# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

**REPORT FOR HARTFORD SD (SU054)** 

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

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2017 VERMONT	YOUTH RISK	<b>BEHAVIOR</b>	<b>SURVEY</b>
	HARTFORD	SD (SU054)	REPORT

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



#### **About the YRBS**

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: <a href="https://www.cdc.gov/healthyyouth/data/yrbs/methods">https://www.cdc.gov/healthyyouth/data/yrbs/methods</a>



#### **Using the YRBS Results**

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



# **HIGH SCHOOL RESULTS**

HARTFORD SD (SU054) REPORT

http://healthvermont.gov/yrbs



## SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS						
	SU/SD	VT				
Total	503	27349				

		SU/SD	VT
Sex	Male	56%	51%
	Female	44%	49%
Grade	9th Grade	26%	25%
	10th Grade	22%	25%
	11th Grade	26%	25%
	12th Grade	26%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	93%	83%
	Students of Color (REM)	7%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	91%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	9%	11%



## SECTION 2: PERSONAL SAFETY

	W	VERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		13%	17%	Overall Differences: State vs SU
Sex	Male	15%	22%	VT > SU
	Female	10%	11%	Within SU Differences
Grade	Grade 9	14%	21%	
	Grade 10	13%	18%	
	Grade 11	12%	15%	
	Grade 12	12%	13%	

W	ERE IN A PH	IYSICAL F	FIGHT O	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall		4%	7%	Overall Differences: State vs SU
Sex	Male	5%	9%	VT > SU
	Female	3%	3%	Within SU Differences
Grade	Grade 9	8%	9%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11		6%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

	CARRIED A	WEAPON	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall		4%	7%	Overall Differences: State vs SU
Sex	Male	5%	10%	VT > SU
	Female		3%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		8%	
	Grade 12		8%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY PAST YEAR						
		SU/SD	VT			
Overall	-	5%	5%	Overall Differences: State vs SU		
Sex	Male	4%	6%	VT and SU are Similar		
	Female	6%	3%	Within SU Differences		
Grade	Grade 9	5%	6%	Too few students in at least one grade		
	Grade 10		5%			
	Grade 11		4%			
	Grade 12	7%	4%			



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		15%	16%	Overall Differences: State vs SU
Sex	Male	7%	10%	VT and SU are Similar
	Female	25%	22%	Within SU Differences
Grade	Grade 9	14%	19%	Females > Males
	Grade 10	15%	16%	11 > 12
	Grade 11	19%	15%	
	Grade 12	11%	13%	

		WERF	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		14%	16%	Overall Differences: State vs SU
Sex	Male	10%	11%	VT and SU are Similar
	Female	19%	20%	Within SU Differences
Grade	Grade 9	14%	21%	Females > Males
	Grade 10	13%	16%	
	Grade 11	15%	14%	
	Grade 12	12%	12%	



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

	В	BULLIED S	E ELSE, PAST 30 DAYS	
		SU/SD	VT	_
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male	13%	10%	SU > VT
	Female	9%	8%	Within SU Differences
Grade	Grade 9	12%	9%	
	Grade 10	10%	9%	
	Grade 11	10%	9%	
	Grade 12	12%	8%	

DID I	NOT GO TO	SCHOOL 1	BECAUSI	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	11%	6%	Within SU Differences
Grade	Grade 9	8%	5%	Too few students by sex
	Grade 10	•	5%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

WEI	RE EVER PH	IYSICALLY	Y FORCE	D TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	_
Overall		4%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT > SU
	Female	9%	9%	Within SU Differences
Grade	Grade 9	·	5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	5%	7%	
	Grade 12	5%	7%	

	EXPERIE	ENCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		10%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	19%	15%	Within SU Differences
Grade	Grade 9	16%	10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11	10%	10%	
	Grade 12	9%	9%	



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

### **SECTION 2: PERSONAL SAFETY**

IMPAIRED DRIVING AND RIDING

#### DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 **DAYS** SU/SD VT Overall 7% 7% Overall Differences: State vs SU VT and SU are Similar Sex Male 7% 9% 7% Female 5% Within SU Differences Grade Grade 9 Too few students in at least one grade 5% 4% Grade 10 Grade 11 7% 7% Grade 12 12% 10%

DROV	E A CAR O	R OTHER	E AFTER USING MARIJUANA, PAST 30 AYS	
		SU/SD	VT	
Overall		10%	14%	Overall Differences: State vs SU
Sex	Male	12%	16%	VT > SU
	Female	7%	12%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		15%	
	Grade 12	21%	21%	



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN DRINK				EN DRINKING ALCOHOL, PAST 30 DAYS
		SU/SD	VT	
Overall		12%	18%	Overall Differences: State vs SU
Sex	Male	12%	17%	VT > SU
	Female	13%	19%	Within SU Differences
Grade	Grade 9	10%	17%	10 > 9
	Grade 10	17%	18%	
	Grade 11	11%	18%	
	Grade 12	10%	18%	

RODE	WITH A DR	IVER WHO	O HAD BE	CEN USING MARIJUANA, PAST 30 DAYS
		SU/SD	VT	
Overall		16%	20%	Overall Differences: State vs SU
Sex	Male	14%	20%	VT > SU
	Female	18%	20%	Within SU Differences
Grade	Grade 9	8%	13%	11 > 9
	Grade 10	13%	18%	12 > 9
	Grade 11	16%	22%	12 > 10
	Grade 12	25%	28%	12 > 11



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS					
		SU/SD	VT		
Overall		37%	34%	Overall Differences: State vs SU	
Sex	Male	33%	34%	VT and SU are Similar	
	Female	44%	34%	Within SU Differences	
Grade	Grade 9		9%	Females > Males	
	Grade 10	15%	16%	Too few students in at least one grade	
	Grade 11	37%	42%		
	Grade 12	63%	53%		



HIGH SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR					
	SU/SD	VT			
Never wore a helmet	5%	11%	VT > SU		
Rarely wore a helmet	5%	3%	SU > VT		
Sometimes wore a helmet	6%	3%	SU > VT		
Most of the time wore a helmet	9%	9%			
Always wore a helmet	75%	74%			

RAREL	Y OR NEVE	R WEAR A		T WHILE SKIING OR SNOWBOARDING, YEAR
		SU/SD	VT	
Overall		10%	14%	Overall Differences: State vs SU
Sex	Male	13%	17%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



HIGH SCHOOL RESULTS

### **SECTION 2: PERSONAL SAFETY**

INJURY AND PREVENTION

#### HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY **ACTIVE, PAST YEAR** SU/SD VT Overall Overall Differences: State vs SU 16% 18% Sex Male 13% 20% VT and SU are Similar Female 20% 16% Within SU Differences Grade Grade 9 16% 20% Females > Males Grade 10 18% 16% Grade 11 15% 17% Grade 12 17% 16%



SECTION 2: PERSONAL SAFETY

# SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT			
Overall	-	59%	54%	Overall Differences: State vs SU		
Sex	Male	58%	51%	SU > VT		
	Female	61%	58%	Within SU Differences		
Grade	Grade 9	47%	47%	10 > 9		
	Grade 10	62%	53%	11 > 9		
	Grade 11	63%	58%	12 > 9		
	Grade 12	65%	61%			

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT		
Overall		52%	55%	Overall Differences: State vs SU	
Sex	Male	52%	53%	VT and SU are Similar	
	Female	52%	56%	Within SU Differences	
Grade	Grade 9	52%	57%	11 > 12	
	Grade 10	51%	56%		
	Grade 11	57%	54%		
	Grade 12	46%	52%		



HIGH SCHOOL RESULTS

### SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall	-	22%	23%	Overall Differences: State vs SU	
Sex	Male	18%	23%	VT and SU are Similar	
	Female	28%	23%	Within SU Differences	
Grade	Grade 9	21%	22%	Females > Males	
	Grade 10	26%	23%	10 > 12	
	Grade 11	29%	23%	11 > 12	
	Grade 12	14%	24%		

WERE II	WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES PAST 7 DAYS				
		SU/SD	VT		
Overall		31%	33%	Overall Differences: State vs SU	
Sex	Male	29%	33%	VT and SU are Similar	
	Female	32%	33%	Within SU Differences	
Grade	Grade 9	29%	32%		
	Grade 10	31%	33%		
	Grade 11	34%	33%		
	Grade 12	29%	36%		



#### **SECTION 3: MENTAL HEALTH**

#### FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, **PAST YEAR** SU/SD VTOverall 19% 25% Overall Differences: State vs SU 9% VT > SUSex Male 16% Female 31% 35% Within SU Differences Grade Grade 9 19% 23% Females > Males Grade 10 20% 26% Grade 11 19% 26% Grade 12 18% 26%

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR					
		SU/SD	VT			
Overall		12%	16%	Overall Differences: State vs SU		
Sex	Male	5%	9%	VT > SU		
	Female	22%	25%	Within SU Differences		
Grade	Grade 9	13%	18%	Females > Males		
	Grade 10	13%	18%			
	Grade 11	12%	16%			
	Grade 12	12%	14%			



### SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		7%	11%	Overall Differences: State vs SU
Sex	Male	3%	7%	VT > SU
	Female	12%	15%	Within SU Differences
Grade	Grade 9	9%	11%	Females > Males
	Grade 10	8%	12%	Too few students in at least one grade
	Grade 11	7%	11%	
	Grade 12		10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	2%	4%	VT > SU
	Female	6%	7%	Within SU Differences
Grade	Grade 9	5%	6%	Females > Males
	Grade 10		6%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



## SECTION 4: SUBSTANCE USE

EVER SMOKED A				WHOLE CIGARETTE
		SU/SD	VT	
Overall		18%	24%	Overall Differences: State vs SU
Sex	Male	17%	26%	VT > SU
	Female	18%	22%	Within SU Differences
Grade	Grade 9	12%	17%	12 > 9
	Grade 10	17%	21%	
	Grade 11	18%	28%	
	Grade 12	23%	31%	

	SMO	KED A CI	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	6%	9%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 9	6%	8%	Too few students in at least one grade
	Grade 10		8%	
	Grade 11		8%	
	Grade 12	11%	7%	



# SECTION 4: SUBSTANCE USE LIFETIME USE

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		19%	34%	Overall Differences: State vs SU
Sex	Male	20%	37%	VT > SU
	Female	19%	31%	Within SU Differences
Grade	Grade 9	9%	23%	10 > 9
	Grade 10	22%	31%	11 > 9
	Grade 11	23%	38%	12 > 9
	Grade 12	23%	44%	

	EVE	R TRIED I	LAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		15%	21%	Overall Differences: State vs SU
Sex	Male	17%	24%	VT > SU
	Female	12%	17%	Within SU Differences
Grade	Grade 9	7%	12%	10 > 9
	Grade 10	14%	17%	11 > 9
	Grade 11	14%	24%	12 > 9
	Grade 12	23%	30%	12 > 10
				12 > 11



## SECTION 4: SUBSTANCE USE

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		51%	58%	Overall Differences: State vs SU
Sex	Male	42%	57%	VT > SU
	Female	63%	58%	Within SU Differences
Grade	Grade 9	34%	41%	Females > Males
	Grade 10	46%	54%	10 > 9
	Grade 11	62%	65%	11 > 9
	Grade 12	60%	71%	12 > 9
				12 > 10
				11 > 10

	D	RANK ALO	СОНОЬ В	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall		9%	14%	Overall Differences: State vs SU
Sex	Male	10%	16%	VT > SU
	Female	9%	11%	Within SU Differences
Grade	Grade 9	14%	17%	9 > 11
	Grade 10	12%	13%	9 > 12
	Grade 11	5%	13%	10 > 11
	Grade 12	6%	11%	



# SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		27%	37%	Overall Differences: State vs SU
Sex	Male	25%	37%	VT > SU
	Female	30%	37%	Within SU Differences
Grade	Grade 9	13%	23%	10 > 9
	Grade 10	28%	34%	11 > 9
	Grade 11	28%	42%	12 > 9
	Grade 12	39%	50%	12 > 10
				12 > 11

	TR	RIED MAR	IJUANA 1	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		2%	6%	Overall Differences: State vs SU
Sex	Male	3%	7%	VT > SU
	Female		5%	Within SU Differences
Grade	Grade 9	·	6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		5%	



## SECTION 4: SUBSTANCE USE

	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	
Overall		4%	8%	Overall Differences: State vs SU
Sex	Male	2%	8%	VT > SU
	Female	7%	7%	Within SU Differences
Grade	Grade 9	4%	6%	Females > Males
	Grade 10		7%	Too few students in at least one grade
	Grade 11	7%	8%	
	Grade 12		9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	_	4%	6%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT > SU
	Female	3%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	9%	6%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

		E	VER USI	ED COCAINE
		SU/SD	VT	
Overall			4%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female	•	3%	Within SU Differences
Grade	Grade 9		2%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		6%	

		EV	ER USEI	) INHALANTS
		SU/SD	VT	
Overall		4%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female	7%	6%	Within SU Differences
Grade	Grade 9	5%	6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12	•	6%	



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

		I	EVER US	ED HEROIN
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9	·	1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall		·	2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12	•	3%	



## SECTION 4: SUBSTANCE USE

	USED ANY	ТОВАСС	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		14%	24%	Overall Differences: State vs SU
Sex	Male	16%	28%	VT > SU
	Female	10%	18%	Within SU Differences
Grade	Grade 9	5%	14%	Males > Females
	Grade 10	12%	20%	10 > 9
	Grade 11	15%	26%	11 > 9
	Grade 12	21%	33%	12 > 9
				12 > 10

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT		
Overall		11%	19%	Overall Differences: State vs SU	
Sex	Male	14%	23%	VT > SU	
	Female	8%	14%	Within SU Differences	
Grade	Grade 9		11%	Males > Females	
	Grade 10	8%	16%	Too few students in at least one grade	
	Grade 11	13%	22%		
	Grade 12	19%	28%		



## SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	9%	15%	Overall Differences: State vs SU	
Sex	Male	12%	19%	VT > SU	
	Female	6%	11%	Within SU Differences	
Grade	Grade 9		8%	Males > Females	
	Grade 10	7%	12%	Too few students in at least one grade	
	Grade 11	12%	17%		
	Grade 12	15%	22%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	5%	9%	Overall Differences: State vs SU
Sex	Male	6%	10%	VT > SU
	Female	4%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11	7%	11%	
	Grade 12	6%	13%	



## SECTION 4: SUBSTANCE USE

AMON	AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT					
1 or 2 days	•	29%	Too few students				
3 to 5 days	•	15%	Too few students				
6 to 9 days	•	10%	Too few students				
10 to 19 days	•	12%	Too few students				
20 to 29 days	•	9%	Too few students				
All 30 days	٠	25%	Too few students				

A	MONG CUR	RENT SMO	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	_		25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED				
	SU/SD	VT		
Less than 1 cigarette		30%	Too few students	
1 cigarette		19%	Too few students	
2 to 5 cigarettes		30%	Too few students	
6 to 10 cigarettes		9%	Too few students	
11 to 20 cigarettes		4%	Too few students	
More than 20 cigarettes		8%	Too few students	

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED				
		SU/SD	VT	
Overall	_		12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		8%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		12%	



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

	USED E	LECTRON	R PRODUCTS, PAST 30 DAYS	
		SU/SD	VT	
Overall		5%	12%	Overall Differences: State vs SU
Sex	Male	6%	14%	VT > SU
	Female	4%	9%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10		10%	
	Grade 11	8%	13%	
	Grade 12	7%	17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
Friend/family used them	46%	35%	SU > VT		
To try to quit other tobacco		5%	Too few students		
Cost less than other tobacco		1%	Too few students		
Easier to get than other tobacco		1%	Too few students		
Less harmful than other tobacco		8%	Too few students		
Available in flavors	21%	17%			
Used for some other reason	28%	33%			



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE				
	SU/SD	VT		
1 or 2 days		37%	Too few students	
3 to 5 days		19%	Too few students	
6 to 9 days		11%	Too few students	
10 to 19 days		12%	Too few students	
20 to 29 days	•	7%	Too few students	
All 30 days		15%	Too few students	

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS					
		SU/SD	VT		
Overall			33%	Overall Differences: State vs SU	
Sex	Male		37%	Too few students	
	Female		26%	Within SU Differences	
Grade	Grade 9		29%	Too few students by sex	
	Grade 10		36%	Too few students in at least one grade	
	Grade 11		31%		
	Grade 12		34%		



#### **SECTION 4: SUBSTANCE USE**

**CURRENT USE** 

#### AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER **AGE 18** SU/SD VT Bought them in a store 8% Too few students 10% I got them on the Internet Too few students Someone else bought them 14% Too few students Borrowed them 38% Too few students Too few students A person 18 or older gave me 11% Took them from a store 2% Too few students Some other way 18% Too few students

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	8%	8%	VT and SU are Similar
	Female	•	2%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	5%	6%	
	Grade 12	10%	7%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	_
Overall		6%	9%	Overall Differences: State vs SU
Sex	Male	8%	13%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 9	·	4%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12	14%	15%	

TRIED '				O PRODUCTS, AMONG STUDENTS WHO CT DURING THE PAST YEAR
		SU/SD	VT	
Overall	-	·	33%	Overall Differences: State vs SU
Sex	Male		30%	Too few students
	Female		37%	Within SU Differences
Grade	Grade 9		33%	Too few students by sex
	Grade 10		35%	Too few students in at least one grade
	Grade 11		32%	
	Grade 12		32%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

		DRANK	ALCOH(	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		29%	33%	Overall Differences: State vs SU
Sex	Male	23%	32%	VT > SU
	Female	38%	34%	Within SU Differences
Grade	Grade 9	8%	20%	Females > Males
	Grade 10	37%	30%	10 > 9
	Grade 11	34%	36%	11 > 9
	Grade 12	39%	46%	12 > 9

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		12%	17%	Overall Differences: State vs SU
Sex	Male	10%	17%	VT > SU
	Female	14%	17%	Within SU Differences
Grade	Grade 9	5%	8%	10 > 9
	Grade 10	11%	14%	11 > 9
	Grade 11	12%	19%	12 > 9
	Grade 12	18%	27%	



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMO	ONG CURE	RENT US	ERS: FREQUENCY OF DRINKING
	SU/SD	VT	
1 or 2 days	58%	49%	SU > VT
3 to 5 days	25%	26%	
6 to 9 days	14%	13%	
10 to 19 days	•	7%	Too few students
20 to 29 days		2%	Too few students
All 30 days		3%	Too few students

	AMC	NG CURR	ENT USE	RS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall	<u> </u>	·	12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female	•	9%	Within SU Differences
Grade	Grade 9	·	11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



#### SECTION 4: SUBSTANCE USE

AMONG	AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT				
1 or 2 drinks	47%	35%	SU > VT			
3 drinks	6%	6%				
4 drinks	7%	8%				
5 drinks	10%	13%				
6 or 7 drinks	10%	15%	VT > SU			
8 or 9 drinks	8%	8%				
10 or more drinks	13%	14%				

	AMONG CU	RRENT U	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall		45%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT > SU
	Female	40%	55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMON	G CURRE	NT USER	RS: ALCOHOL SOURCE
	SU/SD	VT	
Bought in store		3%	Too few students
Bought in restaurant		2%	Too few students
Bought at public event		0%	Too few students
I gave someone money to buy	25%	23%	
Someone gave it to me	47%	40%	SU > VT
Took from store/family	6%	12%	VT > SU
Some other way	19%	20%	

		USED M	1ARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		16%	24%	Overall Differences: State vs SU
Sex	Male	17%	24%	VT > SU
	Female	15%	23%	Within SU Differences
Grade	Grade 9	8%	15%	11 > 9
	Grade 10	13%	22%	12 > 9
	Grade 11	19%	25%	12 > 10
	Grade 12	24%	32%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG	CURRENT	USERS:	FREQUENCY OF MARIJUANA USE
	SU/SD	VT	
1 or 2 times	27%	34%	
3 to 9 times	28%	25%	
10 to 19 times	20%	12%	SU > VT
20 to 39 times	15%	10%	SU > VT
40 or more times	11%	20%	VT > SU

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall		46%	41%	Overall Differences: State vs SU
Sex	Male		47%	VT and SU are Similar
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED				
	SU/SD	VT		
Smoked it		91%	Too few students	
Ate in food		4%	Too few students	
Drank in tea or other drink		1%	Too few students	
Vaporized		2%	Too few students	
Some other way		2%	Too few students	

	MISU	JSED A PR	ESCRIPT	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall	-	2%	5%	Overall Differences: State vs SU
Sex	Male	2%	6%	VT > SU
	Female		5%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE	OFFERED,	SOLD, OR		AN ILLEGAL DRUG AT SCHOOL, PAST EAR
		SU/SD	VT	
Overall	-	11%	15%	Overall Differences: State vs SU
Sex	Male	11%	17%	VT > SU
	Female	9%	13%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10	11%	16%	
	Grade 11	18%	16%	
	Grade 12	11%	14%	

ATTENDED SCHOOL UNDER THE INF PAST Y				
		SU/SD	VT	
Overall		11%	13%	Overall Differences: State vs SU
Sex	Male	10%	14%	VT and SU are Similar
	Female	12%	12%	Within SU Differences
Grade	Grade 9	5%	9%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11	17%	14%	
	Grade 12	14%	18%	



#### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall 27% Overall Differences: State vs SU 25% Sex Male 29% VT and SU are Similar 25% Female 24% 24% Within SU Differences Grade Grade 9 38% 32% 9 > 11 Grade 10 32% 9 > 12 26%Grade 11 10 > 1219% 21% Grade 12 18% 20% 10 > 11

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall		91%	84%	Overall Differences: State vs SU
Sex	Male	91%	82%	SU > VT
	Female	90%	86%	Within SU Differences
Grade	Grade 9	94%	90%	9 > 12
	Grade 10	96%	88%	10 > 12
	Grade 11	90%	83%	10 > 11
	Grade 12	83%	75%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

THIN	NK IT IS WR	ONG OR V		ONG FOR SOMEONE THEIR AGE TO
		SU/SD	VT	
Overall		65%	54%	Overall Differences: State vs SU
Sex	Male	67%	55%	SU > VT
	Female	60%	54%	Within SU Differences
Grade	Grade 9	87%	71%	Males > Females
	Grade 10	72%	59%	9 > 10
	Grade 11	59%	48%	9 > 11
	Grade 12	42%	39%	9 > 12
				10 > 12
				10 > 11
				11 > 12



#### SECTION 4: SUBSTANCE USE

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA					
		SU/SD	VT			
Overall	-	68%	55%	Overall Differences: State vs SU		
Sex	Male	70%	56%	SU > VT		
	Female	66%	55%	Within SU Differences		
Grade	Grade 9	88%	69%	9 > 10		
	Grade 10	76%	60%	9 > 11		
	Grade 11	63%	51%	9 > 12		
	Grade 12	47%	42%	10 > 12		
				10 > 11		
				11 > 12		

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	-	94%	91%	Overall Differences: State vs SU	
Sex	Male	93%	90%	SU > VT	
	Female	95%	93%	Within SU Differences	
Grade	Grade 9	97%	94%	9 > 12	
	Grade 10	96%	94%	10 > 12	
	Grade 11	94%	91%		
	Grade 12	89%	87%		



#### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 67% 66% Sex Male 71% VT and SU are Similar 64% Female 63% 67% Within SU Differences Grade Grade 9 82% 78% Males > Females 9 > 10 Grade 10 71% 68% Grade 11 9 > 11 64% 63% Grade 12 56% 50% 9 > 12 10 > 12

THIN	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT			
Overall		86%	76%	Overall Differences: State vs SU		
Sex	Male	88%	75%	SU > VT		
	Female	83%	77%	Within SU Differences		
Grade	Grade 9	93%	83%	Males > Females		
	Grade 10	88%	79%	9 > 11		
	Grade 11	84%	75%	9 > 12		
	Grade 12	79%	69%	10 > 12		



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

#### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

PERC	EIVED RIS		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	3%	5%	VT > SU
Slight risk	10%	9%	
Moderate risk	21%	18%	
Great risk	66%	68%	

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY SU/SD VT Overall 66% 68% Overall Differences: State vs SU Sex VT and SU are Similar Male 62% 66% Female 72% 70% Within SU Differences Grade Grade 9 58% Females > Males 64% Grade 10 61% 68% 11 > 9Grade 11 72% 68% 12 > 9 Grade 12 73% 72% 12 > 1011 > 10



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

PERCEIVE	ED RISK O	F HARM	FROM BINGE DRINKING EACH WEEK
	SU/SD	VT	
No risk	4%	6%	VT > SU
Slight risk	18%	19%	
Moderate risk	38%	39%	
Great risk	40%	36%	SU > VT

				RMING THEMSELVES IF THEY HAVE OL ONCE OR TWICE EACH WEEKEND
		SU/SD	VT	
Overall		40%	36%	Overall Differences: State vs SU
Sex	Male	35%	32%	SU > VT
	Female	47%	41%	Within SU Differences
Grade	Grade 9	48%	38%	Females > Males
	Grade 10	36%	39%	9 > 10
	Grade 11	40%	35%	9 > 12
	Grade 12	37%	32%	

PERCEIV	VED RISK	OF HAR	M FROM REGULAR MARIJUANA USE
	SU/SD	VT	
No risk	17%	21%	VT > SU
Slight risk	26%	29%	VT > SU
Moderate risk	26%	26%	
Great risk	31%	24%	SU > VT



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY					
		SU/SD	VT			
Overall		31%	24%	Overall Differences: State vs SU		
Sex	Male	31%	21%	SU > VT		
	Female	32%	28%	Within SU Differences		
Grade	Grade 9	49%	32%	9 > 10		
	Grade 10	34%	26%	9 > 11		
	Grade 11	24%	22%	9 > 12		
	Grade 12	20%	18%	10 > 12		
				10 > 11		

PERCEIVED ACCESS TO CIGARETTES					
	SU/SD	VT			
Very hard	32%	24%	SU > VT		
Sort of hard	21%	21%			
Sort of easy	22%	22%			
Very easy	25%	32%	VT > SU		



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

SAY IF	SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		SU/SD	VT				
Overall	-	47%	55%	Overall Differences: State vs SU			
Sex	Male	47%	57%	VT > SU			
	Female	46%	52%	Within SU Differences			
Grade	Grade 9	24%	38%	10 > 9			
	Grade 10	38%	48%	11 > 9			
	Grade 11	54%	57%	12 > 9			
	Grade 12	70%	75%	12 > 10			
				11 > 10			
				12 > 11			

	PERCEIVED ACCESS TO ALCOHOL						
	SU/SD	VT					
Very hard	20%	15%	SU > VT				
Sort of hard	17%	18%					
Sort of easy	30%	31%					
Very easy	33%	37%	VT > SU				



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

#### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall Overall Differences: State vs SU 63% 68% VT > SUSex Male 61% 67% Female 66% 69% Within SU Differences Grade Grade 9 49% 58% 10 > 9 Grade 10 60% 67% 11 > 9 Grade 11 67% 72% 12 > 9Grade 12 75% 74% 12 > 10

	PER	CEIVED
	SU/SD	VT
Very hard	34%	27%
Sort of hard	15%	15%
Sort of easy	23%	22%
Very easy	28%	37%



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

#### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall Overall Differences: State vs SU 51% 58% VT > SUSex Male 48% 59% Female 55% 57% Within SU Differences 43% Grade Grade 9 30% Females > Males 10 > 9 Grade 10 44% 56% Grade 11 11 > 962% 65% Grade 12 65% 69% 12 > 9 12 > 1011 > 10



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALESSU/SDVTNever had sexual contact46%42%Females51%54%Males.2%Too few studentsFemales and males.2%Too few students

LIFETIME SEXUAL CONTACTS: FEMALES						
	SU/SD	VT				
Never had sexual contact	38%	43%	VT > SU			
Females	3%	2%				
Males	53%	48%	SU > VT			
Females and males	5%	7%				



HIGH SCHOOL RESULTS

#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		42%	40%	Overall Differences: State vs SU
Sex	Male	39%	40%	VT and SU are Similar
	Female	48%	40%	Within SU Differences
Grade	Grade 9	14%	19%	Females > Males
	Grade 10	38%	33%	10 > 9
	Grade 11	52%	48%	11 > 9
	Grade 12	64%	61%	12 > 9
				12 > 10
				11 > 10
				12 > 11

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male	10%	9%	VT and SU are Similar
	Female	4%	8%	Within SU Differences
Grade	Grade 9		3%	Males > Females
	Grade 10		6%	Too few students in at least one grade
	Grade 11	9%	10%	
	Grade 12	14%	16%	



HIGH SCHOOL RESULTS

#### SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

		E	VER HAI	O ORAL SEX
		SU/SD	VT	
Overall		41%	42%	Overall Differences: State vs SU
Sex	Male	37%	42%	VT and SU are Similar
	Female	46%	42%	Within SU Differences
Grade	Grade 9	23%	23%	Females > Males
	Grade 10	36%	37%	10 > 9
	Grade 11	48%	49%	11 > 9
	Grade 12	56%	60%	12 > 9
				12 > 10
				11 > 10

WEI	RE EVER TE	STED FOR	R HUMAN	IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		8%	10%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT > SU
	Female	9%	12%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10	10%	9%	
	Grade 11	8%	12%	
	Grade 12	8%	14%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SEXU	JAL INTER	COURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	_
Overall		31%	31%	Overall Differences: State vs SU
Sex	Male	27%	29%	VT and SU are Similar
	Female	36%	32%	Within SU Differences
Grade	Grade 9	6%	13%	Females > Males
	Grade 10	31%	24%	10 > 9
	Grade 11	36%	37%	11 > 9
	Grade 12	48%	48%	12 > 9
				12 > 10
				12 > 11

USE				R TO LAST INTERCOURSE, AMONG LLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		12%	20%	Overall Differences: State vs SU
Sex	Male	14%	22%	VT > SU
	Female	10%	17%	Within SU Differences
Grade	Grade 9		24%	Too few students in at least one grade
	Grade 10		22%	
	Grade 11		18%	
	Grade 12		19%	



#### SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

#### PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT No method was used 7% Too few students Birth control pills 27% 32% Condoms 45% 35% SU > VTIUD or implant 19% 13% SU > VTShot/patch/birth control ring 5% 5% Withdrawal/other method 5% Too few students Not sure 2% Too few students

#### USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT Overall 51% 50% Overall Differences: State vs SU Sex Male 40% VT and SU are Similar Female 61% 60% Within SU Differences Grade Grade 9 29% Too few students by sex Grade 10 44% Too few students in at least one grade Grade 11 51% Grade 12 59%



HIGH SCHOOL RESULTS

#### SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (	CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		63%	56%	Overall Differences: State vs SU
Sex	Male	72%	61%	SU > VT
	Female	55%	52%	Within SU Differences
Grade	Grade 9	·	64%	Males > Females
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

# USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD VT

		SU/SD	VT	
Overall		17%	19%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female	23%	22%	Within SU Differences
Grade	Grade 9	·	12%	Too few students by sex
	Grade 10		19%	Too few students in at least one grade
	Grade 11		20%	
	Grade 12		20%	



HIGH SCHOOL RESULTS

#### SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

D				PREVENT PREGNANCY, AMONG LLY ACTIVE STUDENTS
		SU/SD	VT	
Overall	-		7%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		7%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		9%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		6%	



#### SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERV	VEIGHT (BN	и ветwе		85th AND <95th PERCENTILES FOR AGE O SEX)
		SU/SD	VT	
Overall		13%	14%	Overall Differences: State vs SU
Sex	Male	10%	14%	VT and SU are Similar
	Female	18%	15%	Within SU Differences
Grade	Grade 9	11%	14%	Females > Males
	Grade 10	12%	15%	12 > 9
	Grade 11	9%	14%	12 > 10
	Grade 12	22%	13%	12 > 11

	OBESE	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		16%	13%	Overall Differences: State vs SU
Sex	Male	20%	15%	SU > VT
	Female	10%	10%	Within SU Differences
Grade	Grade 9	17%	12%	Males > Females
	Grade 10	11%	12%	
	Grade 11	15%	14%	
	Grade 12	18%	13%	



#### SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCE	EPTIONS
	SU/SD	VT
Very underweight	1%	2%
Slightly underweight	12%	12%
About the right weight	58%	56%
Slightly overweight	24%	25%
Very overweight	5%	5%

DF	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall	-	29%	30%	Overall Differences: State vs SU
Sex	Male	23%	25%	VT and SU are Similar
	Female	35%	36%	Within SU Differences
Grade	Grade 9	32%	29%	Females > Males
	Grade 10	21%	30%	9 > 10
	Grade 11	26%	30%	12 > 10
	Grade 12	35%	33%	12 > 11

WHA	AT ONE IS	TRYING	TO DO ABOUT WEIGHT
	SU/SD	VT	
Lose weight	38%	42%	VT > SU
Gain weight	15%	15%	
Stay the same weight	23%	18%	SU > VT
Not trying to do anything	24%	25%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

#### SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE '	TRYING '	TO LOSE WEIGHT
		SU/SD	VT	
Overall		38%	42%	Overall Differences: State vs SU
Sex	Male	26%	28%	VT > SU
	Female	53%	57%	Within SU Differences
Grade	Grade 9	39%	41%	Females > Males
	Grade 10	27%	42%	9 > 10
	Grade 11	36%	41%	12 > 10
	Grade 12	45%	44%	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY HARTFORD SD (SU054) REPORT HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

	DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK				
	SU/SD	VT			
0 days	12%	13%			
1 day	4%	7%	VT > SU		
2 days	9%	9%			
3 days	12%	12%			
4 days	9%	11%	VT > SU		
5 days	12%	14%			
6 days	11%	10%			
7 days	32%	25%	SU > VT		

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		32%	25%	Overall Differences: State vs SU
Sex	Male	38%	33%	SU > VT
	Female	23%	17%	Within SU Differences
Grade	Grade 9	34%	27%	Males > Females
	Grade 10	32%	27%	
	Grade 11	33%	24%	
	Grade 12	28%	23%	



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

WERE P	WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK					
		SU/SD	VT			
Overall	-	55%	49%	Overall Differences: State vs SU		
Sex	Male	58%	56%	SU > VT		
	Female	51%	42%	Within SU Differences		
Grade	Grade 9	61%	53%	9 > 12		
	Grade 10	56%	50%			
	Grade 11	55%	47%			
	Grade 12	46%	47%			

DID NO	DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK				
		SU/SD	VT		
Overall		12%	13%	Overall Differences: State vs SU	
Sex	Male	10%	11%	VT and SU are Similar	
	Female	14%	14%	Within SU Differences	
Grade	Grade 9	10%	10%	12 > 9	
	Grade 10	8%	12%	12 > 10	
	Grade 11	13%	14%		
	Grade 12	17%	15%		



HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK						
	SU/SD	VT				
Do not watch TV	2%	3%	VT > SU			
Less than 1 hour per day	6%	8%	VT > SU			
1 hour per day	13%	12%				
2 hours per day	26%	23%	SU > VT			
3 hours per day	21%	21%				
4 hours per day	13%	13%				
5 or more hours per day	19%	19%				

	WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK						
		SU/SD	VT				
Overall	-	53%	53%	Overall Differences: State vs SU			
Sex	Male	50%	53%	VT and SU are Similar			
	Female	56%	52%	Within SU Differences			
Grade	Grade 9	51%	53%	12 > 10			
	Grade 10	44%	53%	11 > 10			
	Grade 11	59%	51%				
	Grade 12	56%	53%				



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

ATE FR	ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT			
Overall	-	23%	33%	Overall Differences: State vs SU		
Sex	Male	22%	32%	VT > SU		
	Female	24%	33%	Within SU Differences		
Grade	Grade 9	29%	33%	9 > 10		
	Grade 10	17%	33%	9 > 11		
	Grade 11	20%	32%			
	Grade 12	22%	32%			

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall	_	12%	18%	Overall Differences: State vs SU
Sex	Male	10%	18%	VT > SU
	Female	14%	18%	Within SU Differences
Grade	Grade 9	10%	17%	
	Grade 10	12%	18%	
	Grade 11	15%	17%	
	Grade 12	9%	19%	



HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	SODA CO	ΓΙΟΝ, PAST WEEK	
	SU/SD	VT	
Did not drink soda or pop	29%	37%	VT > SU
1 to 3 times	43%	40%	
4 to 6 times	15%	12%	SU > VT
1 time per day	6%	4%	SU > VT
2 times per day	4%	3%	
3 times per day	1%	1%	
4 or more times per day	1%	3%	VT > SU

#### DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK SU/SD VT Overall 11% Overall Differences: State vs SU 13% Sex Male 16% 16% VT and SU are Similar 9% 6% Female Within SU Differences Grade 9 Grade 10% 11% Males > Females Grade 10 12 > 9 8% 11% Grade 11 12% 11% 12 > 10Grade 12 19% 12%



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

SUGAR-SWEE	CONSUMPTION, PAST WEEK		
	SU/SD	VT	
Did not drink sugar-sweetened	27%	28%	
1 to 3 times	46%	44%	
4 to 6 times	15%	15%	
1 time per day	8%	6%	SU > VT
2 times per day	2%	3%	VT > SU
3 times per day		1%	Too few students
4 or more times per day	1%	2%	VT > SU

DRAN	DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT			
Overall		12%	12%	Overall Differences: State vs SU		
Sex	Male	13%	15%	VT and SU are Similar		
	Female	11%	9%	Within SU Differences		
Grade	Grade 9	6%	12%	11 > 9		
	Grade 10	10%	12%	12 > 9		
	Grade 11	17%	13%	11 > 10		
	Grade 12	14%	13%			



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	WATER (	CONSUM	IPTION, PAS
	SU/SD	VT	
Did not drink water	4%	4%	
1 to 3 times	13%	9%	SU > VT
4 to 6 times	13%	11%	SU > VT
1 time per day	10%	9%	
2 times per day	15%	16%	
3 times per day	17%	19%	
4 or more times per day	28%	33%	VT > SU

DRA	NK THREE	OR MORI	E GLASSE	CS PER DAY OF WATER, PAST WEEK
		SU/SD	VT	
Overall	_	45%	52%	Overall Differences: State vs SU
Sex	Male	42%	51%	VT > SU
	Female	49%	53%	Within SU Differences
Grade	Grade 9	46%	50%	
	Grade 10	41%	53%	
	Grade 11	48%	51%	
	Grade 12	44%	55%	



HIGH SCHOOL RESULTS

## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	12%	11%	
1 day	10%	6%	SU > VT
2 days	9%	9%	
3 days	13%	10%	SU > VT
4 days	6%	8%	VT > SU
5 days	7%	9%	VT > SU
6 days	8%	7%	
7 days	35%	40%	VT > SU

	]	DID NOT E	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	11%	11%	VT and SU are Similar
	Female	13%	10%	Within SU Differences
Grade	Grade 9	8%	10%	12 > 9
	Grade 10	8%	11%	12 > 10
	Grade 11	14%	10%	
	Grade 12	16%	11%	



### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	79%	75%	SU > VT				
Rarely	13%	15%					
Sometimes	7%	7%					
Most of the time		2%	Too few students				
Always		1%	Too few students				

I	MOST OF TH	E TIME O	R ALWAY	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		2%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT > SU
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10	6%	2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

## USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT and SU are Similar
	Female	4%	3%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10		3%	
	Grade 11		4%	
	Grade 12		5%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	8%	9%					
1 day	5%	4%	SU > VT				
2 days	4%	4%					
3 days	9%	6%	SU > VT				
4 days	10%	8%	SU > VT				
5 days	14%	13%					
6 days	10%	12%					
7 days	39%	44%	VT > SU				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK							
		SU/SD	VT				
Overall		74%	77%	Overall Differences: State vs SU			
Sex	Male	77%	80%	VT > SU			
	Female	72%	75%	Within SU Differences			
Grade	Grade 9	83%	83%	9 > 11			
	Grade 10	76%	81%	9 > 12			
	Grade 11	71%	76%				
	Grade 12	67%	71%				



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL							
	SU/SD	VT					
Mostly A's	57%	46%	SU > VT				
Mostly B's	31%	39%	VT > SU				
Mostly C's	9%	12%	VT > SU				
Mostly D's	3%	2%					
Mostly F's		1%	Too few students				

#### REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 87% 80% Overall Differences: State vs SU Sex Male 89% 80% SU > VT86% 81% Within SU Differences Female Grade Grade 9 83% 12 > 9 78% Grade 10 90% 79% Grade 11 86% 82% Grade 12 91% 83%



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	18%	21%	VT > SU				
Agree	44%	44%					
Not sure	20%	19%					
Disagree	15%	11%	SU > VT				
Strongly disagree	3%	5%	VT > SU				

STRO	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR							
		SU/SD	VT					
Overall	-	62%	65%	Overall Differences: State vs SU				
Sex	Male	64%	69%	VT > SU				
	Female	58%	61%	Within SU Differences				
Grade	Grade 9	60%	67%					
	Grade 10	65%	65%					
	Grade 11	58%	64%					
	Grade 12	66%	63%					



LIKELIHO	OD TO CO	)MPLET
	SU/SD	VT
Definitely will not	4%	5%
Probably will not	4%	5%
Probably will	22%	22%
Definitely will	59%	57%
Not sure	11%	11%

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT			
Overall	-	81%	79%	Overall Differences: State vs SU		
Sex	Male	80%	75%	VT and SU are Similar		
	Female	83%	83%	Within SU Differences		
Grade	Grade 9	79%	74%			
	Grade 10	78%	77%			
	Grade 11	84%	81%			
	Grade 12	83%	83%			



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	30%	33%				
1 to 4 hours	26%	27%				
5 to 9 hours	22%	17%	SU > VT			
10 to 19 hours	15%	17%				
20 or more hours	7%	6%				

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES TYPICAL WEEK						
		SU/SD	VT			
Overall	-	22%	24%	Overall Differences: State vs SU		
Sex	Male	21%	24%	VT and SU are Similar		
	Female	23%	24%	Within SU Differences		
Grade	Grade 9	17%	21%	12 > 9		
	Grade 10	23%	23%			
	Grade 11	22%	24%			
	Grade 12	26%	26%			



]	MATTER T	о реор
	SU/SD	VT
Strongly agree	19%	19%
Agree	44%	41%
Not sure	26%	25%
Disagree	8%	9%
Strongly disagree	2%	5%

STRO	STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE							
		SU/SD	VT					
Overall	-	64%	61%	Overall Differences: State vs SU				
Sex	Male	68%	65%	VT and SU are Similar				
	Female	58%	57%	Within SU Differences				
Grade	Grade 9	58%	61%	Males > Females				
	Grade 10	65%	60%					
	Grade 11	66%	60%					
	Grade 12	65%	62%					



# MIDDLE SCHOOL RESULTS

HARTFORD SD (SU054) REPORT

http://healthvermont.gov/yrbs.aspx



## SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	298	16701			

		SU/SD	VT
Sex	Male	54%	52%
	Female	46%	48%
Grade	6th Grade	33%	24%
	7th Grade	34%	39%
	8th Grade	32%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	92%	81%
	Students of Color (REM)	8%	19%
Sexual Orientation	Heterosexual (Het)	95%	93%
	Lesbian, Gay, or Bisexual (LGB)	5%	7%



## SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		41%	42%	Overall Differences: State vs SU
Sex	Male	51%	56%	VT and SU are Similar
	Female	27%	27%	Within SU Differences
Grade	Grade 6	38%	40%	Males > Females
	Grade 7	40%	43%	
	Grade 8	43%	43%	

	WERE EVER BULLIED ON SCHOOL PROPERTY					
		SU/SD	VT			
Overall	_	51%	44%	Overall Differences: State vs SU		
Sex	Male	43%	39%	SU > VT		
	Female	59%	50%	Within SU Differences		
Grade	Grade 6	57%	44%	Females > Males		
	Grade 7	52%	45%	6 > 8		
	Grade 8	43%	44%	7 > 8		



## SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	W	VERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		25%	24%	Overall Differences: State vs SU
Sex	Male	15%	16%	VT and SU are Similar
	Female	36%	33%	Within SU Differences
Grade	Grade 6	24%	18%	Females > Males
	Grade 7	27%	24%	
	Grade 8	23%	28%	

		WERE	BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		25%	22%	Overall Differences: State vs SU
Sex	Male	19%	17%	SU > VT
	Female	33%	26%	Within SU Differences
Grade	Grade 6	23%	22%	Females > Males
	Grade 7	32%	22%	7 > 6
	Grade 8	21%	21%	7 > 8



MIDDLE SCHOOL RESULTS

#### **SECTION 2: PERSONAL SAFETY**

VIOLENCE AND BULLYING

	I	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	7%	8%	VT > SU
	Female	6%	8%	Within SU Differences
Grade	Grade 6	9%	7%	Too few students in at least one grade
	Grade 7		8%	
	Grade 8	9%	9%	

#### DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT 9% Overall 8% Overall Differences: State vs SU VT and SU are Similar Sex Male 5% 7% Within SU Differences Female 14% 10% Grade Grade 6 13% 8% Females > Males Grade 7 9% 8% 6 > 8 Grade 8 6% 9%



MIDDLE SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

CAR SAFETY

SEATBELT USE						
	SU/SD	VT				
Never	•	1%	Too few students			
Rarely		1%	Too few students			
Sometimes	3%	3%				
Most of the time	14%	18%	VT > SU			
Always	83%	76%	SU > VT			

	]	RARELY O	R NEVE	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	_		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		3%	



## SECTION 2: PERSONAL SAFETY CAR SAFETY

EVE	O HAD BEEN DRINKING ALCOHOL			
		SU/SD	VT	
Overall		16%	22%	Overall Differences: State vs SU
Sex	Male	11%	20%	VT > SU
	Female	21%	24%	Within SU Differences
Grade	Grade 6	14%	15%	Females > Males
	Grade 7	16%	21%	
	Grade 8	18%	27%	

EV	ER RODE V	WITH A DE	RIVER W	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female	8%	10%	Within SU Differences
Grade	Grade 6	6%	5%	
	Grade 7	9%	8%	
	Grade 8	10%	12%	



## SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT			
Never wear a helmet	22%	16%	SU > VT		
Rarely wear a helmet	11%	15%	VT > SU		
Sometimes wear a helmet	19%	15%	SU > VT		
Most of the time wear a helmet	23%	25%			
Always wear a helmet	26%	28%			

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall	_	33%	31%	Overall Differences: State vs SU
Sex	Male	37%	33%	VT and SU are Similar
	Female	29%	29%	Within SU Differences
Grade	Grade 6	24%	24%	Males > Females
	Grade 7	31%	30%	7 > 6
	Grade 8	45%	37%	8 > 6
				8 > 7



## SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HELMET USE WHEN SKIING OR SNOWBOARDING					
	SU/SD	VT			
Never wear a helmet	6%	5%			
Rarely wear a helmet		2%	Too few students		
Sometimes wear a helmet		2%	Too few students		
Most of the time wear a helmet	10%	7%	SU > VT		
Always wear a helmet	80%	83%			

RAREL	Y OR NEVI	ER WEAR A	A HELMI	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	
Overall	-	8%	7%	Overall Differences: State vs SU
Sex	Male	14%	8%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Males > Females
	Grade 7		8%	Too few students in at least one grade
	Grade 8		7%	



MIDDLE SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE					
		SU/SD	VT		
Overall	_	13%	17%	Overall Differences: State vs SU	
Sex	Male	14%	19%	VT > SU	
	Female	13%	16%	Within SU Differences	
Grade	Grade 6	11%	17%		
	Grade 7	13%	17%		
	Grade 8	16%	18%		



## SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
SU/SD VT						
Overall	-	20%	26%	Overall Differences: State vs SU		
Sex	Male	15%	25%	VT > SU		
	Female	27%	27%	Within SU Differences		
Grade	Grade 6	26%	21%	Females > Males		
	Grade 7	22%	27%	6 > 8		
	Grade 8	13%	29%	7 > 8		

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall	-	20%	19%	Overall Differences: State vs SU	
Sex	Male	19%	17%	VT and SU are Similar	
	Female	22%	20%	Within SU Differences	
Grade	Grade 6	22%	15%		
	Grade 7	21%	19%		
	Grade 8	17%	20%		



DED CONAL CAPETY

## SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE						
SU/SD VT						
Never	4%	9%	VT > SU			
Rarely	13%	14%				
Sometimes	31%	27%	SU > VT			
Most of the time	33%	29%	SU > VT			
Always	18%	21%	VT > SU			

MOST	OF THE TI	EE ADS FOR CIGARETTES OR OTHER PRODUCTS		
		SU/SD	VT	
Overall	_	51%	50%	Overall Differences: State vs SU
Sex	Male	48%	51%	VT and SU are Similar
	Female	53%	49%	Within SU Differences
Grade	Grade 6	47%	42%	8 > 6
	Grade 7	46%	50%	8 > 7
	Grade 8	59%	56%	



MIDDLE SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		SU/SD	VT	
Overall	_	31%	30%	Overall Differences: State vs SU
Sex	Male	26%	30%	VT and SU are Similar
	Female	39%	31%	Within SU Differences
Grade	Grade 6	17%	18%	Females > Males
	Grade 7	29%	29%	7 > 6
	Grade 8	48%	40%	8 > 6
				8 > 7



## SECTION 3: MENTAL HEALTH

		FELT SAI	OR HO	PELESS, PAST YEAR
		SU/SD	VT	
Overall		20%	19%	Overall Differences: State vs SU
Sex	Male	9%	12%	VT and SU are Similar
	Female	33%	26%	Within SU Differences
Grade	Grade 6	23%	16%	Females > Males
	Grade 7	19%	18%	
	Grade 8	18%	22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	17%	18%	Overall Differences: State vs SU
Sex	Male	10%	12%	VT and SU are Similar
	Female	25%	23%	Within SU Differences
Grade	Grade 6	18%	13%	Females > Males
	Grade 7	15%	17%	
	Grade 8	17%	22%	



## SECTION 3: MENTAL HEALTH

EVE	EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES					
		SU/SD	VT			
Overall		11%	12%	Overall Differences: State vs SU		
Sex	Male	4%	8%	VT and SU are Similar		
	Female	18%	16%	Within SU Differences		
Grade	Grade 6	13%	7%	Females > Males		
	Grade 7	5%	11%	6 > 7		
	Grade 8	14%	16%	8 > 7		

		EVE	R ATTEM	IPTED SUICIDE
		SU/SD	VT	
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	4%	3%	SU > VT
	Female	12%	8%	Within SU Differences
Grade	Grade 6	6%	3%	Females > Males
	Grade 7	6%	5%	8 > 6
	Grade 8	11%	8%	8 > 7



## SECTION 4: SUBSTANCE USE

LIFETIME USE

		EVER SMO	OKED A	WHOLE CIGARETTE
		SU/SD	VT	_
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	6%	7%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 6	5%	4%	8 > 6
	Grade 7	7%	7%	
	Grade 8	9%	10%	

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall	_	7%	9%	Overall Differences: State vs SU
Sex	Male	6%	9%	VT > SU
	Female	8%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students in at least one grade
	Grade 7	8%	8%	
	Grade 8	10%	14%	



## SECTION 4: SUBSTANCE USE

LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT				
		SU/SD	VT	_
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	5%	5%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	7%	6%	

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	_
Overall		19%	19%	Overall Differences: State vs SU
Sex	Male	22%	20%	VT and SU are Similar
	Female	16%	17%	Within SU Differences
Grade	Grade 6	13%	10%	Males > Females
	Grade 7	14%	17%	8 > 6
	Grade 8	31%	26%	8 > 7



MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

LIFETIME USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female	7%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	11%	6%	
	Grade 8	8%	11%	

		EV	ER USEI	) INHALANTS
		SU/SD	VT	
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT > SU
	Female	4%	4%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		5%	



#### **SECTION 4: SUBSTANCE USE**

LIFETIME USE

#### EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO **USE IT** SU/SD VT Overall Differences: State vs SU Overall 2% Sex Male 2% Too few students Within SU Differences Female 3% Grade Grade 6 Too few students by sex 1% Grade 7 2% Too few students in at least one grade

3%

Grade 8

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

	τ	U <b>SED TOB</b> A	ACCO PR	CODUCTS, PAST YEAR
		SU/SD	VT	
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female	5%	5%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	6%	7%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS						
		SU/SD	VT			
Overall	-	3%	5%	Overall Differences: State vs SU		
Sex	Male	4%	5%	VT > SU		
	Female	•	4%	Within SU Differences		
Grade	Grade 6		2%	Too few students by sex		
	Grade 7		4%	Too few students in at least one grade		
	Grade 8		7%			



### MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	-		3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		4%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette		33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes		14%	Too few students		

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall	_	3%	4%	Overall Differences: State vs SU
Sex	Male	4%	4%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8		6%	



MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products	٠	3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them		44%	Too few students		
A person 18 or older gave me		9%	Too few students		
Took them from a store		4%	Too few students		
Some other way		21%	Too few students		



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT				
1 or 2 days		49%	Too few students			
3 to 5 days		16%	Too few students			
6 to 9 days		10%	Too few students			
10 to 19 days		6%	Too few students			
20 to 29 days		5%	Too few students			
All 30 days		15%	Too few students			

		SMOK	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	
Overall	-	٠	1%	Overall Differences: State vs SU
Sex	Male		1%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	



### MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

	US	ED SMOKI	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	_
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	·	1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
SU/SD VT					
Overall	_		36%	Overall Differences: State vs SU	
Sex	Male		36%	Too few students	
	Female	•	38%	Within SU Differences	
Grade	Grade 6		30%	Too few students by sex	
	Grade 7		35%	Too few students in at least one grade	
	Grade 8		40%		



MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

DRANK ALCOHOL, PAST 30 DAYS					
		SU/SD	VT	_	
Overall		3%	7%	Overall Differences: State vs SU	
Sex	Male		6%	VT > SU	
	Female	4%	6%	Within SU Differences	
Grade	Grade 6		2%	Too few students by sex	
	Grade 7		5%	Too few students in at least one grade	
	Grade 8	5%	10%		

BINGE DRANK, PAST 30 DAYS				
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		3%	



MIDDLE SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks	•	63%	Too few students			
3 drinks		10%	Too few students			
4 drinks		7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks	•	4%	Too few students			
8 or 9 drinks	•	2%	Too few students			
10 or more drinks		9%	Too few students			

USED MARIJUANA, PAST 30 DAYS					
		SU/SD	VT		
Overall		4%	4%	Overall Differences: State vs SU	
Sex	Male	4%	4%	VT and SU are Similar	
	Female	4%	4%	Within SU Differences	
Grade	Grade 6		1%	Too few students in at least one grade	
	Grade 7	7%	3%		
	Grade 8		7%		



MIDDLE SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall	-	99%	95%	Overall Differences: State vs SU
Sex	Male		95%	SU > VT
	Female	97%	95%	Within SU Differences
Grade	Grade 6		98%	Females > Males
	Grade 7	99%	95%	7 > 6
	Grade 8	97%	93%	8 > 6

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL				
		SU/SD	VT	
Overall	_	93%	89%	Overall Differences: State vs SU
Sex	Male	92%	89%	SU > VT
	Female	93%	90%	Within SU Differences
Grade	Grade 6	94%	95%	
	Grade 7	93%	91%	
	Grade 8	90%	84%	



MIDDLE SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall	_	94%	90%	Overall Differences: State vs SU
Sex	Male	93%	90%	SU > VT
	Female	94%	90%	Within SU Differences
Grade	Grade 6	96%	97%	6 > 8
	Grade 7	94%	91%	
	Grade 8	92%	84%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall	-	96%	95%	Overall Differences: State vs SU
Sex	Male	96%	95%	VT and SU are Similar
	Female	95%	95%	Within SU Differences
Grade	Grade 6	94%	96%	6 > 8
	Grade 7	93%	95%	7 > 8
	Grade 8	٠	95%	



MIDDLE SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL				
		SU/SD	VT	
Overall	_	87%	85%	Overall Differences: State vs SU
Sex	Male	87%	84%	VT and SU are Similar
	Female	86%	87%	Within SU Differences
Grade	Grade 6	93%	87%	6 > 7
	Grade 7	82%	86%	6 > 8
	Grade 8	86%	83%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall	-	91%	92%	Overall Differences: State vs SU	
Sex	Male	91%	92%	VT and SU are Similar	
	Female	92%	92%	Within SU Differences	
Grade	Grade 6	92%	95%		
	Grade 7	91%	92%		
	Grade 8	92%	89%		



### SECTION 4: SUBSTANCE USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT		
Overall		22%	22%	Overall Differences: State vs SU	
Sex	Male	24%	22%	VT and SU are Similar	
	Female	21%	21%	Within SU Differences	
Grade	Grade 6	17%	13%	8 > 6	
	Grade 7	20%	20%	8 > 7	
	Grade 8	30%	28%		

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO G					
		SU/SD	VT		
Overall		35%	37%	Overall Differences: State vs SU	
Sex	Male	37%	37%	VT and SU are Similar	
	Female	32%	37%	Within SU Differences	
Grade	Grade 6	21%	24%	8 > 6	
	Grade 7	26%	35%	8 > 7	
	Grade 8	56%	48%		



MIDDLE SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT		
Overall		11%	15%	Overall Differences: State vs SU	
Sex	Male	11%	15%	VT > SU	
	Female	10%	15%	Within SU Differences	
Grade	Grade 6	8%	6%	8 > 6	
	Grade 7	10%	13%		
	Grade 8	14%	23%		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY					
		SU/SD	VT		
Overall	_	76%	72%	Overall Differences: State vs SU	
Sex	Male	73%	71%	SU > VT	
	Female	78%	74%	Within SU Differences	
Grade	Grade 6	77%	76%		
	Grade 7	75%	72%		
	Grade 8	75%	70%		



MIDDLE SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT	
Overall	-	48%	48%	Overall Differences: State vs SU
Sex	Male	47%	45%	VT and SU are Similar
	Female	50%	51%	Within SU Differences
Grade	Grade 6	47%	50%	
	Grade 7	50%	48%	
	Grade 8	48%	46%	

THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT		
Overall	_	63%	59%	Overall Differences: State vs SU	
Sex	Male	63%	56%	SU > VT	
	Female	63%	62%	Within SU Differences	
Grade	Grade 6	64%	73%	6 > 8	
	Grade 7	68%	60%	7 > 8	
	Grade 8	57%	48%		



### SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	3%	6%	VT and SU are Similar
	Female	5%	4%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7		4%	
	Grade 8	6%	8%	

		E	VER HA	D ORAL SEX
		SU/SD	VT	_
Overall	_	4%	6%	Overall Differences: State vs SU
Sex	Male	4%	6%	VT > SU
	Female	4%	5%	Within SU Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7		4%	
	Grade 8	10%	9%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	10%	7%	SU > VT
1 day	7%	4%	SU > VT
2 days	7%	7%	
3 days	11%	10%	
4 days	10%	11%	
5 days	16%	15%	
6 days	10%	11%	
7 days	28%	34%	VT > SU

WERE P	HYSICALL	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	_	28%	34%	Overall Differences: State vs SU
Sex	Male	34%	42%	VT > SU
	Female	20%	26%	Within SU Differences
Grade	Grade 6	27%	38%	Males > Females
	Grade 7	33%	35%	7 > 8
	Grade 8	22%	30%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE P	WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS					
		SU/SD	VT			
Overall	_	54%	60%	Overall Differences: State vs SU		
Sex	Male	56%	66%	VT > SU		
	Female	51%	54%	Within SU Differences		
Grade	Grade 6	47%	63%	7 > 6		
	Grade 7	61%	60%			
	Grade 8	54%	57%			

	WE	RE NOT PI	HYSICAL	LY ACTIVE PAST WEEK
		SU/SD	VT	
Overall	-	10%	7%	Overall Differences: State vs SU
Sex	Male	8%	7%	SU > VT
	Female	13%	7%	Within SU Differences
Grade	Grade 6	11%	7%	Females > Males
	Grade 7		7%	Too few students in at least one grade
	Grade 8	17%	8%	



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHY	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT				
0 days	45%	25%	SU > VT			
1 day	20%	7%	SU > VT			
2 days	8%	8%				
3 days	15%	8%	SU > VT			
4 days	5%	5%				
5 days	7%	46%	VT > SU			

GET	NO PHYSIC	CAL ACTIV	VITY BRE	CAKS WHILE THEY ARE AT SCHOOL
		SU/SD	VT	
Overall	-	45%	25%	Overall Differences: State vs SU
Sex	Male	44%	24%	SU > VT
	Female	46%	25%	Within SU Differences
Grade	Grade 6	36%	16%	7 > 6
	Grade 7	46%	26%	8 > 6
	Grade 8	53%	29%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	A BIKE OF	R WALK	TO SCHOOL WHEN WEATHER PERMITS
	SU/SD	VT	
0 days	88%	77%	SU > VT
1 day	3%	3%	
2 days		3%	Too few students
3 days	2%	4%	VT > SU
4 days		2%	Too few students
5 days	5%	10%	VT > SU

	WALK	OR RIDE T	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall	-	5%	10%	Overall Differences: State vs SU
Sex	Male	6%	12%	VT > SU
	Female	5%	9%	Within SU Differences
Grade	Grade 6	6%	11%	Too few students in at least one grade
	Grade 7		10%	
	Grade 8	6%	10%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATO	CH TELEV	ISION, T
	SU/SD	VT
No TV on average school day	20%	18%
Less than 1 hour per day	20%	23%
1 hour per day	18%	18%
2 hours per day	21%	20%
3 hours per day	14%	10%
4 hours per day	2%	4%
5 or more hours per day	5%	6%

		WATCH	IED TV 3-	+ HOURS PER DAY
		SU/SD	VT	
Overall	_	21%	20%	Overall Differences: State vs SU
Sex	Male	27%	20%	VT and SU are Similar
	Female	13%	20%	Within SU Differences
Grade	Grade 6	21%	18%	Males > Females
	Grade 7	19%	20%	
	Grade 8	22%	21%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER A	ND VIDEO	GAME U	SE, TYP
	SU/SD	VT	
No playing video/computer game	10%	12%	
Less than 1 hour per day	16%	17%	
1 hour per day	13%	15%	VT > SU
2 hours per day	17%	18%	
3 hours per day	19%	14%	SU > VT
4 hours per day	9%	8%	
5 or more hours per day	16%	16%	

PLAYE	PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY					
		SU/SD	VT			
Overall	-	44%	38%	Overall Differences: State vs SU		
Sex	Male	47%	39%	SU > VT		
	Female	41%	37%	Within SU Differences		
Grade	Grade 6	43%	29%	8 > 6		
	Grade 7	39%	38%	8 > 7		
	Grade 8	51%	45%			



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK					
	SU/SD	VT				
0 days	8%	7%				
1 day	7%	4%	SU > VT			
2 days	8%	7%				
3 days	9%	7%	SU > VT			
4 days	10%	6%	SU > VT			
5 days	6%	8%	VT > SU			
6 days	7%	9%	VT > SU			
7 days	45%	52%	VT > SU			

		DID NOT E	CAT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	_	8%	7%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	11%	7%	Within SU Differences
Grade	Grade 6	9%	5%	Females > Males
	Grade 7	6%	7%	
	Grade 8	8%	7%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSES	S OF WAT	SUMED PER DAY, PAST WEEK	
	SU/SD	VT	
Did not drink water		3%	Too few students
1 to 3 times	11%	9%	
4 to 6 times	12%	10%	
1 time per day	6%	6%	
2 times per day	17%	16%	
3 times per day	14%	19%	VT > SU
4 or more times per day	38%	37%	

	DRANK T	THREE OR	MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	52%	56%	Overall Differences: State vs SU
Sex	Male	58%	57%	VT > SU
	Female	46%	54%	Within SU Differences
Grade	Grade 6	54%	58%	Males > Females
	Grade 7	61%	54%	6 > 8
	Grade 8	42%	56%	7 > 8



#### **SECTION 7: SOCIAL DETERMINANTS**

WENT HUNG	WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT					
Never	78%	77%					
Rarely	14%	14%					
Sometimes	5%	7%					
Most of the time	2%	1%					
Always		1%	Too few students				

MOST	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME					
		SU/SD	VT	_		
Overall		3%	2%	Overall Differences: State vs SU		
Sex	Male		2%	VT and SU are Similar		
	Female		2%	Within SU Differences		
Grade	Grade 6		2%	Too few students by sex		
	Grade 7		2%	Too few students in at least one grade		
	Grade 8		2%			



#### SECTION 7: SOCIAL DETERMINANTS

		ВО	RN OUTS	SIDE THE U.S.
		SU/SD	VT	
Overall		3%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female	6%	6%	Within SU Differences
Grade	Grade 6	5%	7%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	4%	5%				
1 day	2%	2%				
2 days	3%	2%	SU > VT			
3 days	3%	3%				
4 days	6%	4%	SU > VT			
5 days	7%	7%				
6 days	9%	10%				
7 days	66%	66%				

ATE 1	ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK				
		SU/SD	VT		
Overall	_	88%	88%	Overall Differences: State vs SU	
Sex	Male	94%	89%	VT and SU are Similar	
	Female	82%	87%	Within SU Differences	
Grade	Grade 6	88%	90%	Males > Females	
	Grade 7	91%	89%	7 > 8	
	Grade 8	85%	86%		



BELIEVE SCH	IOOL HAS	RULES A	AND CONSEQUENCES FOR BEHAVIORS
	SU/SD	VT	
Strongly agree	25%	28%	VT > SU
Agree	43%	43%	
Not sure	19%	17%	SU > VT
Disagree	9%	8%	
Strongly disagree	4%	5%	

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR					
		SU/SD	VT		
Overall	_	68%	71%	Overall Differences: State vs SU	
Sex	Male	76%	72%	VT > SU	
	Female	58%	69%	Within SU Differences	
Grade	Grade 6	75%	77%	Males > Females	
	Grade 7	65%	72%	6 > 7	
	Grade 8	63%	66%	6 > 8	



BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT		
Overall	-	79%	76%	Overall Differences: State vs SU	
Sex	Male	79%	76%	SU > VT	
	Female	79%	76%	Within SU Differences	
Grade	Grade 6	76%	79%	8 > 6	
	Grade 7	78%	75%		
	Grade 8	82%	75%		

GRADES EARNED IN SCHOOL				
	SU/SD	VT		
Mostly A's	51%	46%	SU > VT	
Mostly B's	32%	38%	VT > SU	
Mostly C's	12%	12%		
Mostly D's	3%	3%		
Mostly F's	3%	1%	SU > VT	

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY			
	SU/SD	VT	
Strongly agree	25%	27%	
Agree	37%	36%	
Not sure	26%	24%	
Disagree	7%	7%	
Strongly disagree	5%	5%	



STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE					
		SU/SD	VT		
Overall	-	62%	64%	Overall Differences: State vs SU	
Sex	Male	71%	68%	VT and SU are Similar	
	Female	50%	60%	Within SU Differences	
Grade	Grade 6	54%	67%	Males > Females	
	Grade 7	67%	65%	7 > 6	
	Grade 8	64%	60%	8 > 6	

