5%	Within SU Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	5%	Too few students in at least one grade
	Grade 8	.	6%	

EVER DRANK ALCOHOL				
		SU/SD	VT	
Overall		24%	19%	Overall Differences: State vs SU
Sex	Male	27%	20%	SU > VT
	Female	.	17%	Within SU Differences
Grade	Grade 6	.	10%	Too few students by sex
	Grade 7	.	17%	Too few students in at least one grade
	Grade 8	.	26%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED MARIJUANA				
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	10%	7%	VT and SU are Similar
	Female	.	7%	Within SU Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	6%	Too few students in at least one grade
	Grade 8	.	11%	

EVER USED INHALANTS				
		SU/SD	VT	
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	.	4%	SU > VT
	Female	10%	4%	Within SU Differences
Grade	Grade 6	.	3%	Too few students by sex
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	.	5%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT			
		SU/SD	VT
Overall		.	2%
Sex	Male	.	2%
	Female	.	3%
Grade	Grade 6	.	1%
	Grade 7	.	2%
	Grade 8	.	3%

Overall Differences: State vs SU

Too few students

Within SU Differences

Too few students by sex

Too few students in at least one grade

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT			
		SU/SD	VT
Overall		.	2%
Sex	Male	.	2%
	Female	.	2%
Grade	Grade 6	.	1%
	Grade 7	.	2%
	Grade 8	.	2%

Overall Differences: State vs SU

Too few students

Within SU Differences

Too few students by sex

Too few students in at least one grade

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR				
		SU/SD	VT	
Overall		11%	5%	Overall Differences: State vs SU
Sex	Male	18%	6%	SU > VT
	Female	.	5%	Within SU Differences
Grade	Grade 6	.	3%	Too few students by sex
	Grade 7	.	5%	Too few students in at least one grade
	Grade 8	.	7%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	11%	5%	VT and SU are Similar
	Female	.	4%	Within SU Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	.	7%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS			
		SU/SD	VT
Overall		6%	3%
Overall Differences: State vs SU			
Sex	Male	11%	3%
SU > VT			
	Female	.	2%
Within SU Differences			
Grade	Grade 6	.	1%
Too few students by sex			
	Grade 7	.	2%
Too few students in at least one grade			
	Grade 8	.	4%

SMOKED CIGARETTES, PAST 30 DAYS			
		SU/SD	VT
Overall		5%	2%
Overall Differences: State vs SU			
Sex	Male	9%	2%
SU > VT			
	Female	.	2%
Within SU Differences			
Grade	Grade 6	.	1%
Too few students by sex			
	Grade 7	.	2%
Too few students in at least one grade			
	Grade 8	.	3%

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED			
	SU/SD	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS				
		SU/SD	VT	
Overall	.	4%		Overall Differences: State vs SU
Sex	Male	.	4%	Too few students
	Female	.	3%	Within SU Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	3%	Too few students in at least one grade
	Grade 8	.	6%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT

	SU/SD	VT	
Friend/family used them	.	38%	Too few students
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	.	13%	Too few students
Used for some other reason	.	36%	Too few students

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE

	SU/SD	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	.	44%	Too few students
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	.	21%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE			
	SU/SD	VT	
1 or 2 days	.	49%	Too few students
3 to 5 days	.	16%	Too few students
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	.	15%	Too few students

SMOKED CIGARS, PAST 30 DAYS			
		SU/SD	VT
Overall		.	1%
Overall Differences: State vs SU			
Sex	Male	.	1%
	Female	.	1%
Within SU Differences			
Grade	Grade 6	.	1%
	Grade 7	.	1%
	Grade 8	.	2%

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		.	1%	Overall Differences: State vs SU
Sex	Male	.	2%	Too few students
	Female	.	1%	Within SU Differences
Grade	Grade 6	.	1%	
	Grade 7	.	1%	
	Grade 8	.	2%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		SU/SD	VT	
Overall		.	36%	Overall Differences: State vs SU
Sex	Male	.	36%	Too few students
	Female	.	38%	Within SU Differences
Grade	Grade 6	.	30%	Too few students by sex
	Grade 7	.	35%	
	Grade 8	.	40%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS			
		SU/SD	VT
Overall		11%	7%
Overall Differences: State vs SU			
Sex	Male	12%	6%
SU > VT			
	Female	10%	6%
Within SU Differences			
Grade	Grade 6	.	2%
Too few students in at least one grade			
	Grade 7	.	5%
	Grade 8	.	10%

BINGE DRANK, PAST 30 DAYS			
		SU/SD	VT
Overall		4%	2%
Overall Differences: State vs SU			
Sex	Male	.	2%
SU > VT			
	Female	.	1%
Within SU Differences			
Grade	Grade 6	.	0%
Too few students by sex			
	Grade 7	.	1%
Too few students in at least one grade			
	Grade 8	.	3%

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED			
	SU/SD	VT	
1 or 2 drinks	.	63%	Too few students
3 drinks	.	10%	Too few students
4 drinks	.	7%	Too few students
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	.	9%	Too few students

USED MARIJUANA, PAST 30 DAYS			
		SU/SD	VT
Overall		.	4%
Overall Differences: State vs SU			
Sex	Male	.	4%
Too few students			
	Female	.	4%
Within SU Differences			
Grade	Grade 6	.	1%
Too few students by sex			
	Grade 7	.	3%
Too few students in at least one grade			
	Grade 8	.	7%

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES			
		SU/SD	VT
Overall		88%	95%
Overall Differences: State vs SU			
Sex	Male	85%	95%
	Female	92%	95%
VT > SU			
Within SU Differences			
Grade	Grade 6	.	98%
	Grade 7	.	95%
	Grade 8	.	93%
Females > Males			
Too few students in at least one grade			

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL			
		SU/SD	VT
Overall		83%	89%
Overall Differences: State vs SU			
Sex	Male	85%	89%
	Female	82%	90%
VT > SU			
Within SU Differences			
Grade	Grade 6	.	95%
	Grade 7	.	91%
	Grade 8	.	84%
Too few students in at least one grade			

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA			
		SU/SD	VT
Overall		84%	90%
Overall Differences: State vs SU			
Sex	Male	84%	90%
	Female	86%	90%
VT > SU			
Within SU Differences			
Grade	Grade 6	.	97%
	Grade 7	.	91%
	Grade 8	.	84%
Too few students in at least one grade			

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES			
		SU/SD	VT
Overall		94%	95%
Overall Differences: State vs SU			
Sex	Male	94%	95%
	Female	94%	95%
VT and SU are Similar			
Within SU Differences			
Grade	Grade 6	.	96%
	Grade 7	.	95%
	Grade 8	.	95%
Too few students in at least one grade			

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL				
		SU/SD	VT	
Overall		78%	85%	Overall Differences: State vs SU
Sex	Male	76%	84%	VT > SU
	Female	81%	87%	Within SU Differences
Grade	Grade 6	.	87%	Too few students in at least one grade
	Grade 7	.	86%	
	Grade 8	.	83%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA				
		SU/SD	VT	
Overall		90%	92%	Overall Differences: State vs SU
Sex	Male	92%	92%	VT and SU are Similar
	Female	89%	92%	Within SU Differences
Grade	Grade 6	.	95%	Too few students in at least one grade
	Grade 7	.	92%	
	Grade 8	.	89%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET			
		SU/SD	VT
Overall		26%	22%
Overall Differences: State vs SU			
Sex	Male	23%	22%
	Female	28%	21%
SU > VT			
Within SU Differences			
Grade	Grade 6	.	13%
	Grade 7	.	20%
	Grade 8	.	28%
Too few students in at least one grade			

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET			
		SU/SD	VT
Overall		36%	37%
Overall Differences: State vs SU			
Sex	Male	29%	37%
	Female	.	37%
VT and SU are Similar			
Within SU Differences			
Grade	Grade 6	.	24%
	Grade 7	.	35%
	Grade 8	.	48%
Too few students by sex			
Too few students in at least one grade			

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET				
		SU/SD	VT	
Overall		16%	15%	Overall Differences: State vs SU
Sex	Male	14%	15%	VT and SU are Similar
	Female	17%	15%	Within SU Differences
Grade	Grade 6	.	6%	Too few students in at least one grade
	Grade 7	.	13%	
	Grade 8	.	23%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		SU/SD	VT	
Overall		63%	72%	Overall Differences: State vs SU
Sex	Male	66%	71%	VT > SU
	Female	61%	74%	Within SU Differences
Grade	Grade 6	.	76%	Too few students in at least one grade
	Grade 7	.	72%	
	Grade 8	.	70%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT	
Overall		.	48%	Overall Differences: State vs SU
Sex	Male	.	45%	Too few students
	Female	.	51%	Within SU Differences
Grade	Grade 6	.	50%	Too few students in at least one grade
	Grade 7	.	48%	
	Grade 8	.	46%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT	
Overall		63%	59%	Overall Differences: State vs SU
Sex	Male	60%	56%	VT and SU are Similar
	Female	66%	62%	Within SU Differences
Grade	Grade 6	.	73%	Too few students in at least one grade
	Grade 7	.	60%	
	Grade 8	.	48%	

SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE				
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	8%	6%	VT and SU are Similar
	Female	.	4%	Within SU Differences
Grade	Grade 6	.	2%	Too few students by sex
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	.	8%	

EVER HAD ORAL SEX				
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	.	6%	VT and SU are Similar
	Female	.	5%	Within SU Differences
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	4%	Too few students in at least one grade
	Grade 8	.	9%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK			
	SU/SD	VT	
0 days	11%	7%	SU > VT
1 day	.	4%	Too few students
2 days	9%	7%	
3 days	15%	10%	SU > VT
4 days	11%	11%	
5 days	13%	15%	
6 days	7%	11%	VT > SU
7 days	31%	34%	

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		SU/SD	VT	
Overall		31%	34%	Overall Differences: State vs SU
Sex	Male	41%	42%	VT and SU are Similar
	Female	19%	26%	Within SU Differences
Grade	Grade 6	.	38%	Males > Females
	Grade 7	.	35%	Too few students in at least one grade
	Grade 8	.	30%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS			
		SU/SD	VT
Overall		51%	60%
Overall Differences: State vs SU			
Sex	Male	62%	66%
	Female	39%	54%
Within SU Differences			
Grade	Grade 6	.	63%
	Grade 7	.	60%
	Grade 8	.	57%
Males > Females			
Too few students in at least one grade			

WERE NOT PHYSICALLY ACTIVE PAST WEEK			
		SU/SD	VT
Overall		11%	7%
Overall Differences: State vs SU			
Sex	Male	.	7%
	Female	15%	7%
Within SU Differences			
Grade	Grade 6	.	7%
	Grade 7	.	7%
	Grade 8	.	8%
Too few students by sex			
Too few students in at least one grade			

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK			
	SU/SD	VT	
0 days	7%	25%	VT > SU
1 day	6%	7%	
2 days	.	8%	Too few students
3 days	.	8%	Too few students
4 days	.	5%	Too few students
5 days	79%	46%	SU > VT

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL				
		SU/SD	VT	
Overall		7%	25%	Overall Differences: State vs SU
Sex	Male	.	24%	VT > SU
	Female	.	25%	Within SU Differences
Grade	Grade 6	.	16%	Too few students by sex
	Grade 7	.	26%	Too few students in at least one grade
	Grade 8	.	29%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS

	SU/SD	VT	
0 days	83%	77%	SU > VT
1 day	.	3%	Too few students
2 days	.	3%	Too few students
3 days	.	4%	Too few students
4 days	.	2%	Too few students
5 days	10%	10%	

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY

		SU/SD	VT	
Overall		10%	10%	Overall Differences: State vs SU
Sex	Male	10%	12%	VT and SU are Similar
	Female	11%	9%	Within SU Differences
Grade	Grade 6	.	11%	Too few students in at least one grade
	Grade 7	.	10%	
	Grade 8	.	10%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

WATCH TELEVISION, TYPICAL SCHOOL DAY			
	SU/SD	VT	
No TV on average school day	14%	18%	VT > SU
Less than 1 hour per day	25%	23%	
1 hour per day	13%	18%	VT > SU
2 hours per day	27%	20%	SU > VT
3 hours per day	6%	10%	VT > SU
4 hours per day	6%	4%	
5 or more hours per day	9%	6%	SU > VT

WATCHED TV 3+ HOURS PER DAY			
	SU/SD	VT	
Overall	21%	20%	Overall Differences: State vs SU
Sex			
Male	17%	20%	VT and SU are Similar
Female	24%	20%	Within SU Differences
Grade			
Grade 6	.	18%	Too few students in at least one grade
Grade 7	.	20%	
Grade 8	.	21%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	SU/SD	VT	
No playing video/computer game	14%	12%	
Less than 1 hour per day	19%	17%	
1 hour per day	11%	15%	VT > SU
2 hours per day	21%	18%	
3 hours per day	13%	14%	
4 hours per day	5%	8%	VT > SU
5 or more hours per day	17%	16%	

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

	SU/SD	VT	
Overall	35%	38%	Overall Differences: State vs SU
Sex			
Male	32%	39%	VT and SU are Similar
Female	37%	37%	Within SU Differences
Grade			
Grade 6	.	29%	Too few students in at least one grade
Grade 7	.	38%	
Grade 8	.	45%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK			
	SU/SD	VT	
0 days	9%	7%	SU > VT
1 day	5%	4%	
2 days	11%	7%	
3 days	6%	7%	
4 days	5%	6%	VT > SU
5 days	4%	8%	
6 days	8%	9%	
7 days	52%	52%	

DID NOT EAT BREAKFAST, PAST WEEK				
	SU/SD	VT		
Overall	9%	7%	Overall Differences: State vs SU	
Sex	Male	.	6%	VT and SU are Similar
	Female	11%	7%	Within SU Differences
Grade	Grade 6	.	5%	Too few students by sex
	Grade 7	.	7%	Too few students in at least one grade
	Grade 8	.	7%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	SU/SD	VT	
Did not drink water	7%	3%	SU > VT
1 to 3 times	19%	9%	SU > VT
4 to 6 times	8%	10%	
1 time per day	7%	6%	
2 times per day	14%	16%	
3 times per day	15%	19%	VT > SU
4 or more times per day	31%	37%	VT > SU

DRANK THREE OR MORE GLASSES PER DAY OF WATER

	SU/SD	VT	
Overall	45%	56%	Overall Differences: State vs SU
Sex			
Male	53%	57%	VT > SU
Female	36%	54%	Within SU Differences
Grade			
Grade 6	.	58%	Males > Females
Grade 7	.	54%	Too few students in at least one grade
Grade 8	.	56%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS			
	SU/SD	VT	
Never	81%	77%	
Rarely	11%	14%	VT > SU
Sometimes	7%	7%	
Most of the time	.	1%	Too few students
Always	.	1%	Too few students

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME			
		SU/SD	VT
Overall		.	2%
Overall Differences: State vs SU			
Sex	Male	.	2%
Too few students			
	Female	.	2%
Within SU Differences			
Grade	Grade 6	.	2%
	Grade 7	.	2%
	Grade 8	.	2%

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

BORN OUTSIDE THE U.S.			
		SU/SD	VT
Overall		.	6%
Overall Differences: State vs SU			
Sex	Male	.	6%
	Female	.	6%
Within SU Differences			
Grade	Grade 6	.	7%
	Grade 7	.	5%
	Grade 8	.	6%

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK

	SU/SD	VT	
0 days	4%	5%	
1 day	.	2%	Too few students
2 days	.	2%	Too few students
3 days	.	3%	Too few students
4 days	6%	4%	
5 days	.	7%	Too few students
6 days	7%	10%	VT > SU
7 days	74%	66%	SU > VT

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK

		SU/SD	VT	
Overall		89%	88%	Overall Differences: State vs SU
Sex	Male	85%	89%	VT and SU are Similar
	Female	94%	87%	Within SU Differences
Grade	Grade 6	.	90%	Females > Males
	Grade 7	.	89%	Too few students in at least one grade
	Grade 8	.	86%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS

	SU/SD	VT	
Strongly agree	31%	28%	VT > SU
Agree	34%	43%	
Not sure	18%	17%	
Disagree	10%	8%	SU > VT
Strongly disagree	7%	5%	

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

	SU/SD	VT		
Overall	65%	71%	Overall Differences: State vs SU	
Sex	Male	72%	72%	VT > SU
	Female	59%	69%	Within SU Differences
Grade	Grade 6	.	77%	Males > Females
	Grade 7	.	72%	Too few students in at least one grade
	Grade 8	.	66%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		SU/SD	VT	
Overall		72%	76%	Overall Differences: State vs SU
Sex	Male	72%	76%	VT > SU
	Female	70%	76%	Within SU Differences
Grade	Grade 6	.	79%	Too few students in at least one grade
	Grade 7	.	75%	
	Grade 8	.	75%	

GRADES EARNED IN SCHOOL				
		SU/SD	VT	
Mostly A's		49%	46%	
Mostly B's		30%	38%	VT > SU
Mostly C's		15%	12%	
Mostly D's		.	3%	Too few students
Mostly F's		.	1%	Too few students

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY				
		SU/SD	VT	
Strongly agree		20%	27%	VT > SU
Agree		27%	36%	VT > SU
Not sure		34%	24%	SU > VT
Disagree		10%	7%	SU > VT
Strongly disagree		8%	5%	SU > VT

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		SU/SD	VT	
Overall		48%	64%	Overall Differences: State vs SU
Sex	Male	56%	68%	VT > SU
	Female	37%	60%	Within SU Differences
Grade	Grade 6	.	67%	Males > Females
	Grade 7	.	65%	Too few students in at least one grade
	Grade 8	.	60%	