2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR MILTON SD (SU010)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

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| 2017 VERMONT | YOUTH RISK | BEHAVIOR | SURVEY |
|--------------|------------|-----------------|---------------|
| | MILTON | NSD (SU010) | REPORT |

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS

MILTON SD (SU010) REPORT

http://healthvermont.gov/yrbs



SECTION 1: DEMOGRAPHICS

| HIGH SCHOOL DEMOGRAPHICS | | | | | |
|--------------------------|-------|-------|--|--|--|
| | SU/SD | VT | | | |
| Total | 494 | 27349 | | | |

| | | SU/SD | VT |
|--------------------|--|-------|-----|
| Sex | Male | 47% | 51% |
| | Female | 53% | 49% |
| Grade | 9th Grade | 25% | 25% |
| | 10th Grade | 26% | 25% |
| | 11th Grade | 24% | 25% |
| | 12th Grade | 24% | 25% |
| Race / Ethnicity | White, non-Hispanic (WnH) | 96% | 83% |
| | Students of Color (REM) | 4% | 17% |
| Sexual Orientation | Heterosexual / Cisgender (Het/Cis) | 92% | 89% |
| | Lesbian, Gay, Bisexual, or Transgender(LGBT) | 8% | 11% |



SECTION 2: PERSONAL SAFETY

| | W | ERE IN A | AL FIGHT, PAST YEAR | |
|---------|----------|----------|---------------------|----------------------------------|
| | | SU/SD | VT | _ |
| Overall | | 17% | 17% | Overall Differences: State vs SU |
| Sex | Male | 23% | 22% | VT and SU are Similar |
| | Female | 13% | 11% | Within SU Differences |
| Grade | Grade 9 | 23% | 21% | Males > Females |
| | Grade 10 | 21% | 18% | 9 > 11 |
| | Grade 11 | 13% | 15% | 9 > 12 |
| | Grade 12 | 13% | 13% | 10 > 12 |
| | | | | 10 > 11 |

| W] | ERE IN A PH | IYSICAL F | FIGHT OF | N SCHOOL PROPERTY, PAST YEAR |
|---------|-------------|-----------|----------|--|
| | | SU/SD | VT | |
| Overall | | 5% | 7% | Overall Differences: State vs SU |
| Sex | Male | 7% | 9% | VT > SU |
| | Female | 2% | 3% | Within SU Differences |
| Grade | Grade 9 | 4% | 9% | Males > Females |
| | Grade 10 | 8% | 7% | Too few students in at least one grade |
| | Grade 11 | 4% | 6% | |
| | Grade 12 | | 4% | |



SECTION 2: PERSONAL SAFETY

| | CARRIED A | WEAPON | ON SCH | IOOL PROPERTY, PAST 30 DAYS |
|---------|-----------|--------|--------|--|
| | | SU/SD | VT | _ |
| Overall | | 3% | 7% | Overall Differences: State vs SU |
| Sex | Male | 6% | 10% | VT > SU |
| | Female | | 3% | Within SU Differences |
| Grade | Grade 9 | | 5% | Too few students by sex |
| | Grade 10 | | 6% | Too few students in at least one grade |
| | Grade 11 | | 8% | |
| | Grade 12 | 6% | 8% | |

| WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR | | | | | |
|--|----------|-------|----|--|--|
| | | SU/SD | VT | | |
| Overall | _ | 1% | 5% | Overall Differences: State vs SU | |
| Sex | Male | 2% | 6% | VT > SU | |
| | Female | | 3% | Within SU Differences | |
| Grade | Grade 9 | | 6% | Too few students by sex | |
| | Grade 10 | | 5% | Too few students in at least one grade | |
| | Grade 11 | | 4% | | |
| | Grade 12 | | 4% | | |



SECTION 2: PERSONAL SAFETY

| | WER | E ELECTI | RONICAL | LY BULLIED, PAST YEAR |
|---------|----------|----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 13% | 16% | Overall Differences: State vs SU |
| Sex | Male | 5% | 10% | VT > SU |
| | Female | 20% | 22% | Within SU Differences |
| Grade | Grade 9 | 19% | 19% | Females > Males |
| | Grade 10 | 11% | 16% | 9 > 10 |
| | Grade 11 | 14% | 15% | 9 > 12 |
| | Grade 12 | 8% | 13% | 11 > 12 |

| | | WERE | E BULLIE | D, PAST 30 DAYS |
|---------|----------|-------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 14% | 16% | Overall Differences: State vs SU |
| Sex | Male | 8% | 11% | VT and SU are Similar |
| | Female | 19% | 20% | Within SU Differences |
| Grade | Grade 9 | 21% | 21% | Females > Males |
| | Grade 10 | 13% | 16% | 9 > 10 |
| | Grade 11 | 16% | 14% | 9 > 12 |
| | Grade 12 | 5% | 12% | 10 > 12 |
| | | | | 11 > 12 |



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

| | В | SULLIED S | OMEON | E ELSE, PAST 30 DAYS |
|---------|----------|-----------|-------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 6% | 9% | Overall Differences: State vs SU |
| Sex | Male | 4% | 10% | VT > SU |
| | Female | 9% | 8% | Within SU Differences |
| Grade | Grade 9 | 8% | 9% | Females > Males |
| | Grade 10 | 6% | 9% | |
| | Grade 11 | 6% | 9% | |
| | Grade 12 | 4% | 8% | |

| DID 1 | NOT GO TO | SCHOOL 1 | BECAUSI | E THEY FELT UNSAFE, PAST 30 DAYS |
|---------|-----------|----------|---------|--|
| | | SU/SD | VT | |
| Overall | | 2% | 5% | Overall Differences: State vs SU |
| Sex | Male | 2% | 4% | VT > SU |
| | Female | 2% | 6% | Within SU Differences |
| Grade | Grade 9 | | 5% | Too few students in at least one grade |
| | Grade 10 | | 5% | |
| | Grade 11 | | 5% | |
| | Grade 12 | | 4% | |



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

| WER | RE EVER PH | IYSICALLY | Y FORCE | ED TO HAVE SEXUAL INTERCOURSE |
|---------|------------|-----------|---------|--|
| | | SU/SD | VT | _ |
| Overall | | 6% | 6% | Overall Differences: State vs SU |
| Sex | Male | 3% | 3% | VT and SU are Similar |
| | Female | 10% | 9% | Within SU Differences |
| Grade | Grade 9 | · | 5% | Females > Males |
| | Grade 10 | 5% | 5% | Too few students in at least one grade |
| | Grade 11 | 12% | 7% | |
| | Grade 12 | 6% | 7% | |

| | EXPERIE | ENCED SEX | XUAL DA | TING VIOLENCE, PAST YEAR |
|---------|----------|-----------|---------|--|
| | | SU/SD | VT | |
| Overall | _ | 4% | 10% | Overall Differences: State vs SU |
| Sex | Male | | 5% | VT > SU |
| | Female | 7% | 15% | Within SU Differences |
| Grade | Grade 9 | 6% | 10% | Too few students by sex |
| | Grade 10 | | 11% | Too few students in at least one grade |
| | Grade 11 | 8% | 10% | |
| | Grade 12 | | 9% | |



SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

| | EXPERIEN | NCED PHY | SICAL D | ATING VIOLENCE, PAST YEAR |
|---------|----------|----------|---------|--|
| | | SU/SD | VT | _ |
| Overall | | | 7% | Overall Differences: State vs SU |
| Sex | Male | | 6% | Too few students |
| | Female | | 8% | Within SU Differences |
| Grade | Grade 9 | · | 5% | Too few students by sex |
| | Grade 10 | | 7% | Too few students in at least one grade |
| | Grade 11 | | 7% | |
| | Grade 12 | | 7% | |



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

| DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS | | | | |
|---|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | - | 6% | 7% | Overall Differences: State vs SU |
| Sex | Male | 8% | 9% | VT and SU are Similar |
| | Female | | 5% | Within SU Differences |
| Grade | Grade 9 | | 5% | Too few students by sex |
| | Grade 10 | | 4% | Too few students in at least one grade |
| | Grade 11 | | 7% | |
| | Grade 12 | 12% | 10% | |

| DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS | | | | |
|--|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 11% | 14% | Overall Differences: State vs SU |
| Sex | Male | 12% | 16% | VT > SU |
| | Female | 10% | 12% | Within SU Differences |
| Grade | Grade 9 | | 8% | Too few students in at least one grade |
| | Grade 10 | 8% | 9% | |
| | Grade 11 | 10% | 15% | |
| | Grade 12 | 19% | 21% | |



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

| RODE W | VITH A DRI | VER WHO | HAD BEI | EN DRINKING ALCOHOL, PAST 30 DAY |
|---------|------------|---------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 14% | 18% | Overall Differences: State vs SU |
| Sex | Male | 15% | 17% | VT > SU |
| | Female | 14% | 19% | Within SU Differences |
| Grade | Grade 9 | 17% | 17% | |
| | Grade 10 | 15% | 18% | |
| | Grade 11 | 12% | 18% | |
| | Grade 12 | 14% | 18% | |

| RODE | WITH A DR | IVER WHO | O HAD BE | EEN USING MARIJUANA, PAST 30 DAYS |
|---------|-----------|----------|----------|-----------------------------------|
| | | SU/SD | VT | |
| Overall | | 17% | 20% | Overall Differences: State vs SU |
| Sex | Male | 19% | 20% | VT > SU |
| | Female | 16% | 20% | Within SU Differences |
| Grade | Grade 9 | 16% | 13% | |
| | Grade 10 | 16% | 18% | |
| | Grade 11 | 16% | 22% | |
| | Grade 12 | 21% | 28% | |



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

| TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS | | | | | |
|---|----------|-------|-----|--|--|
| | | SU/SD | VT | | |
| Overall | | 34% | 34% | Overall Differences: State vs SU | |
| Sex | Male | 33% | 34% | VT and SU are Similar | |
| | Female | 34% | 34% | Within SU Differences | |
| Grade | Grade 9 | | 9% | Too few students in at least one grade | |
| | Grade 10 | 19% | 16% | | |
| | Grade 11 | 43% | 42% | | |
| | Grade 12 | 55% | 53% | | |



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

| HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR | | | | | |
|--|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Never wore a helmet | | 11% | Too few students | | |
| Rarely wore a helmet | | 3% | Too few students | | |
| Sometimes wore a helmet | | 3% | Too few students | | |
| Most of the time wore a helmet | 8% | 9% | | | |
| Always wore a helmet | 85% | 74% | SU > VT | | |

| RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR | | | | |
|---|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 6% | 14% | Overall Differences: State vs SU |
| Sex | Male | | 17% | VT > SU |
| | Female | | 9% | Within SU Differences |
| Grade | Grade 9 | | 11% | Too few students by sex |
| | Grade 10 | | 13% | Too few students in at least one grade |
| | Grade 11 | | 15% | |
| | Grade 12 | | 15% | |



SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY **ACTIVE, PAST YEAR** SU/SD VT Overall Overall Differences: State vs SU 26% 18% SU > VTSex Male 31% 20% Female 22% 16% Within SU Differences Grade Grade 9 25% 20% Males > Females Grade 10 28% 18% Grade 11 25% 17% Grade 12 25% 16%



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

| WERE | WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR | | | | |
|---------|---|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 57% | 54% | Overall Differences: State vs SU | |
| Sex | Male | 56% | 51% | VT and SU are Similar | |
| | Female | 58% | 58% | Within SU Differences | |
| Grade | Grade 9 | 57% | 47% | | |
| | Grade 10 | 58% | 53% | | |
| | Grade 11 | 57% | 58% | | |
| | Grade 12 | 55% | 61% | | |

| MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS | | | | | |
|---|----------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | | 64% | 55% | Overall Differences: State vs SU | |
| Sex | Male | 65% | 53% | SU > VT | |
| | Female | 62% | 56% | Within SU Differences | |
| Grade | Grade 9 | 71% | 57% | 9 > 10 | |
| | Grade 10 | 61% | 56% | 9 > 12 | |
| | Grade 11 | 65% | 54% | 11 > 12 | |
| | Grade 12 | 56% | 52% | | |



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

| WERE 1 | IN THE SAM | IE CAR AS | | NE WHO WAS SMOKING CIGARETTES, 7 DAYS |
|---------|------------|-----------|-----|--|
| | | SU/SD | VT | |
| Overall | - | 23% | 23% | Overall Differences: State vs SU |
| Sex | Male | 20% | 23% | VT and SU are Similar |
| | Female | 25% | 23% | Within SU Differences |
| Grade | Grade 9 | 19% | 22% | |
| | Grade 10 | 23% | 23% | |
| | Grade 11 | 26% | 23% | |
| | Grade 12 | 22% | 24% | |

| WERE I | N THE SAM | E ROOM A | | ONE WHO WAS SMOKING CIGARETTES, 7 DAYS |
|---------|-----------|----------|-----|---|
| | | SU/SD | VT | |
| Overall | | 36% | 33% | Overall Differences: State vs SU |
| Sex | Male | 32% | 33% | VT and SU are Similar |
| | Female | 40% | 33% | Within SU Differences |
| Grade | Grade 9 | 40% | 32% | Females > Males |
| | Grade 10 | 37% | 33% | 9 > 12 |
| | Grade 11 | 36% | 33% | |
| | Grade 12 | 30% | 36% | |



SECTION 3: MENTAL HEALTH

| | | | EY STOPI | ST EVERY DAY FOR TWO WEEKS OR PED DOING SOME USUAL ACTIVITIES, CYEAR |
|---------|----------|-------|----------|--|
| | | SU/SD | VT | |
| Overall | | 24% | 25% | Overall Differences: State vs SU |
| Sex | Male | 14% | 16% | VT and SU are Similar |
| | Female | 33% | 35% | Within SU Differences |
| Grade | Grade 9 | 30% | 23% | Females > Males |
| | Grade 10 | 25% | 26% | 9 > 12 |
| | Grade 11 | 24% | 26% | 10 > 12 |
| | Grade 12 | 16% | 26% | 11 > 12 |

| DID SO | METHING 1 | O PURPO | | RT THEMSELVES WITHOUT WANTING PAST YEAR |
|---------|-----------|---------|-----|--|
| | | SU/SD | VT | |
| Overall | _ | 17% | 16% | Overall Differences: State vs SU |
| Sex | Male | 9% | 9% | VT and SU are Similar |
| | Female | 25% | 25% | Within SU Differences |
| Grade | Grade 9 | 25% | 18% | Females > Males |
| | Grade 10 | 13% | 18% | 9 > 10 |
| | Grade 11 | 22% | 16% | 9 > 12 |
| | Grade 12 | 11% | 14% | 11 > 10 |
| | | | | 11 > 12 |



SECTION 3: MENTAL HEALTH

| MADE | A PLAN AB | OUT HOW | THEY W | OULD ATTEMPT SUICIDE, PAST YEAR |
|---------|-----------|---------|--------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 11% | 11% | Overall Differences: State vs SU |
| Sex | Male | 7% | 7% | VT and SU are Similar |
| | Female | 15% | 15% | Within SU Differences |
| Grade | Grade 9 | 16% | 11% | Females > Males |
| | Grade 10 | 11% | 12% | 9 > 12 |
| | Grade 11 | 10% | 11% | |
| | Grade 12 | 8% | 10% | |

| | | ATTEM | PTED SU | ICIDE, PAST YEAR |
|---------|----------|-------|---------|--|
| | | SU/SD | VT | |
| Overall | | 4% | 5% | Overall Differences: State vs SU |
| Sex | Male | 2% | 4% | VT and SU are Similar |
| | Female | 6% | 7% | Within SU Differences |
| Grade | Grade 9 | 7% | 6% | Females > Males |
| | Grade 10 | 5% | 6% | Too few students in at least one grade |
| | Grade 11 | 4% | 5% | |
| | Grade 12 | | 4% | |



SECTION 4: SUBSTANCE USE

| | | EVER SM | OKED A V | WHOLE CIGARETTE |
|---------|----------|---------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 23% | 24% | Overall Differences: State vs SU |
| Sex | Male | 21% | 26% | VT and SU are Similar |
| | Female | 23% | 22% | Within SU Differences |
| Grade | Grade 9 | 19% | 17% | |
| | Grade 10 | 24% | 21% | |
| | Grade 11 | 25% | 28% | |
| | Grade 12 | 23% | 31% | |

| | SMO | KED A CI | GARETT | E BEFORE AGE 13 YEARS |
|---------|----------|----------|--------|--|
| | | SU/SD | VT | |
| Overall | _ | 7% | 8% | Overall Differences: State vs SU |
| Sex | Male | 7% | 9% | VT and SU are Similar |
| | Female | 7% | 6% | Within SU Differences |
| Grade | Grade 9 | 9% | 8% | Too few students in at least one grade |
| | Grade 10 | 7% | 8% | |
| | Grade 11 | 8% | 8% | |
| | Grade 12 | | 7% | |



SECTION 4: SUBSTANCE USE LIFETIME USE

| | EVE | R USED AN | N ELECT | RONIC VAPOR PRODUCT |
|---------|----------|-----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 36% | 34% | Overall Differences: State vs SU |
| Sex | Male | 43% | 37% | VT and SU are Similar |
| | Female | 29% | 31% | Within SU Differences |
| Grade | Grade 9 | 29% | 23% | Males > Females |
| | Grade 10 | 32% | 31% | 12 > 9 |
| | Grade 11 | 37% | 38% | 12 > 10 |
| | Grade 12 | 46% | 44% | |

| | EVE | R TRIED I | FLAVORE | ED TOBACCO PRODUCTS |
|---------|----------|-----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 23% | 21% | Overall Differences: State vs SU |
| Sex | Male | 28% | 24% | VT and SU are Similar |
| | Female | 17% | 17% | Within SU Differences |
| Grade | Grade 9 | 16% | 12% | Males > Females |
| | Grade 10 | 22% | 17% | 12 > 9 |
| | Grade 11 | 19% | 24% | 12 > 10 |
| | Grade 12 | 33% | 30% | 12 > 11 |



SECTION 4: SUBSTANCE USE

| | | EV | ER DRAN | NK ALCOHOL |
|---------|----------|-------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 57% | 58% | Overall Differences: State vs SU |
| Sex | Male | 55% | 57% | VT and SU are Similar |
| | Female | 60% | 58% | Within SU Differences |
| Grade | Grade 9 | 47% | 41% | 11 > 9 |
| | Grade 10 | 54% | 54% | 12 > 9 |
| | Grade 11 | 63% | 65% | 12 > 10 |
| | Grade 12 | 67% | 71% | |

| | D | RANK AL(| COHOL B | EFORE AGE 13 YEARS |
|---------|----------|----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 13% | 14% | Overall Differences: State vs SU |
| Sex | Male | 12% | 16% | VT and SU are Similar |
| | Female | 13% | 11% | Within SU Differences |
| Grade | Grade 9 | 17% | 17% | 9 > 12 |
| | Grade 10 | 12% | 13% | |
| | Grade 11 | 11% | 13% | |
| | Grade 12 | 10% | 11% | |



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| | | EV | ER USED | MARIJUANA |
|---------|----------|-------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 35% | 37% | Overall Differences: State vs SU |
| Sex | Male | 33% | 37% | VT and SU are Similar |
| | Female | 36% | 37% | Within SU Differences |
| Grade | Grade 9 | 24% | 23% | 10 > 9 |
| | Grade 10 | 34% | 34% | 11 > 9 |
| | Grade 11 | 38% | 42% | 12 > 9 |
| | Grade 12 | 44% | 50% | 12 > 10 |

| | TR | RIED MAR | IJUANA 1 | BEFORE AGE 13 YEARS |
|---------|----------|----------|----------|--|
| | | SU/SD | VT | |
| Overall | | 6% | 6% | Overall Differences: State vs SU |
| Sex | Male | 7% | 7% | VT and SU are Similar |
| | Female | 4% | 5% | Within SU Differences |
| Grade | Grade 9 | 4% | 6% | Too few students in at least one grade |
| | Grade 10 | 11% | 6% | |
| | Grade 11 | 5% | 6% | |
| | Grade 12 | | 5% | |



SECTION 4: SUBSTANCE USE

| | EVE | R MISUSEI | D PRESC | RIPTION PAIN MEDICINE |
|---------|----------|-----------|---------|--|
| | | SU/SD | VT | _ |
| Overall | | 6% | 8% | Overall Differences: State vs SU |
| Sex | Male | 6% | 8% | VT > SU |
| | Female | 6% | 7% | Within SU Differences |
| Grade | Grade 9 | 6% | 6% | Too few students in at least one grade |
| | Grade 10 | 6% | 7% | |
| | Grade 11 | 11% | 8% | |
| | Grade 12 | | 9% | |

| | EV | ER MISUSI | ED PRES | CRIPTION STIMULANTS |
|---------|----------|-----------|---------|--|
| | | SU/SD | VT | |
| Overall | _ | 3% | 6% | Overall Differences: State vs SU |
| Sex | Male | 3% | 7% | VT > SU |
| | Female | 3% | 6% | Within SU Differences |
| Grade | Grade 9 | | 4% | Too few students in at least one grade |
| | Grade 10 | | 6% | |
| | Grade 11 | 5% | 6% | |
| | Grade 12 | | 9% | |



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| | | E | VER USI | ED COCAINE |
|---------|----------|-------|---------|--|
| | | SU/SD | VT | _ |
| Overall | | 2% | 4% | Overall Differences: State vs SU |
| Sex | Male | | 5% | VT > SU |
| | Female | • | 3% | Within SU Differences |
| Grade | Grade 9 | · | 2% | Too few students by sex |
| | Grade 10 | | 3% | Too few students in at least one grade |
| | Grade 11 | | 4% | |
| | Grade 12 | | 6% | |

| | | EV | ER USEI |) INHALANTS |
|---------|----------|-------|---------|--|
| | | SU/SD | VT | |
| Overall | | 5% | 6% | Overall Differences: State vs SU |
| Sex | Male | 3% | 6% | VT > SU |
| | Female | 6% | 6% | Within SU Differences |
| Grade | Grade 9 | 8% | 6% | Females > Males |
| | Grade 10 | | 6% | Too few students in at least one grade |
| | Grade 11 | 6% | 6% | |
| | Grade 12 | | 6% | |



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| | | I | EVER US | ED HEROIN |
|---------|----------|-------|---------|--|
| | | SU/SD | VT | _ |
| Overall | | | 2% | Overall Differences: State vs SU |
| Sex | Male | | 3% | Too few students |
| | Female | | 1% | Within SU Differences |
| Grade | Grade 9 | · | 1% | Too few students by sex |
| | Grade 10 | | 2% | Too few students in at least one grade |
| | Grade 11 | | 2% | |
| | Grade 12 | | 2% | |

| | | EVER US | SED MET | HAMPHETAMINES |
|---------|----------|---------|---------|--|
| | | SU/SD | VT | |
| Overall | | · | 2% | Overall Differences: State vs SU |
| Sex | Male | | 3% | Too few students |
| | Female | | 1% | Within SU Differences |
| Grade | Grade 9 | | 1% | Too few students by sex |
| | Grade 10 | | 2% | Too few students in at least one grade |
| | Grade 11 | | 2% | |
| | Grade 12 | • | 3% | |



SECTION 4: SUBSTANCE USE

| | USED ANY | TOBACC | O PRODU | UCTS DURING THE PAST YEAR |
|---------|----------|--------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 22% | 24% | Overall Differences: State vs SU |
| Sex | Male | 27% | 28% | VT and SU are Similar |
| | Female | 16% | 18% | Within SU Differences |
| Grade | Grade 9 | 10% | 14% | Males > Females |
| | Grade 10 | 24% | 20% | 10 > 9 |
| | Grade 11 | 23% | 26% | 11 > 9 |
| | Grade 12 | 29% | 33% | 12 > 9 |

| SMOR | | | | OR USED SMOKELESS TOBACCO OR RODUCTS, PAST 30 DAYS |
|---------|----------|-------|-----|---|
| | | SU/SD | VT | |
| Overall | _ | 19% | 19% | Overall Differences: State vs SU |
| Sex | Male | 23% | 23% | VT and SU are Similar |
| | Female | 15% | 14% | Within SU Differences |
| Grade | Grade 9 | 10% | 11% | Males > Females |
| | Grade 10 | 22% | 16% | 10 > 9 |
| | Grade 11 | 21% | 22% | 11 > 9 |
| | Grade 12 | 24% | 28% | 12 > 9 |



SECTION 4: SUBSTANCE USE

| SMOKE | ED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 3 DAYS | | | |
|---------|---|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 16% | 15% | Overall Differences: State vs SU |
| Sex | Male | 19% | 19% | VT and SU are Similar |
| | Female | 14% | 11% | Within SU Differences |
| Grade | Grade 9 | 9% | 8% | 10 > 9 |
| | Grade 10 | 18% | 12% | 11 > 9 |
| | Grade 11 | 18% | 17% | 12 > 9 |
| | Grade 12 | 21% | 22% | |

| | | SMOKED | CIGARE | TTES, PAST 30 DAYS |
|---------|----------|--------|--------|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 8% | 9% | Overall Differences: State vs SU |
| Sex | Male | 8% | 10% | VT and SU are Similar |
| | Female | 8% | 8% | Within SU Differences |
| Grade | Grade 9 | 6% | 5% | 11 > 9 |
| | Grade 10 | 7% | 7% | |
| | Grade 11 | 12% | 11% | |
| | Grade 12 | 7% | 13% | |



SECTION 4: SUBSTANCE USE

| AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES | | | | | | |
|---|-------|-----|------------------|--|--|--|
| | SU/SD | VT | | | | |
| 1 or 2 days | • | 29% | Too few students | | | |
| 3 to 5 days | • | 15% | Too few students | | | |
| 6 to 9 days | • | 10% | Too few students | | | |
| 10 to 19 days | • | 12% | Too few students | | | |
| 20 to 29 days | • | 9% | Too few students | | | |
| All 30 days | ٠ | 25% | Too few students | | | |

| A | MONG CUR | RENT SMO | OKERS: S | MOKE CIGARETTES EVERY DAY |
|---------|----------|----------|----------|--|
| | | SU/SD | VT | |
| Overall | _ | | 25% | Overall Differences: State vs SU |
| Sex | Male | | 27% | Too few students |
| | Female | | 20% | Within SU Differences |
| Grade | Grade 9 | | 24% | Too few students by sex |
| | Grade 10 | | 21% | Too few students in at least one grade |
| | Grade 11 | | 23% | |
| | Grade 12 | | 26% | |



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED | | | | | |
|---|--|-----|------------------|--|--|
| SU/SD VT | | | | | |
| Less than 1 cigarette | | 30% | Too few students | | |
| 1 cigarette | | 19% | Too few students | | |
| 2 to 5 cigarettes | | 30% | Too few students | | |
| 6 to 10 cigarettes | | 9% | Too few students | | |
| 11 to 20 cigarettes | | 4% | Too few students | | |
| More than 20 cigarettes | | 8% | Too few students | | |

| AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED | | | | | |
|--|----------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | _ | | 12% | Overall Differences: State vs SU | |
| Sex | Male | | 15% | Too few students | |
| | Female | | 6% | Within SU Differences | |
| Grade | Grade 9 | | 12% | | |
| | Grade 10 | | 8% | | |
| | Grade 11 | | 10% | | |
| | Grade 12 | | 12% | | |



SECTION 4: SUBSTANCE USE

| | USED E | LECTRON | IC VAPO | R PRODUCTS, PAST 30 DAYS |
|---------|----------|---------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 12% | 12% | Overall Differences: State vs SU |
| Sex | Male | 17% | 14% | VT and SU are Similar |
| | Female | 7% | 9% | Within SU Differences |
| Grade | Grade 9 | 8% | 7% | Males > Females |
| | Grade 10 | 13% | 10% | 12 > 9 |
| | Grade 11 | 9% | 13% | 12 > 11 |
| | Grade 12 | 18% | 17% | |

| AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE | | | | | |
|---|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Friend/family used them | 41% | 35% | SU > VT | | |
| To try to quit other tobacco | 5% | 5% | | | |
| Cost less than other tobacco | • | 1% | Too few students | | |
| Easier to get than other tobacco | | 1% | Too few students | | |
| Less harmful than other tobacco | 7% | 8% | | | |
| Available in flavors | 15% | 17% | | | |
| Used for some other reason | 30% | 33% | | | |



SECTION 4: SUBSTANCE USE

| AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE | | | | | | |
|---|---|-----|------------------|--|--|--|
| SU/SD VT | | | | | | |
| 1 or 2 days | | 37% | Too few students | | | |
| 3 to 5 days | | 19% | Too few students | | | |
| 6 to 9 days | • | 11% | Too few students | | | |
| 10 to 19 days | • | 12% | Too few students | | | |
| 20 to 29 days | • | 7% | Too few students | | | |
| All 30 days | • | 15% | Too few students | | | |

| AMON | AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS | | | | | |
|---------|--|-------|-----|--|--|--|
| | | SU/SD | VT | | | |
| Overall | | | 33% | Overall Differences: State vs SU | | |
| Sex | Male | | 37% | Too few students | | |
| | Female | | 26% | Within SU Differences | | |
| Grade | Grade 9 | | 29% | Too few students by sex | | |
| | Grade 10 | | 36% | Too few students in at least one grade | | |
| | Grade 11 | | 31% | | | |
| | Grade 12 | | 34% | | | |



SECTION 4: SUBSTANCE USE

| AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18 | | | | | |
|--|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Bought them in a store | | 8% | Too few students | | |
| I got them on the Internet | | 10% | Too few students | | |
| Someone else bought them | • | 14% | Too few students | | |
| Borrowed them | • | 38% | Too few students | | |
| A person 18 or older gave me | • | 11% | Too few students | | |
| Took them from a store | • | 2% | Too few students | | |
| Some other way | | 18% | Too few students | | |

| | US | ED SMOK | ELESS TO | OBACCO, PAST 30 DAYS |
|---------|----------|---------|----------|--|
| | | SU/SD | VT | |
| Overall | | 5% | 5% | Overall Differences: State vs SU |
| Sex | Male | 10% | 8% | VT and SU are Similar |
| | Female | • | 2% | Within SU Differences |
| Grade | Grade 9 | · | 3% | Too few students by sex |
| | Grade 10 | 7% | 5% | Too few students in at least one grade |
| | Grade 11 | | 6% | |
| | Grade 12 | 10% | 7% | |



SECTION 4: SUBSTANCE USE

| SM | OKED CIGA | ARS, CIGA | RILLOS, | OR LITTLE CIGARS, PAST 30 DAYS |
|---------|-----------|-----------|---------|----------------------------------|
| | | SU/SD | VT | _ |
| Overall | | 13% | 9% | Overall Differences: State vs SU |
| Sex | Male | 16% | 13% | SU > VT |
| | Female | 10% | 6% | Within SU Differences |
| Grade | Grade 9 | 7% | 4% | Males > Females |
| | Grade 10 | 17% | 7% | 10 > 9 |
| | Grade 11 | 11% | 10% | 12 > 9 |
| | Grade 12 | 16% | 15% | |

| TRIED ' | TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR | | | | | |
|---------|--|-------|-----|--|--|--|
| | | SU/SD | VT | | | |
| Overall | - | 41% | 33% | Overall Differences: State vs SU | | |
| Sex | Male | | 30% | SU > VT | | |
| | Female | | 37% | Within SU Differences | | |
| Grade | Grade 9 | | 33% | Too few students by sex | | |
| | Grade 10 | | 35% | Too few students in at least one grade | | |
| | Grade 11 | | 32% | | | |
| | Grade 12 | | 32% | | | |



SECTION 4: SUBSTANCE USE

| | | DRANK | ALCOH | OL, PAST 30 DAYS |
|---------|----------|-------|-------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 27% | 33% | Overall Differences: State vs SU |
| Sex | Male | 30% | 32% | VT > SU |
| | Female | 25% | 34% | Within SU Differences |
| Grade | Grade 9 | 20% | 20% | 11 > 9 |
| | Grade 10 | 26% | 30% | 12 > 9 |
| | Grade 11 | 29% | 36% | |
| | Grade 12 | 33% | 46% | |

| | | BING | E DRANI | K, PAST 30 DAYS |
|---------|----------|-------|---------|--|
| | | SU/SD | VT | |
| Overall | | 10% | 17% | Overall Differences: State vs SU |
| Sex | Male | 14% | 17% | VT > SU |
| | Female | 6% | 17% | Within SU Differences |
| Grade | Grade 9 | | 8% | Males > Females |
| | Grade 10 | 10% | 14% | Too few students in at least one grade |
| | Grade 11 | 5% | 19% | |
| | Grade 12 | 21% | 27% | |



SECTION 4: SUBSTANCE USE

| AMO | AMONG CURRENT USERS: FREQUENCY OF DRINKING | | | | | | |
|---------------|--|-----|------------------|--|--|--|--|
| | SU/SD | VT | | | | | |
| 1 or 2 days | 56% | 49% | SU > VT | | | | |
| 3 to 5 days | 30% | 26% | | | | | |
| 6 to 9 days | 11% | 13% | | | | | |
| 10 to 19 days | | 7% | Too few students | | | | |
| 20 to 29 days | • | 2% | Too few students | | | | |
| All 30 days | • | 3% | Too few students | | | | |

| | AMC | NG CURR | ENT USE | RS: DRANK ON 10+ DAYS |
|---------|----------|---------|---------|--|
| | | SU/SD | VT | |
| Overall | <u>-</u> | · | 12% | Overall Differences: State vs SU |
| Sex | Male | | 15% | Too few students |
| | Female | • | 9% | Within SU Differences |
| Grade | Grade 9 | · | 11% | Too few students by sex |
| | Grade 10 | | 11% | Too few students in at least one grade |
| | Grade 11 | | 12% | |
| | Grade 12 | | 13% | |



| AMONG | AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED | | | | | | |
|-------------------|--|-----|------------------|--|--|--|--|
| | SU/SD | VT | | | | | |
| 1 or 2 drinks | 52% | 35% | SU > VT | | | | |
| 3 drinks | 6% | 6% | | | | | |
| 4 drinks | | 8% | Too few students | | | | |
| 5 drinks | 11% | 13% | | | | | |
| 6 or 7 drinks | 12% | 15% | | | | | |
| 8 or 9 drinks | 9% | 8% | | | | | |
| 10 or more drinks | 8% | 14% | VT > SU | | | | |

| | AMONG CU | RRENT US | SERS: BIN | NGE DRANK (4+ females; 5+ males) |
|---------|----------|----------|-----------|--|
| | | SU/SD | VT | |
| Overall | | 42% | 57% | Overall Differences: State vs SU |
| Sex | Male | | 59% | VT > SU |
| | Female | | 55% | Within SU Differences |
| Grade | Grade 9 | | 46% | Too few students by sex |
| | Grade 10 | | 53% | Too few students in at least one grade |
| | Grade 11 | | 57% | |
| | Grade 12 | | 63% | |



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY MILTON SD (SU010) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| AMONG CURRENT USERS: ALCOHOL SOURCE | | | | | |
|-------------------------------------|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Bought in store | | 3% | Too few students | | |
| Bought in restaurant | | 2% | Too few students | | |
| Bought at public event | | 0% | Too few students | | |
| I gave someone money to buy | 17% | 23% | VT > SU | | |
| Someone gave it to me | 33% | 40% | VT > SU | | |
| Took from store/family | 17% | 12% | SU > VT | | |
| Some other way | 33% | 20% | SU > VT | | |

| | | USED M | IARIJUA | NA, PAST 30 DAYS |
|---------|----------|--------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 21% | 24% | Overall Differences: State vs SU |
| Sex | Male | 23% | 24% | VT > SU |
| | Female | 19% | 23% | Within SU Differences |
| Grade | Grade 9 | 12% | 15% | 10 > 9 |
| | Grade 10 | 25% | 22% | 11 > 9 |
| | Grade 11 | 20% | 25% | 12 > 9 |
| | Grade 12 | 26% | 32% | |



SECTION 4: SUBSTANCE USE

| AMONG | CURRENT | USERS: |
|------------------|---------|--------|
| | SU/SD | VT |
| 1 or 2 times | 33% | 34% |
| 3 to 9 times | 23% | 25% |
| 10 to 19 times | 15% | 12% |
| 20 to 39 times | 8% | 10% |
| 40 or more times | 21% | 20% |

| | AMONG | CURRENT | USERS: | USED MARIJUANA 10+ TIMES |
|---------|----------|---------|--------|--|
| | | SU/SD | VT | |
| Overall | | 44% | 41% | Overall Differences: State vs SU |
| Sex | Male | | 47% | VT and SU are Similar |
| | Female | | 35% | Within SU Differences |
| Grade | Grade 9 | | 37% | Too few students by sex |
| | Grade 10 | | 40% | Too few students in at least one grade |
| | Grade 11 | | 41% | |
| | Grade 12 | | 43% | |



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY MILTON SD (SU010) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED | | | | | |
|---|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Smoked it | 96% | 91% | SU > VT | | |
| Ate in food | • | 4% | Too few students | | |
| Drank in tea or other drink | | 1% | Too few students | | |
| Vaporized | • | 2% | Too few students | | |
| Some other way | • | 2% | Too few students | | |

| | MISU | JSED A PR | ESCRIPT | TION DRUG, PAST 30 DAYS |
|---------|----------|-----------|---------|--|
| | | SU/SD | VT | |
| Overall | _ | 3% | 5% | Overall Differences: State vs SU |
| Sex | Male | 3% | 6% | VT > SU |
| | Female | | 5% | Within SU Differences |
| Grade | Grade 9 | | 4% | Too few students by sex |
| | Grade 10 | | 5% | Too few students in at least one grade |
| | Grade 11 | | 5% | |
| | Grade 12 | | 7% | |



SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

| WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, P YEAR | | | | |
|---|----------|-------|-----|--|
| | | SU/SD | VT | |
| Overall | | 10% | 15% | Overall Differences: State vs SU |
| Sex | Male | 12% | 17% | VT > SU |
| | Female | 8% | 13% | Within SU Differences |
| Grade | Grade 9 | 10% | 14% | Too few students in at least one grade |
| | Grade 10 | 9% | 16% | |
| | Grade 11 | 18% | 16% | |
| | Grade 12 | | 14% | |

| ATTE | ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR | | | | |
|---------|--|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | | 10% | 13% | Overall Differences: State vs SU | |
| Sex | Male | 13% | 14% | VT > SU | |
| | Female | 7% | 12% | Within SU Differences | |
| Grade | Grade 9 | 9% | 9% | Males > Females | |
| | Grade 10 | 9% | 12% | | |
| | Grade 11 | 10% | 14% | | |
| | Grade 12 | 11% | 18% | | |



PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 28% 25% SU > VTSex Male 23% 25% Female 33% 24% Within SU Differences Grade Grade 9 30% 32% Females > Males Grade 10 10 > 12 34% 26% Grade 11 10 > 1124% 21% Grade 12 23% 20%

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES | | | | |
|---|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 84% | 84% | Overall Differences: State vs SU |
| Sex | Male | 82% | 82% | VT and SU are Similar |
| | Female | 86% | 86% | Within SU Differences |
| Grade | Grade 9 | 86% | 90% | 9 > 12 |
| | Grade 10 | 84% | 88% | 11 > 12 |
| | Grade 11 | 87% | 83% | |
| | Grade 12 | 78% | 75% | |



PERCEPTIONS OF USE

| THIN | NK IT IS WR | ONG OR | | ONG FOR SOMEONE THEIR AGE TO ALCOHOL |
|---------|-------------|--------|-----|--------------------------------------|
| | | SU/SD | VT | |
| Overall | | 58% | 54% | Overall Differences: State vs SU |
| Sex | Male | 56% | 55% | SU > VT |
| | Female | 61% | 54% | Within SU Differences |
| Grade | Grade 9 | 71% | 71% | 9 > 10 |
| | Grade 10 | 60% | 59% | 9 > 11 |
| | Grade 11 | 59% | 48% | 9 > 12 |
| | Grade 12 | 45% | 39% | 10 > 12 |
| | | | | 11 > 12 |

| THINK | IT IS WRO | NG OR VE | | NG FOR SOMEONE THEIR AGE TO USE IJUANA |
|---------|-----------|----------|-----|---|
| | | SU/SD | VT | |
| Overall | | 56% | 55% | Overall Differences: State vs SU |
| Sex | Male | 59% | 56% | VT and SU are Similar |
| | Female | 53% | 55% | Within SU Differences |
| Grade | Grade 9 | 59% | 69% | 9 > 12 |
| | Grade 10 | 60% | 60% | 10 > 12 |
| | Grade 11 | 54% | 51% | |
| | Grade 12 | 50% | 42% | |



PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES VT SU/SD Overall 96% 91% Overall Differences: State vs SU 97% SU > VTSex Male 90% Female 95% 93% Within SU Differences Grade Grade 9 96% 94% 10 > 12Grade 10 98% 94% Grade 11 91% 96% Grade 12 93% 87%

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL | | | | | |
|---|----------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | | 72% | 66% | Overall Differences: State vs SU | |
| Sex | Male | 69% | 64% | SU > VT | |
| | Female | 75% | 67% | Within SU Differences | |
| Grade | Grade 9 | 80% | 78% | Females > Males | |
| | Grade 10 | 74% | 71% | 9 > 12 | |
| | Grade 11 | 77% | 63% | 10 > 12 | |
| | Grade 12 | 56% | 50% | 11 > 12 | |



PERCEPTIONS OF USE

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA | | | | | |
|---|----------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 84% | 76% | Overall Differences: State vs SU | |
| Sex | Male | 86% | 75% | SU > VT | |
| | Female | 83% | 77% | Within SU Differences | |
| Grade | Grade 9 | 86% | 83% | 10 > 12 | |
| | Grade 10 | 90% | 79% | 10 > 11 | |
| | Grade 11 | 80% | 75% | | |
| | Grade 12 | 81% | 69% | | |

| PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY | | | | | | |
|---|-------|-----|---------|--|--|--|
| | SU/SD | VT | | | | |
| No risk | 3% | 5% | VT > SU | | | |
| Slight risk | 9% | 9% | | | | |
| Moderate risk | 18% | 18% | | | | |
| Great risk | 71% | 68% | SU > VT | | | |



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY SU/SD VT Overall 71% Overall Differences: State vs SU 68% SU > VTSex Male 72% 66% 70% Female 69% Within SU Differences Grade Grade 9 64% 64% 10 > 9 Grade 10 74% 68% 12 > 9 Grade 11 12 > 1167% 68% Grade 12 76% 72%

| PERCEIVE | ED RISK O | F HARM | FROM BINGE DRINKING EACH WEEK |
|---------------|-----------|--------|-------------------------------|
| | SU/SD | VT | |
| No risk | 4% | 6% | VT > SU |
| Slight risk | 21% | 19% | |
| Moderate risk | 41% | 39% | |
| Great risk | 34% | 36% | |



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND SU/SD VT Overall Overall Differences: State vs SU 34% 36% Sex Male 30% VT and SU are Similar 32% Female 37% 41% Within SU Differences Grade Grade 9 39% 38% Females > Males 9 > 10 Grade 10 29% 39% Grade 11 9 > 1242% 35% 32% Grade 12 26% 11 > 10 11 > 12

| PERCEIV | VED RISK | OF HARI | M FROM REGULAR MARIJUANA USE |
|---------------|----------|---------|------------------------------|
| | SU/SD | VT | |
| No risk | 18% | 21% | VT > SU |
| Slight risk | 33% | 29% | SU > VT |
| Moderate risk | 24% | 26% | |
| Great risk | 25% | 24% | |



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

| THIN | THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY | | | | |
|---------|--|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | <u> </u> | 25% | 24% | Overall Differences: State vs SU | |
| Sex | Male | 24% | 21% | VT and SU are Similar | |
| | Female | 27% | 28% | Within SU Differences | |
| Grade | Grade 9 | 29% | 32% | 9 > 12 | |
| | Grade 10 | 29% | 26% | 10 > 12 | |
| | Grade 11 | 21% | 22% | 10 > 11 | |
| | Grade 12 | 20% | 18% | | |

| | PERC | CEIVED A | ACCESS TO CIGARETTES |
|--------------|-------|----------|----------------------|
| | SU/SD | VT | |
| Very hard | 22% | 24% | VT > SU |
| Sort of hard | 24% | 21% | SU > VT |
| Sort of easy | 24% | 22% | |
| Very easy | 31% | 32% | |



PERCEPTIONS OF USE

| SAY IF | THEY WAN | | | IT WOULD BE SORT OF EASY OR VERY THEM TO GET |
|---------|----------|-------|-----|---|
| | | SU/SD | VT | |
| Overall | - | 55% | 55% | Overall Differences: State vs SU |
| Sex | Male | 60% | 57% | VT and SU are Similar |
| | Female | 49% | 52% | Within SU Differences |
| Grade | Grade 9 | 36% | 38% | Males > Females |
| | Grade 10 | 49% | 48% | 10 > 9 |
| | Grade 11 | 55% | 57% | 11 > 9 |
| | Grade 12 | 78% | 75% | 12 > 9 |
| | | | | 12 > 10 |
| | | | | 12 > 11 |

| | PERCEIVED | | | |
|--------------|-----------|-----|--|--|
| | SU/SD | VT | | |
| Very hard | 15% | 15% | | |
| Sort of hard | 17% | 18% | | |
| Sort of easy | 30% | 31% | | |
| Very easy | 38% | 37% | | |



PERCEPTIONS OF USE

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall 69% Overall Differences: State vs SU 68% Sex Male 68% 67% VT and SU are Similar Female 68% 69% Within SU Differences Grade Grade 9 67% 58% Grade 10 72% 67% Grade 11 72% 67% Grade 12 69% 74%

| | PER | CEIVED | ACCESS TO MARIJUANA |
|--------------|-------|--------|---------------------|
| | SU/SD | VT | |
| Very hard | 28% | 27% | |
| Sort of hard | 19% | 15% | SU > VT |
| Sort of easy | 21% | 22% | |
| Very easy | 32% | 37% | VT > SU |



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall 53% Overall Differences: State vs SU 58% VT > SUSex Male 56% 59% Female 50% 57% Within SU Differences Grade Grade 9 41% 43% 10 > 9 Grade 10 11 > 9 51% 56% Grade 11 12 > 956% 65% Grade 12 65% 69% 12 > 10



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

| I | LIFETIME SEXUAL CONTACTS: MALES | | | | |
|--------------------------|---------------------------------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Never had sexual contact | 43% | 42% | | | |
| Females | 55% | 54% | | | |
| Males | | 2% | Too few students | | |
| Females and males | | 2% | Too few students | | |

| LI | LIFETIME SEXUAL CONTACTS: FEMALES | | | | |
|--------------------------|-----------------------------------|-----|---------|--|--|
| | SU/SD | VT | | | |
| Never had sexual contact | 45% | 43% | | | |
| Females | 3% | 2% | | | |
| Males | 48% | 48% | | | |
| Females and males | 4% | 7% | VT > SU | | |



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

| | | EVER H | AD SEXU | AL INTERCOURSE |
|---------|----------|--------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 42% | 40% | Overall Differences: State vs SU |
| Sex | Male | 43% | 40% | VT and SU are Similar |
| | Female | 40% | 40% | Within SU Differences |
| Grade | Grade 9 | 20% | 19% | 10 > 9 |
| | Grade 10 | 38% | 33% | 11 > 9 |
| | Grade 11 | 48% | 48% | 12 > 9 |
| | Grade 12 | 62% | 61% | 12 > 10 |
| | | | | 11 > 10 |
| | | | | 12 > 11 |

| | | HAVE H | AD 4+ LI | FETIME PARTNERS |
|---------|----------|--------|----------|--|
| | | SU/SD | VT | |
| Overall | | 7% | 9% | Overall Differences: State vs SU |
| Sex | Male | 7% | 9% | VT > SU |
| | Female | 7% | 8% | Within SU Differences |
| Grade | Grade 9 | · | 3% | Too few students in at least one grade |
| | Grade 10 | | 6% | |
| | Grade 11 | 9% | 10% | |
| | Grade 12 | 13% | 16% | |



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

| | | E | VER HAI | O ORAL SEX |
|---------|----------|-------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 43% | 42% | Overall Differences: State vs SU |
| Sex | Male | 43% | 42% | VT and SU are Similar |
| | Female | 42% | 42% | Within SU Differences |
| Grade | Grade 9 | 18% | 23% | 10 > 9 |
| | Grade 10 | 42% | 37% | 11 > 9 |
| | Grade 11 | 47% | 49% | 12 > 9 |
| | Grade 12 | 64% | 60% | 12 > 10 |
| | | | | 12 > 11 |

| WER | RE EVER TE | STED FOR | R HUMAN | IMMUNODEFICIENCY VIRUS (HI |
|---------|------------|----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 12% | 10% | Overall Differences: State vs SU |
| Sex | Male | 8% | 9% | VT and SU are Similar |
| | Female | 16% | 12% | Within SU Differences |
| Grade | Grade 9 | 8% | 7% | Females > Males |
| | Grade 10 | 9% | 9% | 11 > 9 |
| | Grade 11 | 14% | 12% | 12 > 9 |
| | Grade 12 | 18% | 14% | 12 > 10 |



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SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

| | HAD SEXU | AL INTER | COURSE | DURING THE PAST 3 MONTHS |
|---------|----------|----------|--------|----------------------------------|
| | | SU/SD | VT | _ |
| Overall | | 33% | 31% | Overall Differences: State vs SU |
| Sex | Male | 33% | 29% | VT and SU are Similar |
| | Female | 33% | 32% | Within SU Differences |
| Grade | Grade 9 | 13% | 13% | 10 > 9 |
| | Grade 10 | 26% | 24% | 11 > 9 |
| | Grade 11 | 39% | 37% | 12 > 9 |
| | Grade 12 | 56% | 48% | 12 > 10 |
| | | | | 11 > 10 |
| | | | | 12 > 11 |

| USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | | | |
|--|----------|-------|-----|--|--|
| | | SU/SD | VT | | |
| Overall | | 11% | 20% | Overall Differences: State vs SU | |
| Sex | Male | 13% | 22% | VT > SU | |
| | Female | 10% | 17% | Within SU Differences | |
| Grade | Grade 9 | | 24% | Too few students in at least one grade | |
| | Grade 10 | | 22% | | |
| | Grade 11 | | 18% | | |
| | Grade 12 | | 19% | | |



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

| PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS | | | | | |
|---|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| No method was used | • | 7% | Too few students | | |
| Birth control pills | 26% | 32% | VT > SU | | |
| Condoms | 36% | 35% | | | |
| IUD or implant | 23% | 13% | SU > VT | | |
| Shot/patch/birth control ring | | 5% | Too few students | | |
| Withdrawal/other method | 6% | 5% | | | |
| Not sure | | 2% | Too few students | | |

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT Overall 53% 50% Overall Differences: State vs SU Sex Male 43% 40% VT and SU are Similar Female 60% 60% Within SU Differences Grade Grade 9 29% Females > Males Grade 10 44% Too few students in at least one grade Grade 11 51% 59% Grade 12



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SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

| CO | NDOM USE, | AMONG (| CURRENT | TLY SEXUALLY ACTIVE STUDENTS |
|---------|-----------|---------|---------|--|
| | | SU/SD | VT | |
| Overall | | 60% | 56% | Overall Differences: State vs SU |
| Sex | Male | 68% | 61% | VT and SU are Similar |
| | Female | 55% | 52% | Within SU Differences |
| Grade | Grade 9 | | 64% | Males > Females |
| | Grade 10 | | 61% | Too few students in at least one grade |
| | Grade 11 | | 58% | |
| | Grade 12 | | 51% | |

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD $\mathbf{V}\mathbf{T}$ Overall 24% 19% Overall Differences: State vs SU Sex Male 24% 15% SU > VT22% Within SU Differences Female 24% Grade Grade 9 12% Too few students in at least one grade Grade 10 19% Grade 11 20% Grade 12 20%



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG **CURRENTLY SEXUALLY ACTIVE STUDENTS** VT SU/SD Overall 7% Overall Differences: State vs SU Sex Male Too few students 8% 7% Female Within SU Differences Grade Grade 9 12% Too few students by sex Grade 10 9% Too few students in at least one grade Grade 11 6% Grade 12 6%



SECTION 6: BMI AND WEIGHT PERCEPTIONS

| OVERV | OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX) | | | | |
|---------|---|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 17% | 14% | Overall Differences: State vs SU | |
| Sex | Male | 16% | 14% | SU > VT | |
| | Female | 17% | 15% | Within SU Differences | |
| Grade | Grade 9 | 14% | 14% | 10 > 9 | |
| | Grade 10 | 21% | 15% | | |
| | Grade 11 | 15% | 14% | | |
| | Grade 12 | 17% | 13% | | |

| | OBESE (BMI >95th PERC | | | ENTILE FOR AGE AND SEX) |
|---------|-----------------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 13% | 13% | Overall Differences: State vs SU |
| Sex | Male | 13% | 15% | VT and SU are Similar |
| | Female | 13% | 10% | Within SU Differences |
| Grade | Grade 9 | 12% | 12% | |
| | Grade 10 | 13% | 12% | |
| | Grade 11 | 11% | 14% | |
| | Grade 12 | 14% | 13% | |



SECTION 6: BMI AND WEIGHT PERCEPTIONS

| | PERCI | EPTIONS | OF OWN WEIGHT | |
|------------------------|-------|---------|------------------|--|
| | SU/SD | VT | | |
| Very underweight | | 2% | Too few students | |
| Slightly underweight | 13% | 12% | | |
| About the right weight | 50% | 56% | VT > SU | |
| Slightly overweight | 29% | 25% | SU > VT | |
| Very overweight | 6% | 5% | | |

| DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT | | | | |
|---|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 36% | 30% | Overall Differences: State vs SU |
| Sex | Male | 26% | 25% | SU > VT |
| | Female | 43% | 36% | Within SU Differences |
| Grade | Grade 9 | 29% | 29% | Females > Males |
| | Grade 10 | 37% | 30% | 11 > 9 |
| | Grade 11 | 41% | 30% | |
| | Grade 12 | 36% | 33% | |

| WHA | WHAT ONE IS TRYING TO DO ABOUT WEIGHT | | | | | |
|---------------------------|---------------------------------------|-----|---------|--|--|--|
| | SU/SD | VT | | | | |
| Lose weight | 49% | 42% | SU > VT | | | |
| Gain weight | 16% | 15% | | | | |
| Stay the same weight | 15% | 18% | VT > SU | | | |
| Not trying to do anything | 20% | 25% | VT > SU | | | |



SECTION 6: BMI AND WEIGHT PERCEPTIONS

| | WERE TRYING TO LOSE WEIGHT | | | TO LOSE WEIGHT |
|---------|----------------------------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 49% | 42% | Overall Differences: State vs SU |
| Sex | Male | 27% | 28% | SU > VT |
| | Female | 68% | 57% | Within SU Differences |
| Grade | Grade 9 | 49% | 41% | Females > Males |
| | Grade 10 | 52% | 42% | 11 > 12 |
| | Grade 11 | 54% | 41% | |
| | Grade 12 | 42% | 44% | |



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

| | DAYS PH | YSICAL | LY ACTIVE (60 MIN), PAST WEEK |
|--------|---------|--------|-------------------------------|
| | SU/SD | VT | |
| 0 days | 14% | 13% | |
| 1 day | 9% | 7% | SU > VT |
| 2 days | 10% | 9% | |
| 3 days | 13% | 12% | |
| 4 days | 12% | 11% | |
| 5 days | 15% | 14% | |
| 6 days | 7% | 10% | VT > SU |
| 7 days | 19% | 25% | VT > SU |

| WERE P | HYSICALLY | Y ACTIVE | AT LEAS | T 60 MINUTES PER DAY ON ALL 7 DAYS |
|---------|-----------|----------|---------|------------------------------------|
| | | SU/SD | VT | |
| Overall | - | 19% | 25% | Overall Differences: State vs SU |
| Sex | Male | 28% | 33% | VT > SU |
| | Female | 10% | 17% | Within SU Differences |
| Grade | Grade 9 | 16% | 27% | Males > Females |
| | Grade 10 | 20% | 27% | |
| | Grade 11 | 20% | 24% | |
| | Grade 12 | 18% | 23% | |



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

| WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK | | | | | |
|---|----------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 42% | 49% | Overall Differences: State vs SU | |
| Sex | Male | 53% | 56% | VT > SU | |
| | Female | 31% | 42% | Within SU Differences | |
| Grade | Grade 9 | 40% | 53% | Males > Females | |
| | Grade 10 | 40% | 50% | | |
| | Grade 11 | 43% | 47% | | |
| | Grade 12 | 44% | 47% | | |

| DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK | | | | |
|--|----------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 14% | 13% | Overall Differences: State vs SU |
| Sex | Male | 10% | 11% | VT and SU are Similar |
| | Female | 16% | 14% | Within SU Differences |
| Grade | Grade 9 | 10% | 10% | Females > Males |
| | Grade 10 | 13% | 12% | |
| | Grade 11 | 16% | 14% | |
| | Grade 12 | 15% | 15% | |



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

| TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK | | | | | |
|---|-------|-----|---------|--|--|
| | SU/SD | VT | | | |
| Do not watch TV | 2% | 3% | VT > SU | | |
| Less than 1 hour per day | 8% | 8% | | | |
| 1 hour per day | 12% | 12% | | | |
| 2 hours per day | 26% | 23% | SU > VT | | |
| 3 hours per day | 19% | 21% | | | |
| 4 hours per day | 13% | 13% | | | |
| 5 or more hours per day | 20% | 19% | | | |

| | WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK | | | | | |
|---------|---|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | _ | 52% | 53% | Overall Differences: State vs SU | | |
| Sex | Male | 50% | 53% | VT and SU are Similar | | |
| | Female | 54% | 52% | Within SU Differences | | |
| Grade | Grade 9 | 50% | 53% | 10 > 9 | | |
| | Grade 10 | 60% | 53% | 10 > 11 | | |
| | Grade 11 | 44% | 51% | 12 > 11 | | |
| | Grade 12 | 56% | 53% | | | |



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

| ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK | | | | | |
|---|----------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 25% | 33% | Overall Differences: State vs SU | |
| Sex | Male | 28% | 32% | VT > SU | |
| | Female | 21% | 33% | Within SU Differences | |
| Grade | Grade 9 | 27% | 33% | Males > Females | |
| | Grade 10 | 24% | 33% | | |
| | Grade 11 | 22% | 32% | | |
| | Grade 12 | 25% | 32% | | |

| AT | E VEGETAI | BLES THR | EE OR M | ORE TIMES PER DAY, PAST WEEK |
|---------|-----------|----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 14% | 18% | Overall Differences: State vs SU |
| Sex | Male | 17% | 18% | VT > SU |
| | Female | 12% | 18% | Within SU Differences |
| Grade | Grade 9 | 14% | 17% | Males > Females |
| | Grade 10 | 15% | 18% | 12 > 11 |
| | Grade 11 | 11% | 17% | |
| | Grade 12 | 18% | 19% | |



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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

| | SODA CO |)NSUMP | ΓΙΟΝ, PAST WEEK |
|---------------------------|---------|--------|-----------------|
| | SU/SD | VT | |
| Did not drink soda or pop | 30% | 37% | VT > SU |
| 1 to 3 times | 42% | 40% | |
| 4 to 6 times | 14% | 12% | SU > VT |
| 1 time per day | 4% | 4% | |
| 2 times per day | 5% | 3% | SU > VT |
| 3 times per day | 2% | 1% | |
| 4 or more times per day | 3% | 3% | |

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK SU/SD VT Overall 11% Overall Differences: State vs SU 14% Sex Male 17% 16% SU > VTWithin SU Differences Female 6% 11% Grade Grade 9 13% 11% Males > Females Grade 10 16% 11% Grade 11 12% 11% Grade 12 13% 12%



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

| SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK | | | | | |
|---|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Did not drink sugar-sweetened | 22% | 28% | VT > SU | | |
| 1 to 3 times | 44% | 44% | | | |
| 4 to 6 times | 20% | 15% | SU > VT | | |
| 1 time per day | 8% | 6% | SU > VT | | |
| 2 times per day | 3% | 3% | | | |
| 3 times per day | | 1% | Too few students | | |
| 4 or more times per day | 3% | 2% | | | |

| DRAN | DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK | | | | | |
|---------|--|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | - | 14% | 12% | Overall Differences: State vs SU | | |
| Sex | Male | 15% | 15% | SU > VT | | |
| | Female | 13% | 9% | Within SU Differences | | |
| Grade | Grade 9 | 17% | 12% | | | |
| | Grade 10 | 12% | 12% | | | |
| | Grade 11 | 14% | 13% | | | |
| | Grade 12 | 13% | 13% | | | |



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY MILTON SD (SU010) REPORT

HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

| | WATER (| CONSUM | PTION, PAST WEEK |
|-------------------------|---------|--------|------------------|
| | SU/SD | VT | |
| Did not drink water | 1% | 4% | VT > SU |
| 1 to 3 times | 8% | 9% | |
| 4 to 6 times | 13% | 11% | SU > VT |
| 1 time per day | 9% | 9% | |
| 2 times per day | 17% | 16% | |
| 3 times per day | 17% | 19% | |
| 4 or more times per day | 34% | 33% | |

| DRA | NK THREE | OR MORI | E GLASSE | CS PER DAY OF WATER, PAST WEEK |
|---------|----------|---------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 52% | 52% | Overall Differences: State vs SU |
| Sex | Male | 49% | 51% | VT and SU are Similar |
| | Female | 53% | 53% | Within SU Differences |
| Grade | Grade 9 | 58% | 50% | 9 > 11 |
| | Grade 10 | 49% | 53% | 12 > 11 |
| | Grade 11 | 44% | 51% | |
| | Grade 12 | 56% | 55% | |



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

| | BRE | AKFAST | CONSUMPTION, PAST WEEK |
|--------|-------|--------|------------------------|
| | SU/SD | VT | |
| 0 days | 7% | 11% | VT > SU |
| 1 day | 7% | 6% | |
| 2 days | 5% | 9% | VT > SU |
| 3 days | 12% | 10% | SU > VT |
| 4 days | 12% | 8% | SU > VT |
| 5 days | 12% | 9% | SU > VT |
| 6 days | 9% | 7% | SU > VT |
| 7 days | 36% | 40% | VT > SU |

| |] | DID NOT E | EAT BREA | AKFAST, PAST WEEK |
|---------|----------|-----------|----------|--|
| | | SU/SD | VT | |
| Overall | | 7% | 11% | Overall Differences: State vs SU |
| Sex | Male | 6% | 11% | VT > SU |
| | Female | 7% | 10% | Within SU Differences |
| Grade | Grade 9 | | 10% | Too few students in at least one grade |
| | Grade 10 | 6% | 11% | |
| | Grade 11 | 5% | 10% | |
| | Grade 12 | 10% | 11% | |



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

| WENT HUNG | WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS | | | | | | | |
|------------------|---|-----|------------------|--|--|--|--|--|
| | SU/SD | VT | | | | | | |
| Never | 74% | 75% | | | | | | |
| Rarely | 15% | 15% | | | | | | |
| Sometimes | 8% | 7% | | | | | | |
| Most of the time | 2% | 2% | | | | | | |
| Always | | 1% | Too few students | | | | | |

| N | MOST OF TH | E TIME O | R ALWA | YS WENT HUNGRY, PAST 30 DAYS |
|---------|------------|----------|--------|--|
| | | SU/SD | VT | |
| Overall | _ | 2% | 3% | Overall Differences: State vs SU |
| Sex | Male | 2% | 3% | VT and SU are Similar |
| | Female | 2% | 2% | Within SU Differences |
| Grade | Grade 9 | | 3% | Too few students in at least one grade |
| | Grade 10 | 4% | 2% | |
| | Grade 11 | | 3% | |
| | Grade 12 | | 3% | |



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

| | | SU/SD | VT | |
|---------|----------|-------|----|--|
| Overall | | 3% | 4% | Overall Differences: State vs SU |
| Sex | Male | | 4% | VT and SU are Similar |
| | Female | 4% | 3% | Within SU Differences |
| Grade | Grade 9 | | 3% | Too few students by sex |
| | Grade 10 | | 3% | Too few students in at least one grade |
| | Grade 11 | | 4% | |
| | Grade 12 | | 5% | |



| AT | ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK | | | | | | |
|--------|--|-----|---------|--|--|--|--|
| | SU/SD | VT | | | | | |
| 0 days | 5% | 9% | VT > SU | | | | |
| 1 day | 4% | 4% | | | | | |
| 2 days | 5% | 4% | | | | | |
| 3 days | 9% | 6% | SU > VT | | | | |
| 4 days | 9% | 8% | | | | | |
| 5 days | 14% | 13% | | | | | |
| 6 days | 12% | 12% | | | | | |
| 7 days | 41% | 44% | | | | | |

| ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK | | | | | | | |
|---|----------|-------|-----|----------------------------------|--|--|--|
| | | SU/SD | VT | | | | |
| Overall | | 77% | 77% | Overall Differences: State vs SU | | | |
| Sex | Male | 82% | 80% | VT and SU are Similar | | | |
| | Female | 72% | 75% | Within SU Differences | | | |
| Grade | Grade 9 | 81% | 83% | Males > Females | | | |
| | Grade 10 | 80% | 81% | 9 > 12 | | | |
| | Grade 11 | 79% | 76% | 10 > 12 | | | |
| | Grade 12 | 67% | 71% | 11 > 12 | | | |



| GRADES EARNED IN SCHOOL | | | | | | | |
|-------------------------|-------|-----|------------------|--|--|--|--|
| | SU/SD | VT | | | | | |
| Mostly A's | 44% | 46% | | | | | |
| Mostly B's | 40% | 39% | | | | | |
| Mostly C's | 14% | 12% | | | | | |
| Mostly D's | | 2% | Too few students | | | | |
| Mostly F's | ٠ | 1% | Too few students | | | | |

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 82% 80% Overall Differences: State vs SU Sex Male 83% 80% VT and SU are Similar 81% 81% Within SU Differences Female Grade Grade 9 74% 78% 11 > 9Grade 10 81% 79% 12 > 9Grade 11 86% 82% Grade 12 86% 83%



| BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS | | | | | | | |
|---|-------|-----|---------|--|--|--|--|
| | SU/SD | VT | | | | | |
| Strongly agree | 15% | 21% | VT > SU | | | | |
| Agree | 46% | 44% | | | | | |
| Not sure | 20% | 19% | | | | | |
| Disagree | 12% | 11% | | | | | |
| Strongly disagree | 7% | 5% | SU > VT | | | | |

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR SU/SD VT Overall 61% 65% Overall Differences: State vs SU Male VT > SUSex 65% 69% Female 58% 61% Within SU Differences Grade Grade 9 Males > Females 58% 67% Grade 10 59% 65% Grade 11 66% 64% Grade 12 63% 63%



| LIKELIHO | OD TO CO | MPLET | E A POST GRADUATION PROGRA |
|---------------------|----------|-------|----------------------------|
| | SU/SD | VT | |
| Definitely will not | 3% | 5% | VT > SU |
| Probably will not | 4% | 5% | |
| Probably will | 23% | 22% | |
| Definitely will | 56% | 57% | |
| Not sure | 13% | 11% | |

| PRO | PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM | | | | | | |
|---------|--|-------|-----|----------------------------------|--|--|--|
| | | SU/SD | VT | | | | |
| Overall | | 79% | 79% | Overall Differences: State vs SU | | | |
| Sex | Male | 78% | 75% | VT and SU are Similar | | | |
| | Female | 80% | 83% | Within SU Differences | | | |
| Grade | Grade 9 | 78% | 74% | 12 > 9 | | | |
| | Grade 10 | 73% | 77% | 12 > 10 | | | |
| | Grade 11 | 78% | 81% | 12 > 11 | | | |
| | Grade 12 | 87% | 83% | | | | |



| HOURS SPEN | NT IN EXT | RACURR | RICULAR ACTIVITIES, TYPICAL WEEK |
|------------------|-----------|--------|----------------------------------|
| | SU/SD | VT | |
| 0 hours | 26% | 33% | VT > SU |
| 1 to 4 hours | 29% | 27% | |
| 5 to 9 hours | 17% | 17% | |
| 10 to 19 hours | 20% | 17% | SU > VT |
| 20 or more hours | 7% | 6% | |

| SPEND 1 | PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK | | | |
|---------|--|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 28% | 24% | Overall Differences: State vs SU |
| Sex | Male | 34% | 24% | SU > VT |
| | Female | 22% | 24% | Within SU Differences |
| Grade | Grade 9 | 15% | 21% | Males > Females |
| | Grade 10 | 34% | 23% | 10 > 9 |
| | Grade 11 | 28% | 24% | 11 > 9 |
| | Grade 12 | 33% | 26% | 12 > 9 |



| N | MATTER T | O PEOP |
|-------------------|----------|--------|
| | SU/SD | VT |
| Strongly agree | 14% | 19% |
| Agree | 43% | 41% |
| Not sure | 27% | 25% |
| Disagree | 10% | 9% |
| Strongly disagree | 6% | 5% |

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 57% 61% Overall Differences: State vs SU Sex Male 65% 65% VT > SUFemale 51% 57% Within SU Differences Grade Grade 9 58% 61% Males > Females Grade 10 59% 60% Grade 11 56% 60% 57% Grade 12 62%



MIDDLE SCHOOL RESULTS MILTON SD (SU010) REPORT

http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

| MIDDLE SCHOOL DEMOGRAPHICS | | | | |
|----------------------------|-------|-------|--|--|
| | SU/SD | VT | | |
| Total | 354 | 16701 | | |

| | | SU/SD | VT |
|--------------------|------------------------------------|-------|-----|
| Sex | Male | 51% | 52% |
| | Female | 49% | 48% |
| Grade | 6th Grade | 34% | 24% |
| | 7th Grade | 31% | 39% |
| | 8th Grade | 35% | 37% |
| Race / Ethnicity | White, non-Hispanic (WnH) | 96% | 81% |
| | Students of Color (REM) | 4% | 19% |
| Sexual Orientation | Heterosexual (Het) | 95% | 93% |
| | Lesbian, Gay, or Bisexual (LGB) | 5% | 7% |



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

| | | WERE E | VER IN A | PHYSICAL FIGHT |
|---------|---------|--------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 46% | 42% | Overall Differences: State vs SU |
| Sex | Male | 62% | 56% | SU > VT |
| | Female | 29% | 27% | Within SU Differences |
| Grade | Grade 6 | 32% | 40% | Males > Females |
| | Grade 7 | 43% | 43% | 7 > 6 |
| | Grade 8 | 62% | 43% | 8 > 6 |
| | | | | 8 > 7 |

| | WE | RE EVER E | ULLIED | ON SCHOOL PROPERTY |
|---------|---------|-----------|--------|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 52% | 44% | Overall Differences: State vs SU |
| Sex | Male | 46% | 39% | SU > VT |
| | Female | 58% | 50% | Within SU Differences |
| Grade | Grade 6 | 44% | 44% | Females > Males |
| | Grade 7 | 55% | 45% | 7 > 6 |
| | Grade 8 | 58% | 44% | 8 > 6 |



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

| | W | VERE EVE | R ELECT | RONICALLY BULLIED |
|---------|---------|----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 22% | 24% | Overall Differences: State vs SU |
| Sex | Male | 16% | 16% | VT and SU are Similar |
| | Female | 27% | 33% | Within SU Differences |
| Grade | Grade 6 | 12% | 18% | Females > Males |
| | Grade 7 | 24% | 24% | 7 > 6 |
| | Grade 8 | 29% | 28% | 8 > 6 |

| | | WERE | BULLIE | D, PAST 30 DAYS |
|---------|---------|-------|--------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 24% | 22% | Overall Differences: State vs SU |
| Sex | Male | 19% | 17% | VT and SU are Similar |
| | Female | 28% | 26% | Within SU Differences |
| Grade | Grade 6 | 18% | 22% | Females > Males |
| | Grade 7 | 27% | 22% | 7 > 6 |
| | Grade 8 | 27% | 21% | 8 > 6 |



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MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

| | I | BULLIED S | OMEON | E ELSE, PAST 30 DAYS |
|---------|---------|-----------|-------|--|
| | | SU/SD | VT | |
| Overall | | 8% | 8% | Overall Differences: State vs SU |
| Sex | Male | 7% | 8% | VT and SU are Similar |
| | Female | 10% | 8% | Within SU Differences |
| Grade | Grade 6 | | 7% | Too few students in at least one grade |
| | Grade 7 | 10% | 8% | |
| | Grade 8 | 12% | 9% | |

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT 10% Overall 8% Overall Differences: State vs SU VT and SU are Similar Sex Male 9% 7% Female Within SU Differences 10% 10% Grade Grade 6 6% 8% 7 > 6 8% Grade 7 8 > 6 12% Grade 8 12% 9%



SECTION 2: PERSONAL SAFETY

CAR SAFETY

| SEATBELT USE | | | | | |
|------------------|-------|-----|------------------|--|--|
| | SU/SD | VT | | | |
| Never | 1% | 1% | | | |
| Rarely | ٠ | 1% | Too few students | | |
| Sometimes | 4% | 3% | | | |
| Most of the time | 12% | 18% | VT > SU | | |
| Always | 83% | 76% | SU > VT | | |

| |] | RARELY O | R NEVEI | R WEAR A SEAT BELT |
|---------|---------|----------|---------|--|
| | | SU/SD | VT | |
| Overall | | 1% | 2% | Overall Differences: State vs SU |
| Sex | Male | | 3% | VT and SU are Similar |
| | Female | | 2% | Within SU Differences |
| Grade | Grade 6 | | 1% | Too few students by sex |
| | Grade 7 | | 2% | Too few students in at least one grade |
| | Grade 8 | | 3% | |



SECTION 2: PERSONAL SAFETY CAR SAFETY

| EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOR | | | | | | |
|---|---------|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | | 18% | 22% | Overall Differences: State vs SU | | |
| Sex | Male | 19% | 20% | VT > SU | | |
| | Female | 17% | 24% | Within SU Differences | | |
| Grade | Grade 6 | 6% | 15% | 7 > 6 | | |
| | Grade 7 | 22% | 21% | 8 > 6 | | |
| | Grade 8 | 25% | 27% | | | |

| EV | ER RODE V | WITH A DR | RIVER WI | HO HAD BEEN USING MARIJUANA |
|---------|-----------|-----------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 9% | 9% | Overall Differences: State vs SU |
| Sex | Male | 9% | 7% | VT and SU are Similar |
| | Female | 9% | 10% | Within SU Differences |
| Grade | Grade 6 | 3% | 5% | 7 > 6 |
| | Grade 7 | 10% | 8% | 8 > 6 |
| | Grade 8 | 14% | 12% | |



SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

| HELMET USE WHEN RIDING A BICYCLE | | | | | |
|----------------------------------|-------|-----|---------|--|--|
| | SU/SD | VT | | | |
| Never wear a helmet | 17% | 16% | | | |
| Rarely wear a helmet | 12% | 15% | VT > SU | | |
| Sometimes wear a helmet | 15% | 15% | | | |
| Most of the time wear a helmet | 19% | 25% | VT > SU | | |
| Always wear a helmet | 36% | 28% | SU > VT | | |

| | RAR | ELY OR N | EVER WI | EAR A BICYCLE HELMET |
|---------|---------|----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 30% | 31% | Overall Differences: State vs SU |
| Sex | Male | 32% | 33% | VT and SU are Similar |
| | Female | 27% | 29% | Within SU Differences |
| Grade | Grade 6 | 18% | 24% | 7 > 6 |
| | Grade 7 | 34% | 30% | 8 > 6 |
| | Grade 8 | 36% | 37% | |

| HELMET USE WHEN SKIING OR SNOWBOARDING | | | | | | |
|--|-------|-----|------------------|--|--|--|
| | SU/SD | VT | | | | |
| Never wear a helmet | 5% | 5% | | | | |
| Rarely wear a helmet | | 2% | Too few students | | | |
| Sometimes wear a helmet | | 2% | Too few students | | | |
| Most of the time wear a helmet | 4% | 7% | VT > SU | | | |
| Always wear a helmet | 89% | 83% | SU > VT | | | |



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

| RAREL | Y OR NEVI | ER WEAR A | A HELMI | ET WHEN SKIING OR SNOWBOARDING |
|---------|-----------|-----------|---------|--|
| | | SU/SD | VT | |
| Overall | | 7% | 7% | Overall Differences: State vs SU |
| Sex | Male | 7% | 8% | VT and SU are Similar |
| | Female | | 6% | Within SU Differences |
| Grade | Grade 6 | | 7% | Too few students by sex |
| | Grade 7 | | 8% | Too few students in at least one grade |
| | Grade 8 | | 7% | |

| HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE | | | | | | |
|--|---------|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | _ | 24% | 17% | Overall Differences: State vs SU | | |
| Sex | Male | 25% | 19% | SU > VT | | |
| | Female | 22% | 16% | Within SU Differences | | |
| Grade | Grade 6 | 19% | 17% | 8 > 6 | | |
| | Grade 7 | 20% | 17% | 8 > 7 | | |
| | Grade 8 | 31% | 18% | | | |



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MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

| WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | | | | |
|---|---------|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | - | 25% | 26% | Overall Differences: State vs SU | | |
| Sex | Male | 25% | 25% | VT and SU are Similar | | |
| | Female | 26% | 27% | Within SU Differences | | |
| Grade | Grade 6 | 21% | 21% | 8 > 6 | | |
| | Grade 7 | 25% | 27% | | | |
| | Grade 8 | 29% | 29% | | | |

| WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS | | | | | | |
|--|---------|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | - | 20% | 19% | Overall Differences: State vs SU | | |
| Sex | Male | 19% | 17% | VT and SU are Similar | | |
| | Female | 20% | 20% | Within SU Differences | | |
| Grade | Grade 6 | 18% | 15% | 8 > 6 | | |
| | Grade 7 | 14% | 19% | 8 > 7 | | |
| | Grade 8 | 26% | 20% | | | |



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

| SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE | | | | |
|---|-------|-----|---------|--|
| | SU/SD | VT | | |
| Never | 7% | 9% | VT > SU | |
| Rarely | 10% | 14% | VT > SU | |
| Sometimes | 25% | 27% | | |
| Most of the time | 33% | 29% | SU > VT | |
| Always | 25% | 21% | SU > VT | |

| MOST | MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS | | | | | |
|---------|---|-----|-----|----------------------------------|--|--|
| | | | | | | |
| Overall | - | 58% | 50% | Overall Differences: State vs SU | | |
| Sex | Male | 58% | 51% | SU > VT | | |
| | Female | 57% | 49% | Within SU Differences | | |
| Grade | Grade 6 | 41% | 42% | 7 > 6 | | |
| | Grade 7 | 66% | 50% | 8 > 6 | | |
| | Grade 8 | 67% | 56% | | | |



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

| WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR | | | | |
|---|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 34% | 30% | Overall Differences: State vs SU |
| Sex | Male | 35% | 30% | SU > VT |
| | Female | 32% | 31% | Within SU Differences |
| Grade | Grade 6 | 19% | 18% | 7 > 6 |
| | Grade 7 | 33% | 29% | 8 > 6 |
| | Grade 8 | 49% | 40% | 8 > 7 |



SECTION 3: MENTAL HEALTH

| | | FELT SAI | OR HO | PELESS, PAST YEAR |
|---------|---------|----------|-------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 19% | 19% | Overall Differences: State vs SU |
| Sex | Male | 11% | 12% | VT and SU are Similar |
| | Female | 26% | 26% | Within SU Differences |
| Grade | Grade 6 | 11% | 16% | Females > Males |
| | Grade 7 | 25% | 18% | 7 > 6 |
| | Grade 8 | 21% | 22% | 8 > 6 |

| | EVER SERI | OUSLY TH | HOUGHT | ABOUT KILLING THEMSELVES |
|---------|-----------|----------|--------|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 20% | 18% | Overall Differences: State vs SU |
| Sex | Male | 15% | 12% | VT and SU are Similar |
| | Female | 23% | 23% | Within SU Differences |
| Grade | Grade 6 | 9% | 13% | Females > Males |
| | Grade 7 | 25% | 17% | 7 > 6 |
| | Grade 8 | 24% | 22% | 8 > 6 |



SECTION 3: MENTAL HEALTH

| EVE | R MADE A | PLAN ABO | OUT HOW | THEY WOULD KILL THEMSELVES |
|---------|----------|----------|---------|--|
| | | SU/SD | VT | |
| Overall | | 11% | 12% | Overall Differences: State vs SU |
| Sex | Male | 7% | 8% | VT and SU are Similar |
| | Female | 16% | 16% | Within SU Differences |
| Grade | Grade 6 | | 7% | Females > Males |
| | Grade 7 | 14% | 11% | Too few students in at least one grade |
| | Grade 8 | 18% | 16% | |

| | | EVE | R ATTEM | APTED SUICIDE |
|---------|---------|-------|---------|--|
| | | SU/SD | VT | _ |
| Overall | | 8% | 6% | Overall Differences: State vs SU |
| Sex | Male | | 3% | SU > VT |
| | Female | 12% | 8% | Within SU Differences |
| Grade | Grade 6 | | 3% | Too few students by sex |
| | Grade 7 | 9% | 5% | Too few students in at least one grade |
| | Grade 8 | 12% | 8% | |



SECTION 4: SUBSTANCE USE

| | | EVER SMO | OKED A | WHOLE CIGARETTE |
|---------|---------|----------|--------|--|
| | | SU/SD | VT | |
| Overall | | 9% | 7% | Overall Differences: State vs SU |
| Sex | Male | 9% | 7% | SU > VT |
| | Female | 9% | 7% | Within SU Differences |
| Grade | Grade 6 | | 4% | Too few students in at least one grade |
| | Grade 7 | 11% | 7% | |
| | Grade 8 | 14% | 10% | |

| | EVE | R USED AN | N ELECT | RONIC VAPOR PRODUCT |
|---------|---------|-----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 12% | 9% | Overall Differences: State vs SU |
| Sex | Male | 12% | 9% | SU > VT |
| | Female | 11% | 8% | Within SU Differences |
| Grade | Grade 6 | 5% | 3% | 7 > 6 |
| | Grade 7 | 11% | 8% | 8 > 6 |
| | Grade 8 | 19% | 14% | 8 > 7 |



SECTION 4: SUBSTANCE USE

| | EVE | CR USED A | FLAVOR | RED TOBACCO PRODUCT |
|---------|---------|-----------|--------|--|
| | | SU/SD | VT | _ |
| Overall | | 7% | 5% | Overall Differences: State vs SU |
| Sex | Male | 7% | 5% | SU > VT |
| | Female | 6% | 5% | Within SU Differences |
| Grade | Grade 6 | | 2% | Too few students in at least one grade |
| | Grade 7 | 9% | 5% | |
| | Grade 8 | 10% | 6% | |

| | | EV | ER DRAN | NK ALCOHOL |
|---------|---------|-------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 23% | 19% | Overall Differences: State vs SU |
| Sex | Male | 24% | 20% | SU > VT |
| | Female | 22% | 17% | Within SU Differences |
| Grade | Grade 6 | 10% | 10% | 7 > 6 |
| | Grade 7 | 24% | 17% | 8 > 6 |
| | Grade 8 | 36% | 26% | 8 > 7 |



SECTION 4: SUBSTANCE USE

| | | EV | ER USED | MARIJUANA |
|---------|---------|-------|---------|--|
| | | SU/SD | VT | |
| Overall | | 9% | 7% | Overall Differences: State vs SU |
| Sex | Male | 8% | 7% | SU > VT |
| | Female | 10% | 7% | Within SU Differences |
| Grade | Grade 6 | | 2% | Too few students in at least one grade |
| | Grade 7 | 11% | 6% | |
| | Grade 8 | 16% | 11% | |

| | | EV | ER USEI |) INHALANTS |
|---------|---------|-------|---------|--|
| | | SU/SD | VT | |
| Overall | | 4% | 4% | Overall Differences: State vs SU |
| Sex | Male | 4% | 4% | VT and SU are Similar |
| | Female | 4% | 4% | Within SU Differences |
| Grade | Grade 6 | | 3% | Too few students in at least one grade |
| | Grade 7 | 10% | 4% | |
| | Grade 8 | | 5% | |



SECTION 4: SUBSTANCE USE

| EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT | | | | |
|---|---------|-------|----|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 4% | 2% | Overall Differences: State vs SU |
| Sex | Male | 4% | 2% | SU > VT |
| | Female | 4% | 3% | Within SU Differences |
| Grade | Grade 6 | | 1% | 7 > 6 |
| | Grade 7 | 6% | 2% | 8 > 6 |
| | Grade 8 | 7% | 3% | |

| EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT | | | | | |
|---|---------|-------|----|--|--|
| | | SU/SD | VT | | |
| Overall | | 3% | 2% | Overall Differences: State vs SU | |
| Sex | Male | 3% | 2% | SU > VT | |
| | Female | 3% | 2% | Within SU Differences | |
| Grade | Grade 6 | | 1% | Too few students in at least one grade | |
| | Grade 7 | 3% | 2% | | |
| | Grade 8 | 5% | 2% | | |



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MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| | τ | J SED TOB | ACCO PR | CODUCTS, PAST YEAR |
|---------|---------|------------------|---------|--|
| | | SU/SD | VT | _ |
| Overall | | 7% | 5% | Overall Differences: State vs SU |
| Sex | Male | 8% | 6% | SU > VT |
| | Female | 6% | 5% | Within SU Differences |
| Grade | Grade 6 | | 3% | Too few students in at least one grade |
| | Grade 7 | 8% | 5% | |
| | Grade 8 | 12% | 7% | |

| SMOR | SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS | | | | | | |
|---------|---|-------|----|--|--|--|--|
| | | SU/SD | VT | | | | |
| Overall | - | 7% | 5% | Overall Differences: State vs SU | | | |
| Sex | Male | 7% | 5% | SU > VT | | | |
| | Female | 6% | 4% | Within SU Differences | | | |
| Grade | Grade 6 | | 2% | Too few students in at least one grade | | | |
| | Grade 7 | 9% | 4% | | | | |
| | Grade 8 | 9% | 7% | | | | |



SECTION 4: SUBSTANCE USE

| SMOKEI | SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS | | | | |
|---------|--|-------|----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 4% | 3% | Overall Differences: State vs SU | |
| Sex | Male | 3% | 3% | SU > VT | |
| | Female | 6% | 2% | Within SU Differences | |
| Grade | Grade 6 | | 1% | 7 > 6 | |
| | Grade 7 | 6% | 2% | 8 > 6 | |
| | Grade 8 | 7% | 4% | | |

| | | SMOKED | CIGARE | TTES, PAST 30 DAYS |
|---------|---------|--------|--------|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 4% | 2% | Overall Differences: State vs SU |
| Sex | Male | 2% | 2% | SU > VT |
| | Female | 6% | 2% | Within SU Differences |
| Grade | Grade 6 | | 1% | Females > Males |
| | Grade 7 | 6% | 2% | 7 > 6 |
| | Grade 8 | 6% | 3% | 8 > 6 |



SECTION 4: SUBSTANCE USE

| AMONG CURREN | NT USERS: | TYPICAI | L NUMBER OF CIGARETTES SMOKED |
|-------------------------|-----------|---------|-------------------------------|
| | SU/SD | VT | |
| Less than 1 cigarette | | 33% | Too few students |
| 1 cigarette | | 23% | Too few students |
| 2 to 5 cigarettes | | 23% | Too few students |
| 6 to 10 cigarettes | | 6% | Too few students |
| 11 to 20 cigarettes | | | Too few students |
| More than 20 cigarettes | | 14% | Too few students |

| | USED AN | N ELECTRO | ONIC VA | POR PRODUCT PAST 30 DAYS |
|---------|---------|-----------|---------|--|
| | | SU/SD | VT | |
| Overall | _ | 6% | 4% | Overall Differences: State vs SU |
| Sex | Male | 6% | 4% | SU > VT |
| | Female | 5% | 3% | Within SU Differences |
| Grade | Grade 6 | | 1% | Too few students in at least one grade |
| | Grade 7 | 8% | 3% | |
| | Grade 8 | 7% | 6% | |



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MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT | | | | | | |
|--|-------|-----|------------------|--|--|--|
| | SU/SD | VT | | | | |
| Friend/family used them | | 38% | Too few students | | | |
| To try to quit other tobacco products | | 3% | Too few students | | | |
| Cost less | | 1% | Too few students | | | |
| Easier to get | | 1% | Too few students | | | |
| Less harmful | | 7% | Too few students | | | |
| Available in flavors | | 13% | Too few students | | | |
| Used for some other reason | | 36% | Too few students | | | |

| AMONG CURREN | AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE | | | | | |
|------------------------------|--|-----|------------------|--|--|--|
| | SU/SD | VT | | | | |
| Bought them in a store | | 3% | Too few students | | | |
| I got them on the Internet | | 9% | Too few students | | | |
| Someone else bought them | | 10% | Too few students | | | |
| Borrowed them | | 44% | Too few students | | | |
| A person 18 or older gave me | | 9% | Too few students | | | |
| Took them from a store | | 4% | Too few students | | | |
| Some other way | | 21% | Too few students | | | |



SECTION 4: SUBSTANCE USE

| AMONG (| AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE | | | | | |
|---------------|--|-----|------------------|--|--|--|
| SU/SD VT | | | | | | |
| 1 or 2 days | | 49% | Too few students | | | |
| 3 to 5 days | | 16% | Too few students | | | |
| 6 to 9 days | | 10% | Too few students | | | |
| 10 to 19 days | | 6% | Too few students | | | |
| 20 to 29 days | | 5% | Too few students | | | |
| All 30 days | | 15% | Too few students | | | |

| | | SMOK | ED CIGA | RS, PAST 30 DAYS |
|---------|---------|-------|---------|--|
| | | SU/SD | VT | |
| Overall | - | 3% | 1% | Overall Differences: State vs SU |
| Sex | Male | 2% | 1% | SU > VT |
| | Female | | 1% | Within SU Differences |
| Grade | Grade 6 | | 1% | Too few students by sex |
| | Grade 7 | | 1% | Too few students in at least one grade |
| | Grade 8 | 6% | 2% | |



SECTION 4: SUBSTANCE USE

| | US | ED SMOK | ELESS TO | OBACCO, PAST 30 DAYS |
|---------|---------|---------|----------|--|
| | | SU/SD | VT | |
| Overall | | | 1% | Overall Differences: State vs SU |
| Sex | Male | | 2% | Too few students |
| | Female | | 1% | Within SU Differences |
| Grade | Grade 6 | | 1% | Too few students by sex |
| | Grade 7 | | 1% | Too few students in at least one grade |
| | Grade 8 | | 2% | |

| TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR | | | | | |
|--|---------|-------|-----|--|--|
| | | SU/SD | VT | | |
| Overall | - | · | 36% | Overall Differences: State vs SU | |
| Sex | Male | | 36% | Too few students | |
| | Female | | 38% | Within SU Differences | |
| Grade | Grade 6 | | 30% | Too few students by sex | |
| | Grade 7 | | 35% | Too few students in at least one grade | |
| | Grade 8 | | 40% | | |



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MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

| | | DRANK | ALCOH | OL, PAST 30 DAYS |
|---------|---------|-------|-------|--|
| | | SU/SD | VT | _ |
| Overall | | 11% | 7% | Overall Differences: State vs SU |
| Sex | Male | 11% | 6% | SU > VT |
| | Female | 10% | 6% | Within SU Differences |
| Grade | Grade 6 | | 2% | Too few students in at least one grade |
| | Grade 7 | 10% | 5% | |
| | Grade 8 | 17% | 10% | |

| BINGE DRANK, PAST 30 DAYS | | | | |
|---------------------------|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 2% | 2% | Overall Differences: State vs SU |
| Sex | Male | | 2% | VT and SU are Similar |
| | Female | | 1% | Within SU Differences |
| Grade | Grade 6 | | 0% | Too few students by sex |
| | Grade 7 | | 1% | Too few students in at least one grade |
| | Grade 8 | | 3% | |



SECTION 4: SUBSTANCE USE

| AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED | | | | |
|--|-------|-----|------------------|--|
| | SU/SD | VT | | |
| 1 or 2 drinks | · | 63% | Too few students | |
| 3 drinks | | 10% | Too few students | |
| 4 drinks | • | 7% | Too few students | |
| 5 drinks | | 6% | Too few students | |
| 6 or 7 drinks | • | 4% | Too few students | |
| 8 or 9 drinks | | 2% | Too few students | |
| 10 or more drinks | | 9% | Too few students | |

| USED MARIJUANA, PAST 30 DAYS | | | | |
|------------------------------|---------|-------|----|--|
| | | SU/SD | VT | |
| Overall | | 7% | 4% | Overall Differences: State vs SU |
| Sex | Male | 7% | 4% | SU > VT |
| | Female | 7% | 4% | Within SU Differences |
| Grade | Grade 6 | | 1% | Too few students in at least one grade |
| | Grade 7 | 9% | 3% | |
| | Grade 8 | 10% | 7% | |



SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES | | | | |
|---|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 93% | 95% | Overall Differences: State vs SU |
| Sex | Male | 92% | 95% | VT > SU |
| | Female | 93% | 95% | Within SU Differences |
| Grade | Grade 6 | 97% | 98% | 6 > 7 |
| | Grade 7 | 92% | 95% | 6 > 8 |
| | Grade 8 | 89% | 93% | |

| THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL | | | | |
|--|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 87% | 89% | Overall Differences: State vs SU |
| Sex | Male | 86% | 89% | VT and SU are Similar |
| | Female | 89% | 90% | Within SU Differences |
| Grade | Grade 6 | 93% | 95% | 6 > 8 |
| | Grade 7 | 89% | 91% | 7 > 8 |
| | Grade 8 | 80% | 84% | |



SECTION 4: SUBSTANCE USE

| THINK | THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA | | | | |
|---------|--|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | | 88% | 90% | Overall Differences: State vs SU | |
| Sex | Male | 87% | 90% | VT > SU | |
| | Female | 88% | 90% | Within SU Differences | |
| Grade | Grade 6 | 97% | 97% | 6 > 7 | |
| | Grade 7 | 87% | 91% | 6 > 8 | |
| | Grade 8 | 79% | 84% | 7 > 8 | |

| THINE | THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES | | | | | |
|---------|--|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | - | 95% | 95% | Overall Differences: State vs SU | | |
| Sex | Male | 95% | 95% | VT and SU are Similar | | |
| | Female | 94% | 95% | Within SU Differences | | |
| Grade | Grade 6 | 95% | 96% | | | |
| | Grade 7 | 92% | 95% | | | |
| | Grade 8 | 96% | 95% | | | |



SECTION 4: SUBSTANCE USE

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL | | | | | |
|---|---------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 87% | 85% | Overall Differences: State vs SU | |
| Sex | Male | 83% | 84% | VT and SU are Similar | |
| | Female | 90% | 87% | Within SU Differences | |
| Grade | Grade 6 | 91% | 87% | Females > Males | |
| | Grade 7 | 84% | 86% | 6 > 7 | |
| | Grade 8 | 86% | 83% | | |

| THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA | | | | | |
|--|---------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 91% | 92% | Overall Differences: State vs SU | |
| Sex | Male | 91% | 92% | VT and SU are Similar | |
| | Female | 91% | 92% | Within SU Differences | |
| Grade | Grade 6 | 97% | 95% | 6 > 7 | |
| | Grade 7 | 90% | 92% | 6 > 8 | |
| | Grade 8 | 88% | 89% | | |



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SECTION 4: SUBSTANCE USE

| THIN | K CIGARET | TES WOU | LD BE SO | ORT OF EASY OR VERY EASY TO GET |
|---------|-----------|---------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | | 27% | 22% | Overall Differences: State vs SU |
| Sex | Male | 31% | 22% | SU > VT |
| | Female | 23% | 21% | Within SU Differences |
| Grade | Grade 6 | 9% | 13% | Males > Females |
| | Grade 7 | 30% | 20% | 7 > 6 |
| | Grade 8 | 41% | 28% | 8 > 6 |
| | | | | 8 > 7 |

| THI | NK ALCOH | OL WOUL | D BE SOF | RT OF EASY OR VERY EASY TO GET |
|---------|----------|---------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 38% | 37% | Overall Differences: State vs SU |
| Sex | Male | 44% | 37% | VT and SU are Similar |
| | Female | 32% | 37% | Within SU Differences |
| Grade | Grade 6 | 20% | 24% | Males > Females |
| | Grade 7 | 41% | 35% | 7 > 6 |
| | Grade 8 | 51% | 48% | 8 > 6 |
| | | | | 8 > 7 |



SECTION 4: SUBSTANCE USE

| THIN | K MARIJU | ANA WOUI | LD BE SO | ORT OF EASY OR VERY EASY TO GET |
|---------|----------|----------|----------|--|
| | | SU/SD | VT | |
| Overall | | 19% | 15% | Overall Differences: State vs SU |
| Sex | Male | 20% | 15% | SU > VT |
| | Female | 18% | 15% | Within SU Differences |
| Grade | Grade 6 | | 6% | Too few students in at least one grade |
| | Grade 7 | 18% | 13% | |
| | Grade 8 | 35% | 23% | |

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY | | | | | |
|---|---------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 71% | 72% | Overall Differences: State vs SU | |
| Sex | Male | 75% | 71% | VT and SU are Similar | |
| | Female | 67% | 74% | Within SU Differences | |
| Grade | Grade 6 | 69% | 76% | Males > Females | |
| | Grade 7 | 72% | 72% | | |
| | Grade 8 | 73% | 70% | | |



SECTION 4: SUBSTANCE USE

| THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND | | | | |
|---|---------|-------|-----|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 42% | 48% | Overall Differences: State vs SU |
| Sex | Male | 40% | 45% | VT > SU |
| | Female | 44% | 51% | Within SU Differences |
| Grade | Grade 6 | 46% | 50% | 6 > 8 |
| | Grade 7 | 46% | 48% | 7 > 8 |
| | Grade 8 | 35% | 46% | |

| THIN | THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY | | | | |
|---------|---|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 58% | 59% | Overall Differences: State vs SU | |
| Sex | Male | 56% | 56% | VT and SU are Similar | |
| | Female | 61% | 62% | Within SU Differences | |
| Grade | Grade 6 | 73% | 73% | 6 > 7 | |
| | Grade 7 | 54% | 60% | 6 > 8 | |
| | Grade 8 | 48% | 48% | | |



SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

| | | EVER H | AD SEXU | AL INTERCOURSE |
|---------|---------|--------|---------|--|
| | | SU/SD | VT | |
| Overall | | 5% | 5% | Overall Differences: State vs SU |
| Sex | Male | 7% | 6% | VT and SU are Similar |
| | Female | 3% | 4% | Within SU Differences |
| Grade | Grade 6 | | 2% | Males > Females |
| | Grade 7 | 6% | 4% | Too few students in at least one grade |
| | Grade 8 | 8% | 8% | |

| | | E | VER HA | D ORAL SEX |
|---------|---------|-------|--------|--|
| | | SU/SD | VT | _ |
| Overall | _ | 7% | 6% | Overall Differences: State vs SU |
| Sex | Male | 8% | 6% | VT and SU are Similar |
| | Female | 5% | 5% | Within SU Differences |
| Grade | Grade 6 | | 1% | Too few students in at least one grade |
| | Grade 7 | 6% | 4% | |
| | Grade 8 | 13% | 9% | |



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY PAST WEEK | | | | | | |
|--|-------|-----|---------|--|--|--|
| | SU/SD | VT | | | | |
| 0 days | 7% | 7% | | | | |
| 1 day | 6% | 4% | SU > VT | | | |
| 2 days | 9% | 7% | SU > VT | | | |
| 3 days | 13% | 10% | SU > VT | | | |
| 4 days | 13% | 11% | | | | |
| 5 days | 15% | 15% | | | | |
| 6 days | 8% | 11% | VT > SU | | | |
| 7 days | 29% | 34% | VT > SU | | | |

| WERE P | HYSICALL | Y ACTIVE | AT LEAS | T 60 MINUTES PER DAY ON ALL 7 DAYS |
|---------|----------|----------|---------|------------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 29% | 34% | Overall Differences: State vs SU |
| Sex | Male | 38% | 42% | VT > SU |
| | Female | 20% | 26% | Within SU Differences |
| Grade | Grade 6 | 29% | 38% | Males > Females |
| | Grade 7 | 34% | 35% | |
| | Grade 8 | 26% | 30% | |



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS | | | | | |
|--|---------|-------|-----|----------------------------------|--|
| | | SU/SD | VT | | |
| Overall | - | 52% | 60% | Overall Differences: State vs SU | |
| Sex | Male | 60% | 66% | VT > SU | |
| | Female | 44% | 54% | Within SU Differences | |
| Grade | Grade 6 | 49% | 63% | Males > Females | |
| | Grade 7 | 55% | 60% | | |
| | Grade 8 | 53% | 57% | | |

| | WE | RE NOT PI | HYSICAI | LLY ACTIVE PAST WEEK |
|---------|---------|-----------|---------|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 7% | 7% | Overall Differences: State vs SU |
| Sex | Male | 8% | 7% | VT and SU are Similar |
| | Female | 6% | 7% | Within SU Differences |
| Grade | Grade 6 | 10% | 7% | |
| | Grade 7 | 6% | 7% | |
| | Grade 8 | 6% | 8% | |



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK | | | | | | |
|--|-------|-----|------------------|--|--|--|
| | SU/SD | VT | | | | |
| 0 days | 52% | 25% | SU > VT | | | |
| 1 day | 21% | 7% | SU > VT | | | |
| 2 days | 11% | 8% | SU > VT | | | |
| 3 days | 4% | 8% | VT > SU | | | |
| 4 days | • | 5% | Too few students | | | |
| 5 days | 11% | 46% | VT > SU | | | |

| GET | NO PHYSIC | CAL ACTIV | CAKS WHILE THEY ARE AT SCHOOL | |
|---------|-----------|-----------|-------------------------------|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 52% | 25% | Overall Differences: State vs SU |
| Sex | Male | 53% | 24% | SU > VT |
| | Female | 51% | 25% | Within SU Differences |
| Grade | Grade 6 | 51% | 16% | |
| | Grade 7 | 50% | 26% | |
| | Grade 8 | 53% | 29% | |



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| RIDE A | A BIKE OF | R WALK T | TO SCHOOL WHEN WEATHER PERMITS |
|--------|-----------|----------|--------------------------------|
| | SU/SD | VT | |
| 0 days | 77% | 77% | |
| 1 day | 4% | 3% | |
| 2 days | 2% | 3% | VT > SU |
| 3 days | 4% | 4% | |
| 4 days | 2% | 2% | |
| 5 days | 11% | 10% | |

| | WALK | OR RIDE | THEIR BI | KE TO SCHOOL EVERYDAY |
|---------|---------|---------|----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 11% | 10% | Overall Differences: State vs SU |
| Sex | Male | 9% | 12% | VT and SU are Similar |
| | Female | 13% | 9% | Within SU Differences |
| Grade | Grade 6 | 13% | 11% | Females > Males |
| | Grade 7 | 9% | 10% | |
| | Grade 8 | 11% | 10% | |



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| WATCH TELEVISION, TYPICAL SCHOOL DAY | | | | | |
|--------------------------------------|-------|-----|---------|--|--|
| | SU/SD | VT | | | |
| No TV on average school day | 13% | 18% | VT > SU | | |
| Less than 1 hour per day | 19% | 23% | VT > SU | | |
| 1 hour per day | 20% | 18% | | | |
| 2 hours per day | 23% | 20% | | | |
| 3 hours per day | 13% | 10% | SU > VT | | |
| 4 hours per day | 4% | 4% | | | |
| 5 or more hours per day | 7% | 6% | SU > VT | | |

| | | WATCH | IED TV 3- | + HOURS PER DAY |
|---------|---------|-------|-----------|----------------------------------|
| | | SU/SD | VT | |
| Overall | _ | 25% | 20% | Overall Differences: State vs SU |
| Sex | Male | 26% | 20% | SU > VT |
| | Female | 24% | 20% | Within SU Differences |
| Grade | Grade 6 | 22% | 18% | |
| | Grade 7 | 25% | 20% | |
| | Grade 8 | 27% | 21% | |



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

| COMPUTER A | ND VIDEO | GAME U |
|--------------------------------|----------|--------|
| | SU/SD | VT |
| No playing video/computer game | 10% | 12% |
| Less than 1 hour per day | 15% | 17% |
| 1 hour per day | 11% | 15% |
| 2 hours per day | 15% | 18% |
| 3 hours per day | 13% | 14% |
| 4 hours per day | 13% | 8% |
| 5 or more hours per day | 23% | 16% |

| PLAYE | PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY | | | | | | |
|---------|--|-------|-----|----------------------------------|--|--|--|
| | | SU/SD | VT | | | | |
| Overall | - | 48% | 38% | Overall Differences: State vs SU | | | |
| Sex | Male | 56% | 39% | SU > VT | | | |
| | Female | 42% | 37% | Within SU Differences | | | |
| Grade | Grade 6 | 39% | 29% | Males > Females | | | |
| | Grade 7 | 48% | 38% | 8 > 6 | | | |
| | Grade 8 | 58% | 45% | 8 > 7 | | | |



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY MILTON SD (SU010) REPORT

MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

| | BRE | AKFAST | CONSUMPTION, PAST WEEK |
|--------|-------|--------|------------------------|
| | SU/SD | VT | |
| 0 days | 8% | 7% | |
| 1 day | 5% | 4% | |
| 2 days | 8% | 7% | |
| 3 days | 5% | 7% | |
| 4 days | 8% | 6% | SU > VT |
| 5 days | 9% | 8% | |
| 6 days | 10% | 9% | |
| 7 days | 47% | 52% | VT > SU |

| | | DID NOT E | EAT BRE | AKFAST, PAST WEEK |
|---------|---------|-----------|---------|--|
| | | SU/SD | VT | |
| Overall | | 8% | 7% | Overall Differences: State vs SU |
| Sex | Male | 5% | 6% | VT and SU are Similar |
| | Female | 10% | 7% | Within SU Differences |
| Grade | Grade 6 | | 5% | Females > Males |
| | Grade 7 | 11% | 7% | Too few students in at least one grade |
| | Grade 8 | 9% | 7% | |



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

| GLASSES | S OF WAT | ER CONS | SUMED PER DAY, PAST WEEK |
|-------------------------|----------|---------|--------------------------|
| | SU/SD | VT | |
| Did not drink water | 1% | 3% | VT > SU |
| 1 to 3 times | 8% | 9% | |
| 4 to 6 times | 12% | 10% | SU > VT |
| 1 time per day | 8% | 6% | |
| 2 times per day | 17% | 16% | |
| 3 times per day | 18% | 19% | |
| 4 or more times per day | 36% | 37% | |

| | DRANK T | THREE OR | MORE G | GLASSES PER DAY OF WATER |
|---------|---------|----------|--------|----------------------------------|
| | | SU/SD | VT | |
| Overall | - | 54% | 56% | Overall Differences: State vs SU |
| Sex | Male | 57% | 57% | VT and SU are Similar |
| | Female | 51% | 54% | Within SU Differences |
| Grade | Grade 6 | 58% | 58% | 6 > 7 |
| | Grade 7 | 48% | 54% | |
| | Grade 8 | 56% | 56% | |



SECTION 7: SOCIAL DETERMINANTS

| WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS | | | | | | |
|---|-------|-----|------------------|--|--|--|
| | SU/SD | VT | | | | |
| Never | 72% | 77% | VT > SU | | | |
| Rarely | 15% | 14% | | | | |
| Sometimes | 9% | 7% | SU > VT | | | |
| Most of the time | 2% | 1% | SU > VT | | | |
| Always | • | 1% | Too few students | | | |

| MOST | MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME | | | | | | |
|---------|--|-------|----|--|--|--|--|
| | | SU/SD | VT | | | | |
| Overall | | 3% | 2% | Overall Differences: State vs SU | | | |
| Sex | Male | 2% | 2% | VT and SU are Similar | | | |
| | Female | | 2% | Within SU Differences | | | |
| Grade | Grade 6 | | 2% | Too few students by sex | | | |
| | Grade 7 | 5% | 2% | Too few students in at least one grade | | | |
| | Grade 8 | | 2% | | | | |



SECTION 7: SOCIAL DETERMINANTS

| | | ВО | RN OUTS | SIDE THE U.S. |
|---------|---------|-------|---------|--|
| | | SU/SD | VT | |
| Overall | | 2% | 6% | Overall Differences: State vs SU |
| Sex | Male | | 6% | VT > SU |
| | Female | | 6% | Within SU Differences |
| Grade | Grade 6 | | 7% | Too few students by sex |
| | Grade 7 | | 5% | Too few students in at least one grade |
| | Grade 8 | | 6% | |



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

| AT | ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK | | | | | |
|--------|--|-----|---------|--|--|--|
| | SU/SD | VT | | | | |
| 0 days | 4% | 5% | | | | |
| 1 day | 2% | 2% | | | | |
| 2 days | 2% | 2% | | | | |
| 3 days | 4% | 3% | | | | |
| 4 days | 2% | 4% | VT > SU | | | |
| 5 days | 7% | 7% | | | | |
| 6 days | 12% | 10% | | | | |
| 7 days | 67% | 66% | | | | |

| ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK | | | | | | |
|--|---------|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | - | 88% | 88% | Overall Differences: State vs SU | | |
| Sex | Male | 89% | 89% | VT and SU are Similar | | |
| | Female | 87% | 87% | Within SU Differences | | |
| Grade | Grade 6 | 91% | 90% | 6 > 8 | | |
| | Grade 7 | 87% | 89% | | | |
| | Grade 8 | 85% | 86% | | | |



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

| BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS | | | | | |
|---|-------|-----|---------|--|--|
| | SU/SD | VT | | | |
| Strongly agree | 23% | 28% | VT > SU | | |
| Agree | 39% | 43% | VT > SU | | |
| Not sure | 18% | 17% | | | |
| Disagree | 12% | 8% | SU > VT | | |
| Strongly disagree | 7% | 5% | SU > VT | | |

| STRO | STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR | | | | | | |
|---------|--|-------|-----|----------------------------------|--|--|--|
| | | SU/SD | VT | | | | |
| Overall | _ | 62% | 71% | Overall Differences: State vs SU | | | |
| Sex | Male | 69% | 72% | VT > SU | | | |
| | Female | 57% | 69% | Within SU Differences | | | |
| Grade | Grade 6 | 70% | 77% | Males > Females | | | |
| | Grade 7 | 56% | 72% | 6 > 7 | | | |
| | Grade 8 | 61% | 66% | 6 > 8 | | | |



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

| BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM | | | | | | |
|---|---------|-------|-----|----------------------------------|--|--|
| | | SU/SD | VT | | | |
| Overall | - | 72% | 76% | Overall Differences: State vs SU | | |
| Sex | Male | 79% | 76% | VT > SU | | |
| | Female | 66% | 76% | Within SU Differences | | |
| Grade | Grade 6 | 77% | 79% | Males > Females | | |
| | Grade 7 | 71% | 75% | 6 > 8 | | |
| | Grade 8 | 70% | 75% | | | |

| GRADES EARNED IN SCHOOL | | | | | |
|-------------------------|-------|-----|---------|--|--|
| | SU/SD | VT | | | |
| Mostly A's | 36% | 46% | VT > SU | | |
| Mostly B's | 39% | 38% | | | |
| Mostly C's | 14% | 12% | | | |
| Mostly D's | 6% | 3% | SU > VT | | |
| Mostly F's | 5% | 1% | SU > VT | | |

| BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY | | | | | | |
|--|-------|-----|---------|--|--|--|
| | SU/SD | VT | | | | |
| Strongly agree | 22% | 27% | VT > SU | | | |
| Agree | 37% | 36% | | | | |
| Not sure | 27% | 24% | SU > VT | | | |
| Disagree | 10% | 7% | SU > VT | | | |
| Strongly disagree | 5% | 5% | | | | |



SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 58% 64% Overall Differences: State vs SU Sex Male 60% 68% VT > SU57% Within SU Differences Female 60% Grade Grade 6 69% 67% 6 > 7 Grade 7 52% 65% 6 > 8Grade 8 54% 60%

