
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

**REPORT FOR MILL RIVER UNIFIED UNION SUPERVISORY DISTRICT
(SU033)**

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs

About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyouth/data/yrbs/methods>

Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

HIGH SCHOOL RESULTS

MILL RIVER UNIFIED UNION SUPERVISORY DISTRICT (SU033) REPORT

<http://healthvermont.gov/yrbs.aspx>

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MILL RIVER UNIFIED UNION SUPERVISORY DISTRICT (SU033) REPORT
HIGH SCHOOL RESULTS

SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	337	27349

		SU/SD	VT
Sex	Male	53%	51%
	Female	47%	49%
Grade	9th Grade	26%	25%
	10th Grade	23%	25%
	11th Grade	29%	25%
	12th Grade	22%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	83%
	Students of Color (REM)	4%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	91%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	9%	11%

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HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE IN A PHYSICAL FIGHT, PAST YEAR				
		SU/SD	VT	
Overall		13%	17%	Overall Differences: State vs SU
Sex	Male	18%	22%	VT > SU
	Female	7%	11%	Within SU Differences
Grade	9th / 10th	18%	19%	Males > Females
	11th / 12th	8%	14%	9-10 > 11-12

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR				
		SU/SD	VT	
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	.	3%	Within SU Differences
Grade	9th / 10th	8%	8%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS				
		SU/SD	VT	
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male	11%	10%	VT and SU are Similar
	Female	7%	3%	Within SU Differences
Grade	9th / 10th	9%	6%	
	11th / 12th	9%	8%	

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SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR				
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	8%	6%	VT and SU are Similar
	Female	4%	3%	Within SU Differences
Grade	9th / 10th	5%	5%	
	11th / 12th	7%	4%	

WERE ELECTRONICALLY BULLIED, PAST YEAR				
		SU/SD	VT	
Overall		15%	16%	Overall Differences: State vs SU
Sex	Male	6%	10%	VT and SU are Similar
	Female	25%	22%	Within SU Differences
Grade	9th / 10th	17%	18%	Females > Males
	11th / 12th	13%	14%	

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SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE BULLIED, PAST 30 DAYS				
		SU/SD	VT	
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male	11%	11%	VT and SU are Similar
	Female	29%	20%	Within SU Differences
Grade	9th / 10th	24%	18%	Females > Males
	11th / 12th	14%	13%	

BULLIED SOMEONE ELSE, PAST 30 DAYS				
		SU/SD	VT	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	7%	10%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	9th / 10th	7%	9%	
	11th / 12th	9%	8%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS				
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	.	4%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	9th / 10th	6%	5%	Too few students by sex
	11th / 12th	.	4%	Too few students by grade

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SECTION 2: PERSONAL SAFETY
 SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE				
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	.	3%	VT and SU are Similar
	Female	12%	9%	Within SU Differences
Grade	9th / 10th	6%	5%	Too few students by sex
	11th / 12th	7%	7%	

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR				
		SU/SD	VT	
Overall		7%	10%	Overall Differences: State vs SU
Sex	Male	.	5%	VT and SU are Similar
	Female	14%	15%	Within SU Differences
Grade	9th / 10th	8%	10%	Too few students by sex
	11th / 12th	.	9%	

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR				
		SU/SD	VT	
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male	.	6%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	9th / 10th	7%	6%	Too few students by sex
	11th / 12th	.	7%	

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SECTION 2: PERSONAL SAFETY
 IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		3%	7%	Overall Differences: State vs SU
Sex	Male	.	9%	VT > SU
	Female	.	5%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	9%	Too few students by grade

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall		13%	14%	Overall Differences: State vs SU
Sex	Male	12%	16%	VT and SU are Similar
	Female	14%	12%	Within SU Differences
Grade	9th / 10th	8%	9%	
	11th / 12th	16%	18%	

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		17%	18%	Overall Differences: State vs SU
Sex	Male	10%	17%	VT and SU are Similar
	Female	24%	19%	Within SU Differences
Grade	9th / 10th	13%	18%	Females > Males
	11th / 12th	20%	18%	

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SECTION 2: PERSONAL SAFETY
 IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS			
		SU/SD	VT
Overall		27%	20%
Sex	Male	22%	20%
	Female	33%	20%
Grade	9th / 10th	26%	16%
	11th / 12th	29%	25%

Overall Differences: State vs SU
SU > VT
Within SU Differences

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS			
		SU/SD	VT
Overall		32%	34%
Sex	Male	24%	34%
	Female	40%	34%
Grade	9th / 10th	20%	14%
	11th / 12th	39%	48%

Overall Differences: State vs SU
VT and SU are Similar
Within SU Differences
11-12 > 9-10

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SECTION 2: PERSONAL SAFETY
 INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR

	SU/SD	VT	
Never wore a helmet	12%	11%	
Rarely wore a helmet	.	3%	Too few students
Sometimes wore a helmet	8%	3%	SU > VT
Most of the time wore a helmet	11%	9%	
Always wore a helmet	67%	74%	

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR

	SU/SD	VT	
Overall	14%	14%	Overall Differences: State vs SU
Sex	Male	. / 17%	VT and SU are Similar
	Female	. / 9%	Within SU Differences
Grade	9th / 10th	. / 12%	Too few students by sex
	11th / 12th	. / 15%	Too few students by grade

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR

	SU/SD	VT	
Overall	13%	18%	Overall Differences: State vs SU
Sex	Male	11% / 20%	VT > SU
	Female	15% / 16%	Within SU Differences
Grade	9th / 10th	17% / 19%	
	11th / 12th	9% / 17%	

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SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		SU/SD	VT	
Overall		52%	54%	Overall Differences: State vs SU
Sex	Male	47%	51%	VT and SU are Similar
	Female	57%	58%	Within SU Differences
Grade	9th / 10th	47%	50%	
	11th / 12th	57%	59%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		56%	55%	Overall Differences: State vs SU
Sex	Male	55%	53%	VT and SU are Similar
	Female	57%	56%	Within SU Differences
Grade	9th / 10th	57%	56%	
	11th / 12th	55%	53%	

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SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS			
		SU/SD	VT
Overall		27%	23%
Sex	Male	24%	23%
	Female	32%	23%
Grade	9th / 10th	31%	23%
	11th / 12th	24%	24%

Overall Differences: State vs SU
VT and SU are Similar
Within SU Differences

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS			
		SU/SD	VT
Overall		41%	33%
Sex	Male	39%	33%
	Female	44%	33%
Grade	9th / 10th	41%	32%
	11th / 12th	42%	34%

Overall Differences: State vs SU
SU > VT
Within SU Differences

SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR				
		SU/SD	VT	
Overall		27%	25%	Overall Differences: State vs SU
Sex	Male	19%	16%	VT and SU are Similar
	Female	36%	35%	Within SU Differences
Grade	9th / 10th	26%	25%	Females > Males
	11th / 12th	29%	26%	

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT	
Overall		14%	16%	Overall Differences: State vs SU
Sex	Male	5%	9%	VT and SU are Similar
	Female	25%	25%	Within SU Differences
Grade	9th / 10th	19%	18%	Females > Males
	11th / 12th	10%	15%	

SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		SU/SD	VT	
Overall		13%	11%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	20%	15%	Within SU Differences
Grade	9th / 10th	17%	12%	Females > Males
	11th / 12th	10%	10%	

ATTEMPTED SUICIDE, PAST YEAR				
		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	.	4%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	9th / 10th	8%	6%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

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SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE				
		SU/SD	VT	
Overall		22%	24%	Overall Differences: State vs SU
Sex	Male	21%	26%	VT and SU are Similar
	Female	24%	22%	Within SU Differences
Grade	9th / 10th	22%	19%	
	11th / 12th	23%	29%	

SMOKED A CIGARETTE BEFORE AGE 13 YEARS				
		SU/SD	VT	
Overall		7%	8%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	9th / 10th	8%	8%	
	11th / 12th	7%	7%	

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		SU/SD	VT	
Overall		34%	34%	Overall Differences: State vs SU
Sex	Male	38%	37%	VT and SU are Similar
	Female	30%	31%	Within SU Differences
Grade	9th / 10th	36%	27%	
	11th / 12th	33%	41%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER TRIED FLAVORED TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		26%	21%	Overall Differences: State vs SU
Sex	Male	28%	24%	SU > VT
	Female	24%	17%	Within SU Differences
Grade	9th / 10th	26%	14%	
	11th / 12th	26%	27%	

EVER DRANK ALCOHOL				
		SU/SD	VT	
Overall		56%	58%	Overall Differences: State vs SU
Sex	Male	52%	57%	VT and SU are Similar
	Female	60%	58%	Within SU Differences
Grade	9th / 10th	54%	48%	
	11th / 12th	59%	68%	

DRANK ALCOHOL BEFORE AGE 13 YEARS				
		SU/SD	VT	
Overall		15%	14%	Overall Differences: State vs SU
Sex	Male	19%	16%	VT and SU are Similar
	Female	11%	11%	Within SU Differences
Grade	9th / 10th	19%	15%	
	11th / 12th	12%	12%	

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SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED MARIJUANA				
		SU/SD	VT	
Overall		37%	37%	Overall Differences: State vs SU
Sex	Male	33%	37%	VT and SU are Similar
	Female	41%	37%	Within SU Differences
Grade	9th / 10th	37%	29%	
	11th / 12th	37%	46%	

TRIED MARIJUANA BEFORE AGE 13 YEARS				
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	.	5%	Within SU Differences
Grade	9th / 10th	8%	6%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

EVER MISUSED PRESCRIPTION PAIN MEDICINE				
		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	4%	8%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	9th / 10th	6%	7%	
	11th / 12th	6%	9%	

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SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER MISUSED PRESCRIPTION STIMULANTS				
		SU/SD	VT	
Overall		3%	6%	Overall Differences: State vs SU
Sex	Male	.	7%	VT > SU
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	8%	Too few students by grade

EVER USED COCAINE				
		SU/SD	VT	
Overall		2%	4%	Overall Differences: State vs SU
Sex	Male	3%	5%	VT > SU
	Female	.	3%	Within SU Differences
Grade	9th / 10th	.	3%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

EVER USED INHALANTS				
		SU/SD	VT	
Overall		4%	6%	Overall Differences: State vs SU
Sex	Male	4%	6%	VT and SU are Similar
	Female	4%	6%	Within SU Differences
Grade	9th / 10th	6%	6%	Too few students by grade
	11th / 12th	.	6%	

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SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED HEROIN			
		SU/SD	VT
Overall		.	2%
Sex	Male	.	3%
	Female	.	1%
Grade	9th / 10th	.	1%
	11th / 12th	.	2%

Overall Differences: State vs SU	
Too few students	
Within SU Differences	
Too few students by sex	
Too few students by grade	

EVER USED METHAMPHETAMINES			
		SU/SD	VT
Overall		.	2%
Sex	Male	.	3%
	Female	.	1%
Grade	9th / 10th	.	2%
	11th / 12th	.	3%

Overall Differences: State vs SU	
Too few students	
Within SU Differences	
Too few students by sex	
Too few students by grade	

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SECTION 4: SUBSTANCE USE
 CURRENT USE

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR				
		SU/SD	VT	
Overall		25%	24%	Overall Differences: State vs SU
Sex	Male	30%	28%	VT and SU are Similar
	Female	20%	18%	Within SU Differences
Grade	9th / 10th	25%	17%	
	11th / 12th	25%	30%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall		24%	19%	Overall Differences: State vs SU
Sex	Male	28%	23%	SU > VT
	Female	19%	14%	Within SU Differences
Grade	9th / 10th	21%	13%	
	11th / 12th	26%	25%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		18%	15%	Overall Differences: State vs SU
Sex	Male	21%	19%	VT and SU are Similar
	Female	14%	11%	Within SU Differences
Grade	9th / 10th	14%	10%	
	11th / 12th	22%	20%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

SMOKED CIGARETTES, PAST 30 DAYS				
		SU/SD	VT	
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	11%	10%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	9th / 10th	10%	6%	
	11th / 12th	11%	12%	

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES				
		SU/SD	VT	
1 or 2 days	.		29%	Too few students
3 to 5 days	.		15%	Too few students
6 to 9 days	.		10%	Too few students
10 to 19 days	.		12%	Too few students
20 to 29 days	.		9%	Too few students
All 30 days	.		25%	Too few students

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SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		SU/SD	VT	
Overall		.	25%	Overall Differences: State vs SU
Sex	Male	.	27%	Too few students
	Female	.	20%	Within SU Differences
Grade	9th / 10th	.	22%	Too few students by sex
	11th / 12th	.	25%	Too few students by grade

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED				
		SU/SD	VT	
Less than 1 cigarette		.	30%	Too few students
1 cigarette		.	19%	Too few students
2 to 5 cigarettes		.	30%	Too few students
6 to 10 cigarettes		.	9%	Too few students
11 to 20 cigarettes		.	4%	Too few students
More than 20 cigarettes		.	8%	Too few students

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SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED				
		SU/SD	VT	
Overall		.	12%	Overall Differences: State vs SU
Sex	Male	.	15%	Too few students
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	11%	Too few students by grade

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall		17%	12%	Overall Differences: State vs SU
Sex	Male	21%	14%	SU > VT
	Female	12%	9%	Within SU Differences
Grade	9th / 10th	16%	9%	
	11th / 12th	18%	15%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
Friend/family used them	31%	35%	
To try to quit other tobacco	.	5%	Too few students
Cost less than other tobacco	.	1%	Too few students
Easier to get than other tobacco	.	1%	Too few students
Less harmful than other tobacco	15%	8%	SU > VT
Available in flavors	20%	17%	
Used for some other reason	30%	33%	

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE

	SU/SD	VT	
1 or 2 days	.	37%	Too few students
3 to 5 days	.	19%	Too few students
6 to 9 days	.	11%	Too few students
10 to 19 days	.	12%	Too few students
20 to 29 days	.	7%	Too few students
All 30 days	.	15%	Too few students

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS

		SU/SD	VT	
Overall		.	33%	Overall Differences: State vs SU
Sex	Male	.	37%	Too few students
	Female	.	26%	Within SU Differences
Grade	9th / 10th	.	33%	Too few students by sex
	11th / 12th	.	33%	Too few students by grade

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	SU/SD	VT	
Bought them in a store	.	8%	Too few students
I got them on the Internet	.	10%	Too few students
Someone else bought them	.	14%	Too few students
Borrowed them	.	38%	Too few students
A person 18 or older gave me	.	11%	Too few students
Took them from a store	.	2%	Too few students
Some other way	.	18%	Too few students

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SECTION 4: SUBSTANCE USE
CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall		10%	5%	Overall Differences: State vs SU
Sex	Male	16%	8%	SU > VT
	Female	.	2%	Within SU Differences
Grade	9th / 10th	10%	4%	Too few students by sex
	11th / 12th	10%	6%	

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS				
		SU/SD	VT	
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	12%	13%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	9th / 10th	6%	6%	
	11th / 12th	13%	13%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR				
		SU/SD	VT	
Overall		.	33%	Overall Differences: State vs SU
Sex	Male	.	30%	Too few students
	Female	.	37%	Within SU Differences
Grade	9th / 10th	.	34%	Too few students by sex
	11th / 12th	.	32%	Too few students by grade

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SECTION 4: SUBSTANCE USE
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall		35%	33%	Overall Differences: State vs SU
Sex	Male	29%	32%	VT and SU are Similar
	Female	41%	34%	Within SU Differences
Grade	9th / 10th	32%	25%	
	11th / 12th	37%	41%	

BINGE DRANK, PAST 30 DAYS				
		SU/SD	VT	
Overall		17%	17%	Overall Differences: State vs SU
Sex	Male	19%	17%	VT and SU are Similar
	Female	15%	17%	Within SU Differences
Grade	9th / 10th	12%	11%	
	11th / 12th	21%	23%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING			
	SU/SD	VT	
1 or 2 days	58%	49%	
3 to 5 days	27%	26%	
6 to 9 days	8%	13%	
10 to 19 days	.	7%	Too few students
20 to 29 days	.	2%	Too few students
All 30 days	.	3%	Too few students

AMONG CURRENT USERS: DRANK ON 10+ DAYS			
	SU/SD	VT	
Overall	.	12%	Overall Differences: State vs SU
Sex	Male	. 15%	Too few students
	Female	. 9%	Within SU Differences
Grade	9th / 10th	. 11%	Too few students by sex
	11th / 12th	. 13%	Too few students by grade

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SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED

	SU/SD	VT	
1 or 2 drinks	33%	35%	
3 drinks	10%	6%	
4 drinks	8%	8%	
5 drinks	17%	13%	
6 or 7 drinks	24%	15%	SU > VT
8 or 9 drinks	.	8%	Too few students
10 or more drinks	.	14%	Too few students

AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)

	SU/SD	VT	
Overall	54%	57%	Overall Differences: State vs SU
Sex			VT and SU are Similar
Male	.	59%	
Female	.	55%	Within SU Differences
Grade			Too few students by sex
9th / 10th	.	51%	
11th / 12th	.	61%	Too few students by grade

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SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE

	SU/SD	VT	
Bought in store	.	3%	Too few students
Bought in restaurant	.	2%	Too few students
Bought at public event	.	0%	Too few students
I gave someone money to buy	20%	23%	
Someone gave it to me	51%	40%	SU > VT
Took from store/family	9%	12%	
Some other way	18%	20%	

USED MARIJUANA, PAST 30 DAYS

	SU/SD	VT		
Overall	24%	24%	Overall Differences: State vs SU	
Sex	Male	23%	24%	VT and SU are Similar
	Female	25%	23%	Within SU Differences
Grade	9th / 10th	26%	18%	
	11th / 12th	22%	28%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

	SU/SD	VT	
1 or 2 times	48%	34%	SU > VT
3 to 9 times	26%	25%	
10 to 19 times	.	12%	Too few students
20 to 39 times	8%	10%	
40 or more times	14%	20%	

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

	SU/SD	VT	
Overall	26%	41%	Overall Differences: State vs SU
Sex			
Male	.	47%	VT > SU
Female	.	35%	Within SU Differences
Grade			
9th / 10th	.	39%	Too few students by sex
11th / 12th	.	42%	Too few students by grade

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED

	SU/SD	VT	
Smoked it	.	91%	Too few students
Ate in food	.	4%	Too few students
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	.	2%	Too few students

SECTION 4: SUBSTANCE USE
 CURRENT USE

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS			
		SU/SD	VT
Overall		3%	5%
Overall Differences: State vs SU			
Sex	Male	.	6%
	Female	.	5%
VT and SU are Similar			
Within SU Differences			
Grade	9th / 10th	.	5%
	11th / 12th	.	6%
Too few students by sex			
Too few students by grade			

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SECTION 4: SUBSTANCE USE
 SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR			
		SU/SD	VT
Overall		17%	15%
Overall Differences: State vs SU			
Sex	Male	17%	17%
VT and SU are Similar			
	Female	17%	13%
Within SU Differences			
Grade	9th / 10th	22%	15%
9-10 > 11-12			
	11th / 12th	12%	15%

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR			
		SU/SD	VT
Overall		13%	13%
Overall Differences: State vs SU			
Sex	Male	16%	14%
VT and SU are Similar			
	Female	10%	12%
Within SU Differences			
Grade	9th / 10th	13%	11%
	11th / 12th	13%	16%

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		SU/SD	VT	
Overall		26%	25%	Overall Differences: State vs SU
Sex	Male	27%	25%	VT and SU are Similar
	Female	24%	24%	Within SU Differences
Grade	9th / 10th	31%	29%	
	11th / 12th	21%	20%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		85%	84%	Overall Differences: State vs SU
Sex	Male	85%	82%	VT and SU are Similar
	Female	85%	86%	Within SU Differences
Grade	9th / 10th	86%	89%	
	11th / 12th	85%	79%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

		SU/SD	VT	
Overall		53%	54%	Overall Differences: State vs SU
Sex	Male	58%	55%	VT and SU are Similar
	Female	47%	54%	Within SU Differences
Grade	9th / 10th	57%	65%	
	11th / 12th	50%	44%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA

		SU/SD	VT	
Overall		59%	55%	Overall Differences: State vs SU
Sex	Male	61%	56%	VT and SU are Similar
	Female	57%	55%	Within SU Differences
Grade	9th / 10th	60%	64%	
	11th / 12th	58%	46%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		89%	91%	Overall Differences: State vs SU
Sex	Male	91%	90%	VT and SU are Similar
	Female	87%	93%	Within SU Differences
Grade	9th / 10th	92%	94%	
	11th / 12th	87%	89%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		SU/SD	VT	
Overall		68%	66%	Overall Differences: State vs SU
Sex	Male	69%	64%	VT and SU are Similar
	Female	66%	67%	Within SU Differences
Grade	9th / 10th	71%	75%	
	11th / 12th	64%	57%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		SU/SD	VT	
Overall		78%	76%	Overall Differences: State vs SU
Sex	Male	78%	75%	VT and SU are Similar
	Female	78%	77%	Within SU Differences
Grade	9th / 10th	82%	81%	
	11th / 12th	75%	72%	

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY

	SU/SD	VT	
No risk	4%	5%	
Slight risk	12%	9%	
Moderate risk	16%	18%	
Great risk	68%	68%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		SU/SD	VT	
Overall		68%	68%	Overall Differences: State vs SU
Sex	Male	66%	66%	VT and SU are Similar
	Female	70%	70%	Within SU Differences
Grade	9th / 10th	59%	66%	11-12 > 9-10
	11th / 12th	77%	70%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK

	SU/SD	VT
No risk	5%	6%
Slight risk	21%	19%
Moderate risk	41%	39%
Great risk	33%	36%

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND

	SU/SD	VT		
Overall	33%	36%	Overall Differences: State vs SU	
Sex	Male	36%	32%	VT and SU are Similar
	Female	30%	41%	Within SU Differences
Grade	9th / 10th	31%	38%	
	11th / 12th	36%	34%	

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE

	SU/SD	VT
No risk	19%	21%
Slight risk	30%	29%
Moderate risk	28%	26%
Great risk	23%	24%

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY			
		SU/SD	VT
Overall		23%	24%
Sex	Male	20%	21%
	Female	27%	28%
Grade	9th / 10th	28%	29%
	11th / 12th	19%	20%

Overall Differences: State vs SU
VT and SU are Similar
Within SU Differences

PERCEIVED ACCESS TO CIGARETTES		
	SU/SD	VT
Very hard	22%	24%
Sort of hard	18%	21%
Sort of easy	23%	22%
Very easy	36%	32%

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET			
		SU/SD	VT
Overall		60%	55%
Sex	Male	62%	57%
	Female	58%	52%
Grade	9th / 10th	61%	43%
	11th / 12th	59%	66%

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 PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL		
	SU/SD	VT
Very hard	18%	15%
Sort of hard	14%	18%
Sort of easy	31%	31%
Very easy	37%	37%

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET			
		SU/SD	VT
Overall		69%	68%
Sex	Male	71%	67%
	Female	66%	69%
Grade	9th / 10th	72%	62%
	11th / 12th	66%	73%

PERCEIVED ACCESS TO MARIJUANA		
	SU/SD	VT
Very hard	25%	27%
Sort of hard	13%	15%
Sort of easy	17%	22%
Very easy	45%	37%

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET			
		SU/SD	VT
Overall		62%	58%
Overall Differences: State vs SU			
Sex	Male	64%	59%
	Female	59%	57%
VT and SU are Similar			
Within SU Differences			
Grade	9th / 10th	64%	49%
	11th / 12th	60%	67%

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SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES			
	SU/SD	VT	
Never had sexual contact	49%	42%	
Females	47%	54%	
Males	.	2%	Too few students
Females and males	.	2%	Too few students

LIFETIME SEXUAL CONTACTS: FEMALES			
	SU/SD	VT	
Never had sexual contact	32%	43%	VT > SU
Females	.	2%	Too few students
Males	62%	48%	SU > VT
Females and males	6%	7%	

EVER HAD SEXUAL INTERCOURSE			
	SU/SD	VT	
Overall	43%	40%	Overall Differences: State vs SU
Sex			
Male	40%	40%	VT and SU are Similar
Female	46%	40%	Within SU Differences
Grade			
9th / 10th	31%	26%	11-12 > 9-10
11th / 12th	55%	54%	

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SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

HAVE HAD 4+ LIFETIME PARTNERS				
		SU/SD	VT	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	9th / 10th	8%	5%	
	11th / 12th	9%	13%	

EVER HAD ORAL SEX				
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	43%	42%	VT and SU are Similar
	Female	49%	42%	Within SU Differences
Grade	9th / 10th	30%	30%	
	11th / 12th	61%	55%	11-12 > 9-10

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		SU/SD	VT	
Overall		8%	10%	Overall Differences: State vs SU
Sex	Male	4%	9%	VT and SU are Similar
	Female	13%	12%	Within SU Differences
Grade	9th / 10th	8%	8%	
	11th / 12th	9%	13%	Females > Males

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SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		SU/SD	VT	
Overall		33%	31%	Overall Differences: State vs SU
Sex	Male	31%	29%	VT and SU are Similar
	Female	36%	32%	Within SU Differences
Grade	9th / 10th	22%	19%	11-12 > 9-10
	11th / 12th	44%	43%	

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		8%	20%	Overall Differences: State vs SU
Sex	Male	.	22%	VT > SU
	Female	.	17%	Within SU Differences
Grade	9th / 10th	.	23%	Too few students by sex
	11th / 12th	.	18%	Too few students by grade

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SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
No method was used	7%	7%	
Birth control pills	38%	32%	
Condoms	40%	35%	
IUD or implant	.	13%	Too few students
Shot/patch/birth control ring	.	5%	Too few students
Withdrawal/other method	.	5%	Too few students
Not sure	.	2%	Too few students

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
Overall	46%	50%	Overall Differences: State vs SU
Sex			
Male	.	40%	VT and SU are Similar
Female	.	60%	Within SU Differences
Grade			
9th / 10th	.	39%	Too few students by sex
11th / 12th	.	56%	Too few students by grade

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		59%	56%	Overall Differences: State vs SU
Sex	Male	.	61%	VT and SU are Similar
	Female	.	52%	Within SU Differences
Grade	9th / 10th	.	62%	Too few students by sex
	11th / 12th	.	54%	Too few students by grade

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		17%	19%	Overall Differences: State vs SU
Sex	Male	.	15%	VT and SU are Similar
	Female	.	22%	Within SU Differences
Grade	9th / 10th	.	16%	Too few students by sex
	11th / 12th	.	20%	Too few students by grade

SECTION 5: SEXUAL HEALTH
 CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	.	8%	VT and SU are Similar
	Female	.	7%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

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SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		SU/SD	VT	
Overall		14%	14%	Overall Differences: State vs SU
Sex	Male	9%	14%	VT and SU are Similar
	Female	20%	15%	Within SU Differences
Grade	9th / 10th	13%	15%	Females > Males
	11th / 12th	15%	13%	

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)				
		SU/SD	VT	
Overall		20%	13%	Overall Differences: State vs SU
Sex	Male	20%	15%	SU > VT
	Female	19%	10%	Within SU Differences
Grade	9th / 10th	16%	12%	
	11th / 12th	23%	13%	

PERCEPTIONS OF OWN WEIGHT				
		SU/SD	VT	
Very underweight		.	2%	Too few students
Slightly underweight		13%	12%	
About the right weight		49%	56%	VT > SU
Slightly overweight		32%	25%	SU > VT
Very overweight		5%	5%	

SECTION 6: BMI AND WEIGHT PERCEPTIONS

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT				
		SU/SD	VT	
Overall		37%	30%	Overall Differences: State vs SU
Sex	Male	29%	25%	SU > VT
	Female	45%	36%	Within SU Differences
Grade	9th / 10th	30%	29%	Females > Males
	11th / 12th	44%	31%	11-12 > 9-10

WHAT ONE IS TRYING TO DO ABOUT WEIGHT				
		SU/SD	VT	
	Lose weight	45%	42%	
	Gain weight	13%	15%	
	Stay the same weight	24%	18%	SU > VT
	Not trying to do anything	18%	25%	VT > SU

WERE TRYING TO LOSE WEIGHT				
		SU/SD	VT	
Overall		45%	42%	Overall Differences: State vs SU
Sex	Male	30%	28%	VT and SU are Similar
	Female	62%	57%	Within SU Differences
Grade	9th / 10th	41%	42%	Females > Males
	11th / 12th	49%	42%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK			
	SU/SD	VT	
0 days	10%	13%	
1 day	9%	7%	
2 days	9%	9%	
3 days	6%	12%	VT > SU
4 days	9%	11%	
5 days	19%	14%	SU > VT
6 days	11%	10%	
7 days	27%	25%	

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		SU/SD	VT	
Overall		27%	25%	Overall Differences: State vs SU
Sex	Male	29%	33%	VT and SU are Similar
	Female	25%	17%	Within SU Differences
Grade	9th / 10th	28%	27%	
	11th / 12th	26%	24%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK				
		SU/SD	VT	
Overall		57%	49%	Overall Differences: State vs SU
Sex	Male	64%	56%	SU > VT
	Female	49%	42%	Within SU Differences
Grade	9th / 10th	57%	51%	Males > Females
	11th / 12th	56%	47%	

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK				
		SU/SD	VT	
Overall		10%	13%	Overall Differences: State vs SU
Sex	Male	7%	11%	VT and SU are Similar
	Female	13%	14%	Within SU Differences
Grade	9th / 10th	9%	11%	
	11th / 12th	10%	14%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK			
	SU/SD	VT	
Do not watch TV	5%	3%	VT > SU
Less than 1 hour per day	11%	8%	
1 hour per day	9%	12%	
2 hours per day	22%	23%	
3 hours per day	15%	21%	
4 hours per day	15%	13%	
5 or more hours per day	22%	19%	

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK				
		SU/SD	VT	
Overall		53%	53%	Overall Differences: State vs SU
Sex	Male	47%	53%	VT and SU are Similar
	Female	59%	52%	Within SU Differences
Grade	9th / 10th	50%	53%	
	11th / 12th	55%	52%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall		29%	33%	Overall Differences: State vs SU
Sex	Male	29%	32%	VT and SU are Similar
	Female	29%	33%	Within SU Differences
Grade	9th / 10th	29%	33%	
	11th / 12th	30%	32%	

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall		10%	18%	Overall Differences: State vs SU
Sex	Male	7%	18%	VT > SU
	Female	13%	18%	Within SU Differences
Grade	9th / 10th	13%	18%	
	11th / 12th	7%	18%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

SODA CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink soda or pop	23%	37%	VT > SU
1 to 3 times	39%	40%	
4 to 6 times	20%	12%	SU > VT
1 time per day	8%	4%	SU > VT
2 times per day	5%	3%	
3 times per day	2%	1%	
4 or more times per day	.	3%	Too few students

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall		18%	11%	Overall Differences: State vs SU
Sex	Male	24%	16%	SU > VT
	Female	10%	6%	Within SU Differences
Grade	9th / 10th	16%	11%	Males > Females
	11th / 12th	19%	12%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

	SU/SD	VT	
Did not drink sugar-sweetened	23%	28%	VT > SU
1 to 3 times	47%	44%	
4 to 6 times	15%	15%	
1 time per day	7%	6%	
2 times per day	4%	3%	
3 times per day	.	1%	Too few students
4 or more times per day	3%	2%	

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

	SU/SD	VT	
Overall	14%	12%	Overall Differences: State vs SU
Sex			VT and SU are Similar
Male	19%	15%	
Female	9%	9%	Within SU Differences
Grade			Males > Females
9th / 10th	12%	12%	
11th / 12th	16%	13%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

WATER CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink water	2%	4%	
1 to 3 times	15%	9%	SU > VT
4 to 6 times	18%	11%	SU > VT
1 time per day	12%	9%	
2 times per day	12%	16%	VT > SU
3 times per day	12%	19%	VT > SU
4 or more times per day	29%	33%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK				
		SU/SD	VT	
Overall		42%	52%	Overall Differences: State vs SU
Sex	Male	39%	51%	VT > SU
	Female	44%	53%	Within SU Differences
Grade	9th / 10th	38%	51%	
	11th / 12th	45%	53%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK			
	SU/SD	VT	
0 days	14%	11%	
1 day	9%	6%	SU > VT
2 days	11%	9%	
3 days	11%	10%	
4 days	10%	8%	
5 days	8%	9%	
6 days	7%	7%	
7 days	31%	40%	VT > SU

DID NOT EAT BREAKFAST, PAST WEEK				
	SU/SD	VT		
Overall	14%	11%	Overall Differences: State vs SU	
Sex	Male	13%	VT and SU are Similar	
	Female	14%	Within SU Differences	
Grade	9th / 10th	12%		
	11th / 12th	16%		

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS			
	SU/SD	VT	
Never	72%	75%	
Rarely	18%	15%	
Sometimes	8%	7%	
Most of the time	.	2%	Too few students
Always	.	1%	Too few students

MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS				
		SU/SD	VT	
Overall		2%	3%	Overall Differences: State vs SU
Sex	Male	.	3%	VT and SU are Similar
	Female	.	2%	Within SU Differences
Grade	9th / 10th	.	3%	Too few students by sex
	11th / 12th	.	3%	Too few students by grade

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING			
		SU/SD	VT
Overall		7%	4%
Overall Differences: State vs SU			
Sex	Male	5%	4%
	Female	9%	3%
SU > VT			
Within SU Differences			
Grade	9th / 10th	7%	3%
	11th / 12th	7%	5%

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK			
	SU/SD	VT	
0 days	11%	9%	
1 day	4%	4%	
2 days	2%	4%	VT > SU
3 days	6%	6%	
4 days	10%	8%	
5 days	16%	13%	
6 days	8%	12%	VT > SU
7 days	43%	44%	

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		SU/SD	VT	
Overall		77%	77%	Overall Differences: State vs SU
Sex	Male	85%	80%	VT and SU are Similar
	Female	67%	75%	Within SU Differences
Grade	9th / 10th	78%	82%	Males > Females
	11th / 12th	75%	73%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL			
	SU/SD	VT	
Mostly A's	23%	46%	VT > SU
Mostly B's	45%	39%	SU > VT
Mostly C's	25%	12%	SU > VT
Mostly D's	6%	2%	SU > VT
Mostly F's	.	1%	Too few students

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		SU/SD	VT	
Overall		82%	80%	Overall Differences: State vs SU
Sex	Male	82%	80%	VT and SU are Similar
	Female	83%	81%	Within SU Differences
Grade	9th / 10th	81%	78%	
	11th / 12th	84%	82%	

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS			
	SU/SD	VT	
Strongly agree	19%	21%	
Agree	45%	44%	
Not sure	20%	19%	
Disagree	12%	11%	
Strongly disagree	4%	5%	

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SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall		65%	65%	Overall Differences: State vs SU
Sex	Male	70%	69%	VT and SU are Similar
	Female	59%	61%	Within SU Differences
Grade	9th / 10th	64%	66%	
	11th / 12th	66%	64%	

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM

	SU/SD	VT	
Definitely will not	3%	5%	
Probably will not	9%	5%	SU > VT
Probably will	25%	22%	
Definitely will	45%	57%	VT > SU
Not sure	19%	11%	SU > VT

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM

		SU/SD	VT	
Overall		70%	79%	Overall Differences: State vs SU
Sex	Male	62%	75%	VT > SU
	Female	78%	83%	Within SU Differences
Grade	9th / 10th	65%	76%	Females > Males
	11th / 12th	75%	82%	

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SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK

	SU/SD	VT	
0 hours	46%	33%	SU > VT
1 to 4 hours	24%	27%	
5 to 9 hours	11%	17%	VT > SU
10 to 19 hours	13%	17%	
20 or more hours	5%	6%	

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK

	SU/SD	VT	
Overall	18%	24%	Overall Differences: State vs SU
Sex	Male	20%	VT > SU
	Female	16%	Within SU Differences
Grade	9th / 10th	20%	
	11th / 12th	16%	25%

MATTER TO PEOPLE IN THEIR COMMUNITY

	SU/SD	VT	
Strongly agree	18%	19%	
Agree	37%	41%	
Not sure	29%	25%	
Disagree	10%	9%	
Strongly disagree	7%	5%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE			
		SU/SD	VT
Overall		54%	61%
Overall Differences: State vs SU			
Sex	Male	65%	65%
	Female	43%	57%
Within SU Differences			
Grade	9th / 10th	52%	60%
	11th / 12th	57%	61%
Males > Females			

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<http://healthvermont.gov/yrbs.aspx>

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SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	126	16701

		SU/SD	VT
Sex	Male	47%	52%
	Female	53%	48%
	6th Grade	.	24%
	7th Grade	46%	39%
	8th Grade	54%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	81%
	Students of Color (REM)	5%	19%
Sexual Orientation	Heterosexual (Het)	93%	93%
	Lesbian, Gay, or Bisexual (LGB)	7%	7%

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT			
	SU/SD	VT	
Overall	45%	42%	VT and SU are Similar

WERE EVER BULLIED ON SCHOOL PROPERTY			
	SU/SD	VT	
Overall	43%	44%	VT and SU are Similar

WERE EVER ELECTRONICALLY BULLIED			
	SU/SD	VT	
Overall	30%	24%	SU > VT

WERE BULLIED, PAST 30 DAYS			
	SU/SD	VT	
Overall	26%	22%	SU > VT

BULLIED SOMEONE ELSE, PAST 30 DAYS			
	SU/SD	VT	
Overall	8%	8%	VT and SU are Similar

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SECTION 2: PERSONAL SAFETY
CAR SAFETY

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR
ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS**

	SU/SD	VT	
Overall	17%	8%	SU > VT

SEATBELT USE

	SU/SD	VT	
Never	.	1%	Too few students
Rarely	.	1%	Too few students
Sometimes	4%	3%	
Most of the time	20%	18%	
Always	72%	76%	VT > SU

RARELY OR NEVER WEAR A SEAT BELT

	SU/SD	VT	
Overall	4%	2%	SU > VT

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL

	SU/SD	VT	
Overall	15%	22%	VT > SU

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA

	SU/SD	VT	
Overall	7%	9%	VT and SU are Similar

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SECTION 2: PERSONAL SAFETY
INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	SU/SD	VT	
Never wear a helmet	26%	16%	SU > VT
Rarely wear a helmet	28%	15%	SU > VT
Sometimes wear a helmet	19%	15%	
Most of the time wear a helmet	16%	25%	VT > SU
Always wear a helmet	11%	28%	VT > SU

RARELY OR NEVER WEAR A BICYCLE HELMET

	SU/SD	VT	
Overall	54%	31%	SU > VT

HELMET USE WHEN SKIING OR SNOWBOARDING

	SU/SD	VT	
Never wear a helmet	.	5%	Too few students
Rarely wear a helmet	.	2%	Too few students
Sometimes wear a helmet	.	2%	Too few students
Most of the time wear a helmet	7%	7%	
Always wear a helmet	80%	83%	

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

	SU/SD	VT	
Overall	.	7%	Too few students

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SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE

	SU/SD	VT	
Overall	21%	17%	VT and SU are Similar

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

	SU/SD	VT	
Overall	34%	26%	SU > VT

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

	SU/SD	VT	
Overall	22%	19%	VT and SU are Similar

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE

	SU/SD	VT	
Never	8%	9%	
Rarely	11%	14%	
Sometimes	29%	27%	
Most of the time	29%	29%	
Always	22%	21%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS			
	SU/SD	VT	
Overall	51%	50%	VT and SU are Similar

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR			
	SU/SD	VT	
Overall	27%	30%	VT and SU are Similar

SECTION 3: MENTAL HEALTH

FELT SAD OR HOPELESS, PAST YEAR			
	SU/SD	VT	
Overall	25%	19%	SU > VT

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES			
	SU/SD	VT	
Overall	22%	18%	SU > VT

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES			
	SU/SD	VT	
Overall	16%	12%	SU > VT

EVER ATTEMPTED SUICIDE			
	SU/SD	VT	
Overall	6%	6%	VT and SU are Similar

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SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE			
	SU/SD	VT	
Overall	10%	7%	VT and SU are Similar

EVER USED AN ELECTRONIC VAPOR PRODUCT			
	SU/SD	VT	
Overall	8%	9%	VT and SU are Similar

EVER USED A FLAVORED TOBACCO PRODUCT			
	SU/SD	VT	
Overall	7%	5%	SU > VT

EVER DRANK ALCOHOL			
	SU/SD	VT	
Overall	22%	19%	VT and SU are Similar

EVER USED MARIJUANA			
	SU/SD	VT	
Overall	8%	7%	VT and SU are Similar

EVER USED INHALANTS			
	SU/SD	VT	
Overall	6%	4%	VT and SU are Similar

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT		
	SU/SD	VT
Overall	.	2%
Too few students		

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT		
	SU/SD	VT
Overall	.	2%
Too few students		

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR			
	SU/SD	VT	
Overall	9%	5%	SU > VT

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS			
	SU/SD	VT	
Overall	6%	5%	VT and SU are Similar

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS			
	SU/SD	VT	
Overall	.	3%	Too few students

SMOKED CIGARETTES, PAST 30 DAYS			
	SU/SD	VT	
Overall	.	2%	Too few students

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED

	SU/SD	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

	SU/SD	VT	
Overall	4%	4%	VT and SU are Similar

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT

	SU/SD	VT	
Friend/family used them	.	38%	Too few students
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	.	13%	Too few students
Used for some other reason	.	36%	Too few students

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE

	SU/SD	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	.	44%	Too few students
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	.	21%	Too few students

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
1 or 2 days	.	49%	Too few students
3 to 5 days	.	16%	Too few students
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	.	15%	Too few students

SMOKED CIGARS, PAST 30 DAYS

	SU/SD	VT	
Overall	.	1%	Too few students

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SECTION 4: SUBSTANCE USE
CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS			
	SU/SD	VT	
Overall	.	1%	Too few students

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR			
	SU/SD	VT	
Overall	.	36%	Too few students

DRANK ALCOHOL, PAST 30 DAYS			
	SU/SD	VT	
Overall	8%	7%	VT and SU are Similar

BINGE DRANK, PAST 30 DAYS			
	SU/SD	VT	
Overall	.	2%	Too few students

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED

	SU/SD	VT	
1 or 2 drinks	.	63%	Too few students
3 drinks	.	10%	Too few students
4 drinks	.	7%	Too few students
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	.	9%	Too few students

USED MARIJUANA, PAST 30 DAYS

	SU/SD	VT	
Overall	6%	4%	SU > VT

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SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO
SMOKE CIGARETTES**

	SU/SD	VT	
Overall	93%	95%	VT and SU are Similar

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO
DRINK ALCOHOL**

	SU/SD	VT	
Overall	89%	89%	VT and SU are Similar

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO
USE MARIJUANA**

	SU/SD	VT	
Overall	89%	90%	VT and SU are Similar

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR
VERY WRONG FOR THEM TO SMOKE CIGARETTES**

	SU/SD	VT	
Overall	97%	95%	VT and SU are Similar

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR
VERY WRONG FOR THEM TO DRINK ALCOHOL**

	SU/SD	VT	
Overall	89%	85%	SU > VT

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA			
	SU/SD	VT	
Overall	93%	92%	VT and SU are Similar

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET			
	SU/SD	VT	
Overall	25%	22%	VT and SU are Similar

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET			
	SU/SD	VT	
Overall	40%	37%	VT and SU are Similar

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET			
	SU/SD	VT	
Overall	13%	15%	VT and SU are Similar

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY			
	SU/SD	VT	
Overall	67%	72%	VT > SU

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE
DRINK EACH WEEKEND**

	SU/SD	VT	
Overall	40%	48%	VT > SU

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE
MARIJUANA REGULARLY**

	SU/SD	VT	
Overall	53%	59%	VT > SU

SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE			
	SU/SD	VT	
Overall	7%	5%	VT and SU are Similar

EVER HAD ORAL SEX			
	SU/SD	VT	
Overall	6%	6%	VT and SU are Similar

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK				
	SU/SD	VT		
0 days	10%	7%	Too few students	
1 day	.	4%		
2 days	7%	7%		
3 days	13%	10%		
4 days	14%	11%		
5 days	22%	15%		SU > VT
6 days	9%	11%		
7 days	21%	34%		VT > SU

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS			
	SU/SD	VT	
Overall	21%	34%	VT > SU

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS			
	SU/SD	VT	
Overall	52%	60%	VT > SU

WERE NOT PHYSICALLY ACTIVE PAST WEEK			
	SU/SD	VT	
Overall	10%	7%	VT and SU are Similar

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK

	SU/SD	VT	
0 days	49%	25%	SU > VT
1 day	12%	7%	SU > VT
2 days	11%	8%	
3 days	12%	8%	SU > VT
4 days	4%	5%	
5 days	12%	46%	VT > SU

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL

	SU/SD	VT	
Overall	49%	25%	SU > VT

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS

	SU/SD	VT	
0 days	92%	77%	SU > VT
1 day	.	3%	Too few students
2 days	.	3%	Too few students
3 days	.	4%	Too few students
4 days	.	2%	Too few students
5 days	6%	10%	VT > SU

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY			
	SU/SD	VT	
Overall	.	10%	Too few students

WATCH TELEVISION, TYPICAL SCHOOL DAY			
	SU/SD	VT	
No TV on average school day	20%	18%	
Less than 1 hour per day	19%	23%	
1 hour per day	20%	18%	
2 hours per day	14%	20%	VT > SU
3 hours per day	13%	10%	
4 hours per day	9%	4%	SU > VT
5 or more hours per day	5%	6%	

WATCHED TV 3+ HOURS PER DAY			
	SU/SD	VT	
Overall	27%	20%	SU > VT

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	SU/SD	VT	
No playing video/computer game	7%	12%	VT > SU
Less than 1 hour per day	14%	17%	
1 hour per day	13%	15%	
2 hours per day	11%	18%	VT > SU
3 hours per day	20%	14%	SU > VT
4 hours per day	17%	8%	SU > VT
5 or more hours per day	18%	16%	

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

	SU/SD	VT	
Overall	55%	38%	SU > VT

BREAKFAST CONSUMPTION, PAST WEEK

	SU/SD	VT	
0 days	8%	7%	
1 day	4%	4%	
2 days	13%	7%	SU > VT
3 days	10%	7%	SU > VT
4 days	7%	6%	
5 days	12%	8%	SU > VT
6 days	11%	9%	
7 days	35%	52%	VT > SU

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DID NOT EAT BREAKFAST, PAST WEEK

	SU/SD	VT	
Overall	8%	7%	VT and SU are Similar

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	SU/SD	VT	
Did not drink water	4%	3%	SU > VT
1 to 3 times	14%	9%	SU > VT
4 to 6 times	9%	10%	
1 time per day	8%	6%	
2 times per day	20%	16%	SU > VT
3 times per day	17%	19%	
4 or more times per day	26%	37%	VT > SU

DRANK THREE OR MORE GLASSES PER DAY OF WATER

	SU/SD	VT	
Overall	43%	56%	VT > SU

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS			
	SU/SD	VT	
Never	72%	77%	VT > SU
Rarely	13%	14%	
Sometimes	10%	7%	SU > VT
Most of the time	.	1%	Too few students
Always	.	1%	Too few students

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME			
	SU/SD	VT	
Overall	.	2%	Too few students

BORN OUTSIDE THE U.S.			
	SU/SD	VT	
Overall	.	6%	Too few students

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SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK

	SU/SD	VT	
0 days	6%	5%	
1 day	.	2%	Too few students
2 days	5%	2%	SU > VT
3 days	5%	3%	SU > VT
4 days	.	4%	Too few students
5 days	7%	7%	
6 days	12%	10%	
7 days	62%	66%	

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK

	SU/SD	VT	
Overall	84%	88%	VT > SU

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS

	SU/SD	VT	
Strongly agree	29%	28%	
Agree	43%	43%	
Not sure	18%	17%	
Disagree	9%	8%	
Strongly disagree	.	5%	Too few students

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR			
	SU/SD	VT	
Overall	72%	71%	VT and SU are Similar

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM			
	SU/SD	VT	
Overall	72%	76%	VT and SU are Similar

GRADES EARNED IN SCHOOL			
	SU/SD	VT	
Mostly A's	37%	46%	VT > SU
Mostly B's	47%	38%	SU > VT
Mostly C's	13%	12%	
Mostly D's	.	3%	Too few students
Mostly F's	.	1%	Too few students

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY			
	SU/SD	VT	
Strongly agree	20%	27%	VT > SU
Agree	31%	36%	VT > SU
Not sure	36%	24%	SU > VT
Disagree	8%	7%	
Strongly disagree	.	5%	Too few students

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE

	SU/SD	VT	
Overall	51%	64%	VT > SU